

AUGUST  
2023  
airBaltic  
Inflight  
magazine

# baltic outlook

Menu  
and  
Sky Shop  
catalogue  
inside

## DUBROVNIK COUNTLESS FACETS OF BEAUTY

CLIMATE-SMART HOLIDAYS  
TUSCANY VACATIONS  
THE BEST HONEYMOON  
DESTINATIONS



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## The first half of the year has exceeded our expectations, driving *airBaltic* towards strong commercial performance

**MARTIN GAUSS**  
Chief Executive Officer, *airBaltic*

### Dear guests of *airBaltic*,

We are very happy to see you on board! The summer is in full swing, allowing many people to fully experience the joy of travelling, and airports and cities across Europe are filled with vibrant life once again. However, there's more good news awaiting, as the Federal Aviation Administration has recently given Latvia the highest rating in the field of civil aviation surveillance. This recognition opens exciting possibilities for all airlines registered in Latvia to perform direct flights to and from the United States. Of course, such development holds particular interest and appeal for *airBaltic*.

The freshest figures of our airline's operations are just as appealing. The first half of the year has exceeded our expectations, driving *airBaltic* towards strong commercial performance. During the first six months of 2023, we have carried close to two million passengers, recording an increase

of over 50% compared to last year. In addition, the number of performed flights has soared by a confident fifth. Overall, each passing month of the summer season is showing improvements with an upward trend.

Indeed, 'Upward Together' sounds like a potential slogan for an airline. However, this was the name given to the grand finale concert of the Nationwide Latvian Song and Dance Festival, which echoed throughout Latvia last month. As the official airline of the festival, we are especially proud that employees of *airBaltic* were also among the 40,000 singers, dancers, and musicians taking part in the festival. The event reflected the same spirit of togetherness that *airBaltic* embraces in its journey from day to day.

In the spirit of celebration, we forge ahead as our fleet continues to expand – this month already the 43<sup>rd</sup> and 44<sup>th</sup> *Airbus A220-300* aircraft are approaching Riga. And next summer, when *airBaltic* will welcome and celebrate its 50<sup>th</sup> *A220-300* aircraft, will be here in the blink of an eye.

Thank you for choosing us, and have a great flight!



Yours, Martin Gauss  
President and CEO





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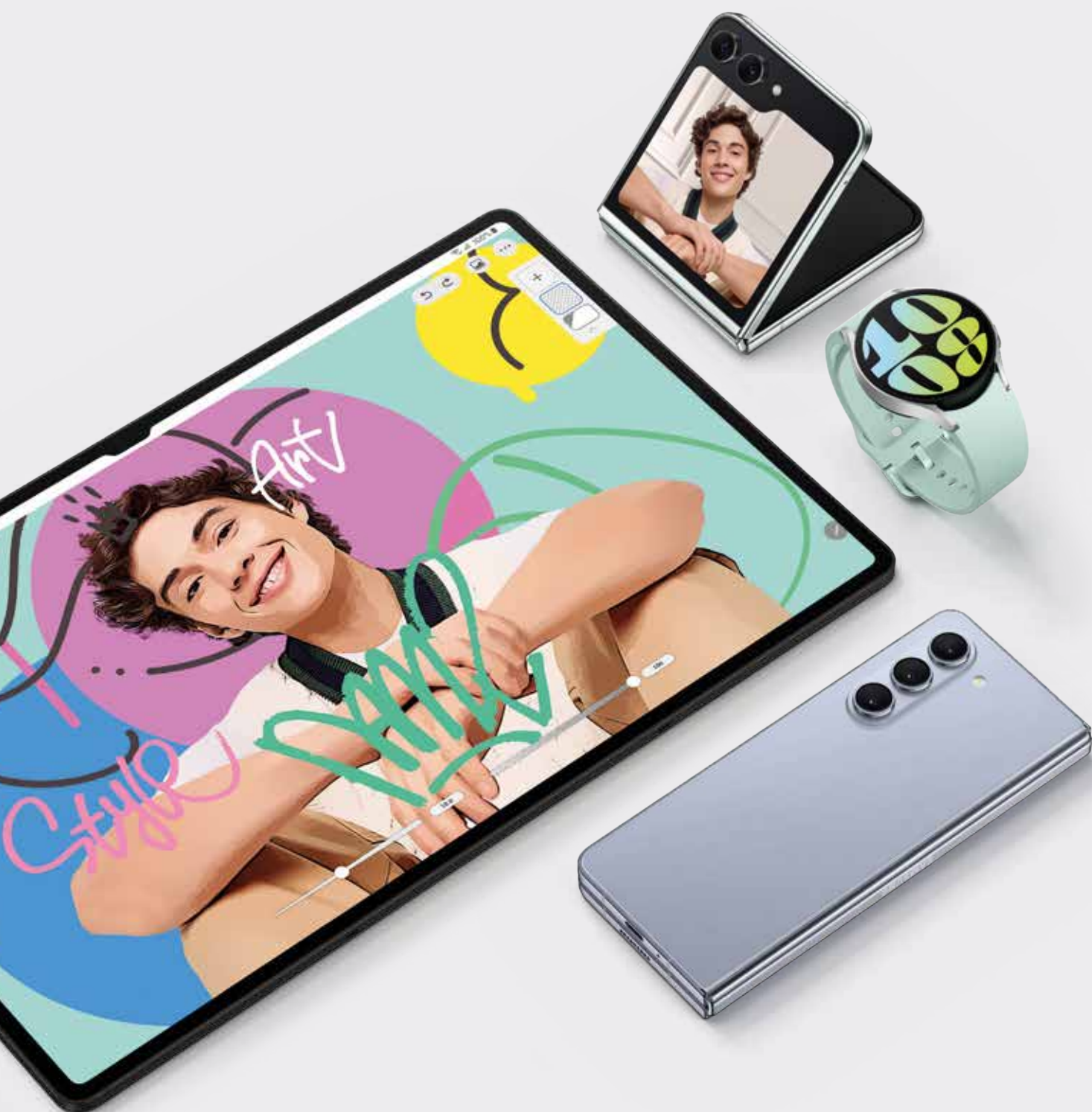
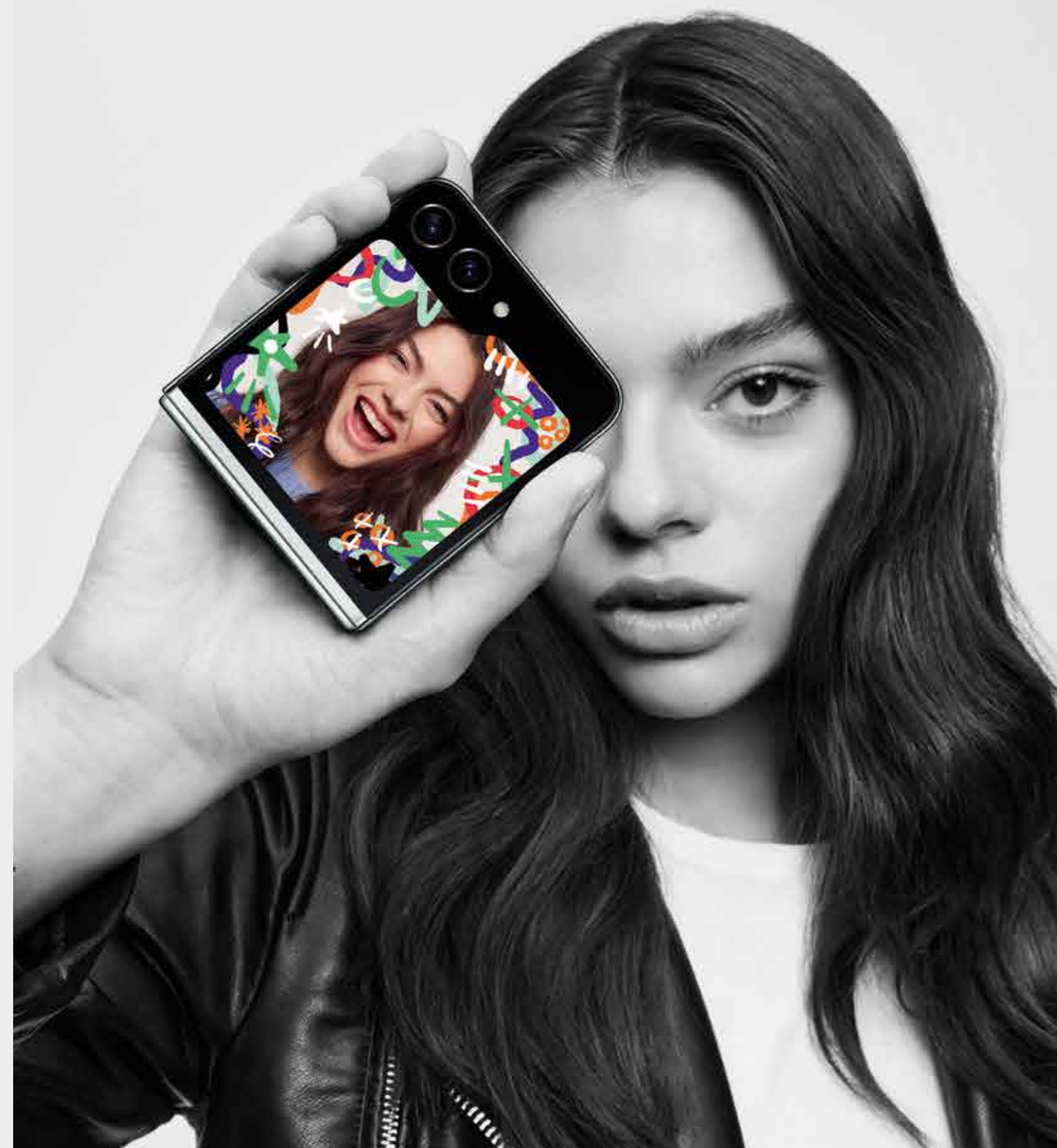


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# BEAUTY IN THE HEART OF LATVIA

Jūrmala, Latvia's largest resort town,  
is home to Ķemeri Park, a cultural heritage site  
with a long history and a unique atmosphere.

Awards:

**European Garden Award 2023** – 2nd place in the category  
'Management or development of a historic park or garden'

**Latvian Landscape Architecture Award 2022** –  
in the category 'Outdoor Space'

**Best Building of the Year 2021 in Latvia** – 1st place in the category  
'Landscape' – The Redevelopment and Restoration of Ķemeri Park







# Batumi

GEORGIA

## CROSSROAD OF TASTES

The gastronomic map is no less informative than a geographical one. Based on a traditional dish, one can form opinions about a specific region and its geographical, historical, and cultural environments. A gourmet has no less knowledge than a historian or a geographer. For food connoisseurs who are always ready to try something new, Batumi and Ajara are places to discover. What you will find here is authentic cuisine with traditional dishes that are usually cooked with organic products. The most outstanding of all – Ajarian Khachapuri is a boat of bread with cheese, butter and eggs. Many other local dishes in Ajara guarantee that the time you spend on Supra will turn into a pleasure. Ajarian cuisine is famous for its diversity and peculiarities, with about 150 different dishes. Dairy products are particularly important and diverse, and the people of the mountain zone of Ajara have rich knowledge in the production and storage of milk and milk products. The locals use milk to make a variety of products, including butter, sour cream, and various types of cheese. The excessive use of butter in Ajarian cuisine, especially in mountainous areas, is due to the region's geographical and climatic environment and agricultural activities. No Supra goes without the wine – Georgia is a country with ancient traditions of viticulture. Historical, archaeological, ethnographic, and literary monuments, various artifacts, and clay and metal vessels – all confirm that wine-making has always been important in Georgia. It is well-known that Supra culture is well-developed in Georgia. Supra as a system is considered complete only when all its components are in place: cuisine, presentation and design, Tamada (toastmaster), toasts, songs, and the wine which must be the best. It's been proven that wine-making in Georgia dates back 8000 years and occupies a special place in Georgian culture. There are over 525 endemic grape species in Georgia and the wine varieties are innumerable. Out of 4000 grapevine species in the world, 500 have Georgian origins. So, plan your trip to Batumi, take your time and enjoy every minute of your colourful Georgian adventure!

emotions  
adventures  
cultures & tastes  
**#visitbatumi**



[visitbatumi.com](https://visitbatumi.com)





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## baltic outlook

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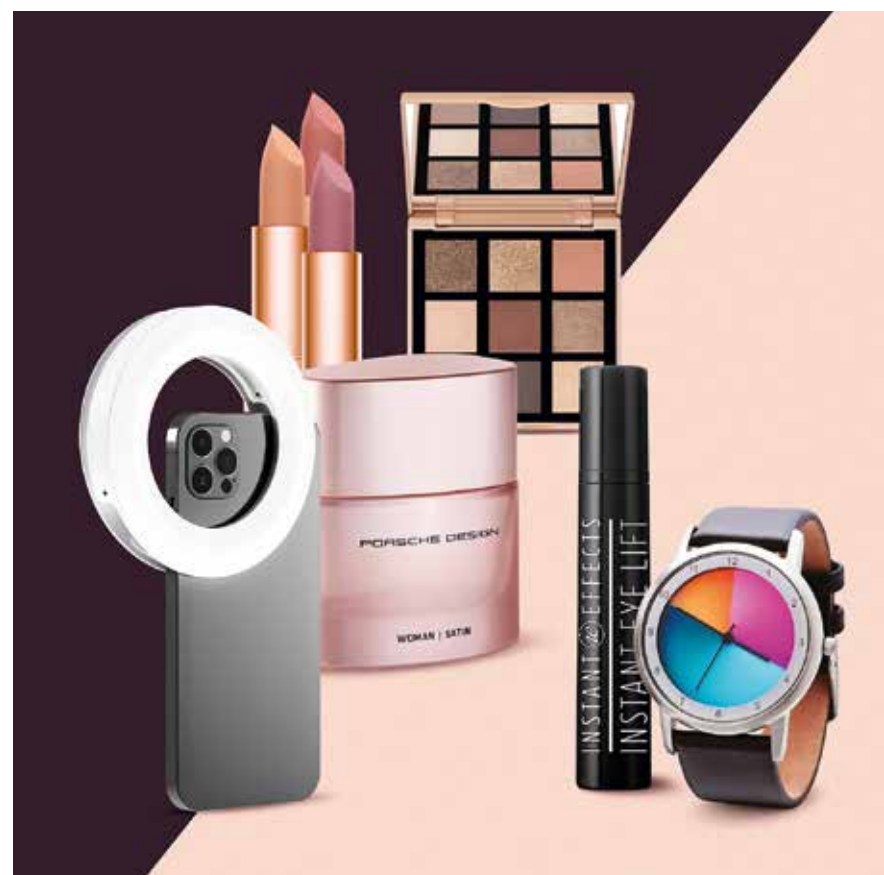


Here you will find your **best meal** options for a delightful flight, as well as **great shopping** deals to cheer yourself or as a **gift** for someone special.

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## SHOPPING&GIFTS





# The ultimate August checklist



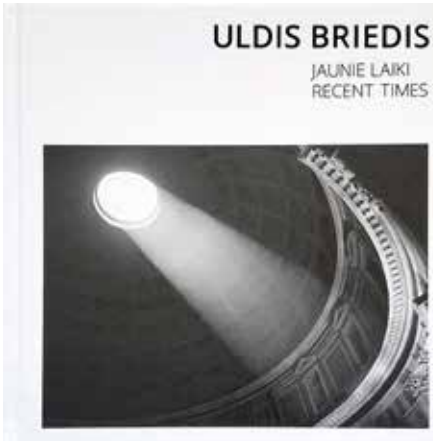
The steep Strante-Ulmale coastline is a meditative place to enjoy the grandeur of nature.

Words by Zane Nikodemusa  
Publicity photos and  
by Krišjānis Kazaks (*Unsplash*)

## LIFE BY THE SEA

August in Latvia smells like the sea. Think freshly smoked fish, sunscreen, and sun-kissed pine forests next to beautiful sandy beaches. Even local mobile operators report that internet traffic in Latvia's smaller seaside villages increases significantly in summer, a sign that streams of holidaymakers have arrived to enjoy leisurely days by the sea.

Over the past several years, Pāvilosta has become one of the trendiest places to enjoy seaside life in Latvia. Known as a 'wind paradise', it's a favourite spot for watersports enthusiasts, including surfers, kiteboarders, and sailors. This small port town on Latvia's western coast has the atmosphere of a charming fishing village, where beautiful seaside nature lives side by side with stylish guesthouses and cafés. Incidentally, the impressive, steep Strante-Ulmale coastline is not far from Pāvilosta. It enchants with its untamed nature and fabulous sunsets.



## READING

### A testament to an era

Uldis Briedis (1940–2023), one of the most prominent Latvian photojournalists and photographers, was an outstanding portraitist who masterfully mirrored the current events of his era and highlighted the uniqueness of each person he photographed. Many acknowledge that the Latvian photographic space is unimaginable without his astute observations. The *Neputns* publishing house recently released a lavish book of Briedis' photographs, titled *Jaunie laiki* (Recent Times). Most of the photographs in it were taken after 2000 and depict everyday events in Latvia with a sharp eye. Observant, masterly, and deeply emotional. [neputns.lv](http://neputns.lv)



## FASHION

### Beach body

In the summer heat, there's no more important fashion element than the perfect swimsuit. This belief is shared by *Slow Beachwear*, a fashion brand that focuses on elegant beachwear and swimwear. Its creator, Latvian designer Elīna Štobe, believes that women should feel comfortable and free in their beachwear, so she creates beachwear with clean lines that complement different body types. This spring, well-known Latvian women of all ages and body shapes joined the movement and proudly showcased *Slow Beachwear's* new collection in a fashion show. [slowbeachwear.com](http://slowbeachwear.com)



## MUSIC

### Baltic ballads

Various labels are used to describe the Latvian band Juuk: folk-rock, alternative country, bards with an academic feel, even dream pop. But above it all is the ability of these musicians to take listeners on musically rich and emotionally moving journeys. And it's no wonder, because the band is a fusion of several well-known Latvian indie, jazz, and folk musicians. Also on their latest album, *Muļķa stabule*, which features songs set to Latvian and Lithuanian poetry and described as Baltic ballads, Juuk stirs the soul with melodiousness and professionalism. If you get the chance, catch them live in concert! [FB/Juuk](https://www.facebook.com/juuk)

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August 2023 / RIGA

**RIGA'S BIRTHDAY CELEBRATION**  
August 19

In Riga, the culmination of summer is in mid-August, when the city celebrates its birthday. On August 19 of this year, it will turn 822 years old. The large celebration throughout Old Riga will include concerts, contemporary scenography, interactive entertainment, and special picnic areas. But the fun isn't limited to one day – a special summer programme in August lets people enjoy many concerts and exhibitions in other parts of Riga, too. For more information, visit [vasara.riga.lv](http://vasara.riga.lv).

**Did you know?**  
The Brīva Street Quarter is known for alternative and diverse nightlife. It's home to several interesting entertainment venues, including the *Labietis* brewery, which offers delicious and unique craft beers. [liveriga.com](http://liveriga.com)

**ZUZEUM CHAMBER MUSIC EVENINGS**  
August 24–27

The Zuzeum Art Centre is celebrating the end of August with a series of chamber music concerts, called Summer Evening Chamber Music. The internationally renowned Sinfonietta Rīga Chamber Orchestra and several outstanding soloists will perform in the Great Exhibition Hall. The programme will include masterpieces from various different eras, including French Baroque and contemporary music from northern Europe. It's sure to be a beautiful, unforgettable summer evening! Tickets at [zuzeum.com](http://zuzeum.com)



Words by Zane Nikodemusa  
Publicity photos and by *iStock*

**RTU OPEN CHESS TOURNAMENT**

August 5–13

This year, the RTU Open, the largest classical chess tournament in the Baltic states, brings together more than 20 grandmasters and hundreds of players of other levels. It takes place at the Ķīpsala International Exhibition Centre, located in one of Riga's most charming neighbourhoods. As a game that emphasises strategic gameplay and careful planning, classical chess is becoming increasingly popular. The last edition of the RTU Open gathered up to 800 participants from more than 35 countries. Are you ready to put your skills to the test? [rtuopen.lv](http://rtuopen.lv)



Skuja Braden.  
*Selling Water by the River.*  
2022. Porcelain.

**DON'T CRY EXHIBITION**  
Until October 15

The *Don't Cry* exhibition in the main building of the Latvian National Museum of Art is a unique event in Latvian art, as it features works by nearly 50 brilliant female Latvian artists reflecting on issues in women's lives. Through painting, printmaking, photography, installations, and video works, the artists address traditional women's work, constructed femininity, motherhood, reproductive rights, sexuality, mythology, and many other topical issues. Colourful and compelling! [lnmm.lv](http://lnmm.lv)

**Quote of the month**

The stars don't look bigger, but they do look brighter on summer nights.

May this quote by American astronaut and physicist Sally Ride (1951–2012) serve as inspiration to do some stargazing. August is a particularly good month for this, because it's the peak of the Perseid meteor shower, meaning lots of shooting stars.

JĒKABS

AUCTION HOUSE \ ART GALLERY

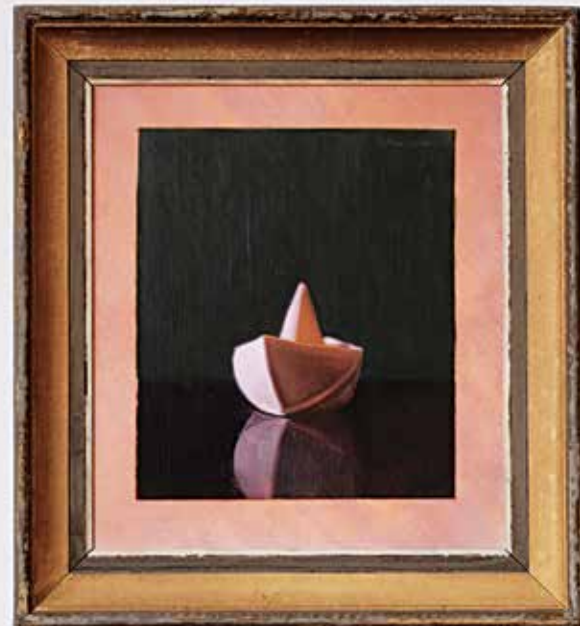


Normunds Brasliņš "Meitene ar pārļu cepuri", 2007., 62x50 cm

THE WORKS OF THE BRIGHTEST LATVIAN ARTISTS.  
ART AND ANTIQUES AUCTIONS

Auction house / gallery Jekabs, 26/28 Jēkaba Street, Riga | [www.paintings.lv](http://www.paintings.lv)





Tõnis Saadoja. Painting from 2023.

## TÕNIS SAADOJA EXHIBITION

Until September 29

Tõnis Saadoja's (b. 1980) solo exhibition *Height Above Sea Level* is part of the Kumu Art Museum's Summer 2023 environmental programme titled *Art in the Age of the Anthropocene*. Saadoja frequently bases his works on architectural space, still life, and the meditative nature of time. In this show, his works focus on ecological and existential questions that silently permeate our lives every day. It's a deeply meditative experience for museum visitors.

kumu.ekm.ee



## IRONMAN TALLINN August 5

The Ironman is part of the summer triathlon festival in Tallinn. The main competitions take place on two consecutive days. Over the years, this Ironman competition has attracted almost 1000 participants from different countries around the world to compete in Estonia. The race runs through the unforgettable Old Town of Tallinn and wonderful Harju County. The triathlon festival also includes an Ironkids competition, a series of charity races, and entertainment for sports fans of all ages.

ironman.com

## BIRGITTA FESTIVAL

August 4–13

The Birgitta Festival has taken place in Tallinn since 2005. Set in the historic ruins of the Pirita Convent, this musical theatre festival features operas, ballets, staged oratorios, contemporary dance performances, and other genres of musical theatre. This year's highlights include a performance of Richard Wagner's opera *Tristan and Isolde* on August 8. Don't miss it, because the light of the setting sun makes the convent feel particularly magical.

filharmoonia.ee/birgitta

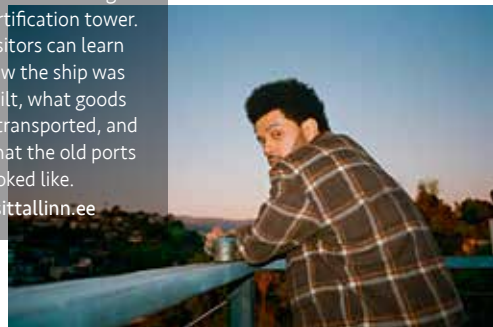


TALLINN

### Did you know?

You can see the shipwreck of a 700-year-old trading vessel – the oldest found in Estonia – at the museum in the well-known Fat Margaret fortification tower. Visitors can learn how the ship was built, what goods it transported, and what the old ports looked like.

visittallinn.ee



## THE WEEKND CONCERT August 12

Canadian singer-songwriter The Weeknd is statistically the most popular musician on the planet, according to *Guinness World Records*. He currently has the most monthly listeners on *Spotify*, and he's the first artist to reach 100 million monthly listeners. But that's not all. His live shows are described as confident, masterful, dazzling, amazing, show-stopping, and extraordinary. It's no wonder his concert at the Tallinn Song Festival Grounds is sold out, but you may strike it lucky and get tickets at the last minute.

theweeknd.com

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## IMAGINE! EXHIBITION

Until October 29

A very special textile exhibition is currently on show at the National Museum's House of Histories. The influential Festival International des Textiles Extraordinaires has chosen Lithuania as its partner country this year, and in Vilnius one can now see not only contemporary textile works by Lithuanian artists, but also creations from Zimbabwe, Benin, Angola, Peru, Indonesia, and other countries. The organisers invite you to broaden your horizons and try to imagine works of textile art as expressions of activism and political acts.

lnm.lt

## IMAGINE DRAGONS CONCERT

August 16

The Grammy-winning rock band Imagine Dragons will perform at Vingis Park as part of its Mercury Tour. Filling stadiums, crafting cloud-rattling anthems, and breaking records at every turn, the band continues to redefine rock in the 21<sup>st</sup> century. Are you ready for their mega-smash hits 'Believer', 'Demons', 'Radioactive', and many more? The concert promises to be a night of their biggest hits, fan favourites, and new music.

imaginedragonsmusic.com

## VILNIUS



### Did you know?

Nestled in the heart of the Old Town, the Church of St. Catherine stands as a captivating testament to history. This remarkable Baroque-style church boasts a rich heritage spanning over 300 years.

govilnius.lt



## LITHUANIA VS FRANCE

August 11

The Lithuanian national men's basketball team will meet international hoops heavyweights France as part of a warm-up schedule for the FIBA Basketball World Cup 2023. The two strong teams will meet at Avia Solutions Group Arena. Fierce competition and a showcase of great players is guaranteed!

Tickets at bilietai.lt

## RŪTA KATILIŪTĖ EXHIBITION

Until November 8

Rūta Katiliūtė's (b. 1944) long-awaited solo exhibition is on view at the Meno Niša gallery. Katiliūtė is a winner of Lithuania's National Prize for Culture and Arts and one of the brightest and most consistent representatives of Lithuanian abstract painting. In the *Cloud Shadows* exhibition, visitors are invited to travel through her works with the metaphor of flight, gliding gradually from the transparent and light to blue clouds and then dark ones, which remind the artist of shadows.

menonisa.lt



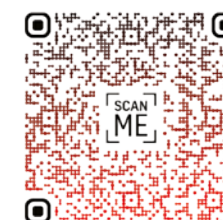
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**LG OLED** evo





TAMPERE

## MÄNTTÄ ART FESTIVAL

Until August 31

The Mänttä Art Festival is the largest summer exhibition of Finnish contemporary art. It's held in high regard by professionals in the art world and is a popular destination for the art-loving public. Every year, a new curator brings a fresh perspective to the exhibition. The Pekilo, a former factory building near the Mänttä mill's chimneystack, has served as the main exhibition venue for over a decade. Visitors can now also immerse themselves in the fascinating art by taking a guided tour.

[kuvataideviikot.fi](http://kuvataideviikot.fi)



## TAMPERE THEATRE FESTIVAL

August 7–13

This spectacular event is one of Europe's most important festivals of theatre, serving as a display window for the most interesting and up-to-the-minute productions in Finnish theatre but also attracting leading international guests. Local and international troupes take over the city's stages and squares, filling Tampere with contemporary theatre, modernised classics, dance theatre, contemporary circus, and even street theatre.

[teatterikesa.fi](http://teatterikesa.fi)



### Did you know?

You can literally sleep in a tree at the *Komtee Kurki* camp site in Sastamala, 60 kilometres from Tampere. This is the place to forget your worries as you fall asleep in a *Tentsile* tree tent near a lake inhabited by nesting cranes! [visittampere.fi](http://visittampere.fi)

## BLOCKFEST

August 18–19

Blockfest is the largest hip-hop festival in the Nordic countries. It also stands at the forefront of Finnish hip-hop culture and introduces the hottest artists and freshest trends. This year's line-up includes the hottest international and Finnish artists, including Playboi Carti, Akon, Metro Boomin, and Raye. Blockfest dates back to 2008 and continues to be a celebration of hip-hop culture today.

[blockfest.fi](http://blockfest.fi)



## FESTIVAALI

August 25–26

This boutique festival focuses not only on wonderful indie music but also on local food culture. The scenic setting on the shores of Lake Pyhäjärvi gives the event additional charm. Be prepared for a laid-back atmosphere and high-quality musical discoveries. Incidentally, boutique festivals are becoming increasingly popular because they're charming, enchanting, and intimate.

[festivaalifestivaali.fi](http://festivaalifestivaali.fi)

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The last game in the qualifications round took place on 27<sup>th</sup> of February (Latvia won against Greece). Head coach Luca Banchi was named the Coach of the year 2022 by the Latvian Basketball Association and received Latvian Sports Award as well. In photo together with his assistants Artūrs Visockis-Rubenis un Jānis Gailītis.



Anžejs Pasečņiks

Words by Marta Metuzāle

Photos courtesy of Latvian Basketball Association

## Off to the World Cup!

While the road to success has not always been easy, this year Latvians have rewritten history and the Latvian men's national basketball team with its coach Luca Banchi will travel to Indonesia to participate in the FIBA Basketball World Cup final for the very first time. The event takes place from August 25 to September 10.

There's an interesting fact that states that an average Latvian man is around 181.42 centimetres tall. This could explain the popularity of basketball in the country, as starting from a young age, basketball is played in schools and informally in the courtyards behind apartment buildings. Latvian basketball has strong traditions, and the national teams have enjoyed a considerable amount of success.

When this year's FIBA World Cup qualifications began, Latvians had just missed out on their first EuroBasket tournament since 1999. However, together with their new coach, Luca Banchi of Italy, the team was determined to prove the basketball world wrong and earn its place in the FIBA World Cup.

The second round in the World Cup European pre-qualifiers brought four wins against Belarus and Romania and carried the Latvian team into the main qualifying round. This round held even more challenges, including a dramatic game against Serbia in late 2021, which was the first loss for Latvia (100:101).

However, the Latvians managed to secure a win against Serbia in June 2022, showing that they've learned from their mistakes and made their team unbeatable. After the game, one of the leading players of Team Latvia, Dairis Bertāns (just signed by VEF Riga, after spending a few seasons at Real Betis in Seville), stated that the support of all the team members was the key to their success and that it's important to keep this alive in the future: 'We knew how strong we were in the second half, how well we were defending. The other team couldn't do anything. I'm super proud of us, of the guys who were on the court and also the ones who were on the bench. They supported us, and we felt it.'



Dairis Bertāns

The final games in the summer and autumn of 2022 already involved Latvian NBA star Kristaps Porziņģis, making the team's dreams about the FIBA World Cup even more realistic. After home games in Riga, beating Turkey, Belgium, and Great Britain in November 2022, the Latvian men's national basketball team finally qualified for the FIBA World Cup final for the first time in its history.

Throughout the qualification process, Latvia lost only one game, showing excellent determination and the will to change Latvia's basketball history. Coach Banchi says that the whole attitude of the team is what he values the most: 'For me, what counts is the trust and the effort, from the players and the coaches, and from the fans as well. I've felt love from the very beginning.'

So far, the team's greatest achievements have been gold and silver medals in the European Basketball Championship in 1935 and 1939, respectively. To honour the success of the national basketball team, a movie was even released in 2012, titled *Dream Team 1935*. Nowadays, Latvian players are recognised in Europe and far beyond. Since the country regained its independence from the Soviet Union, a total of seven Latvians have been selected by NBA clubs, with two currently playing in the league: Kristaps Porziņģis now plays for the Boston Celtics, and Dāvis Bertāns plays for the Oklahoma City Thunder. 24 Latvians have played and still play for EuroLeague clubs.

# Kate / 30



Project: SOL Baltics OU office, Riga.

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Audience at Sommarbio  
2022 festival



Brutalisten restaurant



Estelle Lefébure, Karen Alexander, Rachel  
Williams, Linda Evangelista, Tatjana Patitz and  
Christy Turlington in Santa Monica, California, 1988.

Words by Olga Dolina  
Publicity photos



**Sommarbio** is a highlight of summer in Stockholm – an annual open-air film festival that has taken place in the Swedish capital since 1991 ([stockholmfilmfestival.se](http://stockholmfilmfestival.se)). Over the course of five late, warm summer evenings from August 16 to 20, film classics and modern cinema premieres are screened free of charge. With an 80-square-metre screen set up in one of the greenest and lushest parks in the city, Rålambshovsparken, it's one of the largest outdoor cinemas in Europe. In keeping with this year's hero theme, the films depict both classic superheroes and powerful characters that inspire, such as Sigourney Weaver as Ellen Ripley in *Alien* and Jennifer Grey as Baby in *Dirty Dancing*. A wide selection of food and drinks are also available at the festival. In addition, Stockholm's Culture Festival is held on the same days and offers a rich programme of music and performances.

Introducing an intriguing new dining concept, **Brutalisten** is the brainchild of artist Carsten Höller (Regeringsgatan 71; [brutalisten.com](http://brutalisten.com)). Known for his large-scale installations related to the nature of human perception, Höller is also passionate about raw and honest cuisine. *Brutalisten* draws inspiration from Brutalist architecture, which is known for its linear and blockish forms. Highlighting the pure flavours of ingredients without extra sauces, spices, or plate decoration is just one point in Höller's manifesto of so-called culinary essentialism. In Brutalist mode, only water and salt may be added when preparing a dish. Stefan Eriksson, the chef at *Brutalisten*, offers both an à la carte and set menu, which consists of seven or more servings and changes from night to night. These are paired with natural wines, homemade fruit juices, and sometimes even handpicked mushrooms. The interior features contemporary art pieces and a painted ceiling.

**Peter Lindbergh: Lightness of Being** at Fotografiska is showcasing the iconic images of the world-famous German photographer (until 15 October; [fotografiska.com](http://fotografiska.com)). With his bold personal style and pure aesthetics, Lindbergh (1944–2019) redefined the attitude towards fashion photography. The way he portrayed women, with sincere sensuality and no superficial filter, inspired a generation of artists and defined a whole new concept of natural beauty. Most famous for his group portraits of 1990s supermodels Naomi Campbell, Linda Evangelista, Cindy Crawford, and Kate Moss, he also photographed the leading artists and musicians of the day. The exhibition contains more than 100 works spanning Lindbergh's entire career. Whether industrial landscapes or coastlines, influences from 1920s expressionism or science fiction motives, his visual narratives fascinate and captivate in every frame.



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© Marina Abramović, Courtesy of the Marina Abramović Archives, Vegap, Madrid, 2023



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Hotel Montera Madrid, Curio Collection by Hilton - La Braserí

**PHotoESPAÑA** – an almost overwhelming celebration of photography with 96 exhibitions by 303 photographers and visual artists – is holding its 26<sup>th</sup> edition this year (until September 3; phe.es). Madrid's main museums, exhibition halls, and art galleries are also hosting thematic activities and revealing the latest trends in photography art. With two sections (the Official Section and the Off Festival), this year's main themes are art, the environment, and gender. Among the featured artists, Edward Burtynsky, José Manuel Ballester, and Bleda y Rosa address the theme of the environment and conservation of the planet. Meanwhile, works by Alice Austen, Marie Høeg, and Bolette Berg boldly depict female figures and challenged gender roles in the 19<sup>th</sup> century.

The annual **Veranos de la Villa** festival is currently celebrating its 39<sup>th</sup> edition and filling the streets of Madrid with a selection of cultural and leisure events, many of which are free of charge (until August 27; veranosdelavilla.com). Dozens of concerts as well as theatre, dance, and contemporary circus performances, art exhibitions, and children's activities are taking place at more than 30 venues in nearly every district of Madrid. Here, flamenco and jazz meet film screenings, magic shows, and sporting events. On Saturdays in August, a 'Landscapes of Light' tour takes visitors to iconic film shooting locations in the city and introduces them to Madrid's audiovisual heritage. On August 27, one hundred cellists will perform together in one concert at the beautiful open-air Auditorio del Parque Enrique Tierno Galván.

The new **Hotel Montera Madrid**, the city's first *Curio Collection by Hilton* property, is set in the heart of the Spanish capital just a few steps from the main shopping and art destinations (Calle de la Montera, 47; hotelmonteramadrid.com; from EUR 226). The hotel occupies a restored century-old Neoclassical building on Calle de la Montera. The street name refers to the handcrafted hat worn with many traditional Spanish costumes, and this item has also inspired the stylistic image of the hotel. The bespoke yet relaxed interiors were created by Lázaro Rosa-Violán to reflect the eclectic vibe of the area. The 93 guest rooms feature elements of traditional design, neutral shades, and rounded mirrors. *La Braserí* restaurant offers typical Madrilenian cuisine, while the *El Cielo de Chicote* cocktail bar provides stunning 360-degree views of Madrid. The rooftop lures guests with an open-air pool and an inviting lounge bed area.



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## CITIES OF THE MONTH / August

◀ Lee Miller, *Portrait of space*,  
Ägypten, 1937



**Lee Miller: A Photographer Between War and Glamour** at the Bucerius Kunst Forum tells a story of one of the most versatile artists of her generation – photographer, war correspondent, muse, and model Lee Miller (1907–1977) (until September 24; Alter Wall 12; buceriuskunstforum.de). Around 150 photographs from 1929 to 1973 are displayed in different sections that include Modelling, Fashion and Portraits, Surrealism, Women at War, and Miller's War. Her oeuvre broke conventions of content and form. In Cairo, she documented the ambiguous character of reality as well as landscapes of the Egyptian desert. Later, in the 1930s, she worked for *Vogue*, her artistically staged fashion pieces contrasting with her later war journalism shots that produced a strong social impact. After the war, Miller stayed in Hitler's former apartment in Munich and took a famous photo of herself in his bathtub with the boots she had worn during her visit to the concentration camp in Dachau dirtying the bathmat.

The **International Summer Festival** at Kampnagel unites artists from across the globe and brings theatre, dance, concerts, and parties to the stages of the former crane factory (kampnagel.de). From August 9 to 22, pop music meets avantgarde explorations, with more than 150 events, including 29 different stage works and five world premieres. The (La)Horde trio, which has choreographed Madonna's world tour, performs with the Ballet National de Marseille, while the Graindelavoix vocal ensemble will close the festival at the Elbphilharmonie with Antoine Brumel's 16<sup>th</sup>-century *Earthquake Mass*. Concerts by Jimetta Rose and her gospel choir, as well as saxophonist Bendik Giske, will take place in churches. Ethno-jazz godfather Mulatu Astatke, bossa nova king Marcos Valle, and other legends – including 98-year old Marshall Allen of the Sun Ra Arkestra – will also perform.

The **Hamburger Dom** is the biggest public fun fair in northern Germany, and it takes place three times a year (until August 20; Heiligengeistfeld). Summer editions of the festival at Heiligengeistfeld right next to the St. Pauli stadium have been held since 1947, while the tradition of such fairs goes back to the 11<sup>th</sup> century. The summertime Dom thrills with a mix of vintage and high-tech roller coaster rides and nostalgic carousels – in all, around 200 attractions for kids and adults. The fairgrounds also have dozens of stalls serving hearty and delicious meals such as sauerkraut and currywurst, traditional savoury snacks, and sweets such as roasted almonds.



La Horde performance



Ferris wheel at Dom

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Words by Olga Dolina  
Photo by iStock



## Flying carpets

Passed down from generation to generation, the tradition of weaving carpets is a trademark craft of Azerbaijan.

Not literally flying, but fairytale-like indeed...Azerbaijani carpets are UNESCO-listed cultural masterpieces that are part of a tradition of handmade weaving that goes back centuries. There's hardly a house in Azerbaijan without a colourful, beautifully patterned carpet. In fact, a carpet is a symbol of cosiness, hospitality, and wealth. For centuries, they've been hung on walls for extra insulation, laid on floors, spread over beds or sofas, and used in place of doors or as tablecloths. In the olden days, carpets also adorned the tents of nomads and horse saddles.

According to archeological sources, the first rugs and carpets were woven in this part of the world in the Bronze Age. In the 15<sup>th</sup> to 15<sup>th</sup> centuries CE, ornate carpets were widely exported to Europe, some of which can be seen in the paintings of Dutch and German masters.

Azerbaijani carpets are divided into pile and pileless ones. With a dense texture, they are made in various sizes, using multi-coloured wool, cotton, or silk yarn coloured with natural dyes. The patterns usually feature shades found in the local nature: a ruby colour stands for pomegranate seeds, while a yellowish-golden hue resembles the quince, and various grape tones can be found as well.

The tradition of weaving is passed down from generation to generation, orally and via practice. Sheep are sheared in spring and autumn, and their wool is then spun and dyed. While weaving is largely a female business, in winter all

generations of a family gather together and the weaving magic begins. The day when a carpet is finished and it's cut from the loom is celebrated with a feast, songs, and dances.

There are seven carpet-making schools in Azerbaijan today, each in a different region known for its distinct style, pattern, composition, and colour features. Carpets of the Baku school are known for their bold colours and curved botanical and geometrical patterns. The colours of carpets vary from dark blue to red and yellow, and stars, animals, birds, dragons, and 'trees of life' are commonly depicted. Other carpet-making schools specialise in specific patterns, such as the medallion-shaped *gel* symbolising a lake or the sky, and the almond- or cone-shaped *buta* symbolising fire, water, or a cypress.

For an ultimate carpet experience, visit the Azerbaijan Carpet Museum on Baku's Seaside Boulevard. The imposing building designed by Austrian architect Franz Janz is shaped like a rolled carpet. Inside, the world's largest collection of carpets and other historical items (more than 10,000 in all) awaits.

The historical centre of Baku, for its part, bursts with carpet boutiques resembling treasure-filled caves as if from the tale of Aladdin. There, knowledgeable vendors reveal the details and mysteries of carpets and carpet-making to help you choose the perfect one for your home. One trick to check the quality of a carpet: it must unroll perfectly on the ground without any extra help.



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Words by Ilze Vitola  
Photos courtesy of  
Egle Zvirblyte and  
Go Vilnius



Photo by Sofie Hojabri



Photo by Monika Krilaviciene



© Go Vilnius



Photo by Saulius Zura



Photo by Monika Krilaviciene

### Bernardine Gardens

Order a takeaway from *Strangelove* café, which brews excellent coffee and serves tasty bites, and then go for a stroll along the Vilnia River through the lush Bernardine Garden. This beautiful public park is located on the left bank of the river between Gediminas Tower and the Bernardine monastery. Here you can find respite from the city's hustle and bustle and watch chess players as well as ducks in their natural habitat. I recommend kayaking and grabbing lunch in the *Bernardinų kiemas* open-air food court.

### Užupis

Across the river from the Old Town lies Užupis (which literally means 'across the river'), a quirky neighbourhood definitely worth exploring. Established in 1996 by the city's creatives, Užupis has even declared itself an independent republic. Once there, take a peek inside the verdant Bernardine cemetery and then keep going until you reach the bridge leading to the Paupys neighbourhood, the newest addition to the city's map. Have a bite at Paupys Market, a modern indoor jungle with many food stalls. I advise trying the Japanese *izakaya*. Next to the market is my favourite boutique cinema, *Pasaka* ('fairytale').

### MO Museum

Don't miss the well-curated collection, thought-provoking temporary exhibitions, and fab sculpture garden at MO Museum. Established in 2018 by art collectors Danguole and Viktoras Butkai, the museum features more than 5000 works by Lithuanian artists dating back to the 1960s. Designed by the renowned *Studio Libeskind*, the building itself is a true masterpiece of modern architecture. If looking at art makes you hungry, there are several tasty addresses nearby. Just steps from the museum is the *Rosehip* vegan bistro and the playfully designed *Lola* café, which serves breakfast all day long. Its Turkish eggs are to die for! There's also my favourite Vietnamese joint, *Viet.inés*, which has a Saigon nightclub vibe. As for evening fare, aim for the modern Indian restaurant *Gaspar's*.  
Pylimo gatvė 17  
mo.lt

### Europa Park

A mere 20-minute drive from the city centre is a unique open-air gallery. There, 130 art installations and sculptures are peppered across 55 hectares of lush forests, meadows, hills, and ponds. The immersive collection features works by native and international artists, including Dennis Oppenheim and Magdalena Abakanowicz. On your way back, stop by Balsys Lake for a refreshing swim.  
europosparkas.lt



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## Bilbao IN 24 HOURS

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Words by Laura Lizuma  
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To experience the essence of Bilbao, the most post-industrial and pro-cultural destination in northern Spain, consider these suggestions. And don't forget to sample the exquisite flavours of Basque gastronomy!

### WHERE TO STAY

*Radisson Collection Bilbao* is located in an impressive building that once served as the headquarters of the *Banco Hispano Americano*. The hotel combines Neoclassical and avantgarde elements with influences from Art Deco. One of the highlights is the *NKO* restaurant on the hotel's rooftop, which provides breathtaking views of the city. Gran Vía de Don Diego López de Haro, 4; from EUR 240



The rooftop with views of  
the city and vertical gardens

Photo courtesy of Radisson Collection Bilbao

### WHERE TO EAT

When in Bilbao, the reference point is the *Mina* restaurant. This *Michelin*-starred gem led by chef Álvaro Garrido pays meticulous attention to detail, pace, and dedication. Guests can choose to dine at one of six oval tables or at the kitchen counter, which provides a front-row seat to the live spectacle of flames, action, and artistic plating. Martzana Kaia, s/n; tasting menu EUR 150



Kitchen table of  
*Mina* restaurant

Photo courtesy of restaurant Mina

### A CLASSIC NOT TO MISS

Of course, it's the Guggenheim Museum Bilbao. This impressive titanium, glass, and limestone structure, which houses an exceptional collection of contemporary art, is the biggest attraction in the city, an artwork in and of itself, and a must-visit even for those who don't consider themselves art lovers. The museum is a symbol of this post-industrial Basque city enjoying constant reinvention. Abandoibarra Etorbidea, 2; general entrance EUR 16



### WHERE TO SHOP

There's no accessory more Basque than the *txapela*, the local name for a beret. The tradition of wearing a beret is as old as the concept of typical Basque clothing itself. When in Bilbao, head for *Sombreros Gorostiaga*, a shop that has been selling hats since 1857, including berets of the finest quality made by *Elósegui*. Viktor Kalea, 9; average price of an *Elósegui* beret EUR 30

### WHY NOT

Bilbao's passion for football, particularly Athletic Bilbao (founded in 1898 and thus the oldest club in Spain's top division), is undeniable. The city's iconic San Mamés Stadium is the heart of this fervour, with match days attracting a sea of fans wearing red-and-white striped shirts. Experience the ultimate thrill by joining the crowd at San Mamés; afterwards, extend the festivities in the Casco Viejo and party like a proud *bilbaíno*.

