

JUNE  
2019  
*airBaltic*  
Inflight magazine

# baltic

## outlook

### LVIV

Menu  
and  
Sky Shop  
catalogue  
inside

**LVIV: A CUP OF COFFEE  
AT THE LION'S FEET**

**DISCOVER MENORCA – SPAIN'S  
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*airBaltic* appreciates the global attention it has received for being among the world leaders in innovation and efficiency

**MARTIN ALEXANDER GAUSS**  
Chief Executive Officer, *airBaltic*

Dear guests of *airBaltic*,

Recently we reached a new record by achieving a 59% market share at our main hub in Riga. At the same time, our market share in the Baltic capitals has reached 35%. Having such a strong role in the Baltic region helps us significantly in improving our efficiency and offering you better connectivity and more affordable prices. We are also investing in modern technology to further strengthen our role as the number-one connectivity provider in the Baltics.

Summer is now here, and we have launched a total of eight new destinations: five from Riga and three from Tallinn. In addition, we have increased frequencies on many other popular routes and continue to introduce the greenest commercial jet aircraft, the *Airbus A220-300*, on destinations previously served by other aircraft types.

Not only are we investing in our new *Airbus A220-300*, we have also recently concluded a green flying project that enables us to perform highest-precision approaches on our *Bombardier Q400 NextGen* turboprop aircraft across Europe. As a result, we have further improved our fuel efficiency and can perform more reliable landings.

Every airline seeks additional efficiency, and *airBaltic* appreciates the global attention it has received for being among the world leaders in innovation and efficiency. Efficiency decreases our costs, enables lower fares, and helps to us to further decrease fuel consumption and CO<sub>2</sub> emissions. At *airBaltic* we want to play a leading role in market share as well as in punctuality and efficiency. This is crucial for the sustainable future of our industry.

Hope to see you on board Europe's most punctual airline again soon!



Yours,  
Martin Alexander Gauss



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## PHILOSOPHY IS THE ART OF LIVING

The Philosophers Residence is a dedication to future tenants, each of whom follows their own philosophy of life and makes their own choices. The main task the project developers set themselves was to create an ambience that supports the tenants in walking their chosen paths and helps them open up new opportunities and search for new ideas. To achieve that, there will be libraries in the lobbies of the houses, basketball and sports grounds, ping-pong and Novuss terraces, a children's playground, and spaces for meditative rest.

[WWW.PHRESIDENCE.LV](http://WWW.PHRESIDENCE.LV)

*A luxurious view from the PHILOSOPHERS RESIDENCE'S living room onto the Dougava River and the Old Town.*

  
**PHILOSOPHERS**  
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In Jurmala, Latvia, on the first line by the sea in the heart of the «golden mile», there is a unique residential quarter, one of the most distinguished projects in the world - LEGEND, which has received the FIABCI award, the Spear's Magazine award, the Luxury Lifestyle contest award, and The Best Architecture in the World award from the International Property Awards. The LEGEND quarter consists of three residential buildings: Villa Churchill, Villa Hepburn, and Villa Dietrich, as well as the private Villa Hemingway and the Villa Tiffany clubhouse. The infrastructure here has no analogue on the Jurmala coast and includes a children's playground, the Memories restaurant, the comfortable LEGEND Beach, and the Moon River Spa-complex with a swimming pool and cardio gym.

[WWW.LEGEND.LV](http://WWW.LEGEND.LV)

**LEGEND.**

*LEGEND. Quarter, Villa Hepburn, Villa Churchill, Villa Dietrich.*

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In the "quiet centre" a unique oasis is being created, one that hovers over the top of the carefully restored historical facade. Pine Bonsai trees have been planted on the terraces and supplemental structures in the building's courtyard, which, along with the glass facade, creates an inspiring view that gives the impression that one is living in the natural ambience of a forested mountaintop.

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[WWW.VILLAMILIA.LV](http://WWW.VILLAMILIA.LV)

VILLA  
**MILIA**  
JURMALA

*The main facade of the VILLA MILIA.*



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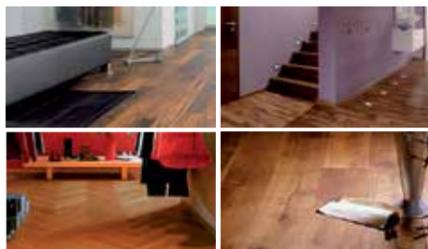
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from the lives of our  
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**baltic**  
outlook

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## FOOD&DRINKS MENU

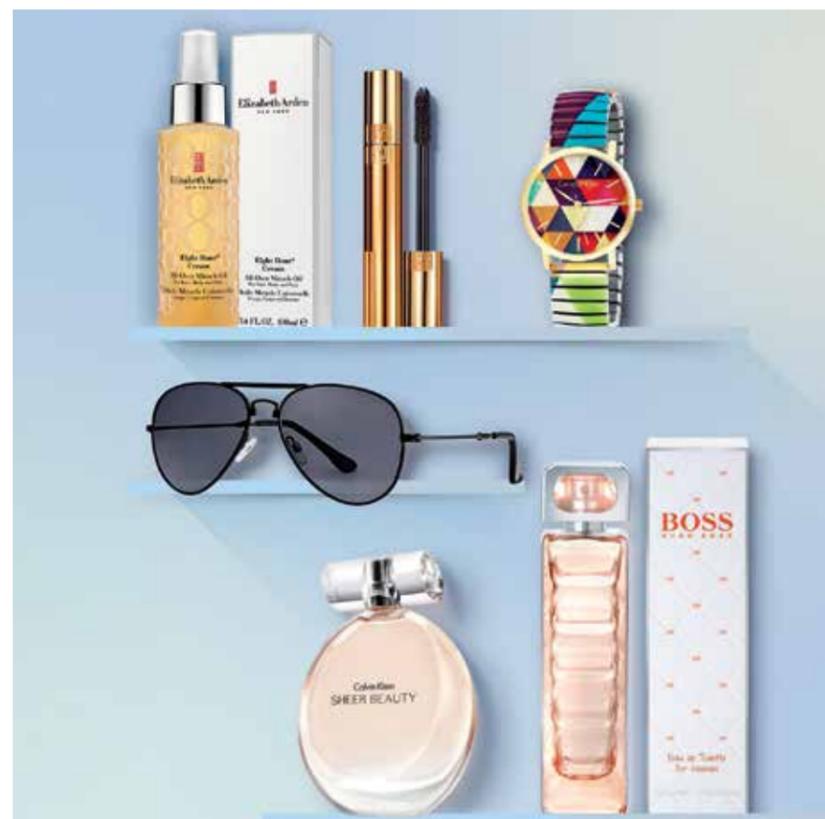


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- 187 Sandwiches**  
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- 189 Snacks & Sweets**  
Energising offers for breakfast or a quick bite
- 192 Drinks**  
A hot tea or coffee, juice, or a glass of wine will be a great complement to your meal
- 198 Watches & Jewellery**  
Our selection will allow you to add to your style, or your gift bag
- 212 Fragrances for Him & Her**  
Carefully selected scents for different tastes
- 216 Beauty**  
For your beauty, health, and wellness
- 225 Accessories**  
The newest trends for your travel and comfort
- 233 For Kids**  
To keep our little ones happy and busy
- 234 Travel Souvenirs**  
The best souvenirs to bring home from your travels

## SHOPPING&GIFTS



Words by Zane Nikodemusa  
Publicity photos

# The ultimate June checklist



Photo by Reinis Hofmanis ©LIAA

## MIDSUMMER MAGIC

June is a special month in Latvia, because this is when the year's most colourful and Latvian celebration takes place – Midsummer, or *Jāņi*. Everything, including city streets, is decked out with stylised wildflowers and oak wreaths in the weeks and days leading up to the evening of June 23, when the longest day and shortest night of the year is celebrated. Most Latvians like to head out into the countryside to mark this very ancient festival. After all, a big part of the activities involve being out in nature and awaiting the sunrise next to a bonfire. *Jāņi* was originally a pagan agricultural festival that existed long before the arrival of Christianity, but the traditions associated with it remain immensely popular to this day.



## DESIGN

### Slow-design heritage

The Latvian sense of beauty and the characteristic style it has inspired have always differed from those of neighbouring cultures. Natural materials are an essential part of that style, and the interior textiles created by *Ars Tela* are a wonderful example of this concept. The brand uses mainly Baltic-grown linen and combines it with other fibres, such as silk, cashmere, and royal baby alpaca. In addition, *Ars Tela's* team of designers shows off its mastery by implementing a number of old Latvian weaving patterns in a modern way.

arstela.lv



## FASHION

### Powerful daytime style

With today's hurried lifestyle in mind, *Talented* has focused on merging functional and decorative aspects in its summer collection of clothing. 'Like a centrifuge, this accelerated time affects our daily lives, and as a result, boundaries are being blurred,' says Indra Miklāva, the designer at the company, which is one of Latvia's most noticeable fashion brands. *Talented's* current collection features linen and cotton, which are perfect for the season and for people whose core values are quality, wit, and freshness.

talented.company



## HOBBY

### Relax on the water

Boating can offer a soul-stirring experience with breathtaking views, calming water, and solitude. What else does one need for a perfect vacation? If you're looking for a new, elegant vessel, the authentic wooden boats built by the *Mr. Magpie Boat Workshop* in Latvia are unique. There are currently few other places in the world where Whitehall boats, considered one of the most refined rowboats of the 19<sup>th</sup> century, are still built by hand.

kokalaivas.lv

# MAX&Co.



Terbatas str.1/3, RIGA

Lielirbes str.29, "Spice", RIGA

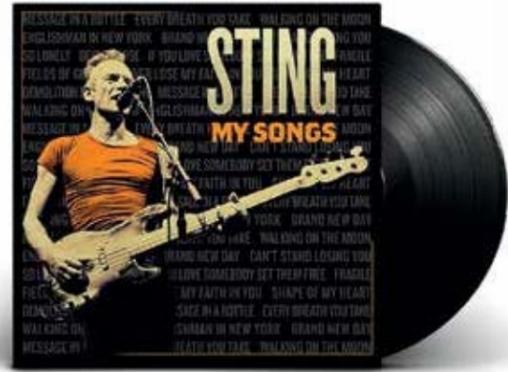
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**THE GREAT MODERNISTS: FROM MONET TO KANDINSKY**  
MULTIMEDIA EXHIBITION

Until September 10

The Great Modernists is a new, exciting, globally recognised 60-minute multimedia show featuring more than 5000 works of art by the masters of modernism. The exhibition combines European masterpieces with modern technologies, and the exquisite musical accompaniment provides for a wonderfully meditative atmosphere.  
modernsti.lv



**STING CONCERT**

June 10

Legendary British singer Sting, the winner of 16 Grammy awards, returns to Arena Riga this summer with his *Sting: My Songs* programme. Be prepared for a dynamic show featuring the most beloved songs from his entire career. If you have the opportunity to see this concert, you must.  
Tickets at [bilesuserviss.lv](http://bilesuserviss.lv)



**FIBA WOMEN'S EUROBASKET 2019**

June 27 - July 7

FIBA Women's EuroBasket 2019 marks the 37<sup>th</sup> edition of this continental showpiece event and will be co-hosted by Latvia and Serbia. Europe's best players will come together in the cities of Riga, Niš, Zrenjanin, and Belgrade to fight for the coveted title of European Champions. Arena Riga will host the games of Groups A and B as well as the qualification games for the quarterfinals.  
Tickets at [bezrindas.lv](http://bezrindas.lv)

**Did you know?**

In Riga, Midsummer is traditionally celebrated on the November 11 Embankment and in Dzegužkalns Park on the other side of the Daugava River, where huge bonfires are set alight.  
[liveriga.com](http://liveriga.com)

Words by Līga Vaļko and Zane Nikodemusa  
Publicity photos and by Kaspars Krafts (F&A)



**LATVIJAS GREDZENS CONCERTS**

June 12, 14, 18, 21

This is the highly praised concert programme prepared by Sigvards Kļava, the conductor and artistic director of the award-winning Latvian Radio Choir. With four different musical versions, *Latvijas gredzens* highlights the unique cultural heritage and character of Latvia's four regions. The ambitious performances, in which dance and stage design also play a significant role, have been lauded by experts and earned countless ovations from audiences.  
Tickets at [bilesuparadize.lv](http://bilesuparadize.lv)

June 2019 / RIGA

**Quote of the month**

Fully a part of the European art space, the Latvian National Opera is like a bridge between national and international art.

Zigmars Liepiņš, the chairman of the Latvian National Opera and Ballet board of directors. This month the opera concludes its 100<sup>th</sup> season with the annual Riga Opera Festival.

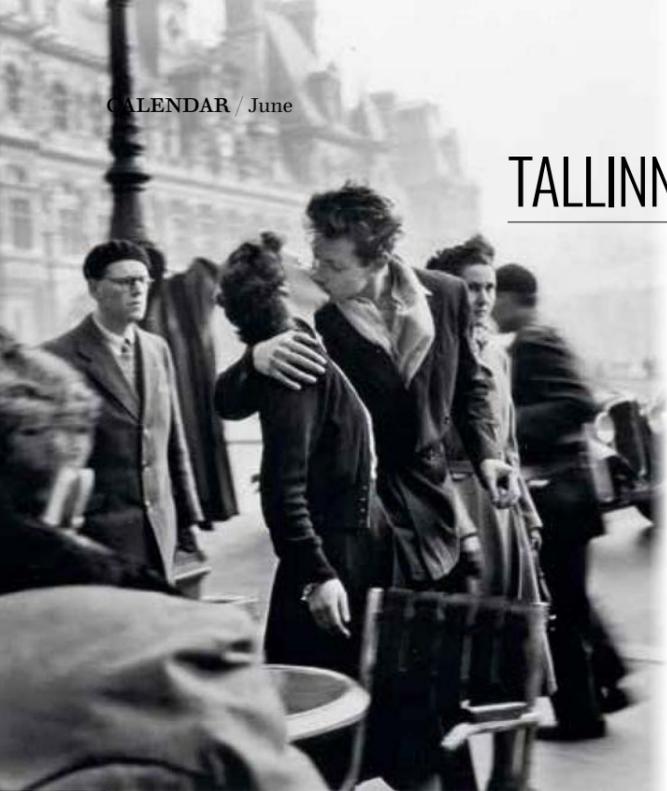


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# TALLINN

## ROBERT DOISNEAU RETROSPECTIVE EXHIBITION *PARISIAN STORIES*

**Until August 18**  
Rumour has it that Paris got the nickname City of Love thanks to Robert Doisneau's iconic image called *Kiss by the Hôtel de Ville*. The French capital was indeed his world and his inspiration in the everlasting search for those rare yet simple moments. Now, you can see Doisneau's photographic masterpieces displayed at the Juhan Kuus Documentary Photo Centre in Telliskivi Creative City. [dokfoto.ee](http://dokfoto.ee)



## SWEET SPOT FESTIVAL

**June 28-29**  
With top-class acts from Estonia and around the world, the Sweet Spot Festival introduces audiences to the most promising artists and bands of today. Mura Masa, Lykke Li, Aloe Blacc, and Friendly Fires are some of the long-awaited headliners. So head to the Tallinn Creative Hub park in the centre of the city for happy people, great music, and creative vibes! [sweetspot.ee](http://sweetspot.ee)



## OLD TOWN DAYS: TALLINN 800

**Until June 2**  
Tallinn's busiest and noisiest event has returned! This year's theme is 'Tallinn 800', celebrating the first recorded mention of the city of Tallinn, in 1219 in the Livonian Chronicle of Henry. Town Hall Square and the surrounding streets are filled with concerts, exhibitions, theatre plays, fairs, and many other fun activities.

**Did you know?**  
At Tallinn Zoo you can find one of the world's greatest collections of mountain goats and sheep. [visittallinn.ee](http://visittallinn.ee)

## TALLINN STREET FOOD FESTIVAL

**June 8-9**  
The biggest street food festival in town brings together vendors, caterers, and food trucks from all across Estonia and abroad to celebrate the very best of the local produce. For two days (40 hours), Telliskivi Creative City is packed with masterclasses, concerts, thrilling performances by street artists, and other activities for kids and adults alike.



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[WWW.RADIOKORIS.LV](http://WWW.RADIOKORIS.LV)



### OPEN KITCHEN

Throughout June

Every Friday and Saturday, unless the weather turns really foul, Tymas Market is the go-to spot to try food from well-known and new restaurants in the city or embark on new culinary adventures. Food tastes better under the open sky, and there's no better way to connect with people than by trying new dishes.  
openkitchen.lt



VILNIUS

### CIGARETTES AFTER SEX CONCERT

June 12

Following the online buzz on *YouTube* and the huge success of their song *Nothing's Gonna Hurt You Baby*, the Brooklyn-based dream-pop band began performing across Europe, Asia, and the United States. It's said that Cigarettes After Sex is like a musical antidepressant. In Vilnius the band plays at the beautiful Botanical Garden of Vilnius University. The band will also stop in Riga (June 11). Tickets at [bilietai.lt](http://bilietai.lt)

#### Did you know?

If you're looking for a good place to rollerblade, you can't go wrong with a visit to Vingis Park. The rental services are located by the concert stage.  
[vilnius-tourism.lt](http://vilnius-tourism.lt)



### CULTURE NIGHT

June 14-15

Once a year, after the sun goes down, art and music invade the streets of Vilnius. The Culture Night festival keeps delighting locals and visitors with a great mix of theatrical and musical acts, films, and art performances in the least expected places in town. The city doesn't sleep, and nor do we.



### VILNIUS WOMEN RUN

June 15

This 5K women's race isn't only about running; it's about empowering women and celebrating a healthy lifestyle. Bring your family for a fun-filled day of sport in the heart of Vilnius. There will be a children's zone and a 200-metre race for the little ones. Register online until June 14.  
[moterubegimas.lt](http://moterubegimas.lt)



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Words by *Olga Dolina*  
Publicity photos

From the series 1606-1907 (2016) © Sharon Core



**MADRID**

Sharon Core. 1841

The 21<sup>st</sup> edition of **PHotoEspaña** occupies Madrid's visual arts scene for the whole summer (pne.es; June 5 until September 1). In total, 85 exhibitions are taking place featuring 296 Spanish and international photographers. Not only the main museums, but also smaller art galleries and urban spaces participate in the event with exhibitions, public talks, and meetings of professionals and amateurs. Divided into an official and off-festival section, the collateral showcases are represented at 30 galleries. This year, Paris-based British writer and curator Susan Bright stresses the importance of traditions and contemporaneity in photography. Her guest-curated programme *Déjà vu?* is a series of five exhibitions representing such artists as Elina Brotherus, Clare Strand, Laura Letinsky, Sharon Core, Patrick Pound, and Délio Jasse. One of the themes reflects on the historical links between photography and painting. Meanwhile, at the Museum of Romanticism, Core and Letinsky display their still lifes, where in Core's work the line between photo and classical painting is particularly fine.

Located on Calle de Velázquez in the upscale Salamanca district, a street that embodies the noble Madrilenian spirit, **Bless Hotel Madrid** is a sort of reincarnation of classic Spanish luxury (Calle de Velázquez, 62; [blesscollectionhotels.com](http://blesscollectionhotels.com); prices from EUR 272). From 1946 onward, this building was home to the *Gran Hotel Velazquez*, a hotspot of urban glamour. The new tenant, designed by the Lázaro Rosa-Violán studio, rephrases the look of the classic, wealthy Madrid of the past, designed by architect Lázaro Rosa-Violán in a 'neo-Catalan' style, rephrases the look of Madrid from the 1970s. *Bless Hotel's* 111 light-filled rooms, including 15 suites, boast a classy and cosmopolitan look. The particular attention to details, eclectic elements, and artwork in the rooms will take you back in time, and the hotel's public spaces tell a story of hedonistic vacations. For dinner, head to the *Etxeako* restaurant to enjoy the opulent, decadent atmosphere and Basque-inspired cuisine. The *Picos Pardos Sky Lounge* at the top of the building steals the show with richly decorated velvety sofas, an emerald green pool, and lots of greenery.

**Aüakt** is a stylish and delicious spot fully dedicated to the healthy power of the avocado (Calle del Barquillo, 44; [auakt.com](http://auakt.com)). Serving a variety of avocado-inspired dishes and desserts, topped with evening cocktails, the restaurant is located in the Chueca neighbourhood – the heart of Madrid just a few streets away from Retiro Park. The interior design was commissioned to the local studio *Madrid in Love*. As if celebrating the beauty of imperfection inherent in the avocado and its peel (the fruit was once called the 'alligator pear'), the designers tore down walls to highlight the space's industrial look. The interior features bare grey cement elements, and even the bar zone is made of moulded and polished concrete. Contrast is provided by the warm lightning, wooden furniture, sand-coloured leather seating, shiny brass accents, handmade accessories, and hanging plants.



Picos Pardos Sky Lounge

BLESS Hotel Madrid



Photo by Astier Rua

AÜAKT restaurant



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A FIVE MINUTE DRIVE FROM THE CITY CENTRE  
I/C SKY&MORE, DUNTES STR. 19A, RIGA • [www.skyandmore.lv](http://www.skyandmore.lv)

Photo: Die Neue Sammlung - The Design Museum, Munich (A. Laurenzo)



◀ Marcel Breuer, Cantilever Armchair B35, 1928 / 1929  
Gebrüder Thonet AG, Frankenberg, Production 1931.



The most unusual way to enjoy an urban summer evening in Munich is to spend it on a boat bar. Not on the water, though, but on top of a railway bridge. Intrigued? A couple of years ago, a local daredevil named Daniel Hahn came up with the idea to give a second life to a 50-year-old, 40x7.5-metre steamship from the nearby Ammersee Lake and put it in a new location – a disused railway in the Sendling neighbourhood. To do this, the 144-tonne vessel had to be cut in half and, after being lifted onto the bridge by three large cranes, put back together again. The **Alte Utting** – surely one of the most exceptional bars and concert/culture venues in town – celebrates its first birthday this Midsummer (Lagerhausstraße 15; alte-utting.de). It has a variety of spaces: once an active engine room, now it features a concert stage, sun decks for cultural activities, and also a couple of bars and snack zones with crêpes and grill delicacies available. Jazz evenings, discussions, movies, discos, and simple chilling under the summer sun – what could be better?

The great architect Ludwig Mies van der Rohe once compared a chair to a skyscraper. Pointing out the complexity of this seemingly common object, he stated that a skyscraper is almost easier to build. The **Thonet & Design** exhibition at the Neue Sammlung design museum (Pinakothek der Moderne, Barer Straße 40; until February 2, 2020) tells the story of the 200-year-old *Thonet* chair manufacturer, which evolved from the idea of one man into a global success story of timeless design. The company was founded in 1819 by the cabinetmaker Michael Thonet, who revolutionised the mass production of curved bentwood furniture using steam and pressure. *Chair No. 14*, or the famed Vienna café chair, is still the most popular chair of all time. With more than 400 pieces, the Neue Sammlung holds one of the largest collections of the iconic chairs. This particular exhibition also focuses on modern designers, such as Eddie Harlis, Verner Panton, Norman Foster, Sebastian Herkner, and others.

Designed by the Amsterdam-based agency *Concrete* yet truly embodying the Bavarian spirit, the five-star **Andaz Munich Schwabinger Tor hotel** has recently opened in Munich's high-end, northern district of Schwabing (Leopoldstraße 170; hyatt.com; prices from EUR 285). A diamond pattern reminiscent of the Bavarian flag appears on the floors and columns throughout the hotel's lobby and bar. Inspiration for the interiors of the 277 rooms was taken from spacious modern lofts, where the different zones – bathroom, living and sleeping – are separated by steel frames to enhance the open feel and freedom of movement. The oak furniture and tailor-made sofas along the wide panoramic windows provide a sense of cosiness. Overlooking Munich's Alpine panorama, the *M'Uniqo* rooftop bar sets the mood with a mirrored ceiling and shiny brass accents.



Photo by Fabian Christ

# MUNICH

Alte Utting

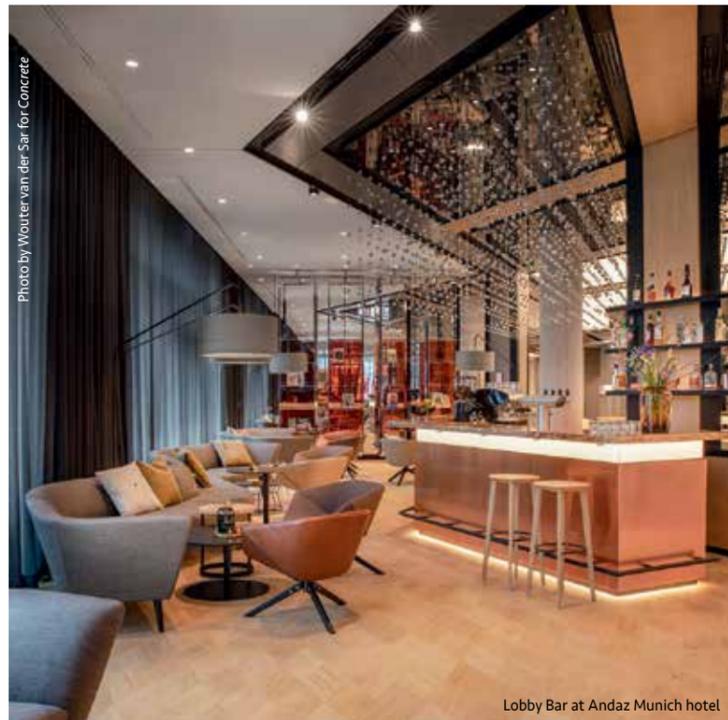


Photo by Wouter van der Sar for Concrete

Lobby Bar at Andaz Munich hotel



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# Minotti



Photo by Vojtěch Brtnický

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Kiwi kolektiv at Prague Quadrennial 2019



Photo by Viktor Šorma

Gastro-cultural concept Swim



Hotel Mama Shelter Prague

## PRAGUE

The 14<sup>th</sup> edition of the **Prague Quadrennial of Performance Design and Space**, the most notable international event dedicated to the art of theatre spaces and stage design, occupies the Prague Exhibition Grounds for a ten-day creative marathon (Areál Výstaviště 67; pq.cz; June 6–16). Both professional and emerging artists from over 79 countries present the best of scenography from around the world. Prepare for more than 600 thematic performances, talks, presentations, and international student exhibitions. The quadrennial's main prize, the Golden Triga, inspired this year's theme; the three horses pulling the golden chariot of the goddess Nike serve as a metaphor for the three phases of the creative process: imagination, transformation, memory. These ideas are mirrored in the three main sections of the event. The *Exhibition of Countries and Regions* reflects on the essence and transformation of scenographic means, which invariably also involves the imagination. The concept of memory is examined in *Fragments*, an exhibition dedicated to living legends of the profession. The *Performance Space Exhibition*, for its part, presents the widest possible range of theatre architecture and both indoor and outdoor performance practices.