P.º Rafael Moreno 'Pitxitxi', s/n; from EUR 30



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# CELEBRATE RIGA!

On the Galleria Riga  
rooftop terrace





Words by Ilze Vitola  
Publicity photo

# Climate-smart holidays

Gothenburg is setting an example through its sustainable initiatives.

Once known for its automotive industry and port services, today Sweden's second city is synonymous with eco-consciousness, having been the frontrunner of the Global Destination Sustainability Index for six straight years. Gothenburg's public transport runs on renewable energy, and 92% of the city's hotels are environmentally certified.

Gothenburg's dining and leisure offerings are just as impressive as those of Stockholm, especially in the summer, when locals retreat to its rocky waterfronts and pristine archipelago hiking trails. Afterwards, they enjoy the fresh catch of the day at one of the locally minded restaurant terraces along the lively Tredje Långgatan pedestrian street and top it all off with a glass of natural wine or a cocktail at a courtyard bar such as the effortlessly cool *Bar Bruno*, which serves season-based cocktails. Rainy days, for their part, are best spent hunting for cool Scandi design items at places such as the all-in-one design heavens *Vallgatan 12* and *Spinneriet i Lindome* and the city's many second-hand temples.

All in all, Gothenburg is a quintessentially perfect summer destination. But it is particularly so this year, as the city celebrates its 400<sup>th</sup> anniversary, hosting a multitude of festive happenings and events throughout the summer. Visit the anniversary hub at Bältespännarparken and take a refreshing dip in the new harbour baths unveiled at Jubilee Park.



## ECO-FRIENDLY PLACES NOT TO MISS

### Ilse Grøn Krog

A warm and welcoming vegetarian restaurant that opened in 2022, *Ilse Grøn Krog* is one of the latest additions to the Majorna district, a cultural hotspot. The restaurant offers deftly prepared international fare cooked with local, seasonal ingredients accompanied by certified natural wines and cocktails. Nab a table in the cosy yet elegantly decorated dining room or out on the sunny patio and enjoy the evening! Karl Johansgatan 2; ilsegronkrog.se

### Liseberg

Not only does Sweden's largest amusement park have second-to-none rides – such as the Valkyria, Europe's longest dive coaster, with a vertical drop of nearly 50 metres – it's also eco-friendly, with most of the attractions powered by renewable wind energy. In addition, it has an array of sustainable food offerings. Think organic cotton candy and eco chocolate. To celebrate the park's centenary, this April it introduced the state-of-the-art *Liseberg Grand Curiosa Hotel* with playful multi-bed suites specifically created for family vacations. liseberg.se

### The southern islands

More than 20 islands lie off the coast of Gothenburg, divided into a northern and a southern archipelago. The latter are mercifully car-free and can be reached by ferry from the Saltholmen boat terminal or the Stenpiren Travel Centre. The landscape of the southern islands is very diverse; island hoppers can surely find an islet just to their liking, from bustling Styrsö brimming with cafés, guesthouses, swimming, and fishing spots, to tranquil Vargö and its secluded nature reserves.



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Photos courtesy of Romana Tomljanovic

# Point of view

Where to go in Rijeka, according to digital creator Romana Tomljanovic.



### My secret spot

‘One of my favourite things about Rijeka is its picturesque nature. It has all the amenities of a city, but it also has beautiful beaches, some even within walking distance. For example, you can reach Sablićevo Beach in just 15 minutes from the centre of Rijeka. This is not only the oldest urban beach but also my personal favourite! Located on a small bay, this small pebble beach is surrounded by rocks and is characterised by its beautiful, clean turquoise water. The gently sloping shore makes it a great swimming spot for young and old alike.’



### Romana Tomljanovic

instagram.com/thenomad.life

Number of followers: 21.9k

Romana Tomljanovic is the founder of the Croatian travel blog *The Nomad Life*. Her Croatian father and Dutch mother met 50 years ago in Croatia and moved to the Netherlands together. As a result, Romana spends four months of each year in Croatia and eight months in the Netherlands. After visiting so many beautiful places in Croatia, she began sharing her favourite places on *Instagram* and her blog in 2019. The tips and photos she provided were appreciated by many, so a year later she turned it into a full-time job. As a result, Romana can introduce people to some of Croatia's most scenic spots and make their vacation a once-in-a-lifetime memory.



Korzo Street

### Other locations to check out

- Trsat Castle for the best views of the city.
- The Korzo – the main pedestrian street, with numerous shops and cafés.
- The local fish market in Rijeka – arrive early in the morning (around 7 a.m.!), when the market is at its peak.
- The beautiful islands of Krk, Cres, and Lošinj.

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Words by Olga Dolina  
Photos courtesy of Wien Tourismus

# Take your friends

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Hidden gems in Vienna you don't want to miss.



Hermesvilla is a favourite local spot for hiking and picnics.



The extravagant Otto Wagner Villa was built in 1888.



Today, the Otto Wagner Villa is home to the Ernst Fuchs Museum.

The majestic palaces of Schönbrunn, Hofburg, and Belvedere are the grand sites of the royal Vienna experience every traveller puts on his or her bucket list. Yet there are also other, more intimate but no less magnificent residential gems to discover.

Nestled in the Lainzer Tiergarten woodland park on the southwest edge of the Austrian capital, Hermesvilla is a favourite local spot for hiking and picnics. Once a royal hunting grounds, it gained a touch of imperial glamour in the 1880s when Emperor Franz Joseph gave the villa as a present to his beloved wife, Sisi, to entice the empress, a keen traveller, to spend more time in Vienna by his side.

The miniature Renaissance-style refuge with blooming meadows and horse-riding grounds was named after the statue of Hermes that adorns the villa's garden. Now the villa has been restored and visitors can admire the original interiors as well as Sisi's bedroom with murals depicting Shakespeare's *A Midsummer Night's Dream*, her gym, and personal items. Gustav Klimt even created some of the paintings here before turning to his signature style. A moment of repose in the adjoining restaurant in the lush garden completes a visit to the Hermesvilla.

The Otto Wagner Villa on the border of the Wiener Wald is an extravagant home built in 1888 by the cult Viennese Art Nouveau architect for his family. Crowned with a voluptuous nude statue at the entrance, the blue-white-gold villa welcomes art and culture devotees with its opulent interiors. With a columned entrance and two wings, it once hosted the cream of society and the brightest minds of the time, including Klimt, Mahler, Hoffmann, and others.

Later in the 1970s, the villa was purchased by Ernst Fuchs, an extravagant artist and painter in the Fantastic Realism style. Now it houses a museum with a large retrospective of his works. The villa has eye-catching period decor, bold colour combinations and furniture, a massive bed, erotic statues, mosaics, stained-glass windows, and even a Roman-style open-plan bathroom on the top floor. A black cat is the boss of the house and walks imposingly through the rooms. A cosy café with a museum art shop is located in an adjacent building. The Nymphäum Omega fountain featuring colourful mosaics and sculptures strikes the imagination, while the Otto Wagner Villa II – a simpler building with façade details worth a closer look – stands nearby.

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Style by Ilze Čēcina  
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# A new life

A rebirth for the interior of the legendary Villa Medici

Words by Lana Jūra  
Photo by François Halard



Rome’s cultural canvas is overflowing with great architectural heritage. An unsurpassed favourite in this collection is the Villa Medici (1564–1580), a sumptuous Renaissance gem. The ascetically elegant, fortress-like volume – which bears the name of Europe’s most influential aristocratic dynasty of Tuscan origin – is set in the heart of the city alongside the iconic Spanish Steps at Rome’s highest point on the Pincian Hill.

Since 1803, the villa has housed the Académie de France à Rome, a multi-purpose cultural institution that hosts a collection of outstanding works of art, exhibitions, concerts, festivals, and other activities. It recently also initiated a major interior renovation project that, with the help of some bright stars in the world of contemporary design, is seeing the villa merge its historical heritage with modern art and design.

As part of this renovation, French-Iranian architect, designer, and scenographer India Mahdavi chose to recreate the spirit of the iconic villa by intelligently mixing different eras and introducing a cosy, warm feeling to the spaces as well as bold geometrics and vibrant colour. With the involvement

of the French institution *Mobilier National* and a number of the best Italian and French craftsmen, six newly refurbished rooms have just been opened to the public. These include three rooms of Cardinal Ferdinando de Medici’s apartments – the Chamber of the Elements, the Chamber of the Muses, and the Chamber of Jupiter’s Loves – as well as three guest rooms renamed the Lili Boulanger Salon, the Debussy Room, and the Galileo Room in reference to great figures of the arts and sciences with links to the Villa Medici.

By delving into history and taking inspiration from the Medici palaces in Florence, Mahdavi focused on the life that has taken place in these rooms of the Villa Medici over the centuries. She designed beds, tables, seating, and rugs exclusively for this project, which are now displayed as striking accents among the existing cultural and historical treasures in the spaces.

The first round of the interior renovation at Villa Medici, led by the creative team of the haute couture fashion house *Fendi*, saw the reception areas, including the majestic Grand Salon, given a modern makeover. Viale della Trinità dei Monti, 1; villamedici.it



## AUGUST 2023

05		Guided Tour (LV or ENG)
18	B	VIY. THE NIGHTS OF HORROR
19		Guided Tour (LV or ENG)
20	B	AT THE BLUE DANUBE
24	B	DRACULA
25	O	LA CENERENTOLA <small>The only performance this season!</small>
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26		Guided Tour (LV or ENG)
27	O	DON GIOVANNI
31	O	JENŪFA

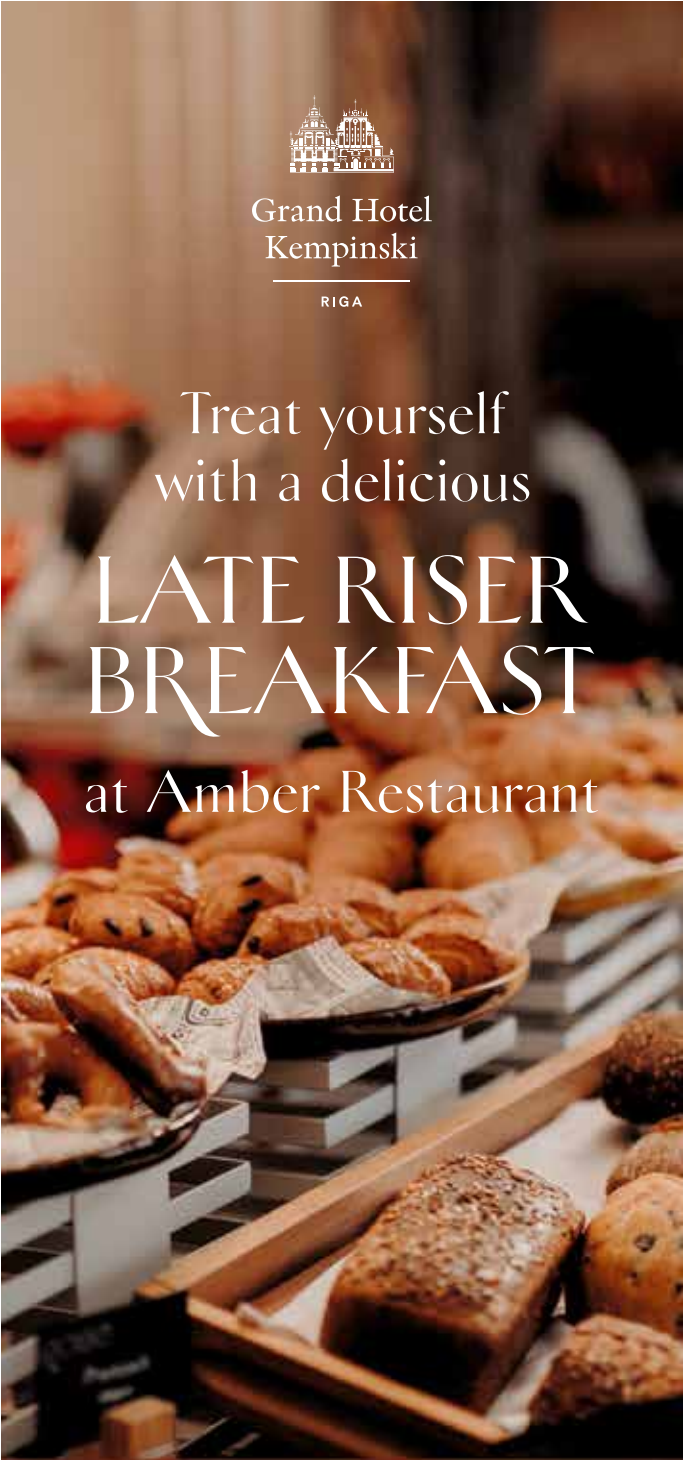
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Words by Līga Valko  
Photo courtesy of airBaltic

# Reduce your ecological footprint in the sky!

In 2022, *airBaltic* used 6.150 tonnes of SAF-containing fuel, or approximately 30 times more than it did in 2021.

With an aim to decrease its environmental impact, *airBaltic* has introduced improvements in sustainability over the past few years. By modernising its fleet and optimising operational procedures – such as more precise fuel planning, RNP AR usage, reduced engine force after landing with Idle Reverse, and more – the airline was able to reduce its carbon emissions per passenger in 2022 despite doubling its passenger numbers. Last year, *airBaltic* achieved a reduction of more than 20% in the amount of carbon emissions released per passenger kilometre.

In the airline industry, sustainable aviation fuel (SAF) is one of the most effective ways to reduce CO<sub>2</sub> emissions. The fuel is derived from sustainable feedstocks and has a similar chemical composition to traditional fossil jet fuel. But whereas fossil fuels add to the overall level of CO<sub>2</sub> by emitting carbon that had been previously locked away, SAF recycles the CO<sub>2</sub> that has been absorbed by the biomass used in the feedstock over the course of its life.\*

To raise awareness about the importance of SAF in air traffic and achieving climate neutrality goals, *airBaltic* lets its passengers reduce their impact on the environment by voluntarily ordering sustainable aviation fuel (approximately one kilogram for economy class and one and

a half kilograms for business class) for their flights.\*\* Each kilogram of SAF produces up to 80% fewer CO<sub>2</sub> emissions than a kilogram of fossil fuel.

The SAF price per person per flight starts at EUR 2.99, depending on the ticket type. The SAF fee is applied to each flight and each passenger. Passengers can add SAF directly while booking their flight or use their *airBaltic* Club points to do so.

Any *airBaltic* Club member can purchase SAF kilograms using their loyalty points in the *airBaltic* Club rewards shop.

The sustainable aviation fuel amount that a passenger contributes to the airline will be procured and consumed within 12 months after the particular flight.

‘Our goal of net zero carbon emission flying by 2050 means we will use SAF more and more,’ says Zita Barānova, Head of Sustainability at *airBaltic*. ‘For already a while, *airBaltic* has been adding a small amount of SAF to its fuel consumption. We’re happy that now our passengers have a similar voluntary option, which means that we’re walking the path to net zero together. It’s our firm belief that even small steps can make a big difference and create a growing demand for sustainable aviation fuels.’

\* iata.org

\*\* The exact amount will be specified when *airBaltic* will be purchasing the SAF.

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Words by Marta Metuzāle  
Photos by Shutterstock and  
courtesy of Teodors



# Get to know your fellow passengers – service dogs!

When boarding a plane, you might encounter a service dog wearing a special vest. However, before petting this dog or calling him a ‘good boy’, remember that this lovable animal is actually on duty and should not be disturbed. Service dogs are frequent flyers with their blind, visually impaired, or movement-impaired owners and are certified by airlines to join these passengers on board.

## THE SELECTION AND TRAINING OF A SERVICE DOG

In Latvia, the majority of service dogs are raised, trained, and matched with their respective owners by *Teodors*, a non-profit organisation that is one of the service dog organisations approved by *airBaltic*. *Teodors* currently has around 15 dogs.

The process of training a service dog begins with the selection of a trustworthy dog kennel. After the puppy is selected, the specialists at *Teodors* find it a foster home, where the puppy spends its childhood, becoming socialised to people and other pets and becoming acquainted with daily human activities such as crossing the street, riding a tram, and going to the store. Helping with such tasks will be the main job of the puppy later in life.

While this work comes with the great responsibility of raising a puppy that will later be able to guard and even save someone’s life, it’s also a great opportunity to experience life with a puppy, and therefore anyone is welcome to apply to become

a foster family for a future service dog. When the dog reaches around 1.2 years of age, it leaves its foster family and proceeds on its service dog journey.

Before starting the training, additional tests are performed to analyse the dog’s temper, and many dogs unfortunately turn out to be not suitable for training. They may be too mischievous or frivolous for the task or may have exhibited strong aggression towards cats or other animals. The dog’s health can also be a restricting issue. In such cases, the dog remains with its foster family, or another owner is found.

Then a certified cynologist examines each dog’s personality and decides on its future job. Compassionate dogs, for example, are more suited to helping people with movement disabilities. For these dogs, the training period usually lasts around eight to 12 months, while dogs assisting blind or visually impaired people are trained for up to 16 months, as they need to learn around 50 different commands.

One of the most important skills a service dog must know is intelligent disobedience – the dog

should not obey its owner if that request would harm them. Instead, the dog should be able to signal to its owner that they should not proceed as they wish. For many dogs, these training sessions are too hard both mentally and physically, and thus they do not complete the training, going back to their usual life as a pet.

After the training process is finished, the dog is matched with its new owner to take the exam. In the exam, the dog leads the owner through a pre-decided route, navigates traffic lights and crosswalks, takes public transportation, and shows intelligent disobedience. If the team passes the exam, the dog receives a certificate and officially becomes a service dog. Its career lasts until it is around nine or ten years old.

When a service dog reaches senior age, *Teodors* helps to find it a new home and family. However, the disabled owners are often so used to having their best friend around that they decide to keep the dog, even if it now only fulfils the function of a friend, not a service dog.

## PASSENGERS’ JOURNEY

While a flight does not include traffic lights or crosswalks, service dogs are important guardians for their owners also on a plane. In addition to comforting its owner and helping to ease any stress the owner may feel, the dog helps to navigate them through the airport and security control and provides physical assistance.

To obtain flight tickets, a service dog owner must call the *airBaltic* Call Centre at least 48 hours before the flight. The flight is free of charge for the service animal, and there is no need to book a separate seat. However, the owner must present copies of a certificate issued by an accredited school of service animals, and citizens and residents of Latvia must present a certificate issued by the Agricultural Data Centre of Latvia. Because the number of seats on a flight is limited, *airBaltic* highly recommends that owners book their reservations as early as possible.

On the day of the flight, the passenger and service dog must arrive at the airport at the same time as the other passengers and make their way to the gate. Assistance from a trained reduced-mobility airline agent can be coordinated upon the passenger’s request in advance. The agent will meet the passenger and service dog at the airport, guide them to the gate, and help them with the boarding process as well. This service is free of charge. But passengers who feel comfortable on their own with their service animal are welcome to do so.

During the flight, regardless of the service dog’s weight and size, it rests next to its owner without any container or equipment requirement. However, owners themselves often make their service dogs more distinguishable by equipping them with a brightly coloured vest that states ‘service animal’. The dog must spend the whole flight lying next

to its owner to ensure a full sense of security and physical assistance. These dogs are professionally trained and do not disturb other passengers. In fact, if you are sitting a few rows away, you may not even notice that you’re sharing a flight with a trained service dog.

Airlines have different requirements for transporting passengers and their service dogs. Some countries do not allow entry or transit with animals, including service animals. Therefore, before you make a reservation, make sure that the passenger and their service dog qualify for the particular flight. Likewise, check if there is any equipment that the dog must wear to comply with the rules.



## Did you know?

- Thanks to their natural will to help, labradors and golden retrievers are the easiest dogs to train.
  - Service dogs for blind or visually impaired people understand around 50 different commands.
  - When meeting a service dog at an airport or on a flight, do not disturb it, pet it, try to feed it, or look into its eyes for an extended amount of time – the animal is working and on duty.
  - A service dog and its owner can sit anywhere on the plane except next to the emergency exits.
  - In 2022, *airBaltic* has carried 84 service dogs, from January 2023 up till now – 41. The most popular destinations so far have been Amsterdam, Palanga and Tenerife.
  - Unfortunately, at the moment there is only one service dog for every 700 blind or visually impaired people in Latvia.
- Therefore, you are welcome to donate to *Teodors* to support the training of service dogs: ‘Servisa sunu biedriba *TEODORS*’ Swedbank, LV04HABA0551036537614 [teodors.org](https://teodors.org)







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Words by Viesturs Kundziņš  
Publicity photo and by iStock

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# Flavours of the Caucasus

Food that impresses even the most well-travelled palates.



*Khachapuri* – once you’ve tried this dish, you can never again hear the name without salivating. This boat-shaped Georgian cousin of the pizza that’s stuffed with gooey cheese and egg makes a lasting impression on one’s taste buds. But khachapuri is just one of the flavoursome foods that the Caucasus region – Armenia, Azerbaijan, Georgia – has to offer.

Located at the crossroads of Europe and Asia, Caucasian cuisine is as diverse as the region’s landscape, which is topped with mountains and tucked in between the Caspian and Black seas. While all of the food cultures in the Caucasus have a strong affection for fresh herbs, each nation’s food has its own distinctive flair and show-stopping dishes that one cannot leave the country without trying.

The cuisine of Azerbaijan, the easternmost of the Caucasus nations, bears Middle Eastern influences, with dishes elevated by saffron, sumac, tarragon, and dried fruits. Some of the nation’s bestsellers are the flavour-packed rice dishes *plov* and *pilaf* as well as the succulent grilled meat skewers called *kebabs*. Equally enticing is the Armenian take on barbecue known as *khorovats*. Armenia shines particularly brightly when it comes to dairy foods, with such products as *chechil* string cheese and *matzoon*, a custard-like yogurt with notes of honey. Georgian delicacies such as *badrijani nigvzit* (fried eggplant rolls) and *satsivi* (chicken or turkey with walnut sauce), for their part, have won fans worldwide. What makes the region’s foodscape even more special is its centuries-old wine culture bursting with hundreds of native grape varieties. But that’s a story of its own.

While all of the food cultures in the Caucasus have a strong affection for fresh herbs, each nation’s food has its own distinctive flair

Words by Ilze Vitola  
Photo by iStock

## WHERE TO INDULGE IN CAUCASIAN GASTRONOMY

### Café Daphna in Tbilisi

This *khinkali* house deserves a role in a Wes Anderson movie. The pastel pink-hued café dishes up the scrumptious dumplings with an artisanal touch and prepped to go straight onto *Instagram*. There’s no lack of choice of these little dough pockets filled with everything from beef and pork to mushrooms and potatoes for vegans. Pair them with a bottle of Georgian wine, and you’ve got an authentic culinary experience. Atoneli 29; IG [cafe\\_daphna](#)

### Anoush in Yerevan

Armenian fare doesn’t come much better than at *Anoush*. The restaurant, located inside the *Republica Hotel Yerevan*, celebrates Armenian culinary heritage by offering the best of the nation’s staples, such as *manti* and *dolmas*, rooted in centuries-old recipes, using the freshest local ingredients, and serving them in a sophisticated fashion. *Anoush*’s convivial dining room with elegant wooden details is a favourite among locals and visitors alike.

Amiryan 7/1; IG [anoushrestaurant](#)

### Art Club in Baku

Located in the Old Town, *Art Club Restaurant* is the dining space of the *Art Club Hotel*, which has given new life to a beautiful 19<sup>th</sup>-century townhouse. It’s a one-stop destination for excellent Azeri fare, local art, and native wine, as the hotel also has a wine cellar and a gallery. The timeless menu features pilaf, kebabs, and dolmas and provides a refined window into classic Azeri cuisine. *Art Club* delivers superb hospitality and truly stays true to its word.

Asaf Zeynalli 11; IG [artclub.az](#)

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Andrew Staples, tenor / UK  
Conductor Māris Sirmāis

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RIGA ST. PETER’S CHURCH

### PREMIERES. LIGETI 100

State Choir *Latvija*  
Conductor Māris Sirmāis

PROGRAMME:  
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PREMIERES:  
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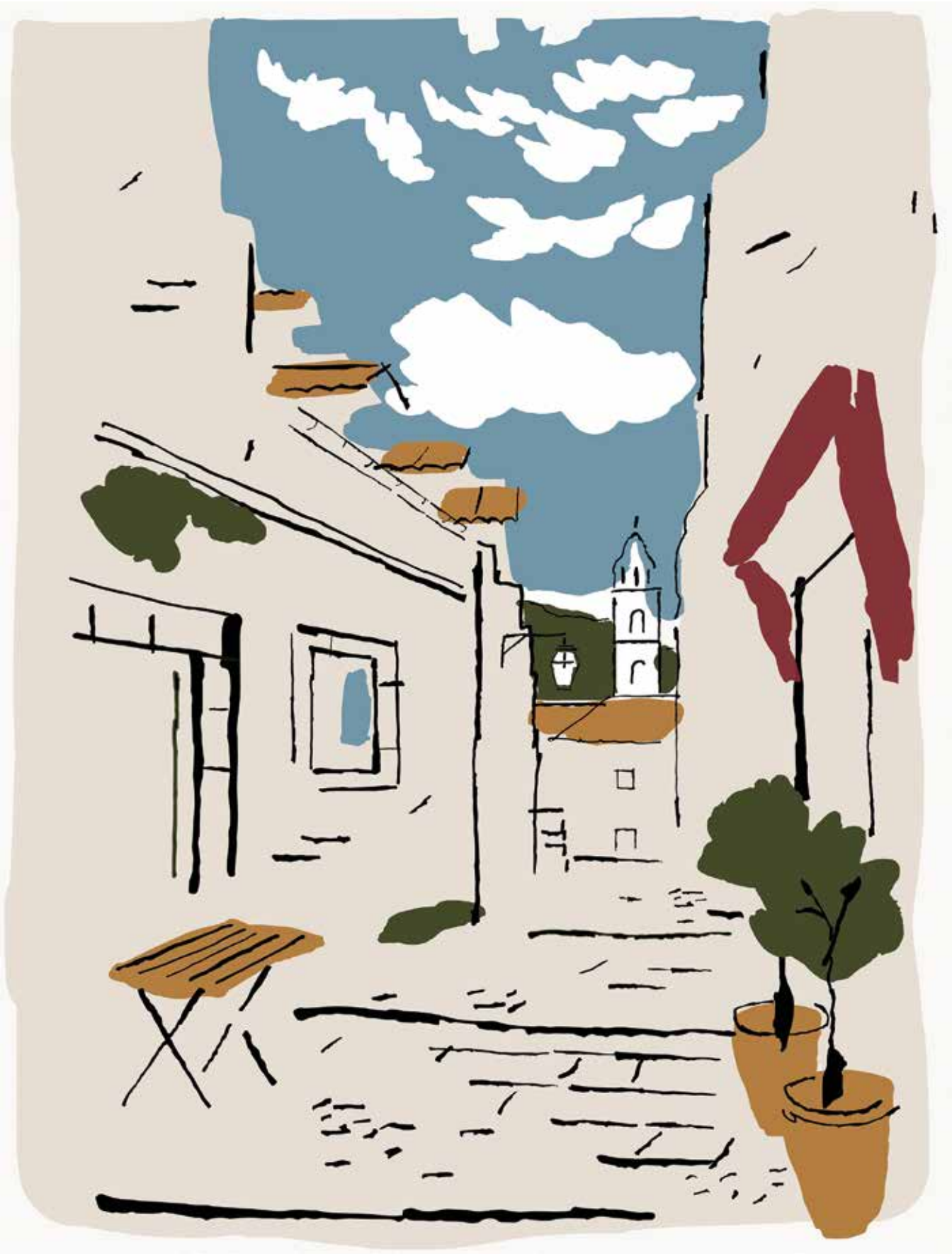
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Words by Nadina Elekse  
Photos by Nadina Elekse and Austin Beasley  
Illustration by Agnese Negriba



# ON THE BEATEN TRACK IN DUBROVNIK

**A couple of years ago, Croatia rose to the top of travel magazine lists as one of the best countries to visit, and hasn't left it. These days, the country is all about enjoying beaches, sunsets, and that little blue grape...**

My trip to Croatia began even before I stepped off the plane, with the first sight through the aircraft's window of the country's coastline and the city of Dubrovnik with its legendary Old Town. Here's the thing – Croatia is such a beautiful country, that the second you lay eyes on its bright blue water, red roofs, and white cliffs, it hypnotises you.

While I may wish to see as much of this country as I can, I've realised that I'll need several trips to even scratch the surface. So, on this trip, my itinerary is packed with UNESCO World Heritage Sites, coastal views, and local treasures such as the wineries on the Pelješac Peninsula. This, one of Croatia's wine regions where the Plavac Mali ('little blue') grape is grown and which reveals a slightly unexpected facet of this beautiful country, is where my journey begins.

**APPROACHING MY FIRST STOP ON A ROAD THAT WINDS THROUGH THE MOUNTAINOUS VINEYARDS,** it feels like I've taken a wrong turn or the navigation system has led me astray. I find myself in the middle of a residential area with nothing in sight that my mind would associate with a winery. Also, being the middle of a very hot day, it's very quiet and empty. I do, however, see a small sign with the name of the winery, so I can't be completely lost. A woman from a balcony has noticed me and points to a house nearby. There I'm greeted by a woman named Blaženka, whose family owns the Curlin winery, and she welcomes me into a small cellar attached to her house. I guess I've found my first winery!

I love visiting small wineries for the experience of meeting locals and people passionate about what they do – and usually also passionate about their

region. I enjoy having a chat with them over a glass of wine, talking about the oddities of the local terrain and weather – all relevant pieces of knowledge for winemakers and a great way for visitors to learn about a new place. Paradoxically, the wine mostly takes a back seat and I don't have very high expectations, but only because I know how difficult and expensive winemaking can be. But Plavac Mali turns out to be a different story.

The 'little blue' berry has a reputation among winemakers as a temperamental and difficult grape. If not provided with ideal conditions, the grapes do not ripen at the same rate, resulting in clusters that have raisins as well as green berries. Blaženka tells me that, because of the way these vines grow, the grapes can only be picked by hand. And because it's so difficult to industrialise the production of this variety, you'll find hundreds of very small family-owned wineries with just a small vineyard in their back gardens that produce only a few thousand bottles per year.

There's something about the flavour of Plavac Mali that immediately speaks to me. It's a very strong wine due to the amount of sunlight the grapes receive, yet it's unexpectedly smooth and soft. The contrast perplexes and intrigues me. I end up demanding Plavac Mali wherever I go on this trip, and it turns out it's not uncommon for other visitors to fall in love with this grape just as quickly as I do.

**EVEN THOUGH IT'S TEMPTING TO JUST GET LOST IN THE NATURAL BEAUTY OF CROATIA AND LEAVE THE HISTORY FOR OTHERS TO EXPLORE,** it can be very rewarding to pay attention. This coast with its fortress cities was always a desired prize to every empire around, and each





The best time to enjoy Croatia in the summer is in the early morning hours.

## The layout of Split definitely makes it unique among the other old fortress towns

city – no matter how close to the water it lies – has a unique history, with different powers having ruled over it and different influences having shaped the architecture and culture.

On this coastal drive, I make quick stops in Makarska and Omiš, picturesque towns surrounded by mountains on one side and the Adriatic Sea on the other. I also stop in Trogir, a UNESCO World Heritage Site with a stunning Old Town. All these towns are worth a visit for their architectural beauty, history, and lovely beaches. Makarska and Omiš are popular, but more so with locals, so I enjoy a stroll around and stunning views undisturbed by tour buses and large crowds. Here I also observe a game of *picigin*, a Croatian game played in the water. Trogir is more on the map because of its history and Old Town but can still serve as a better base for exploring the region than some of the more well-known towns in these parts.

In terms of history, however, it's Split that I find the most fascinating of them all. About half of the historical centre of Split is based on Diocletian's Palace, built at the turn of the 4<sup>th</sup> century CE. Even though the history of Split dates back to before the construction of the palace, nowadays this complex is the most prominent part of it. Diocletian was the Roman emperor from 284 until his abdication in 305, and this massive structure built near Salona, the former capital of Dalmatia, was intended to be his retirement home. More a fortress than a palace, about half of it was built for Diocletian's personal use, while the rest housed a military garrison.



Split is like an architectural puzzle – each piece is different, but together they make a great picture.

After Diocletian's death, the palace remained an imperial possession of the Roman court, but a new life for it began in the 7<sup>th</sup> century, when the Avars and Slavs invaded and destroyed nearby Salona. The refugees from that city found shelter in Diocletian's palace and began establishing homes and businesses within its walls. Additional buildings were constructed in later centuries, resulting in the mix of architectural styles one sees in Split today.

The best time to discover Split is... well, at sunrise, when the early morning light strikes the limestone buildings and the town is practically empty. So, my alarm goes off at 5 a.m. and I arrive in the Old Town just as the sun is rising. If you want to get a glimpse of the real Split, these few morning hours before visitors start their day are what you're looking for. I see some locals arriving at the market right outside the old city walls, some party-goers from the previous night still scattered about, and stray cats still lounging on empty restaurant tables. The city is quiet apart from the swifts buzzing around Diocletian's Palace, and I can finally take in the grandeur of the palace and the whole story of how this city came to be.

The layout and origins of Split definitely make it unique among the other old fortress towns along the Dalmatian coast. It's quite fascinating to walk through the old halls of the palace that are now streets and imagine people creating a whole city out of just one large building and inhabiting its walls just like the swifts building nests on the city walls today.

A strange feeling comes over me in all of these historical towns – the history seems very present, because not much has changed here for centuries. In my mind, I see a time-lapse movie of generations of people walking these same streets, their lives unfolding, empires rising and falling in the background. But the city walls witness it all, and they're still here today.



For some of the best views of the Dalmatian coast, climb the St. Lawrence Cathedral bell tower in Trogir.

EVEN MORE FAMOUS AND SOUGHT AFTER THAN SPLIT IS DUBROVNIK. This city has always been a popular tourist destination, but its role as King's Landing, the capital of the Seven Kingdoms in the hit TV show *Game of Thrones*, made people all over the world add it to their dream-travel list. And you can't blame them – apart from being one of the most successful TV shows in the past decade, *GoT* is also the ultimate Croatia travel advert, and the country has been really smart about riding this wave of popularity. Fans of the show will be very happy here; there are tours of all the filming locations, several Iron Thrones across the city to take pictures in, and an endless supply of souvenirs depicting famous characters from the show and, of course, the dragons.

I have to admit that Croatia's success in rebuilding after the turmoil it went through in the 1990s is quite phenomenal. After the Croatian War of Independence, approximately 25% of the country's economy was ruined, more than 20,000 people had been killed in the war, and the damage to infrastructure was estimated to be around 35 billion US dollars. Even historical sites such as Dubrovnik and Lokrum Island had been bombed.

In 2001, the International Criminal Tribunal for the Former Yugoslavia issued an indictment for crimes committed during the 1991 siege of Dubrovnik. While there were many charges against the accused, it was the intentional damage caused to a UNESCO World Heritage Site that took centre stage in these trials. This was the first time that crimes against cultural heritage were highlighted in an international criminal trial, 'for all of humanity is indeed injured by the destruction of a unique religious culture and its concomitant cultural objects'.

The strength and mightiness of Dubrovnik persisted once more. Now Dubrovnik is not only rebuilt and back to its former glory; it has become one of the top travel destinations in the world. And Croatia has been using the income from the



On Lokrum Island, it's completely normal if a peacock follows you around looking for snacks.

tourism industry to rebuild and expand ambitious infrastructure projects that will make the country even more welcoming and easy to explore. It is, indeed, an incredible comeback story.

IN MY EYES, THE JEWEL OF DUBROVNIK IS LOKRUM ISLAND. Located just a 20-minute boat ride away, Lokrum is a rocky pine-tree oasis with little bars, beaches, gardens, and very curious peacocks. The island has been on my must-see list, so the first thing I do after arriving in Dubrovnik is rush to the harbour to board a small ferry. Because it's late afternoon, the ferry is not as packed as it can get in the morning – many locals go to Lokrum to avoid the tourists (it costs EUR 27 to visit the island, but residents enjoy a reduced rate), and they normally spend the entire day there, bringing along picnic baskets, swim gear, and other things for a fun beach day.

The history of the island is quite wild. An old legend says that it was cursed by the Benedictine monks who were forced to abandon their monastery here. And if we look at the rise and downfall of the island's most prominent owner, Archduke Maximilian Ferdinand of Habsburg, it doesn't seem like too crazy a theory. Lokrum was originally purchased by the archduke's wife, Charlotte, and the couple built a mansion and a botanical garden on it. They even imported peacocks from the Canary Islands to roam around the island. Maximilian went on to become the Emperor of Mexico, but that did not go so well for him; he was executed there only a few years into his rule of that country.

Meanwhile, Charlotte lost her mind, and the island was surrendered to the Habsburg family. It was then passed down from one owner to another, eventually ending up in the possession of Yugoslavia. Having become caught in the crossfire of the Croatian War of Independence (it sustained 50 direct hits from Serbian artillery bombardments), it finally became a part of Croatia. The only inhabitants of Lokrum that have seemed to persist throughout all this turmoil are the peacocks, who still





Lokrum Island is a favourite of locals.

### If you choose to enjoy the island, it's almost guaranteed to make you happy

roam the island today and will steal your snack if you leave it unattended. Even when scenes from *Game of Thrones* were filmed here, they featured golden statues of peacocks – clearly the true owners of this island today.

With tons of shade from the old trees and easy access to the water, Lokrum is indeed a perfect refuge from the heat of summer and the hubbub of Dubrovnik. The island itself does not offer many activities or entertainment... but that's not what you come here for. You come here to enjoy the nature, relax, cool off, and spend a lazy day with your friends and family. You can also do a kayak tour around Lokrum or rent a small motor boat at the Dubrovnik harbour and go there at your own pace. However you choose to enjoy the island, it's almost guaranteed to make you happy.

On my way back on one of the last ferries of the day, I watch the silhouette of the Dubrovnik city walls grow nearer and can't help but feel kind of proud of it. I realise that for centuries people have been looking at this city just as I'm doing right now – no war, no conflict, no invading army has been able to change that. And I realise that the only way Dubrovnik can be defeated is in a fantasy world. By dragons.

THE NIGHT DOES NOT END WITH THE FERRY TRIP BACK TO DUBROVNIK, THOUGH. I need to introduce myself to the local cuisine, and what better way to do so than with a tasting menu featuring local ingredients and, of course, some local wine. *Restaurant 360* is definitely a splurge, but I know it'll be worth it as I embark on a six-course dinner that's mainly based



If you're experiencing strong déjà-vu in Dubrovnik, it might be because so many scenes in *Game of Thrones* were filmed here.

on seafood (oysters, scallops, mackerel, octopus paired with white wine from Istria) and modern takes on local dishes.

Croatian cuisine resembles the wines made of Plavac Mali. The flavours are strong but soft; mild seafood is paired with lemon, capers, and other acidic additions; and there's also a mix of textures created by various different cooking techniques combined in a single dish, which keeps diners on their toes. My suggestion is to not hold back and try the most unusual pairings and dishes on restaurant menus. Some of them might not be for everyone, but some deliver those wonderful surprises we look for when we travel – the 'oh!' moments when we know our minds have discovered something new.

On my last day in Dubrovnik, the summer heatwave has really kicked in. I make my way to the Old Town, but as I follow the narrow streets and even make my way up some seemingly never-ending stairs, I realise that my ambitious plans to walk the city walls or hike up the hill for some beautiful views are quickly evaporating in this pressing heat. Summers have always been hot in Croatia, but even locals admit that the heatwaves have intensified in recent years. My fear of missing out is quite strong, though, so I summon what energy I can and explore the Old Town.

After seeing the main sights, such as Stradun, the Rector's Palace, and the Bell Tower, I make my way up the stairs that lead to a more quiet and residential area to see a different side of the Old Town. Life is a bit more peaceful up here. While taking pictures of the city and the local cats, who prefer the tranquillity of this neighbourhood, I stumble upon a small shop called *Note Bene*, which seems more authentic than many of the shops on the busier streets that sell mainly souvenirs.

I start chatting with Dado, who owns the store together with his wife. The building where the store is located is in fact their family home, and they sell local spices, marmalades, sugar almonds, and candied lemon peels as well as dog snacks made of carob. All of these delicacies are made by Dado's wife, Nina.



For the freshest fruit and vegetables, set your alarm early and go to the open-air market.

### On the hottest evenings, locals would go to the city beaches and spend the night sleeping there

It always excites me to meet true locals, especially ones who are so passionate about their hometown.

Dado has lived in Dubrovnik his entire life. 'I love it here! Many locals have moved out of the city walls, but I hope to stay here,' he tells me. We chat about what Dubrovnik used to be like, and what really sticks in my mind is his story about the hottest summer days, when locals would go to the city beaches in the evenings and spend the night sleeping there to avoid the heat of the city walls. I vividly imagine the magic of a hot moonlit night, the rhythmic sound of the waves crashing against the old fortress walls, and the quiet chatter all around as people take in the cooler sea breeze, snacking on the provisions and resting on the pillows they've brought with them. I'm probably heavily romanticising this whole scene, but I love this image and it's now deeply planted in my mind.

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At Note Bene, a family-owned store, visitors are welcomed with coffee and homemade sweets.



If you can find the entrance to Bard Mala Buža (there's no sign), you'll be rewarded with beautiful views and a refreshing breeze.

### This is definitely one of those places that reminds us how good life can be

Back behind the city walls, just when I've lost track of exactly where I am, I feel a sudden breeze of relief. Here's a small opening in the wall that leads to the waterfront! A cool gust of wind hits my overheated body. I might survive this after all. The path leads me to a place I saw from the ferry yesterday – a tiny rocky swimming spot on the side of the city pier where you can

jump into the sea right off the city walls. The water is warm but still refreshing, and I cool off for a while at this pocket-sized concrete beach spot that even has a tiny bar.

Inspired by the refreshment the Adriatic Sea has provided me with, I decide to fully ditch my previous plans in favour of a full beach day. I browse the map for some nearby spots and head to a rocky beach a short distance away from the top city beaches, which I fear might be too busy on such a day.

The small, rocky Betina Cave Beach is a bit farther away than the popular Banje Beach. There are only a few people here, and it seems like more of a spot for the people who live in the houses atop the cliffs. There's no beach bar or beach



All visitors are welcome in Dubrovnik.

beds with umbrellas, so, like a bird building a nest, you need to find your own spot in the cliffs for some shade. But once you've made yourself comfortable, you're rewarded by some of the most amazing views of the enormous Betina Cave, the city of Dubrovnik, and the fascinating Dalmatian coast on the other side. All you have to do is sit back and take it in, go for a swim, and repeat.

Upon my return to the city walls, there's one more place I have to see. It's another city beach located near what's called a 'hole-in-the-wall' bar around here. Even though Dubrovnik is full of visitors right now, the small streets in the upper part of the city are a bit quieter and more residential. There's only one man walking in front of me, and as he suddenly turns right into the city wall and disappears, I know I've found my destination. *Bard Mala Buža* is a small bar situated on another, larger Dubrovnik city beach that has several layers of terraces and umbrellas, a swim spot, and a wonderful view of Lokrum Island and the coastline.

*Bard Mala Buža* is a great evening spot if you enjoy having a little more space and seclusion. It's great for enjoying the sunset, especially if you don't need *the* sunset photo that thousands of people will be bringing home from their vacation but instead prefer just enjoying the soft evening light slowly taking over from the brightness of the day.

As I find my spot on the rocks with a drink from the bar, I watch hundreds if not thousands of kayaks and boats racing around the city walls to catch the best sunset view with Lokrum Island and the Dalmatian coast as a backdrop. Not once on this trip have I had any questions as to why people want to come here even in the exhausting heat of summer, with crazy vacation-season prices, and while constantly feeling crowded wherever they go. It's just that beautiful.

I overhear some other visitors swimming in the sea and admiring the view just like I am. 'My god, life is good,' one of them says. Yes, this is definitely one of those places that reminds us how good life can be. And that's worth a lot.

Internet **Aptieka.lv**

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## SHOPPING

# TREAT YOURSELF BEFORE OR AFTER THE FLIGHT

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Jon and Sanja Kawaguchi moved to Croatia almost 20 years ago and settled in Dubrovnik. Since then, they've started several eye-catching businesses, including a retro laundromat, the first legal hostel in Old Town Dubrovnik, and a luxury boutique accommodation within the Old Town. Their latest endeavour, *Life According to Kawa*, is a refreshing, eclectic store that sells artisan and designer items made locally and is expanding into an exciting adventure for foodies as well.

Jon, you're both expats in Dubrovnik. What made you choose this city in which to start a new life and business?

Love and bad planning. We left Vancouver in 1999 on a six-month working holiday visa to Tokyo. But after working and living in Tokyo and Hong Kong for four years, we decided to move to Panama. En route, we came to visit Sanja's motherland and somehow ended up moving to the island of Korčula, but we later realised that we needed to move somewhere where we could work more than three months a year, hence Dubrovnik.

What it is that you do?

We do quite a few things. *Life According to Kawa* is a project that began in 2016 with an aim to showcase the very best from local Croatian designers and artisans. In our store you'll find a wonderful and eclectic mix of small-batch design, fashion, printed T-shirts, furniture, craft beer, award-winning wine, hand-roasted coffee, gin, books, bags, jewellery, artisanal food, and sunglasses.

*8<sup>th</sup> Kontinent Trading Co.* began during the second lockdown, when all restaurants were closed and travel prohibited. It's a secret food room hidden in the back of *Kawa*. Originally, it was meant to be a month-long pop-up event to help bring some joy

(in the form of comfort food) to locals and expats. But because of the demand, it became a permanent part of the shop, a place one can find authentic ingredients and specialty ingredients from around the world.

Meanwhile, *The Byron Dubrovnik* offers simple luxury accommodation in a UNESCO World Heritage building that's centrally located in one of Dubrovnik's oldest quarters. Nowadays, this part of the Old Town is full of life; it's a living, breathing residential neighbourhood where local denizens reside and work. As you wander the narrow streets and alleyways nearby, you'll see laundry hung out to dry, kids playing football, old-timers cursing, and fishermen coming back with dinner, a hangover, or food for their cats.

What's your favourite place in Dubrovnik and why?

Jumping into the sea at Mala Buza. It's a 'hole in the wall' that has jaw-dropping views, a bar, and live music in the summer. It's one of our favourite places to swim – clean water and an incredible perspective of the monumental walls of Dubrovnik. Outside the Old Town's walls, we love exploring the agrotourism restaurants in the nearby Konavle region.

What are some things you'd suggest that visitors experience here?

Walk the city walls. If there's anything you must do while in Dubrovnik, this is it. Plan to go in the morning or early evening to avoid the summer heat. It takes about one to 1.5 hours at a leisurely pace.

Also, visit War Photo Limited. This might seem like an odd thing to do on your holiday, but War Photo Limited is a world-class gallery and an important part of any visit to Dubrovnik. It offers a permanent exhibition about the conflict and breakup of Yugoslavia plus guest exhibitions by some of the world's best war photographers.

Lokrum Island, otherwise known as the City of Qarth for all of us *Game of Thrones* fans, is a fantastic little escape and a great place to chill. Head out to the island when the town starts getting crowded. It's just a ten-minute ferry ride from the Old Town harbour. There are walking trails, cliffs, playing fields and parks, shady olive groves, a botanical garden, an inland 'dead sea', a Napoleonic fort, and oh yes, friendly peacocks, too! Order a gourmet picnic from our friend Alex (*Piknik Dubrovnik*) or drop by our shop (*Kawa*) to grab some snacks and a nice bottle of chilled wine, some craft beer, or natural juices. Lokrum is perfect for a full day or afternoon out.

kawa.life  
thebyrondubrovnik.com

USEFUL ADDRESSES

WHERE TO STAY  
Lopud 1483

If you're willing to splurge and go all out for your dream vacation, there's no better way to do it than in a 15<sup>th</sup>-century monastery-turned-villa with private gardens and five-star rooms. Located on the nearby islet of Lopud, this will definitely be an experience to remember.  
Lopud  
lopud1483.com

Villa Allure

*Villa Allure* lies outside the Old Town walls, but that's for a good reason – the views will make you pinch yourself every morning, and the beaches are just a short walk away.  
Frana Supila 33, Dubrovnik  
dubrovnik-villaallure.com

Van Bloemen Apartments

If you want to stay within the Old Town walls, *Van Bloemen Apartments* is great take on traditional, old-town, and cosy. Yet it's also a modern, thought-through place that really feels like a home away from home.  
Bandureva 1  
vanbloemen.com

WHERE TO EAT  
Trattoria Carmen

A small, family-owned restaurant on a quieter side street, *Trattoria Carmen* is a nice antidote to the large, overfilled terraces on the busiest tourist streets. It serves fresh Italian cuisine with a local twist.  
Kneza Damjana Jude 10  
trattoria-carmen-dubrovnik.com

360

If a *Michelin*-starred meal is what you crave, then 360 is the obvious choice. The restaurant has both an *à la carte* and tasting menu showcasing the best local ingredients and a modern take on Croatian cuisine. 360 offers a list of high-quality local wines and a stunning view of the Dubrovnik harbour.  
Sv. Dominika bb  
360dubrovnik.com

Barba

At *Barba*, seafood is street food. Think octopus burgers, fried oysters, tempura prawns, and other fun combinations. The place is small and takes no reservations, but you can just grab an order to go and find a spot by the water to enjoy your meal with a great view.

Boškovića 5  
FB/dubrovnik.barba

WHERE TO SHOP  
Note Bene

This small, family-owned, and absolutely adorable shop is hidden away in a quieter area (as hidden away as anything can be in this town) and sells wonderful homemade marmalades, sugared almonds, and candied lemon peels as well as a variety of spices (such as red wine salt!) and healthy *Carobone* dog treats that taste like chocolate but pose no threat to your pet's health.  
Od Rupa 1  
notebene.eu

Gundulićeva Poljana  
open-air market

Ditch the grocery stores and get fresh fruit and vegetables – as well as lavender, honey, grappa, and olive oil – straight from local producers in the daily open-air market. It opens very early, so set your alarm clock and pair it with a walk around an emptier Old Town for a truly lovely experience.  
Gundulićeva Poljana

Artur

*Artur* is a small art gallery in the Old Town that holds a wide selection of work by local artists, organises workshops, and has a very tasteful selection of artsy souvenirs. The shop also carries a book of drawings by Italian cartoonist Osvaldo Cavandoli that were inspired by his visit to Dubrovnik.  
Od Domina 2  
arturgallery.com

WHY NOT TRY...

...a traditional-style cooking class in the Dubrovnik countryside! If slow food, organic agriculture, and farm-to-table are concepts that speak to you, visiting a farm or vineyard and learning to make some of the most popular Croatian dishes from the locals themselves will be the perfect way to discover this country.  
dubrovnikfoodstory.com

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Words by Ilze Pole  
Photos courtesy of Ēriks Dreibants and *Pavāru māja*



# INTO THE WILD

Ēriks Dreibants is one of the most recognised chefs in Latvia, and for almost 20 years he has been advocating a sustainable approach to gastronomy and restaurant culture.

After honing his skills in Riga’s best restaurants, in 2011 he and like-minded Latvian chef Mārtiņš Sirmāis opened their own restaurant, *3 pavāru restorāns ‘Tam labam būs augt’* (Three Chefs Restaurant ‘The Good Must Grow’) in Jēkaba Kazarmās, or Jacob’s Barracks. The restaurant in central Riga is still open, but nowadays Dreibants can be seen much more often at *Pavāru māja* (Chefs’ House) in the town of Līgatne. The story of *Pavāru māja* is a fascinating one about the revitalisation of a whole town. But in this interview Dreibants talks about how Latvia’s food scene has changed over these years and how his love for nature has shaped his approach to gastronomy.

The drive to Līgatne has always fascinated me. The town lies just over an hour by car from Riga, and shortly after turning left off the main road towards Līgatne, the road takes you into a dense forest and becomes increasingly winding as it leads downhill into the town. Straight ahead is the Līgatne Paper Mill, and on the right is *Pavāru māja*. The restaurant is housed in a former maternity hospital where some 3500 babies were born.

Located in the beautiful Vidzeme region of Latvia, Līgatne began to emerge as a town in the late 19<sup>th</sup> century. In 1815, a paper mill was established on the site, and over time both the mill and the village around it grew larger. The Menzendorf family, who were some of the largest shareholders in the mill, developed the entire infrastructure of the town and also built barracks – or what would now be called terraced houses – for the mill workers. They were given free housing, with free electricity and heating as well. Pedestrian bridges were constructed across this picturesque area, as well as a cultural centre, which is said to have housed Latvia’s first bowling alley.

A hospital was also built, and in 1901 a maternity hospital. The part of the maternity hospital that now houses the restaurant was added in the 1930s. There are varying accounts of when babies ceased to be delivered in this building, but according to Dreibants, the restaurant has served guests who say they were born here in the late 1950s.

The paper mill next door is also enjoying a revival. Before the Second World War, it was one of the best fine-paper mills in Europe, producing around 100 different kinds of paper and exporting it all over the world. The factory operated continuously for almost 200 years, until it closed in 2014. Last year, it was bought by Edgars Ricevs, a local entrepreneur once well known in the Latvian IT industry.

Ricevs, who has brought his business partners to *Pavāru māja* for lunch, joins our conversation for a moment and tells us that he intends to relaunch paper production at the factory and focus on producing watercolour paper. But the factory is much too big, so part of the premises could eventually be turned into a kind of oasis for well-being, including a hotel, a space for co-creation and various artistic and cultural activities, and possibly an aquatic therapy facility. First, though, the most important thing was to clean up the factory site and open it to the public. On August 12, it will host the second edition of the Paper Mill Festival, with a pop-up dinner served by Dreibants. Last year, 120 people sat down at the long table for this special meal.

Both gentlemen also mention a third neighbour, the Zeit recreation complex. In 2017, Inese and Mārgers Zeitmanis bought the property and turned it into a kind of creative quarter in Līgatne that hosts concerts, a hotel, and a restaurant. There’s also a playground and net park in the trees.

This old paper-mill town is very much still alive. And while I speak with Dreibants, tables are being set up outside for dinner guests arriving later, and the grill is already on. It’s the height of summer, when the sounds, aromas, and scenery are at their peak. Only the sea of hydrangeas by the path leading up to the restaurant will burst into bright bloom in a few weeks’ time.

Knowing that Dreibants first worked in restaurants in Riga, my first question to him is about how he discovered Līgatne. So let the story unfold...

## The restaurant is housed in a former maternity hospital where some 3500 babies were born

How long have you been acquainted with this part of the country?

My hobby is bird- and bat-watching, and Līgatne is known not only for its paper mill and historic buildings, but also for its sandstone cellars. There are around 400 of them here. The cellars were used by local residents to store food products, and it was legal to dig new cellars until 1972, when Gauja National Park was established.

But bats also hibernate in the cellars. About three times a winter I visit certain cellars in Līgatne to count bats and record the species living there. I’ve done so for many years. But my relatives also lived here, and we used to visit them in the summers. So I can say that I got to know Līgatne more than 30 years ago and because of my hobby.

Do the sandstone cellars still exist?

Some of them have become tourist attractions, but others are still used as cellars by the people of Līgatne, including us. There are five cellars right behind the house here, where we store the vegetables we buy from local farmers in autumn. But now we’re establishing a garden next to the building, where we’d like to grow our own vegetables in the future. We’ll never be able to grow 100% of our own





The maternity hospital, where *Pavāru māja* is now located, was opened in 1901.



A pathway leading up to the restaurant.



A sandstone cellar where the chefs from *Pavāru māja* store produce.

vegetables, but we can grow some of them, and slowly, step by step, we're moving in that direction.

**When did you first see this building, and how did you acquire it?**

Even though I was born in Riga, lived in the city centre, and 'ate' the city asphalt from morning till night, I've always wanted to move to the countryside. My hobbies are connected with nature – I've participated in many expeditions and hikes, and the idea of living in the countryside has always appealed to me. And nowadays, one can enjoy the same comforts in the countryside as living in the city.

Our son's birth 14 years ago was an impulse to finally buy a property in the countryside, and that's what we did – we bought an old forester's house about ten kilometres from Līgatne. We renovated it over the course of eight years, and when it was time for our son to start school, we moved into the house fully. I sold my apartment in Riga.

That was before the pandemic, when I was driving around Līgatne looking for a place to hold the Pārceltuve Festival – I was one of the organisers. I happened to drive up to this building, and the head of the local cultural centre mentioned in passing how good it would be if someone bought this building and set up, for example, a café in it. There was a telephone number in the window, and, without even thinking about buying it yet, I took a picture of it.

After a few days, I thought I should see what price they were asking for the building. And I realised that I could both buy the building and renovate it with the money I'd get from selling my apartment. It was a very impulsive purchase, because I didn't know yet what I was going to do with it.

**When did you finally know?**

I had read that there used to be a maternity hospital here, but I didn't really understand what this building meant for Līgatne. When I bought it, the inside looked like it'd been hit by a tornado – the windows were broken, there were no floors, everything was filthy. As we were cleaning, locals would stop by from time to time and tell us about what it used to look like; everyone had a story to tell.

Then at some point, I realised quite clearly that this building is important for Līgatne and that it cannot belong to me alone; that it has to be public in a way. My wife and I took a risk and submitted a Public Access Project application to the Rural Support Service. It was accepted, and we created the garden in front of the building, which is open to everyone.

At the same time, while renovating the building and acknowledging that all I know is the hospitality industry, the idea of a restaurant came to me. But the outdoor space had to be freely accessible – it belongs first of all to the people of Līgatne and visitors to Līgatne, and only then to the guests of *Pavāru māja*. So it delights me to see kindergarten groups come

here to play, new mothers take walks and relax in the garden, or elderly ladies resting on the benches before continuing on their way up the hill.

**But the garden in front of the restaurant is also very special, isn't it?**

This garden is for eating and for watching nature. Lizards may come out to bask on the rocks, and the perennials attract insects and butterflies looking for nectar. It's like a slow safari, a Latvian safari, where you can observe nature peacefully.

We're also members of the slow food movement, one of the aims of which is to preserve old local varieties of plants. For example, in the herb beds we have plants growing from seeds we obtained from the garden of Cēsis Castle, where there's a very strong focus on this theme. Another example: back in the days of the German barons, sour cherries were very popular in Vidzeme. Old recipe books are full of recipes that include sour cherries. But the old baronial gardens have since died out. So this garden has not only a recreational function but also a greater overriding objective to renew these old varieties of plants and trees.

**How long have you been in the hospitality industry?**

I became a cook in the army. I was conscripted in 1991, in the first conscription of the restored Latvian army, because I hadn't enrolled in the university. I had been interested in studying biology, but biology also requires chemistry, and I didn't know chemistry at all. I thought I'd be thrown out of the army because I declared that I was a pacifist and would not take up arms, but I was sent to work in the kitchen because at that time nobody knew what to do with pacifists. So I spent a year and a half in the kitchen, where I learned very much from the chef.

I liked cooking, but I didn't see it as a profession. The early 1990s were a chaotic time, and when I came back from the army, I had to work and earn money. I thought that working in a restaurant kitchen would be just a temporary job, but that's where I remained.

At some point I realised that gastronomy went hand in hand with my hobbies, including biology – knowing the origins of plants and animals, plus their geographical origins, and so on. The first books on gastronomy started to appear around that time, and the television programmes of Mārtiņš Rītiņš, the famous chef from the *Vincents* restaurant in Riga, were popular in Latvia. I watched with interest and later also began working under his supervision. Rītiņš had high standards, both in the way food was prepared and in the quality he demanded from the farmers from whom he bought his produce. He persuaded us to eat what grew right at home, in the garden.

Rītiņš revealed a world that had previously been almost unknown to me. In the market, I began looking for rosemary, which I had only read about in the poetry of Omar Khayyam – rosemary hedges in

Persia... With Rītiņš' help, I realised that gastronomy is not just about eating; it's an entire perception of life, a way of living. I became very interested in it, and my hobbies, including travelling, began to take on an added value – I liked backpacking and eating street food. And once I got to Iran and saw the rosemary hedges Khayyam described, it was an indescribable feeling. Or seeing apricots drying in the sun in baskets on the streets in Pakistan.

**When did you open your first restaurant?**

It was soon after the big financial crisis. Until then, it had been practically impossible for a chef to open his own restaurant, but thanks to the crisis, rents went down and labour was available. So my colleagues and I joined forces, each literally bringing what we had to the venture.

The *3 pavāru restorāns* space was once the residence of the American embassy. The stoves and ovens had been left on site, the parquet floor was beautiful, and the place required little renovation.

## I realised that gastronomy went hand in hand with my hobbies, including biology

We bought chairs, tables, and other furniture in a second-hand shop. The people around us were very sceptical at first – the effects of the crisis were still being felt and people weren't eating out much. I remember our first day: we opened the restaurant at 12 o'clock, and Mārtiņš Sirmāis and I sat at the counter drinking coffee and wondering whether anyone would come in.

But then they started coming.. We had to close the restaurant after a few hours because we ran out of produce. But in a matter of two days we had become the hottest spot in the city. And the concept was unprecedented for Riga: the chefs coming to the tables and talking to the guests, no menu – you ate what we gave you. We were like punks!

**What was your guiding principle then, and what is it now?**

I remember a vivid episode from the 1980s when I was travelling around Latvia and ringing birds. We were at the edge of a forest near Ērgļi and sat down to have a picnic. I stood up and saw that my canvas jacket had holes in it where it had touched the ground – from mineral fertiliser. That made me think about what we eat and what kind of soil it grows in. That's always been important to me.

Being in nature has given me the opportunity to taste all sorts of things, and I really like the food of the forest: berries, mushrooms, and so on. I've always been interested in wild food and food that has been





The garden in front of the restaurant.



The *Pavāru māja* team. From the left: chef Juris Dukaļskis, director Justīne Kalēja, owner Eriks Dreibants, sommelier Juris Semjonovs, waitress Maija Ločmēle and banquet director Dana Cīrāne.

## My aim is to create a real, living environment right here

grown without harming nature. I've adhered to that for a long time, because we're the ones doing the biggest harm to nature – including by what we eat, because we need food and are prepared to do anything to get it. But maybe we're willing to give up tuna, because tuna is dying out. Or maybe we can choose eel from organic farms instead of those caught in fresh water, because the eel population is also critically low.

I'm also a fan of nose-to-tail cooking, using the whole product. Once you've taken a product from nature, you should use the whole thing, not just the fillets.

Back then, that was something of a revolution in Latvia. But over the past 15 years restaurant customers have travelled a lot, visited good restaurants, and become much, much more educated. It's true, they know and demand quality products and they're much, much more open. The first reaction is no longer, 'No way!' This applies to me as well, because I also visit restaurants that set the trends in the gastronomic world. Gastronomy is like fashion and is constantly changing – there's always a new product, or a new way of cooking or serving.

Latvian consumers are European-level guests who know their products, wines, and table culture. And the more educated and open to experimentation our guests are, the more innovative we as chefs can be.

We only have four or six courses on our menu, which also respects vegetarians and people with allergies, and I'm delighted that our guests believe in us. They're people who know very well that they'll have no choice – because we only serve a set menu – and they'll eat whatever I've prepared. And they know that I will have made the best food possible.

When travel was not possible during the pandemic, many guests I had never seen in any of our restaurants – wealthy, well-travelled people – discovered *Pavāru māja*. And not only did they discover us, but they continue to come here, which is fantastic.

### How has people's taste changed over this time?

I was already promoting sustainability 20 years ago, so as I tell my colleagues, our hour has come at last! We feel it from our guests, too, who are also educated in this field. Nobody turns up their nose at a small chip on a plate and tells us to throw it away. A restaurant must be clean, but it doesn't need to be perfect and sterile. Of course, we're not going to get three *Michelin* stars with an attitude like that; their reviewers follow very different principles. But getting a *Michelin* star isn't my goal. My aim is to create a real, living environment right here, and guests are appreciating that more and more.

The shark-eating stage and all that experimental stuff is in the past, and guests are now delighted to discover the produce of local farmers. They ask us for their contact information, and then after the meal they'll go to Lelde Valle for asparagus or to 'Zutiņi' for beans. Or to Evija Vitola for the ceramic dishes and vases we use here in the restaurant. Rihards Vidzickis, who makes our one-piece wooden dishes, also lives nearby. Kaspars Zvirbulis, who lives right here in Ligatne, makes the birch-bark trays on which we put the cutlery. I think that's a good example of sustainability – not ordering plastic trays, but having them made by a craftsman in the neighbourhood. It's also how our guests get to know local craftspeople.

### You were also involved in the founding of the Latvian Chefs' Club.

Yes, Māris Jansons and I wrote a Latvian cuisine manifesto. We got the idea from the Scandinavians and realised that we should follow suit. So we wrote a manifesto and followed it as much as we could, although at the time we were all just hired chefs and couldn't implement many of our own ideas; the restaurant owners wanted duck breast and tuna steak on the menu. I'd say that the establishment of the Latvian Chefs' Club was one of the waves of development in Latvian gastronomy, and we were active in it.

### What were the main guidelines of the manifesto?

One of the points I introduced was related to the protection of nature and not encouraging illegal practices. So, for example, we should not buy black caviar illegally imported from Astrakhan or local salmon or salmon roe harvested during the spawning season, which a fisherman was selling in the Central Market. One of my points was to make it clear that we respect all natural cycles and that we do not encourage such behaviour.

Many people think the Baltics are a very homogeneous region, but in fact our mentalities and tastes are very different. Even in gastronomy. You know, on the one hand I agree with you, but on the other hand I don't. I agree that we have different senses of taste, but we – including myself and chef Juris Dukaļskis of *Pavāru māja* – have been influenced by Nordic cuisine, in a sense even blindly following Nordic trends without creating our own style.

That's why one of the points in the *Pavāru māja* manifesto is to create the new Latvian cuisine. Our food and Scandinavian food are very similar in style, and even in the range of tones. But my call to all of us is to nevertheless create our own signature style. This, however, leads to a vicious circle, because global media and global chefs set gastronomic trends. Our guests see them, too, and they expect the same here.

## Back then, I could only travel in my imaginary plane, but I could go wherever I wanted

But I think we're gradually moving towards our own style by creating our own signature dishes.

You mentioned travelling and the rosemary hedges in Iran that you had read about in Khayyam's books. I know that you still travel, sometimes even for months at a time. Do you do so with the aim of familiarising yourself with local cuisines?

As a child, I was often bored when we went to the countryside, so I wandered in the fields where peas had been sown, and I'd pick peas and lie down in the field. I had watched *Animal World* or *Travellers' Club* on television in the morning, and when the planes flew overhead, I'd imagine they were going to Africa. In my mind, I boarded the plane and flew to Africa, too, where I lived out all the adventures I had seen on television or read about in books. Back then, I could only travel in my imaginary plane, but I could go wherever I wanted.

When the opportunity to travel opened up after the break-up of the Soviet Union, we did not yet have the means to do so. Aleksandrs Rozentāls had written a book, *Vienatnē pāri Āzijai* (Alone Across Asia), in which he expressed the wish that one day another

## Nordic Science Centre Association Conference 2023

Small space – big thoughts!

September 13<sup>th</sup>

Arrival day. Governing board meeting. Representatives of science centres share the events of the past year.

September 14<sup>th</sup>

Conference speakers. Workshops. Tour of Liepāja's Science and Education Centre working areas and a review of the cultural programme.



Moderator  
**Mārtiņš Daugulis**  
Associate Headmaster of the Institute of Foreign Policy of Latvia

Interest area  
#academic reseach



Keynote Speaker  
**Thimon de Jong**  
Has been Ranked 'Highest Rated Speaker'

Intereset area  
#what people are going to do next  
#future



Speaker,  
Workshop Leader  
**Mikelis Bendiks**  
Facilitator, process efficiency and change management consultant.

Interest area  
#co-creation  
#designthinking

### Workshops

Performance of Science and Education Innovation Centre's **Science Theater**.

Tour of the **Floating Classroom** of the Science and Education Innovation Centre's **Nature House**.

Guided tour of the lost **architectural buildings** of Liepāja in **augmented reality**.

September 15<sup>th</sup>

Register here

Tour to the Ventspils Science Centre **VIZIUM**.

Or go to the link:  
<https://shorturl.at/glyCJ>



Conference Venue  
"Liepāja Concert Hall Great Amber"

**NSCA**  
Nordic Science Centre Association

[www.liepaja.lv](http://www.liepaja.lv)





The Pavāru māja dining room.



And the dining room during renovation of the building.

Latvian may repeat the journey. That was in 2000, and this book inspired me to do the same.

At the time, I was working for Mārtiņš Rītiņš at *Vincents*, and I sold him my bicycle, which he bought out of a sense of charity. I also sold my car, and with 2000 dollars in my pocket, I was ready to go. But I didn't really want to go alone, so I invited a friend along. He headed off to Germany to earn some money for the trip, and we set a date in three months' time to meet on the Charles Bridge in Prague.

It was a very austere and very difficult journey, and my friend's patience ran out on the Iranian border. He

decided to fly back, but I was determined to go on. I also travelled through Pakistan from south to north, and then on to India and Nepal.

I remember we flew into Istanbul in the evening, reached the centre of Istanbul, and there, for the first time in my life, I heard the muezzins singing. I had only read about them, and now here I was in Istanbul, standing between the Blue Mosque and the Hagia Sofia, listening to the muezzins calling people to prayer. Every step I took there was a discovery.

**After that, you also travelled to explore gastronomy?**

The next time, I travelled for five months in Indochina: Thailand, Laos, Cambodia, Vietnam. In southern Vietnam I felt like I had reached nirvana; I found the cuisine of that region utterly fascinating! The people there also seemed very friendly. I remember walking around alone, when someone started talking to me and included me in their group. They took me to a ship that was like a five-storey restaurant, and oh, what all we ate there...

**And what appeals to you in Europe?**

I've also travelled around Europe and explored its traditional cuisines. I used to love watching the Tour de France, even though I'm not a big sports fan. Back then, the athletes rode through different regions and cities, and the commentators talked about the gastronomy of each region in a very interesting way. I've travelled across almost all of France with the Tour de France! That was very interesting. Now the route has also entered Spain.

**What has been your greatest gastronomic adventure?**

There was a time when molecular gastronomy was in vogue, and chef Lauris Aleksejevs and I decided that we, too, should go to England and eat at the *Fat Duck*, which was the number-one restaurant in the world at the time. It was quite difficult to get a reservation there, but one day Lauris received a message that we had a table. The *Fat Duck* is in Bray, a small town about the same size as Ligatne. Located on a narrow, dark street, the unassuming restaurant is also easy to miss when driving past it. We wondered how the best restaurant in the world could be located in such a place!

All the experiments that the chef created and presented to us were completely new to us – even unfathomable, because in my opinion molecular cuisine plays a game with our sense of taste and our awareness and beliefs. It was at the *Fat Duck* that I tasted liquid nitrogen ice cream for the first time. This was something completely different, unusual, and surprising, because up until then we had been operating only in 'stove, pan, mixer' mode.

When I returned home, I started looking for where to buy liquid nitrogen in Latvia, because now I, too, wanted to make ice cream like that! I learned

## Largest commercial real estate fund manager in the Baltic States

### Jaunā Teika – class A business centre in Riga

- ✓ Gustava Zemgala gatve, Riga, Latvia
- ✓ 4 office buildings
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- ✓ BREEAM certificate

Reachable within 15–30 minutes from all districts of Riga, including Riga International Airport. Easy access, tailor-made amenities, conference centre. More than 40 international and recognised companies, including Norwegian Air, Gjensidige, Siemens, Tetra Pak, Novartis, Henkel, DNB, Accenture and others, have chosen their place for growth and successful business in Jaunā Teika.



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- ✓ Floor loading: 8 t/m².
- ✓ 30 ramps
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- ✓ BREEAM certificate

Modern and thought-out office and warehouse premises fully meet class A warehouse standards and received the BREEAM certificate for sustainability. Strategically located in the suburban district of Riga, providing easy access to the Freeport of Riga and the main highway leading to the Scandinavian countries.



### Duntes Biroji – Class A office building

- ✓ Duntes iela 6, Riga, Latvia
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- ✓ Convenient location and easy access

The office building Duntes Biroji is situated in the well-ordered territory of the developing Skanstes business district. Features a two-part building with seven floors, an expansive glass atrium, and a harmonious environment. Duntes Biroji has been chosen as a base by the internationally well-known companies Samsung Electronics, McDonald's, Compass Transit, Circle-K and others.







Dreibants and Mārtiņš Elsts, a supplier of vegetables for Pavāru māja.



Local beekeeper Atis Vallis, who provides honey for the restaurant.

that one of the big gas traders in Latvia also sold liquid nitrogen, so I went to Bolderāja with two thermos bottles, but there they were storing it in 5000-litre tanks. 'And where are you going to put it?' the guy there asked me. 'Here, in the thermos bottles?' I replied sheepishly. 'But you'll lose more to evaporation than you'll have left inside the thermos.'

He did fill my thermos bottles, but I ignored the law of physics and screwed the lid on tight. Of course, the nitrogen vaporised, expanded, and I heard explosions in the back of the car as I drove home... But I did manage to bring some back to the restaurant. We put on glasses and gloves and made liquid nitrogen ice cream.

I first came across Nordic cuisine at *Noma*, back when it wasn't that famous yet. While the *Fat Duck* had extremely complex dishes, *Noma* surprised me with its simplicity. It was a completely different way of looking at food. The mashed potatoes with roasted malt that I had there were light and airy and fantastic – the tastiest dish I've ever had in a restaurant.

After that visit to *Noma*, my cooking style became simpler. Simple food is delicious, too. Simple food not only from street-food vans, but also in restaurants.

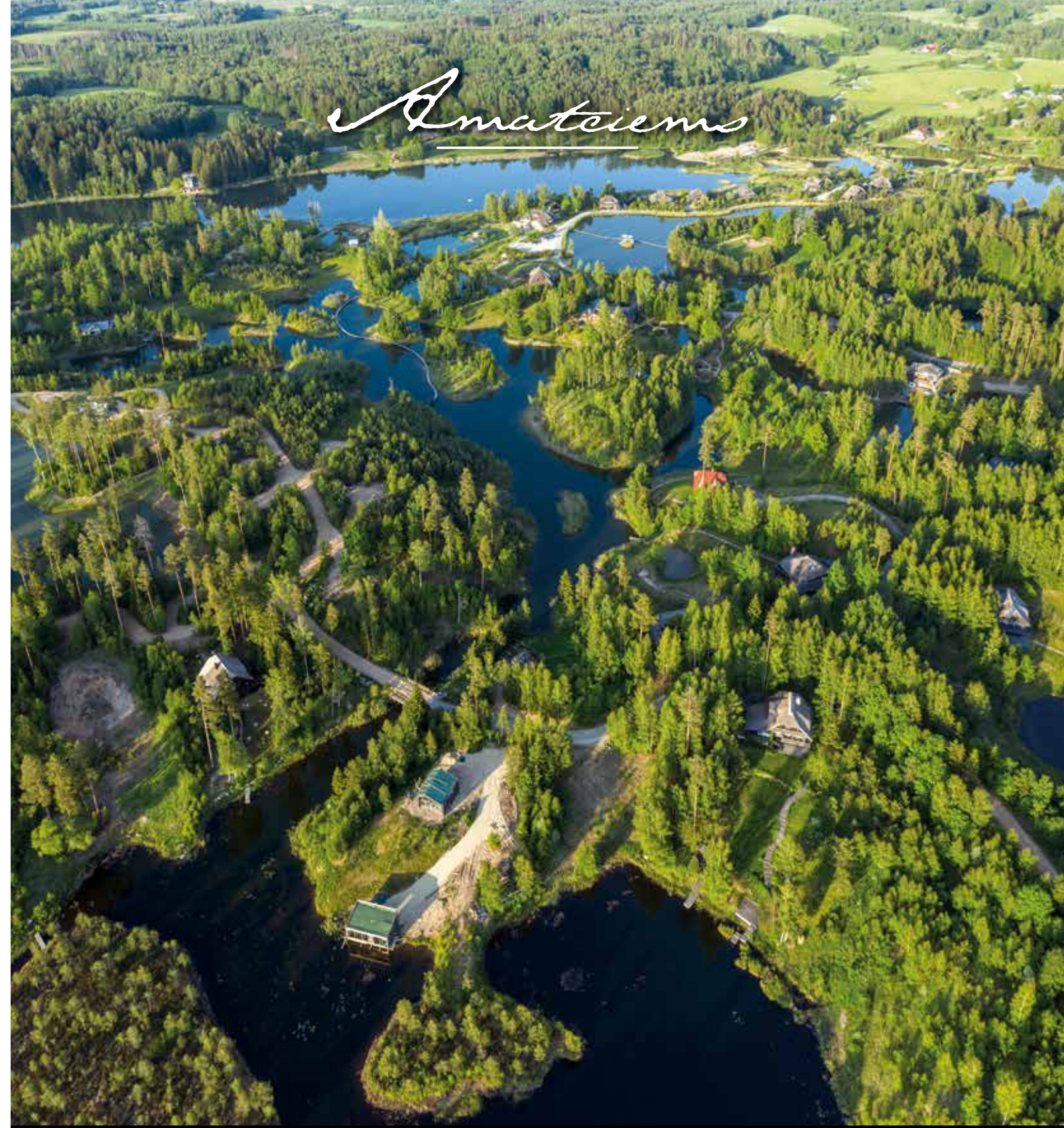
#### What happens in a restaurant kitchen when a new menu is being planned?

Strange as it may seem, planning a new menu is office work (*laughs*). Each of us has a unique library catalogue of flavours in our heads, and we put it to use while considering ideas, available products, and guest preferences and suggestions. We initially put those ideas on paper, and then we go into the kitchen and start cooking. What we do is put together new combinations of mostly familiar ingredients to create a new set of flavours.

But food evolves – we have an idea, we cook it, and then we want to improve it. We add or change something the next time we make it, and it turns out better. So then we add or change something else, and so on until the dish evolves to perfection. That's what happened with our famous acorn dessert.

Creativity is also part of the process, but that would be like asking a composer or a writer how a new work comes about. Often the answer involves strict discipline. And a chef's work is very similar. Maybe at the very beginning of your career, when you need to prove that you're going to change the world, you put together all sorts of things, but the guests (fools!) don't understand anything, and neither do the bosses. So you put herring and ice cream together, and it's going to be 'Oooh'... (*laughs*)!

But of course it won't be oooh. We have to think about whether somebody will buy our product, because the restaurant has to survive. That said, however, our guests do drive our creativity and help us to develop our style, because they love trying out our new dishes. **bo**



# Amateciems

## Amateciems

A picturesque village nestled in the scenic Cēsis District in Latvia, known for its harmonious architectural design. In offer houses for sale and rent.



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Words by **Pavlo Fedykovich**  
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# HONEYMOON DESTINATIONS

It feels wonderful to celebrate love in spectacular places, and you want something really special for your honeymoon. We’ve handpicked four fantastic destinations that will help you with that.



Iceland is a different kind of honeymoon destination, one that puts active exploration first.





◀ The timelessness of the natural environment is what makes this country so dreamy.

▼ The Icelandic horse, a warm-natured creature, is a symbol of pride and cultural heritage in Iceland.



Fly to  
**Reykjavik**  
from  
**£125**  
one way

The family-run *Skálakot Manor Hotel* is among the most romantic picks on the southern coast.

## REYKJAVIK, ICELAND

### Adventuring together

Landing at Keflavik International Airport feels like arriving on another planet. The dark blue of the ocean, the black of the earth, the white of the clouds of steam rising out of the ground... Welcome to Iceland, one of the most striking countries in the world! Its never-ending proposition of landscapes must be seen to be believed, and the experiences available here can't be found anywhere else.

Iceland is a different kind of honeymoon destination, one that puts active exploration first and rewards couples who love adventuring together. The timelessness of the surrounding nature is what makes this country so romantic. It's about going on that long volcano hike together, sharing tears of joy when witnessing a mighty waterfall, feeling the strong Atlantic winds on a desolate black beach, and silently standing in awe of the northern lights unfolding in front of your eyes high in the dark sky. Such moments are an absolute treasure to share.

But Iceland is also a world-class destination with all the necessary infrastructure in place. Comfort matters when you're on your honeymoon, and you'll definitely find that here. Be sure to explore the wellness side of this country,



The *Retreat* at the *Blue Lagoon* sits within an 800-year-old lava flow in the heart of the Reykjanes Peninsula.

because Iceland does spa expertly. The *Blue Lagoon* is an unmissable attraction perfect for a honeymoon visit, and staying at *The Retreat* – a hotel with private access to the waters, luxurious suites, and sublime window views – is an exclusive way to experience this geothermal natural wonder. The scenic *Sky Lagoon* and the brand-new *Forest Lagoon* are two other awesome spas to check out.

Renting a car is a must on an Icelandic honeymoon. That way you'll have full freedom of movement and be well-connected to all the splendid attractions. Follow the classic Golden Circle route from Reykjavik, visiting the Geysir Geothermal Area, the spectacular Gullfoss waterfall, and Thingvellir

National Park. But be aware that in Iceland there's no limit to the natural beauty one can witness. For example, Jökulsárlón is for crystal-clear glacial lagoon vistas, Vik is a famous black beach where *Game of Thrones* was filmed, and Skógafoss is an obligatory waterfall visit.

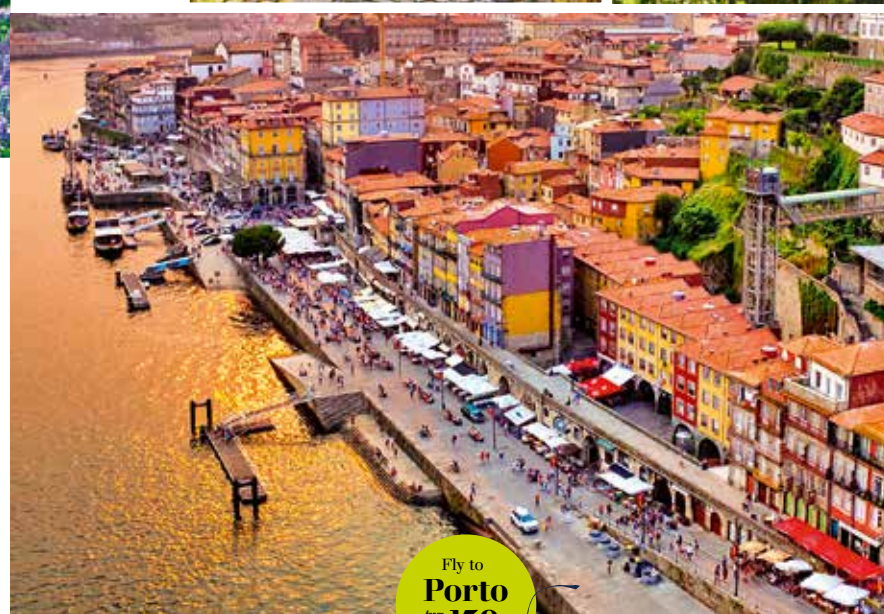
For a middle-of-nowhere feeling and high chances of witnessing northern lights, book a room at the *Rangá* boutique hotel-lodge in Hella. *The Reykjavik Edition* is a slick modern oceanfront address in the capital that can serve as a perfect base for your honeymoon explorations. And the family-run *Skálakot Manor Hotel*, with horse-riding tours and larger-than-life panoramas, is among the most romantic picks on the southern coast.



Colours have always played an important role in Porto's architecture.



The Douro Valley wine region is the oldest demarcated wine region in the world.



Fly to  
**Porto**  
from  
**£139**  
one way

## PORTO, PORTUGAL

### Great food and wine

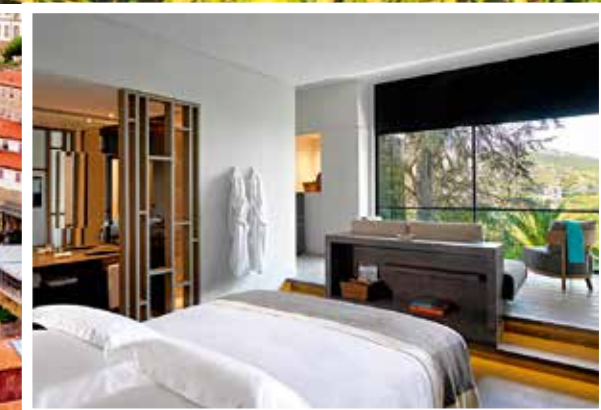
The best view of Porto is from the gargantuan Ponte Luís I Bridge. And Lord, it is breathtaking. Standing on top of the steel structure hand in hand with your significant other at sunset is a moment you'll never forget. The Douro River divides the city in two, the red rooftops of old houses and tall silhouettes of churches inhabit the hills, and the ships glide through the calm waters with grace.

Portugal is a gift that keeps on giving to all connoisseurs of the good life. And Porto is the soul of this country, a place where things are slower and the pace more contemplative than in the capital, Lisbon. It's a city full of quaint historical cafés, narrow cobblestone streets, striking *azulejo* tile-covered façades, and incredibly rich architecture. In

other words, it's a perfect city for lovers. A honeymoon here means lots of walking, lots of food and wine, and lots of admiring beauty.

The tale of Porto is a tale of a city that has both a river and the ocean. For honeymooners, this means more opportunities to enjoy themselves in spectacular settings. For the best river vistas, head to the historic Cais da Ribeira promenade. There you'll find a kaleidoscope of water-facing restaurants and coffee shops perfect for al fresco dining and drinking. Foz do Douro is an oceanfront area with excellent sandy beaches. Another pick for Atlantic perfection is the glorious sandy stretch in Matosinhos, which is conveniently served by the metro.

Likewise, you can't talk about celebrating love in Porto without mentioning the Douro Valley. The scenery there is simply



▲ The *Six Senses* hotel is the ultimate honeymooners' pick, offering an exceptional spa retreat among hilly vineyards.

◀ In Porto, it's the tale of a city that has both a river and the ocean.

unforgettable, the wine is really, really good, and the picture-perfect accommodation options are plentiful. A boat cruise from Porto is a great way to get a superb introduction to this region. For another romantic option, take the historical train line from São Bento station in Porto to Pocinho. Reserve a few days for the Douro Valley to have a hassle-free experience savouring the local wines, admiring the views, and enjoying the food.

As for places to stay, there are some truly gorgeous properties in and around Porto. *Vila Foz Hotel & Spa* is a prime address next to the ocean with a *Michelin*-starred restaurant and elegant design. In Porto, few can rival the riverfront magnificence of *Pestana Palácio do Freixo*, which boasts an infinity pool and views of the Douro. Finally, in the Douro Valley, *Six Senses* is the ultimate honeymooners' pick, offering an exceptional spa retreat among hilly vineyards.





◀ Dubai, a place that understands and cherishes luxury.

▼ The boutique *One&Only The Palm* offers beachfront villas and private pools.

The Rub al-Khali Desert is one of the most impressive deserts in the world.



◀ The architecture at *One&Only The Palm* was inspired by Andalusia's Moorish palaces.



Fly to  
**Dubai**  
from €269  
one way

## DUBAI, UNITED ARAB EMIRATES Glitz, glamour, and excitement

The turquoise waters of the Persian Gulf gently hug the numerous beaches as hundreds of skyscrapers dominated by the world's tallest building, the Burj Khalifa, stand in the background. You're in Dubai, a place that understands and cherishes luxury. By making this your honeymoon spot, you're guaranteed sunny days, excellent beach enjoyment, over-the-top shopping, and plenty of unique Middle Eastern experiences. When you come here for a honeymoon, you'll certainly want to stay at one of the lavish seaside resorts. That way you get the best of both worlds. Lounge on the beach in the morning, explore the wide array of attractions during the day, and give in to vibrant big-city nightlife after the sun sets.

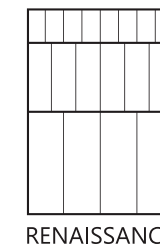
Located in Palm Jumeirah, *Atlantis* is a microcosm of leisure and entertainment that's perfect for honeymooners. The second largest in Dubai, this hotel comes with fantastic service, a gigantic waterpark, outstanding views, and a magical atmosphere. The boutique *One&Only The Palm* located

nearby is for more intimate, more nuanced, unapologetic villa living among lush gardens. Sexy design, a panoramic infinity pool, and excellent dining define the swanky adults-only *W Dubai – Mina Seyahi*. And there's also the magnificent *Jumeirah Dar Al Masyaf*, which reimagines the traditional Arab village and lets you have an extra-private summer house all to yourself.

Once you have a luxurious accommodation for your honeymoon, it's time to explore the many delights of Dubai. Go to the top of the Burj Khalifa for a mind-blowing vista of the city, the sea, and the desert. Have a romantic dinner on a traditional *dhow* boat gliding along Dubai Creek at sunset. Or change the scenery altogether by going skiing and snowboarding at the unique Ski

Dubai centre. Be mesmerised by the white opulence of the Jumeirah Mosque, and see the impressive light show at the Dubai Fountain. There's a lot to unpack in Dubai, that's for sure.

This skyscraper-heavy megalopolis is sandwiched between two natural wonders: the sea and the desert. That makes adventures easy to organise. Try jet-skiing, parasailing, kitesurfing, or flyboarding. This city knows how to have fun on the water! For extreme-loving souls, skydiving is always an option, and so is dune bashing in a 4x4. For something super romantic, book a camel tour and have a traditional Bedouin dinner under the stars and next to an open fire. After all, few things can beat greeting the sunset in the rolling sands with your significant other.



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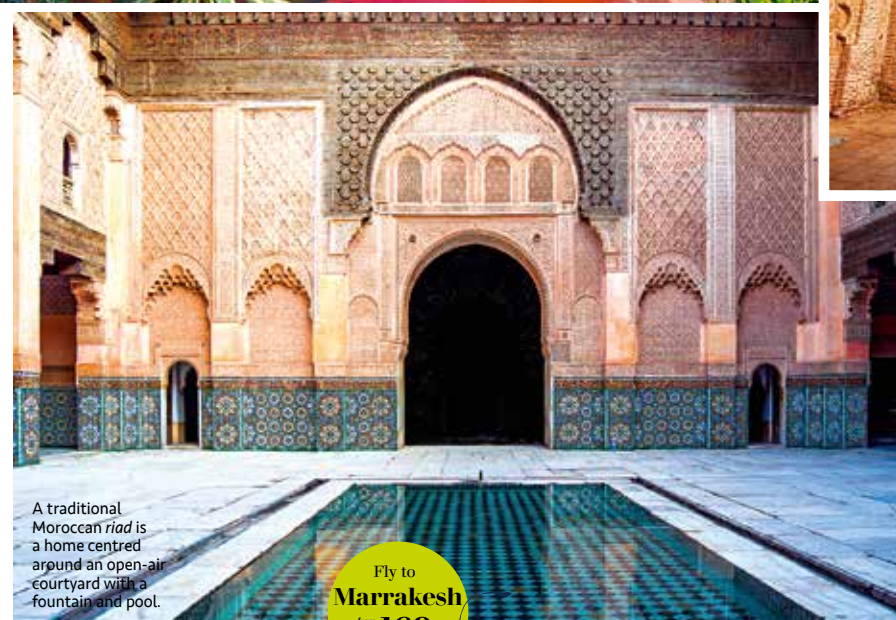






◀ The Jardin Majorelle is one of the most enchanting and mysterious gardens in Morocco.

▼ The Koutoubia Mosque is an iconic landmark in Marrakesh.



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## MARRAKESH, MOROCCO

### An exotic romance

For all its eclectic nature and chaotic spirit, ancient Marrakesh is surprisingly glamorous. Most of its opulence lies in exceptional hotels scattered inside and outside the vast Medina. This fact alone makes the city an original pick for a honeymoon. You can have your own private palace-like suite with a pool, enjoy the setting North African sun from an airy rooftop terrace, taste a myriad of new flavours at fantastic restaurants, and surrender to a decadent lifestyle.

Morocco is a diverse country, and Marrakesh is a poster child for its vibrance. It pays off to come here prepared; the city is perpetually busy, with infinite shopping stalls, labyrinthine streets in the UNESCO-protected old quarter, hidden gardens in colourful palaces, and centuries-old mosques. You'll be shopping in old souks in the Medina,

snapping pictures at the photogenic Jardin Majorelle adjacent to the Yves Saint Laurent Museum, and getting inspired by the intricate details at Bahia Palace. In other words, Marrakesh is a paradise for couples who love to sightsee and don't mind daring experiences and a few surprises.

It's also a destination that rewards movement. An important African trading hub, Marrakesh sits at the confluence of major routes, and day tours are the way to go for experience-thirsty travellers. For example, a trip to the Atlas Mountains to admire the valleys, peaks, and waterfalls is a once-in-a-lifetime kind of journey. Laid-back oceanfront Essaouira with a postcard-perfect old town and immense beach potential is another escape to make. For cinephiles, there's no better place than the ancient clay town of Ait Benhaddou, which has served as a filming location for many movies, including *Lawrence of Arabia*, *Gladiator*,

Design lovers will be delighted to discover the stunning *L'Hôtel*.



*The Mummy*, *Prince of Persia*, and even *Game of Thrones*.