A progressive two-in-one concept of a stylish dining spot spiced up with extra leisure facilities always sounds like a good idea. Right in the centre of Prague 1 district, a new urban gem called **Swim** welcomes guests with everything from a breakfast coffee to energising cocktails on the late-night dance floor (Štěpánská 36; swim.cz). The two-storey club-meets-kitchen venue located in Štěpánská pasáž (Stephen's Passage), a fine example of functionalist architecture, is both a restaurant and a dance club. The underground part of *Swim*, where the dance floor is located, resembles a white-tiled swimming pool with metal handrails and a small DJ stage that looks like a springboard. The kitchen is open all day long and focuses on modern Czech flavours and meals made with seasonal, local ingredients.

Surrounded by the art galleries, funky boutiques, and general creative energy of the less touristy Holešovice district, the **Mama Shelter Prague** hotel and its vivid identity fit right in. On the outside, it's a glass-concrete façade from the 1960s, but inside the setting is joyful, patterned, and cosy. The eclectic lobby is decorated with colourful chairs, carpets, plenty of flea market accessories, books, and table football. Likewise, an easygoing atmosphere awaits in the communal spaces, which combine the functions of co-working and leisure. The long summer terrace and bar furnished with cheerful resort-style couches, parasols, and striped tents are the perfect mood setters for dazzling weekend parties (Veletržní 1502/20; mamashelter.com).



MARCCAIN

Marc Cain Collections

Marc Cain Store Riga | Lāčplēša iela 20a | Marc Cain Store Riga | t/c Spice  
www.marc-cain.com

Words by  
Christopher Walsh  
Photo by  
Gints Ivuskāns (F64)



## Riga's Central Market

One landmark's constant evolution

Postcards of Riga draw your attention to the city's spires: the towering church steeples that crown St. Peter's Church, St. Jacob's Church, and the Riga Cathedral. But as you look down on Riga from above, you are equally likely to notice four fascinating buildings along the banks of the Daugava River. These former zeppelin hangers, part of a First World War-era airbase, have been home to Riga's Central Market since 1930.

The area surrounding the Central Market has served as a marketplace for nearly five centuries. During the Soviet occupation of Latvia, the market played an important role in selling goods produced on collective farms. The Central Market served as many as 70,000 customers per day, and it gained a reputation as one of the most impressive markets in the Soviet Union. Today, it maintains its function as a thriving marketplace, as Riga residents come to purchase fresh produce, meat, fish, and dairy products at excellent prices.

When visiting the Central Market, one can never lose sight of the buildings'

history. The market's towering ceilings make it impossible to forget the massive airships that once called Riga their home. However, the market continues to evolve: the recently opened gastronomy pavilion has attracted new audiences to the riverside, offering culinary experiences impossible to find elsewhere in Latvia.

The new *Centrālais* pavilion brings together a menagerie of international cuisines, with the atmosphere rivalling that of Singapore's famous hawker stands. Where else could you find baked camembert, poké bowls, Russian dumplings, and ramen noodles all under one roof?

There may be no better time to pay a visit to the Central Market than at Midsummer. While the market's outdoor stalls always feature an array of colourful fruits and flowers, it positively blooms in mid-June as stallkeepers offer the blossoms and oak leaves necessary to construct the perfect Midsummer crown. Shoppers and salespeople alike come alive in the days leading up to June 24 – they're looking forward to Latvia's most-loved holiday!

# RIGA JURMALA

MUSIC FESTIVAL

FESTIVAL HIGHLIGHTS:



20  
JULY

Saturday, at 19.00  
Latvian National Opera

Julian Rachlin, violin  
Rudolf Buchbinder, piano

15 - 60 EUR



25  
AUGUST

Sunday, at 19.00  
Dzintari Concert Hall

Israel Philharmonic Orchestra  
& Zubin Mehta

Yuja Wang, piano

15 - 130 EUR



31  
AUGUST

Saturday, at 19.00  
Dzintari Concert Hall

London Symphony Orchestra  
& Gianandrea Noseda

Vadim Repin, violin

15 - 130 EUR



Words by Natalia Maiboroda  
Publicity photos, courtesy  
of *Strelka Institute*, by  
Natalia Maiboroda and *iStock*

# MY MOSCOW



Daria Shulga

From June to September, the Strelka Institute for Media, Architecture, and Design will be running its tenth summer programme, offering more than 200 events open to the public, including lectures, conferences, discussions, and movie screenings, where world's leading experts in design, architecture and urban development will take part. The head of this programme, **Daria Shulga**, who is also a managing director of the Afisha Picnic music festival taking place in Kolomenskoye Park in early August, shares her favourite addresses in Moscow.



Courtesy of Strelka Institute



Summerhouse in Gorky Park



Voda bar

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**Moscow**  
from **€149**  
round trip

### Strelka Bar

The bar at the Strelka Institute has a fantastic terrace that was named the best in Moscow for many years in a row. It overlooks the Cathedral of Christ the Saviour, the Kremlin, and the Moskva River. You're more than welcome to join the party on Friday and Saturday nights or any other day of the week to enjoy a cocktail with a terrific view.

Bersenevskaya Naberezhnaya, 14,  
Bldg. 5A  
[strelka.com](http://strelka.com)

### Gorky Park

A pedestrian zone starts at the Cathedral of Christ the Saviour and follows Krymskaya Naberezhnaya to Gorky Park, Moscow's central park. The route takes two hours to walk, but it's worthwhile. Simply chill in the park or stop by one of the cafés. Also have a look inside Garage, Moscow's museum of contemporary art, which offers a wide range of exhibitions. Krymsky Val, 9  
[park-gorkogo.com](http://park-gorkogo.com)

### New Tretyakov Gallery

This museum displays one of the world's largest collections of Russian art from the 20th and 21st centuries, including works by Malevich, Kandinsky, and Chagall. Don't miss the exhibition of the year: a large-scale showcase of works by Ilya Repin, one of the greatest Russian artists (until August 18). The modernist building that is the New Tretyakov Gallery will soon be redesigned by Dutch architect Rem Koolhaas, a great friend of the Strelka Institute who has also helped to design the Strelka Institute's educational programme. Krymsky Val, 10  
[tretyakovgallery.ru](http://tretyakovgallery.ru)

### Veladora and Voda bars

Launched by the same owners, these two places are completely different, and I like them both! *Veladora* is a Mexican bar hidden in the backyards of Moscow (Ulitsa Pokrovka 2/1, Bldg. 1) serving great Mexican food and drinks and good music. *Voda Bar* has a minimalist interior design and offers great drinks (Ulitsa Petrovka 17/7). There's no menu, but you can always ask the bartenders to prepare something simple for you and tell you about their unique way of mixing cocktails. Don't forget to call in advance, because *Voda* is very small and there's usually a waiting list to get in.



# NEW VOLVO XC90



# Stuttgart IN 24 HOURS



Fly to **Stuttgart** from €129 round trip

Words by Ilze Vitola  
Publicity photos and by Shutterstock and iStock

With an array of picturesque Baroque palaces, futuristic museums, excellent restaurants, and landscapes of hilly vineyards surrounding the city, the capital of the German state of Baden-Württemberg has something for everyone.

## WHERE TO STAY

Located a five-minute walk from the main train station, *Arcotel Camino Stuttgart* is a convenient and comfortable option for bedding down. The 168 rooms and suites are simple yet cosy and feature everything you need when on a business trip. Another perk is the abundant breakfast buffet served from 6.30 am. That's good news for vegans, too, because there are plenty of plant-based options available. The hotel features a wellness area with a couple of saunas and a fitness studio. In case you're wondering, *Arcotel Camino* also welcomes your four-legged canine friend, if you happen to be travelling together. [arcotelhotels.com](http://arcotelhotels.com)



## WHERE TO SHOP

Set in a marvellous Art Nouveau building, Stuttgart's Market Hall is both an architectural pit stop and a culinary destination. Over 30 stalls offer local staples as well as international flavours from Italy, France, Hungary, India, and other parts of the world. The second floor has a bunch of stores specialising in household and lifestyle products and is a great place to find a keepsake to bring back home. [markthalle-stuttgart.de](http://markthalle-stuttgart.de)



## A CLASSIC NOT TO MISS

A resident of Stuttgart since the 1970s, the Porsche Museum underwent a spectacular transformation in 2009. Accommodating around 80 vehicles, the museum tells about the early days of the brand and gives an insight into the many innovations of engineer and founder Ferdinand Porsche, the mastermind behind the *VW Beetle* and the first gasoline-electric hybrid. The tour is highly interactive and delights even those who are not usually interested in vehicles. You can also peek into the workshop and see how cars are restored and prepared for races. [porsche.com/museum](http://porsche.com/museum)



Diecast model of 1958 Porsche 356A Coupe

## WHY NOT

Take a hike up to Württemberg, a hill with an idyllic view of Stuttgart's vineyards and the Neckar valley. At the foot of the hill is the Stuttgart Museum of Viniculture, which provides a trip through two thousand years of wine-growing history. Complete the wine tour with a sampling of local varietals at a traditional *Besenuwirtschaft*, or broom tavern. These temporary wine taverns are unique to Stuttgart and are open only for twelve weeks out of the year. A broom hanging above the door front is a sign that the place is open for business.



Brivibas str.46, Riga "Spice", Lielirbes str.29, Riga | wolford.com



PERFECTLY DISAPPOINTED / #TRUECHARACTER

Words by Liga Valko  
Publicity photo

## Life by the lake

Zurich buzzes with life in summer, when everyone meets on Lake Zurich's promenade.

Lake Zurich enchants with its many shades of blue and the beautiful Swiss Alps in the not-so-distant background. Thousands of tourists and Swiss natives come here to escape the city and relax in the tranquillity of nature. Relax on the shore, take a dip in the lake, or enjoy a picnic in a stunning outdoor setting on the island of Lützelau. The lake is also a great place for water sports such as stand-up paddling, windsurfing, and water skiing.

The promenade along Lake Zurich's shores features beautiful gardens and parks. Stretching along the lower basin of the lake, it was created after a stroll became a lifestyle trend around 1800. At that time, the promenade started serving as a recreation area, and the small town along the river soon became known as the city by the lake – and now, the financial hub of Europe.

The promenade is still much loved by a wide range of people, from families and beach-goers to skaters and street artists. It's said that when the sun comes out, you can see half of the city chilling by the water.

This major tourist attraction is surrounded by restaurants and street cafés. After a long walk along the shore, continue to Zürichhorn, a river delta with several lakeside restaurants. There's no better place to enjoy *Fischknusperli*, a local specialty consisting of fresh, batter-fried fish straight from the lake.



Photo by Sigga Bucher (Zürich Tourism)

### CHECK OUT THESE ICONIC VIEWS ON LAKE ZURICH:

#### Seebad Enge

Surrounded by a fascinating view of the Alps and the lake, Seebad Enge is a centrally located swimming and bathing spot. The 44-metre swimming lanes are located right in the lake, and there's even a women-only pool. During the day, you can hire paddling equipment, take part in outdoor yoga sessions, or enjoy massage treatments as well as a sauna. In the evenings the place turns into a bar and restaurant where you can dip your feet in the water and gaze out across the lake while listening to live acoustic music.

Mythenquai 9; seebadenge.ch

#### Uetliberg

Zurich's very own mountain offers a panoramic view of the city and the lake. Take the S10 train from Zurich's Main Station directly to Uetliberg. Hike another ten minutes to get to the top of the mountain (870 metres above sea level) and a beautiful viewing platform. In summer, there are several hiking routes available.

#### Clouds

With your head in the clouds, enjoy the first-class view of Zurich from *Clouds*, the city's highest bar and restaurant. Located on the 35<sup>th</sup> floor of the Prime Tower, the culinary hotspot offers a casual bistro-type setting and a fine-dining restaurant that serves a mix of Mediterranean, southeast Asian, and classic cuisine. Come here to dine in an elegant ambience and witness one of the most stunning sunsets in town.

Maagplatz 5; clouds.ch

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# Point of view

Where to go in Tampere, according to influencer Pekka Juhani Pelkonen



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**Tampere**  
from €59  
one way

Words by Liga Valko  
Photos courtesy of  
Pekka Juhani Pelkonen



**Pekka Juhani Pelkonen**  
instagram.com/pekkelsson/  
Number of followers: 24.2k  
Pekka's curiosity about photography sparked when he found his dad's film camera at the age of 15. From there, it quickly turned into a passion and ultimately led to the founding, at age 20, of his own company specialising in photography. After graduating from university, he decided to pursue a career in photography, and now, ten years later, he's a freelance commercial and travel photographer and filmmaker.



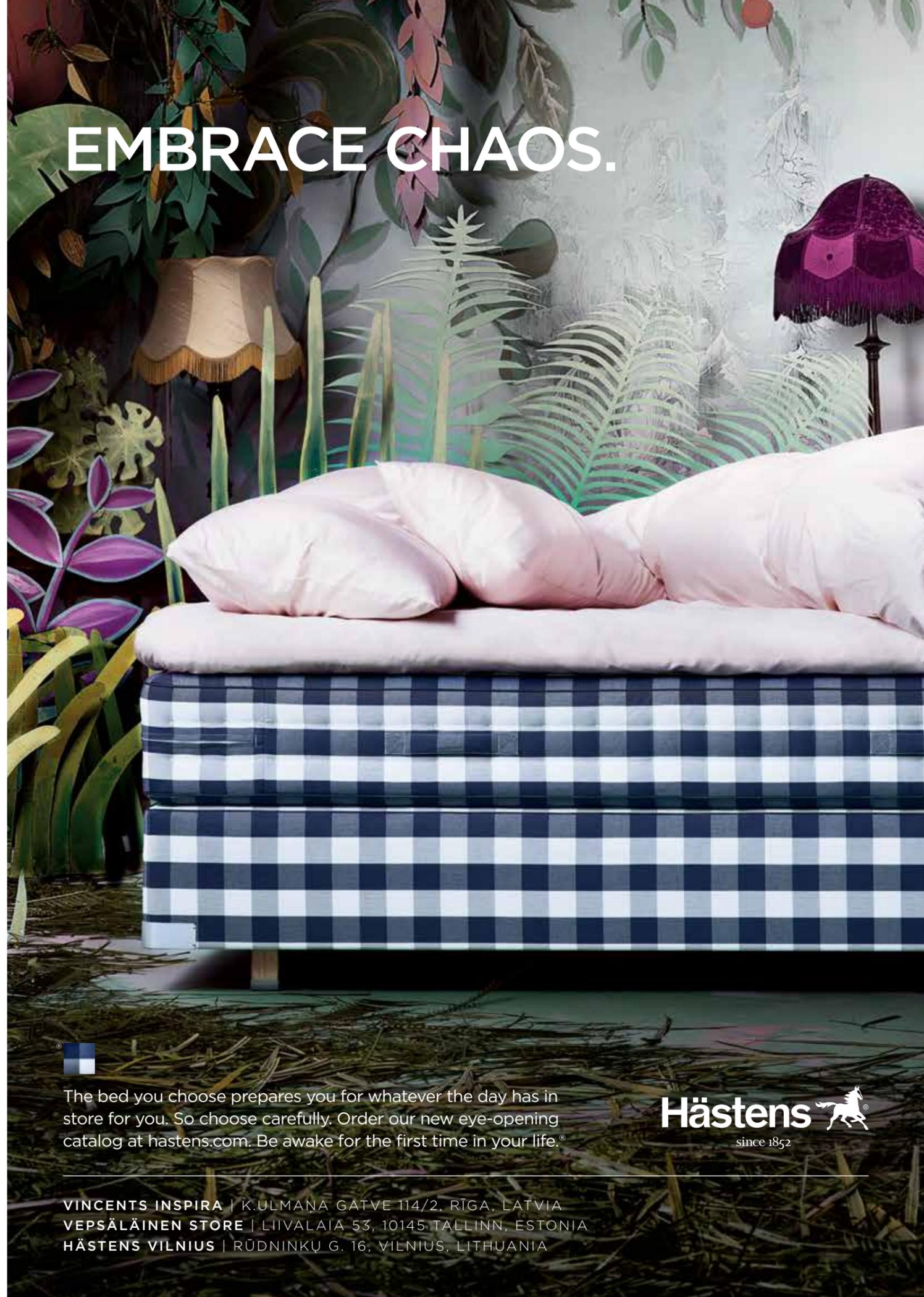
### My secret spot

'Situated between two beautiful lakes, Tampere is surrounded by nature and magnificent scenery. Especially in summer, I recommend making your way to the banks of Lake Näsijärvi to see the sunset. Grab a drink and something to eat and have a picnic by the lake while enjoying the sights and sounds of Tampere's peaceful nature. To get to my secret spot, walk from the city centre or take a bus to Kaupinoja Beach. Then make your way to the cliffs and find a quiet spot to watch the sunset. The most beautiful colours come after the sun has already set behind the horizon. Remember, take only memories and leave only footprints when you're out in nature.'

### Other locations to check out:

- The Pispala and Tahmela neighbourhoods are a quaint area with beautiful wooden houses.
- The Rauhaniemi public sauna/spa gets visitors into the local spirit. Hit the sauna and then take a dip in the lake.
- Tampereen Kauppahalli, or Tampere Market Hall, is the perfect spot to taste local delicacies such as fish, meats, cheeses, and warm buns and pastries

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HÄSTENS VILNIUS | RŪDNINKŲ G. 16, VILNIUS, LITHUANIA

# Take your friends

## TO LISTEN TO FADO IN LISBON

Fado is a traditional style of Portuguese music that's incredibly expressive and moving, and seeing a fado performance while you're in Lisbon is an absolute must.

Fly to **Lisbon** from €89 one way



Words by James Cave, portugalist.com  
Photos by iStock and Alamy



While fado is a musical performance, it's also more than that: it's an insight into the Portuguese soul. Although occasionally upbeat, the songs are normally nostalgic and mournful and focus on the Portuguese concept of *saudade* (usually translated as 'longing' or 'yearning'). These songs are known in every corner of the country, and fado singers are held in the highest esteem. The 'Queen of Fado' Amália Rodrigues, for example, is buried in the National Pantheon alongside former presidents and next to cenotaphs of Portuguese heroes like Vasco da Gama and Henry the Navigator.

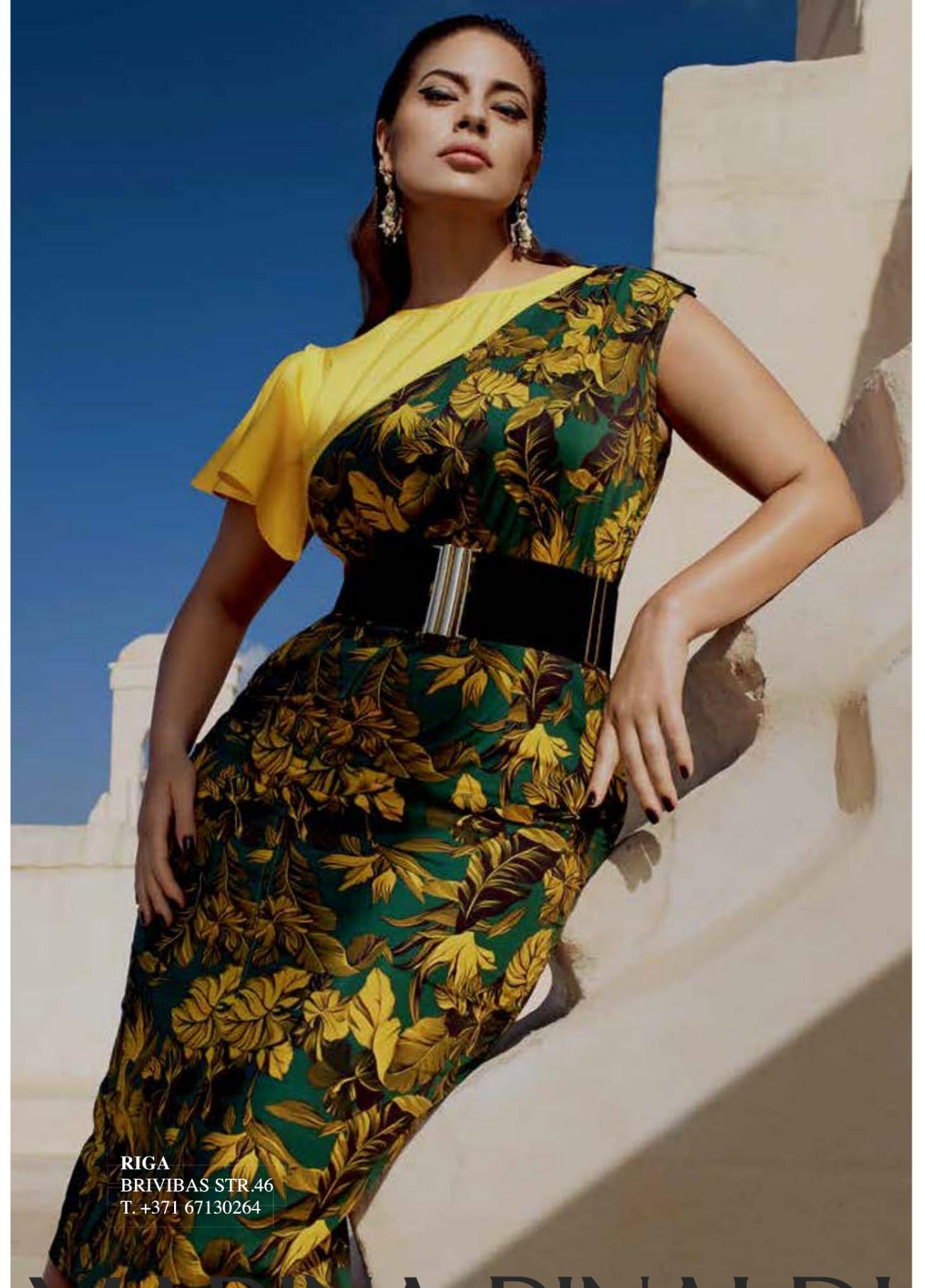
Flick through the Portuguese radio stations and you'll soon find one playing fado – sometimes traditional fado from the likes of Rodrigues, while other times it'll be more modern styles from singers like Ana Moura and Mariza. To really experience fado, though, you have to go to a fado house.

Although these houses are normally marketed towards tourists, you'll find plenty of Portuguese in the audiences as well. Unfortunately, unlike restaurants, this fact doesn't necessarily indicate a good venue: the Portuguese, especially those visiting from outside Lisbon, can end up in tourist traps as well.

The performances aren't usually the problem – they're often as good as anywhere else – but the food can be so bad it borders on inedible. That's unfortunate, because it's hard to find fado shows that don't include a meal as well.

The trick is to eat first and then go to a fado house that allows you to just order drinks. Alfama's *Tasca Do Chico* (also in the Bairro Alto) is probably the best example of this. You're only expected to buy drinks here, although the bar does offer *petiscos* (similar to tapas) such as plates of meats and cheeses. Combine a show here with a pre-show dinner at one of Lisbon's many great restaurants, and you have just about the perfect night in Lisbon.