But if your honeymoon goal is to simply be fully present for the love of your life and relax in a warm climate, Marrakesh is ideal for that, too. Riads, which are traditional Moroccan homes situated around a central courtyard garden, will give you plenty of peace and romance. *Almaha Marrakech Restaurant & Spa* provides a quintessential riad experience with private terraces and a spa centre as a bonus. Another gem of a boutique hotel, *Riad Kniza*, lets you live your Moroccan dream in a historic mansion with spellbinding ornamentation. Design lovers will be delighted to discover the stunning *L'Hôtel*, which pays painstaking attention to detail and has extra-*Instagrammable* looks. **bo**

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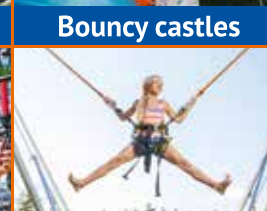
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# TUSCANY

## VACATIONS

Tuscany is the essence of the ‘real Italy’. It’s a blend of rustic cuisine, rich history, and vibrant culture that’s present in literally every town and village, alongside unbelievably beautiful, cinematic landscapes and the greatest treasure of all – the Tuscan people themselves. Engage in heartfelt conversations, embrace their hospitality, and allow their stories to intertwine with your own as you create lasting memories and connections.

Words and photos by  
Aija Vitoliņa





▲ With its spectacular cities, towns, and scenery, Tuscany is one of Italy's top vacation destinations. The region is peppered with traditional farmhouses providing everything you need for a tranquil retreat that embraces a slow pace of life and local hospitality. Hire a car and take your time to explore the region, though no one's judging if you decide to do nothing much at all.

◀ Immersed in nature, independently-owned Italian farms known as *agriturismos* provide idyllic getaways from the urban grind. The experience of staying on farms such as these is very authentic and special. For example, *Agriturismo Casetta Manini* is surrounded by vineyards and olive groves and gives visitors an instant insight into the Tuscan lifestyle and the opportunity to sample real Italian cuisine made with the freshest farm-to-table ingredients.



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For those seeking the most breathtaking roads and iconic Tuscan views, look no further than the enchanting Val d'Orcia. All around you'll see ancient fortresses, stone farmhouses, and cypress-lined ridges overlooking green landscapes. The allure of the Val d'Orcia lies not only in its iconic panoramas but also in the freedom to pause, savour the views, and capture the essence of Tuscany in every frame.

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The Philosophers Residence is an inspiration for future residents to pursue their own philosophy of life and make their own choices. To achieve that, masterpieces of renowned writers are located in the libraries of the main lobbies, encouraging quotes are portrayed on the walls, and the territory is filled with spaces for meditative rest and active leisure spots - basketball and sports grounds, ping-pong and Novuss terraces. Core features of the project include the spacious terrace in each apartment that offer breathtaking views of the skyline of Riga Old Town.

WWW.PHRESIDENCE.LV



### CONNECTION BETWEEN GENERATIONS AND TIMES

Villa Milia is a contemporary interpretation of the famous Villa Benyamina, dedicated to the esteemed Press Queen Emilia Benyamin – one of the very first female entrepreneurs in Latvia. In memory of the great people that made their life stories and historical contributions a part of the city, the country and, indeed, the world; people for whom the words: «I'm doing it for my country!» were not just an empty phrase. These are the important things that we pass down to future generations: not to compromise in choosing between either beauty or quality, between good infrastructure or privacy. With all of the comforts of modern technology, Villa Milia is the perfect place for those who aspire to and expect nothing but excellence in everything.

WWW.VILLAMILIA.LV





◀ From the medieval charm of towns such as Siena and San Gimignano to the timeless allure of Pisa and Florence, Tuscany unveils its cultural treasures at every turn. Wander through the cobblestone streets of Pienza, Montalcino, Pitigliano, and countless others, and you'll be transported back in time. In these charming towns, every corner holds a delightful surprise, from local restaurants and wineries to cheese shops and much more.

▼ In Tuscany, food is a celebration of life and a reflection of the region's rich heritage. One exceptional culinary delight is homemade *pasta alla puttanesca* prepared with locally sourced olives, tomato sauce, and, of course, the touch of a skilled chef. Prepare to embark on a journey of sensory delights as you savour the flavours of Tuscan cuisine, which exemplifies simplicity and excellence.



▲ Alongside red wine and gelato, try something new every day – for example, *saltimbocca*. This fantastic, classic snack is traditionally made with veal but is also excellent made with chicken, pork, or beef. The name comes from *saltare in bocca*, meaning 'it jumps in the mouth', which is exactly what the flavours of *saltimbocca* do. Rustic, simple, and fabulous!



# Armenia



Immerse yourself in rich history, picturesque landscapes, delicious cuisine and experience warm Armenian hospitality.



Cascade Complex, Yerevan, Armenia



Lori region, Armenia



Natural stone arch  
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ARMENIA The Hidden Track



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▲ If you want to be amazed by the accomplishments of human creativity in architecture, Siena is the place to be. The majestic Siena Cathedral is one of Italy's most illustrious Romanesque and Gothic cathedrals. It also houses valuable works of art by Donatello, Bernini, and Michelangelo, making it an extraordinary museum of Italian sculpture. Hire a local guide to learn all the secrets and history of this beautiful city.

◀ Tuscany is famous not only for its landscapes but also for its Tyrrhenian coastline and charming beaches. As you bask in the haze of a hot summer day, your gaze will be drawn to the breathtaking islands that adorn the horizon. The Tuscan archipelago includes Elba, Montecristo, and several other islands offering a world of endless possibilities for a perfect holiday. Surrender to the gentle rhythm of life in Tuscany, where time slows down and the art of simply being is celebrated. **bo**

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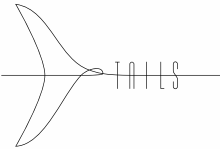
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TAILS is a seafood restaurant with a unique new concept on Riga's gastronomic scene. Designed by London-based Studio Caché, the restaurant demonstrates a refined sense of aesthetics inspired by the Baltic Sea coast. The space boasts two areas: the classic dining room and a Raw Bar counter opposite the open kitchen. The menu celebrates sea delicacies, from light crudo dishes to the house specialty: dry-aged fish that explores new depths of flavours.



Antonijas 6A, Rīga  
[www.tails.lv](http://www.tails.lv)



UNAGI INU serves Asian soul food in a relaxed and vibrant setting inspired by Japanese pop culture. Wall art and sculptures by talented local artists create a perfect backdrop for a diverse and fun dining experience. An array of dishes for all tastes and tummies awaits our guests, be it sushi, chirashi bowls, onigiri and bao or Japanese sweets. Do enjoy!



Jeruzalemes 10, Rīga [www.unagiinu.lv](http://www.unagiinu.lv)



Words by Olga Dolina  
Photos by David Zarzoso

# THE HOUSE IN THE OLIVE GROVE

Century-old olive trees and noble mountains greet the golden sunsets that can be seen from this beautiful house near Valencia, Spain. It's a house that dwells with calmness and tranquillity.

This house in Spain reflects the character of its owners, a joyful, creative, passionate couple who escaped city life and found tranquillity in the small town of Quesa. Set in the middle of the Valencia province, the village was originally founded by Spain's Moorish community. The owners of this house spent several summers in the area as children and then returned to the village more than 50 years later.

The house's bold colours and materials reflect the chromatic range of the spectacular nature surrounding it. 'The reddish colour of the land inspired the use of lime mortars and Iranian red travertine. The muted green of olive leaves was used in the woodwork, and the gold of the sun at sunset was reinterpreted in the kitchen with natural brass,' say Txema García and Laura Moreno of *Balzar Arquitectos*, who designed the project.

► Summers are hot in Valencia, so the presence of water in the house plays a key role. The large semi-circular outdoor pool extends into the verandah. Indoors is another pool with a spa and panoramic views. The pools can be heated for year-round use.



◄ A wide verandah protects against the heat and links the inside and the outside. The platform with the swimming pool, for its part, extends out into the olive grove. Iconic furniture – a mid-century modern lounge chair by Charles and Ray Eames and chairs designed by Le Corbusier – adorn the living space.

▲ 'The house is built on a steel frame structure, an innovative system inspired by the popular "balloon frame" type of building common in the United States. This allowed us to put up the structure, façade, and interior partitions in only a week,' say the architects.





▲ All of the indoor spaces visually connect with the spectacular olive grove. For greater comfort, the house has only one floor. The structure is very technological and has low energy requirements, yet the use of materials is traditional: natural stone for flooring and cladding and lime mortar for the walls.

► The en-suite bedroom is connected to the outside via two private courtyards. The bed and drawers in the master bedroom were crafted by the architects. The wall is adorned with a painting by Rafa García.



# Somu leģendārās *koka mājas*



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▲ The kitchen in natural brass was tailor-made for this house. A spacious and welcoming patio – one of the most widely used elements in Mediterranean architecture – as well as two side patios link the interior with the exterior and deflect views from the neighbours.

► The floors and walls are dressed in terracotta tones. The sink is custom designed in natural stone, just as the rest of the bathroom furniture. **bo**



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# THE RIGA SUMMER OF COURAGE AND JOY

Riga continues the outstanding summer programme it began the previous year by offering an immense variety of cultural and artistic events. Included are a variety of local festivals, concerts, sporting events, artistic and cultural activities in city parks, and, of course, Riga's own birthday party. This will be celebrated on August 19 in Riga Old Town and promises a full schedule of events, shows, concerts and attractions throughout the day.

The city will once again feel jubilant and festive because Rigans enjoy celebrating, explains Lina Birzaka, curator of Riga's summer programme. 'This is the second year that the Riga City Council has organised its summer cultural programme titled *The Riga Summer of Courage and Joy*. In July and August, interdisciplinary events honouring contemporary culture will take place in various Riga neighbourhoods. This year, significant attention has been given to the cultural past of each neighbourhood, which is reflected in both educational



activities and in the design of the urban environment,' says Birzaka. For example, in collaboration with artist Valters Kalsers and the Riga City Neighbourhood Resident Centre, unique symbols of each neighbourhood were identified and combined into the programme's visual identity, thereby highlighting the equal status of Riga's outer neighbourhoods and the city centre. 'That's also why the slogan *Courage and joy bloom where we meet* was chosen for this year. It encourages people to go out, meet their neighbors, get to know other areas of Riga, and participate in activities,' Birzaka emphasises. The cultural events happening in Riga this summer are very diverse – concerts, excursions, performances, contemporary circus and dance, theatre performances, and contemporary art. Moreover, this cultural programme is free and open to everyone, providing

a wonderful opportunity for locals and visitors alike to meet ambitious NGO enthusiasts and emerging Latvian artists. The city centre and its surrounding areas will resound with delightful and well-loved melodies, long-forgotten compositions, and never-before-heard songs in venues throughout the city: Vermanes Garden, Nordeķu Park, the K.K. fon Stricka Villa, Tallinas Quarter, Kalnciema Quarter, Bergs Bazaar, and Āgenskalns Market. Neighbourhood festivals in Ķengarags, Zolitūde, Čiekurkalns, Pļavnieki/Purvciems, Ziepniekkalns, Jugla, Torņakalns, Daugavgrīva, Vecāķi, Brasa and in the city centre will take place from July 22 to August 26, with the cultural and historical significance of each unique neighbourhood specially featured in their programmes. Learn more on [liveriga.com](https://liveriga.com).

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Photos by Māris Stiprais,  
courtesy of Cesvaine Palace



# CESVAINÉ PALACE

## A CENTRE OF HISTORY AND CULTURE

Northern architecture, romantic contrasts,  
and inspirational art at historical  
Cesvaine Palace.

Cesvaine Palace is one of the most picturesque castles in Latvia. Thanks to its unique elements of Tudor Neo-Renaissance architecture, northern appearance, and rich history dating back to the 14<sup>th</sup> century, the palace provides a detailed insight into the history of Latvia and is on its way to becoming a modern history and art centre in the heart of the Baltics.

The region of Cesvaine is located around 2.5 hours' drive from the Latvian capital, and its hilly terrain has always suited as a desirable setting for a palace. The original masonry structure dates back to the late 14<sup>th</sup> century, when the archbishop of Riga demanded a castle. At that time, the palace consisted of two parts and a semi-circular tower equipped with a grand entrance gate. It went on to experience numerous wars, fires, renovations, and ownership changes, shaping it into the majestic beauty we see now.

The current palace on this site took shape in the 19<sup>th</sup> century, when it was built as a family residence for Adolf von Wolf. Thanks to its unique design and northern charm, the structure is included on Latvia's list of Protected Cultural Monuments and is listed as a European Heritage site. And how could it not be – the design includes a prominent Tudor Neo-Renaissance exterior and high-pitched roofs. The palace's architects, Hans Grisebach and August Dinklage, had already constructed numerous artistic architectural structures in Germany, and their experience and earlier inspirations made the palace into the marvellous work of art we see today.

The beauty and uniqueness of Cesvaine Palace is not found in its immense size or distinguished form but instead in the finesse and quality of the work. Every feature is mesmerising and has a unique story. The first feature that catches the eye is the round tower with a pointed

roof, creating the recognisable shape of Cesvaine Palace. The tower provides beautiful views of the surrounding green forests and hills. Another exquisite feature is the main entrance with a Romanesque-style double door. To resemble palaces in the neighbouring northern countries, Cesvaine Palace was built of fieldstone, using the colour and texture of this material to create a romantic exterior for the building. But while the exterior presents a unified picture, it is nevertheless full of contrasts as each part of the building is constructed differently and contains elements from various architectural styles as well as the heraldry of von Wolf's family.

Cesvaine Palace is also surrounded by a beautiful park, the small Sūla River, and numerous monuments to commemorate people whose lives have been linked with the palace. Three bridges – poetically called the Bridge of Love, the Bridge of Kisses, and the Bridge of Sighs – cross the Sūla River and entice visitors into the romantic environment and historical architecture.

Upon entering the palace, visitors are welcomed with picturesque ceiling art – maple, grape, and oak leaves, birds, various floral bouquets, and allegories pertaining to the different seasons – as well as numerous fireplaces with beautiful mantels. But words do not do justice to Cesvaine Palace; because the architects made various stylistic deviations from the traditional Neo-Renaissance style, all of the unique details, wood carvings, and terrazzo mosaic floors cannot even be listed. Many elements were created solely for Cesvaine Palace and are not seen anywhere else in Latvia.

After surviving a disastrous fire in 2002, Cesvaine Palace reopened for visitors in 2022 after an impressive renovation. Closed to the public for 20 years, the palace is now ready to welcome people passionate about art, history, and culture, which have always been important values at Cesvaine. While some renovation work is still in progress to bring historic grace back to the interior, the palace is already turning into an international culture and art centre. Its rooms are eager to welcome conferences, exhibitions, and concerts. In the future, the palace's range of activities will increase even more to include meetings with artists and workshops. With their focus on researching the palace's history and sustaining its cultural heritage, the present owners are determined to make this era for Cesvaine Palace one to remember. Combining majestic architecture with artistic trends, Cesvaine Palace is on its way to becoming a Latvian powerhouse of art and culture.

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Photo by Valērijs Kanjeps

Viļaka Lake



Photo by Jānis Sijāts

Greenways are exciting routes established on former railway lines.



The unique Gulbene–Alūksne narrow-gauge railway.

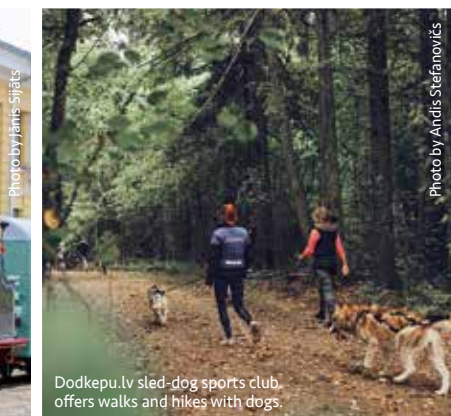


Photo by Andis Stefanovičs

Dodkepu.lv sled-dog sports club offers walks and hikes with dogs.

## EXPLORE THE GREENWAYS IN LATVIA

Embark on an adventure and get close to Latvian nature on a bike or hike holiday.

Greenways are exciting walking and cycling routes established on former railway lines. To date, more than 400 kilometres of marked Greenways have been developed in Latvia, leading through diverse landscapes, small villages, and historical towns. Nature trails, museums, churches, recreational opportunities, camping facilities, and even four-star hotels are located near the Greenways. The routes are also suitable for horse riding and, in snowy winters, for skiing, horse-drawn sleighs, and dog sledding.

One of the most interesting sections of the Greenways in Latvia is the Ieriķi/Melturi–Jaunpiebalga–Gulbene–Viļaka route, which is 180 kilometres long. If starting from Riga, it is recommended to take the train to the ‘Melturi’ stop in Cēsis region and then head out on your adventure in the direction of Gulbene. If you don’t have your own bicycle, rental points are located along this Greenways

route in Jaunpiebalga, Gulbene, Kubuli, and Viļaka.

One of the most unique activities on this route can be found on the Melturi–Amata section, where the *Dodkepu.lv* sled-dog sports club offers rides on a specially designed scooter as well as walks and hikes with dogs. Nearby, in the Cēsis region, is the unique Āraiši Lake Archaeological Park. The main attraction at this destination, which is a winner of the European Cultural Tourism Network award, is the reconstruction of an Iron Age island settlement. The town of Cēsis itself has one of the most beautiful Old Towns in Latvia.

If you start exploring this section of the Greenways in Gulbene, the ‘Dzelzceļš un Tvaiks’ (Railway and Steam) educational and interactive centre located in the Gulbene railway station is definitely worth a visit. There, on the other side of the tracks, you’ll find the unique Gulbene–Alūksne narrow-gauge railway, which is the only railway of its kind in the Baltics still offering regular passenger services. It’s celebrating its 120<sup>th</sup> anniversary this year on September 1 and 2 and has also

been recognised as a European Cultural Tourism Network award destination. In Viļaka, the route’s end point, take in the sight of the beautiful Catholic church and the picturesque lake; a 144-metre-long pontoon bridge leads to an island in the lake.

Another beautiful stretch of the Latvian Greenways is the Riga–Ērgļi route. It runs for 98 kilometres along a former railway line. It is most easily reached from the Ogre railway station by cycling route No. 160, which leads through the pretty Ogre Blue Mountains to the former Kangari station. From there, continue towards Ērgļi, making sure to stop and see the unique Ķeipene Film Station, which houses a museum dedicated to the famous film director Sergei Eisenstein. The renovated station in Ērgļi, for its part, is home to a cultural and tourist centre that attracts several thousand active tourism enthusiasts every year.

Detailed descriptions of these sites and more can be obtained from tourist information centres, while maps and descriptions of the Latvian Greenways can be found at [greenrailways.eu](http://greenrailways.eu).

This publication has been produced with financial support from the European Union. Its contents are the sole responsibility of Balvi Municipality Council and do not necessarily reflect the views of the European Union.



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# Tampere



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Located in the southern part of Latvia and the northern part of Lithuania, the Bauska region is full of historical Baltic artefacts, castles, monuments, and sightseeing spots of great value to those seeking to explore the local history.

The Bauska region and the whole of Semigallia is a unique area for those interested in the history of the Balts, who lived in Semigallia from the 3<sup>rd</sup> millennium BCE until the middle of the 14<sup>th</sup> century CE, when their resistance against the Crusaders and Christianity was defeated. While Semigallia is known for its grand variety of historical artefacts, the Bauska region is exceptional in this regard. It lies around one hour's drive from Riga, and numerous manors and hillforts are scattered throughout its forests.

The most prominent of these is the Archaeological Complex of Mežotne Hillfort, whose impressive remains and charming surroundings are a treat for any history lover. The hillfort is surrounded by the beautiful Lielupe River and a large archaeological complex, which, at 3500 square metres, is one of the largest Semigallian fortifications. The Mežotne castle complex includes an ancient settlement, the Vinakalns hillock, two burial grounds, and a port area. Being 16 metres high and one of the largest hillforts in Semigallia, it had a special place in Semigallian life and infrastructure.

Throughout the Iron Age and Middle Ages, Semigallian lands were divided into Eastern and Western Semigallia. Mežotne Hillfort stood at the centre of the Eastern Semigallian region, called Upmale. Semigallians were famous for their fertile land and advantageous geographical location, making Semigallians one of the most influential

tribes and merchants in the region. Even though present-day Latvians and Lithuanians often forget their link as Semigallians, Mežotne Hillfort is working hard to strengthen relations between the descendants of the ancient Balts. An annual event for all Balts is being organised as well as regular lectures and exhibitions on Semigallian history.

The surrounding area includes a well-preserved historical church. After being demolished during the First World War, Mežotne Church was rebuilt in the 1920s only to be bombarded again in the Second World War. The final reconstruction and the top of the tower were finished only in 2021, signalling also a new start for the building in the form of a cultural space. It serves as a great venue for concerts, workshops, and art exhibitions.

The tower's intermediate floors now house an exhibition dedicated to the historical events at Mežotne Hillfort. On one of the floors, visitors can see a large-scale model of the hillfort, fortifications, and ancient settlement as they appeared in the 13<sup>th</sup> century. There are also reconstructions of ancient Semigallian clothing and jewellery made by craftsmen from the Bauska region. And from the church tower one can see the Zemgale Plain, the Lielupe River, and the mighty Mežotne Hillfort itself. Combining historical greatness with artistic freshness contributes to further remembrance of the hillfort and provides an additional reason to visit the site.



Mežotne Church and Mežotne Hillfort have been reborn as a new, attractive tourist destination. The main investments have been put into the reconstruction of the tower of Mežotne Church, equipment purchases, creation of an interactive exhibition on Mežotne Hillfort's history and audio guides, production of the large ancient Semigallian characters Madis and Zīle, and the publishing of the book *Mežotne Hillfort Story* within the project 'RUNRAROŠ'.

The development of Mežotne Church as a cultural space by purchasing lighting equipment, creating a digital exhibition on the archaeological findings of Mežotne Hillfort continues within the project 'ZE RUNRAROŠ'.

In addition to the Mežotne Hillfort complex, numerous other castles and manors are scattered throughout the Bauska region. A completely different picture is painted by the nearby Rundāle Palace, whose museum and romantic gardens are often compared to Versailles. The Baroque-style palace was designed by the famous architect Francesco Bartolomeo Rastrelli, who is known for his work on the Winter Palace in Saint Petersburg. The museum features 138 luxurious rooms with classic Baroque interiors and beautiful works of art.

August is the best time to visit Rundāle Palace, thanks to its vast French rose garden, which is a popular location for photoshoots, long walks, and romantic dates. The garden has an exceptional variety



of both historical and modern rose types that will make anyone long for a personal rose garden back at home.

If you are more interested in medieval architecture and history, pay a visit to Bauska Castle, located right in the centre of the town of Bauska. The oldest part of the castle dates back to the Livonian Order and was built in the 15<sup>th</sup> century, while the newest part served as the residence of the Duke of Courland. The castle stands at the confluence of the Mūsa and Mēmele, the two largest rivers in Semigallia, and has survived numerous wars, fires, and demolitions. Today, it represents the signature architecture of Courland. Bauska Castle is being constantly reconstructed and developed, providing additional artefacts and increased exposition on the castle's history.

[zemgale.lv/zemgale-aicina](http://zemgale.lv/zemgale-aicina)  
[visit.bauska.lv](http://visit.bauska.lv)

FB/ MežotnesPilskalns



The reconstruction and development of Mežotne Hillfort is being conducted within the EU project 'Cultural and historical heritage: an opportunity for development of tourism services / ZE RUNRAROŠ', No. LVIII-057.

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## EXPLORE ESTONIA'S HERITAGE AT THE ESTONIAN OPEN AIR MUSEUM

Since its foundation, the museum, which is located in a most beautiful setting by the sea, has preserved Estonian heritage to help provide a connection between the present and the past.

Tallinn is perhaps the only capital city where one can find rural architecture and an insight into traditional village life. The Estonian Open Air Museum is located in the Rocca al Mare district, only a 15-minute drive from the Tallinn city centre, right by the sea and under the comforting shade of centuries-old trees.

The museum was founded in 1957 and opened its doors to visitors in 1964. It has 14 farms dating from the 18<sup>th</sup> to the 21<sup>st</sup> century to explore, each telling the story of a different rural household. As in any village, there is also a church, an inn, a school, a number of mills, a fire station, a village shop, and net sheds by the sea. There are around 80 buildings in total, and all of them have been relocated to the museum from various parts of Estonia, allowing

visitors to see the living conditions, traditions, and customs of Estonians through different times and thus draw inspiration for the present day.

The museum's newest showpiece is a two-story silicate-brick *kolkhoz* (collective farm) apartment building representing the Soviet era. It was built in 1964 for the workers on a dairy farm. Similar buildings can be found all across Estonia and have become a common part of the rural landscape. The building was dismantled and then transported 200 kilometres from southern Estonia to Tallinn in 2019, then reassembled and restored to its original state. Visitors can step inside the building's four three-room apartments and get an insight into everyday life in the 1960s, 70s, 90s, and 2010s. There are also fun activity areas for children next to

the apartment building and in its basement. It's safe to say that, for many visitors, this new exhibit will bring back nostalgic memories of their childhood or youth. The building also won the Estonian Annual Museum Award for best exposition in 2021.

The museum encourages visitors to introduce themselves to the hostesses in every farm and building. They offer exciting insights into the era and culture of their particular building, taking visitors back in time. Don't be shy to ask questions and start a conversation! Different activities are available at each building. For example, maybe you'd like to try two-man sawing at Kõrsitaseme Farm, attempt calligraphy with a feather and ink at Kuie School, get some knowledge on folk medicine at Roosta Farm, craft a family sign at Kolga Farm, or make a little rag doll as a keepsake at Setu Farm. Be sure to explore all of the opportunities during your visit.

Every day throughout the summer the museum offers plenty of activities for all age groups, such as demonstrations of farm work, crafting, and various children's activities. Children will enjoy the games of the Karelians and getting to know the museum's domestic animals: goats, rabbits, sheep, horses, and the new additions of chickens and geese, as well as the museum cat, Vasso. On weekends, attend live music and folk dance shows with participants dressed in beautiful Estonian folk costumes.

Within the museum's 72 hectares, you'll also find a village and forest trails suitable for running, Nordic walking, or slow cycling. Getting tired of walking? Take a ride in a horse-drawn carriage! But feel free to take a break and have a meal at Kolu Inn or the recently opened Saarte summer café-shop, which offers an Estonian island-inspired menu along with a gorgeous view of the sea. Afterwards, pay a visit to the Lau Village Shop, which features a range of period goods for purchase, or do some shopping at the museum's ticket office, which offers the work of Estonian master craftsmen, a variety of souvenirs, Estonian wine and beer, books, and folk-music albums.

This summer's programme focuses on 'Everyday wisdom and a sustainable living environment', introducing a family-centred, eco-friendly way of living from generation to generation. The season lasts until September 28, with the official finishing ceremony taking place on September 17, as Estonians celebrate Estonian Bread Day. The event brings together bread-baking masters from all over the country to demonstrate how bread has traditionally been made.

If you're planning a trip to Estonia and looking for a good time to visit, check out the Estonian Open Air Museum's event calendar and make your trip a memorable experience!

[evm.ee](http://evm.ee)





Publicity photos



# REVEAL THE MOST BEAUTIFUL SECRETS OF MONTENEGRO

Looking for a one-of-a-kind experience? Set your sights on Montenegro! Explore mountain peaks 2000 metres high or more, descend challenging verticals in fantastic canyons, bathe in a sapphire-blue cave hidden by the sea, try your hand at traditional craftsmanship, go on an adventure in a primeval forest, feast on *kačamak*\* in peaceful *katuns*, and cool off in the icy Tara River.

The Montenegrin coast is the most visited region in Montenegro as it offers a perfectly harmonious mix of sandy beaches, history, and sophistication. Upon arrival in Tivat, visitors will find (perhaps to their surprise) that a relaxing walk through the upscale marine port, then heading to one of various well-hidden beaches far away from the noise of the city, is all possible in one day. During the day, countless sailing, paddling and swimming opportunities are available, not to mention bike rides that explore the scenery of nearby villages; bird watchers will find much to see there as well. Keep your evenings free to enjoy a walk to Porto Montenegro or Luštica Bay where you can discover local flavours and culture, both said to provide a perfect blend of traditional and modern.

Just a few minutes’ drive away is Kotor, a fortified medieval town rich in history, tradition and culture; it features numerous churches, cathedrals, palaces, museums and other cultural monuments. If you’re looking for more modern forms of entertainment, Budva is the place for you – an unforgettable nightlife, beach parties, bars, and numerous discotheques make the town one of the most lively destinations along the Adriatic coast. The towns of Herceg Novi and Ulcinj host various music and film festivals throughout the year as well as a wide range of concerts and events that celebrate tradition. Ulcinj is also the perfect spot for trying out kite surfing on its Long Beach (the longest on the Adriatic Sea), and afterwards, indulging in delicious seafood specialties in local restaurants.

\*A porridge made of wheat, buckwheat, barley or corn flour, served with cheese and sour milk

Nature has been very generous when it comes to Montenegro’s coast – every charming village, hidden beach and crystal-blue bay offers unforgettable experiences, not to mention magnificent sunsets. It’s worth noting that visitors need not feel cautious while travelling here as the country is generally considered to be safe for tourists.

Montenegro is not only about relaxing and lounging in the sun and the sea – it also offers plenty of opportunities for an active holiday in virtually untouched nature: hiking, biking, rafting, kayaking, zip lining, paragliding, and canyoning are recommended activities for all who seek something more adventurous. Visitors are also welcome in the country’s many authentic ethnic villages with locally specific offers – various panoramic routes connect the cultural, natural, and ethno-gastronomic attractions of the coast and the north.

Montenegro is a country rich with wonderful lakes, most of which are located within five national parks. The best-known are Black Lake, Biogradsko Lake and Skadar Lake. But one that truly stands out is Trnovačko Lake, a heart-shaped lake with turquoise water ideal for swimming. Mountain lakes – such as Piva Lake, Kapetanovo, Hridsko, Riblje and Vražje – are especially breathtaking with their glorious shades of bright green and blue waters. There are several interesting legends regarding their origin which the locals will be more than happy to tell you about. Cottages with colourful roofs are scattered around the lakes – ideal places to meet the locals, many of whom make and sell cheese and *kajmak* (clotted cream).

A sightseeing tour of Montenegro would not be complete without a visit to the capital of Podgorica – joining a tour of the cultural monuments and feasting on national specialties is just one way to do it. And don’t miss out on visiting one of Europe’s largest and most beautiful vineyards, Plantaže, where the famous indigenous Montenegrin grapes Vranac and Krstač are grown. Plantaže is located just a few kilometres from the city centre.

Having seen Podgorica, head towards Cetinje, Montenegro’s old royal capital; for locals, alongside the mausoleum on top of nearby Mount Lovćen, it’s the very heart of Montenegrin culture and history. As of this summer, you’ll be able to take a scenic cable car ride from Kotor to Lovćen, which offers a magnificent view of Boka Kotor Bay. And don’t forget to visit the famous Lipa Cave with its 2.5 km of passages to explore.

Further along in the central part of Montenegro are two towns definitely worth visiting – Nikšić and Danilovgrad. Nikšić is known as a city of students and hosts the well-known rock festival Lake Fest by the shores of Krupac Lake; nearby is the Vučje skiing centre. Danilovgrad is famous because of the Zeta River Valley Nature Park and the *Martinići* donkey farm, which Lonely Planet has noted it in its travel guides. Halfway between these two towns you can experience the tranquillity of the cliff-side Ostrog Monastery, which is one of the most popular pilgrimage places in



the whole world for Orthodox Christians. It is considered to be one of the most significant monasteries in the Balkans and the most visited Orthodox shrine in Europe. Situated in the large rock called Ostroška greda 900 meters above sea level the monastery is often described as a true masterpiece of nature and mankind. It is visited by people from all over the world regardless of their religious affiliation.

You are more than welcome to explore the beauty and diversity of Montenegro!  
montenegro.travel





Publicity photos



# BENTLEY BENTAYGA EWB

The exquisite British SUV has just got bigger.  
And it's not just about a longer wheelbase.

When *Bentley* launched the heavily facelifted *Bentayga* three years ago – in what turned out to be the first serious update since the luxury SUV’s debut in the autumn of 2015 – it seemed impossible to wish for more. More than a thousand new components not only brought the massive vehicle up to date with the latest upmarket trends and the demands of younger buyers, but also made the vehicle visually more youthful and, of course, even more luxurious. The narrow elliptical taillights now resembled the *Bentley Continental GT* coupe, while the cut-crystal headlights mimicked a ‘girl’s best friend’, sparkling seductively even when not switched on.

But then they rolled the extended *Bentayga* through the Crewe factory gates, and we saw a *Bentley* like no *Bentley* before.

Conceived as a replacement for the last classic *Mulsanne* luxury sedan, the *Bentley Bentayga Extended Wheelbase*, or *EWB*, is a brilliant attempt to outdo not only *Rolls-Royce*, *Aston Martin*, and *Range Rover* but also *Bentley* itself. The *EWB* is 18 centimetres longer than the standard *Bentayga*, and all the gains are realised in the rear doors. While the openings on a standard *Bentayga* are already far from modest, the width of the *EWB*’s doors rivals a paddock gate in a remote shire, and therefore the extended model has become the first *Bentley* with power-closing doors.

But while the 5305-millimetre overall length easily beats most XXL premium SUVs, the *Bentayga EWB* cannot be a seven-seater. That role is magnanimously reserved for the standard-wheelbase model, while the extended SUV limousine can be had in three different configurations: with five seats, in a 4+1 configuration, or, best of all, with special ‘airline seats’ in the second row. There are only two such seats, but each is adjustable in 22 different ways, with enough massages rivalling a small spa, a 40-degree reclining backrest, an extendable footrest, and padding that reduces vibrations from the road by 25%. In essence, you’re sitting on your own personal wellness consultant, because the *Bentley* seats read your body temperature every 25 milliseconds and know how you’re feeling at any given moment better than you do yourself, automatically turning on the seat heaters, ventilation, or even both at the same time.

A person in their right mind would probably not want to leave this oasis of absolute comfort and isolated tranquillity,

but it’s worth moving up front and taking hold of the *Bentayga EWB*’s elegant steering wheel. Although extended luxury cars are nothing new, *Bentley* needed 2500 new components and design changes to create the *EWB*. It’s hard to believe that all this would have been used just to make an SUV look longer, so we’re willing to believe that some of the innovation was devoted to disguising this automobile’s impressive dimensions and capabilities.

The *EWB* is the first *Bentayga* with rear-wheel steering. That means a smaller turning circle than a standard *Bentayga*, while at cruising speeds, it shifts from lane to lane with a sense of precision that’s far from typical for a 5.3-metre, 2.5-tonne SUV loaded to the ceiling with the finest trim materials in the world.

Since *Bentley*’s famous W12 engine is only available in the *Bentayga Speed*, the Brits mainly rely on the turbocharged 4-litre V8. Depending on the driving mode – whether discreetly humming or raising its voice until a metallic baritone echoes off the walls of surrounding buildings – the 550 horsepower accelerates the vehicle’s considerable bulk to 100 km/h in 4.6 seconds.

Electric anti-roll bars prevent body roll and ensure that the occupants remain as unaware as possible of the challenges posed by the driving dynamics. The driver – who now faces a major dilemma, having just realised that driving a *Bentayga EWB* is not work but instead pure pleasure – will notice that the analogue gauges have been replaced by a full-size virtual dashboard, while the screen in the traditional centre has become wider and clearer and interfaces wirelessly with *Apple Car Play*.

Given the added driving pleasure and extra comfort, while reserving the option of driving across a wet meadow (because the off-road features have been fully retained), there’s no reason to doubt *Bentley*’s plans to sell at least half of its *Bentaygas* in *EWB* form. In other words, that’s a fifth of *Bentley*’s annual sales. Combine this forecast with the fact that already before the pandemic half of the *Bentleys* sold were *Bentaygas*, and that 70% of the buyers were newcomers to the brand, and the *EWB* looks like a veritable mint on wheels.

There’s some truth in this metaphor, as the *Bentayga EWB* is only available in the most exclusive Azure or Mulliner trims. For around EUR 50,000 in addition to the standard price, these could be the most expensive 18 centimetres in the world.



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[riga.bentleymotors.com](http://riga.bentleymotors.com)





## THE PERFECT WATCH, BORN IN-HOUSE

For the Finnish watch manufacturer *Jurmo Watches*, uncompromised attention to detail is in the company's DNA. To ensure this, every timepiece is designed, manufactured, and assembled on the company's own premises.

The headquarters of *Jurmo Watches* are located on a startup campus in Espoo, Finland. In a place known for innovation in software, or at least digital hardware, it is refreshing – even soothing, in a way – to witness an actual watchmaker meticulously tinkering away with the latest timepiece.

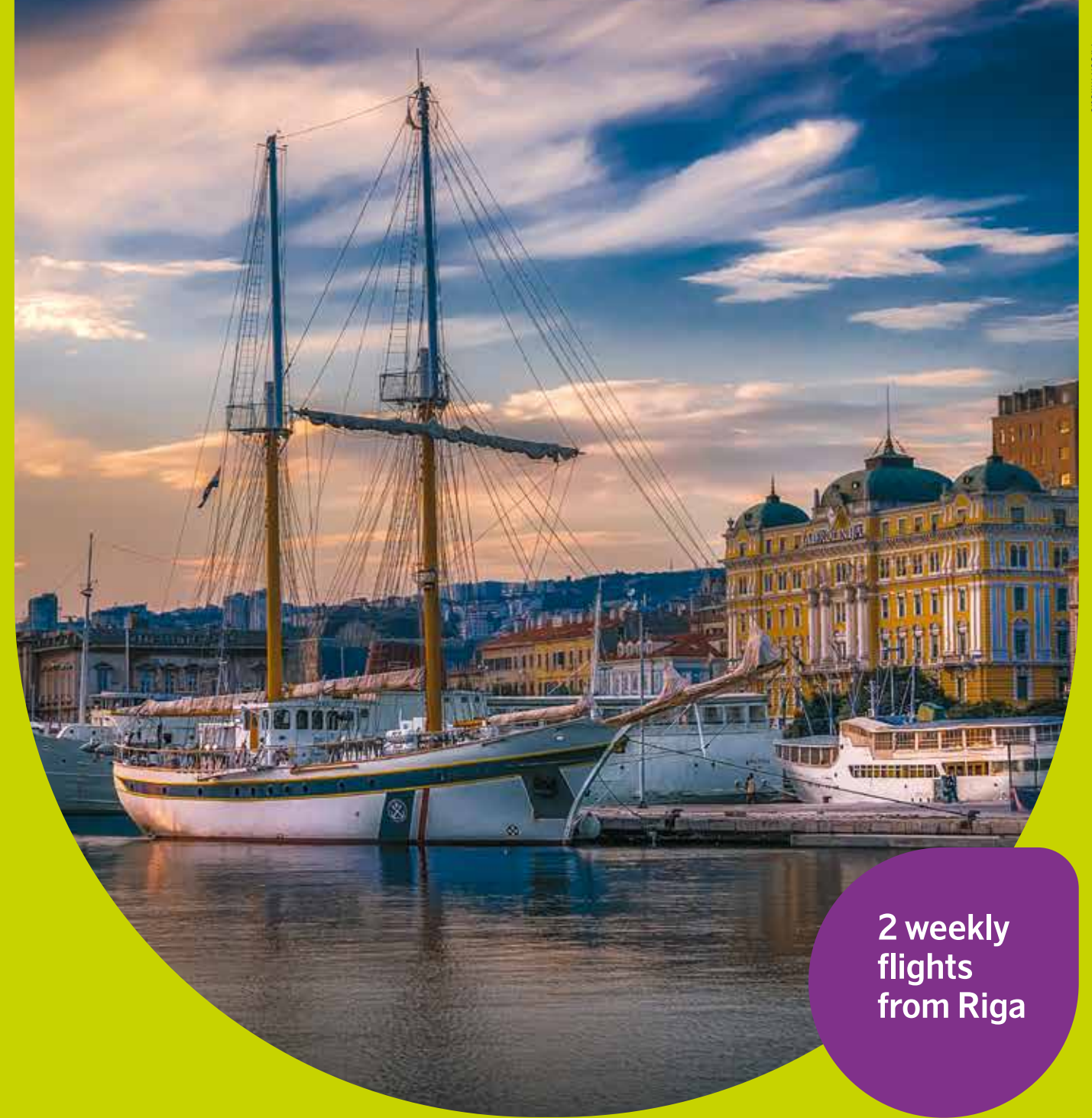
In-house production has been a core part of *Jurmo Watches*' vision from the very beginning. Only the mechanical movements of the company's watches are imported from a Swiss partner. 'We want everything to happen right here, from design to manufacturing and assembling,' says Martin Kalland and Kim von Gerich, the two founders of the Finnish watch workshop. 'This is how we can live up to our promise to deliver completely tailored watches where no detail goes unnoticed,' Kalland adds.

After years of persistent work, *Jurmo Watches*, founded in 2017, has created an in-house customisation service offered by no

other watch brand. Called 'Jurmo DNA', the concept comprises everything from creating bespoke dial colours or prints to customised watches tailored to meet the specifications of even the most demanding customers. *Jurmo* can manufacture dials, hands, cases, and even mechanical complications to create truly bespoke pieces. As an example, the manufacturing capabilities have led to the creation of a proprietary composite technology, which is utilised on *Jurmo* skeleton watches, resulting in colour schemes unobtainable through other methods. The combination of in-house skills and know-how at *Jurmo Watches* leads to countless possibilities and distinctive timepieces.

The lineup of customisable models includes *Sisu*, a Finnish-made skeleton watch. *R0*, for its part, is one of the most compact automatic flyback chronographs in the world. The *Karu* model is a rarity in Finnish watchmaking: a mechanical wristwatch designed particularly for women. *YSI*, a true

pilot timepiece, is named after the M-9 First World War seaplane, which had a close connection to the history of Jurmo Island (*ysi* means 'nine' in Finnish). The brand also takes its name from this island. Jurmo is a stunning island in the Finnish Archipelago off the country's southwest coast. It's also one of the more memorable destinations of the many sailing trips Kalland's family has embarked on since the founder's childhood. It has a truly bold feel to it. Jurmo is beautiful and somehow eternal. Just like a perfect and unique timepiece. [jurmowatches.com](http://jurmowatches.com)



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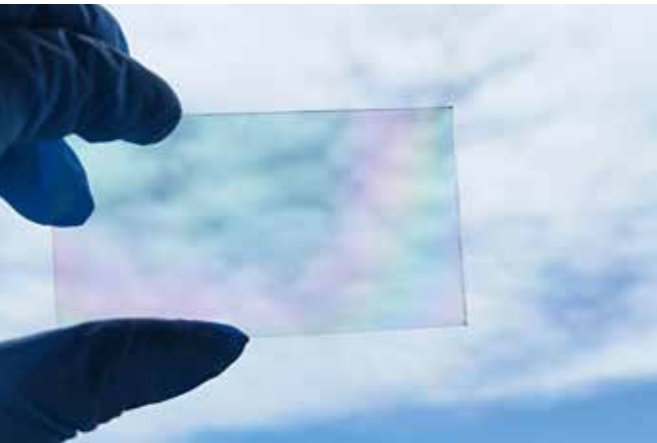


The TalTech campus, where an innovative way to remove pollutants from indoor air is being developed.



# THE GLASS THAT CLEANS THE AIR

Up to 200 toxic substances can surround people indoors. Researchers have now created a type of glass that can get rid of those harmful substances.



The Laboratory for Thin Film Energy Materials and the Laboratory of Environmental Technology at Tallinn University of Technology (TalTech) are now using direct sunlight and metal oxide film to remove pollutants from our indoor environments. But it took more than four years for researcher Jekaterina Sydorenko and the rest of her lab members to develop a way to clean indoor air affordably and elegantly.

Titanium dioxide powder is abundant on our planet; it's used in paints, cement, implants, and even sunscreen. But when it's irradiated with the right kind of light, it turns into a disinfectant. A solution containing titanium is sprayed onto heated glass to create windows with a hint of colour. And it's there, under the sunlight, where the magic then happens. Sunrays activate the electrons that produce hydroxyl radicals, which can kill toxic air pollutants and viruses.

‘The COVID-19 pandemic made us think more about the quality of indoor air,’ Sydorenko told *Research in Estonia*. ‘More than ever, ventilation in schools and other public spaces was discussed in depth.’ In the United Kingdom, there were even proposals to start monitoring CO<sub>2</sub> levels in schools. However, the cheapest option, according to experts, was to simply open a window.

People in high- and middle-income countries spend about 85 to 90 percent of their time indoors. According to the United States Environmental Protection Agency, levels of indoor air pollutants are typically more than three times higher than the levels outdoors. In fact, children's bedrooms were identified as the rooms with the most polluted indoor air quality in homes. Polluted air can lead to irritation of the eyes, throat, and skin as well as cause headaches and fatigue. According to *The Guardian*, a recent study has also connected poor indoor air quality to mental health issues. Heating and cooking create toxic air pollutants, as do cleaning products and paints, scented candles, and air fresheners. Building materials can also be harmful. Of course, opening windows can be helpful, but who knows what the air quality is like outside?

Air purification systems with HEPA filters can remove contaminants, but they are costly and noisy. Moreover, they require maintenance, and the filters need to be replaced regularly. Essentially, the solution Estonian researchers are proposing is similar, only that instead of the titanium dioxide powder in a filter, they have turned it into a transparent coating on glass. To date, it's the most unique solution devised to tackle the problem of polluted indoor air.

Sydorenko defended her doctoral thesis, ‘Development of Spray-Pyrolysis-Synthesised TiO<sub>2</sub> Thin Films for Photocatalytic Degradation of Volatile Organic Compounds in Air’, at Taltech University in March of this year. Her experiments contained above-average concentrations of pollutants, and her research proved that this technicolour glass kills most air pollutants. ‘Our material was able to remove all of the harmful particles!’ she exclaims.

Determining how titanium dioxide reacts to exposure to light has been studied extensively, but there are still gaps in the research. For instance, transparent coatings have not been studied very much. However, Sydorenko has discovered that



Jekaterina Sydorenko and her lab team have invented a type of glass that is more than just beautiful.



Jekaterina Sydorenko (right) and the rest of the team working on the rainbow glass. From the left: Marina Krichevskaya, Malle Krunks, Arvo Mere, Ilona Oja Acik.

coated glass does not lose its properties when scratched. Nor does it release any chemicals that may be harmful. Nor is it expensive to produce. The only challenge is ensuring enough light and that the toxic substances reach the windows instead of lingering elsewhere.

Some of the experiments in the research were conducted in collaboration with other universities in Estonia and abroad. The surface photovoltage measurements were performed with the Helmholtz Zentrum in Berlin. Atomic force microscopy was conducted at The Arctic University of Norway. The antibacterial experiments were performed with the National Institute of Chemical Physics and Biophysics in Estonia. And the antiviral experiments were conducted at the University of Tartu.

[researchinestonia.eu](http://researchinestonia.eu)



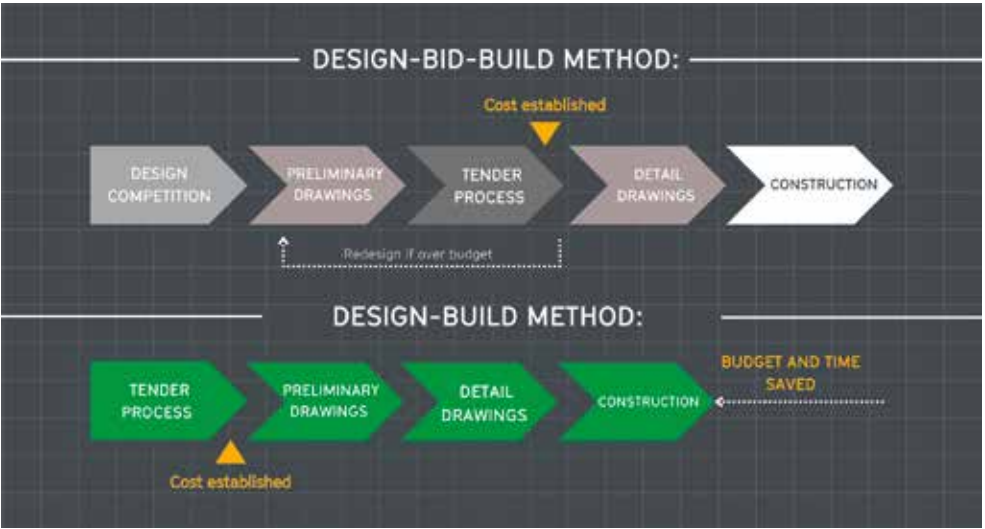
research estonia

Estonian Research Council



# MAKE CONSTRUCTION PROJECTS MORE EFFICIENT

An increasing number of construction projects around the world are being carried out using the design-build method. This construction project delivery method shortens a project’s delivery time, keeps the project within budget, and avoids risks associated with unfulfilled client expectations.



The Lithuanian general contractor company *Conres* shares its experience on what is holding back use of the design-build method since it is still rare in the country, as well as how to take advantage of this practice when implementing construction projects.

“The majority of construction projects in Lithuania are carried out the traditional way (design-bid-build method): a designer draws up a project based on their experience and on the client’s expectations. When the contractor then calculates the cost of project implementation under the chosen design, it is often higher than the client expected,” says Lukas Laukaitis, CEO of *Conres*, in describing the problems that arise using traditional construction methods. “The client has to repeatedly contact the designer to make changes in the project so it doesn’t go over budget. These delays in project preparation and the revision of estimates make project implementation needlessly lengthy.”

Yet this all can be easily prevented by using the design-build method, which is very popular elsewhere. It not only shortens the project’s implementation time but also eliminates project adjustments – the client



Lukas Laukaitis, CEO



Laurynas Senkus, Director of Construction

precisely manages the project implementation within the set timeframe and does not incur any additional costs. According to Laukaitis, a key distinctive feature of the design-build principle is that all design and construction work stays in the same hands. The client presents his vision of the building directly to the contractor. The main solutions are agreed upon according to the client’s requirements, the cost of the design and construction work is calculated, and the contract work is carried out.

Design-build allows the contractor to prepare the project by planning the pre-implementation steps and coordinating all partners, suppliers, products and logistics. When these processes overlap, time is saved – often 3 to 5 months. The second essential benefit is a manageable budget since the design-build method eliminates the redesign phase – all solutions are developed within the estimated budget. The contractor can fulfil the client’s vision within the estimate and the risk of going over budget is eliminated.

According to the CEO of *Conres*, when considering this practice, clients should take into account that the design-build method will require more involvement at the beginning of the project. Involving the client in the process helps to meet their expectations more accurately and to smoothly work as a team achieving a common goal.

Laurynas Senkus, Construction Director at *Conres*, points out that despite all the advantages listed above, this construction method is still rarely used in Lithuania. ‘Perhaps clients are held back by the belief that agreeing on a fixed price will compromise the visual aesthetics of the project and/or the quality of the solutions, or that it will simply result in a building that does not quite live up to expectations – but such fears are unfounded,’ he says.

‘The design-build method allows for clear definition of the client’s requirements, ensuring that the project is delivered to the client’s specific expectations. If the client plans to build with higher quality materials, this will be stipulated in the contract.’

According to Senkus, clients in Lithuania usually choose this construction method when project deadlines are critical – when there is simply not enough time to design, tender and search for a contractor, and then carry out any subsequent redesign tasks.

‘Design-build practices make up a large share of the construction market abroad. In the United States, for example, between 2016 and 2020, 43% of construction projects were built using this method; in Sweden, in 2015, more than 50% of infrastructure construction projects were built using the design-build method. In Lithuania it is still a niche method, undertaken only when circumstances necessitate it. But there is no reason for this being the status quo – even if it is not time-critical, completing a project earlier can give you a quicker return on your investment, and you get all of the other benefits mentioned above,’ Senkus explains.

*Conres* has been working with such projects since 2012. Its first design-build project was a firefighter training centre. Using this practice, the Palanga swimming pool and wellness centre and the “Park Inn by Radisson” Hotel and Business Centre next to Vilnius Airport were completed on time. Construction of the Lithuanian Post Logistics Centre in Vilnius was completed two months ahead of schedule. ‘We are currently implementing the Omniva parcel sorting terminal project in Kaunas. Clearly, this practice is suitable for a variety of construction projects,’ points out Senkus. [conres.lt](https://conres.lt)

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Located in a historical building in Vērmānes Garden, one of the most beautiful parks in the Latvian capital, the *Whitehouse* restaurant boasts a menu rich in unique flavour combinations. It can be described with the word ‘journey’. This is also the main goal of the *Whitehouse* team, namely, to create a journey of flavours and aesthetics for each and every guest from the moment they walk through the door.

With its international cuisine and diverse Asian flavours, *Whitehouse* attracts local and international foodies. By using only the finest ingredients and specially sourced produce from around the world, chef Reinis Čerņajevs has created a high-class menu that’s available on a daily basis, not just on special occasions. ‘Here at *Whitehouse*, our guests go on a journey of flavour,’ he says. ‘How long that journey lasts is up to them. We’ve also created small complimentary dishes for guests to cleanse the palate after each course.’

The *Whitehouse* team is convinced that the best restaurant experiences involve learning something new, and this is why the team is not afraid to be adventurous and offer guests new and sometimes even seemingly incompatible flavour combinations. Čerņajevs finds inspiration for his dishes at every turn. For example, the idea for the Lithuanian national dish of *cepelinai* (stuffed potato dumplings) mixed with a variety of Asian flavours, thus



combining the national cuisines of several cultures, came to him quite unexpectedly. ‘Our restaurant menu is definitely different in terms of what it offers. The *Whitehouse* is a premium-quality restaurant offering fine-dining quality,’ says Čerņajevs.

From September, the restaurant team will be offering two menus: a daytime and evening menu. The daytime menu, without lowering the overall mood of the menu and the quality of the food, will consist of dishes that are quicker to prepare and thus suitable for business lunches and more relaxed meals, whether alone or in great company. The à la carte evening menu, for its part, will feature a true eclecticism of flavour, making use of the best highest-quality products from Latvia and Europe.

The unique flavour combinations Čerņajevs creates pair wonderfully with the wines on offer at *Whitehouse*, which come from some of Europe’s finest wineries. Most of these are located in France, Austria, Germany, and Italy, but the restaurant also has a sprinkling of unique gems from Hungary, Czechia, Georgia, and elsewhere. *Whitehouse’s* sommelier Katrīna Svilāne has a personal vision of what a wine list should portray: a harmony of established classic-style icons of the wine world as well as examples of what she feels is innovative and daring considering the current global wine scene.

But wine is not the only beverage for which *Whitehouse* has specially curated a drinks list. *Whitehouse* has on its staff one of the finest bartenders and whisky experts in Latvia, Oskars Vārenbergs. ‘At the *Whitehouse* bar you’ll encounter a selection of spirits that I have chosen to not only represent global trends in the industry but also reflect my vision of true quality and finesse.

Be it an intriguingly refreshing gin and tonic or an aged rum with dessert-like qualities, we have something for even the most spoiled of connoisseurs,’ he says about the bar’s offer. The most curious of whisky enthusiasts are invited to join Vārenbergs for private whisky tastings, where they can take a break from the hustle and bustle of our fast-paced world to indulge in the vast world of whisky. Vārenbergs has also prepared eight signature cocktails, each dedicated to a part of Vērmānes Garden, highlighting the restaurant’s location and one of Riga’s most beautiful parks.

Due to its spaciousness, central location, convenient infrastructure, and gastronomic quality, the *Whitehouse* restaurant is a popular venue for private events. The two rooms above the main floor can seat up to 500 people and regularly host weddings and other private functions as well as corporate events.

Everyone is welcome at *Whitehouse*, no matter whether you’re a gourmet craving a gastronomic adventure or just in the mood to enjoy a simple glass of great wine on one of Riga’s largest and most vivid restaurant terraces. And you can do so in a particularly musical atmosphere as well, because every Friday and Saturday evening *Whitehouse* hosts live music nights.





Publicity photos

## NOMAD AN EXPLOSION OF FLAVOURS

The name of this restaurant lines up perfectly with its concept. Just as nomads travel from one place to another, *Nomad* invites its guests to enjoy the best dishes from all over the world right here in the heart of Riga. Combining the finest aspects of Pan-Asian cuisine with the steakhouse culture of the West, *Nomad* is a place you'll want to return to again and again.

The whole world comes together in one diverse, multicultural menu at *Nomad*. The restaurant's two set menus focus on two bedrocks of pure quality: perfectly prepared steaks made from the highest-quality cuts, and exquisite seafood served as part of *Nomad's* raw bar, which offers perfect sashimi, nigiri, rolls, and more. But what truly sets *Nomad* apart and makes it the perfect destination for curious yet hard-to-surprise travellers is the way in which it tears down artificial borders imposed by having to declare a belonging to a certain type of cuisine.

*Nomad* has been on Riga's restaurant map for a year and a half now, and it has been catching the attention of diners since the day it opened. It's no coincidence that, at peak times, it's difficult to get a table here without a reservation. People are saying that this is where you'll find the best octopus in Riga and also some of the best steaks. Dessert lovers, for their part, are impressed by the honey cake with Sicilian almond praline and dried porcini mushrooms and truffles.



**NOMAD**  
WORLD'S TASTE

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Dmitrij Sinkevics, the restaurant's head sommelier, was recognised as Latvia's Best Sommelier in 2022.



Nigiri (bluefin tuna, salmon, yellowtail), gunkan (eel, octopus, chum salmon caviar), and sashimi (salmon, bluefin tuna, scallop, eel, tiger prawn).



Uruguay striploin steak with baked asparagus and broccolini.



'Caprese' basil mousse dessert with strawberries and tomatoes

At *Nomad*, everything is in the details... and in the people, who truly embody the idea, the success, and the soul of this establishment. The team at *Nomad* is headed by chef Maksim Mihejev, sushi chef Sergej Kim, pastry chef Diāna Ozoliņa, and sommelier Dmitrij Sinkevics.

Head chef Mihejev cherishes the independence entrusted to him and the no-limits attitude he is allowed at *Nomad*, because it is his creativity, know-how, and freedom of expression that adds new and unexpected flavours to the restaurant's offer, and which allow for truly unique gastronomic experiences. For Mihejev, cooking is not just a job; it's a realm that has no boundaries. It's even rumoured that, as a child, he even slept with cookbooks under his pillow, which could explain his passion for cooking and grilling.

Sushi chef Kim, for his part, has more than 20 years of cooking experience under his belt. He is known for his perfectionism and spending countless hours ensuring that every piece of a dish is prepared to perfection, no matter the cost or time spent. His sushi is therefore always up to standard.

Pastry chef Ozoliņa has worked with some of the best pastry chefs

and attended many training courses, including in France, Spain, and Belgium. For her, cooking is an artistic expression, and the main principle of her art is 'less is more'. *Nomad* also has one of the best-curated wine menus in all of Riga. This comes as no surprise, because Sinkevics, the restaurant's head sommelier, has won first place in the Latvian Sommelier Championship and was recognised as Latvia's Best Sommelier in 2022. He has a great passion for wine and ambition to learn as much as possible about this amazing drink.

In the interior design at *Nomad*, nothing is accidental or superficial. Most of the furniture has been custom-made especially for *Nomad*, and you won't find another place with a bar counter this exquisite – it's made from heavy, old Latvian oak and fits the restaurant perfectly. Everything guests see around themselves has been carefully selected with love, care, and respect for the idea behind the place.

Although *Nomad's* guests can enjoy both steak and Pan-Asian cuisine in any of the restaurant's modern spaces, the area designed specifically for Asian cuisine draws guests' attention not only with the perfectly prepared dishes but also with

a bar whose atmosphere is akin to an elegant, eclectic theatre. Here one can watch the actors (bartenders) in action, and it never gets boring.

The bar truly comes to life every Friday and Saturday after 10 p.m., when there's always a top-notch DJ playing music on the superb stereo system. *Nomad* gathers the most elegant, beautiful, and refined audience for its very special, sparkling evenings at the end of each week. That's when special, heavy red velvet fabrics are draped across the bar, which not only add to the aura but also interact almost magically with the sound to ensure the perfect auditory experience.

Speaking of the bar, here *Nomad* satisfies travel yearnings and modern-day nomad culture also in the form of exquisite, creative cocktails. These take guests to different places around the globe through perfectly combined ingredients as well as fitting names. For example, try the Kazakhstan cocktail made with cognac, red wine, blueberry syrup, and lemon juice; Peru with red vermouth, mezcal, *Angostura* bitters, pisco, and vanilla syrup; Madeira with Madeira wine, *Montenegro*, and *Fernet-Branca*; and many more.



## CHEF'S CORNER GOURMET RESTAURANT AND BAR

Located in the quiet centre of Riga, *Chef's Corner* restaurant and bar attracts visitors to the capital city and local gourmets alike – in short, people who appreciate the restaurant's design and atmosphere combined with a high-end cuisine that suits all tastes.

*Chef's Corner* is a top-class grill restaurant that deftly combines attention to detail, a professional team, an attractive atmosphere, and, of course, gastronomic pleasure. Although the restaurant's menu includes excellent vegetarian options and fish dishes that have become particularly popular, it's the high-quality steaks and meat dishes that keep guests coming back for more and that Chef Reinis Strazdiņš is himself most proud of.

Strazdiņš' gastronomic intuition has created unique combinations of flavours that keep guests coming back again and again. One of the most sought-after starters is the dried beetroot with nut salsa and olive-oil-raspberry sauce. Another highlight is the restaurant's own-smoked salmon and avocado salad with honey-mustard dressing. Raw meat lovers will appreciate the 'Old fashioned' beef tartare made from various cuts of steak – the combination of different types of meat creates a rich blend of flavours. But what *Chef's Corner* is most proud of is its selection of steaks; sourced from around the world – from the UK to the USA and Uruguay – the steak list here offers the best quality gourmet steaks to suit all tastes, and the staff will be happy to answer any and all questions you may have. Vegetarians should try the wild mushroom risotto – the word around town is that *Chef's Corner* has the best iteration of this rice dish in Riga. The stuffed quail with mashed cauliflower and

spinach is also not to be missed, as it is not only rich in visual terms but in flavour as well.

Those who want a unique experience combined with gastronomic pleasure will love the chef's tasting menu conducted under the guidance of the chef himself. To ensure a personal touch, this experience is limited to no more than seven people at a time.

*Chef's Corner* stands out on the overall Riga restaurant scene not only with its excellent menu but also for its wide selection of wines from around the world – and especially for its signature cocktails created by bartender Reinis Mardekajs. And if you're in the mood for something sweet after dinner, the restaurant offers desserts from *Mulberry*, one of the finest patisseries in Riga.

If there is one word that defines the look of *Chef's Corner*, it has to be glass. On the outside, the restaurant is ensconced by glass windows that go all the way down to the ground, giving it the feel of a summer garden in the heart of the city. *Chef's Corner* is at its busiest on weekday evenings and weekends – almost all of the restaurant's 70 seats are likely to be full, so it's best to book in advance. Yet that doesn't mean that *Chef's Corner* is an evening-only restaurant – it's the perfect venue for business lunches, social afternoons with friends, and special occasions as well. To sum things up, it's a place that celebrates life and great food.



'Floral Nest' cocktail



Tuna fillet with wild rice and curry sauce



Two-week dry-aged venison fillet with sage chips and blackcurrant-red wine sauce

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Opening hours:  
Monday – Saturday: 12.00–23.00  
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## ZIVJU LETE – inspired by the sea

A centuries-old bond with the sea and fishing is an integral part of Baltic culture. Some time ago, Latvians even had ‘fish day’ once a week, on Thursdays. The ethos behind *Zivju Lete* is to make every day a fish day!

Born from the love of seafood and Latvia’s fishing heritage, *Zivju Lete* first opened its doors in 2015. The concept of a place specialising in fish – something that was lacking on Riga’s gastronomic scene – was an instant success. First, the restaurant offered a small menu that changed regularly depending on the catch of the day. But the demand for seafood delicacies has been growing, and in 2018 *Zivju Lete* relocated to new, more spacious premises.

The new restaurant has introduced a more varied menu, where everyone can find a dish to their liking. *Zivju Lete*’s cuisine combines the best of fish and seafood recipes, both local and international. The menu features well-known classics like tartares, fish soups, mussels, and seafood sauté as well as



Dzirnavu iela 41, Riga  
Website: [zivjulete.lv](http://zivjulete.lv)

Open: Mon – Thu 12:00 – 22:00  
Fri – Sa. 12:00 – 23:00  
Sun 12:00-21:00



some regional specialties, such as Baltic herring and sprats. The main goal of *Zivju Lete*’s cooking style is to showcase the seafood’s beauty without over-complicating its natural flavour. Recently, the specially invited chef from Italy, Andrea Salvatori, has added flawless Mediterranean flair to the restaurant’s cuisine with signature grilled dishes.

An actual *zivju lete* (or ‘fish counter’) forms the centrepiece of the open-plan kitchen. Here the best of the sea is displayed, from local fish to exotic seafood. What sets *Zivju Lete* apart is that it offers all of this at a reasonable price point. Whether it’s the finer end of the spectrum, like oysters and lobster, or fish brought by local fishmongers – seafood can and

must be enjoyed every day. To fulfil this initiative, *Zivju Lete* has created a menu that includes an extensive choice of foods, including the simple fish and chips with cod.

The laid-back and casual atmosphere is also imprinted in *Zivju Lete*’s design. Located in one of the most beautiful and prestigious parts of Riga, the restaurant’s interior is far from snobby or pretentious. A combination of fishing-boat décor, handmade wood furniture, vintage glass tiles, and unique design elements make for a cheerful, coastal vibe. In fact, when visiting *Zivju Lete*, one can almost hear the waves and expect the fisherman whose tattoos inspired the restaurant’s wall painting to walk in through the door at any given moment.



Publicity photos



# OLIVIA RESTAURANT

## AN UNFORGETTABLE GASTRONOMY EXPERIENCE

### Mediterranean cuisine with hints of Scandinavian flavour

For more than three years now, *Olivia Restaurant* has been welcoming Rigans and guests to the city with a combination of Mediterranean and Northern traditions and foods that are not available anywhere else in Latvia.

In creating the menu, the team at *Olivia Restaurant* has taken inspiration from French, Italian, Greek, and Spanish gastronomic traditions, and has also included hints of Asian flavours and combined everything with the chef’s own passion for experimental cuisine. However, the team always pays the most attention to the ingredients they use – they must be not only seasonal but also clean and organically grown. ‘Fresh produce and ingredients are the most

important thing. They must be not only correctly grown, obtained, and delivered but also be processed correctly in our kitchen,’ says the chef. ‘Therefore our task is to find produce and meats of excellent quality, prepare them with respect, and serve them in an agreeable setting. In addition, it’s important for us to give thought to each ingredient, from the fish and meat all the way to the mushrooms and berries, which are, for example, gathered in the forests of northern Finland. If each of the ingredients in a dish is of the highest quality, then the meal is truly delicious and enjoyable.’

*Olivia Restaurant* is distinct not only for its high-quality produce and unique flavours and manner of preparation, but



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Website: [oliviarestaurant.lv](http://oliviarestaurant.lv)  
Opening hours:  
Mon-Sun 12.00–23.00



Seafood platter



King crab in white wine sauce with fennel, sweet onions, and blue cheese



Galician octopus with sweet onion and marrow purée, spinach and crab and Romesco sauce



Grass-fed beef ribeye steak (entrecôte) from New Zealand

also for its general philosophy. Each food on the menu has a story of its own. The main menu highlights fish and seafood: the Mediterranean turbot is from the French coast, where it is raised on an organic fish farm, while the North Sea cod is caught in the Barents Sea and the shrimp are supplied from Canada. The swordfish comes from the Atlantic Ocean and sometimes takes more than 20 hours to be delivered to the restaurant. *Olivia Restaurant* is the only restaurant in Latvia to have been granted an official catch quota for bluefin tuna, leading its restaurant team to create a unique concept for Riga – a tuna menu.

The *Olivia Restaurant* team has also kept meat lovers in mind. Most of its meats come from Ireland because in addition to having been quality meat producers for many generations, the Irish are also able to ensure that the meat delivered to the restaurant is organically grown, tender, juicy, and full of flavour.

The dessert menu at *Olivia Restaurant* is not large, but each of the dishes contains refined, nuanced flavours that might even recall childhood. One of the favourite desserts at the restaurant is the caramelised Brunost,

or cheese cream with cloudberry from the Arctic – guests call it an absolute masterpiece. Another highlight is the chocolate brownie with black garlic and lingonberry sauce, which once again confirms the chef’s tendency to not shy away from experimenting with various flavours and manners of preparation. It is precisely for this reason that the menu at *Olivia Restaurant* often features fermented products made on site at the restaurant, including nuts, egg yolks, and kombucha, which features in several sauces.

*Olivia Restaurant* is located in a two-storey wooden building dating to the 19<sup>th</sup> century in the heart of Riga’s Art Nouveau district. The restaurant has taken care not only with its gastronomic offer but also its visual image. Naturally, the exterior attracts attention, but so does the well-considered interior with its subtle colours, brick walls, velvet, copper, wood, and the romance of an attic space. Because *Olivia Restaurant* can accommodate up to 100 guests, the restaurant’s unforced informal atmosphere is ideal for meetings with friends and romantic dinners as well as for business meetings and larger celebrations.



# WELCOME ABOARD WITH *airBaltic*



Gran Canaria, Maspalomas dunes

## LA GRAN CANARIA AWAITS

As of late October 2025, *airBaltic* will offer direct flights between Gran Canaria and ten locations in northern Europe. With golden sandy beaches, azure waters, spectacular peaks, and historical landmarks, the third-largest of the Canary Islands is a versatile destination that caters to every kind of autumn-sun seeker.

### GRAN CANARIA'S HIGHLIGHTS

**Vegueta** is the old town of Las Palmas de Gran Canaria, the island's capital. Its picturesque cobbled streets and magnificent colonial architecture with landmarks such as the Plaza de Santa Ana will transport you back in time.

**Roque Nublo**, the volcanic rock that overlooks Gran Canaria, is considered one of the biggest natural crags in the world and boasts breathtaking views from its summit.

**Maspalomas Beach and Dunes** is a protected nature reserve that stretches along the coastline with pristine desert-like dunes that entice adventure-seekers to explore. The nearby lighthouse offers lovely vistas of the island.

**Puerto de Mogán** is a charming crescent-shaped fishing village with a busy marina and stunning resort architecture. While away the hours sunbathing on the sandy beach whilst observing the yacht traffic.

Book your tickets now and escape the chilly northern autumn. Starting from October 23, flights between Riga and Gran Canaria will operate three times a week. From December 2023, fly to Gran Canaria with *airBaltic* from Oslo, Oslo Torp, Bergen, Copenhagen, Aalborg, Billund, Tampere, Tallinn, and Vilnius.



## LA DOLCE VITA IN ITALY

As the summer heat wanes in northern Europe, the Italian sun lures holidaymakers. From the shaft to the heel of Italy's 'boot', this sun-soaked country of pizza, pasta, and aperitivo abounds with corners yet undiscovered or worth revisiting.

### PISA

Pisa is the launch pad for discovering Tuscany, one of Italy's most breathtaking regions. After taking the iconic photo of holding up the city's leaning tower, set out to explore Tuscany's rolling hills, extensive vineyards, and countless olive groves interrupted only by picturesque historical towns such as Lucca and San Gimignano. Home to several world-class red wine varieties, be ready for a wine-focused jamboree during the grape harvest season from August to October.

Flights from EUR 119 one way.

### MILAN

There's always a reason to visit Milan, Italy's design and fashion capital, be it only for a glimpse of the magnificent Duomo di Milano and the

opulent Galleria Vittorio Emanuele II. After exploring the city's artistic Brera neighbourhood and romantic Navigli, venture out on a day trip for stunning vistas of Lake Como, which lies just an hour's train ride away.

Flights from EUR 59 one way.

### CATANIA

Sicily's second city boasts a magnificent UNESCO-listed historical centre, stunning Baroque landmarks, coastline scenery, and second-to-none local gastronomy. Sitting at the foot of Mount Etna, Europe's most active volcano, the scenic surroundings are

perfect for hiking, cable-car adventures, and road trips. The ancient town of Taormina that recently featured in the *HBO Max* series *The White Lotus* is just an hour's drive away.

Flights from EUR 115 one way.

### NAPLES

The birthplace of pizza, Naples spoils visitors with culinary delicacies, vibrant street culture, and many nearby landmarks, including the fascinating ruins of Pompeii and Herculaneum and majestic Mount Vesuvius. Consider also taking a ferry from Naples to the picturesque

island of Capri or exploring the breathtaking landscapes of the Amalfi Coast.

Flights from EUR 165 one way.

### VENICE

With fewer crowds than in summer, the floating city is as enchanting as ever in autumn. Marvel at the gondola-filled canals, striking St. Mark's Square, and the Doge's Palace. For a day trip, head to the nearby islands of Murano to witness the artistry of glassblowing and Burano to experience the colourful charm of its picturesque houses.

Flights from EUR 109 one way.

Vineyards and the town of San Gimignano in the distance, Tuscany



Scenic Naviglio Grande canal in Milan



A view from the medieval Castle Aci Castello, Catania



The Amalfi cityscape on the coastline of the Mediterranean sea



Rialto Bridge in Venice



## UNLOCK UNPARALLELED COMFORT: LOUNGE PASS AND EXPEDITED CHECK-IN



To get the best flight deals, look for prices with cherries on [airbaltic.com](https://www.airbaltic.com/)!

All flight prices mentioned in this magazine apply to GREEN tickets from Riga that are booked in advance at [www.airbaltic.com](https://www.airbaltic.com/). Prices are subject to availability and not available for all flights or days. Special conditions apply. Prices can be changed unilaterally by *airBaltic*.





### ENJOY THE FLIGHT!

**Kid's menu:** Nothing keeps children as busy as a tasty meal. Pre-order some of the special meals cooked up by our sky chefs that are specially made for little flyers. From chicken nuggets and fish sticks to pancakes, everything is served in a playful way that will make your child smile. [airbaltic.com/meal](http://airbaltic.com/meal)

**Entertainment:** To while away the flight hours, *airBaltic* has prepared special sticker sets for kids. Ask your flight attendant for a free copy.

## FAMILY-FRIENDLY DESTINATIONS

### Copenhagen, Denmark

The Danish love spending time with children, and this is reflected in Copenhagen's urban fabric, with the Tivoli Gardens amusement park as its highlight.

### Barcelona, Spain

With its beautiful beaches, enchanting Park Güell, and the thrilling Tibidabo amusement park, this city is ideal for families.

### Paris, France

Paris is a dream destination for families, offering iconic landmarks such as the Eiffel Tower, stunning boat rides on the Seine River, and the magical world of Disneyland Paris.

### Berlin, Germany

This is a family-friendly city with attractions including the Berlin Zoo, Legoland Discovery Centre, and the fascinating Museum of Natural History.

## Family-friendly flying

*airBaltic* believes every flight is an opportunity to create magical family experiences. Here are some things to consider in order to make flying with children easy and fun.

### TRAVELLING WITH INFANTS (0–2 YEARS)

#### Booking tickets

- Infant passengers without a seat receive a 90% discount (excluding taxes and surcharges).
- Each infant must be accompanied by an adult (16 years or older). One adult can only take care of one baby on board, so the number of infants requires the same number of adult passengers. For example, three infants must travel in the company of three adults.
- Book your tickets early: only ten infants are allowed on board an *Airbus A220-300* aircraft.
- Have you decided to bring along the baby at the last minute? No worries, you can still purchase a child's ticket after booking the flight by contacting the *airBaltic* Call Centre.

#### Arriving at the airport

- Check in online to avoid extra hassle at the airport. Online check-in is available as early as five days before the flight.
- Passengers travelling with infants can take on board reasonable quantities of liquids (e.g., baby food, etc.). However, you may be asked to show them at the security gates. Security restrictions may vary from airport to airport.
- Just like any other passenger, children must hold a valid travel document with

a photo to board the flight. Newborns younger than eight days old can only fly with a valid medical clearance.

- Diapers, clothes, toys – we know that little passengers come with baggage. Therefore, each baby or toddler gets one checked bag (up to 10 kg) free of charge, plus one fully collapsible pram (or stroller, carrycot, or infant-type car seat). The accompanying adult's cabin baggage allowance remains the same.
- To make your airport experience even smoother, *airBaltic* offers priority boarding for all passengers travelling with infants. Ease your way through the airport by taking a stroller to the gate and dropping it off when boarding the plane.

#### On board

- Nothing feels safer than a loved one's lap. Infant fare does not include a separate seat on the plane; the baby sits on the accompanying adult passenger's lap. Flight attendants will provide a safety belt for the infant before take-off.
- If a passenger wants a separate seat for an infant, this service can be purchased online or through the Call Centre. But for safety reasons, they are still required to hold the infant in their lap during the aircraft's ground movement, take-off, and landing and when the seatbelt sign is on, even if a separate seat has been booked.
- *airBaltic* does not provide an infant restraint system, but parents are

welcome to bring their own car seats or baby baskets on board (for specific requirements, check [airbaltic.com/en/travelling-with-infants](http://airbaltic.com/en/travelling-with-infants)).

- For security reasons, passengers with infants must sit in window seats. But this provides them with captivating views of the clouds to keep babies engaged!

### TRAVELLING WITH CHILDREN (2–17 YEARS)

Children receive a discount of up to 25% on their fares (excluding taxes and surcharges) for any ticket type, but they must be accompanied by an adult aged 16 or older. Children aged 12 or older can fly alone if they hold a passport/ID card.

### CHILDREN TRAVELLING ALONE

If you are ready to send your little adventurer on a solo flight, make sure they arrive safely with *airBaltic's* unaccompanied minor service. The service is available for children aged five and up. The unaccompanied minor service includes supervision from check-in to meeting a parent/guardian at the destination. Additional rules apply depending on the child's country of residence and destination country. For more info, see [www.airbaltic.com/en/children-travelling-alone](http://www.airbaltic.com/en/children-travelling-alone).



## Planies NFTs – a new digital loyalty experience

*Planies* is a digital collection of 10 000 cartoon aircraft collectibles powered by *airBaltic*. Each *Planie* is a unique work of digital art made from 180 different traits such as a mouth, wings, and engines. The magic happens when *Planies* are linked to your *airBaltic Club* account and start earning you amazing travel benefits such as loyalty points and flight upgrades. *Planies* bring digital loyalty to new heights – a place where digital art and loyalty benefits become one. This is something that has never been done before in the airline industry.



*Planies* will get you unlimited *airBaltic Club* benefits for each *Planie* you hold; these benefits can be enjoyed by *Planie* holders or anyone else. The more *Planies* you own, the more benefits you get.

Each *Planie* will get you numerous *airBaltic Club* benefits:

- ✈️ 20 loyalty points every day;
- ✈️ Business class upgrade after every 10 flights flown;
- ✈️ VIP membership status when staking 25 *Planies*.

You can purchase a *Planie* at [planiesnft.com](http://planiesnft.com) with a credit card or a cryptocurrency wallet and enjoy a new digital loyalty experience.

To start earning *airBaltic Club* travel benefits, all you need to do is link the wallet in which the *Planie* is stored to your *airBaltic Club* account at [mint.planiesnft.com/stake](http://mint.planiesnft.com/stake).

Scan to get your *Planie*



- 🌐 [airbaltic.com/en/planies-nft](http://airbaltic.com/en/planies-nft)
- ✉️ [planies@airbaltic.com](mailto:planies@airbaltic.com)
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- 🐦 @PlaniesNFT
- 🔗 [opensea.io/collection/planies](https://opensea.io/collection/planies)



EXTRA POINTS FOR PLANIES HOLDERS

Each *Planie* is unique and composed of various traits that collectively form its distinct character. Traits enhance the *Planies*’ design by adding layers and bringing them to life with excitement. *Planies* encompass 180 traits categorised into groups such as background, eyes, skin, mouth, accessories, wings, etc. For example, traits can include origami wings, sunglasses, leopard skin, an Elvis hairstyle, a pilot’s hat, and more.

Certain traits are rarer than others, which is determined by the number of *Planies* sharing the same trait. Each trait in a particular *Planie* is assigned a rarity score based on the percentage of *Planies* possessing that specific trait in the collection. You can verify your *Planie*’s rarity ranking on OpenSea.

Often *Planies* holders with specific traits receive additional surprises from *airBaltic*, such as EUR 50 travel vouchers or extra



*airBaltic Club* points. Last month, *Planies* holders who had staked their *Planies* and possessed the Bags trait were delighted to receive a generous reward of 2,000 *airBaltic Club* points. This is enough points to pay for heavy cabin baggage; the points can also be used towards flight tickets, Business-class upgrades, and much more. Any guesses on which trait will be chosen for the next trait drop?

COLLABORATION WITH THE LATVIAN BLOCKCHAIN ASSOCIATION

*airBaltic* has established a reputation for innovation within the global aviation industry. In 2014 the company was the first airline in the world to accept cryptocurrency for flight ticket purchases. In 2021 *airBaltic* once again demonstrated its pioneering spirit by becoming the first international airline to introduce NFTs. The launch of *Planies* in 2022 marked the first stride towards a future of a completely personalised and tokenised loyalty programme, thereby ushering the airline closer to the Web 3 realm.

To support its journey of innovation, *airBaltic* has become a member of the Latvian Blockchain Association (LBAA), a non-profit organisation dedicated to promoting blockchain technology adoption in Latvia and fostering collaboration among various stakeholders. LBAA’s mission is to establish Latvia as a prominent hub for Web 3 technologies. *airBaltic* is supportive of this mission and is actively engaging in sharing its Web 3 experiences and collaborating with fellow pioneers in the realm of innovation.



DON’T MISS OUT – FLY FOR FREE

Imagine a world where you can fly for free and enjoy the comfort of Business class. With *Planies*, this dream can become a reality. *Planies* offer you the key to incredible benefits with *airBaltic*, enabling you to effortlessly earn 20 *airBaltic Club* loyalty points daily. Plus, after every 10 flights with *airBaltic*, you’ll be treated to a complimentary Business-class upgrade.

Picture this: you purchase 5 *Planies*. Within a mere 12 months, you’ll have accumulated a staggering 36,000 *airBaltic Club* points. That’s not all! Flying with *airBaltic* just 10 times will earn you 5 free upgrades to Business class. *Planies* are the ultimate tool for boosting your *airBaltic Club* points and unlocking Business class experiences. Don’t miss out on these incredible benefits – get *Planies* now!



BECOME A VIP

Now *airBaltic* customers can obtain the airline’s top-tier VIP membership status by simply purchasing 25 *Planies* – act today to start enjoying VIP perks such as fast-track security, airport lounge access, Business-class upgrades, and extra luggage. To enjoy VIP benefits instantly, simply purchase 25 *Planies*.

Planie of the Month



WANT TO SEE YOUR PLANIE IN THE NEXT BALTIC OUTLOOK?

Calling all *Planies* enthusiasts! The ongoing *Planie* of the Month contest is your chance to showcase your unique *Planie*. Submit your favourite *Planie* for a chance to be featured in the upcoming September issue of *Baltic Outlook* and win fantastic *Planies* merchandise.

Don’t miss out on this exciting opportunity! Stay tuned for the competition announcement on Twitter: @PlaniesNFT, coming in early August. Show the world your extraordinary *Planie*!

Chapter 8

Even though we still believed that the sky

would be full of *Planies* once again, it seemed that we were getting further and further away from finding the answer to the question of how to get there. As if it were not enough that we were grounded and prohibited to fly, we also had to say goodbye to our family – and that tore our already broken hearts even more.

We saw pilots hanging up their hats, check-in agents leaving the airport, and flight operations coordinators turning off their walkie-talkies. To some we said awkward goodbyes, as nobody knew if this would be the last time we would see each other; to others, we had to give our farewells from a distance due to health and safety protocols.

We still remember the eerie silence at the airport – we had never experienced something like that. No flight schedules, no passengers, no hustle and bustle. We sorely missed the pleasant chaos of airports.

Being grounded and unable to fly is one of the worst possible scenarios for an airplane...at least that’s what we thought until we even had our engines covered with tarps. It felt like we were being handcuffed. And then it got even worse – we were locked in a hangar with all the lights turned off. Darkness everywhere. Isolation, loneliness, and longing for our family – it felt like we were being punished but we didn’t know for what. It was a nightmare we longed to wake up from. But in spite of everything, we still had hope...

Author: Lāsma Ozoliņa,  
Loyalty Projects Manager at *airBaltic*



CAPTAIN PLANIE’S LOG

Get ready for another thrilling chapter in the *Captain Planie’s Log* series! This month, *Captain Planie* takes us on a journey back to a dark time when airports fell into hushed stillness and airpans were grounded.

Every month a new chapter will be published in *Baltic Outlook* and at [medium.com/@planiesnft](https://medium.com/@planiesnft). Don’t miss out on the opportunity to join the *Planies* on their adventures and discover the secrets of their past.

HAVE FUN SHOPPING!

Whether you’re the proud owner of a *Planie* or only thinking about buying one, you can still rock that *Planies* hoodie or warm winter hat. Shop for *Planies*-inspired merchandise and gifts at the *airBaltic Shop*: [souvenirs.airBaltic.com](https://souvenirs.airBaltic.com).



For more information and updates on *Planies* NFTs, visit [planiesnft.com](https://planiesnft.com) and follow @PlaniesNFT on Twitter.



Words by Ilze Pole  
Photo by Dmitrijs Šulžics (*F64*)



**Ilze Strauta,**  
VP Crew Planning

## Coaching – it's all about progress and the future

Ilze Strauta has worked at *airBaltic* for 16 years and is responsible for crew planning. During the pandemic, she and 14 of her colleagues became business coaches certified by the European Coach Federation. The airline established this programme in 2021, recognising the importance of coaching as a key element to enhance personal and business performance.

Since its introduction, more than 50 employees have taken advantage of the *airBaltic* internal coaching programme. Last year, Ilze and another internal coach successfully obtained additional team coaching certificates, further enhancing their skills and expertise. They now extend their valuable services to all employees at *airBaltic*, providing high performance team coaching support within the organisation.

**But first, how did you end up working at *airBaltic*?**

While still at my previous job, I realised that I needed a change. I had been there for five years and felt the need to start something new. I had had a similar experience before, that I yearn for change in a job around the five-year mark. But I've now been at *airBaltic* for already 16 years. The work environment here is so dynamic that I almost feel like I'm in a different company every day (*laughs*)!

I'm currently responsible for crew planning. My department, now 15 people strong, is the one that plans the pilots' and flight attendants' schedules for the coming month. We're also responsible for ensuring that all flights are fully crewed because sometimes a crew member falls ill and a replacement has to be found, or a flight is delayed or something happens to a plane and it doesn't return to Riga right away. We keep track of this and make sure that all flights are fully crewed with qualified, well-rested pilots and cabin crew.

**Do you use special software in the crew planning process?**

Yes, *airBaltic* uses one of the world's most renowned programmes, which is essentially a powerful optimisation engine. Among the input it receives is information on what the working and rest time restrictions are at the European level as well as in Latvia and at the level of the *airBaltic* collective agreement, and all of these must be respected. The software also calculates what is the potential fatigue level for each flight and makes sure that it does not fall below a certain mark.

Crew members can also register their preferences for the coming month. For example, a crew member may request that they want to fly from Tallinn, or have a specific day off, and we take this into account as far as possible.

The system is advanced and is able to provide similarly distributed workloads as well as days off and fulfilment of flight bids. By putting all these inputs together, it calculates the best possible work schedules for our approximately 1100 pilots and flight attendants.

My responsibility as a manager is to make sure that this process runs as smoothly as possible. I'm also responsible for the budget calculations. We're already forming the crews for the coming year, so in essence, as the head of the department, I'm already living in 2024! The recruitment and selection process is not very fast. It can take up to half a year (and even longer in the case of pilots) to select candidates and hire new employees.

**What do you find most exciting about your job?**

I think the complexity of the whole process, because I've always liked to see the big picture. Since we work with two big systems, IT is important in my job, but people are just as important. And there are a lot of people involved! But most importantly – and this touches on the subject of coaching – I like seeing that my employees love what they do and enjoy coming to work. That's the most satisfying thing for me.

**What was your motivation for joining the coaching programme?**

Just as I accidentally ended up in this position at *airBaltic*, I also accidentally ended up in the coaching programme. I was among 14 colleagues from a variety of departments who started to train as internal coaches, and I was hooked from the very first session.

I've always been a logical, analytical person; I like to calculate and I like numbers. But this programme – which requires delving into the essence of a person, their strengths and weaknesses, and discovering their resources and potential – intrigued me immensely. I realised that even the best IT system in the world can't do much if you don't have committed and engaged people working with that system.

I felt very comfortable with the coaching process. So, after about six months of training here at *airBaltic*, I decided to continue my training. Last summer I enrolled in the programme The Art & Science of Coaching at the Riga Coaching School. At *airBaltic* we're more focused on business coaching, but this opened up an even deeper interest in me. The school also offers a very interesting programme called Workplace Coaching, which is especially suited for entrepreneurs and people from business backgrounds.

This summer I'm working as an assistant trainer, and it's a pleasure and an honour to do so. This is the next step in my development in this field. The programme is attended by people from a business background who want to implement a coaching approach in their own business environment. So I also have the opportunity to share my experience.

**How does coaching differ from psychology?**

First of all, psychology often analyses the past. Psychologists work with clients who want to understand and free themselves of certain negative aspects of their past and the consequences thereof. Coaching is about the future and about progress. It asks what the client wants from the future, what they see as their goal and the way to achieve it.

**What are the main topics that colleagues work on with internal coaches?**

I'll start by emphasising that we all work under the International Coaching Federation's standard of confidentiality and ethics and do not disclose what we discuss with our clients. With this, I'd also encourage those colleagues for whom confidentiality is an important issue to not hesitate about meeting with a coach.

In my experience, people see a coach not only about work but also to sort out some aspect of their personal lives. For example, questions about work-life balance, or how to manage a relationship with a particular colleague or group in another department. How to be successful in a particular project, how to learn to work together.

When you decide to see a coach, you're already engaged in an internal evaluation process; you've already realised that there's something you want to improve in your life. And that's a big step – maybe even the most important step – because coaching is about self-awareness.

I think most of my clients leave our coaching sessions satisfied. And satisfied not in the sense that they're happy and joyful, but that they have something to think about, a feeling that there's been a turning point, that they can look at their problem or situation in a different way. Changing something about ourselves

isn't always easy. But the coach is a partner to the client, supporting the client in finding ways they can achieve that change in a way that's acceptable to them.

**Do you also do team coaching?**

Yes, there are two of us at *airBaltic* who are also team coaches. These sessions are longer because there are more people involved. We focus a lot on clarifying a team's goals and mission. It may turn out that every member of the team has a completely different understanding of what the team's overall goals are. So we work to get everyone on the same page, and the team becomes more productive because now they're all looking at the same goals. We also work with values, helping each team member understand their individual value to the team.

**What has changed for you personally since you became a coach?**

A lot! I now listen to people in a completely different way – I've learned to really hear what is said and even more: what is not said. I've also realised that if I don't work with myself, I can't be a good coach. I have to be aware of my own resources and how I prioritise my life, because how can I promote this in others if I don't practise it myself every day?

**The coach's responsibility is the process; the client's responsibility is the progress**

That said, coaches need to recognise and manage their own emotions during a session – we must not ask questions through the prism of our own prejudices, upbringing, or experience. This isn't about my own life experience or my own knowledge. A coaching session is only about the client's resources and the client's potential.

People often think that I will tell them what to do. But I don't do that, because otherwise it wouldn't be the client's decision. What happens in a client's life – what they choose to do after the coaching session, whether to act on the insights they've gained or not – is their own responsibility. The coach's responsibility is the process; the client's responsibility is the progress.

**How does this internal coaching system benefit the company?**

I'd say that the biggest benefit is that coaching helps you learn to be aware of yourself; you start to understand that everything that happens in your life is your own responsibility. What you do today will determine your life tomorrow. When people realise this, they also start to understand what it is that they want to do and what their motivation for doing so really is.

Maybe someone decides to quit their job, realising that it's not the right kind of work for them. But then someone else will come in their place who really wants to work here and whose values align better with those of *airBaltic*. Or perhaps, in a moment of crisis, an employee considers leaving, but after a coaching session and having analysed what's going on in his or her personal life, realises that this is the right job after all.

It's about the self-awareness one gains. And this also benefits the company, because its employees become more intentional towards themselves and their work and responsibilities.



Words by Ilze Pole  
Photo by Dmitrijs Sulžics (F64)

## Pilots out of their office

*Baltic Outlook* introduces you to some of the most important people at *airBaltic* – its flight crew members, who have some of the most interesting hobbies.



**Mārtiņš Vilciņš (36),**  
first officer on *Airbus*  
*A220-300* aircraft, from Latvia

### HOBBY

Mārtiņš Vilciņš' hobby is motorcycling, more specifically, travelling by motorcycle. What makes this even more interesting is the fact that he creates his own routes and maps. When travel options were limited during the pandemic, he turned his attention to the Trans Euro Trail, which was used by motorcyclists who had mapped out Latvia and other European countries, creating their own routes farther away from large motorways – dirt roads, abandoned military roads, trails, and the like.

'I found it very interesting,' Mārtiņš says, 'and I felt that I could try creating my own routes, too. I take *OpenStreet* maps, *Google* maps, maps bought in stores, and any other publicly available information, and I search for little roads and paths that go past rivers, lakes, or other beautiful natural features. Then I prepare a route, make a GPX file, upload it to my navigation device, and go out and see what I find. There've been times when a farmer has expanded his potato field where there should be a road. So then I have to open up the map and see how to get around it.'