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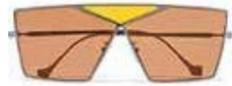


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# MARINA RINALDI



Woven earrings, Massimo Dutti, EUR 25.95



Sunglasses, Loewe, netaporter.com, EUR 320

Woven hat, Max Mara Weekend, EUR 85



Yellow t-shirt, Zara, EUR 15.95

Orange swimsuit, Myra, netaporter.com, EUR 137



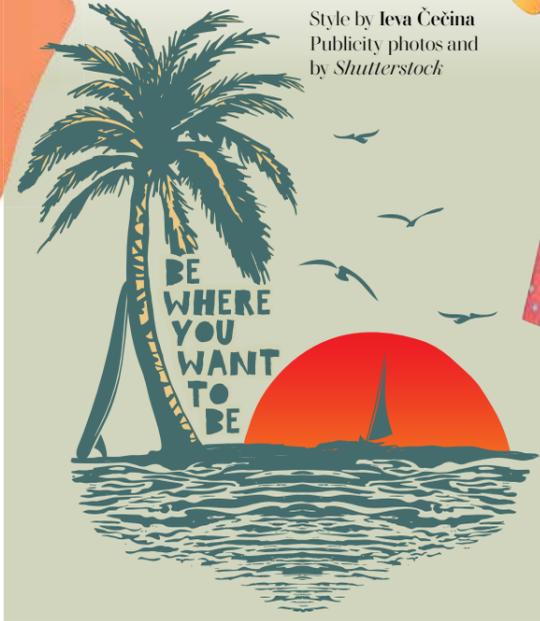
Sunglasses, Balenciaga, yoox.com, EUR 355



Yellow bikini, Cos; top, EUR 25, bottoms, EUR 19

## Escaping – just the two of you

Style by Ieva Čečina  
Publicity photos and by Shutterstock



Polka-dot swim shorts, Massimo Dutti, EUR 39.95



Colourful swim shorts, Esprit, EUR 39.99



Beach scarf, Solid & Striped, netaporter.com, EUR 90

Escaping from everybody under the palm trees on a beach – sounds like a great plan for summer vacation! Now all you need to do is choose a romantic destination and the right equipment.



Vinyl tote bag, Zara, EUR 29.95



Lace-up sandals, & Other Stories, EUR 69



Mobile phone case, Zara, EUR 17.95



Rubber slip-ons, H&M, EUR 7.99



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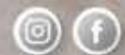
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## Above and below

Europe's first underwater restaurant is an unforgettable architectural and gastronomic journey five metres below the North Sea. Are you ready to dive in?

Words by Olga Dolina  
Publicity photo

Photo by Ivan Koval

No, it's not a scene from a science fiction movie; this is thrilling reality. At the southernmost end of Norway, in Lindesnes region, a 54-metre-long rectangular concrete structure juts out of the water between the sharp marine rocks. With an incline of 20 degrees, it protrudes ten metres above the water's surface and resembles a monolithic sinking ship. This new 'artificial reef' does not try to merge into the rough northern landscape; instead, it coexists in organic contrast with its surroundings. Moreover, in time it will fully integrate into the natural environment and become a home for molluscs and seaweeds.

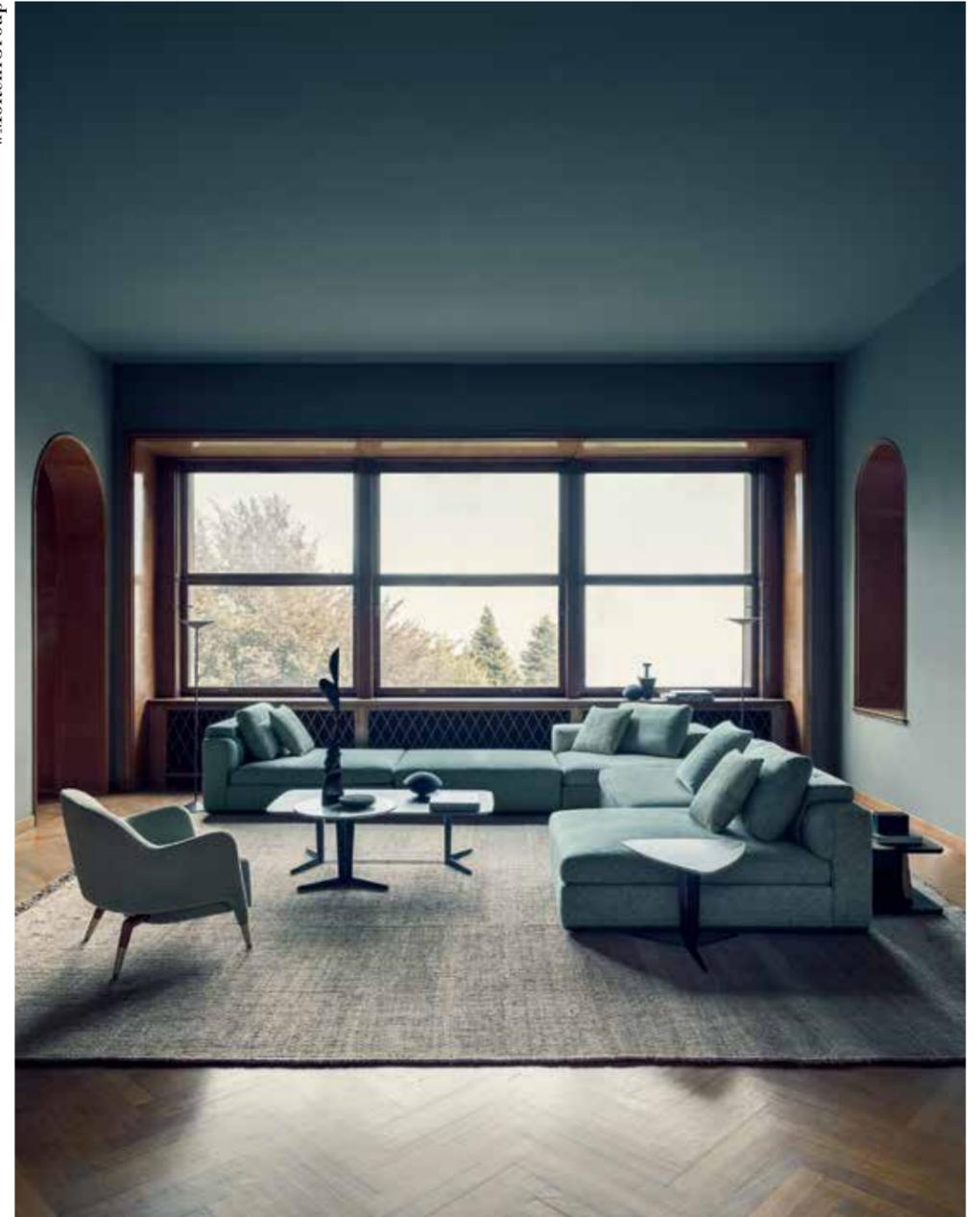
The designers of the *Under* restaurant project, the award-winning architects at *Snohetta*, have created a volume that stands strong against the rough winds and waves. Opened just this March, the restaurant was actually built nearby and then half-sunken into its final location. No doubt the most thrilling part of this dining experience is the view. The 40 guests the restaurant hosts per evening can enjoy a watery panorama through the portal window that measures eleven metres wide, three and a half metres high, and weighs an impressive 12.3 tonnes.

The colour of the water varies depending on the time of day and season, shifting between sapphire blue and emerald green. In contrast to the mystical reflections in the water, the bespoke furnished interior is cosy and warm, and the half-metre-thick concrete walls provide a feeling of security. The oak-clad foyer continues with a wooden staircase, and the initially lighter palette of pink and coral in the textile-clad interior gradually turns to a more intense blue as one descends to the main hall.

The gastronomic philosophy at *Under* is inseparable from the building itself. The international kitchen team under the guidance of chef Nicolai Ellitsgaard focuses on locally harvested seafood products served with a special twist. Here you'll also find delicacies such as kelp, stone crabs, and rugose squat lobsters. Not only is *Under's* cuisine and architecture impressive; it's also a marine research centre. The restaurant welcomes interdisciplinary teams to study marine biology and fish behaviour via special equipment and cameras installed on the façade.

Bålyveien 50, Lindesnes; [under.no](http://under.no)

#MolteniGroup



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## Cool summer

Vacations become even better with the help of some smart and cool gadgets.



Words by Viesturs Kundziņš  
Publicity photos

### BUGATTI NOUN

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EUR 2240



### ATARI PONG COFFEE TABLE

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## Log out

How mindful travel can lead you to your new favourite destination

Words by Christopher Walsh  
Publicity photo

'The moments that I've put away my phone and just sort of walked have been the moments when I found my favourite places in cities,' says Alex Mathews, the travel blogger behind the popular site *Life Well Wandered*. Unlike many of today's social media influencers, Mathews advocates for a more reflective, less *Instagram*-centric travel experience. She's a believer in 'mindful travel'.

Tech behemoths like *Google* and social media platforms like *Instagram* and *Facebook* have fundamentally changed the way we travel. These changes can be good or bad depending on whom you talk to, but broad points can generally be agreed upon: using *Google Maps* to find the way back to your hotel is good; hordes of tourists destroying ancient landmarks to get the perfect *Instagram* shot is bad. But what about using *TripAdvisor* to determine which restaurant to dine at, or following the recommendations of an influencer when visiting a new city?

Rather than building a checklist of things to see and restaurants to try, mindful travel advocates like Mathews argue in favour of taking things slowly and observing your surroundings. Wandering through a new neighbourhood and immersing yourself in the atmosphere can lead to unexpected discoveries, not only about your destination but also about yourself. Taking the time to sit down and watch what's happening around you allows you to get a better feel for that destination's energy and personality.

Mindful travel doesn't mean deleting *Instagram* from your phone entirely – it's a valuable tool for Mathews to connect with fans and find new followers. However, she cautions against spending too much time staring at a screen: 'Being in the moment mentally while also being in the moment on social media isn't possible for me.' Her solution is to only post pictures and observations at the end of the day, or even at the end of a complete trip. This discipline allows her to better collect her thoughts and reflect on her experiences before sharing them with followers.

Of course, it can be tricky to maintain the zen calm of mindfulness when dealing with the stress of travel. But even here, Mathews advocates for a relaxed approach. By making yourself open to setbacks, you can deal with the inevitable challenges of travel and prevent small issues from ruining your trip. 'Being open to setbacks doesn't mean preparing for the worst. It just means accepting that when something minor goes wrong, you can take a deep breath and it will all be OK,' she says.

The next time you reach a new destination, consider devoting a day or two to mindfulness. Rather than seeing how many Parisian landmarks you can fit into a twelve-hour day, head off to a random *arrondissement* and see where the day takes you. Wander, observe, reflect. While it might not lead to the perfect *Facebook* post, it could open you up to more fulfilling travel.



**Alex Mathews** is a travel blogger based in New York City. Her blog, *Life Well Wandered*, focuses on travel and mental health, offering travel guides to destinations in Europe and the United States in addition to tips for travelling with anxiety and depression. She is currently developing a travel consultancy to support first-time travellers and encourage people to see the world.



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## A fresh squeeze

Hip-looking juice bars are the new stalwarts for health-conscious city dwellers



The Cold Pressed Juicery

The time when juices were considered more of a child's drink or something for your weight-concerned co-worker is long gone. A daily juice fix has become par for the course, and there are many reasons why. First of all, people are more conscious of their health and well-being. Second, fruits and veggies that you can sip comfortably with one hand while holding a smartphone in the other befits today's active lifestyle. Plus, use a steel or cheery paper straw and you have a new subject for an *Instagram* picture.

However, a visit to a juice bar can cause a bit of bewilderment, from deciding between a juice or smoothie to puzzling over regular or cold-pressed juice. If you're hungry, aim for a smoothie, which is usually a blend of the whole fruit, meaning that all the fibre is still there. Throw in some Greek yoghurt and you have a great post-workout snack. But if a light dose of vitamins is what you're aiming for, then grab a juice, which is free of fibre and therefore less filling. And then there are the lauded cold-pressed juices, which are extracted by slow pulveriser and a hydraulic press crushing the whole fruit in order to get the highest juice yield with the highest nutrient content. The choice is yours!

**A visit to a juice bar can cause a bit of bewilderment, from deciding between a juice or smoothie to puzzling over regular or cold-pressed juice**

Words by Ilze Vitola  
Publicity photo

### HERE'S OUR PICK OF THE BEST

**Urban Shaman in Tel Aviv**  
This light-soaked, homey corner store in Tel Aviv wants you to find your inner shaman through plant-based treats. The menu is full of superfoods, including quinoa porridge, buckwheat pancakes, wellness lattes, and shots promising to cure the flu and even a hangover. But the huge fridge filled with cold-pressed juices steals the show here. Founded by former journalist Naomi and certified naturopath Udi, *Urban Shaman* also offers cleanses of different durations and types.  
Dizengoff Street 210; urbanshaman.co.il

**The Cold Pressed Juicery in Amsterdam**  
Using organic and locally grown ingredients, *The Cold Pressed Juicery* is a pure celebration of the plant-based diet. Grab one of its inventive cold-pressed, organic, raw, and unpasteurised juices – such as the 100% PDC (pure Dutch celery) – or settle in for a healthy feast, choosing from the smoothie bowls, raw wraps, vegan salad jars, superfood smoothies, and more. Four locations in Amsterdam, all designed as stylishly as the A'damers themselves.  
thecoldpressedjuicery.com

**Fű Juice Bar in Budapest**  
The petite *Fű Juice Bar* is a welcoming place for those dulled by hearty Hungarian feasts. The cold-pressed juices are made right in front of your eyes. Expect nifty combinations with quirky titles, such as the Ironman, an energising concoction of pineapple, apple, raspberry, rosemary, and goji berries.  
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Words by Ilze Vitola  
 Photos by Ilze Vitola, Mariya Melnyk and iStock  
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## LVIV

A CUP OF COFFEE AT  
 THE LION'S FEET

Lviv is famous for a lot of things, and the city doesn't lack attractive descriptions: the cultural hub and most European city of Ukraine, a major centre for education, home of a booming IT industry, a historical centre that's on the UNESCO World Heritage List, and so on. But as soon as one steps out onto the street in the morning, it becomes apparent that, above all, Lviv is heaven for coffee lovers. Students queuing up in front of a hole-in-the-wall coffee counter, the smart-dressed crowd armed with laptops adorning the windows of modern coffee shops, charmingly retro coffee kiosks luring passers-by for an impromptu espresso fix. Coffee culture in Lviv has no age limit or any other demographic restrictions; it is deeply entrenched in local life.

If you've visited Viennese coffeehouses, you may have noticed that many of them display a portrait of a man who is largely considered to be the founding father of Viennese coffee culture. That's Jerzy Franciszek Kulczycki, an officer in the Polish-Habsburg army and a native of Lviv, who, as the story goes, started the first coffee house in Vienna. While some still bicker over which really was the first coffee house in Vienna, meanwhile Lviv truly gets credit for the honour.



Lviv's Rynok Square, established in the 13<sup>th</sup> century. The 44 buildings around the square represent different architectural styles, from Renaissance to Modernism.

## The largest saturation of objects featuring lions may be in Rynok Square (Market Square), the heart of the Old Town

COFFEEHOUSES IN LVIV HAVE ALWAYS BEEN THE PLACE WHERE GREAT MINDS HAVE GATHERED. For example, in the 1930s, when the city was known as Lwów and was a part of Poland, luminaries from the Lwów School of Mathematics gathered in the nearby *Scottish Café* (which today houses the *Atlas Deluxe Hotel*) to discuss mathematical problems and solutions in the haze of cigarette smoke and spilled coffee. In Soviet times, Lviv was a major centre of the dissident movement and the place where the idea of Ukrainian independence was born. Moreover, during the Orange Revolution in 2004, hundreds of thousands of Leopolitan supporters went out into the streets in the freezing winter weather.

In 1772, Lviv was annexed by the Habsburg monarchy and became the capital of the autonomous province of Galicia until the empire collapsed in 1918. The large influx of Austrians during this period endowed the city with such Austrian characteristics as elegant coffeehouses and Belle Époque edifices, including Ivan Franko National University of Lviv and the grand Potocki Palace. The Lviv Theatre of Opera

and Ballet, an imposing building erected in 1897 and nowadays very often featured on promotional materials for the city, reflects the lavish Viennese neo-Renaissance style and also links the city to Vienna.

Lviv was called Lemberg during the Austrian period. Lwów, Lvov, Lviv – the city's name has in fact changed several times. In 1248, Danylo Halytsky, the king of Ruthenia, gave his son Lev the city as a gift. The king also named the city after Lev (the Slavic version of Leo, Leon), which in Ukrainian means 'lion'. To this day, sculptures throughout the city, the arm rests on public benches, souvenir shop trinkets, and even the city's garbage bins are adorned with lions' heads, constantly reminding residents and visitors of the city's name.

The largest saturation of objects featuring lions may be in Rynok Square (Market Square), the heart of the Old Town. The square was built in the 14<sup>th</sup> century, when Lviv was part of the Kingdom of Poland. Initially built in a German Gothic style, the square was destroyed in a devastating fire in 1527 that burned the whole city centre to ashes. Afterwards, the square was rebuilt in its current, Renaissance-style form. Nowadays, the Fountain of Neptune in one corner of the square is a favourite meeting place for locals, as confirmed by the groups of young people milling about.

There are 12 institutions of higher education in Lviv, ensuring a youthful atmosphere in the city and plenty of occupants to fill the cafés. The phrase йдем

на каву (ydem na kavu), meaning 'let's meet up for a coffee', is at the core of Leopolitan social life. A vast offer and good value for money are the reasons why drinking coffee outside the home is not a luxury but an everyday matter.

There's the crisply modern *Black Honey*, which attracts the cool kids, and the timber-lined *Virmenka*, a coffee house that hasn't changed a thing, including its staunch clientèle, since it opened in 1979. But none of the coffee spots has won the hearts of the locals as clearly as *Svit Kavy*. Established in 2001, *Svit Kavy* is the trailblazer of local coffee roasting. Sourcing coffee beans from Central America, South America, and Africa, it roasts its coffee on site. From a five-table affair, the café near the Latin Cathedral has expanded to three floors and two additional branches: the *Svit Kavy Roastery and Café* on the outskirts of the city, and the modern *Svit Kavy* on Rynok Square, which has become the new favourite hangout.



The monument to Ivan Fedorov, the first book publisher in Ukraine. Books are still sold at his feet.



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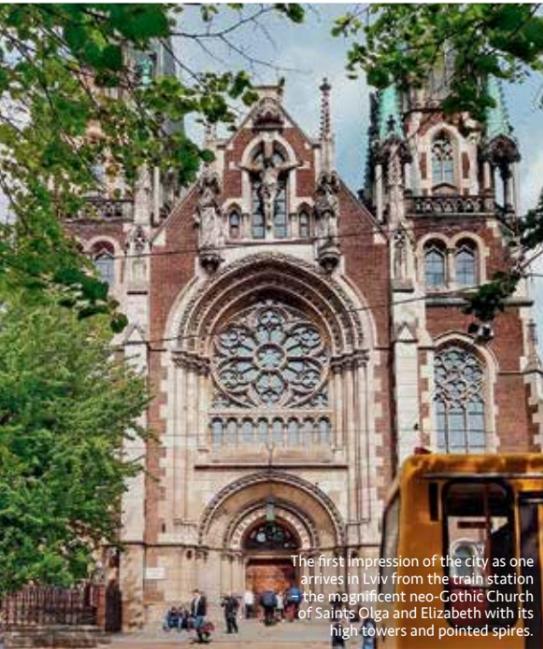
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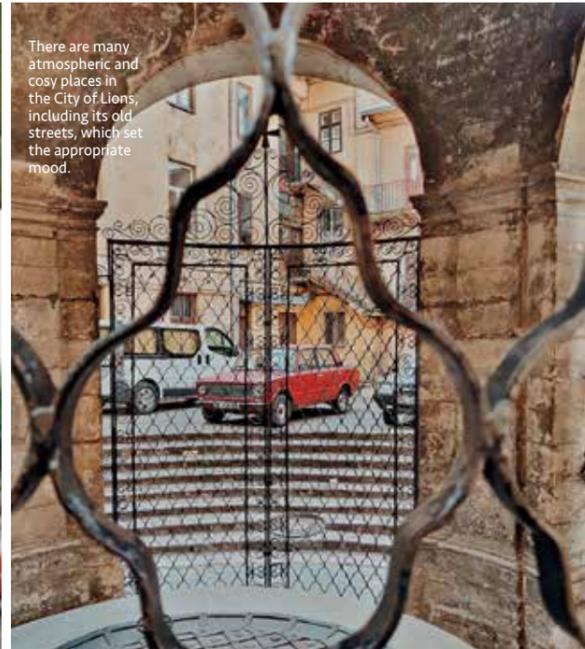
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The first impression of the city as one arrives in Lviv from the train station – the magnificent neo-Gothic Church of Saints Olga and Elizabeth with its high towers and pointed spires.



The church is located between the city's main train station and the Old Town and is one of the tallest churches in Lviv.



There are many atmospheric and cosy places in the City of Lions, including its old streets, which set the appropriate mood.



The Dominican Church is rightfully considered one of the best examples of Late Baroque architecture not only in Lviv, but in all of Europe.

Indeed, Lviv is nowhere near archaic nor tiringly touristy

But *Plates & Cups* is probably the place that best encapsulates the ethos of today's youth. Nestled on Brativ Rohatyntsv Street, the white-tiled minimalist café has an ambience that invites guests to linger a while after lunch to, for example, answer their emails. The menu features all the millennial classics: croque madame, home-made granola, hummus, veggie burgers, and all-day breakfast. On this particular day, a twenty-something girl sits at a table near the counter. Wearing big earphones and constantly switching her literature from Patti Smith's *Just Kids* to a communication studies textbook, she devours a plate of *syrmky* that are bluntly translated as 'cheese cakes' on the English menu. The scene is the epitome of Lviv – hip Western-inspired cafés embracing the age-old coffee traditions and giving great respect to the city's architectural heritage. Indeed, Lviv is nowhere near archaic nor tiringly touristy; instead, it's very much alive and local.

This scene also alludes to the city's overall relationship with books, which dates back to the 16<sup>th</sup> century and a local man

named Ivan Fedorov, who was the pioneer of the book printing and publishing industry in Ukraine. A statue of Fedorov stands on Pidvalna Street and is now the site of a daily book and flea market. Set up at the foot of the monument, the assortment includes old Ukrainian literary classics, Soviet pins, vinyl LPs, and many more antique gems that pay tribute to the time in the 17<sup>th</sup> century when Lviv was a major gathering place for Western and Eastern merchants. Every September the city also plays host to the largest book fair in Ukraine, the International Publishers' Forum. Even today, a book on a table at a café can be spotted more often than a sugar bowl.

WITH SO MANY HIDDEN COURTYARDS AND PASSAGES, LVIV IS AN ARCHITECTURAL TREASURE TROVE. Most visitors to the city predictably stray to the Italian Courtyard for some *Instagram* material. Named after its Renaissance appearance, the courtyard is hidden inside Korniakt Palace on Rynok Square. For something more intimate but no less charming, slide past the gates of Virmenska Street 7 to discover the Armenian Courtyard. This 14<sup>th</sup>-century complex of buildings features a church, an archbishop's palace, a nunnery, and statues.

Another pleasant discovery can be found in the seemingly modest Bernardine Church south of Rynok Square. If you follow one of the rules for entering a church – that is, to always look up – you'll be immediately dumbfounded. Carved in golden wood and adorned with countless tiny ornaments, it's no exaggeration to call this perhaps the



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Arkhivna Street with its many names honouring a different filmmaker every year.

An independent film festival started the tradition of renaming this street after the particular filmmaker

most opulent church you've seen. Lviv has around 100 active churches, each more spectacular than the last.

In addition to an enviable architectural landscape, Lviv has many quirks, such as the street with seven names. Originally named Arkhivna Street, the KinoLev Independent Film Festival started the tradition of renaming this street after the particular filmmaker it honours every year. To that end, one of the names of the street is Federico Fellini Street. Then there's the gigantic crossword puzzle gracing the wall of an apartment building in the industrial outskirts of the city. The photo ops are countless.

**LVIV IT CLUSTER IS A COMMUNITY OF IT COMPANIES THAT, TOGETHER WITH UNIVERSITIES AND LOCAL AUTHORITIES, STRIVE TO IMPROVE LVIV'S IT INDUSTRY.** On my way to meet Khrystyna Maksymenko, a Lviv University graduate who has recently returned to Lviv after living abroad for four years and now works for the cluster, I pass through Opera Square, where retirees are playing chess – a scene that is interrupted only when it rains. Taking the shortcut through the hidden Andreolli Passage that leads to Rynok Square, I already feel like a native. The city centre is not that small, but it is easy to comprehend.

I meet Maksymenko at her favourite coffee spot, *Sviy Kavy* on the corner of Rynok Square. 'For IT specialists, Lviv is a great city to live in. Plus, I love it!' she says sipping her cappuccino.

What makes the city so alluring for tech companies is the huge talent pool. Each year over 1500 new IT specialists graduate from the local universities. Overall, 25% of all IT specialists in Ukraine work in Lviv. The IT cluster has helped to develop 18 new technical degree programmes at Lviv's universities. The symbiotic relationship between the tech industry and the local government is in fact part of the Lviv Economic Development Strategy 2025, which has set out to make IT and tourism the two major industries of the city.

'The salaries for IT specialists are the same as in every other European country, which is around four times higher than the average salary in Lviv. And as we eat at the restaurant, grab a drink at the local bar, or go to the opera, the money stays right here and helps the city to thrive,' Maksymenko explains. Scrolling through her phone to show me all the great foodie places I should try, she tells me how happy she is about the flourishing tourism industry here, because it means that many more new interesting cafés and restaurants will open.

Lviv does a lot to attract creative professionals such as Maksymenko. To solve the shortage of modern infrastructure, the new Innovation District IT Park is being built near Stryiskyi Park. The ten-hectare area will include office buildings, a hotel, a fitness centre, a food court, and an educational campus that will spoil the city's students with high-end laboratories. A whopping 270 kilometres of cycle lanes have already been developed.