Mārtiņš also emphasises that he and his fellow travellers are very focused on preserving nature: 'We want to make sure that we leave no marks or damage behind. We have only one nature, one planet, and we must treat it with the utmost respect, care, and concern.'

And in this way, Mārtiņš has travelled all across Latvia, Saaremaa Island in Estonia, and the Curonian Spit in Lithuania. This year he drove all the way to the Lofoten Islands in Norway. In fact, he even indulges in his hobby on layovers between flights: 'In April I was in Las Palmas, Gran Canaria, and together with the captain – who also turned out to be a

big motorcycle enthusiast – we rented motorcycles and used both of our days off to explore the island. The rental company owner was also a motorcycle rider, and he told us about the best roads with the most beautiful views. We took his advice, prepared a route, and had a fantastic ride!'

### HOW IT ALL BEGAN

As a teenager, Mārtiņš wanted to become a pilot, but this dream fizzled out quite quickly, because at that time it was very expensive to train as a pilot. 'So I gave it up, started working with computers, learned to code, and linked my future with the IT industry,' Mārtiņš says. The financial crisis of 2008 brought him to Ireland, where he worked for several years as a programmer in Dublin.

'But at one point I returned to the idea of aviation. I got my private pilot's licence, joined the local flying club, and even bought myself an old plane and flew it around Ireland and sometimes further afield,' Mārtiņš says. 'And then I realised that I wanted to make flying my future. I decided to get a commercial pilot's licence as well, even though it was not a good time for aviation; it was very difficult to find a job in Europe.' But Mārtiņš says he was lucky, because once he completed his training, the market changed rapidly and pilots were in great demand.

He sent his CV to *airBaltic* and started flying for the airline in early 2018. This is also why he decided to move back to Latvia. During the pandemic, Mārtiņš did not work for *airBaltic* but temporarily returned to the IT sector. However, by the winter of 2021 he was back on the flight deck. 'The job turned out to be even more interesting than I thought,' he says. 'Every day is different, and the *airBaltic* network is fascinating!'

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# An innovative loyalty programme for every traveller

*airBaltic Club* is our loyalty programme with which you can earn points, get instant travel perks, and receive reward flights.



## EARN POINTS WITH PARTNERS, SPEND POINTS ON PRIZES!

Points are the currency of *airBaltic Club*. You can earn points every time you fly with *airBaltic* or use the services of other partners – add your membership number to a reservation or scan your digital card during the payment process to collect points for onboard purchases while flying with *airBaltic*.

Collected points can be used for reward flights to destinations all over the world as well as flight upgrades, *airBaltic* gift cards, baggage vouchers and even to pay for tickets at *airBaltic.com*. Visit the Rewards shop at *spend.airBalticclub.com* and choose your favourite prize!




## Slide towards a free flight

- Want to spend less money on a ticket? Use *airBaltic Club* points to pay for the ticket at *airBaltic.com*!
- Have at least 10 *airBaltic Club* points per passenger in your account.
  - Log into your *airBaltic* profile.
  - Mix cash and points or pay for the ticket by fully using points.



### *airBaltic Club* FLIGHT E-VOUCHER

- Book a reward flight online at any time!
- Visit the Rewards shop and exchange your points for an *airBaltic Club* flight e-voucher at *spend.airBalticclub.com*.
  - Go to *airBaltic.com* and insert the voucher code in the 'I have a gift card / discount code' field.
  - See the available reward flights and complete your online booking.

### *airBaltic* REWARD FLIGHTS

Direct flights to/from the Baltics & Finland* <small>*except Kittila</small>	the Baltics & Finland* <small>*except Kittila</small>	Scandinavia & Poland	Central & Eastern Europe	Western & Southern Europe	Asia, Middle East, Canary Islands, North Africa
In Economy class	4 500 points	5 500 points	7 500 points	12 000 points	17 500 points**
In Business class	17 000 points	22 000 points	30 000 points	35 000 points	50 000 points**

\*Airport taxes must be paid additionally. Special conditions apply.  
\*\*The price is valid for all direct flights to/from the Canary Islands.

## Partnership with KLM & Air France

Collect and spend points not only with *airBaltic*, but also with *KLM & Air France*!



### HOW DO I COLLECT POINTS?

- Go to *airBaltic.com*.
- Book a ticket for codeshare flights with *KLM* or *Air France*.
- Enter your *airBaltic Club* membership number in the reservation.
- After completing the flights, you will receive one point for every euro spent.\*

### SPEND POINTS TO TRAVEL AROUND THE WORLD

More than 100 destinations from all over the world are waiting for you, so check out your *airBaltic Club* point balance, choose your favorite *KLM* or *Air France* destination and start packing your suitcase now!

Directs flights to/from Amsterdam and Paris	Europe	Middle East	Africa	North America	Asia	South America
In Economy class	15 000 points	25 000 points	35 000 points	35 000 points	40 000 points	45 000 points
In Business class	45 000 points	75 000 points	105 000 points	105 000 points	120 000 points	135 000 points

\*Applies only to *airBaltic* tickets for codeshare flights marketed by *airBaltic* operated by *KLM* or *Air France*.

## The more you fly, the more benefits you get!

Executive and VIP status allows you to enjoy special privileges when travelling – extra baggage, fast track, and much more.



### THREE MEMBERSHIP LEVELS

If you take at least 30 one-way flights with *airBaltic* over the course of one year, you will achieve *airBaltic Club* Executive level. To reach *airBaltic Club* VIP status, you need to have at least 60 one-way flights flown with *airBaltic* within a year.

More information at *airBaltic.com/club*

Download the *airBaltic Club* app

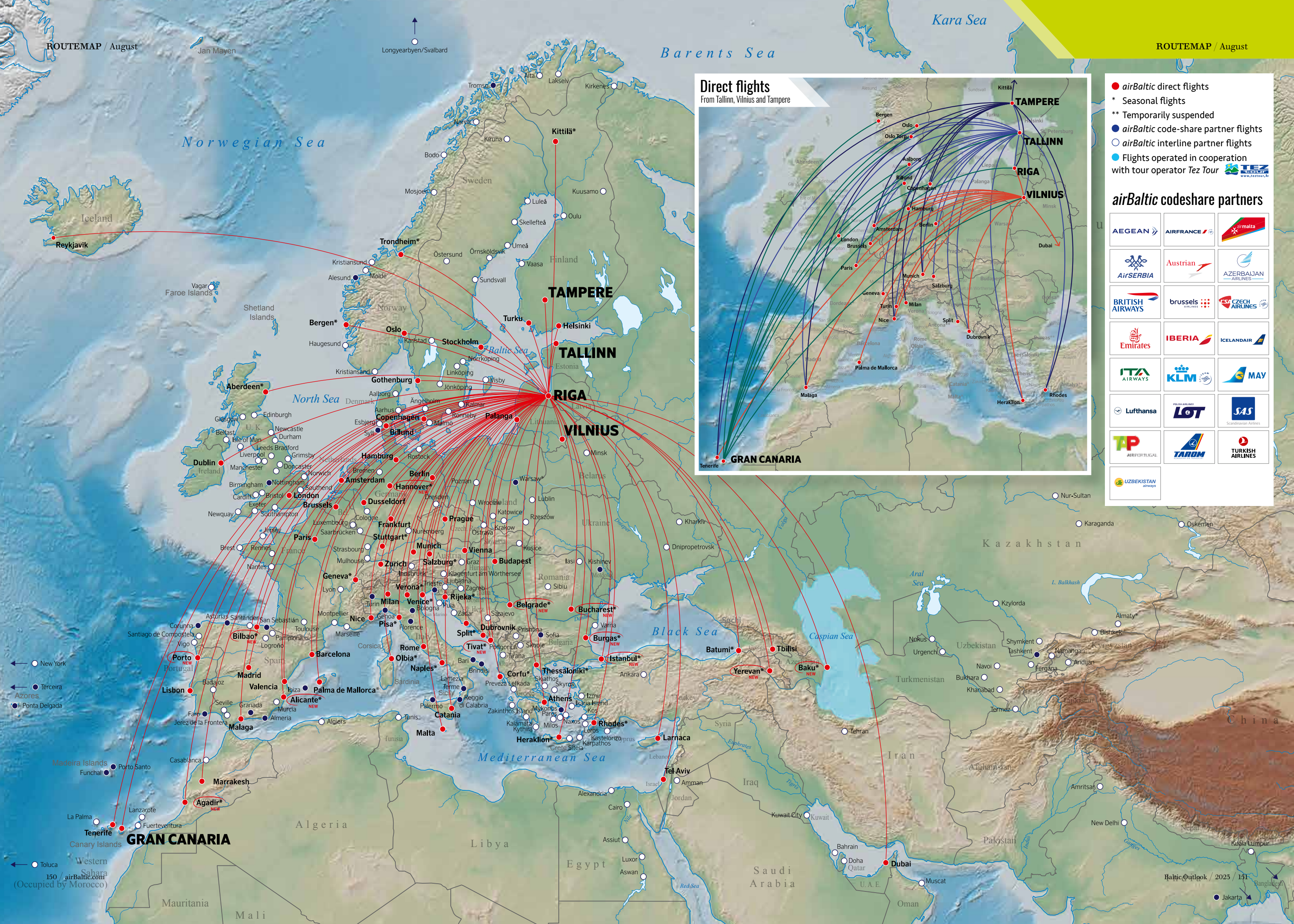




RIGA, LATVIA

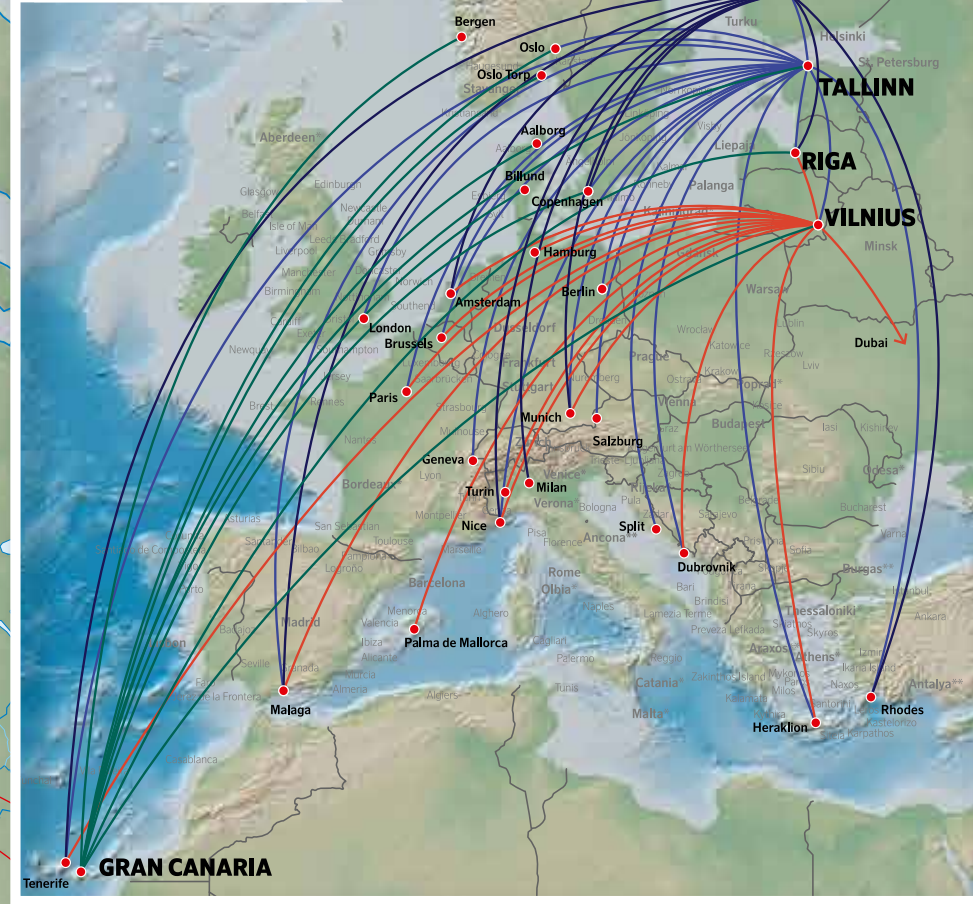
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	Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
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	BT 659	RIX	ABZ	-2---6-	16:55	17:30	BT 660	ABZ	RIX	-2---6-	18:10	22:30
	AMSTERDAM						AMSTERDAM					
	BT 617	RIX	AMS	1234567	07:45	09:05	BT 618	AMS	RIX	1234567	09:55	13:10
	BT 619	RIX	AMS	1234567	17:00	18:20	BT 620	AMS	RIX	1234567	19:05	22:20
	ATHENS						ATHENS					
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	BT 611	RIX	ATH	-2---6-	11:15	14:25	BT 612	ATH	RIX	-2---6-	15:05	18:20
B	BAKU						BAKU					
	BT 732	RIX	GVD	--3---7	23:15	05:05+1	BT 733	GVD	RIX	1-4----	06:05	10:15
	BATUMI						BATUMI					
	BT 720	RIX	BUS	-2---6-	23:20	04:20+1	BT 721	BUS	RIX	--3---7	05:30	08:50
	BARCELONA						BARCELONA					
	BT 683	RIX	BCN	1-345-7	11:00	13:40	BT 684	BCN	RIX	1-345-7	14:25	19:00
	BELGRADE						BELGRADE					
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	BT 213	RIX	BER	1-345-7	18:25	19:00	BT 214	BER	RIX	1-345-7	19:40	22:15
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	BT 699	RIX	BIO	---4--7	10:45	13:35	BT 700	BIO	RIX	---4--7	14:20	18:55
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F	FRANKFURT						FRANKFURT					
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	BT 121	RIX	GOT	--3-5-7	12:40	13:05	BT 122	GOT	RIX	--3-5-7	13:45	16:05
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	BT 251	RIX	HAM	12345-7	12:50	13:40	BT 252	HAM	RIX	12345-7	14:20	17:00
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	BT 301	RIX	HEL	1234567	07:20	08:20	BT 302	HEL	RIX	1234567	09:00	10:00
	BT 303	RIX	HEL	12345--	13:50	14:45	BT 304	HEL	RIX	12345--	15:30	16:30
	BT 307	RIX	HEL	1234567	19:40	20:40	BT 308	HEL	RIX	1234567	21:20	22:20
	BT 325	RIX	HEL	1234567	23:20	00:20+1	BT 326	HEL	RIX	1234567	05:25	06:25






### Direct flights

From Tallinn, Vilnius and Tampere



- **airBaltic** direct flights
- \* Seasonal flights
- \*\* Temporarily suspended
- **airBaltic** code-share partner flights
- **airBaltic** interline partner flights
- Flights operated in cooperation with tour operator **Tez Tour** 

### airBaltic codeshare partners



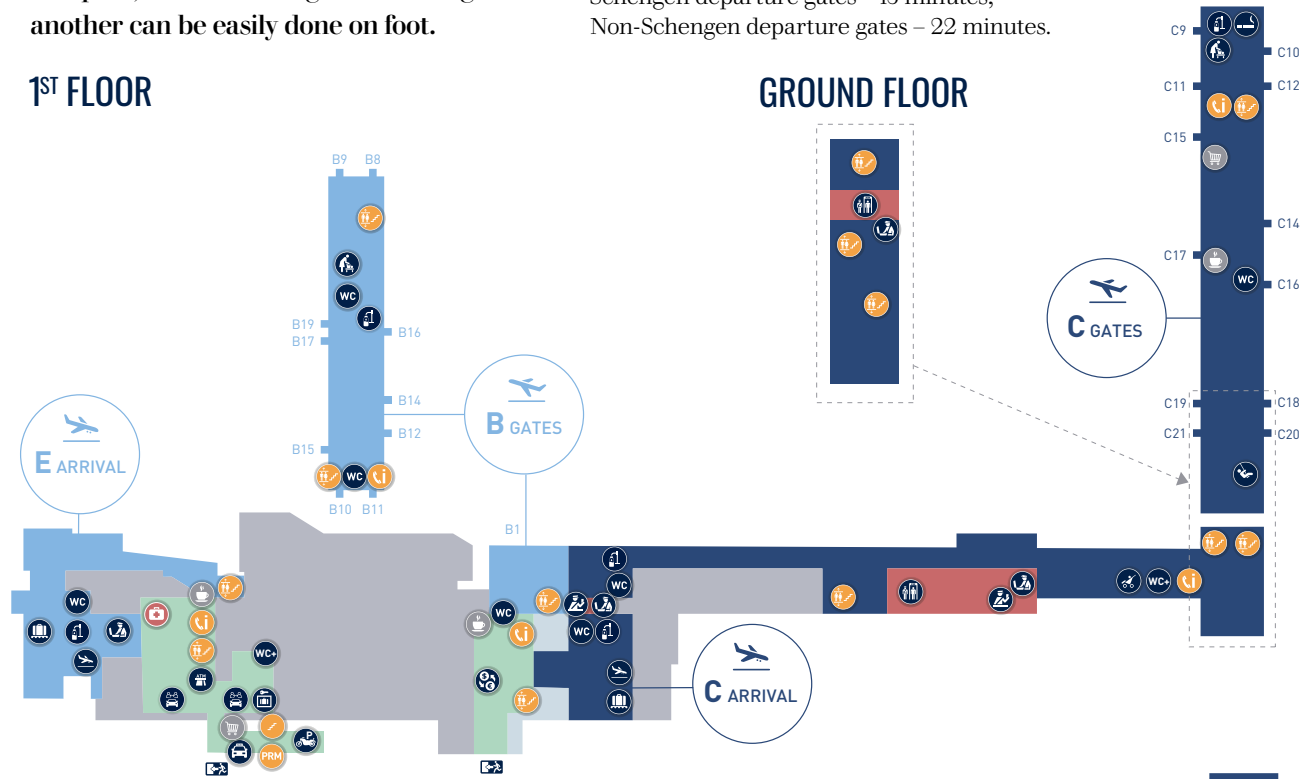
# Welcome to Riga Airport

airBaltic's home base, the Riga Airport is modern and comfortable, with many shops and cafés. At the same time it is very compact, so transferring from one flight to another can be easily done on foot.

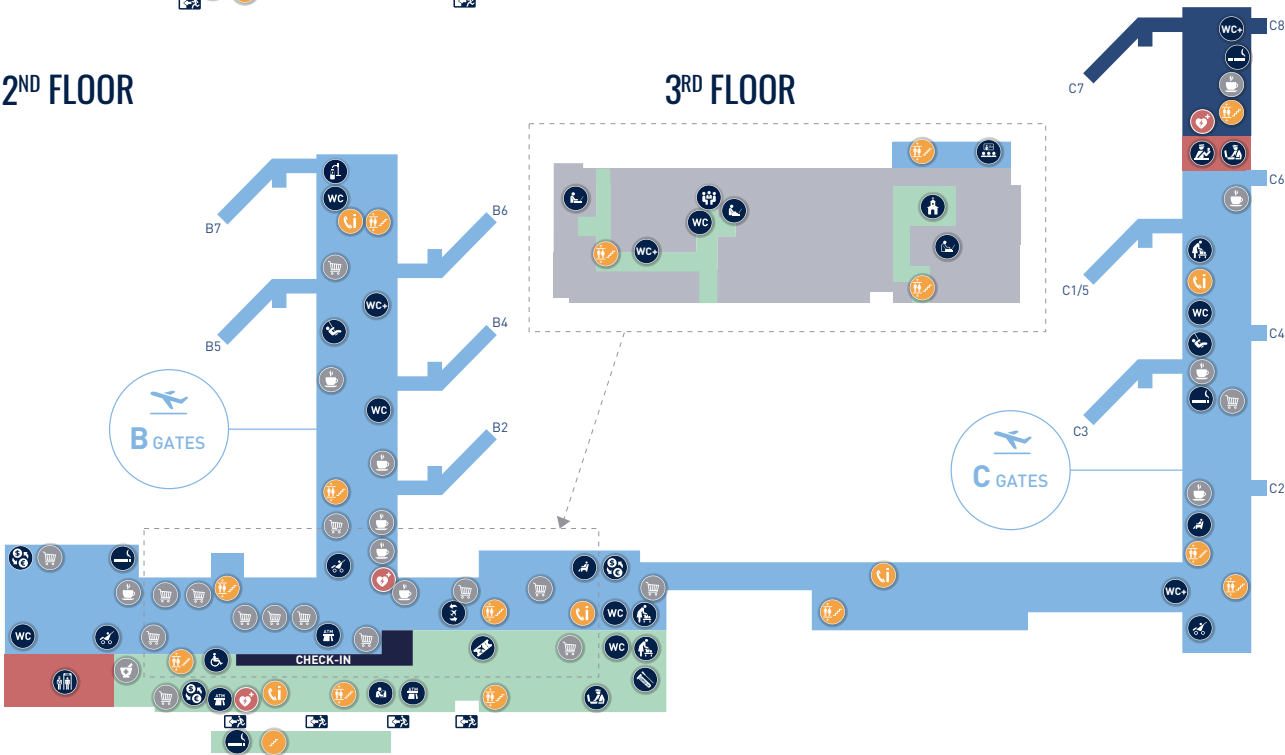
Please take into account the following average transit times:

- From Non-Schengen passport and security control 1<sup>st</sup> floor to Schengen departure gates – 15 minutes;
- From Security control 2nd floor to: Schengen departure gates – 15 minutes; Non-Schengen departure gates – 22 minutes.

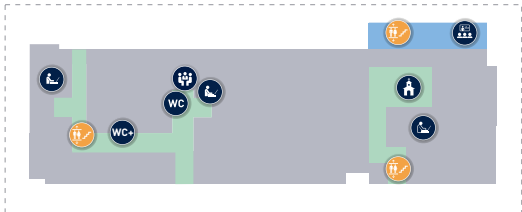
## 1<sup>ST</sup> FLOOR



## 2<sup>ND</sup> FLOOR



## 3<sup>RD</sup> FLOOR



PUBLIC ZONE	Entrance, exit	Drinking water	Baggage Storage	Transfer center	Motorcycle parking	Cafe
SCHENGEN ZONE	WC	PRM Meeting Point	Arrival Service	Chapel	Smoking area	Pharmacy
NON-SCHENGEN ZONE	WC+ WC/diaper-changing table	Self-Check-In Kiosk	Passport Control	Office	Elevator&Stairs	Shop
	Nursery	Currency Exchange	Customs Control	Longue	PRM call point	
	Baby Carriage	ATM	Security Control	Conference room	Information Point	
	Playground	Ticket offices	Arrival Service	Car rental	Defibrillator	
	Testing point	Baggage Claim	Business Lounge	Taxi	First aid	

# airCafé

Freshly made before your flight

## airBaltic Sky Service

Order meals and shop onboard from your mobile device during the flight



Scan here to order





# Appetizers | Uzkodas

Fresh meals available on flights over 1 h 30 min.

Svaigās maltītes ir pieejamas lidojumos, kas ir ilgāki par 1 h 30 min.



## Salmon salad

with quail egg and avocado dressing

Laša salāti ar paipalu olu un avokado mērci

8<sup>99</sup> €

GOES WELL WITH  
SIM PIESTĀVĒS  
Prosecco

## Tapas

Olives, breadsticks, cheese, ham and mini fuet sausages

Olīvas, maizes standziņas, siers, šķiņķis un mini fuet desiņas

7<sup>49</sup> €

GOES WELL WITH  
SIM PIESTĀVĒS  
Beer  
Alus



Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiel stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.

## Croissant

with local smoked ham, cheese and pickled cucumbers

Pildīts kraukšķīgs kruasāns ar vietējā kūpinājuma šķiņķi, sieru un marinētu gurķi

5<sup>99</sup> €

GOES WELL WITH  
SIM PIESTĀVĒS  
Chicken soup  
Vistas zupa



## Wrap

with shrimp and vegetables in ponzu sauce

Garneļu vrapš ar svaigiem dārzeņiem ponzu mērcē

6<sup>99</sup> €

GOES WELL WITH  
SIM PIESTĀVĒS  
White wine  
Baltvins

Collect  
airBaltic Club  
POINTS here!





# Hot dishes | Siltie ēdieni

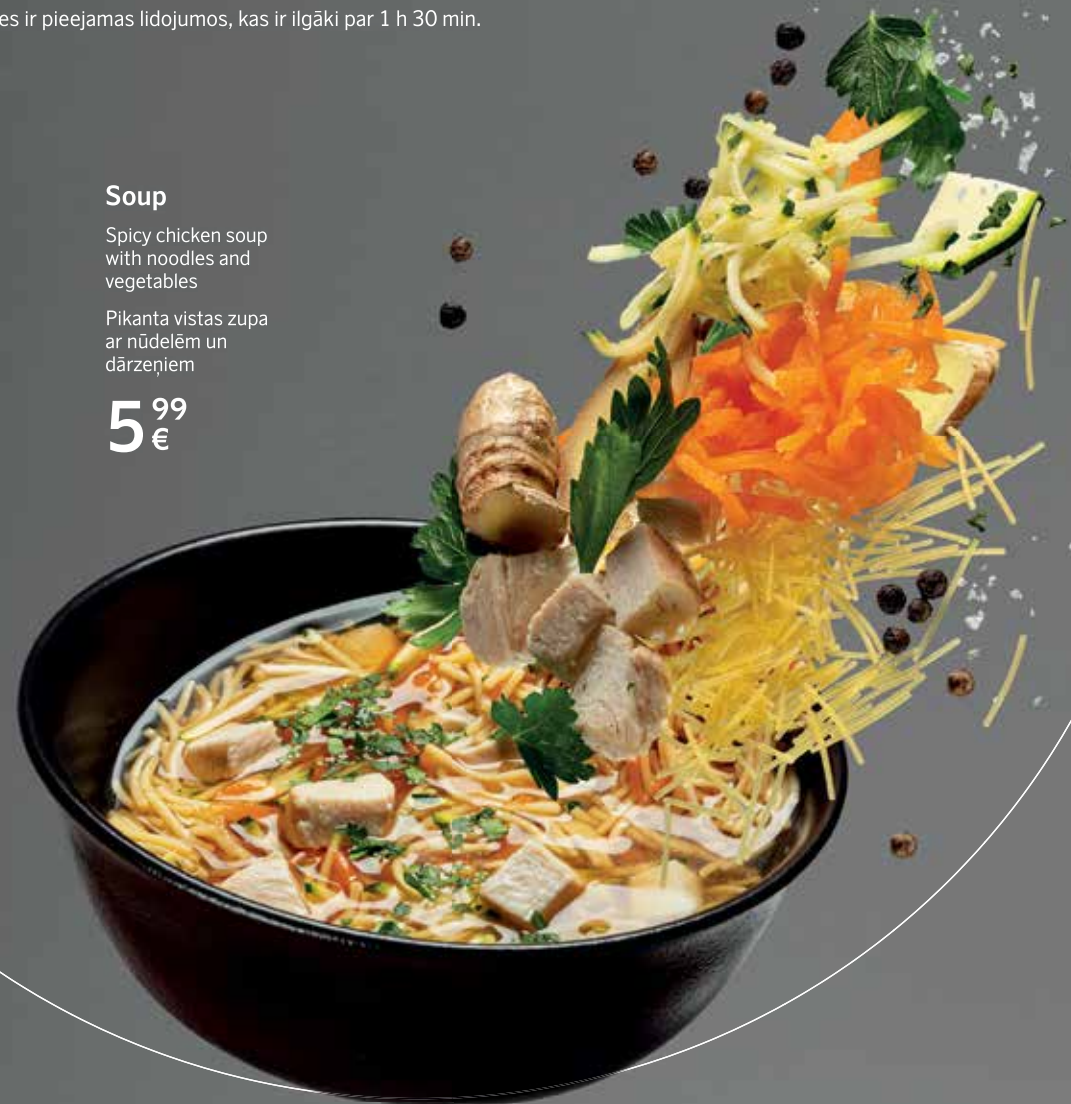
Fresh meals available on flights over 1 h 30 min.  
Svaigās maltītes ir pieejamas lidojumos, kas ir ilgāki par 1 h 30 min.

## Soup

Spicy chicken soup with noodles and vegetables

Pikanta vistas zupa ar nūdelēm un dārzeņiem

5<sup>99</sup> €



## Panini

Freshly made chicken cold cut and cheese panini with BBQ mayo

Svaigi gatavota panini maize ar vistas šķiņķi, sieru un BBQ majonēzi

7<sup>49</sup> €

## Lasagne



Vegan lasagne with vegetable sauce (gluten free)

Vegānā lazanja ar dārzeņu mērci (bez glutēna)

8<sup>99</sup> €



## Chicken

Sweet&sour chicken with rice and vegetables

Vistas filejas gabaliņi saldskābā mērcē ar rīsiem un dārzeņiem

8<sup>99</sup> €

GOES WELL WITH  
SĪM PIESTĀVĒS  
Red or white wine  
Sarkanvīns vai baltvīns





# Desserts | Deserti



## Ice cream

Assortment of  
"Skriveru mājas  
saldējums" ice cream

Dažādu veidu "Skriveru  
mājas saldējums"

4<sup>49</sup>  
€

## Cookies

The Beginnings black-  
currant cookies, 80g

"The Beginnings"  
upreņu cepumi

3<sup>99</sup>  
€

## Blueberry muffin

Melleņu kūkss

2<sup>99</sup>  
€

# Hot drinks | Karstie dzērieni



## Basilur tea

Black / green / mint

Tējas – melna /  
zaļa / piparmētru

3<sup>49</sup>  
€

## Douwe Egberts cappuccino

"Douwe Egberts"  
kapučīno

3<sup>49</sup>  
€

## Freshly brewed Barista coffee

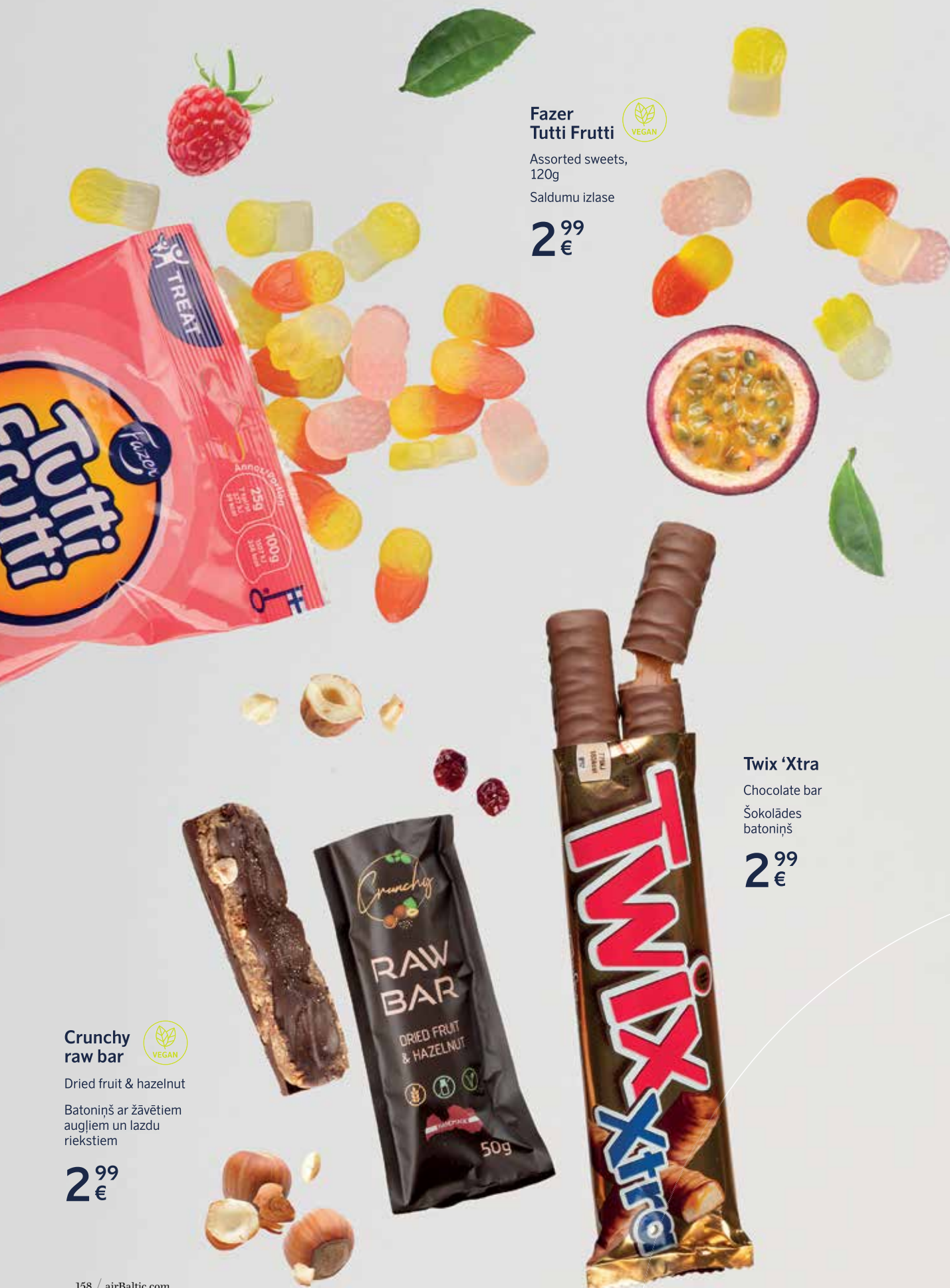
"Barista coffee"  
svaigi gatavota kafija

3<sup>99</sup>  
€





# Sweet snacks | Saldie našķi



**Fazer  
Tutti Frutti**

Assorted sweets,  
120g  
Saldumu izlase

**2<sup>99</sup>  
€**



**Crunchy  
raw bar**

Dried fruit & hazelnut  
Batonīš ar žāvētiem  
augļiem un lazdu  
riekstiem

**2<sup>99</sup>  
€**



**Twix 'Xtra**  
Chocolate bar  
Šokolādes  
batoniņš

**2<sup>99</sup>  
€**

# Salty snacks | Sāļie našķi



**Pringles  
Original**

**Pringles Sour  
Cream & Onion**

Potato chips, 40g  
Kartupeļu čipsi

**3<sup>49</sup>  
€**



**Salysol  
salted  
peanuts**

"Salysol" sāļīti  
zemesrieksti, 60g

**3<sup>49</sup>  
€**



**Crackers**

The Beginnings  
carrot&almond protein  
crackers

"The Beginnings"  
krekeri no burkāniem un  
mandelēm

**4<sup>49</sup>  
€**



**Nōo Parmesan  
Snack cigar  
sausages**

"Nōo Snack"  
cigāresīņas ar  
parmežāna sieru

**2<sup>99</sup>  
€**

**Beef Jerky**

"Nākotne" dried and smoked  
barbeque Beef Jerky, 45g

"Nākotne Beef Jerky" vītīnāta  
un kūpināta liellopa gaļa

**3<sup>99</sup>  
€**



**Mežete Dip & Go  
Classic Hummus**

with breadsticks, 90g

Humuss ar maizes  
standziņām

**3<sup>99</sup>  
€**



# Soft drinks | Dzērieni

## BalticWater natural mineral water

Still or sparkling, 33cl  
Viegli mineralizēts dabīgais ūdens, negāzēts un gāzēts

2<sup>99</sup> €

## Red Bull

Energy drink, 25cl  
Energijas dzēriens

3<sup>99</sup> €

## Ginger shot

Kloster Kitchen organic ginger shot with ginger pieces, 3cl

Dabīgs ingvera šots ar ingvera gabaliņiem

3<sup>49</sup> €



## Rauch apple, orange or tomato juice, 20cl

Ābolu, apelsīnu vai tomātu sula

2<sup>99</sup> €

## Coca-Cola, Coca-Cola Zero 33cl

2<sup>99</sup> €



## Rudy's Kombucha

Naturally fermented green tea with mango and passion fruit, 33cl

Dabīgs zaļās tējas dzēriens ar mango un marakuju

4<sup>49</sup> €



## Franklin & Sons Original Ginger Ale, 15cl

Ingvera limonāde

## Franklin & Sons Natural Indian Tonic Water, 15cl

Toniks

2<sup>99</sup> €



# Cocktails | Kokteiļi

## Jägermeister & Red Bull

9<sup>98</sup> €

## Jägermeister & ginger ale

8<sup>98</sup> €



## Beefeater London dry gin & Indian Tonic Water / apple juice

9<sup>98</sup> €

## Finlandia Premium vodka & Indian Tonic Water / ginger ale / tomato juice

8<sup>98</sup> €

## Jack Daniels whiskey & Coca-Cola / ginger ale

10<sup>48</sup> €

## Rémy Martin VSOP cognac & ginger ale

10<sup>98</sup> €





# MEŽPILS

ALUS

WHEN WE DO, WE DO GOOD

## CHEERS IN THE AIR



Experience the rich heritage and authentic taste of Mežpils Tradicionālais beer on your flight. This classic lager is brewed with the finest ingredients, resulting in a smooth and full-bodied flavor.

ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS.  
IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL  
TO UNDERAGE PERSONS.

## Wines&beers Alus un vīns



**Marcy  
Merlot& Cabernet  
Sauvignon**

18,7cl, 13%, France  
Sarkanvīns, Francija

**7<sup>99</sup>  
€**

**Marcy  
Sauvignon  
Blanc**

18,7cl, 11,5%, France  
Baltvīns, Francija

**7<sup>99</sup>  
€**

**Bottega Gold  
Prosecco Brut**

20cl, 11%, Italy  
Dzirkstošais vīns, Itālija

**8<sup>49</sup>  
€**

**Bottega Rose  
Gold Brut**

20cl, 11,5%, Italy  
Dzirkstošais vīns, Itālija

**8<sup>49</sup>  
€**



**Mežpils  
Traditional Lager**

50cl, 5,1%, Latvia  
Mežpils Tradicionālais  
Lāgers, Latvija

**7<sup>49</sup>  
€**

**Grimbergen  
Double Ambree**

Dark-coloured ale  
50cl, 6,5%, Belgium  
Tumšais alus, Beļģija

**7<sup>49</sup>  
€**

**Carlsberg**

Pilsner 33cl, 5%,  
Denmark  
Gaišais alus, Dānija

**4<sup>99</sup>  
€**



## Alcoholic beverages | Alkoholiskie dzērieni

### Finlandia

Premium vodka  
5cl, 40%  
Degvins

5<sup>99</sup> €

### Beefeater

London dry gin  
5cl, 40%  
Džins

6<sup>99</sup> €

### Tobago Gold

Chocolate rum  
cream 5cl, 17%  
Līķieris

5<sup>99</sup> €

### Jack Daniels

Whiskey  
5cl, 40%  
Viskijs

7<sup>49</sup> €

### Jägermeister

Digestif herbal  
liqueur 4cl, 35%  
Līķieris

5<sup>99</sup> €

### Rémy Martin

VSOP cognac  
5cl, 40%  
Konjaks

7<sup>99</sup> €

WATCHES • JEWELLERY • FRAGRANCES • BEAUTY • ACCESSORIES • AIRBALTIC SOUVENIRS

# Sky Shop

FIND  
A PERFECT  
GIFT

UP TO  
**61%**  
OFF





# Price Breaker

## FRAGRANCE SUPER DEALS



**PALOMA PICASSO**  
Mon Parfum EDT for her, 30 ml

€19<sup>90</sup>

City Price €36  
SAVE 45%

NEW  
ON BOARD



**ESPRIT**  
Rise & Shine EDP for her, 40 ml

€19<sup>90</sup>

City Price €24.90  
SAVE 20%

NEW  
ON BOARD



**BUGATTI**  
Bella Donna EDP for her, 60 ml

€19<sup>90</sup>

City Price €49.90  
SAVE 60%

NEW  
ON BOARD



**BUGATTI**  
Signature Black EDT for him, 100 ml

€19<sup>90</sup>

City Price €49.90  
SAVE 60%

# Price Breaker

OUR LOWEST  
PRICES

UP TO

61%  
OFF



**SARAH JESSICA PARKER**  
Lovely EDP for her, 50 ml

€19<sup>90</sup>

City Price €41  
SAVE 43%

NEW  
ON BOARD



**GUY LAROCHE**  
Drakkar Noir EDT for him, 50 ml

€19<sup>90</sup>

City Price €51  
SAVE 61%

NEW  
ON BOARD




**CERRUTI 1881**  
Image Woman EDT for her, 75 ml

€29<sup>90</sup>

City Price €58  
SAVE 48%

NEW  
ON BOARD





**ice** watch

**TIME FOR TRAVEL.**

**Solar Power**

⚡ + ☀ = 🔋

**ICE-WATCH**  
Ice Solar Watch

Go green and do your bit for the planet! The white solar-powered timepiece is ultra slim and feather light. Made from super soft silicone with a sleek dial, this unisex model is the ultimate minimalist statement. Simply expose it to natural or artificial light to charge! It comes in a reusable felt pouch made from recycled plastic bottles.

Rūpējieties par apkārtējo vidi un planētu! Šis baltais ar saules enerģiju darbināmais laikrādis ir īpaši plāns un viegls. Izgatavots no mīksta silikona ar elegantu ciparnīcu, IceSolar unisex modelis ir izteikti minimālistisks. Pulkstenis uzlādējas, vienkārši atrodoties dabiskā vai mākslīgā gaismā. Tas ir iepakots atkārtoti lietojamā filca maiņiņā, kas izgatavots no pārstrādātām plastmasas pudelēm.

**NEW**  
ON BOARD

**€99** City Price **€109**  
SAVE 9%

DIAL SIZE 36 MM	CASE MATERIAL PLASTIC	WATER RESISTANCE 5 ATM	MOVEMENT SOLAR	STRAP MATERIAL SILICONE	STRAP LENGTH 18.5 CM
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**COLOR YOUR LIFE!**

CHANGING COLOR DISCS

12:00 15:40 20:00

every day has 1440 minutes  
moving color discs change every minute  
one watch, one day, 1440 LOOKS

**Rainbow**  
emotion of colors

**RAINBOW**  
Colors of Happiness  
Unisex Watch

Designed in Germany, Japanese movement. Rainbow e-motion of Colors – the innovative transformation of time into an interaction of colors and shapes. Transparent discs continuously create new color segments which precisely show the time. Adds color to your life.

Inovātivs dizains no Vācijas, unisekss. Japāņu kvarca mehānisms. Varavīksnes krāsu e-mocijas atjautīgi pārvērš laiku krāsu un formu saspēlē. Caurspīdīgie diski nepārtraukti veido jaunus krāsu segmentus, kas rāda precīzu laiku. Krāsainai ikdienai.

**TRAVEL RETAIL EXCLUSIVE**

**€149**

DIAL SIZE 38 MM	CASE MATERIAL STAINLESS STEEL	WATER RESISTANCE 5 ATM	MOVEMENT QUARTZ	STRAP MATERIAL LEATHER	STRAP LENGTH 21.5 CM
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**CHOCOMOON**

**CHOCOMOON**  
Holi Ladies Watch

Stylish ladies watch with flexible strap – fits on almost every wrist. Get your new collection!

Stilīgs sieviešu pulkstenis ar elastīgu siksnīņu, kuru var pielāgot gandrīz jebkurai plaukstas locītavai. Iegūstiet savu jauno kolekciju!

**CHOCOMOON**  
Geometric Ladies Watch

Stylish ladies watch with flexible strap – fits on almost every wrist. Get your new collection!

Stilīgs sieviešu pulkstenis ar elastīgu siksnīņu, kuru var pielāgot gandrīz jebkurai plaukstas locītavai. Iegūstiet savu jauno kolekciju!

DIAL SIZE 36 MM	CASE MATERIAL METAL	WATER RESISTANCE 3 ATM	MOVEMENT QUARTZ	STRAP MATERIAL METAL	STRAP LENGTH FLEXIBLE
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**€49** **TRAVEL RETAIL EXCLUSIVE**

<b>€49</b>	<b>BEST SELLER</b>	<b>TRAVEL RETAIL EXCLUSIVE</b>
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**GORGEOUS JEWELRY**  
Infinity Love Tri-Colour Set

Classical design, soft lines and timeless tri-colour plating, surrounding high quality Swarovski crystals – all this makes Infinity Love set from Gorgeous Jewelry a must have. The delicate set consists of a pair of earrings, silver-plated chain and eye-catching bracelet. Special gift box, which can turn this 1 buy into 3 separate gifts, adds extra value to this elegant and feminine set.

Komplektā ietilpst klasiska dizaina auskaru pāris, apsūdrabota ķēdīte un iespaidīga aproce, kurus rotā augstas kvalitātes Swarovski kristāli. Īpaša dāvanu kārbīņa, kas var pārvērst šo pirkumu trīs atsevišķās dāvanās, piešķir šim komplektam papildu vērtību. Ķēdītes garums: 45–50 cm, aproce: 15.5–20.5 cm.

€49

TRAVEL  
RETAIL  
EXCLUSIVE

BRACELET LENGTH  
15.5–20.5 CM

NECKLACE LENGTH  
40–50 CM

COMES  
IN 3 SEPARATE  
GIFT BOXES



**BYELOISE**  
Bangle Set

NEW  
ON BOARD

€19

TRAVEL  
RETAIL  
EXCLUSIVE

byEloise London Bangle Bands do the job of keeping your hair looking gorgeous whatever the occasion with its flexible diameter of 6 cm. Apart from looking great keeping your hair in place, they also look lovely on your wrist when worn as bracelets. This set includes three bestselling hair bands: Gold Heart on Gold Metallic Bubble Band, Bling Bee on Black Bubble Band and Gold Heart on Champagne Pink Bubble Band. Material: rubber band, nylon, metal. This product is exclusively available on board or at airports.

byEloise London aproces/matu gumijas garantē krāšņus matus jebkurā situācijā, pateicoties to elastīgajam 6 cm diametram. Tās izskatās lieliski, ne tikai saturot matus kopā, bet arī tad, ja tās valkā kā aproces. Komplektā ietilpst trīs populārākās matu gumijas: zelta metāliska gumija ar zelta sirdi, melna gumija ar vizuālo šķērsojošu biti un rozā šampanieša gumija ar zelta sirdi. Materiāli: gumija, neilons, metālisks pārklājums. Šī prece ir nopērkama tikai lidmašīnās vai lidostās.



**SOIRÉE MONTRÉAL**  
Crystal Charme Necklace

Charming! Delicately crafted necklace by Soirée Montreal. Five glittering cubic zirconia crystals combined with fine fashionable graphic shapes on a gold-plated chain. Your perfect accessory to complement your style – whether your business outfit during the day or your elegant evening dress.

Apburoša un smalka Soirée Montreal kaklarota. Pieci mirdzoši kubiskā cirkonija kristāli uz apzeltītas ķēdītes, kurus vienu no otra atdala četri grafiski simboli. Ideāls aksesuārs, lai papildinātu jūsu stilu – neatkarīgi no tā, vai tas ir lietišķs apģērbs dienas laikā vai eleganta vakarkleita. Ķēdītes garums 39 cm + 7 cm.