**THE REGION OF GALICIA SHARES BORDERS WITH HUNGARY, ROMANIA, AND SLOVAKIA. ACCORDINGLY, ITS DISTINCTIVE CUISINE HAS BEEN SHAPED BY THE MULTICULTURAL POPULATION AS WELL AS THE PROXIMITY OF THE FERTILE CARPATHIAN MOUNTAINS.**

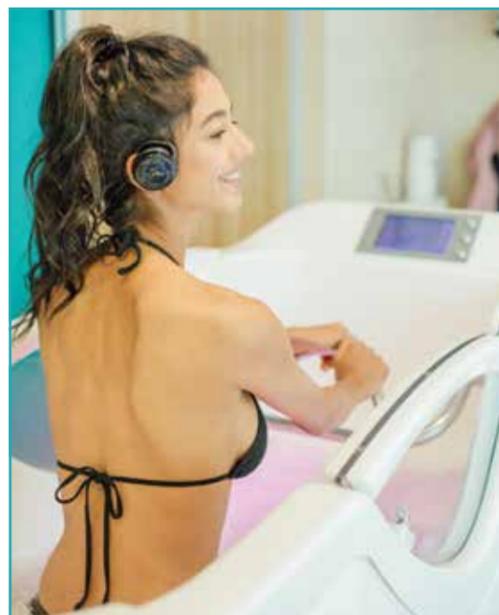
With such staples as *kruchenyky* (meat rolls stuffed with mushrooms or prunes) and the divine *salo*, or pork fat, now featuring on every white-tablecloth restaurant's appetiser list, Galician cuisine is a true feast for carnivores. But it also has plenty of vegetable and dairy dishes. The vegetable king here is cabbage, which is at its best in *holubtsi*, a cabbage roll stuffed with a variety of fillings. For the sweet tooth, there's *syrynyky*, the cottage cheese pancakes that, for those brought up in an ex-Soviet country, bring back memories of childhood days at grandmother's place. Made from scratch and using local produce, these hearty dishes leave you feeling like the cat that swallowed the canary – little wonder that the people here are so friendly and kind-hearted!

Lunch doesn't come any better than in Lviv's Kryva Lypa Passage, on a bench under the majestic linden tree.



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The Lviv Croissants cafe

**Lviv Croissants is guilty for the mouth-watering buttery aroma pervading the city**

Harbouring a handful of eateries, this is where locals head for lunch. This is also where you'll find the millennials' favourite all-day breakfast place, *Cukor*, as well as *Marusia*, a café that serves *varenyky* in all colours and flavours. Not to mention *Lviv Croissants*, the successful franchise with numerous outposts all around Ukraine that's guilty for the mouth-watering buttery aroma pervading the city. The freshly baked croissants come with inventive fillings, such as the Amsterdam Croissant with herring, mozzarella, and pesto. As hip as they all may be, adorned by neon lights and murals with brassy captions, the lion's share of these places pay great respect to traditional Galician cuisine.

The most fabled of the restaurants serving traditional staples is the *Most Expensive Galician Restaurant*, which is only accessible by knocking on the door and nicely asking the bathrobe-clad man who opens it, because the only way to get in is through his Soviet-style apartment. Expect white-gloved service, live music, refined dishes, and sky-high prices...although a 90% discount is easily negotiated. This, as well as many more of the most striking venues in the city, is the brainchild of *!Fest*, a chain of creative restaurants and projects with unique concepts.

Back in 2007, the three young businessmen Andriy Khudo, Yurko Nazaruk, and Dmytro Gerasimov decided to form a company that would aid their hometown. When they opened their first venue, the *Kryjivka* restaurant styled as a war-time bunker, it was an instant success, with more than 50,000 guests in its first month. Now *!Fest* has more than 20 restaurants and a couple of franchises (such as the *Drunk Cherry* cherry-liquor bar and the *Lviv Handmade Chocolate* stores) as well as 25 other projects, including an annual craft beer and vinyl festival and even an art school for open-minded kids.

*!Fest* also has its own creative space. Located a 20-minute walk from Rynok Square and boasting an in-house brewery and a coffee lab, *!FEST Republic* hosts a number of festivals



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A plethora of art-inspired people have worked on the KADO KARIM project. Karim Rashid, a living legend of modern design, has not only given his name to KADO KARIM but also his taste in living. Andis Silis, the architect of this project, has streamlined the living space and given smooth forms to the buildings that evoke associations with Jurmala itself - the waves are polishing stones, the wind drives sand into dunes, and the pines are professing floating clouds as their crowns. Zane Tetere, a star of Latvian design with a delicate and distinct sense of style, has brought the cosy charm of Jurmala to the interiors of the halls. The sculptor Jerzy Ken-

zhora has gifted his mysterious sculptures of hovering gymnasts to the project, and various Latvian artists have decorated the courtyard, the halls and the stairways of the houses with paintings and sculptures, completing the picture of this true ART-object.

Developer R.EVOLUTION has added the energy of life by filling the houses with positive vibes and unforgettable moments of happiness for their residents, who will become just as the authors of this project – admirers of the beauty of this world and the ability of man to create.



Lviv Coffee Mining Manufacture on Rynok Square

**While holding all the right cards to be a beloved tourism destination, Lviv manages to maintain its authenticity**

and themed events. When I meet one of the *!Fest* team members, Oksana Yemets, at the dazzling *Lviv Coffee Mining Manufacture* (naturally, a *!Fest* enterprise), I can't wait to ask her where they get all their incredible ideas. 'We take inspiration from everyday life, books, and travelling, but of course also from our own history,' she answers.

*Pretty High Kitchen* is one of *!Fest's* newest creations. After opening in the winter of 2018, it immediately raised many eyebrows because it lacks one integral ingredient: a menu. Yemets explains that the restaurant is a result of the *!Fest* Cooking School in 2016: 'As a restaurant company, we needed to improve our chefs' skills. So we invited the country's best chefs to share their experience, and by the end of 2018 we had a team of chefs ready to start their own project.'

Perched on the top floor of Rynok Square 14, when I enter the garret-style space, I'm greeted by gigantic white horn-shaped loudspeakers playing jazzy tunes from the vinyl record player. I pull up a seat, and Chef Dmitri is already by my side. The concept here is that you first have a conversation with one of the chefs, and then, based on your preferences regarding ingredients, dish type, portion size, and even price, he conjures up a meal.

The open-kitchen concept lets diners observe what their designated chef is doing and builds anticipation. First, Dmitri comes out with a heaping portion of salads peppered with tangy local cheese and accompanied by oven-baked pita bread dressed with seasoned oil. Afterwards comes the fish – Carpathian river trout cooked to perfection. Now I understand why in the 18<sup>th</sup> century, when Lviv was part of the Habsburg Empire, people from Vienna (a city on the Danube River, which is rich in fish) came to Lviv for the trout.

With bare-brick walls, piles of books, and wooden furniture, *Pretty High Kitchen* feels like visiting a friend's home. Therefore, exiting onto the swarming Rynok Square makes one feel a bit dazed. The square is filled with a delightful cacophony dominated by the melodies wafting out of the *Pravda Beer Theatre* (which hosts daily orchestra concerts), street musicians entertaining the crowds, and the multilingual chatter of evening coffee drinkers at the nearby café.

While holding all the right cards to be a beloved tourism destination, Lviv manages to maintain its authenticity. The centrally located restaurants and bars are still frequented and favoured by locals, guaranteeing that they don't become low-level tourist traps anytime soon. They'll even gladly share a table with you. In fact, the city's biggest draw is its people. Be they waiters or students you meet at a coffee shop, Leopolitans wholeheartedly hope you have a great experience in their city. By and large they are the tour de force of the city's success and the ones creating its welcoming atmosphere. No doubt, Lviv is a city that leaves a lasting impression.



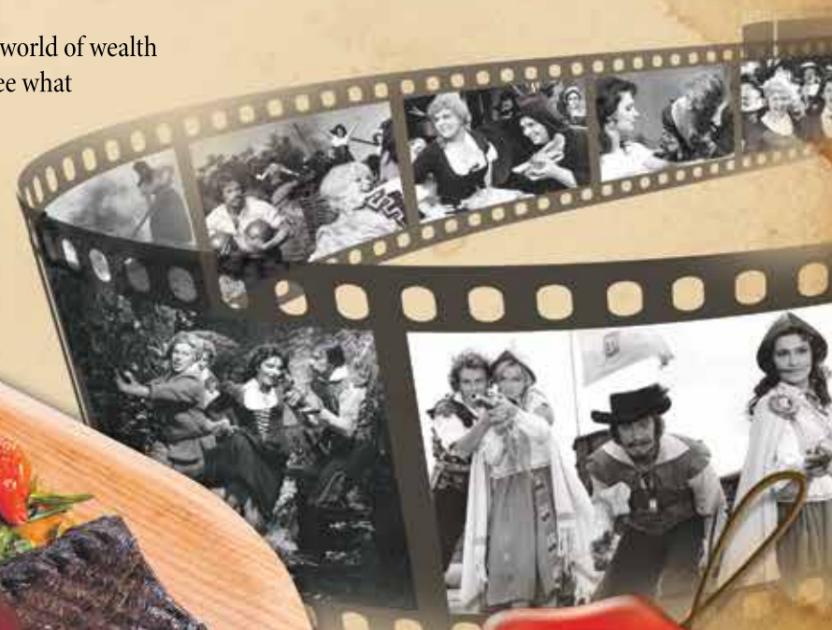
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Stepan Veselovskiy is the CEO of the *Lviv IT Cluster*, a community of leading information technology companies in Lviv that implements projects helping to develop Lviv's IT industry and maintain the brand of Lviv as a city with pleasant conditions for business, career growth, and living. Founded by four tech companies in 2010, Lviv IT Cluster now unites 15,000 IT experts from more than 80 companies.

How do you recommend one enjoys the warm weather in Lviv?

The weather in Lviv is very mercurial – locals have three or four apps they use for checking the weather. My family loves to spend weekends in the Carpathian Mountains, seeing as they're just an hour's drive away. But if we don't leave town, we have a stroll around the parks. My favourite is Stryiskiy Park, where you can feel like you've actually left the city. There's also an array of outdoor swimming pools, such as Cavalier Beach Club and the Rumbambar Complex.

Back in 2005, when I was a student, the streets of Lviv were empty. Imagine Rynok Square at 9 pm completely deserted! Therefore, on weekends and sometimes after work, I like to take a detour and just wander around the Old Town to get that feeling that I'm living in a thriving European city full of people and life.

How would you describe the locals?

We're very laid-back. We can go for lunch and spend two hours at a restaurant, even though we only had one hour for it. We're content to be Leopolitans, because once we were a kingdom, and also we're proud of everything Ukrainian, from the language to the cuisine. Compared to other Ukrainian cities, the people here are more open-minded. It's easy to establish a relationship with us, because we trust other people on the spot, whereas you have to go to great lengths to earn the trust of Ukrainians from other cities.

Where do you like to go out to eat?

I became a vegan three years ago. You'd think I'd have some difficulty finding anything to eat, since the local cuisine is proud of its meat-filled dishes, but it's not so difficult to find plant-based meals in the city. One of my favourite places is the *Om Nom Nom* vegan café, which serves top-notch hummus, vegan wraps, veggie burgers, etc. But for a more special dinner, the perfect spot for vegans is *Pretty High Kitchen*, where you can choose each ingredient yourself. As for grabbing a drink, my friends and I like to go to *Choven*, a multi-tap bar with a relaxed atmosphere and a great variety of local brews.

How can one get the feel of the true spirit of Lviv?

Don't just drink coffee and marvel at the architecture, but socialise with the locals. For instance, check *Facebook* for what's going on during your visit. Nowadays there are loads of pop-up parties in unusual places, such as abandoned factories. A cool place to interact with the creative crowd is at *Dzyga*, an art gallery and café. It's an old gathering place for the local intelligentsia.

USEFUL ADDRESSES

WHERE TO STAY

**Family Residence Boutique Hotel**

This small-scale hotel offers personal service and a comfy stay at an affordable price. Located 100 metres from Ivan Franko National University and a ten-minute walk from bustling Rynok Square, it's perfectly positioned for exploring the city.

Tadeusha Kostyushka, 14  
lvivrooms.com

**Modern Art Hotel**

Set in one of the city's most scenic locations and housed in a beautiful 19<sup>th</sup>-century building, the *Modern Art Hotel* takes inspiration from Lviv's Habsburg Empire period. The *Hrushevsky* restaurant on the ground floor was once the first cinema in Lviv.

Prospekt Shevchenka, 28  
modern-arthotel.com

WHERE TO EAT

**Gwara**

A new mark on the city's culinary map, *Gwara* offers traditional Galician dishes with a modern twist. The menu was created together with Marianna Dushar, a well-known local blogger who aims to rejuvenate traditional western Ukrainian recipes. Here you can also savour some local cheese and wine.

Brativ Rogatyntsiiv, 32  
FB/gwaralviv

**Baczewski Restaurant**

Situated just steps from Rynok Square, this is a favourite place for dinner for many Leopolitans. It serves a refined take on traditional Galician staples, with loads of meat dishes such as rabbit and duck, and also has a courtyard garden with a profusion of ferns and a festive atmosphere. The restaurant is named after the Baczewski family, the founders of a vodka factory in 18<sup>th</sup>-century Lviv.

**Green**

The pioneer of vegetarian cuisine in Lviv, *Green* is a relaxed place for lunch or a light dinner. The menu is filled with sumptuous salads and a healthier take on classic comfort foods such as wraps, burgers, and pizza. After your meal, take a nap in the restaurant's quiet zone on the second floor, which is designed as a snug living room.

Brativ Rogatyntsiiv, 5  
green.lviv.ua

WHERE TO SHOP

**Vinyl Club Lviv**

This shop's sleek record players decorate the trendiest restaurants and cafés in the city. Designed with white brick walls, this tiny store set in the Old Town stocks both vintage and contemporary vinyl by Ukrainian and foreign musicians as well as elegant record players.

Brativ Rogatyntsiiv, 24  
vinylclub.com.ua

**Something Interesting Art Gallery**

This gallery promotes new local artists and designers and is a welcoming place to sample local design products. The shop offers everything from uniquely designed bowls and plates to earrings, pins, socks, and other things that spruce up everyday life. A great place to find design items at reasonable prices and stylish keepsakes to bring home.

Koliivshchyny Square, 1

DON'T MISS

**Lviv Coffee Festival**

During this annual celebration of all facets of coffee culture, Lviv's historical centre is soaked in the aroma of coffee. Since 2007 the festival has been uniting all the cafés in the city and features all kinds of events, from coffee tours to barista shows, competitions, cake tastings, and, of course, loads of coffee to drink.

September 12-15  
coffeefest.lviv.ua

**Castle Hill**

Castle Hill, which rises 130 metres above the city, stands just a hilly 15-minute walk from the bustling streets of central Lviv. The name is a bit misleading, because there hasn't been a castle here since the 18<sup>th</sup> century, when it got destroyed by Swedish troops. Only some ruins of the defensive wall remain. Castle Hill lets you appreciate the tapestry of Lviv in all its glory and break a little sweat on the way up as well.



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 Style by **Līga Vekmane**

# CONQUERING MONTBLANC



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**Andris Ronimoiss, one of the 20 best mountain ultramarathoners in the world, believes that it's his ability to concentrate that gives him an edge in this sport. It is this trait that has helped him to successfully finish many extreme races running against the hardest people on the planet. *Baltic Outlook* met with him to find out how one survives among the mountain ultramarathon elite.**

Last year Andris Ronimoiss, Latvia's best trail runner, won the Madeira Island Ultra Trail race, crossing the mountainous island in 13 hours, 57 minutes, and ten seconds. The complex race was 115 kilometres long. This year his goal is to do well in the Ultra-Trail du Mont-Blanc, the famous 170-kilometre race around Montblanc. Is that even humanly possible? Ronimoiss says it's not only possible, it's in fact exciting. Although he began running only seven years ago, at age 35 he feels like he's in great physical form and has in just a few short years achieved dizzying heights, both literally and figuratively.

**It's true that trail running is becoming more and more popular both in Latvia and around the world, isn't it?**

It sure is! Just recently almost 5000 people took part in one stage of the Stirnu Buks trail run here in Latvia. That's an impressive number of people. There are now even lotteries to participate in the world's biggest races, because the number of participants in them is limited. For example, 25,000 people apply to participate in the most popular race, the one around Montblanc, but it can only accommodate 9000 runners. Trail running is still an amateur sport, but the level is increasing very rapidly.

**What's the main difference between trail running and other running sports?**

I think it's more interesting. Many people say running is boring. 'I tried it, but I got bored...' But when you run on trails, there's always something new, something exciting. You never know what you're going to encounter around the next bend. You're also out in nature, which is changing all the time. The climate here in Latvia is still quite predictable, but you can really run into trouble up in the high mountains. For example, there might be a sudden snowstorm, even though down in the valley it's hot summer. I've run races where the temperature ranges from 3 to 30 degrees Celsius.

**When did you begin running?**

I began running in 2012. Back then there wasn't any real trail running in Latvia yet. Just the Sigulda Mountain Marathon. But there was orienteering, too, and that's how I entered the world of forest running. Trail running became more widespread around 2014. So I tried it and soon decided that that was my sport and began concentrating on it. Before that, I had played a bit of floorball, frisbee, and football at the amateur level, but those were more or less just hobbies, something to do with friends and to help me keep in shape. I was still going to a lot of parties back then. But running changed all of that.

**Is trail running an activity you can do with friends or family, or is it more of an individual thing?**

It's supposedly an individual sport, but you keep meeting and making new friends. I'd even say that you enter a whole new world of friends – about 90% of my friends now are runners. Of course, at the beginning you don't know anyone, but a couple of years later you're saying hi to and talking with everyone, and you really feel like you're a part of a big family. I even found my wife through this sport!

**Can trail running in any way be called a professional sport?**

It's hard to understand. Right now there are about 100–200 runners in the world of each gender who are truly professionals – they get paid to run. They've got sponsors who pay their way. More and more of the races are offering cash prizes, which means that you can earn a reasonable amount even without having a sponsor. So, it's not just an amateur sport anymore. I'm still only a half-professional. I don't have an office job, so if I need time to train, I just go and do it. I earn a living by training others. That's my main job, and running goes hand in hand with that.

**You've very quickly reached the ultramarathon category, the highest level in trail running. At what point for you did running turn from a healthy way**



Photo by Mario Pereira

'There's never been a 50+ kilometre race in which I haven't at some point or another thought about dropping out,' admits Andris Ronimoiss.

## I'm invited to the races and don't have to worry about the basic things anymore

to spend time together with friends into a basically professional and even extreme sport?

Last year was very serious for me in terms of running, but I was still paying for everything out of my own pocket. I travelled abroad to seven races, and basically my whole life revolved around the sport. Of course, travelling to fairly exotic places every other month for a couple of weeks isn't a cheap endeavour, but I've never worried about spending money to do what I enjoy doing. You've only got one life to live.

I always seek out the most difficult races. I'm not interested in going somewhere and just beating everybody. I want to compete against the strongest. When you start regularly participating in races and getting good results, the organisers notice you. Now I've already reached the level where all I have to do is show up and start running. I'm invited to the races and don't have to worry about the basic things anymore. But nothing has changed just because I can now sometimes return home after a race with some money in my pocket. If there's a race I want to run in, I'll pay for it myself if I have to. For example, the race around Montblanc. In order to take part in it for free, you have to have reached a certain rating, but I still lack a few points.

Rating points are based on how fast you run the official races, not on what position you finish in, right?

Yes, that's so. Ratings are based on distance, elevation, and also weather conditions. It's a complex formula. The more you run, the more you're noticed.

How high have you climbed in the rankings?

Taking into account all the races over 20 kilometres, I'm at about number 120. If we're talking about races over 100 kilometres, then I'm in the top 20. Most of the people in the rankings don't run ultramarathons, and the best of them would definitely beat me in a shorter distance.

But it's precisely the international ultramarathon stages that are the most prestigious trail races.

How many ultramarathons are there?

There are about 20 stages in various places around the world, but you don't have to participate in all of them. They only take into account your two best races. I think that's too little, but on the other hand, the ultramarathon distances are so long that it's hard to ask more of people. The existing system guarantees that the battle for the top 10 or top 20 is really fierce. Last year I was sixth in the rankings.

Probably because you won the Madeira race.

Yes, but that's a fairly insignificant stage. You can get 700 points for it. But if you win Montblanc or Canary Islands, for example, you can get 1500 points. That means that coming in approximately 14<sup>th</sup> in those races is the same as winning in Madeira.

Mountain running is definitely not the same as running on roads or flat ground. You already said that many professional runners would beat you on a shorter, flatter distance. What are the special skills you need for mountain ultramarathons?

There are specific things you need to train for. You might have the strength to run up a mountain, but you might lose everything if you don't have the right technique for running down the mountain. Last year's world championship was a good example. It took place just two weeks after the Madeira race, plus I had had a cold between the two races. Clearly, I wasn't going to run very well after the 115-kilometre ultramarathon and then being sick as well. Already after the fourth kilometre or so I knew that I wouldn't be able to run uphill at all. So I just walked. Afterwards, a Portuguese guy commented about me: 'As soon as there was an uphill gradient, he walked. But as soon as the trail levelled out or went downhill, he ran right past us.'

You need to know how to adapt and switch gears. If you run down the mountain incorrectly and don't save your legs, you won't be able to run at all on the level stretches. The race will be over for you. I know guys who've had to walk backwards after running downhill, because their thighs just gave out.

It might sound crazy to most people, but a runner is actually able to rest various muscle groups when running a mountain ultramarathon. That's not possible in a regular marathon.

And that's my salvation. I've tried running a regular road marathon, and also the 107-kilometre ultra road marathon from Riga to Valmiera. I dropped out of that one. My legs started cramping, and I also just got bored. In the mountains you work one group of muscles when you run uphill, and then it's another group of muscles when you're going downhill. The only muscle that doesn't get a rest is your heart.

Training is different, too. For a marathon, every stride needs to be the same, but for a mountain ultramarathon each step is different. Long races are about 150,000 to 150,000 steps, but any of them could be your last, because you're running over roots and rocks and all sorts of other hazards. I've even had to crawl uphill on all fours. So there's really a lot of variety.

Latvia is, of course, not the most mountainous country. And yet you go and win these mountain races! How is that possible?

I look for hills here at home. I conjure them out of thin air. I go to Sigulda, where there are steep ravines that I can train on. You can train uphill running in the weight room; it's a matter of muscle. But you need an actual environment in which to practise running downhill.

To be honest, I really began learning when I started running races. For example, I was running

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Ronimoiss regularly participates in the Stirnu Buks series of trail runs in Latvia.



Shortly after daybreak during the Madeira Island Ultra Trail race.

**One of my biggest advantages is being able to concentrate and focus for 15 hours straight**

a race in the Canary Islands. Then came the first downhill section. I wasn't good enough yet to be running with the elite guys, so I was running with the elite women. I watched them fearlessly barging downhill. The trail meandered back and forth, but they just ran straight down! They'd fall, roll out of it, and just continue running as if nothing had happened. So I ran along with them and learned what to do. Now in the downhill sections at the world championship I was passing the Portuguese and Spanish guys, who've not only grown up in the mountains but who've also run that same trail countless times before...

In Latvia you have to conjure up the mountains. There's a knoll about 11 metres high near my home, and it has ruins at the top. So I run up and down that. You can figure out for yourself how many times I need to run up and down it to get to 500 metres. It all sounds kind of ridiculous, I know.

**You also need complex terrain on which to run.** Yes, that's a problem in Latvia, too, because we have a lot of beautiful forest trails. Go to Sigulda, for example, and everything is so beautifully covered with mulch. Running on trails like that is no challenge – you can practically run with your eyes closed! But all you have to do is go to a race in Poland, and you'll be running across a field of rocks. So in Latvia I'm forced to seek out the highest hills and the worst-kept trails. In order to avoid getting injured, you need to exercise a lot...and sleep a lot. I need to sleep nine hours, and then I can run again.

**What traits does one need to possess in order to run mountain ultramarathons? It sounds like physical strength is not enough.** One of my biggest advantages is being able to concentrate and focus for 15 hours straight. Other competitors have told me that they get tired during races, but I can't even imagine something like that happening. If you relax and lift your head to take a look around at the beautiful surroundings, you'll most likely be down on the ground among the rocks five seconds later. You cannot let your guard down. I've never fallen once while running downhill. All the times I've fallen have been on level stretches of the trail, when I've allowed myself to relax. It might be a beautiful trail with just a single rock on it, but that's the rock you'll trip over if you're not careful.

You can allow yourself to take a short look at the pretty scenery during training. The locations where the races take place are truly very beautiful, and most people never see places like that, because they're not that easy to get to. I've made a promise to myself that if it seems like the scenery is getting really impressive, I can stop for ten seconds during a race and enjoy the view. Early-morning views of valleys are especially wonderful. But otherwise you need to train yourself to concentrate. I do that by

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'I always seek out the most difficult races,' Ronimoiss confesses in the interview.



'Latvia has a lot of beautiful forest trails,' says Ronimoiss.

**We runners were supposedly battling it out for positions, but none of us could run anymore**

doing puzzles. I've also played chess... but I don't like to lose.

So, you need to train both physically and mentally. Exactly. Actually, there's hardly anybody under the age of 30 at the highest level of trail running. The women are generally even in their 40s. Psychological stability plays a huge role. In fact, women have a bit of an advantage in this sport in that sense. They drop out of races less than men do. In the big races, about half of the elite runners drop out.