€39

TRAVEL  
RETAIL  
EXCLUSIVE

NECKLACE LENGTH  
39 CM + 7 CM EXTENDER





ORQUIDEA  
Trio Earring Set 8 in 1

Beautiful Sterling Silver earrings with Zirconium and 3 pairs of exchangeable 8 and 9 mm first quality organic Majorcan Pearls in different colours, making it an “8 in 1”!

Stilīgi sudraba auskari ar cirkoniju un 3 maināmiem 8 un 9 mm augstākās kvalitātes Majorkas pārļu pāriem dažādās krāsās. Astoņi vienā!

TRAVEL  
RETAIL  
EXCLUSIVE

€76

TRAVEL  
RETAIL  
EXCLUSIVE

€49



ORQUIDEA  
Majorca Duo Bracelet

Bracelet in 6 mm white and 12 mm black, first quality organic Majorcan Pearls and sterling silver elements. Handcrafted from traditional Orquidea's pearl factory on the island of Majorca. Can complement both a formal and a casual look. One size fits all.

Rokassprādze, ko rotā augstākās kvalitātes organiskas Orquidea Majorkas pērles baltā (6 mm) un melnā (12 mm) krāsā, kā arī sudraba elementi. Roku darbs no tradicionālās Majorkas pārļu fabrikas. Piemērots gan formālam, gan ikdienas stilam. Der visiem izmēriem.



ORQUIDEA  
Selene – Orquidea Classic Pearl Necklace And Earring Set

This stunning pearl necklace is every woman's must have accessory. 8 mm first quality organic Majorcan pearls with a clasp in sterling silver. A genuine handcrafted necklace from Orquidea's traditional Pearl Factory on the Spanish island of Majorca. Comes complete with a pair of matching stud pearl earrings.

Satriecoša pārļu kaklarota, obligāts aksesuārs katras sievietes garderobei. 8 mm augstākās kvalitātes organiskās Majorkas pērles ar sudraba aizdari. Autentisks roku darbs no tradicionālās pārļu fabrikas Orquidea Majorkas salā. Komplektā ietilpst pārļu auskaru pāris.

€126

NECKLACE LENGTH:  
45 CM + 8 CM EXTENDER

Orquidea  
Jewels with  
Mediterranean  
essence

orquideaonline.com



MY JEWELLERY  
Mother & Daughter  
Bracelets, Gold

Premium stainless steel, do not discolour, 100% waterproof, 100% recyclable. The material is of high quality and very long-lasting. You can wear it in the shower, at the beach with no need to take it off.

Aproces izgatavotas no augstākās klases nerūsējošā tērauda, nezaudē krāsu, 100% ūdensizturīgas, 100% pārstrādājamas. Augstas kvalitātes, ilgmūžīgs materiāls. Aproces nav nepieciešams noņemt, kad esat pludmalē vai ejat dušā.

€19

City Price €27.95  
SAVE 32%

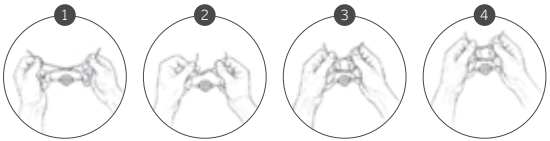
BRACELET LENGTH  
16 CM + 3 CM EXTENDER

MATERIAL  
STAINLESS STEEL

UKIYYO®  
Living the moment



HOW DO YOU TIE A KNOT ON A BRACELET?



UKIYYO  
Bracelet Tree of Life

€22

A rose gold plated bracelet from a brand that appreciates living in the moment. The tree of life represents rebirth, lifelong growth and connection to family. Like branches on a tree, we all grow in different directions, yet our roots remain as one. Adjustable bracelet length.

Aproce ar rozā zelta pārklājumu no zīmola, kas novērtē dzīvi dotajā mirklī. Dzīves koks simbolizē atdzimšanu, izaugsmi mūža garumā un saikni ar ģimeni. Gluži kā koka zari, mēs katrs augam dažādos virzienos, tomēr mūsu saknes paliek vienotas. Regulējams garums.











**SOLID SCENT CO.**  
Juno Solid Perfume  
for her, 8 g

€29 City Price €31.95  
SAVE 9%

Bergamot, Rose & White Musk. Mischievous. Frisky. Playful. A warm, sweet floral fragrance with top notes of citrus. If you are a provocative, captivating woman, then Juno is definitely your "partner in crime"! All natural base of Cocoa, Shea Butter, Sweet Almond oil and pure Beeswax, this formula ensures a rich and lasting scent.

Bergamote, roze un baltais muskuss. Nerātns. Savdabīgs. Rotaļīgs. Silts, salds ziedu aromāts ar citrusaugļu augšējām notīm. Ja esi provokatīva, valdzinoša sieviete, tad Juno noteikti ir "tava nozieguma līdzdalībnieks"! Formula uz kakao, šī sviesta, saldo mandeļu eļļas un tīra bišu vaska dabīgas bāzes nodrošina bagātīgu un noturīgu smaržu.



**SOLID SCENT CO.**  
Hudson Solid Cologne  
for him, 8 g

€29 City Price €31.95  
SAVE 9%

Hudson - Mandarin, Rosewood & Juniper. Joyful. Seductive. Captivating. Capturing the energy from the beautiful and sunny Mediterranean, this scent opens with sun-drenched mandarin and aromatic Juniper with a heart of Sichuan pepper and sensual rosewood with a base of incense and Oak Moss that gives this a strong masculinity feel. If you are a modern, edgy man... then this is for you. All natural base of Cocoa, Shea Butter, Sweet Almond oil and pure Beeswax, this formula ensures a rich and lasting scent.

Hudson - mandarīns, palisandrs un kadiķis. Dzīvespriecīgs. Vilinošs. Valdzošs. Enerģija no skaistās un saulainās Vidusjūras, ko atklāj saulpilnais mandarīns un aromātiskais kadiķis ar Sičuāņas piparu, jutēkliskā palisandra, viraka un ozola sūnu notīm, kas piešķir odekolonam spēku un virišķību. Ja esat mūsdienu, enerģisks vīrietis, šis odekolons ir domāts jums. Formula uz kakao, šī sviesta, saldo mandeļu eļļas un tīra bišu vaska dabīgas bāzes nodrošina bagātīgu un noturīgu smaržu.



**GISADA**  
Ambassadora  
EDP for her, 50 ml

NEW  
ON BOARD  
€75 City Price €85  
SAVE 12%

Feminine sweetness, luxurious soft notes: Mandarin and blueberry form a fragrant duet in the top note playing with the rich fruitiness of jasmine and orange blossom. Underpinned with the comforting warmth of vanilla, musk and sandalwood, while cashmere wood and icing sugar give the accords a delicate finish with their extravagance. Pink pepper provides the subliminal wow effect.

Sievišķīgs aromāts ar greznām un maigām notīm: mandarīna un melleņu duets augšējā notī saspēlējas ar jasmīna un apelsīna ziedu piegaršu. Pamattoni veido vaniļas, muskusa un sandalkoka mierinošais siltums, savukārt kašmīra koksne un pūdercukurs piešķir aromātam īpašu maigumu un ekstravaganci. Rozā pipari panāk tā dēvēto "wow efektu".



**GISADA**  
Ambassador EDP for him, 50 ml

€75 City Price €85  
SAVE 12%

Lively, fresh and intense, this masculine, cool fragrance features slightly oriental accents. Juicy and tangy notes of mandarin orange lend the fragrance an initially fresh citrus impression. These aspects combine with the spiciness of peonies and patchouli. Amber accents are accompanied by finest vanilla. The result: A fragrance to express your elegant style.

Dzīvīgs, svaigs un intensīvs. Šo virišķīgo, vēso aromātu raksturo nedaudz austrumnieciski akcenti. Mandarīna sulīgās un pikantās notis piešķir aromātam sākotnēji svaigu citrusaugļu nokrāsu. Tai pievienojas peoniju un pačūlijas pikantums ar vaniļas dzintara akcentu. Aromāts, kas pasvītrot jūsu eleganto stilu.





**PORSCHE DESIGN**  
180 Blue EDT for him, 50 ml

Modern, dynamic, revitalizing. Green notes that meet woody, warm facets like an airy breeze offer an exciting contrast and form the excitingly different energy of the men's fragrance. The unique flacon in radiant blue is a freshness kick from a purely visual point of view. With a 180-degree turn, this distinctive flacon can be opened and closed in a refined way.

Mūsdienīgs, dinamisks, spēcinošs. Siltās koksnes notis veido aizraujošu kontrastu ar zaļajām notīm, veidojot izteiksmīgu vīriešu aromātu. Tualetes ūdens pildīts unikālā flakonā mirdzoši zilā krāsā.

NEW  
ON BOARD

City Price €65  
SAVE 20%

€52



**PORSCHE DESIGN**  
Woman Satin EDP for her, 50 ml

Feminine, floral, captivatingly lively. The fragrance creation is a perfect balance of delicate and powerful and exudes dynamism and joie de vivre. Jasmine and orange blossoms accompanied by a delicate rose create a sensual aura. Vanilla and warm woody notes give the fragrance an exclusive, feminine touch.

Sievišķīgs un valdzinoši dzīvīgs ziedu aromāts. To raksturo ideāls līdzsvars starp spēku un sievišķību, tas izstaro dinamismu un dzīvesprieku. Jasmīna, apelsīnu ziedu un rozes toni rada juteklisku auru. Vanīļas un siltās koksnes notis piešķir aromātam īpašu, sievišķīgu pieskārienu.

NEW  
ON BOARD

City Price €79  
SAVE 20%

€63



**PORSCHE DESIGN**  
Pure EDT for him, 50 ml

Clean. Refined. Elegant. The scent radiates exclusivity and masculine purism. In the top note, the signature scent exudes a transparency characterized by ozone accords and grapefruit. In combination with warm, woody notes, a masculine aura develops.

Tīrs. Rafinēts. Elegants. Šis tualetes ūdens izstaro ekskluzivitāti un vīrišķību. Augšējā nots: ozona akordi un greipfrūts. Apvienojumā ar siltajām koksnes notīm tie veido neatkarīgi vīrišķīgu auru.

NEW  
ON BOARD

City Price €69  
SAVE 20%

€55

**Invincible in quality and composition**

For Her & Him

More information on:  
[www.soumme.com](http://www.soumme.com)

- ✿ 100 % natural ingredients
- ✿ 98 % organic Aloe Vera
- ✿ With Vitamin C & Hyaluronic acid
- ✿ Crowned with grapefruit essential oil

- ✿ High-quality violet glass bottle
- ✿ Vegan and free from animal testing
- ✿ Absorbs quickly ✿ For face & body
- ✿ Ideal for dry skin or as After Sun



**SOUMMÉ**  
Aloe Vera Gel, 200 ml

Whether as daily care for the face & body, after sunbathing or during the cold winter air, as a basis for make-up or after shaving - the aloe vera gel by Soummé is a real allrounder and makes your skin look hydrated and cared for. The moisture booster on a 100% natural basis. A MUST for all aloe vera fans.

Neatkarīgi no tā, vai lietotat gelu ikdienas sejas un ķermeņa kopšanai, pēc sauļošanās vai aukstā ziemas laikā, kā bāzes gelu vai pēc skūšanās – Soummé alvejas gels ir patiesi universāls līdzeklis mitrinātai un koptai ādai. 100% dabīgs gels, kas ir ieteicams visiem, kam patīk alveja.

NEW  
ON BOARD

City Price €19.95  
SAVE 10%

€18

**PORSCHE DESIGN**

**Stops sweat  
& smell efficiently**

Effectiveness  
clinically approved ✓

- For normal and profusely sweating
- High-quality glass bottle
- Made in Germany



[www.soumme.com](http://www.soumme.com)  
info@soumme.com

For women & men



- Use only 1-3 times per week
- Precious herbal substances
- Profitable and sustainable, bottle lasts up to 9 months of usage

**SOUMMÉ**  
Anti-Transpirant Deo, 50 ml

It was one of the absolute star products in the most famous German investor TV show. The salvation for all those who do not like to sweat in stress, heat or sports. With Soummé, unpleasant body odour and sweat stains on clothing are finally a thing of the past. With only 1-3 applications per week, you will experience a new quality of life.

Produkts, kas izraisīja milzīgu interesi populārākajā Vācijas investoru TV šovā. Ideāls risinājums visiem tiem, kam nepatīk svīst stresa situācijās, karstumā vai sporta aktivitāšu laikā. Pateicoties Soummé, nepatīkamais sviedru aromāts un sviedru traipi uz drēbēm nu ir pagātnē. Izbaudiet jaunu dzīves kvalitāti, lietojot šo dezodorantu tikai 1-3 reizes nedēļā!

NEW  
ON BOARD

City Price €19.95  
SAVE 10%

€18



# Skin Magic

A Magical Balm & Serum for all your Skin Solutions







**SKIN MAGIC**  
Wonder Serum, 30 ml

All-natural facial serum packed with antioxidants. Formulated from a cocktail of 11 lightweight organic plant oils including Cannabis Sativa Oil, Borage Oil and Rosehip Seed Oil. Stripped from all synthetic ingredients, fragrances, colours, irritants, and parabens.

Pilnīgi dabisks, antioksidantu pārpilns sejas serums. 11 vieglu organisko augu eļļu kokteilis, kurā ietilpst arī kanēpju eļļa, gurķenes eļļa un mežrozīšu sēklu eļļa. Nesatur sintētiskas sastāvdaļas, smaržvielas, krāsvielas, kairinātājus un parabēnus.

€38

TRAVEL  
RETAIL  
EXCLUSIVE



**SKIN MAGIC**  
Wonder Balm, 40 gr

A multi-purpose skin balm that hydrates, nourishes, and heals the skin. With the scent of citrus, natural ingredients and anti-fungal properties, this Skin Magic Wonder Balm has an infinite amount of uses and is a must-have for any savvy traveller. Can be used on all skin types.

Daudzfunkcionāls ādas balzams, kas mitrina, baro un atveseļo ādu. Pateicoties tā citrusaugļu aromātam, dabīgām sastāvdaļām un pretsēnišu iedarbībai, balzamam Skin Magic Wonder Balm ir bezgalīgi daudz pielietojumu. Der visiem ādas tiptiem.

€32

TRAVEL  
RETAIL  
EXCLUSIVE



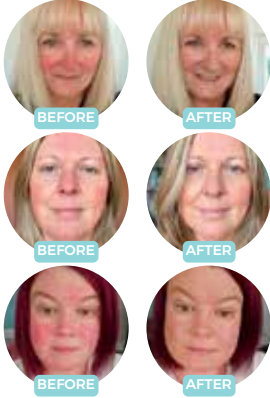
**TANORGANIC**  
Facial Tan Oil, 50 ml

Specially formulated for the delicate skin on the face. A luxurious self-tan that absorbs quickly, without leaving a greasy layer, to reveal a radiant and natural golden tan. Made wholly from natural and organic ingredients that are super nourishing and will leave your skin looking and feeling hydrated for up to 7 days.

Īpaši izstrādāts maigajai sejas ādai. Lielisks pašiedeguma līdzeklis, kas ātri iesūcas, neatstājot taukainu slāni, lai radītu mirdzošu un dabisku zeltainu iedegumu. Pilnībā izgatavots no dabīgām un organiskām sastāvdaļām, kas ir īpaši barojošas: jūsu āda izskatīsies un jutīsies mitrināta līdz pat 7 dienām.

€27

City Price €29.99  
SAVE 20%



**ROSALIQUE**  
3 IN 1 ANTI-REDNESS MIRACLE FORMULA SPF50


*Embrace your natural beauty this summer!*

This unique green formula was specially developed for sensitive and redness-prone skin. Rosalique neutralises redness and gives you a smooth, even and radiant complexion, whilst protecting your skin with an award-winning SPF50.

Our Triple Action Effect:

- Instantly conceals redness and uneven skin tone
- Gently treats and nourishes the skin with 5 anti-inflammatory, naturally active ingredients
- Protects long-term with a 5\*-rated SPF50

Rosalique is the perfect multifunctional travel companion. Use as a tinted moisturiser for natural coverage and sun protection, use as a concealer to cover red patches or use as a primer for a long-lasting base under makeup.



**ROSALIQUE**  
Anti-Redness Cream, 30 ml

NEW  
ON BOARD

€29

City Price €34.95  
SAVE 17%

This unique green formula offers beautiful natural coverage, a 5\*-rated broad-spectrum SPF50 and a sun-kissed glow. Instantly conceals redness and uneven skin tone. Gently treats and nourishes the skin with 5 anti-inflammatory, naturally active ingredients. Protects long-term with an award-winning SPF 50. Rosalique was specially developed for sensitive and redness-prone skin and is perfect as a tinted moisturiser, colour corrector or as a primer under your makeup.

Unikāla dabīga formula nodrošina skaistu dabisku pārklājumu, efektīvu SPF50 saules aizsardzību un mirdzošu iedegumu. Uzreiz novērš ādas apsārtumu un nevienmērīgu ādas toni. Maigi attīra un baro ādu ar 5 dabīgi aktīvām pretiekaisuma sastāvdaļām. Noturīga SPF 50 aizsardzība pret sauli. Rosalique krēms ir īpaši izstrādāts jutīgai ādai ar tendenci uz apsārtumu, tas ir lieliski piemērots kā tonēts mitrinātājs, krāsas korektors vai grima bāze.



**TALIKA**  
PARIS

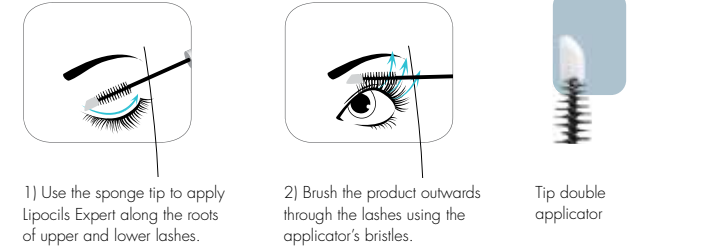
75 YEARS

THE 1<sup>ST</sup> SERUM THAT MAKES YOUR EYELASHES GROWTH

97%

**LIPOCILS EXPERT**

Length + 36%  
Pigmentation + 50%  
Curl + 50%



1) Use the sponge tip to apply Lipocils Expert along the roots of upper and lower lashes.

2) Brush the product outwards through the lashes using the applicator's bristles.

Tip double applicator

**TALIKA**  
Lipocils Expert Collector Edition - Eyelash Growth & Pigmentation Serum, 10ml

Legendary Lipocils Expert is a patented and unique combination of five plants that stimulate eyelash growth, natural pigmentation and curl. Clinically proven: after 30 days eyelashes are longer +2.1 mm on average, +50% pigmentation, +50% curlier. Apply day and night as a cure or all year long. 96% natural ingredients!

Legendārā Lipocils Expert formula ir patentēta un unikāla piecu augu kombinācija, kas stimulē skropstu augšanu, dabisko pigmentāciju un izliekumu. Klīniskos pētījumos ir pierādīts, ka jau pēc 30 dienām skropstas ir vidēji +2.1mm garākas, +50% pigmentācija, +50% izliekums. Lietojiet dienu un nakti, vai visu gadu. 96% dabīgas sastāvdaļas!

€39

City Price €45.40  
SAVE 14%



Diego dalla Palma  
MILANO

MyHappyToy  
mascara

100%  
DEFINITION\*\*\*

100%  
VOLUME\*\*\*

100%  
LENGTH\*\*\*

95%  
CLUMP-FREE\*\*\*

LASTS  
24  
HOURS\*  
UP TO 24H WEAR  
SMUDGE-PROOF \*\*

Lash growth  
in 30 days  

+13%  
LENGTH\*\*\*\*

+6%  
VOLUME\*\*\*\*

I DON'T WANT A TOY,  
I WANT MYHAPPYTOY!  
A REVOLUTIONARY  
HIGH-DEFINITION MASCARA.  
LASHES ARE INSTANTLY  
CURLED AND LIFTED FOR AN  
EXTRAORDINARY "PUSH-UP"  
EFFECT. ULTRA-DEFINED, CLUMP-  
FREE AND SMUDGE-FREE VOLUME.  
VEGAN FORMULA, LASTING 24 H,  
OPHTHALMOLOGICALLY TESTED.

\* Instrumental test on 20 subjects. \*\* Assessment carried out by  
a dermatologist on 20 subjects. \*\*\* Self-evaluation test carried  
out immediately after application of the product on 20 subjects.  
Percentage of subjects who found a visible improvement of the  
effect claimed. \*\*\*\* Instrumental test carried out on clean lashes  
with Antera 300 instrumentation after 30 days of application on 20  
subjects. Average % value of increase.



DIEGO DALLA PALMA

MyHappyToy Mascara, 13 ml

NEW  
ON BOARD

€23

City Price €27.90  
SAVE 18%

A revolutionary high-definition mascara. Lashes are instantly curled and lifted, for an extraordinary push-up effect! Ultra-defined, clump and smudge free volume. Vegan formula enriched with active ingredients that help repair weak lashes. Increases lashes growth in just 30 days of continuous use. Ophthalmologically tested. 24-hour wear.

Revolucionāra un īpaši efektīva skropstu tuša. Tā acumirkļi piešķir skropstām izliekumu un izteiktu apjomu, turklāt skropstas nesalīp kopā. Vegāniska formula ir bagātināta ar aktīvām sastāvdaļām, kas stiprina skropstas. Paātrina skropstu augšanu tikai 30 dienu lietošanas laikā. Tuša ir oftalmoloģiski pārbaudīta. 24 stundu noturība.

WATCHES • JEWELLERY • FRAGRANCES • **BEAUTY** • ACCESSORIES • KIDS • SOUVENIRS

Diego dalla Palma  
MILANO

Nuda  
WARM



DIEGO DALLA PALMA

Palette NUDA, 30 g

NEW  
ON BOARD

€35

City Price €42.90  
SAVE 18%

An eye palette inspired by warm nude colours to create a wide range of looks, from natural to dramatic. Five matte eyeshadows in different shades. The matte eyeshadows have a highly pigmented formula and a smooth and silky texture for ultimate comfort. The extra pearl eyeshadows have a cream-to-the-touch texture and take any look to the next level.

Acu ēnu paleti veido dabisko toņu gamma, kas piemēroti visdažādākajiem stiliem. Pieci dažādi matētu acu ēnu toņi ar izteikti pigmentētu formulu, gludu un zīdainu tekstūru, kas nodrošina maksimālu komfortu. Acu ēnām ir krēmīga tekstūra, tās piešķir jūsu izskatam īpašu efektu neatkarīgi no jūsu stila.

Diego dalla Palma  
MILANO

MyToyBoy  
mascara

100%  
VOLUME\*

100%  
LENGTH\*

90%  
DEFINITION\*

LASTS  
24  
HOURS

AN ICONIC AND IRRESISTIBLE  
PRODUCT. INNOVATIVE AND  
VEGAN FORMULA, IN A 4D  
ACTION MASCARA: EXTRA  
VOLUME, LENGTHENING, MAXIMUM  
DEFINITION, LASTING 24 H. IT  
BOOSTS THE NATURAL GROWTH  
OF THE LASHES IN ONLY 30 DAYS.  
OPHTHALMOLOGICALLY TESTED.

\* Self-evaluation test carried out immediately after the application of the product  
on 20 subjects. Percentage of subjects who found a visible improvement in the  
claimed effect.



DIEGO DALLA PALMA

MyToyBoy Mascara,  
13 ml

€23

City Price €27.90  
SAVE 18%

An iconic and irresistible product. Innovative and vegan formula in a 4D action mascara: extra volume, lengthening, maximum definition, lasting 24 h. It boosts the natural growth of the lashes in only 30 days.

Ikoniska un neatvairāma 4D darbības skropstu tuša ar inovatīvu un vegānisku formulu: lielāks apjoms, pagarināšana, maksimāla precizitāte, noturība 24 stundas. Tā paātrina skropstu dabisko augšanu tikai 30 dienu laikā.

Diego dalla Palma  
MILANO

MAKEUPSTUDIO  
ORIENTAL KAJAL

A multi-purpose product for a surprisingly deep look:



• classic  
cream kajal



• eyeliner



• eyeshadow

Intense black with a creamy,  
long-lasting texture for a seductive look.

Ophthalmologically tested and water-resistant formula,  
also suitable for sensitive eyes.



DIEGO DALLA PALMA

Makeupstudio Oriental Kajal  
& Eyeliner, 3.2 g

€18

City Price €21.90  
SAVE 18%

A multipurpose product for a surprisingly deep look. Easy application, thanks to the exclusive latex brush. An intense black with a creamy, smooth, and long-lasting texture. Ophthalmologically tested and water-resistant formula, suitable also for sensitive eyes.

Universāls produkts, lai panāktu satriecoši dziļu skatienu. Pateicoties ekskluzīvai lateksa otiņai, to ir viegli uzklāt. Piesātināti melna krāsa ar krēmīgu, gludu un noturīgu tekstūru. Oftalmoloģiski pārbaudīta, ūdensizturīga formula, piemērota arī jutīgām acīm.

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POINTS  
here!

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Diego dalla Palma  
MILANO

### VITAMINA C RADIANCE SERUM

**BRIGHTENING BOOSTER SERUM**  
An infusion of concentrated Vitamin C to recharge your skin with a powerful burst of energy. Ideal for all skin types, all year long. Contains 10% stabilized Vitamin C. Dermatologically tested.

**Visible and proven results in just 28 days.**  
Reduction of fine lines by **27%\***  
Increase in radiance by **38%\***  
Reduction of dark spots by **55%\*\***  
Increase in skin density by **100%\*\*\***

Clinical-instrumental tests carried out for 28 days on 20 subjects. Daily use of VITAMIN C BRIGHTENING SERUM + 24 HOUR BRIGHTENING & ANTI WRINKLES CREAM and weekly use of BRIGHTENING & ENERGIZING MASK. \* Assessment by a dermatologist. Average percentage of improvement in the visibility of the parameter declared. \*\* Assessment by a dermatologist. Percentage of subjects in whom an improvement of the visibility of hyperchromic spots was found. \*\*\* Observation made by skin ultrasound scan. Percentage of subjects in whom a significant increase in skin density was found.

Free from:

 Paraffin

 Mineral oils

 Propylene glycol



Diego Dalla Palma

Vitamina C Radiance Serum,  
30 ml

An infusion of concentrated Vitamin C to boost your natural radiance with multiple properties: reduces wrinkles, enhances skin brightness, counteracts dark spots, protects the skin against UV rays, relieves irritation. Free from paraffin, mineral oils and propylene glycol. Ideal for all skin types, all year long.

Koncentrēta C vitamīna serums, kas vairākos veidos uzlabo jūsu ādas dabisko mirdzumu: tas samazina grumbas, uzlabo ādas toni, novērš tumšos plankumus, aizsargā ādu pret UV stariem, mazina kairinājumu. Nesatur parafīnu, minerāleļļas un propilēnglikolu. Ideāli piemērots visiem ādas tiptiem visa gada garumā.

€29

City Price €34.90  
SAVE 17%

Diego dalla Palma  
MILANO

### GOLD INFUSION YOUR TREASURE OF YOUTH

Precious anti-aging treatment based on exquisite Polynesian flower oil with pure gold leaves for regenerated, revitalized and radiant skin.

VISIBLE AND PROVEN  
RESULTS IN ONLY 28 DAYS

Reducing the depth of wrinkles

Greater resilience  
(Collagen and Elastin)

Greater deep hydration

Greater elasticity

19%\*

65%\*\*

70%\*\*\*

80%\*\*\*\*



Diego Dalla Palma

Gold Infusion - Youth Potion,  
30 ml

A blend of 30 natural oils and pure gold leaf, which promotes skin regeneration and gives a more even, fresh and radiant appearance. A concentrated essence rebuilding the architecture of the skin in depth, restoring strength, stimulating the production of collagen and elastin. Does not contain paraffin, mineral oil and silicones.

30 dabīgu eļļu un vizuāli zelta maisījums, kas veicina ādas atjaunošanos un piešķir tai vienmērīgu, svaigu un mirdzošu izskatu. Koncentrēta esence, kas atjauno ādas arhitektūru, stiprina to, stimulē kolagēna un elastīna veidošanos. Nesatur parafīnu, minerāleļļu un silikonus.

€59

TRAVEL  
RETAIL  
EXCLUSIVE

WATCHES • JEWELLERY • FRAGRANCES • **BEAUTY** • ACCESSORIES • KIDS • SOUVENIRS

M. Asam®  
RESVERATROL  
PREMIUM NT 50

### VISIBLY LIFTED & YOUTHFUL SKIN

**LIFTING CREAM**

Smoothing Lifting cream with highly effective resveratrol for smooth, visibly lifted & youthful skin and NT50® technology for a longer, targeted effect.

asambeauty.com | made in germany



M. Asam® RESVERATROL  
PREMIUM NT50  
Resveratrol Lifting Cream 50 ml

NEW  
ON BOARD

€29<sup>50</sup>

City Price €34.99  
SAVE 16%

Lifting cream with highly concentrated resveratrol, cross-linked hyaluronic acid and a special lifting peptide firms the skin and maintains its youthful appearance. Further key ingredients include lipids like shea butter, argan oil and squalane. This formulation intensely cares for your skin and leaves it feeling soft and supple.

Liftinga krēms ar augstu resveratrola koncentrāciju, šķērssaistītu hialuronskābi un īpašu liftinga peptīdu nostiprina ādu un piešķir tai jauneklīgu izskatu. Krēma sastāvā arī ietilpst lipīdi, piemēram, šī sviests, argāna eļļa un skvalāns. Krēms intensīvi kopj jūsu ādu un padara to maigu un elastīgu.

M. Asam®  
MAGIC FINISH

### LET THE MAGIC HAPPEN

**SATIN LIPSTICK SET**

The M. Asam® MAGIC FINISH lipstick trio combines intensive care and volume with natural nude shades. Micro color pigments provide intensive color with a silky, semi-matte finish.

asambeauty.com | made in germany



M. Asam® MAGIC FINISH  
SATIN LIPSTICK TRIO  
3 x 4 g Hazelnut Heaven,  
Almond & Rosewood

€32

City Price €37.90  
SAVE 21%

The M. Asam® MAGIC FINISH Satin Lipstick Set contains three lipsticks in the naturally soft nude shades Hazelnut Heaven, Almond & Rosewood, and combines rich colours with intensive care. Special volume peptides and a total of 11 nourishing waxes and oils help to improve the shape and volume of the lips.

M. Asam® MAGIC FINISH Satin Lipstick Set komplektā ietilpst trīs lūpu krāsas ar dabiskiem un maigiem kaitoņiem lazdu riekstu, mandeļu un rožkoka krāsās, kas nodrošina intensīvu lūpu ādas kopšanu. Lūpu krāsu sastāvā ietilpst īpaši peptīdi un 11 barojoši vaski un eļļas, kas uzlabo lūpu formu un apjomu.

CREW FAVOURITES  
THEY TRIED. THEY LIKED.

LAURA VANCĀNE

What does this product mean to me?  
Usually I struggle with dry lips after using other lipsticks for long hours up in the sky; after using this product, I did not feel that usual lip dryness; furthermore, the lipstick is quite long lasting.

What this experience gave me  
This experience gave me a chance to try new quality lipsticks and new colors for my daily work. When I am not in the mood for a bright red lipstick, this set is perfect - light purple or nude tones for daily work up in the clouds (my favorite is rosewood, works perfectly with my skin tone and green eyes).



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souvenirs during the flight  
on your phone

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M. Asam®

PERFECT DUO  
PERFECT LOOK SET

The M. Asam® PERFECT best-selling duo combines smoothing and tightening of the eye area with instant optimisation of the entire complexion for a flawless skin appearance.

asambeauty.com | made in germany

**M. Asam®**  
PERFECT LOOK Set  
(PERFECT TEINT 30 ml  
+ PERFECT EYE Serum 7 ml)

The two M. Asam® PERFECT bestsellers ensure skin-perfecting results. The fragrance-free M. Asam® PERFECT EYE eye serum visibly tightens eye wrinkles. The mattifying M. Asam® PERFECT TEINT skin optimizer reduces the appearance of pores & wrinkles. Šie divi M. Asam® PERFECT bestselleri lieliski uzlabo ādas stāvokli. M. Asam® PERFECT EYE bezsmaržas acu serums iedarbīgi savēl acs grumbas, savukārt M. Asam® PERFECT TEINT matējošais ādas kopšanas līdzeklis padara poras un grumbas mazāk pamanāmas.

€23 TRAVEL  
RETAIL  
EXCLUSIVE



M. Asam®  
RETINOL  
INTENSE

EFFECTIVE  
WRINKLE REDUCTION  
24H CREAM

Intensely nourishing face cream with retinol for effective wrinkle reduction. It visibly reduces fine lines and wrinkles and regenerates the skin.

asambeauty.com | made in germany

**M. Asam® RETINOL INTENSE**  
Retinol Intense 24H cream  
50 ml

The intensely caring Anti-Aging facial cream with retinol visibly softens the appearance of fine lines and wrinkles for better looking skin. It contains retinol combined with pampering lipids and helps counteract the signs of skin aging and revitalizes the look of your skin. Leaves the skin looking visibly firmed and smooth. Intensīvi kopjošs sejas krēms pret ādas novecošanos izlīdzina smalkās krunciņas un grumbas un uzlabo ādas izskatu. Tas satur retinolu un lipīdus, kas palīdz novērst ādas novecošanās pazīmes un atjauno sejas ādu, padarot to redzami tvirtāku un gludāku.

€22 City Price €24.99  
SAVE 12%



M. Asam®  
MAGIC FINISH

LOOK PERFECT  
IN 1 MINUTE  
MAGIC FINISH SET

The 4-in-1 bestseller is primer, concealer, make-up and powder in one and adapts to many skin tones. It effectively hides little imperfections and redness.

asambeauty.com | made in germany

**M. Asam® MAGIC FINISH**  
MAGIC FINISH Set (MAKE-UP  
MOUSSE 30 ml classic + 10 ml  
travelsize classic)

Adapts to many skin tones. Even in winter, the lightweight make-up mousse imparts a healthy, fresh skin tone. Hiding unevenness, wrinkles and redness, the skin looks silky smooth. No powder is needed, as it naturally mattifies the skin all day long. The international bestseller is suitable for all skin types and can be applied on top of any day cream or serum. The set contains the make-up mousse in sizes 30 ml and practical 10 ml - perfect for traveling! Grima putas individuāli pielāgojas dažādiem ādas toniēm. Pat ziemā putas piešķir ādai veselīgu un svaigu toni. Putas apslēpj ādas nepilnības, grumbas un apsārtumu, un āda izskatās zīdaini gluda. Pūderis nav nepieciešams, jo putas dabiski matē ādu visas dienas garumā. Šis ārkārtīgi populārais līdzeklis ir piemērots visiem ādas tiptiem un to var uzklāt uz jebkura dienas krēma vai seruma. Komplektā ietilpst kosmētikas putas 30 un 10 ml tūbiņās, kas ir ideāli piemērotas ceļojumiem.

€29 TRAVEL  
RETAIL  
EXCLUSIVE



M. Asam®  
AQUA  
INTENSE®

IMMEDIATE PLUMP SKIN  
SUPREME HYALURON CREAM

The fragrance-free face cream provides an intense hydration of the skin. The patented hyaluronic acid complex with depot technology immediately smoothes and plumps up the skin.

asambeauty.com | made in germany

**M. Asam® AQUA INTENSE®**  
Supreme Hyaluron Cream  
50 ml

This fragrance-free hyaluronic face cream from asambeauty is formulated with a patented hyaluronic acid complex. It plumps up fine lines caused by dryness and gives the skin a plumped, even complexion. The perfect care for a fresh, soft complexion! For all skin types. Šis bezsmaržas hialurona krēms no asambeauty satur patentētu hialuronskābju kompleksu, kas izlīdzina sausās ādas krunciņas un padara sejas ādu gludu, piešķirot tai vienmērīgu nokrāsu. Lielisks līdzeklis svaigai, maigai ādas krāsai! Der visiem ādas tiptiem.

€18 City Price €19.99  
SAVE 10%





**FEET FRIENDS**  
Healthy Socks

The ultimate magic cure against painful feet – the innovative Feet Friends Healthy Socks relax your tired feet in a very short time. The specially shaped terry fabric loops gently separate and massage your toes. Wear the socks after a long day at work, after a workout or after a night full of dancing, and you will experience relief. Beyond this, the socks are a great help when polishing your nails. Follow the instructions on the packaging for the best results. Size 36-40.

Īpaši veidotas frētē auduma cilpas maigi atdala un masē jūsu kāju pirkstus. Uzvelciet zeķes pēc garas darbadienas, treniņa vai nodejotas nakts un izbaudiet atvieglojumu, ko tās sniedz jūsu kājām. Šīs zeķes arī lieliski noder, krāsojot nagus. Izmēri: 36-40. Informāciju par valkāšanas intensitāti, lūdzu, skatiet lietošanas norādījumos.

TRAVEL  
RETAIL  
EXCLUSIVE

**BEST  
SELLER**

€49



**M2 BEAUTÉ**  
Hair Activating Serum,  
30 ml

An innovative activating serum that promotes hair growth for long, thick and naturally beautiful hair. Initial improvements can usually be seen after approximately six to eight weeks when used regularly. For long, thick and naturally beautiful hair.

Inovatīvs, aktivizējošs un matu augšanu veicinošs serums, kas nodrošina garus, biezus un dabiski skaistus matus. Regulāri to lietojot, sākotnējos uzlabojumus parasti var novērot pēc aptuveni sešām līdz astoņām nedēļām. Gariem, bieziem un dabiski skaistiem matiem!

€29

City Price €35  
**SAVE 17%**



## LAVERTU

Long-lasting Moisturising Lipstick That Changes Colour

Lipstick Excellent enhances the natural glow of your lips. The lipstick reacts with the specific pH value of your skin, creating a beautiful lip colour that is unique to you. Formulated with richly nourishing ingredients, this waterproof lipstick stays in place. Lipstick Excellent is available in 4 shades that adapt to your skin tone. The colours shown are indicative. Find out which one suits you.

Lūpu krāsa Excellent akcentē lūpu dabīgo spīdumu. Tā reaģē ar jūsu ādas individuālo pH līmeni, veidojot skaistu lūpu nokrāsu, kas ir unikāla tikai jums. Šī ūdensstūrīgā lūpu krāsa, kuras sastāvā ietilpst bagātīgi barojošas vielas, ir izteikti noturīga. Tā ir pieejama 4 toņos, kas pielāgojas jūsu ādas tonim. Norādītajām krāsām ir informatīvs raksturs. Uzziniet, kura no tām ir piemērota jums.

€36

TRAVEL  
RETAIL  
EXCLUSIVE

**DR. LEVY SWITZERLAND**  
Intense Eye Rescue,  
15 ml

Dr. Levy, Switzerland's first aesthetic Botox® pioneer, has patented this intensive stem cell formula to visibly renew the delicate eye area and help restore its youthful glow. Proven in independent clinicals. Free Gift: micro-current lifting device for instant results.

Dr. Levijs, estētiskā Botox® pionieris no Šveices, ir patentējis šo intensīvo cilmes šūnu formulu, kas palīdz atjaunot jūtīgo ādu ap acīm un atgriezt tai jauneklīgu mirdzumu. Līdzeklis pārbaudīts neatkarīgos klīniskos pētījumos. Bezmaksas dāvana: mikrostrāvas liftinga ierīce tūlītējiem rezultātiem.

€170

TRAVEL  
RETAIL  
EXCLUSIVE

Shop for food, drinks and souvenirs during the flight on your phone



BRAND WITH MORE THAN 50 AWARDS AND ACCOLADES

# Look 10 years fresher in 20 minutes

**+ FREE**  
2-week stem cell face + eye mini cure

BEFORE AFTER

Results may vary with different users

4 APPLICATION OPTIONS

Not tested on animals  
Vegan  
NO animal by-products  
Mineral oil free  
Paraben free

**DR. LEVY SWITZERLAND**  
4 Miracles Mask & Cure

Developed specifically for the traveller by Switzerland's number 1 Botox® Doctor, this inflight exclusive set combines the R3 Cell Matrix Mask (50 ml) with a two-week stem cell cure of the brand's bestselling Eye Booster Concentrate (3 ml) and award-winning Booster Serum (4 ml).

Šis ekskluzīvais komplekts, ko īpaši ceļotājiem ir izstrādājis Šveices vadošais Botox® eksperts, ietver šūnu matricas masku R3 (50 ml), divu nedēļu ārstniecisku kursu ar cilmes šūnām, izmantojot Eye Booster koncentrātu (3 ml), un godalgoto aktivācijas serumu (4 ml).

**€59** TRAVEL RETAIL EXCLUSIVE

# DR. SEVERIN® Beauty Routine Set

The 3-pack with the best care serums from Dr. Severin includes the new Hyaluron Collagen Serum, the Retinol Vitamin A Serum together with the popular Vitamin C Hyaluron Serum. The high-quality and highly concentrated active ingredients work very specifically on certain skin conditions such as wrinkles, dull and dry skin, and uneven complexion and impurities. Incorporate the use of Dr. Severin serums into your daily beauty routine for all-around better skin. The best anti-aging effect of the highest quality. Made in Germany.

Dr. Severin trīs labāko ādas kopšanas serumu komplektā ietilpst jaunais hialurona kolagēna serums, retinola (A vitamīna) serums un populārais hialurona serums ar C vitamīnu. Augstas kvalitātes koncentrētas aktīvās vielas iedarbojas uz noteiktiem ādas stāvokļiem, piemēram, grumbām, blāvu un sausu ādu, nevienmērīgu sejas krāsu. Iekļaujiet Dr. Severin serumu lietošanu savā ikdienas skaistumkopšanas rituālā, lai jūtami uzlabotu ādas stāvokli. Labākais pretnovecošanās efekts, augstākā kvalitāte – ražots Vācijā.

**€55**  
City Price €59.99  
SAVE 8%

**CREW FAVOURITES**  
THEY TRIED. THEY LIKED.

**ILMA ŽARKOVA**

What does this product mean to me?  
These products surprised me and made me a believer in just a few days I used them!

What this experience gave me  
Retinol vitamin A serum (anti-age, exfoliation, pore reduction) has a fantastic scent, works overnight miracles on my combination/ acne-prone skin. Vitamin C hyaluron serum (skin brightening, smoothing) is perfect after some possible summer tan damage which I do have, and Maritime Collagen hyaluron serum is ideal for my thirsty skin – it drinks it up instantly and feels super moisturized and protected, especially under eye area, after long hours in aircraft's dry air.

Products are simple to use, they absorb quite quickly and make the skin instantly smoother. Serums can be used alone or combined with your regular skincare products and will last for a long time, since you only need a few drops daily.

# Instant Eye Lift

- Visibly reduces the appearance of fine lines by an average of 23% in 4 weeks
- Increases luminosity by an average of 9% in 4 weeks
- Reduces puffiness and firms skin around the eye by an average of 82% in 1 hour

**CREW FAVOURITES**  
THEY TRIED. THEY LIKED.

**JEKATERINA ŠEPTORE**

What does this product mean to me?  
It was a pleasure to try this product. And it feels very comfortable under makeup.

What this experience gave me  
I have applied the cream right after cleansing my skin in the morning, and proceeded with my day. Over time I noticed that the skin around my eyes looks much more nourished, it feels soft and the first signs of wrinkles aren't bothering me anymore.

# 3D Lip Plumping Treatment

- Naturally increases lip volume by an average of 20%
- in 2 minutes up to 70% increased hydration even after 12 hours after the first application
- Reduces the appearance of wrinkles and smooths lip lines by up to 72% in 4 days

**MY INSTANT EFFECTS**  
3D Plumping Treatment, 5 ml

Enhance your natural features with the 3D Lip Plumping Treatment clinically proven to plump and hydrate lips in just two minutes, giving you a 20% fuller pout without aggravation.

Akcentējiet savas dabiskās iezīmes ar 3D lūpu apjoma palielināšanas procedūras palīdzību. Klīnisko izmēģinājumu laikā ir pierādīts, ka procedūra mitrina lūpas un palielina to apjomu par 20% tikai divu minūšu laikā.

City Price €24.99  
SAVE 24%  
**€19**

# MY INSTANT EFFECTS

Instant Eye Lift, 8 ml

Say goodbye to dark circles with the Instant Eye Lift Serum, this lightweight and refreshing eye serum instantly brightens, firms and hydrates dull and tired eyes, leaving you looking brighter and more youthful.

Atbrīvojieties no tumšajiem lokiem zem acīm ar Instant Eye Lift seruma palīdzību – šis vieglais un atsvaidzinošais acu serums uzlabo ādas izskatu ap acīm, mitrina un izgludina ādu un ļauj jums izskatīties jaunākai.

City Price €24.99  
SAVE 24%  
**€19**





# TEAOLOGY

TEA INFUSION SKINCARE®

**TEAOLOGY**  
Tea Mask Collection

**NEW**  
ON BOARD

**TRAVEL**  
RETAIL  
EXCLUSIVE

The complete collection of our beauty masks for face, neck and eyes made of soft, biodegradable, and elasticised plant fabric to let you discover the effectiveness of infusions of different types of organic teas combined in exclusive formulas with phytoextracts and active molecules. After just a short time, your skin feels fresher, smoother, and brighter!

Sejas, kakla un acu skaistumkopšanas masku kolekcija. Maskas ir izgatavotas no mīksta, bioloģiski noārdāma un elastīga augu materiāla. Atklāriet dažādu organisko tēju uzlējumu efektivitāti, ko nodrošina ekskluzīvas formulas ar fitoekstraktiem un aktīvām molekulām. Jau pēc neilga laika jūsu āda jutīsies svaigāka, gludāka un mirdzošāka!

€25



# TEAOLOGY

TEA INFUSION SKINCARE®

100% TEA INFUSION  
0% WATER



DISCOVER THE WORLD OF  
TEAOLOGY  
[www.teaologyskincare.com](http://www.teaologyskincare.com)



## TEAOLOGY

Matcha Tea Ultra-Firming Face Cream, 50 ml

Ultra-Firming Face Cream with Organic Matcha Tea infusion and a 9 plants active complex redensifies, conceals, and ensures lifting effect. The natural green colour of Organic Matcha Tea performs a concealing action on blemishes, as the special mineral pigments and “soft focus effect” powders even and brighten the complexion.

Ļoti iedarbīgs sejas krēms, kas satur organisko mača tēju un aktīvu 9 augu kompleksu. Atjauno, uzlabo ādu un piešķir tai tvirtumu. Organiskās mača tējas dabīgā zaļā krāsa maskē ādas trūkumus, savukārt īpaši minerālpigmenti un maigas iedarbības pūderi izlīdzina un izgaismo sejas ādu.

€45

City Price €50  
SAVE 10%

# iTOUCH® Air 3

SMARTWATCH

ANDROID™ & IOS COMPATIBLE

## Style that *moves* you.

### KEY FEATURES

- NOTIFICATIONS
- HEART RATE MONITOR
- PEDOMETER
- CALORIE TRACKER
- SLEEP MONITOR
- 7+ DAY BATTERY
- WEATHER
- SPORTS MODES & MORE

DESIGNED BY AMERICAN EXCHANGE TIME, NYC, NY USA

## iTOUCH

Smart Watch

**NEW**  
ON BOARD


€69<sup>95</sup>

City Price €89  
SAVE 21%

Experience a healthier lifestyle with the Air 3 smartwatch. This New York City-designed smartwatch features continuous heart rate monitoring, tracks your steps, calories, & distance, and sleep monitoring. Stay active with workout modes and connected with important app notifications. The Air 3 has up to seven days of battery life.