So tell me, why do people drop out of races? Clearly, they don't travel a long way to a race with the thought of not finishing it. And yet, there comes a moment when you have to tell yourself to stop. That's a very difficult moment. I always tell myself that if I've dropped out, then I've made the right decision. That's something you have to learn to do. In terms of morale, it's awful, because a week later you're still thinking, 'I could have continued.' Of course, there's never been a 50+ kilometre race in which I haven't at some point or another thought about dropping out...no matter how well I'm doing. But dropping out in the mountains also means waiting for a long time, because no one can get to you immediately. At one race the organisers got me to the finish line seven hours later. After that I reasoned that I could have gotten to the end faster if I had just run the whole way.

Have you figured out when you tend to reach that breaking point?  
It's when several factors accumulate. Pain is normal, because you can't run a hundred kilometres in the mountains and expect nothing to hurt. But if anything extra happens, then you start thinking about dropping out. First I always try to find a way in my head to solve the crisis. But races differ, too.

I remember one race in Italy in hot weather; everyone was feeling unwell, and the race turned into a walking championship. A Nepalese runner and I crawled up a mountain, he sat down on a fence, I sat down on a rock, and we just looked at each other. We runners were supposedly battling it out for positions, but none of us could run anymore. I think in that race there were problems with the water, too, because it had sat out in the sun. Of the top 15 runners, only one felt well, and he had been drinking his own water.

What do you carry with you on long-distance races like that? You can't manage with nothing. You'd better not even try doing it with nothing! There's specific obligatory gear for each race. For example, Montblanc has the strictest rules: in addition to water, you need to take along another two or three kilograms of baggage, from a whistle and foil blanket to two layers of clothing. And it's got

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INTERVIEW / June



Ronimoiss is convinced that maintaining a good relationship with your competitors is one of the keys to success in running mountain ultramarathons.

### If you don't follow the rules, you can be disqualified

to be water- and wind-resistant clothing, but breathable at that. If it's hot, you need a head covering that also covers the neck. If it's cold, you need a warm hat. You need a variety of bandages. And so on. If you don't follow the rules, you can be disqualified.

I lug all of that stuff with me, but in reality all I take out of my bag is food, drinks, my basic jacket, and maybe my lamp. But it depends on the person. Last year it was very cold up on Montblanc, about three degrees Celsius. I know I'm fast and that I'd soon be back down in the valley, where it was warm, so I just put on my thin jacket and continued running. But other runners had put on everything they had along in their bags. They returned to the town looking like they'd just come from the North Pole...

What do you eat and drink in order to conquer these races?

I bring along water. Some runners drink special sports drinks, but then you're basically drinking sugar on top of sugar, because the 'foods' we bring along are pure sugar as well. Maybe that sounds great...if you're a child. Every half hour during a race you need to eat about 50 grams of sports nutrition, which is a gel that's about 80% pure sugar. At the checkpoints I eat oranges – the sour taste helps to neutralise the sugar.

Plus, I drink cola. That's a real ultramarathon drink; lots of runners drink it. Again, it's a quick sugar fix, but the bonus is that cola at least has

a relatively neutral flavour – you can drink it even when everything else nauseates you. I also often drink bouillon.

But people eat all sorts of things during these races. Warm foods like rice or noodles, too. And you need to, because many runners take 30 hours to run 100+ kilometres. I run them in about half that time, so I just quickly stop at the checkpoints and keep going. Plus, I arrive there when they're still clean; the big crowd of runners hasn't reached them yet. I've seen what they look like when the so-called lower end arrives. It looks like a hospital, with some people just falling down on the ground, another crying in his wife's lap, and all sorts of other strange things.

Although we're talking about long distances and long hours, speed is nevertheless important. At least if you want to win.

Yes, even after a hundred kilometres you've still got to be able to run fairly fast. If you can maintain an average speed of ten kilometres per hour in a race like this, then you're doing very well. But, like I said, races differ. In this sport, it's better to not try and calculate what your average speed ought to be, because you never know what other conditions you're going to have to deal with.

You're wearing a professional sports watch. To what extent can gadgets help in trail running?

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Photo by Mario Pereira

Winning a mountain ultramarathon world championship stage was the fulfillment of my dreams,' says Ronimoiss after finishing the race in Madeira.

### Last year I ran 6000 kilometres. Not quite as much as a car, but not far from that

They help me a lot. I worked as a market analyst for a considerable time, so data analysis like this is kind of in my blood. I really do try to analyse all of my races, both the good ones and the bad ones. After my win in Madeira, too, by the next day I was calculating where I could have shaved off a few minutes.

The watch shows how far I've run, how many metres in elevation I've accumulated, and where I am on the trail, which helps a lot, because the trail markings are often hard to see. It's not a road marathon with a policeman standing at every intersection. Don't just follow another runner; you need to keep thinking along. My watch also shows my tempo, distance, and pulse. By the end of a race I'm looking at my watch very often.

**According to your gadgets, how many kilometres have you run?**

Last year I ran 6000 kilometres. Not quite as much as a car, but not far from that. I probably do another 6000 on my bicycle. Altogether, I've run 27,000 kilometres since June 12, 2012.

**You probably fly great distances as well, seeing as the races take place all over the world.**

Yes, I fly a lot, too. But I like flying. In fact, I have a hard time sitting at home if I know I don't have any trips planned for the coming couple of months. But we usually drive to the Montblanc race. It's close enough, and it's also convenient to have a car once we're there.

**You're now studying at the Latvian Academy of Sport Education to become a trainer. You're also your own trainer. Sounds like a good deal. I train myself and others, yes. I know myself best, and I'm able to refrain from over-training myself, which is actually a big problem in this sport.**

**I guess I'd more likely have problems with finding the motivation to train rather than over-training!**  
Of course, you also need to know how to motivate yourself. I'm actually pretty lazy by nature, but I've developed my training process in such a way that it's become automatic for me. The easy weeks – when I have some days off or need to run only once a day – are the hardest for me. It's a lot harder for me to push myself after that. But you just have to go and do it.

**What are your main goals and dreams for the near future?**

Winning Montblanc. That's the Olympics of trail running. At the end of August will be the first time that I'll be running the farthest distance, 170 kilometres. I'm not sure I can win this race already this year. But that's not what I'm concentrating on. I'm happier being in an underdog position, trying to accomplish a time I've set for myself. In the end, that's the only thing I have any influence over anyway. The main thing is that I feel like I'm in good form right now. **bo**

# Your commercial real estate investments in Latvia

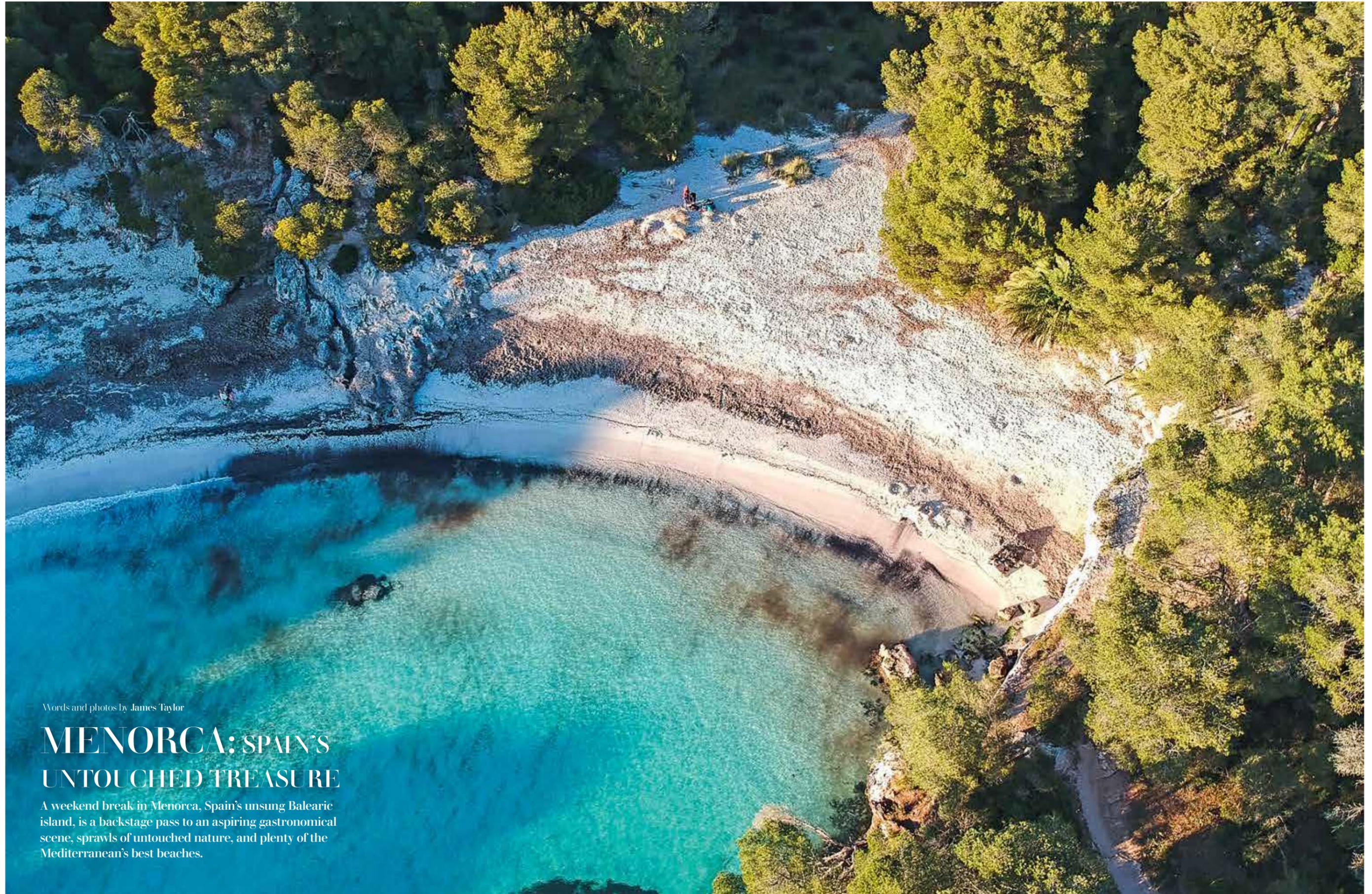


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Words and photos by James Taylor

## MENORCA: SPAIN'S UNTOUCHED TREASURE

A weekend break in Menorca, Spain's unsung Balearic island, is a backstage pass to an aspiring gastronomical scene, sprawls of untouched nature, and plenty of the Mediterranean's best beaches.



Mahón, the capital of Menorca, is the easternmost point of Spain

Xoriguer Gin is one of the most popular drinks on the island



### THE STAGE HAS BEEN SET AND TABLES ARE LAID

As we sit outside on a shady corner of Born Square, the beating heart of the town of Ciutadella on Menorca's western coast, local Antoni Juaneda speaks passionately about the changes quietly occurring on the island.

In the new age of travel, more people than ever can jet around the world to their dream destinations. 'Before, tourism in Menorca was all about staying at all-inclusive resorts, eating in the hotels. But it's changing,' he says, grinning. As Juaneda mentions, travel is changing. People are now seeking out authentic experiences, wanting to discover a taste of local culture, striving to go where no one else has gone. The old guard of popular tourist destinations are becoming unfashionable, and new ones are taking their place. And Menorca has quietly found itself in the perfect position in this new age of travel.

Long overshadowed by its glitzy Balearic sisters Ibiza and Mallorca – not to mention the countless other options available in France, Italy, and Greece – this small island off the coast of Spain has never been at the top of any lists. But what it lacks in the swanky hotel and resort department (factors that might just be other destinations' undoing), it more than makes up for with its slow pace of life, delicious food, and

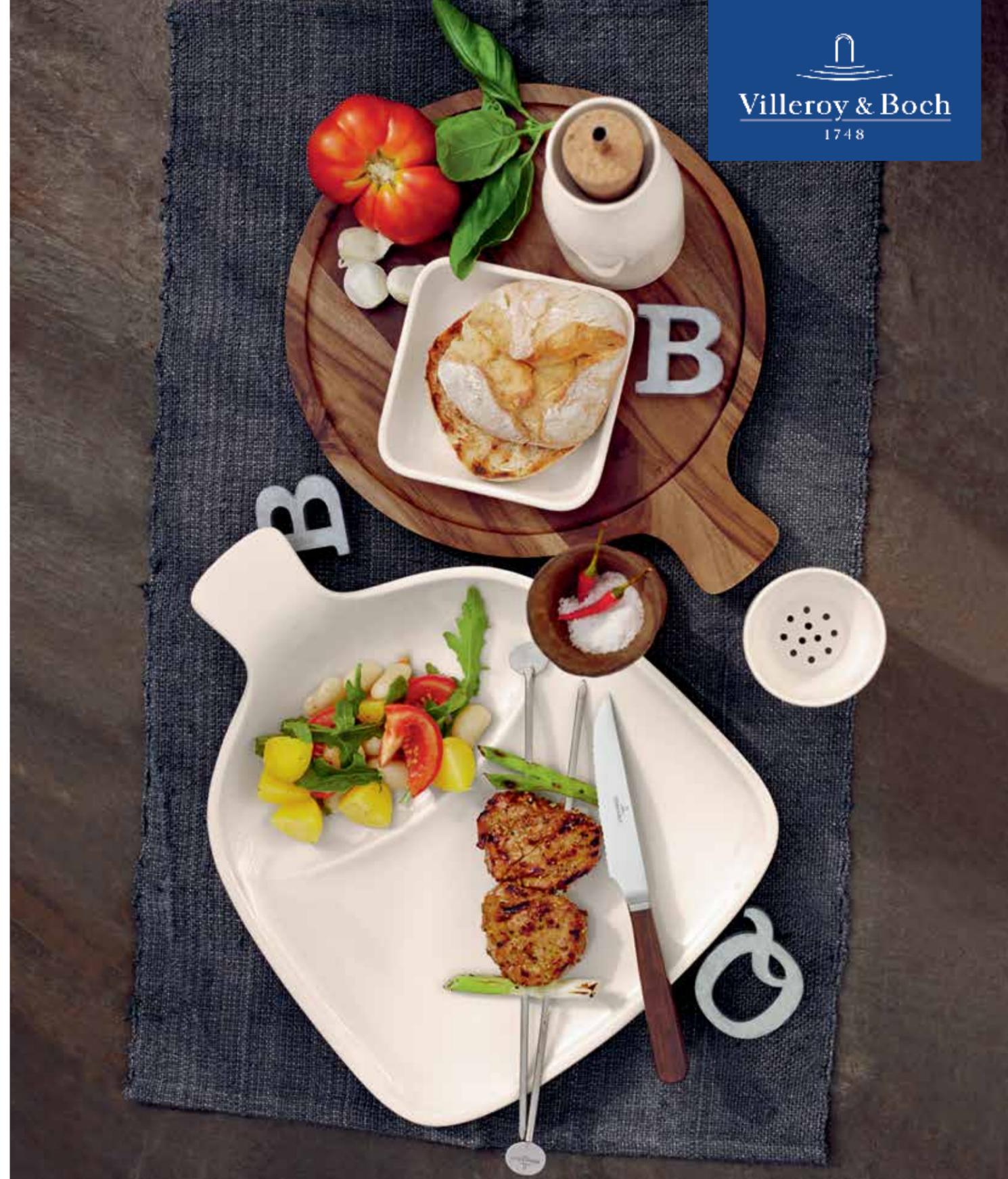
natural beauty. And with a local population passionate about conserving what they have, Menorca is delightfully untouched and underdeveloped. But there's more to this place than meets the eye.

As the co-founder of *Cómete Menorca*, a web guide dedicated to the restaurants on the island as well as offering food experiences for visitors, there's no one better than Juaneda to talk to for an understanding of Menorcan cuisine and the relationship between land, food, and people. 'Menorca is a small island, but it's full of all kinds of fantastic produce,' he says. 'Ten years ago, we had only two good chefs on the island. Now there are around fifteen. The young chefs are returning to their home to open restaurants,' he adds proudly.

Juaneda has also recently started another organisation, one that for the past five years has been conducting a deep investigation into Menorcan cuisine. The culmination of this? A book called *Fra Roger*, detailing 209 recipes originally written down by a local 18<sup>th</sup>-century monk of the same name. 'We have influences from the French, English, Spanish, Romans, Greeks, Moors. All of these different cultures that occupied the island at one time or another left their mark on our island, and on our food,' says Juaneda.

Of course, seafood is big here, but there's also a flourishing wine industry, local lamb and beef, and loads of fresh produce. *Sobrassada* is a Menorcan speciality made of ground pork mixed with salt and paprika and often enjoyed on a bit of toast for breakfast. There's also a local cheese that's been known around the world for ages. Production of this award-winning cheese – one of the best in Spain – is another of Menorca's budding little industries.

During the British occupation, the governor of Menorca, a man named Richard Kane, imported



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Plaça des Born in Ciutadella



Shady streets in Ciutadella's historical centre

### THE TOWNS OF MENORCA

Over four days you can explore the island from top to bottom, east to west. Gently rolling hills slide down towards the coast, which features picture-perfect beaches and yachts anchored out in the azure waters. Criss-crossing the entire island are a collection of dry-stone walls made from the limestone rocks found three feet below the soil. Wavy olive-wood gates stand guard in front of rustic farmhouses, and rough tracks dive off into the undergrowth that is greener than anticipated for a Mediterranean island.

Mahón, the capital on the eastern edge of the island, barely feels Spanish. Moored to the docks are luxury yachts, and fishing trawlers put their way in and out of the six-kilometre-long harbour in the early morning light. At that hour, the cathedral is devoid of anyone except old local ladies praying, but next door, the cathedral's cloister is now an indoor market with cafés and stores selling local produce and crafts. Nearby is the fish market, overpowering the senses with the salty smell of freshly caught fish, lobsters, and crabs. It's a noisy affair as the locals pick out their lunch from the morning's catch. Towards evening, one section of the market turns into a lively collection of tapas bars, with plenty of people sitting outside and sipping wine in the fading afternoon light.

At the other end of the spectrum is Ciutadella, the harbour town on the island's western edge. Delightfully medieval, it could be one of the nicest historical town centres in all of Spain, with a sunny square beneath grand architecture around every corner. The buildings are awash with hues of yellows, oranges, and soft creamy whites, mirroring the sunny climate of the island and feeling distinctly more Spanish than Mahón. You can spend an enjoyable Saturday afternoon walking Ciutadella's streets and sampling its tapas in the noisy bars, including eggplant stuffed with

brown cows from the Netherlands to start producing butter and cheese on the island. One of the best places to sample the famed cheeses is at Subaida Dairy Farm. Menorca is one of the only places in Spain that uses more butter than olive oil in its cooking. 'Mayonnaise was invented here as well. The most popular sauce in the world!' beams Juaneda.

The British left their mark on more than the food. Arriving on the island in 1708, they occupied Menorca for most of the 18<sup>th</sup> century but were uprooted by the French in 1756 only to reclaim the island two years later at the end of the Seven Years' War. There's a fondness for gin on the island as well, brought about when the locals realised they could turn a profit by distilling their own gin for the thirsty British naval officers instead of importing it. Likewise, there's a healthy dose of colonialist architecture in the cities, noticeable in the sash windows, green shutters, and large drawing rooms inside homes. But no matter who was in control of Menorca, it was for one reason: Mahón's natural harbour, said to be the second deepest in the world. It's a more than perfect spot for a naval base.

There never was  
a time you couldn't  
make me laugh.

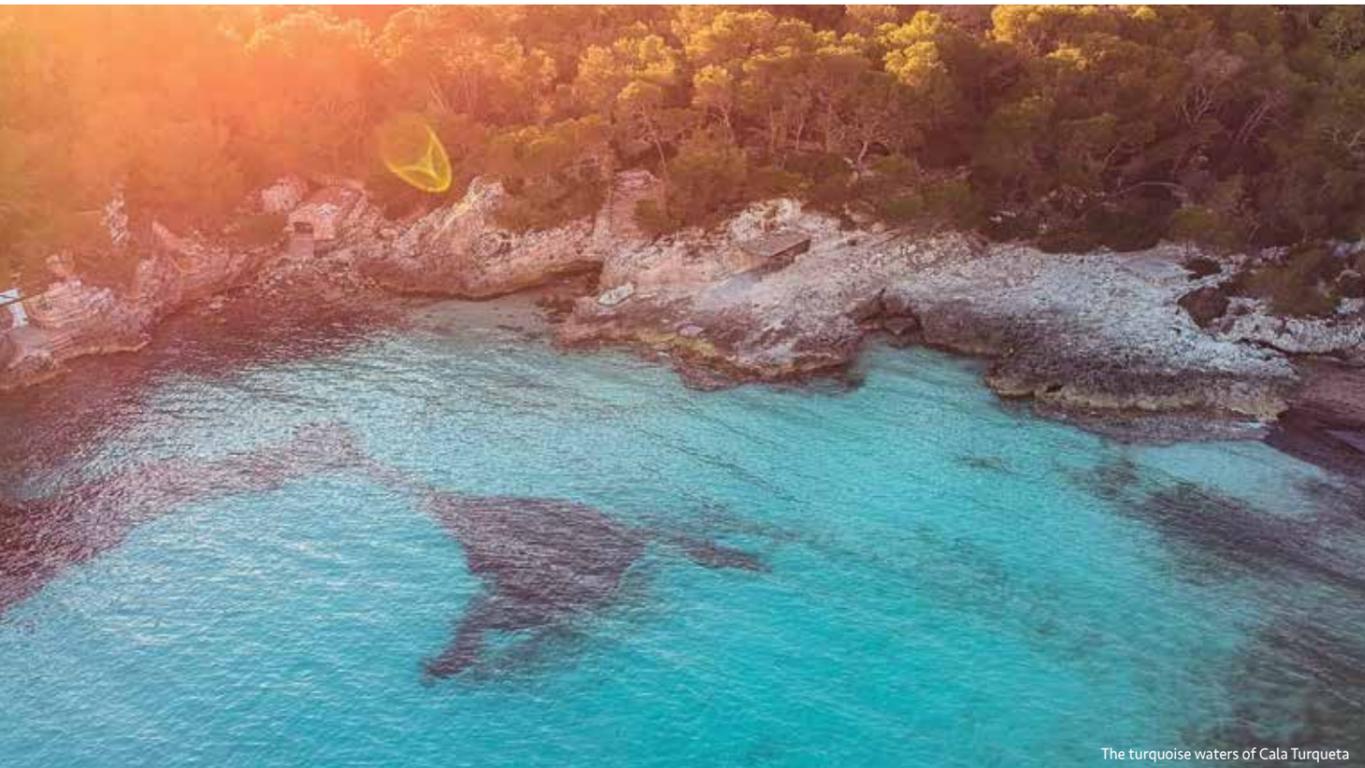


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The turquoise waters of Cala Turqueta



Discovering the secrets of the Binifadet winery

local cheese and the classic Menorcan sobrassada on toast. The cathedral, built between 1300 and 1362, is one of the highlights here, as is the Castell de Sant Nicolau, a watchtower at the tip of the peninsula that stands guard over the entrance to the harbour and provides the best seat in the house to watch the sunset as it sets over the sea.

#### NATURAL BEAUTY

Part of Menorca's charm is in its size. In half an hour you can be out of the city again and back in the middle of the island on Monte Toro, the tallest hill on Menorca, from where you can get a good view of the entire island. It's possible to make out the details of the countryside: farmhouses surrounded by fields of green, gentle valleys sliding down towards sparkling coves, and small country lanes lined with the dry-stone walls that are fast becoming one of the defining features of the island. There's a noticeable lack of built-up hotels and resorts along the coast as well,

and what there is is decidedly tasteful. Ancient monuments are also scattered around the landscape, relics from the prehistoric residents of the island who inhabited them from around 1000 BC up until the Roman conquest in 123 BC. Both from afar and up close, the large burial mounds and cave-like dwellings look like they were made by an alien species – and they're so old, they might as well have been.

The popular and perfect little beach of Cala Mitjana is reached only after a 30-minute walk through a forest alive with birdsong. White sand gives way to impossibly turquoise waters, and cliffs covered in wild forest rise on either side. A group of horse riders emerge from the nearby trees and stops for a break on the calm beach. They're touring the Camí de Cavalls, a recently restored pathway that circles the entire coastline, from the red clay and sheer cliffs of the north to the limestone rocks and sandy coves of the south. Originally used by cavalry to patrol against pirates, it's now a favourite way to see the unspoiled coastline on foot, bicycle, or horseback.

The beach called Cala en Brut features flat, semi-circular sunbathing platforms carved into the limestone cliffs. There's no sand here, but the ledges present perfect jumping-off points into the inviting water below. Cala Turqueta is another postcard-worthy beach – quite literally, because this lovely and unspoilt beach features on most tourism brochures. All of the beaches have one thing in common, though: signs warning you to tread carefully, take your rubbish home, and watch out for protected species of animals and plants. Conservation is taken seriously here. In fact, UNESCO declared the entire island a Biosphere Reserve in 1993.



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Punta Prima on the southern coast of the island

## DON'T MISS WHEN IN MENORCA

### Camí de Cavalls

For organised walking or bicycling tours around the Camí de Cavalls, head to [camidecavalls360.com](http://camidecavalls360.com). If you're looking to do it yourself, one of the most popular routes is from Cala Algaiarens in the north towards Cala Morell – a total of 5.4 kilometres, or about 1.5 hours of walking.

### Sea kayaking

Menorca has some of the best sea kayaking in the Mediterranean. *Menorca en Kayak* offers a variety of sea kayaking tours, during which you'll discover secret beaches, impressive sea caves, and important wetlands. [menorcaenkayak.com](http://menorcaenkayak.com)

### Xoriguer Gin Distillery

Try the local gin and the island's most popular cocktail, the Pomada, at the Xoriguer Gin Distillery in Mahón. No booking required. [xoriguer.es](http://xoriguer.es)

### Beaches

Cala Turqueta and Cala Macarella are the island's most popular beaches, with free parking and good facilities at both. For somewhere a little quieter, head over the cliffs of Cala Macarella to discover its smaller sister, Cala Macarelleta. For the daredevils, there's cliff-jumping at Cala Mitjana and Cala en Brut near Ciutadella.



A cow grazing in the midst of the Torrellafuda ruins

### LOVE AND RESPECT FOR THE LAND

Menorca isn't trying to be anything else than what it is. This is perfectly exemplified at Binifadet, the most popular winery on the island, where you can take a tour of the vineyards and enjoy a sumptuous lunch. The guide, Ramon, explains some of the passion that the owners have for Menorca and its wines.

'We want to catch the aromas and flavours of the grapes as they develop here, in this soil, in this climate. We want to show how a chardonnay tastes when made in Menorca, or a shiraz. Taste the minerality, the salinity, the points of aromas – it's Menorca,' Ramon says as he leads a tour through the vineyards. 'We want our customers to understand the island through our wine.'

Gravel crunches under the feet of visitors wandering past the vines, all contained within their own small area surrounded by those same dry-stone walls seen across the whole island. 'If you draw a straight line from one end of Menorca to the other, you barely get 50 kilometres. But if you measure all the dry-stone walls, you reach more than 11,000 kilometres. We can't demolish any of it, it's all protected. We cannot adapt the

property to our needs; we have to adapt our needs to the property,' says Ramon.

It's a common theme across the island, embodied by the locals: do the best with what you've been given. After tasting several different white wines at Binifadet, retire to the outside terrace for lunch. The meals here are all deliciously prepared using only ingredients sourced from the island, no imports. The scrumptious lamb with vegetable couscous and eggplant puree is highly recommended.

On the way to the airport stop at Torrellafuda, the remains of one of Menorca's megalithic villages. Let yourself in through the wooden gate into the shady olive grove. A large burial mound emerges above the canopy of trees, affording a magnificent view back towards the west coast. Down below, cows happily roam about the old ruins, munching on the tall grass. The standing stones may have been an altar, other stones may have marked a place to sleep... The cows startle, as if they haven't seen humans for a while. Perhaps they haven't. There's a quiet magic here that has seemingly remained untouched for nearly 3000 years.

It might be one of the Mediterranean's most underrated islands, but Menorca has quietly found itself in an enviable position, with an emerging gastronomic scene, a fascinating culture, and of course plenty of spectacular turquoise beaches. But the real secret to this beguiling island's success? It's the locals' love and respect for their land, their connection with their culture and history, and their passion for conservation. Menorca is changing tourism, for the better. **bo**



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# CITY BREAK

Words by Olga Dolina  
Publicity photos

Some travel to big cities to break free from their daily routine, others prefer escapes into the wild – we all need to recharge our batteries from time after time. However, at some point within a trip you might feel like taking a break from the whole tourist rigmarole as well. Here are a few ideas for a slightly more out-of-the-way experience in some of Europe's favourite urban destinations.



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## DALLOWAY TERRACE, LONDON

### Flower power in the big city

For urbanites seeking a moment of peace in a bustling and noisy metropolis like London, cafés and restaurants with intimate outdoor terraces are a real salvation. *Dalloway Terrace* opened nearly three years ago in the literature-inspired Bloomsbury district and quickly became a favourite spot of romantics. The name takes inspiration from Virginia Woolf's iconic female character, but that's not the only poetic thing about this establishment.

*Dalloway Terrace* is famous for having one of the most appealing outdoor terraces in town. The long and narrow space serves as a canvas for florists to express their fantasies through decorations that change with the seasons. For instance, last autumn, the walls were bursting with amber-coloured maple leaves and red berries. Winter awaited diners with cosy, fairytale-like decorations full of white and silver flowers, pinecones, sparkling stardust, candlelight, and lanterns. Once spring arrived, the terrace changed its look to bright and exotic, highlighting the floral legacy of Sri Lanka. It now looks like a wild botanical garden enchanting guests with pink orchids and red passion flowers against a background of lush green banana leaves, palms, and tropical ferns. Inspiration has come from the 1913 novel *The Village in the Jungle* by Leonard Woolf, who was a member of the famous Bloomsbury Group of English intellectuals.

The menu at *Dalloway Terrace* is also seasonal, and the decorations and kitchen often take inspiration from each other. Right now, the list of exclusive cocktails is bursting with Sri Lankan flavours like coconut flower liqueur and mango-infused Ceylon punch. The classic afternoon tea ritual has been given a new twist with notes of exotic fruits and spices. For dessert, the menu features a mango-coriander tart with pink peppercorn meringue as well as a lychee and coconut cake. Hurry up and take a selfie in front of this brightly blooming background, because summer is sure to bring new colours and flavours.

16-22 Great Russell Street; [dallowayterrace.com](http://dallowayterrace.com)



Photo by Vassilis Kouroumpalos

## THISION OPEN-AIR CINEMA, ATHENS

### The magic of the outdoor cinema

There's no better tool for escapism than cinema. A screening under the starry sky on a warm summer night, surrounded by the sweet aroma of Mediterranean herbs and flowers...

What could be better than watching movies in a place that has been screening films for nearly a century, since 1935? Perhaps only the fact that the cinema is located in a blooming, oasis-like courtyard overlooking the capital's main historical icon, the Acropolis.

Athenians have a strong link with the open-air cinema tradition. The 1960s were a golden age of summer cinemas, and by the 1970s there were more than five hundred of them in the city. Nowadays the digital era has lured away moviegoers, and very many of those cinemas have closed for good. Of those still open, *Cine Thision* is the most intimate, attractive, and beloved. Cherished by locals, it has also regularly featured on various lists of 'the best', with *CNN Travel* even naming it one of the best open-air cinemas in the world.

The cinema is located in the Thisio district, one of the most laid-back areas of Athens. Depending on the weather conditions, *Cine Thision* is usually open until late October. Its garden is filled with beautiful red chairs, and the whole space, including the screen, is framed with greenery. You can purchase famous film posters by the entrance, and the café offers local specialities and refreshments. In order to stay true to the old traditions, tickets can be purchased only in person and on the spot, with no online options available, so better arrive with time to spare. The programme includes new releases as well as masterpieces of classic cinema.

If you want to explore more open-air movie events, follow the news about the Athens Open Air Film Festival. Established eight years ago, the festival takes place all summer long in open-air cinemas, parks, and squares all around the city.

Apostolou Pavlou 7; cine-thisio.gr



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Photo by Grégoire Grange



## LA BOCA FOOD COURT, BORDEAUX

### The first real French food court

Having long been known as the exuberant capital of French wine, over the past few decades Bordeaux has also grown into a cultural and gastronomic centre. When it comes to a lunch break or a proper dinner, it's often hard to choose among the many good restaurants scattered throughout the city. To ease the decision-making, the newly opened La Boca Food Court located near the picturesque banks of the Garonne River offers 14 different independent restaurants under the single roof of a converted and upgraded hangar. Built back in 1938, the building was formerly used as a butchers' hall.

The concept of a major 'food temple', which has previously not been very popular in France, was imported to Bordeaux by the Bidou family, the entrepreneurial founders of La Boca. Indeed, the food court differs from the classic restaurant concept that the French are used to. Here they are invited to join the local community and mix and try out various different gastronomic pleasures in one go. Open kitchens are located around the perimeter of the hall, with the common seating area situated in the middle so that diners can follow the cooking process at all the restaurants. Additional seating is located outdoors. In this convivial atmosphere, try to do as the French do: enjoy eating together with others and sharing your opinions with the people around you, because talking about food in France is as important as choosing a proper wine.

Regardless of the style of cuisine, La Boca focuses on homemade, local, and seasonal ingredients. The food court offers a great range of flavours, from Italian pizzas, Corsican specialities, and Spanish tapas to meats, burgers, and regional seafood counters as well as Vietnamese food and gluten-free organic dishes. There are also a couple of real Bordeaux hits: *Bistrot du Clos* and *La CUV*, which offers a local selection of wines and cheeses. The huge metal tree crowning the lively bar counter at the centre of the hall is a work of art by local sculptor Jean-François Buisson. La Boca also introduces a very practical, 100% cashless payment system. Create a personal account on the special La Boca mobile app, enter your credit card details, and then buy foods with a single gesture in any corner of the food court, saving everybody lots of time standing in line.

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### HOTEL STAMBA, TBILISI

#### Trendy environment to relax and sleep

Like the summer heat, the urban melodies of this vibrant capital in the Caucasus are sometimes overwhelming, so at one point or another you might feel like seeking out some shelter. Having opened just last year inside a 100-year-old printing house, *Hotel Stamba* stands at the intersection of three streets in Tbilisi's bohemian centre. Step inside the loft-like lobby overlooking a five-storey atrium full of verdant plants and trees, and you'll think there's no better place to be in the world. The eye-catching mix of shabby-industrial design and Art Deco glamour is just the beginning. Have a refreshing drink at the lobby's round pink bar and continue on to the inner courtyard to experience another kind of city break.

One part of the courtyard serves as an outdoor terrace for the café. A few steps further, a beamed passageway leads to a small square and a wooden-stepped amphitheatre that reminds visitors of the hotel's commitment to Georgian culture and art. This is now a top spot for events such as public talks and small concerts. At the centre of this improvised square stands a curious artifact: a voltage tower, albeit a decorative one, dating back to the 1970s. Did we mention that a great many plants and trees adorn the whole area: palms, decorative pines, wild grapes, and even bamboo?

Around the perimeter of the courtyard, a multi-room lounge bar is designed to maintain a high level of rest and relaxation late into the night. Adjoined halls also host co-working spots, spaces for artists-in-residence, collaborating studios, exhibition rooms, and the new Photo and Multimedia Museum that aims to expand the frontiers of local artists beyond the country's borders. *Stamba* holds another trump card in its pocket: a glass-bottomed rooftop pool is perched over the hotel's central atrium and will welcome the first swimmers to dive in later this summer. 14 Merab Kostava Street; stambahotel.com

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## GIARDINI DELLA BIENNALE, VENICE

### Green oasis in the Venetian Lagoon

After getting lost in the labyrinth of Venice's narrow streets and trying to not trip over the wheels of fellow tourists' suitcases, a stroll in a peaceful garden sounds more than rewarding. But finding a tree in Venice is sometimes as hard as taking a picture of a street that hasn't been photographed before. The Giardini Biennale, therefore, feels like a breath of fresh, woody air.

The space is guarded by old sculptures and monuments, some covered in green moss or ivy and hidden amongst the bushes, which brings a note of mystery to the Giardini, a park and gardens that serve as one of two main venues for the Venice Biennale. Another local attraction is the cats. They rest in the shadows of elms, sycamores, and poplar trees, lazily ignoring the tourists. The gardens really come alive from May until November, when the art and architecture biennales take place and turn this into a grand open-air museum. Combine an exhibition visit with lunch at one of the special cafés, or have an improvised picnic on your own.

Established by Napoleon in 1811, the Giardini began hosting the Biennale in 1895. The spacious Central Pavilion was built first, and another 29 permanent structures followed, each of them representing a particular country. One of the oldest pavilions belongs to Russia and was built in 1914 by Aleksey Shchusev in a distinctive neo-Russian style. The Austrian Pavilion (1934) reflects the laconic modernist style of Josef Hoffmann, the Venezuelan Pavilion and its light-filled roof were designed by Carlo Scarpa (1954), and the designer of the restrained Finnish Pavilion (1956) with its dark blue wooden walls and triangular supports is none other than Alvar Aalto. The Rio dei Giardini canal divides the gardens into two sections; to enjoy a special view, pop inside the Australian Pavilion (1987).

Designed in 1962 by Sverre Fehn, the horizontal glass-walled volume of the poetic Nordic Pavilion seems to have almost no vertical support elements. Inside, three graceful trees pierce the roof. This creates a unique harmony between the indoors and outdoors, earth and sky, Scandinavia and Venice. Outside, the pyramidal stairs near the entrance serve as a place to simply sit and meditate.

Sestiere Castello; labiennale.org



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The 'SUN TERRACES' project is located right by the sea in the Dzintari neighbourhood – the very heart of the city of Jūrmala. The sound of waves, the gentle rustling of pines, peaceful walks down quiet streets – this is the spirit of Jūrmala, probably one of the most famous and inspiring seaside resort towns on the Baltic Sea...and which also happens to be close to Riga, the capital of Latvia.

The main architectural accent of the complex is its broad terraces from which unfolds a picturesque view of the Baltic Sea, the beach, and pine forests. Just imagine: each and every morning you could come out to the terrace with fresh thoughts and ideas, and watch as the sun rises from the sea and begins its journey westwards, shining warmly as it illuminates 'SUN TERRACES' – wouldn't that be simply wonderful?

Words by **Andrew Mellor**  
 Photos courtesy of Copenhagen Media  
 Center and by *iStock*

Photo by Alona Vibe Westergaard Andersen



The waterfront in Nordhavn, a district of Copenhagen located between Hellerup and Langelinie, right by the Øresund coast and Denmark's largest marina

## SUMMER IN THE CITY

**Copenhagen is the summer city *par excellence*: surrounded by water, full of beautiful pleasure-seekers, alive with music and festivities, and always ready to satisfy with its unparalleled food and drink. And it's all just a few bike pedals away.**

Scandinavians aren't always known for their positive outlook on life. But when it comes to summer, Danes are the most optimistic people on the planet. As early as March, tables start appearing on pavements outside Copenhagen restaurants, and they often remain there until October. After enduring the notoriously cold and grey Nordic winter, natives are keen to squeeze every last drop of enjoyment out of those months when the sun actually appears.

That seasonal contrast is felt across the Nordic and Baltic region, but particularly in Copenhagen, which is an entirely different city when bathed in summer light and warmed by balmy temperatures. Not only is the Danish capital surrounded and crisscrossed by water, almost all that water is certified clean enough and healthy for swimming. Uniquely for a European capital, there are long, clean beaches just minutes away from central shopping areas and attractions. Best of all, at Copenhagen's latitude, the summer sun shines long into the night.

But for the Danes, summer is also about recharging. Many check out of work (and the city) in July, freeing up space for tourists and flooding the accommodation market with *AirBnBs*. While that can result in a general slow-down and lack of live events and entertainment (some shops and restaurants close in July, too), it makes Copenhagen's trendiest haunts all the more accessible for visitors. So, for that matter, does Copenhagen's standard method of transport: the bicycle. Most hotels offer bikes for rent and so do cycle shops such as *Copenhagen Bicycles* ([copenhagenbicycles.dk](http://copenhagenbicycles.dk)). If you have a credit card, look for the white electric bikes available to hire by the hour and stationed all over the city.



The canals of Christianshavn

Photo by Astrid Maria Rasmussen



Bridge Street Kitchen

Photo by Martin Kauffmann



Photo by Daniel Rasmussen

A sailing trip with GoBoat

### GET ON THE WATER

The best way to see Copenhagen bathed in sun is by boat, and the best kind of boat is one you can drive yourself. It costs around DKK 450 (around EUR 60) per hour to hire a solar-powered GoBoat, which accommodates eight people and is proudly 'unsinkable'. It's a Copenhagen tradition to attempt to prove that claim wrong – mercifully nobody has succeeded yet. The central design element of a GoBoat is a large picnic table, so don't forget to stock up on snacks, beer, and wine (soda for the driver, naturally) before you set sail. Head up to the bustling harbour area between Copenhagen's Opera House and Playhouse before taking in the canals of Christianshavn and Slotsholmen. GoBoats can be booked and boarded from the Harbour Bath at

Islands Brygge (goboat.dk). Their slightly cheaper equivalent, FriendShips, are stationed at Tranegravsvej 1 on the way to the Opera House in Christianshavn (friendships.dk).

If you don't trust your sea legs, there are plenty of ways to enjoy Copenhagen's waterways while remaining on terra firma. One of the best is also the most famous: the colourful wharf at Nyhavn, just off Kongens Nytorv, the city's main square. Top tip: if you want the best view and the most space, head to the opposite side of the harbour from all the colourful buildings and restaurants. Take your own food and drink – there are plenty of shops nearby, and public drinking in Copenhagen isn't so much legal as positively encouraged – perch on the wharf's edge with your feet dangling over the edge, and drink it all in.

Around the corner from the tip of Nyhavn is the Royal Danish Playhouse – a light, bright building that won a major architecture award when it opened in 2011. The wooden decking that surrounds the theatre is an excellent place from which to survey the harbour, but so is the glass-walled foyer, which also has a first-rate café and is an excellent place to hang out on the harbour side if the weather is less than perfect.

Directly across the water is one of Copenhagen's most atmospheric summer districts: watery Christianshavn. The new Inner Harbour Bridge leads you straight to Bridge Street Kitchen, a perfectly positioned patch of street-food outlets and bars nestled on the edge of the district. Around the corner, the miniature harbour at the North Atlantic House has become a favourite hangout, with wooden benches leading down to the water's edge. This peaceful little inlet is surrounded by smart cafés and restaurants as well as a supermarket for those on a budget. From there, you are well placed to have a dip...



Cap Horn restaurant in Nyhavn

© Restaurant Cap Horn

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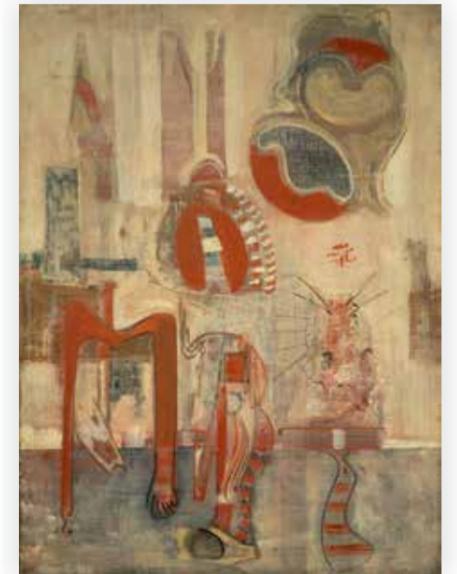
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Mark Rothko, **ROOM IN KARNAK**  
1946, oil on canvas, 94.9 × 69.9 cm  
Collection of Christopher Rothko

Photo by Astrid Maria Rasmussen



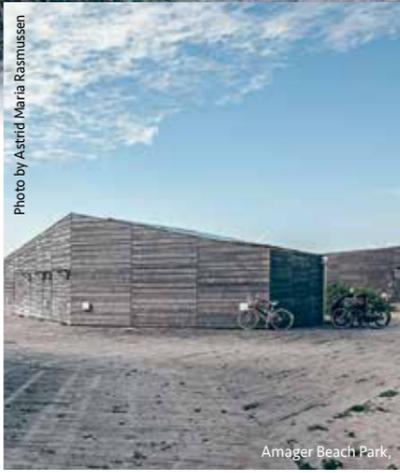
Amager Beach Park, which consists of a two-kilometre-long artificial island forming a lagoon with kid-friendly areas and a long, open, sandy beach

Photo by Astrid Maria Rasmussen



Islands Brygge Harbour Bath

Photo by Astrid Maria Rasmussen



Amager Beach Park

**GET IN THE WATER**

All the water in Copenhagen harbour is certified for swimming, but if you consider yourself a budding Michael Phelps, then be warned: the authorities discourage individuals from swimming too far out into the paths of boats and ships. Best stick to obviously accessible swimming points (easy to spot, as others will be using them) and stay close to shore. Alternatively, head for the deep canals that surround the Opera House and flow into Christianshavn, where the water is calmer, shallower, and warmer.

There are some official swimming spots in the harbour, where natural water fills man-made pools. The most popular is the Harbour Bath (Islands Brygge 14), which is ideal for children with its diving boards and smaller

pools. The Harbour Bath is also the gateway to the summer hangouts that line the parks this side of the harbour, where you can often catch live music and organised sports activities. Alternative harbour baths can be found at Fisketorvet (Kalvebod Brygge 55, right next door to Copenhagen's biggest shopping mall and cinema), Sluseholmen, and slightly north of the city at newly trendy Nordhavn just opposite the mainline station.

Copenhagen is unique among European capitals in boasting excellent beaches within the city limits, each with minimal tides and warmer water than you'd expect. From Kongens Nytorv, you're less than ten minutes to the Amager Strand metro stop. Amager Strand is an area that has thrived in the past few years. It's a public man-made beach complex including a beach park that fills with mobile food outlets on summer evenings. There are excellent views over the water dividing Denmark and Sweden – and its now-famous bridge – as well as fields and dunes for barbecuing, a lagoon for watersports, and long stretches of sandy beach, which means you're never stuck for a spot to settle down. Take the metro to Amager Strand and follow the crowds for the short walk east to the beach and lagoons.

If Amager Strand is where most south-Copenhagengers get their fill of the seaside, well-heeled north-Copenhagengers head for one of the legacy resorts on the coast north of the city. The most popular is Bellevue, a mecca for design hunters as well as sun-worshippers that's just a short S-train ride from any town-centre mainline station (get off at Klampenborg). This small seaside conglomeration is awash with design gems from the legendary Danish architect Arne Jacobsen: his elegant lifeguard towers line the beach while his stunning Bellevue Theatre – the centrepiece of the Bellevue Residential Block, opened in 1956 – overlooks it from the other side of the road. The theatre, and notably its wooden seating, is a masterpiece of Danish functionalism and is best seen from the inside. See a show, or book a guided tour for around EUR 13 (bellevueteatret.dk).

Photo by Büro Jantzen

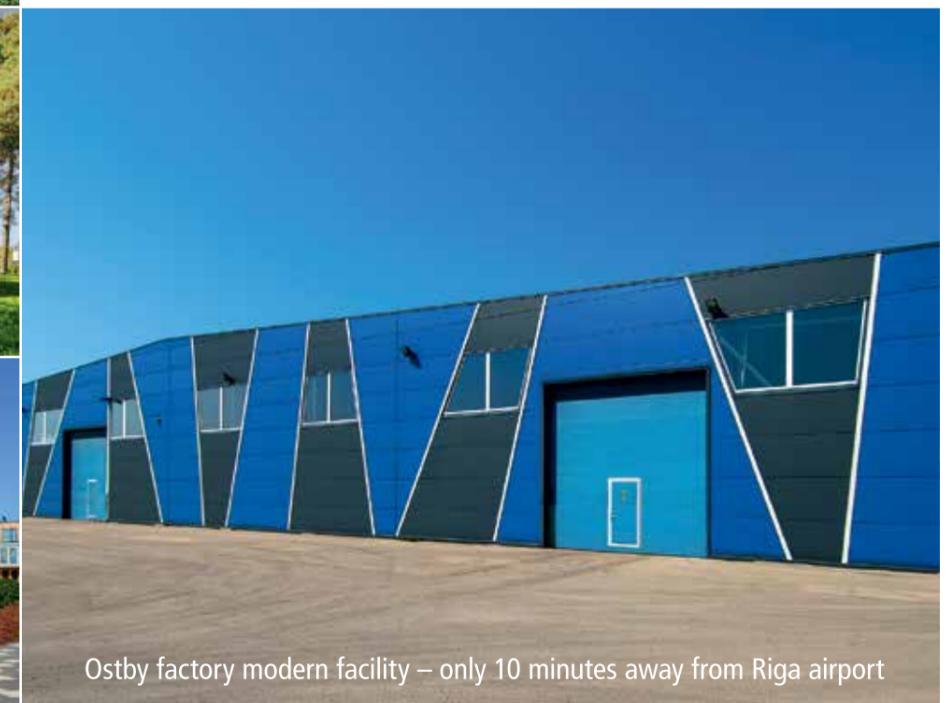


A promenade at Svanemølle Beach, which follows the coast between Nordhavn to the south and Tuborg Havn in Hellerup to the north



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Photo by Astrid Maria Rasmussen



A view of Refshaleøen Island, a former industrial area that was once home to one of the world's largest shipyards

Photo by Martin Kaufmann



Now Refshaleøen is a playground for creative minds and street-food enthusiasts



Copenhagen's meatpacking district, which in recent years has turned into a creative cluster

Photo by Martin Helberg

**EATING AL FRESCO**

Copenhagensers may have turned cosy, candlelit restaurant dinners into an art form, but they've done great things for outdoor eating, too. In the summer, the classy but down-to-earth restaurants of the former Kødbyen meatpacking district sprawl onto the surrounding parking lots, making for urban al fresco eating that's anything but cramped or awkward. The cuisine in Kødbyen ranges from pizza to Indian to New Nordic – *Kul*, *Fleisch*, *Magasasa*, and *BollyFood* are highly recommendable, though you'll find great food almost everywhere. Booking is advisable, and the area fills up with revellers into the night, so you can easily convert your evening from fine dining into hard partying.

The street-food craze took the Danish capital by storm some years ago, and

while the much-loved Papirøen (Paper Island) food market is no more, plenty of alternatives have sprung up. On a different scale from the bijou Bridge Street Kitchen, and a kilometre or two further north, Reffen is the new home of Copenhagen Street Food. On the tip of the former industrial district of Refshaleøen, it's not particularly accessible from the city centre – all the more reason to make an evening of it.