Izbaudiet veselīgāku dzīvesveidu ar viedpulksteni Air 3. Šis Ņujorkā izstrādātais viedpulkstenis nodrošina nepārtrauktu sirdsdarbības uzraudzību, seko līdzi jūsu soļu skaitam, uzņemtajām kalorijām un pieveiktajiem attālumiem, kā arī jūsu miegam. Esiet aktīvs, izmantojot dažādus treniņu režīmus un turpinot saņemt svarīgus lietotņu paziņojumus. Air 3 akumulatora darbības laiks ir līdz septiņām dienām.





**VONMÄHLEN**  
Northern Germany

Fast Charging Performance

Compact case  
Ø70mm

USB-C to USB-C cable  
Micro-USB | USB-A | Lightning


**VONMÄHLEN**  
allroundo® c

**NEW**  
ON BOARD

**€24** City Price **€24.99**  
SAVE 4%


allroundo® c is the compact all-in-one charging and data transfer cable with fast charging (USB-C to USB-C). The innovative design offers six (6in1) different connections for end devices. The spiral cable extends up to 75 cm in length for flexible use of the phone while charging. The compact travel case contains a USB-A, a micro-USB and a Lightning Adapter.

allroundo® c ir kompakts un universāls ātrās uzlādes un datu pārraides kabelis (no USB-C uz USB-C). Inovatīvs dizains ar sešiem dažādiem savienojumiem gala ierīcēm. Pateicoties spirālveida līdz 75 cm garajam kabelim, tālruni var ērti lietot uzlādes laikā. Kompaktā ceļojumu somā arī atrodas USB-A, micro-USB un Lightning adapteri.



**VONMÄHLEN**  
Northern Germany

Easy adjustable  
up to 150 cm



All ports  
remain free

With case & without case


**VONMÄHLEN**  
Infinity Phone Strap, Black

**NEW**  
ON BOARD


**€17** City Price **€17.99**  
SAVE 6%

Infinity is the phone strap by Vonmählen. It slips around any phone with ease and the adjustable nylon drawstrings assures the most comfortable, secure hold. Infinity provides your phone with refuge by your side while still being easily accessible, the perfect tech accessory when you are on-the-go and need to be reachable, busy at the office, or enjoying a day of sight-seeing.

Vonmählen tālruņa siksnīņa Infinity viegli aptver ap jebkuru tālruni, regulējamas neilona aukliņas nodrošina drošu un stabilu tālruņa pozīciju. Pateicoties Infinity, jūsu tālrunis ir drošībā un vienlaikus viegli sasniedzams – tas ir ideāls risinājums, kad esat ceļā, aizņemts birojā vai piedalāties ekskursijā un jums ir jābūt viegli sazināmam.



**VONMÄHLEN**  
Northern Germany



reddot award 2019  
winner

DESIGN  
AWARD  
2019


**HIGH FIVE®**  
THE 5IN1 CHARGING CABLE

**VONMÄHLEN**  
High Five® The 5in1  
Charging Cable


**€19**

Compact, elegant, multifunctional—High Five® is the 5in1 charger cable for your key ring. It is compatible with all Micro-USB and USB-C devices as well as iPhone, iPad and iPod. With its sophisticated design and robust materials, High Five® can be attached to any bunch of keys and is always ready for use.

Kompakts, elegants, daudzfunkcionāls – High Five® ir pieci-vienā lādētājs, kuru var pievienot jūsu atslēgu piekariņam. Tas ir savietojams ar visām Micro-USB un USB-C ierīcēm, kā arī ar iPhone, iPad un iPod. Pateicoties pārdomātajam dizainam un izturīgajiem materiāliem, High Five® var piestiprināt pie jebkura atslēgu saišķa, un tas vienmēr ir gatavs lietošanai.



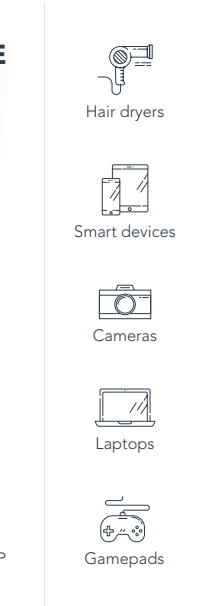
**VONMÄHLEN**  
Northern Germany



**UNITY ONE**  
THE TRAVEL CHARGER

OUTPUT  
USB-A USB-C

US | AU | UK | EU | CN | HK | JP



Hair dryers

Smart devices

Cameras

Laptops

Gamepads

**VONMÄHLEN**  
Unity One  
Travel Charger

**€49** City Price **€59**  
SAVE 17%

Unity One is the most compact travel charger for your electronic devices. In addition to the main connector, the integrated USB-A and USB-C ports allow you to charge different devices in parallel. Unity One is compatible with power outlets in over 150 different countries. The integrated overcharge protection converts the voltage and adapts it safely to your end devices.

Unity One ir kompaktais lādētājs jūsu elektroniskajām ierīcēm ceļojuma laikā. Papildus galvenajai līdzai USB-A un USB-C porti ļauj vienlaicīgi uzlādēt dažādas ierīces. Unity One ir savietojams ar strāvas kontaktligzdām vairāk nekā 150 dažādās valstīs. Aizsardzība pret pārlādešanu pārveido spriegumu un droši pielāgo to jūsu gala ierīcēm.





### ÖGON DESIGNS

#### Carbon Fibre Aluminium Wallet

Elegant wallet made in France. This light and strong wallet provides super-fast access and optimum protection. Designed to open with one hand. For 10 cards and cash. RFID Safe: protection against demagnetisation and electronic data theft. Size: 11x7.4x2.1 cm. Francijā ražots elegants maks. Tas ir viegls, izturīgs, nodrošina ērtu piekļuvi maka saturam un tā optimālu aizsardzību. Atverams ar vienu roku. Vieta 10 kartēm un skaidrai naudai. RFID aizsardzība pret demagnetizāciju un elektronisko datu zādzību. Izmērs: 11x7.4x2.1 cm.

TRAVEL  
RETAIL  
EXCLUSIVE

€38



### DOPPLER

#### Pocket Umbrella

Always with you, as light as a feather, small and slim. This umbrella is small enough to fit in every pocket. Carbon steel technology makes this model super lightweight and at the same time provides stable protection against weather and wind up to 100 km/h. Weight: 170 g. Vienmēr ar jums, viegls kā spalviņa, neliels un plāns. Šis lietussargs ir tik mazs, ka to var ielikt jebkurā kabatā. Tam ir oglekļa tērauda rāmis, tādēļ lietussargs ir neticami viegls, tomēr nodrošina efektīvu aizsardzību pret lietu un līdz pat 100 km/h stipru vēju. Svārs: 170 g.

BEST  
SELLER

€29



### KODAK

#### Ring Light

The Ring Light Mini 4 brings a new dimension of light and style to your images and videos. This handy light is perfect for everything from portraits and selfies to online meetings and makeup. Works with any smartphone and laptop. Technical details: 4 inch diameter, 1,5 h running time (90 mins), 50 individual LEDs.

Gredzenveida lampa Ring Light Mini 4 piešķir jūsu attēliem un videoklipiem jaunu gaismas un stila dimensiju. Šis parocīgais gaismas avots ir lieliski piemērots it visam, no portretiem un pašbildēm līdz tiešsaistes sapulcēm un grima uzklāšanai. Lampa ir savietojama ar jebkuru viedtālruni un klēpj datoru. Tehniskā informācija: 4 collu diametrs, 1,5 h darbības laiks (90 min), 50 gaismas diodes.

NEW  
ON BOARD

€29

City Price €29.90  
SAVE 3%



### BEURER

#### LS 10 Luggage Scale

Portable luggage scale that will help you avoid excess luggage charges. Small, handy and easy to use, comes equipped with a practical torch and a fastening strap for space-saving storage. With a weight capacity of 50 kg. Portatīvie svāri, kas palīdzēs izvairīties no bagāžas pārsniegtā svāra maksas. Šie svāri ir mazi, parocīgi un viegli lietojami, ar iebūvētu praktisku lukturīti un siksnīņu. Uzturāda svāru līdz 50 kg.

BEST  
SELLER

TRAVEL  
RETAIL  
EXCLUSIVE

€25

50 g graduation, torch light.



### I-CLIP

#### Carbon Optics Wallet incl. RFID Shields

The smallest of the wallets! A compact, safe and an elegant way to carry up to 12 cards and notes. Full-grain naturally tanned cowhide with a thrilling carbon finish in black or perforation in camel colour! With RFID shield for protection against electronic data theft. Mazākais no visiem makiem! Kompakts, drošs un elegants, ar 12 karšu un banknošu ietilpību. Tagad no dabīgi miecētas teļādas ar oglekļa perforācijas pārklājumu melnā vai kameļjādas krāsā. Ar RFID karti, kas nodrošina aizsardzību pret elektronisko datu zādzību.

€39

City Price €45  
SAVE 13%

### I-CLIP

#### AdvantageR Caramel incl. RFID Shields

The smallest of the wallets! A compact, safe and an elegant way to carry up to 12 cards and notes. Full-grain naturally tanned cowhide with a thrilling carbon finish in black or perforation in camel colour! With RFID shield for protection against electronic data theft. Mazākais no visiem makiem! Kompakts, drošs un elegants, ar 12 karšu un banknošu ietilpību. Tagad no dabīgi miecētas teļādas ar oglekļa perforācijas pārklājumu melnā vai kameļjādas krāsā. Ar RFID karti, kas nodrošina aizsardzību pret elektronisko datu zādzību.

€39

City Price €50  
SAVE 22%



### BANALE

#### Omnipillow

Omnipillow is the 3in1 travel pillow which allows you to switch between three unique forms – neck pillow, bed pillow or double cushion – and simply fold it up in its waterproof cover when you are done. 100% pure memory foam moulds around your natural posture. With removable and washable pillow cover. Omnipillow ir “trīs vienā” ceļojumu spilvens, kas viegli pieņem vienu no trim formām: kakla spilvens, gultas spilvens vai dubultais spilvens. Kad jums tas nav nepieciešams, to var vienkārši salocīt un ievietot ūdensnecaurīdīgā pārvalkā. 100% atmiņas putas balsta jūsu dabisko ķermeņa stāvokli. Noņemams un mazgājams spilvena pārvalks.

€49

City Price €59  
SAVE 17%



### ZIPSTAR

#### Mobile Screen Magnifier

This magnifier acts like a phone projector magnifying your phone's screen 2 to 4 times the size. Perfect for watching movies whilst travelling. Offers an excellent viewing experience as it helps reduce strain on your eyes allowing you to enjoy your smart phone even more. Compact and lightweight, it folds up easily to provide protection whilst not in use. Suitable for nearly all smartphones. Telefona ekrāna palielinātājs darbojas kā projektor, kas palielina jūsu tālruņa ekrānu 2–4 reizes. Ideāli piemērots filmu skatīšanai ceļojuma laikā. Piedāvā lielisku skatīšanās pieredzi, jo tas samazina acu noslodzi, ļaujot jums vēl vairāk izbaudīt savu viedtālruni. Kompakts un viegls, tas ir viegli salokāms, lai palielinātāju pasargātu, kamēr tas netiek lietots. Piemērots gandrīz visiem viedtālruniem.

TRAVEL  
RETAIL  
EXCLUSIVE

€10





**WABOBA**  
Water Bouncing Set

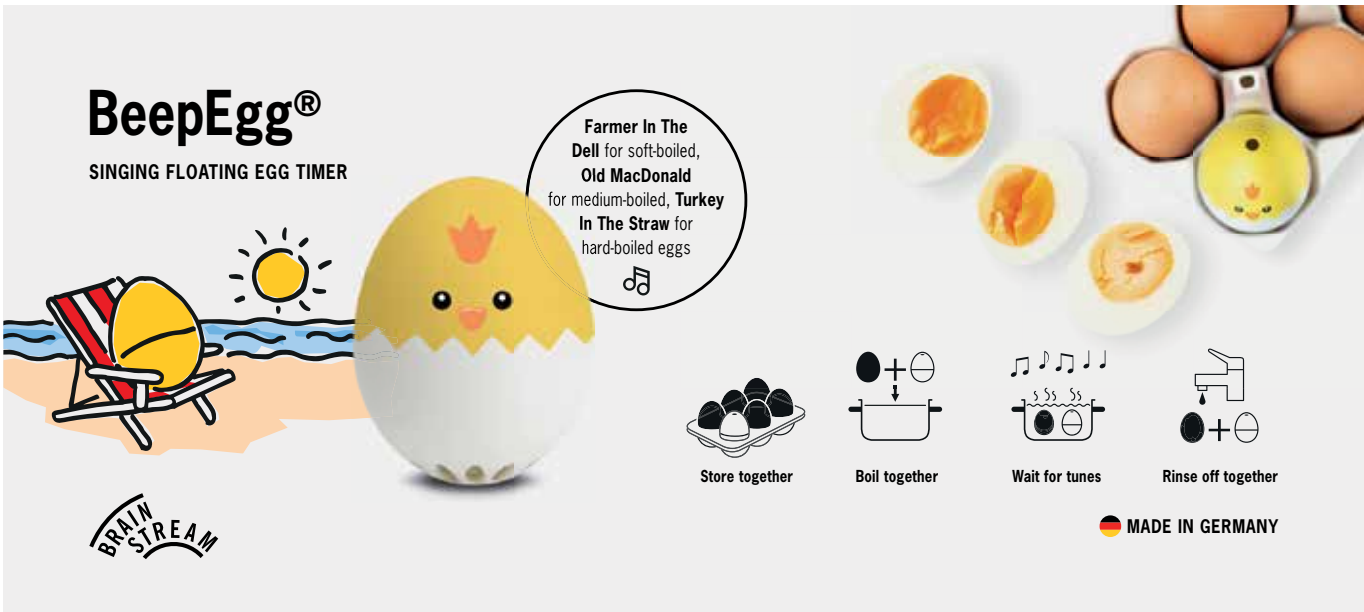
The Swedish classic! The one that started it all - the original water bouncing ball. An essential for the days when life takes you to the beach or lake. Bounce it on water like skipping a stone. Best for oceans, lakes, rivers, and waterfalls.

Zviedru klasiskās atsperīgās bumbas, kas atlec no ūdens. Tām ir īpaša nozīme dienās, kad atpūšaties pludmalē vai pie ezera. Pēc katra metiena bumba vairākkārt atsperīgi atlec no ūdens. To vislabāk var spēlēt jūrā, ezeros, upēs.

NEW  
ON BOARD

€19

City Price €21.90  
SAVE 13%



**BRAINSTREAM**  
Chicken Beep Egg

This fun and functional egg timer guarantees perfect boiled eggs. Simply store and boil with the eggs until BeepEgg will play three tunes. It's fun, it's smart and it really works.

Šis amuzants un tajā pašā laikā funkcionālais taimeris garantē perfektu novārītas olas. Tas ir jāuzglabā un jāvārda kopā ar olām, līdz BeepEgg atskaņos trīs melodijas. Tas ir jautri, tas ir gudri, un tas patiešām darbojas.

€19

City Price €21.90  
SAVE 13%



**SMARTGAMES**  
Iq Puzzler Pro

The Original! The IQ PUZZLER PRO is the world's most popular solitaire puzzler! 12 coloured and differently shaped ball elements have to be placed in the playing field. No less than 120 tasks in five different levels of difficulty have to be mastered! There are three different game forms: even pyramids can be played! But beware: there is always only one correct solution per task! Tricky, endless fun with an addictive factor for players aged 6 and up!

IQ PUZZLER PRO ir pasaulē populārākais galvas mežģis! Spēles laukumā jānovieto 12 krāsainas dažādu formu bumbiņas. Ne mazāk kā 120 uzdevumi piecās dažādās grūtības pakāpēs! Spēli var spēlēt trīs dažādos veidos. Taču uzmanieties: katram uzdevumam vienmēr ir tikai viens pareizais risinājums! Atjautīga izklaide, kam nekad nav gala. Var izraisīt atkarību! Paredzēts spēlētājiem no 6 gadu vecuma.

€12<sup>50</sup>



**SCRATCH ART**  
Magic Rainbow Scratch Notes

Use the wooden stylus to reveal bright colours that are hidden underneath a matte coating. Jot notes, etch doodles and create great designs. Perfect for keeping the children occupied whilst travelling.

Ar koka irbuļa palīdzību atklājiat spilgtas krāsas zem matēta pārklājuma. Rakstiet zīmītes, zīmējiet ķirķēziņus vai skaistus attēlus. Lielisks palīgs, lai nodarbinātu bērnus ceļojuma laikā.

TRAVEL  
RETAIL  
EXCLUSIVE

€5



**DISNEY**  
Frozen Kids Watch

Express your love for the magical icy world of Disney's Frozen movies by wearing your officially licensed Disney Frozen watch. A vivid dial art of Elsa and Anna with a nylon strap is easy to use for children. Every Disney Frozen kids' watch features watch hands labelled "hour" and "minute" to help young children learn how to tell time.

Aplieciniet savu mīlestību pret Disneja multfilmas "Ledus sirds" maģisko un ledaino pasauli, valkājot oficiāli licencēto Disney Frozen rokaspulksteni. Spilgto ciparnīcu rotā Elzas un Annas attēli, pulkstenim ir neilona siksnīņa, kas ir ērti lietojama bērniem. Uz stundu rādītāja rakstīts "hour" un uz minūšu rādītāja "minute", lai palīdzētu maziem bērniem iemācīties pulksteni.

€29



**DISNEY**  
Mickey Mouse Kids Watch

Express your love for the magic of Mickey by wearing your officially licensed Disney Mickey Mouse watch. A vivid dial art of Mickey Mouse with a soft silicone strap for a child's comfort. Every Disney Mickey Mouse kids' watch features watch hands labelled "hour" and "minute" to help young children learn how to tell time.

Aplieciniet savu mīlestību pret neatkārtājamo Mikipeli, valkājot oficiāli licencēto Disney Mickey Mouse rokaspulksteni. Spilgto ciparnīcu rotā Mikiņas attēls, pulkstenim ir mīksta un ērta silikona siksnīņa. Uz stundu rādītāja rakstīts "hour" un uz minūšu rādītāja "minute", lai palīdzētu maziem bērniem iemācīties pulksteni.

€29



# Nature Friendly

MADE FROM RETRIEVED GHOST NETS THAT FLOAT IN THE SEA



## BRACENET Arctic Ocean Bracelet

TRAVEL  
RETAIL  
EXCLUSIVE

€25

They are one of the biggest dangers for our oceans: discarded and lost fishing nets. The ghost nets can float around undiscovered for decades and turn into dangerous traps for animals. Together with the marine protection organisations Healthy Seas and Ghost Diving, we retrieve these deadly traps and upcycle them to bracelets—the Bracenet. One size fits all.

Pamesti vai nozaudēti zvejas tīkli ir viens no lielākajiem draudiem pasaules okeāniem un jūrām. Šādi tīkli var dreifēt gadu desmitiem, kļūstot par nāvējošām lamatām jūras iemitniekiem. Sadarbībā ar jūru aizsardzības organizācijām Healthy Seas un Ghost Diving mēs šādas lamatas likvidējam un no pamestajiem zvejas tīkliem izgatavojam aproces Bracenet. Der jebkuram rokas apkārtmēram.

YOUR PURCHASE IS A VOTE FOR A GREEN AND FAIR FUTURE



## TREECELET Amazonia Bracelet

Treecelet is a global tree planting project that plants trees in the most affected areas. Every sold bracelet plants 3 trees. Bracelets are handmade in the EU by people with disabilities to provide them fair work. Gift-ready packaging with a tree planting certificate included. Adjustable bracelet size.

Treecelet ir globāls koku stādīšanas projekts, kura ietvaros koki tiek iestādīti visvairāk cietušajos reģionos. Katra pārdota rokassprādze palīdz iestādīt 3 kokus. Roku darbs no Eiropas – rokassprādes izgatavo cilvēki ar īpašām vajadzībām, kuri tiek nodrošināti ar darbu. Dāvanu iepakojums ar koku stādīšanas sertifikātu. Regulējams izmērs.

€16

City Price €19.90  
SAVE 20%

€16

City Price €19.90  
SAVE 20%

## TREECELET Madagascar Bracelet



## UPCIRCLE Face Moisturiser, 50 ml

€19

A multi award-winning deeply hydrating, fast-absorbing face cream to nourish and brighten the skin. This moisturiser is suitable for all skin types. Vitamin E rich argan powder is combined with skin-soothing cocoa butter, aloe vera and blood orange. Reused, repurposed, reloved: this face moisturiser is made with finely-ground powder of discarded argan shells, a natural by-product of the argan oil industry that is rich in antioxidant Vitamin E.

Daudzkārt godalgots dziļi mitrinošs, ātri uzsūcošs sejas krēms, kas ir barojošs un uzlabo ādas krāsu. Šis mitrinātājs ir piemērots visiem ādas tipiem. Tā sastāvā ietilpst ar E vitamīnu bagātais argāna pulveris, ādu nomierinošs kakao sviests, alveja un sarkanais apelsīns. Atkārtoti izmantots, pārstrādāts, iemīlots: šis sejas mitrinātājs ir izgatavots no smalki samalta argāna čaumalu pulvera, kas ir dabisks argāna eļļas ražošanas blakusprodukts.



## KIND BAG Koi Fish Reusable Kind Bag, Medium

€12<sup>50</sup>

Both stylish and practical, this eco-friendly shopper is made from 6 recycled plastic bottles. The bag can be folded into an attached pouch so you can take it anywhere. And on top of that, you're doing something for our planet!

Stilīga un praktiska, videi draudzīga soma, kas izgatavota no 6 pārstrādātām plastmasas pudelēm. Somu var salocīt un ielikt maciņa izmēra somiņā, lai to varētu paņemt līdzi, lai vai kur jūs dotos. Iegādājoties šo somu, jūs rūpējaties par mūsu planētu!

Vegan and cruelty free. Water-resistant and lightweight

PLASTIC NEGATIVE: FULLY RECYCLABLE PACKAGING.

MADE FROM RESCUED PLASTIC BOTTLES DESTINED FOR OUR OCEANS





### PLANIES NFT SNAP BACK Unisex Hat With Flat Brim

This unisex hat with a flat brim is for those who want to stand out. Plain six-panel cotton hat with straight brim. The back of the hat has a retro-style size adjuster with a plastic clip. Reinforced front panel with graphic embroidery, inspired by Planies. Material: 100% cotton, grammage: 340 g/m<sup>2</sup>. **Planies are a special cartoon aircraft design collection 10 000 one-of-a-kind collectibles stored on the Ethereum blockchain.** More about Planies check out here: [planiesnft.com](https://planiesnft.com)

Šī unisex cepure ar taisnu nagu ir paredzēta tiem, kuri vēlas izcelties. Vienkrāsaina, sešu panelu kokvilnas cepure ar taisnu nagu. Cepures aizmugurē ir retro stila izmēra regulētājs ar plastikāta klipsi. Materiāls: 100% kokvilna, biezums: 340 g. Pastiprināts priekšējais panelis ar grafisku izšuvumu, iedvesmots no Planies. **Planies ir īpaša karikatūru lidmašīnu dizaina kolekcija, kurā ir 10 000 vienreizēju kolekcionējamo priekšmetu, kas tiek glabāti Ethereum blokkēdē.** Vairāk par Planies uzzini šeit: [planiesnft.com](https://planiesnft.com)

€19<sup>99</sup>



### AIRBALTIC Teddy Bear

Teddy pilot is an excellent companion for all your pleasant travels ahead. Lācis pilots būs lielisks pavadoņs visos jūsu nākamajos lidojumos.



### AIRBALTIC Water Bottle, 650 ml

Capacious and easy to use water bottle. No need to tilt your head to drink, there is a comfortable folding spout with a straw, and a handle for easy carrying. A great water bottle to take with you on a hike or when going to the gym.

Ietilpīga un viegli lietojama ūdens pudele. Nav jāatliec galva, lai padzertos, ērts atlokāms snipis ar salmiņu. Aprīkota ar rokturīti ērtākai pārnēsāšanai. Šī būs piemērota ūdens pudele, ko ņemt līdzi pārgājienos vai somā uz sporta nodarbībām.

€20

Size: 8 cm x 24.3 cm

€9<sup>50</sup>

Available exclusively  
on long flights

### AIRBALTIC Blanket

100% polar fleece blanket with airBaltic logo, colour navy.  
100% flīsa sega ar airBaltic logotipu, tumši zilā krāsā.  
Одеяло из 100% полярного флиса с логотипом airBaltic, цвет темно-синий.



€7

Size: 150 cm x 120 cm

## Stay Connected with International SIM or eSIM!

Izmantojiet eSIM vai starptautisku SIM karti, lai uzturētu sakarus!

**Works in over 135 countries**, with a single card&phone number.

Ar vienu karti un tālruņa numuru darbojas vairāk nekā 135 valstīs.

**Better coverage** – 320 networks all around the world to keep you connected.

Labāks pārklājums – 320 tīkli visā pasaulē nodrošina labāku pārklājumu, lai uzturētu savienojumu.

**Reduce roaming cost by up to 85%.**

Samaziniet viesabonēšanas izmaksas līdz pat 85%.

**It's prepaid, so you're in control of the costs.**

Tā kā tas ir priekšapmaksa, jūs kontrolējat izmaksas.



### Recharge voucher with €20 credit

Papildiniet kuponu ar €20 kredītu

€20

### Starter kit with €10 credit

Sākuma komplekts ar €10 kredītu

€20

For more information, ask the cabin crew or visit [www.airbalticcard.com](https://www.airbalticcard.com).  
Konsultējieties ar salona personālu vai dodieties uz [www.airbalticcard.com](https://www.airbalticcard.com), lai iegūtu sīkāku informāciju.

[airBalticCard.com](https://www.airbalticcard.com)



Shop for food, drinks and  
souvenirs during the flight  
on your phone



# USE OF PORTABLE ELECTRONIC DEVICES

	BOARDING	TAXI BEFORE TAKE-OFF	TAKE-OFF	CRUISE	APPROACH AND LANDING	TAXI AFTER LANDING
Connectivity GSM, Bluetooth, Flight Mode						
Handheld devices e.g. tablets, e-readers and mobile phones						
Heavy devices e.g. laptops and notebooks						

\* Shall be stowed in overhead bin or under the front seat inside an appropriate bag.  
In case a battery or device is damaged, hot, produces smoke, is lost, or falls into the seat structure, immediately inform the cabin crew.

# HOUSE RULES

We only accept payment cards:



- We accept payment for purchases only by cards with an embedded chip. We are unable to process payments made by cards with a magnetic stripe.
- For payment card purchases exceeding EUR 50, ID must be provided. A purchase with a single card may not exceed EUR 250 and total payment by cards per one customer may not exceed EUR 500.
- All prices include VAT where applicable.
- For each purchase made on airBaltic flights the cabin crew will provide you a receipt.
- Fresh Meals available on flights over 1 h 30 min. Ask the cabin crew about the meal availability on your flight today and about the ingredients of a given product or what allergens it contains.
- All pictures of products and packaging are for illustrative purposes only and may differ from the real product.
- Ask the cabin crew about the meal availability on your flight today and for the ingredients of a given product or what allergens it contains.
- When purchasing a flight ticket, you have accepted the airBaltic Terms of Passenger Carriage, which state that it is not permissible on board airBaltic aircraft to use narcotics, consume alcoholic beverages that you have brought on board, smoke any type of cigarette including electronic cigarettes. Passengers must obey acknowledged standards of polite behaviour. Should we have any reason to believe that your behaviour does not comply with these rules, we will take any and all necessary action to stop such behaviour.
- It is prohibited to sell alcoholic beverages to persons under 18 years of age.

Please note that all items are subject to availability.

## FOR ALLERGIC PASSENGERS

- Passengers with food allergies must assume responsibility for this risk. We will not assume any liability for allergic reactions to the foods consumed or contacted on board.
- If you have specific food requirements, you can choose and pre-order food for your flight at [www.airbalticmeal.com](http://www.airbalticmeal.com)

Apmaksai pieņemam tikai maksājumu kartes:



- Norēķiniem ar maksājumu kartēm pieņemam tikai kartes ar čipu. Darījumi ar magnētisko joslu kartēm netiek nodrošināti.
- Ja maksājums ar maksājumu karti pārsniedz 50 EUR, jāuzrāda personu apliecinošs dokuments. Pirkums ar vienu maksājumu karti nedrīkst pārsniegt 250 EUR, kopējā pirkumu summa ar maksājumu kartēm no vienas personas nedrīkst pārsniegt 500 EUR.
- Visas cenas norādītas ar atbilstoši piemērojamo PVN.
- Par katru pirkumu airBaltic stjuarti izsniegs jums čeku vai stingrās uzskaites kvīti.
- Svaigās maltītes ir pieejamas lidojumos, kas ir ilgāki par 1 h 30 min. Jautāiet stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.
- Produktu un iepakojumu attēli norādīti tikai informatīvā nolūkā un var atšķirties no reālā produkta.
- Jautāiet stjuartiem par maltītes pieejamību jūsu reisā, kā arī par produktu sastāvu un tajos esošajiem alergēniem.
- Iegādājoties aviobiļeti, Jūs esat piekritis airBaltic pasažieru pārvadāšanas noteikumiem, kas paredz, ka airBaltic lidmašīnās nav atļauts lietot narkotikas, līdzpapemtos alkoholiskos dzērienus un smēķēt t.s. elektroniskās cigaretes, kā arī ir jāievēro vispārpieņemtās pieklājīgas uzvedības normas. Ja būs pamats uzskatīt, ka Jūsu uzvedība neatbilst noteikumiem, veiksīm nepieciešamās darbības, lai šādu uzvedību novērstu.

- Alkoholiskos dzērienus aizliegts pārdot personām, kuras ir jaunākas par 18 gadiem.

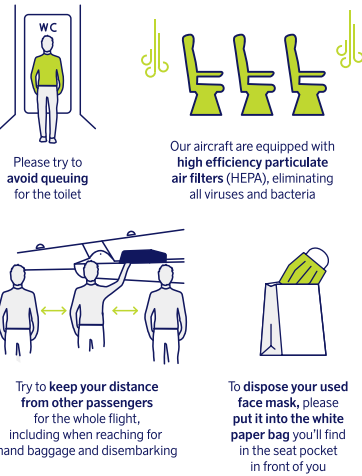
Ņemiet vērā, ka preču daudzums var būt ierobežots.

## PASAŽIERIEM AR ALERĢISKĀM REAKCIJĀM

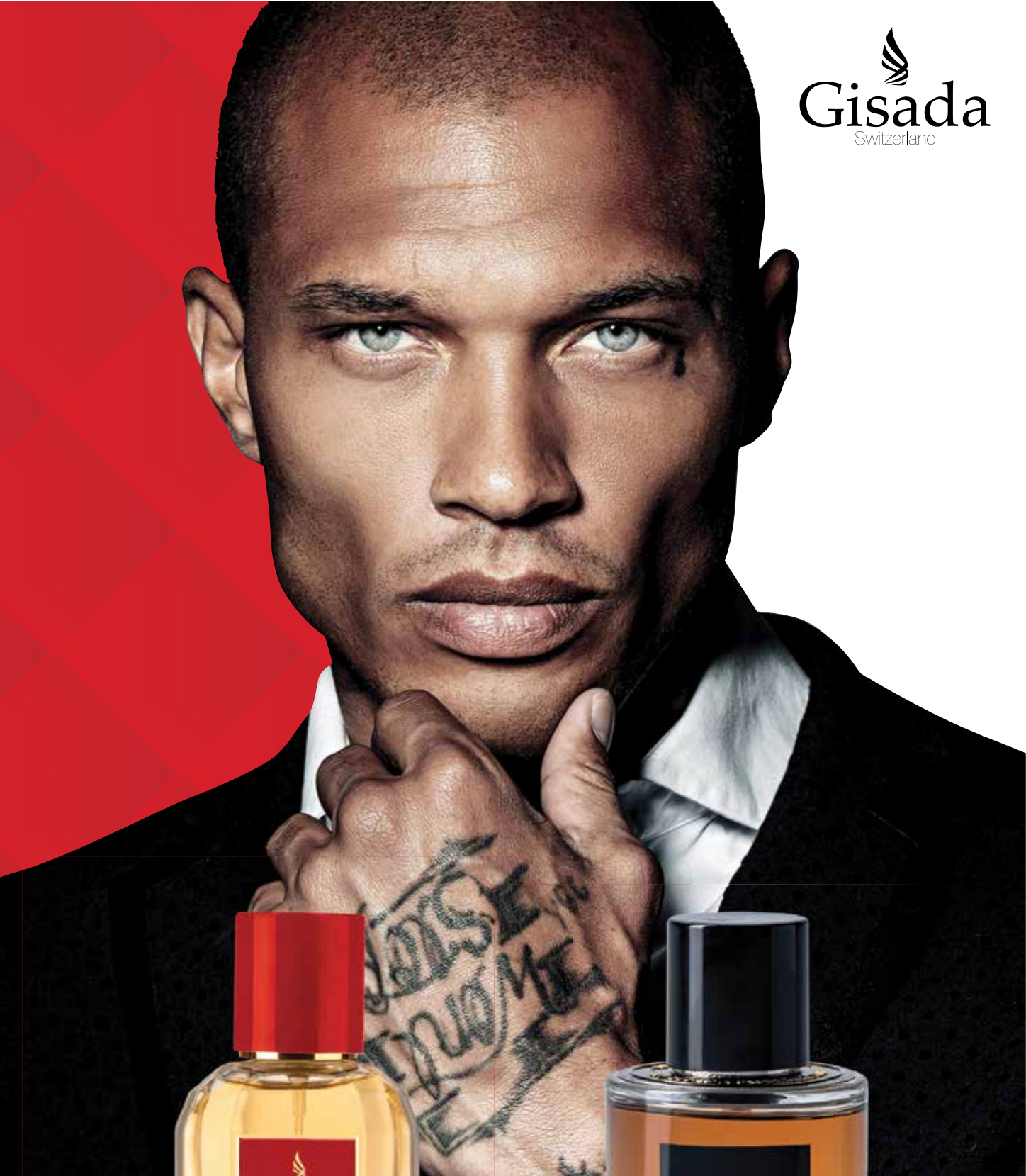
- Esiet piesardzīgi, ja jums ir alerģija pret kādu no pārtikas produktiem. Mēs neuzņemamies atbildību par alerģisku reakciju no pārtikas produktiem, ko esat patērējuši vai ar ko esat nonākuši saskarsmē lidmašīnā.
- Ja jums ir īpašas prasības attiecībā uz pārtiku, varat izvēlēties un pasūtīt maltīti pirms lidojuma vietnē [www.airbalticmeal.com](http://www.airbalticmeal.com)

# Your health and well-being are our top priority

We kindly ask you to act responsibly and follow these recommendations as well as general safety measures.



Take note that masks may still be required on flights, airports or public spaces in other countries so make sure you are familiar with the local rules.



AMBASSADORA  
WOMEN

AMBASSADOR  
MEN

For any suggestions on our product selection, please write to / Ja jums ir ieteikumi vai komentāri par piedāvāto preču klāstu, lūdzam tos sūtīt uz e-pastu [info@airo.lv](mailto:info@airo.lv)





# Spice up your trip with our extras!

Book these useful services along with your ticket at [airbaltic.com](http://airbaltic.com) or add them to your booking later on.



## Flight cancellation and name change options

For your peace of mind, add the option to cancel your reservation and get a full refund in the form of an *airBaltic* gift card in case your travel plans change. This service costs **EUR 19.99** per passenger per direction. Or add the option to change the passenger name on your ticket for a fee from **EUR 9.99** per flight segment.

The Cancellation option is available only for *GREEN* and *GREEN plus* tickets, whereas the Name change option is available for *GREEN*, *GREEN plus* and *GREEN Classic* tickets.



## Heavy cabin baggage

You can take on board one cabin bag (55x40x23 cm) and one personal item (30x40x10 cm) with a total weight of eight kilograms free of charge.

However, sometimes you may need to carry more but want to avoid waiting for a checked suitcase at the baggage belt. Now you can add an extra four kilograms to your cabin baggage from **EUR 11.99** and take a total of 12 kilograms on board.

Please note: If you purchase extra cabin baggage weight, your cabin baggage must still remain within the above-mentioned dimensions. Exceeding the allowed cabin baggage weight or size limits will cost EUR 75 at the airport.



## Checked baggage

Add checked baggage if you want to take up to **25 kilograms**, including liquids over 100 ml, which are not allowed in cabin baggage. The cheapest option is to book checked baggage along with your ticket at [airbaltic.com](http://airbaltic.com) starting from **EUR 19.99**. You can also add baggage anytime later at a higher price.



## Pre-order a meal

Order a meal before your flight and be among the first served on board. Choose our great value meal sets, which include a main course, dessert, and a drink starting from **EUR 11.99**. All meals are freshly prepared and packed separately under strict hygiene standards. Special vegetarian and kids' meals are also available.



## Reserve a seat

Are you a window person, or do you favour more legroom? Want to avoid the middle seat or sit together with your family? Or do you want to sit in the front to be the first off the plane?

Whichever it is, you can secure your favourite seat in advance starting from **EUR 5.99**. With a reserved seat you will enjoy an additional bonus – the opportunity to **check in for your flight already five days before departure** (instead of the usual 36 hours).



## Fast track in Riga

Add fast-track security check to your booking for only **EUR 9.99** and skip the security lines at Riga Airport.



## Special equipment

Whatever your hobby, you don't have to live without it during your trip. Take your bicycle, skis, or golf bag with you from **EUR 39.99**. \* Guitars, cellos, and other fragile musical instruments that do not fit in cabin baggage can be transported on the seat next to the passenger if a special ticket has been purchased for their transportation.



## Assistance for children flying alone\*

If you are unable to accompany your children, our crew can take care of them from the time they check in to the moment when they meet a parent or guardian at the destination airport. Unaccompanied minor service costs from **EUR 60** and is available for children aged 5 to 17.



## Travelling with pets\*

Your furry friend can travel in the cabin if its crate fits under the seat in front of you. Maximum dimensions for PETC are 55x40x23 cm and maximum weight is 12 kg (pet together with box/bag). Larger animals are placed in the cargo hold during the flight.

# Ticket types on *airBaltic* flights

Whenever you reserve an *airBaltic* flight, you can choose from five different ticket types depending on your needs and wishes: *GREEN*, *GREEN plus*, *CLASSIC*, *BUSINESS light* and *BUSINESS*.

The date can be changed for all tickets. This gives our guests extra flexibility and security when planning their trips.

Check out the chart to see what services are included in each ticket type, and choose the one that's best for you.



	GREEN	GREEN plus only on <a href="http://airBaltic.com">airBaltic.com</a>	CLASSIC	BUSINESS light	BUSINESS
	The simplest ticket for the lowest price – with the option of changing the flight date.	A great price that includes checked baggage and the option of flexibility. Plus regular discounts on different ancillary services.	A smart choice! The most important services plus greater flexibility in changing or cancelling the flight.	Exceptional service for an affordable price.	Our proven value – enjoy plenty of benefits, sophisticated service and total flexibility.
CABIN BAGGAGE	✓	✓	✓	✓	✓
CHECKED BAGGAGE	from EUR 19.99	✓	✓	✓	✓
SEAT RESERVATION	from EUR 5.99	from EUR 5.99	✓	✓	✓
DATE CHANGE*	EUR 50 per direction	EUR 50 per direction	✓	✓	✓
REFUND	✗ **	✗ **	EUR 50 per direction, or EUR 25 per direction, if you choose a refund in the form of a gift voucher	non-refundable	✓
NAME CHANGE	✗ **	✗ **	EUR 100 per ticket	EUR 100 per ticket	✓
MEAL	from EUR 11.99	from EUR 11.99	from EUR 11.99	✓	✓
AIRPORT CHECK-IN	EUR 35.00	EUR 35.00	✓	✓	✓
FAST TRACK	✗	✗	✗	✓	✓
BUSINESS LOUNGE	✗	✗	✗	✓	✓
<i>airBaltic Club</i> ***	Earn 1–3 points per euro spent	Earn 1–3 points per euro spent + 50 bonus points	Earn 1–3 points per euro spent + 100 bonus points	Earn 1–3 points per euro spent + 150 bonus points	Earn 1–3 points per euro spent + 200 bonus points

\* Fare difference may apply.

\*\* A Flight Cancellation option and Name Change option can be added to your tickets by making the reservation on [airBaltic.com](http://airBaltic.com).

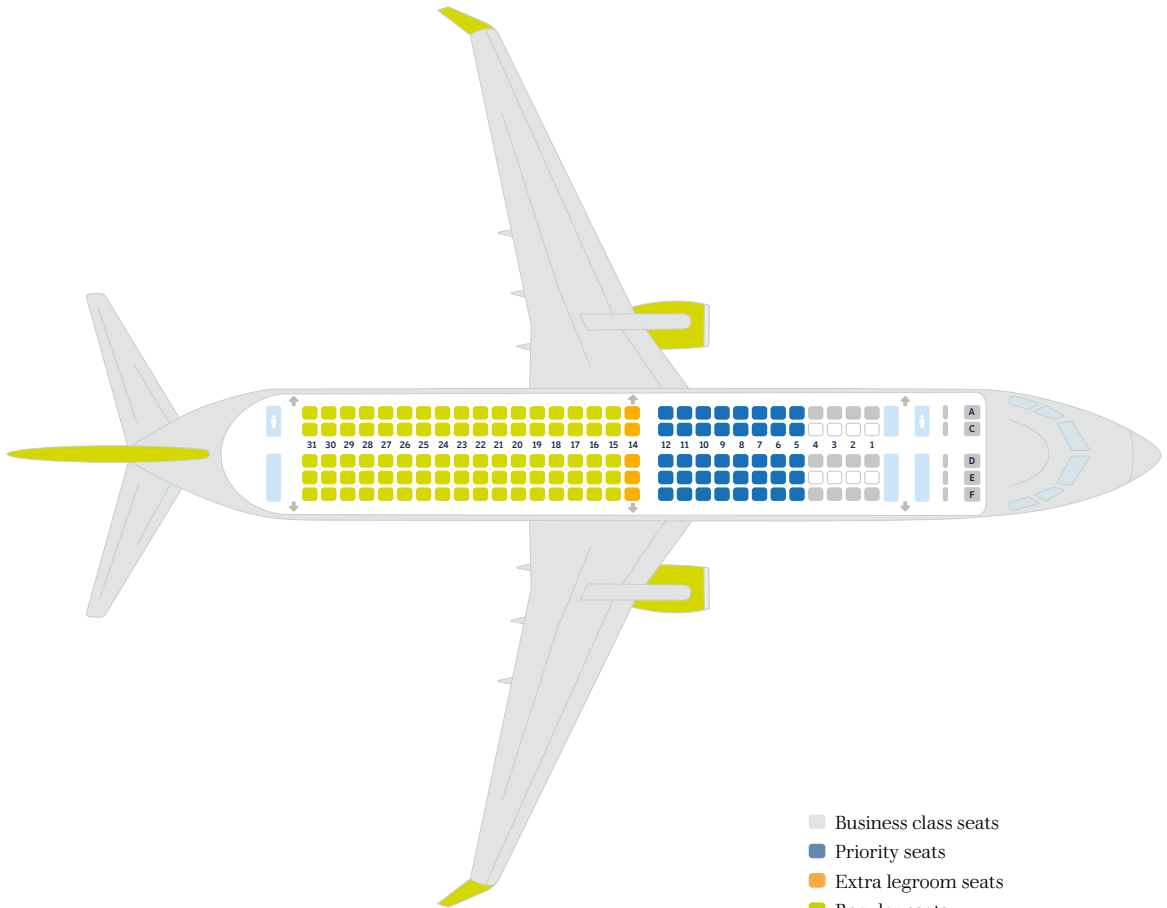
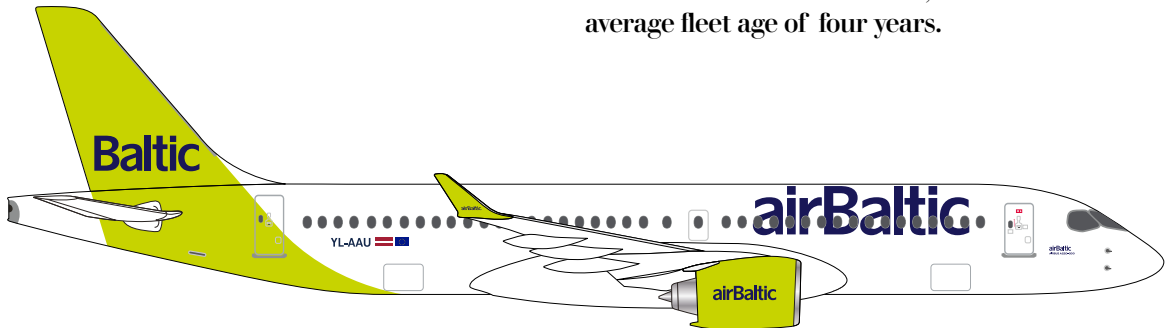
\*\*\* The number of points earned per each euro spent on a ticket depends on the tier level within the *airBaltic Club*.

See [www.airbaltic.com](http://www.airbaltic.com) for current terms.



Welcome aboard our new **Airbus A220-300**

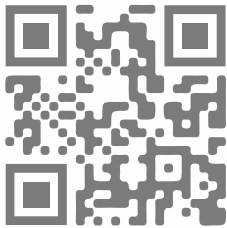
We are proud to have Europe’s youngest fleet of aircraft. *airBaltic* flights are operated with the *Airbus A220-300* aircraft, which has an average fleet age of four years.



- Business class seats
- Priority seats
- Extra legroom seats
- Regular seats

Number of aircraft	42
Number of seats	145
Max take-off weight	676 metric tons
Max payload	16.7 metric tons
Length	38.7 m
Wing span	35.1 m
Cruising speed	870 km/h
Commercial range	4575 km
Fuel consumption	2200 l/h
Engine	PW 1521G

WELCOME  
TO AIRBALTIC  
SKY SERVICE!



Order inflight meals and do onboard shopping from **your mobile device** during the flight!



After take-off, once the Personal Electronic Device sign is switched off, connect to WI-FI by selecting the network absky.net



Open the camera app and scan the QR code or type absky.net in your browser



Shop for food, drinks and souvenirs on your phone. Also read the latest articles from the *airBaltic* blog and *Baltic Outlook* magazine



Track the status of your order online in the shopping cart



Please note that *airBaltic* SKY service will start to work **only after take-off**, once the Personal Electronic Device sign is switched off





MARCO BICEGO



RIGA



TALLINN

GRENARDI