Reffen's multiple bars and food outlets are open till late, and you can eat and drink long into the night in the surrounding open spaces, which offer views across the water to Nordhavn and south towards the city. There's very much a party vibe here on weekend evenings in particular, but that doesn't stop Copenhagensers heading here *en famille*, with toddlers or babies in tow. To get there, take bus 9A from the central station or, even easier, hop on one of the yellow harbour taxi boats at Nyhavn, Islands Brygge, or the Opera House (reffen.dk).

One of the best hacks in pricey Copenhagen is to save cash by making a picnic. When the weather is good, locals tend to take their own food to Kongens Have, the elegant 17<sup>th</sup>-century park surrounding Rosenborg Castle that used to serve as the royal vegetable garden. Alternatively, grab a disposable barbecue and head to Fælledparken, the huge city park that adjoins the national football stadium and where anything goes: ball sports, parties, and a general celebration of summer in the city (it's particularly popular with hen parties). Away from the hubbub, take a restorative walk in the Botanical Garden (botanik.snm.ku.dk) or the shaded Ørstedsparken, or head to Frederiksberg Have, where one particular corner juts out into the elephant house of Copenhagen Zoo and from which you can watch the elephants for free. Further afield, Dyrehaven – the former royal deer parks north of the city – offers wonderful sweeping meadows and atmospheric woods for walking and are conveniently close to Klampenborg and the beach at Bellevue.



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Amager beach park



Tivoli Lake



Ofelia Plads

**SAVE THE DATES!**

Copenhageners make the most of their light-filled summer evenings, which stretch almost to midnight in May and June. On June 23, Denmark celebrates Sankt Hans Aften, or Midsummer Night, with bonfires throughout the city. The best place to watch them is in Christianshavn, where bonfires float on the canals and live music surrounds them. There's always an excellent party at the *Christianshavn Boat Rental and Café* where Torvegade crosses the canal.

Europe's prettiest amusement park, Tivoli Gardens, is a summer must-do. When the sun shines, Tivoli puts on the most magical of shows as marching bands mingle with its exotic peacocks and guinea fowl. Summer Fridays mean rock concerts on the main outdoor stage – free if you've already paid the

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park entrance fee (around EUR 18) – with a lineup including Tom Jones, Jason Derulo, and Danish superstar Mø.

You're just as likely to encounter world-class performances in unexpected places. Every August, the CPH Opera Festival (August 1–10) takes opera away from traditional theatres and presents it on streets, boats, and even bicycles. The festival has had a new injection of energy since Copenhagen's Peter Lodahl took over as artistic director in 2017, and while details of this year's performances were unconfirmed at the time of going to press, keep an eye on the website for details ([operafestival.dk](http://operafestival.dk)).

Throughout summer, performances take place on the city's newest outdoor stage at Ofelia Plads, on top of an underwater car park at the harbourside just north of the Playhouse. Stars from the Royal Theatre appear here regularly. A city favourite has always been Copenhagen Summer Dance, a showcase presented by the Danish Dance Theatre from August 9 to 11. It's a free and immensely popular event from this acclaimed contemporary dance troupe, which usually invites friends from all over the world to participate, so be organised about reserving tickets in advance ([danskdanstheater.dk](http://danskdanstheater.dk)).

These performances are only possible given the length of Scandinavian summer days. The evening light gives evenings from May to September a beautiful, yellowish tint that metamorphoses into spectacular sunsets, which can seem like a performance of their own. One of the best places to watch the sunset is from the mounds of the Kastellet, or Citadel, the old fortress northeast of the palace at Amalienborg. Another is the series of mounds behind the commune at Christiania, overlooking Stadsgraven, the wide moat that separates Christianshavn from the rest of the island of Amager. There's nothing quite like the festival of pale oranges and yellows that, on a good day, fills the sky at sundown. **bo**

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## EUROPE WITH KIDS IN TOW

Many readers probably remember the days when planning a vacation was as easy as getting out of bed, booking tickets, and heading to the airport. Well, that was life before kids. Family travel is no joke. It's perhaps one of the most challenging but also rewarding experiences. *Baltic Outlook* chatted with four Latvian *Instagram* mums about taking their kids on trips around Europe.

Words by Līga Valko  
Photos by *iStock* and courtesy  
of Inga Kalniņa, Santa Pilēna,  
Dace Alpa, and Marta Marija Sprōģe





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**PARIS**

**Santa Pilēna**

An artist who also runs the *Modernists* architecture studio and boutique champagne shop/bar in Riga together with her husband.

Children: Maija (12), Andrejs (8), Frīda (2), and Ķertrūde (9 months)  
instagram.com/kidsgazette



Paris is one of the best destinations for families with children, as it has the perfect balance of culture, sightseeing, and museums. The city is extremely diverse and offers lots of brilliant child-friendly activities: the nature museum for little researchers, the science museum for budding scientists, catacomb tours for those who like mystery and a bit of a scare, and an opera tour for young ballerinas. ‘And I haven’t even mentioned the art museums,’ says Santa Pilēna. ‘The choice is grand!’ Her children are very fond of the Museum of Natural History (57 Rue Cuvier) and the Cité des Sciences et de l’Industrie (30 Avenue Corentin Cariou), Europe’s biggest science museum.

Metropolitan cities like Paris, London, Rome, and even Venice are even more stunning without tourists. So wake up early and walk around before the crowds come out – you’ll be amazed at how different and magical the city is at that hour. Have a picnic and watch the sunrise at the Trocadéro near the Eiffel Tower – the view is unforgettable!

Outside Paris, the favourite destination of Pilēna’s family are the fairytale-like Gardens of Versailles, created by Marie Antoinette. Disneyland is obviously a dream for every child, but it’s more suitable for those who have already reached the age of five or six.

There are many legendary boulangeries, pâtisseries, and chocolateries in Paris. For example, *Debauve & Gallais* (30 Rue des Saints-Pères) in the 7<sup>th</sup> arrondissement earned its reputation by supplying Napoleon Bonaparte and the French royal families with chocolate. There’s also an annual award for the best croissant in town. ‘Once, we bought chocolate at five different places, organised a tasting, and picked a winner. Similar tastings can be done with croissants, baguettes, or macarons. For adults, I recommend trying different terrines – our favourite is from *Gilles Verot*,’ says Pilēna.

Plan for a balance of activities every day: a museum, fun activities for the children, food breaks or picnics. But don’t plan out everything from A to Z, because just walking around the city is wonderful enough. Be aware, however, that many places in Paris close during the month of August.

Paris is big and small at the same time. You can use the metro, *Uber*, or just discover the city on foot. ‘I usually plan the day and activities around four districts in order to walk more and avoid having to take any means of transport. The weather in Paris varies, so an umbrella can come in very handy.’

**Must see**

There are many parks and recreation areas in Paris. The Jardin de Luxembourg has playgrounds and traditional sail boats that older kids can rent and launch in the duck pond, like children did a century ago. The Parc Floral de Paris in the Bois de Vincennes has an extra-special atmosphere with a great variety of plants. Here you can rent a family bike and take a ride on the paths.

**Where to eat**

Paris has many child-friendly restaurants and cafés, but your children need to know how to behave. The French adhere to their dining etiquette! For the essence of French style, have breakfast at *Plaza Athénée* (25 Avenue Montaigne). For an on-the-go breakfast, head to *Le Pain Quotidien* (2 Rue des Petits Carreaux). At some point during your trip you should try some crêpes or a *café gourmand* (espresso served with small portions of desserts). If kids love pasta, don’t miss *Mamma Primi* (71 Rue des Dames). Unfortunately, reservations aren’t accepted.

**Things to bring back home**

*Ladurée* macarons, art postcards from museums, kids’ books about Paris. You can also find great deals on top designer brands at *Bonton Filles du Calvaire* (5 Boulevard des Filles du Calvaire) for children and at *Merci* (111 Boulevard Beaumarchais) for their parents.



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## LONDON

### Inga Kalniņa

A lifestyle blogger, mum, wife, gourmand, and author of the cookbooks *Pilnām mutēm* and *Pilnām mutēm: Pavārburtnīca bērniem* for very young children

Children: Grēta Teodora (5) and Florence Roze (2)  
instagram.com/lepetitpot.lv



Photo by Liene Pētersone

‘Living in another country for a short time wasn’t too bad an idea,’ says Inga Kalniņa, who joined her husband in London when he was working there for a while. London is definitely a great destination for children of all ages. However, it’s a huge and fast-paced city, and the streets get very crowded. Therefore, it’s better to travel to London when the children have grown a bit and can walk on their own without much fuss.

‘There’s so much to see in the city,’ explains Kalniņa. Of course, there are the mandatory English classics such as Buckingham Palace, Tower Bridge, Piccadilly Circus, the London Eye, the Natural History Museum, the oldest toy store in the world (*Hamleys*, 188-196 Regent Street), and so on. ‘To see the changing of the guard at Buckingham Palace was impressive,’ Kalniņa remembers, ‘but not catching sight of the prince or princess was sort of a disappointment.’

Riding a red double-decker bus, the Tube, or a classic-style taxi is another memorable experience. If you’re planning to use public transport, find out more about the Oyster Card offers. Also, check out the *Mobike* bike sharing/rental app and the *Trainline* app for getting to and from the airport. But it’s probably best to walk as much as possible and keep your eyes open when moving from one museum to another. By the way, museums in London are free for children up to a certain age. However,

Kalniņa believes it’s often more interesting to just become part of the normal rhythm of another city rather than visiting museums. Going to the local grocery store or the market seemed a very special experience for her girls and totally different from what those activities are like back home.

When travelling with small children, stick with their daily routines as much as possible and avoid over-scheduling. Your little ones will be happier if they’ve eaten and slept well. When planning your day, always leave plenty of time for the kids to get out of the stroller, run around, and play. No special attractions necessary, just a park and fresh air. For Kalniņa’s girls, one of their favourite activities was spending hours watching the squirrels, ducks, and geese in London’s great parks.

From a practical point of view, think about clothing and dress the children in layers – like an onion. The weather is tricky in London: it can be very cold in the morning, warm during the day, and rain is always a possibility. While the kids are small, it’s smart to bring along a stroller, Kalniņa says. ‘For me, the best thing was to have a heavier sport stroller for the little one and a stroller board for her big sister.’ Of course, always bring a rain cover, water, snacks, and favourite toys.

#### Must see

Take the kids to a musical and see London by night. Without a doubt, *The Lion King* is at the top of the list.

#### Where to eat

Trust your senses and try out the different cuisines offered, because London is the place where you can find everything. For restaurants, use the *OpenTable* app to book a table. *The Riding House* (43-51 Great Titchfield Street) is our favourite. It’s a lively restaurant filled with bubbling conversations, good food, and an atmosphere we like. But this is just one of many, many options.

#### Things to take with you on a trip

If there’s anything you forgot to pack, you can always find a replacement at a store in London. But do make sure you have the following things along: comfortable walking shoes for the kids and yourself, travel insurance (including the free EHIC card), and a first aid kit for the whole family.



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'The family vacation took us to Spain, because of the warm weather in autumn and the rich harvest of fruits and vegetables. And Barcelona is a relatively close destination to fly to with children,' explains Marta Marija Sproģe. When children are still quite young, taking a trip is usually about getting away and having a break from the hustle and bustle of the city. The Sproģis family flew to Barcelona with *airBaltic's* direct flight and then headed to Cap Salou.

This small town is a perfect destination with a series of small, beautiful beaches that aren't full of tourists. You can rent an *Airbnb* apartment in Cap Salou and take local buses to get to nearby towns. 'Tarragona and Cambrils are some of the most memorable places we saw while travelling around,' says Sproģe.

In the second half of their trip, when the children were ready to stroll big-city streets, the family conquered Barcelona. The beautiful and historic Parc de la Ciutadella is home to the city's zoo and boasts children's playgrounds, boats, waterfalls, and castles. No trip to Barcelona is complete without the Sagrada Família. When planning your visit, buy tickets online before your trip.

Another place to see is the colourful fountain show accompanied by music in the Plaça Espanya. Take



the elevator in front of the shopping mall up to the rooftop for a spectacular view overlooking the city and the fountain. Check the timetable online, because the Magic Fountain Show hours depend on the season.

When travelling with kids, go with the flow and don't set a strict schedule. Enjoying every moment together is something that matters. The small streets of Barcelona's historical centre require a lot of walking, but here you can see some remarkable architecture and the unique buildings designed by the famous architect Antoni Gaudí. Public transport in Barcelona is very convenient; save money and buy a ticket for several rides. For a break, stop by any of the small cafés or shops or spend an afternoon at Barceloneta Beach...although be ready to face crowds of people and noisy food vendors.

The town of Sitges is an hour's bus ride from Barcelona. It features white and pastel-coloured buildings, narrow streets, and a beach full of beautiful sea shells. For lunch, stop by *Spice Garden*, a recently opened vegan restaurant with high-quality food and modern design.



## BARCELONA

Marta Marija Sproģe

A full-time mum of five, homeschool adventurer, and musician

Children: Gabriela Gaisma (13), Sāra Marija (8), Viktorija Marta (6), Pēteris Vīlps (4), and Skārleta Anne (3 months)

[instagram.com/marta.marija.sproge](https://www.instagram.com/marta.marija.sproge)

### Must see

Stroll along La Rambla and visit the world-famous Boqueria Market to experience the spectacular colours and delicious foods.

### Where to eat

Because Sproģe and her family adhere to a plant-based diet, the *Veggie Garden* (Carrer dels Angels, 3; Gran Via de les Corts Catalanes, 602) restaurant was a great discovery – fantastic vegan food at affordable prices. For a date night, book a table at *Flax & Kale* (Carrer dels Tallers, 74b). Get a good coffee and avocado toast at *La Masala Café* (Carrer d'En Mòneg, 6).

### Things to take with you on a trip

Comfortable backpacks for the whole family, comfortable footwear, snacks, a water bottle for long walks, and a jacket for chilly evenings.

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'I had never been to Legoland or Disneyland, and neither had my husband – they were like an unfulfilled dream from our childhoods,' admits Dace Alpa. Now that they're parents, they travelled with their children to *Lego's* hometown of Billund and embraced their inner child. 'And it was so worth it!'

On their way to their hotel, the Billund Horse Track (Nordmarksvej 1) took the family by surprise. More than 50 horses were racing that day! For their youngest child, this was the first time he had seen horses in real life.

Billund is small, and all of the theme parks are in close proximity to each other and easily reached on foot. However, travelling with a toddler in tow might make it feel like the sights are spread quite far apart. If you have the chance, Alpa definitely recommends renting bicycles.

There are three places everyone must visit in Billund: Legoland, the Lego House, and Lalandia, Scandinavia's largest water park.

Legoland lives in its own world, completely different from the rest of Billund. Here the miniature *Lego* cities, the replica of Billund Airport, and the *Star Wars* X-wing starship are absolutely stunning. 'You have to go and see them for yourself, because photos don't reveal the whole picture,' says Alpa.

At the time of their visit, Alpa's son was only a year and a half old and was too small to go on the rides and enjoy all the fun. Legoland is most exciting for children who have reached the age of about five or a height of 120 centimetres, although most of the rides accept children who are 110 centimetres tall. The most memorable experience for Alpa's family at Legoland was the Flying Eagle ride, which they ended up going on several times. Even though it was early spring when they visited, the theme park was full of visitors and families, and waiting in line to get on Sibilla's favourite roller coaster took a good half an hour.

The Lego House is another adventure that offers a variety of creative experiences. It has two exhibition areas, four playgrounds, and the house's different zones are colour-coded: red for free-building, blue to put cognitive skills to the test, green for role play with different characters, and yellow to explore the emotions. Children and their parents can play with over 25 million colourful building blocks and bricks to build their own *Lego* figures, race cars, animals, etc., etc. **bo**

**Must see**

Lalandia is reminiscent of Las Vegas and Caesars Palace, and its Monkey Tonky Land features slides and climbing frames.

**Where to eat**

At Legoland, there are plenty of ice cream stalls as well as eateries with healthy and delicious food options.

**Things to take with you on a trip**

When planning your trip, look for online promotions and deals for entrance tickets to theme parks. For Legoland, purchase Q-Bot Express or Ultimate tickets to reduce your waiting time for rides and attractions. Remember to bring swimsuits (parents, too!) for Lalandia and a stroller for the little one to get around town easier.

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Words and photos  
by Arvids Barānovs  
([eaglewoodphotography.com](http://eaglewoodphotography.com))

## HIGHLANDS OF ICELAND

A demanding yet rewarding trip to probably the harshest, most 'away from it all' place in Europe will leave nobody unmoved, says Arvids Barānovs, a Latvian photographer recognised this year by the prestigious Sony World Photography Awards. He shared his most vivid impressions with *Baltic Outlook* and also some practical recommendations for how to enjoy the Highlands of Iceland.



▲ The deeper one travels into the Highlands, the more there is to discover. Sure, you'll need a good 4x4 car, the skill to handle it (or better yet, a guide), and to check with a ranger about road conditions, but it's so worth it. Also, dress accordingly, even in summer: thermal underwear, a windstopper, and a rain coat are your friends. And if you don't like the weather, just wait five minutes.

◀ Iceland is dotted with geothermal pools and hot springs, some large and many small and secluded ones that require some good navigation skills to find. Nothing beats a dip in warm water when it's dreary and cold outside. Expect a bit of a sulphur smell, but rest assured, the water is cleaner than most anywhere else on Earth. Don't drink it, though, as this gentleman is demonstrating.

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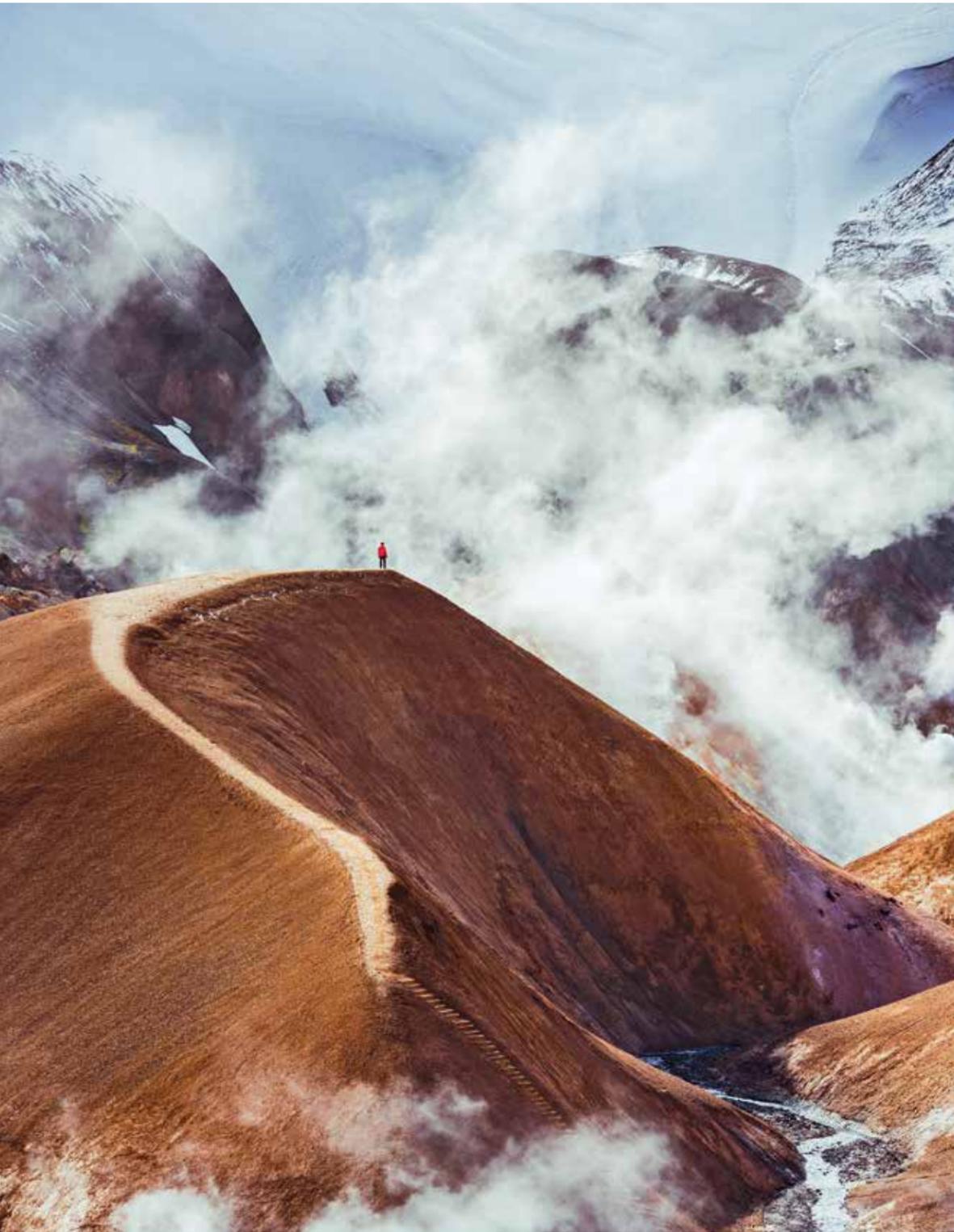
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▲ This is the Hveradalir geothermal area in the Kerlingarfjöll mountain range. It's located in the Highlands – almost at the very centre of Iceland – and is part of a large volcano system. The area is characterised by steaming geysers, boiling mud pots, and colourful rhyolite mountains. Hiking here is an otherworldly experience. But beware of the slippery and sticky clay and never wander off the path! By the way, it was this picture that was recognised by the Sony World Photography Awards as the best photo in the national category.

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## Liepāja

### Plan your destination!

#### JUNE

- 8.06. Summer concert season opening with funky jazz band ELECTRO DELUXE
- 14.06. Liepāja Theatre premiere CHERRY GARDEN
- 21.–23.06. Summer Solstice and LĪGO celebration in Liepāja and surroundings
- 27.–29.06. Events series LIEPĀJA – THE CAPITAL OF LATVIA

#### JULY

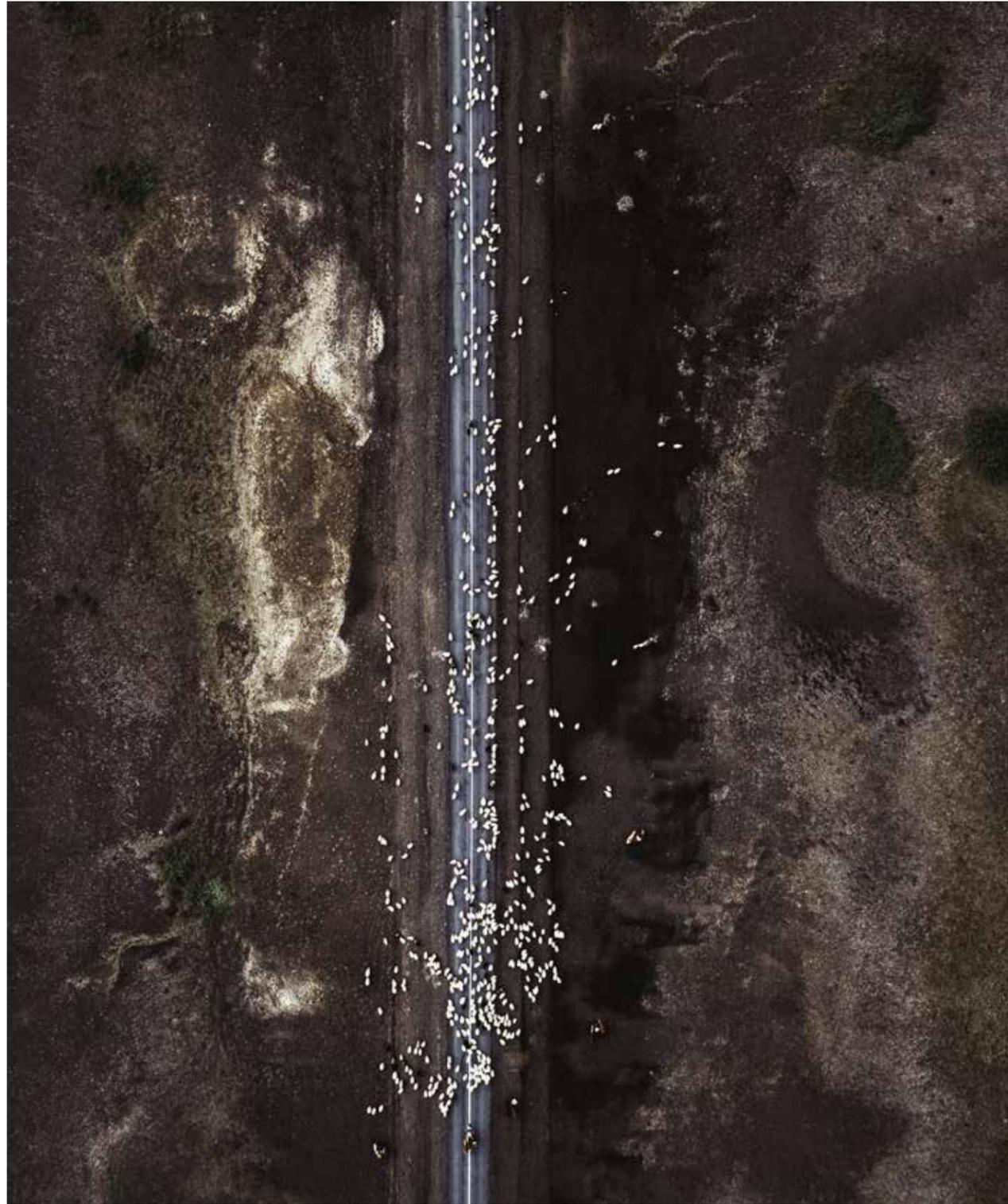
- 6.07. The soul of blues EUGENE concert
- HIDEAWAY BRIDGES
- 13.07. SEA FEST and FISHERMEN FEST in Liepāja and surroundings
- 19.–21.07. BB SUMMER JAM wake-boarding contest
- 20.07. BRAINSTORM band concert
- 27.07. Opening concert of LIEPĀJA SUMMER festival
- ROCK BALLADS

#### AUGUST

- 2.–3.08. Music festival SUMMER SOUND
- 3.–23.08. Liepāja Symphony orchestra festival
- LIEPĀJA SUMMER
- 10.08. Jazz diva SHAYNA STEELE & LATVIAN RADIO BIG BAND
- 31.08. International ANCIENT FIRE NIGHT

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▲ September in Iceland is the month of Réttir, a nationwide roundup of sheep from the mountains and valleys. The ancient tradition involves spending days on foot, in the saddle on Icelandic horses or on ATVs, followed by a grand party at which friends, family, and neighbours come together to play music, picnic outdoors, and help each other corral the sheep.

Arrival & Transfer passengers travelling from Schengen countries are also allowed to shop

# JUNE

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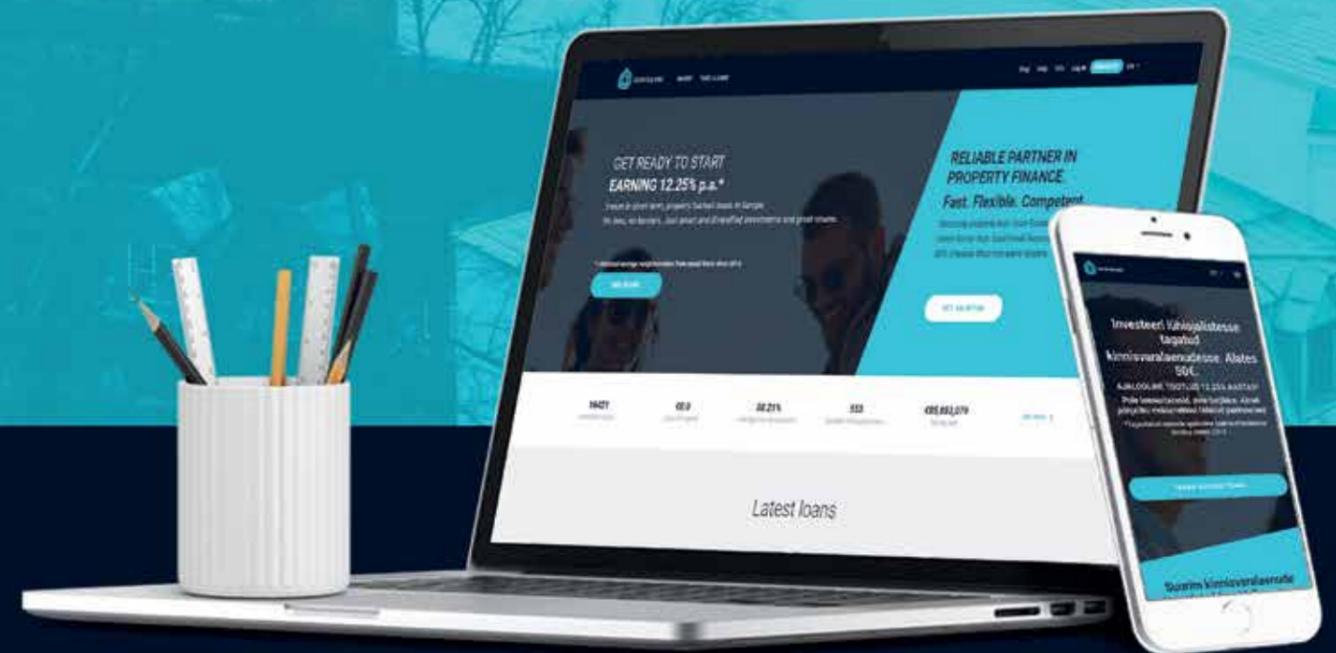


▲ Landmannalaugar is a vast area of stunning beauty in the Fjallabak Nature Reserve in the heart of Iceland's southern highlands. Throughout summer, it is one of the most popular places for hiking. One can either take on the iconic multi-day Laugavegur trail or choose from a multitude of shorter hikes that lead over raven-black lava fields to volcano craters, mountain peaks, lakes, hot springs, and colourful rhyolite slopes. A 4x4 is required to reach this area.

◀ There are about 800,000 sheep on the island and only 338,000 Icelanders. In summertime they are scattered all around the island and can be found everywhere except on the glaciers. Be careful when you see sheep close to the road – they have a mind of their own and can jump in front of your car without warning.

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▲ Follow these driving tips for the rugged and beautiful F roads in the Highlands of Iceland. You must drive a 4x4 vehicle. Check road conditions at [www.road.is](http://www.road.is). Drive slowly and be aware of the possibility of very bad gravel in front of you. Never cross a river that you would not want to wade across on foot. There are no petrol stations apart from Hveravellir, so make sure you fill up! And always remember that driving off-road is strictly forbidden. **bo**



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ALCOHOL USAGE HAS A NEGATIVE IMPACT.  
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ALCOHOLIC BEVERAGES TO MINORS IS PROHIBITED.

Words by Olga Dolina  
 Photos courtesy of Georg Roske and George Fakaros

# RUSTIC PARADISE

Join *Baltic Outlook* for a summer voyage to the idyllic island of Kos, and stay at the lavish village-like retreat *Casa Cook Kos*.



For the second season in a row, this sea-embraced, adults-only, five-star residence welcomes guests to enjoy the serenity of this Greek island and a whole range of Mediterranean pleasures. *Casa Cook Kos* looks like an independent Aegean seaside village surrounded by white rolling dunes and picture-perfect mountains in the distance. Nonetheless, it conveniently neighbours the town of Marmari.

An international creative team of architects from *Mastrominas ARChitecture*, interior designer Annabell Kutucu, and the Berlin-based agency *Lambs and Lions*

worked to create this 100-room vacation residence whose visual appeal merges with the sun-kissed landscape and embraces the local culture, lifestyle, and architectural traditions. To highlight Greek hospitality and their joy of socialising and sharing, the architecture includes the concept of *paréa*, a special common dining zone in the restaurant with an open kitchen where guests can feel like they're part of a big family.

Spend the day on the beach, by the long turquoise pool with other vacationers, or indulge yourself at the spa centre and outdoor yoga terrace.



MODEST



TRADITIONAL

▲▲ The surrounding nature blends into a set of modest, minimalist white cube-like architectural forms that call to mind typical century-old Greek buildings. The plain appearance of the low one- and two-storey concrete structures is balanced by a full range of natural materials inside.

▲ The whole infrastructure at *Casa Cook Kos* is an homage to the traditional Greek village: four buildings housing administrative and leisure functions such as the reception desk, bar, and library frame the main central square. Their forms, as well as a web of narrow paths between the individual houses, external staircases, and appealing small gardens and patios, resemble the layout of a typical Aegean settlement.



## SERENITY

▲ Throughout the retreat, a rich variety of olive trees, palms, and pines create a paradise-like sense of serenity. Soft pastel shades and high ceilings enhance the calming atmosphere for guests. The understated design reflects *Casa Cook's* guiding mantra: to let go, reboot, and celebrate life's simple things.

► Fine handcrafted accessories, rough natural textures, and tropical accents stand alongside clean-lined mid-century modernist furnishings. The overall design exudes quality and introduces a sense of complementary modernity that is both refreshing and authentic.



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▲ All five room types, which range from Double Standard to Villa Suite, have their own private terrace, rain showers, and wireless *Marshall* speakers for a perfect vacation soundtrack. For relaxing and comfortable sleep, every bed is equipped with a natural *Coco-Mat* mattress.

► In a nod to the island's traditional decor, the interior elements are made of natural, down-to-earth materials such as straw baskets and lampshades. The industrial touch provided by the stone walls adds contrast to the rural, solid wood furniture. **bo**



RURAL



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Words by Normunds Avotiņš  
Publicity photos and courtesy of the Ministry  
of Transport of the Republic of Latvia

## 'I'M DRAWING...'

Latvian engineer,  
constructor and racecar  
driver Andris Dambis  
builds electric vehicles that  
can literally touch the sky.



Andris Dambis before  
leaving for the annual Pikes  
Peak Challenge.

'I'm drawing...?', replies Andris Dambis, Latvia's most famous automotive engineer, after a brief pause in our conversation. We are sitting in his office at a long table at which incredible projects have come into creation: racing cars for the legendary Dakar rally raid, the electric car that set a world record for electric vehicles on the Pikes Peak International Hill Climb race in Colorado (USA), a just-as-electric drag racer, and, just recently, a 100% electric municipal bus that is about to take over regular routes in Latvia. All of the above have been invented, designed and, in most cases, also built in an unpretentious-looking complex of white buildings in the city of Ogre, Latvia, forty kilometres from the capital Riga.

A quarter of a century ago, Dambis founded the *Ogres Servisa Centrs* (OSC) automotive service in order to make some money in the car repair market – a field

that has always been ripe for the picking in Latvia. Although Dambis had been participating in car races since the 1970s, back then he had no idea that soon he would be building cars that would be competing on the same level as teams from the leading car manufacturers, and that one day he would become a recipient of the city of Ogre's highest honour. Then again, who in Ogre at the time could have guessed that someday *airBaltic* would name one of the newest planes in their fleet on behalf of their city?

Although Dambis' easy-going manner hides it quite well, much like every

motorsport enthusiast he has always been driven by ambition and the thrill of victory – in his case, the passion to build something unprecedented and for it to be the best. In the nineties, as a racing driver he soon realised that an original racing car design would give the greatest chance of winning. I still remember my jaw literally dropping when, in the pits, I first saw the modified Porsche that Dambis and his mechanics had built. Back then only very few people in Latvia had the ability to do something like that. 'You have to believe in what you're doing from the heart, only then will you be able to realise it. My main objective is to create something new – to be the first,' said Dambis in an interview with the newspaper *Latvijas Avīze* at the time. In 1996, he was the first Latvian to place in a European race. Andris Dambis has also been Latvia's national autocross champion three times.

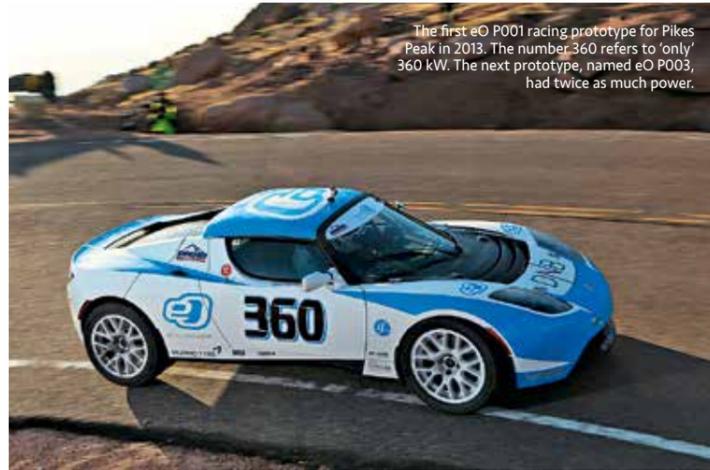
The development of uniquely constructed racing cars at OSC rose to a new level in the early 2000s, when wealthy Latvian businessmen wanted to make their mark on the toughest car race on the planet – the Dakar Rally. Soon after taking on the project, Dambis came up with the idea of building an original racing car prototype that would be equivalent to those being built by the factory teams, but more durable and less expensive. And that's how the rally raid legend from Latvia – the OSCar – came to be. Although the cars were equipped with ready-made engines, transmission components, shock absorbers and other parts, the whole design was actually completely original and made according to the latest standards for rally raid cars. Several generations of OSCar models were developed between 2005 and 2012, and the designer himself participated in races as both pilot and co-pilot. OSCar

The eO Pikes Peak Hill Climb supercar has seven electric motors, 1190 kW of peak power, and originally designed eO controllers.

The most famous edition of the fifteen OSCar rally-raid cars built, the electric OSCar eO in South America in 2012.



The first eO P001 racing prototype for Pikes Peak in 2013. The number 360 refers to 'only' 360 kW. The next prototype, named eO P003, had twice as much power.



models have raced countless times in Dakar and elsewhere, including with foreign crews (e.g. Lithuania), yet Dambis still holds the record for the highest score received by a Latvian crew in the incredibly harsh test of strength and endurance that is the Dakar Rally – 26<sup>th</sup> place in the overall

### The zenith of the Dakar Rally car project became the electric rally-raid model OSCar eO

rating for the cars class. This is a great achievement for the notorious two-week-long rally raid in which at least half of the participants never even reach the finish line.

The zenith of the Dakar Rally car project became the electric rally-raid model OSCar eO. Its internal combustion engine served only as a generator, with the wheels being turned by electricity. The inverters were actually created by the Latvians themselves for the simple reason that suitable inverters were not yet being produced by anyone else at that time. In 2012, Andris Dambis and co-driver Māris Saukāns were able to drive the OSCar eO to the finish line of the very grueling Dakar edition held in South America that year. Having by then established the specialised *Drive eO* engineering company, new heights were sought, namely, Pikes Peak in the US. The Pikes Peak International Hill Climb (PPIHC) attracts hundreds of amateurs as well as strong racers who have manufacturer support. It was decided by the *Drive eO* team to reach the Pikes Peak finish line, at an altitude of 4300 m, with an electric vehicle (EV). By now, electricity had completely

taken over Dambis' inventive mind; moreover, electric vehicles, unlike internal combustion engines, do not suffer power loss due to the thinning of the air. Unfortunately, the debut of the handsome racing prototype eO P001 in 2013 demonstrated that extreme elevations can indeed harm electric vehicles (e.g. cooling problems), but the first-time experience, as well as a pilot error in one of the 156 turns of the track, would end up being very useful in the planning of future races. In 2015, with Andris Dambis' by now twice-as-powerful racing vehicle eO P003, New Zealand pilot Rhys Millen was named the Overall Winner of PPIHC as he set the fastest time for an electric vehicle. A year later, with the even more powerful prototype eO P100, Millen set a new Pikes Peak record in the electric car class – 8:57 minutes. It is not too far-fetched to think that it could have been precisely this achievement that prompted the Volkswagen Group to also engage in the fight for a Pikes Peak title. In 2018, Volkswagen's electric I.D. R beat not only Millen and the P100 he had driven but also the record set by Sebastien Loeb and Peugeot, with Volkswagen breaking the record to less than eight minutes.

The P100 today calmly greets visitors in the small lobby of *Drive eO*. Andris Dambis has now shifted his focus to automotive engineering for civilian needs. Two years ago, a completely electric municipal minibus prototype was developed and built here. It's been named the OPP/Opportunity since it provides the opportunity for Latvia's municipalities to switch from diesel engines to electric motors. The bus is based on the Mercedes-Benz model, and was created in cooperation with the local company *Universāls*. The electric bus is currently undergoing certification

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The electric propulsion system of the OPP passenger bus does away with diesel emissions.



Jean Todt, president of the International Automobile Federation (FIA), examining the OPP together with Andris Dambis and former Latvian Transport Minister Andris Augulis during his visit to Latvia.

and is waiting for the design of the charger to be approved – instead of using a 25 kW plug, OPPs will use an inverted pantograph system. A pantograph looks similar to what we see on the roof of trams, except the pantograph is attached to the charging pole instead of the bus and lowers down to the roof

### In Latvia, Dambis' name is known by young and old alike

of the bus during charging. As soon as the formalities have been taken care of, *Drive eO* will move on to building the next OPP. The first prototype is already touring European commercial vehicle expos, where it is attracting great interest from experts and the larger manufacturers – the parameters of the Latvian electric minibus are really surprising them. Admittedly, the OPP is expensive: it costs three times as much as its diesel analogue. But in the long run, the OPP will pay for itself and more because electricity is cheaper than fuel, and electric bus maintenance costs less than that for diesel-fueled buses.

Today, the surface of Andris Dambis' long desk in Ogre has been cleared, but not because there's nothing more to do. The engineer tries to work as much as he can from his home in nearby Ķegums, showing up at the office only for big meetings or to meet with customers. Andris' son, Kristaps Dambis, has taken over the running of *Drive eO* and the designing of electric vehicles. Kristaps is a high-end automotive engineer who has studied and worked in the UK, including at such well-known car companies as Ralliart, a division of Mitsubishi Motors.

Andris Dambis' team usually works on several projects at the same time, some of which literally have wings – Dambis is a co-owner of the Latvian unmanned aircraft company *Aerones*, which develops heavy-duty industrial drones. It is not all that easy to see or talk to Andris in person: in Latvia, his name is known by young and old alike, countless enthusiasts from abroad are constantly seeking his advice, interviews with him regularly appear in the popular press, and the workshop in Ogre is a popular place for tourists with a penchant for motorsport. Andris doesn't want to push anyone away, but he does need to leave time for himself and for his work on designing prototypes and researching global achievements. Although he is over sixty, he is still full of energy and curiosity. It simply cannot be otherwise in a climate where new electric car technologies are developing faster than any one person can follow along.

Dambis answers my call partly because we've been on the same rally-raid team at Dakar (three times!), and partly because I understand the language of engineers...and also because I've promised to keep some of the things I saw at the Ogre workshop under close wraps. Due to Dambis' broad experience with EV, his wisdom is sought not only by small start-ups but by bigger fish, too. 'We helped them build their car, and it's better than a factory-made car,' reveals Dambis without any hint of hubris, 'but we've agreed not to speak about it publicly.' I know who he's talking about, but I mustn't say anything...at least not yet. I can say, however, that whatever it is, it is blisteringly quick and, of course, 100% electric. Surely enough, Andris Dambis continues to draw, usually late into the night...and it's probably something we've never seen before. **bo**



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# BERĢU SKATI – affordable luxury



**A modern and affordable home surrounded by a lake and a pine forest – with the capital city just a few minutes' drive away. It may seem like a luxurious choice, but it's actually the best choice.**



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*Berģu skati* is a unique private housing estate being developed by SIA Land&Home Baltic Real Estate. The company is proud of the projects they've already completed and which have been well-received by their intended clients, such as the residential housing estates *Langstīņmuiža* and *Bukultu priedes*. These are great examples of Land&Home's philosophy – to build residential estates that provide comfortable living, are a secure investment of one's funds, and have been constructed according to the principles of effective management and European quality.

'Based on their previous successes, in 2014 Land&Home launched the *Berģu skati* project, which will provide the unique opportunity to live in a quiet, gated-type housing estate alongside Mašēnu Lake and the surrounding pine forest, and with a fully developed infrastructure as well. No one else can compete with us in the aspect of being so close to the capital city without sacrificing a peaceful sense of nature,' explains real estate specialist Jana Gaļicina.

The first subdivision of *Berģu skati* – called *Bit of Swiss* – is almost sold out, with only seven allotments remaining. Based upon this high demand, allotments in the second subdivision – *Lakeside club* – have just been put up for sale this year, and already 50% of the available lots have been sold within a single month. The subdivisions are located on opposing shores of Mašēnu Lake: a twenty-minute drive from the centre of Riga, 30 minutes from Riga International Airport, and the nearest primary school and kindergarten are just two and five minutes away by car, respectively.

Gaļicina says that the uniqueness of the housing estate lies not only in its favourable location so close to the conveniences of the capital city, but also in the opportunity for residents to buy lakefront property – the first line of housing plots has its own private access to the lake; the second and third lines will have access to maintained recreation and swimming areas. The lake has been cleaned and deepened over the last four years, boardwalks and docks have been installed, and for fans of water sports and sailing, the construction of a marina is in the plans. In fact, one can boat from *Berģu skati* all the way to Riga city centre by way of linked bodies of water. There are also two bus stops right next to the housing estate, which is notable in itself since access to public transport in this type of a housing estate is a great rarity; it's actually quite the bonus given that it is usually assumed that if one lives outside the city, a private car is a necessity – these days, the proximity of public transport is truly freeing. The two subdivisions are planned to be connected with pedestrian paths, providing both convenience and a lovely place for long strolls.

In May, all utilities, roadwork and landscaping were installed/finished. The housing estate is of the gated type – a video surveillance system has been installed and security guards are planned to be incorporated. 'We can divide our clientele into two categories – one consists of young families, and the other are people who are at that stage of life when they're more interested in living outside the hustle and bustle of the city,' Gaļicina points out. The estate's location will definitely be appreciated by people for whom every extra minute spent going to and from work matters. Gaļicina, too, has chosen to make her family's home in *Berģu skati*, and is convinced that it is one of the best places to live near Riga. Together with the natural environment, the estate's sense of both luxury and security – at an affordable price – made it hard to beat. 'When choosing the place to make a home for my family, an important factor was a genuine sense of quality, and *Berģu skati* gave me that,' she reveals.

In addition to being a beautiful and well-maintained place to live, *Berģu skati* also has all of the necessary infrastructure for modern living – each allotment is linked with all necessary utilities, including internet, television, gas and more. All sidewalks and walkways have been installed with lighting and are paved with cobblestones.

Currently, approximately 70% of the allotments in *Bit of Swiss* are available for sale, and Gaļicina emphasises that, with the arrival of spring and the beginning of the active construction season, now is the right time to think about buying: 'With the purchase of an allotment at *Berģu skati*, you can choose one of the complimentary home plans provided by us. Doing so, first of all, speeds up the construction process and you will be able to move into your finished home within a year's or year-and-a-half's time; secondly, it is important for us to create a visually appealing, architecturally coordinated



estate.' Gaļicina underlines that such a reasonable price as is currently being offered is uncommon as real estate and housing allotment prices continue to rise; prices in already finished housing estates are significantly higher than those being proffered by *Berģu skati*. '*Berģu skati* is a safe and far-sighted investment – you'll be acquiring a plot of land at a competitive market price, as well as the opportunity to choose the exact location that most appeals to you and the home plan that suits you and your family best.' Allotments in *Berģu skati* have already been purchased by a number of well-known people in Latvia, and European buyers who appreciate the charm of such estates have been showing keen interest as well. There are approximately 15 families a week coming in to look at the available lots.

Available allotments range in size beginning with 1,200 square metres and are priced from EUR 57,000. Lakeside allotments start at EUR 80,000. You will not find any similar offers this close to Riga. Allotments can also be merged. Land&Home also offers its own construction services so that you can move into your new home as soon as possible. You are welcome to take a look at the available allotments now – before the start of the active construction season – and choose the best place for your home. [berguskati.lv](http://berguskati.lv)





The headquarters of Antilooppi, one of the biggest Finnish real estate companies

Photos by Jevgenia Verbin

## RIKSEN: LIMITED EDITION MUSEUM FURNITURE

Behind every great gallery and museum exposition are the interiors and furniture that create a pleasant ambience and make the space complete. Usually, at first glance you may not even notice the hard work that craftsmen and architects have put into these projects.

*Riksen* is an Estonian furniture company that was founded in 2014 by a group of former colleagues and passionate industry experts. The company's portfolio of works spans from residential and office furnishings to large-scale museum and government-level projects. The Estonian company is renowned for bringing authentic, high-end furnishings to museums in the Baltics and Scandinavia. Ålands Museum, the Estonian History Museum, the Estonian Republic 100 Exhibition, and World EXPO pavilions are some of the most notable exhibits which *Riksen* has furnished over the last five years. Another exceptional project is the exhibition 'Alive! The Story of Estonian Folk Instruments' in Brussels, which was led and built by this experienced furniture company.

'Interior designers, architects and furniture manufacturers might work on a project for a year or two. It is a very complex creative process and,

depending on the nature of the project and whether it is public or private, there are several stages that lead to the installation work and the exposition's opening,' describes Jevgenia Verbin, a Project manager at *Riksen*. The actual furnishing process of museums requires the commitment, time and work of different stakeholders. The museum's board, along with the architects, interior designers and furniture manufacturers like *Riksen*, each have their own role to play in the development of the physical space for an exposition. Philosophically speaking, architects are like the composers of a melody while producers like *Riksen* make up the orchestra that brings the creation to life by manufacturing the actual furniture.

It takes years for interior designers and architects to refine their signature style – their own trademark, so to speak. However, when it comes to designing

**Riksen**  
ALL ABOUT FURNITURE

museum furniture, one's own personal preferences are usually set aside as the key to successful project management is to incorporate the museum's message into a physical space. It is important for architects and manufacturers alike to have strong technical skills and know-how about the ins and outs of the furniture world. There are quite a few museums and design spaces that have placed their trust in the vision of *Riksen* to direct the furnishing of their collections.

'We should always remember that the exhibition comes first; the interior design must be complementary to the artworks and other tangible objects rather than overpowering it. This is a challenging task,' explains Verbin. Nowadays, museum facilities no longer consist of just regular upright glass display cases. They require more complex and cutting-edge technologies. Display cases are far more sophisticated than the average curio cabinet at home and must meet the specific needs of the museum. Airtight enclosure, climate control and adjustable lighting are just some of the aspects that must be taken into account in order to protect and preserve valuable collections and articles.

To increase visitor engagement, interactive exhibits are becoming increasingly popular. 'The way we see the world is changing, and so must the furniture – by keeping up with new trends and innovations,' claims Verbin. The complexity of projects has increased considerably over the years as more and more cutting-edge materials are combined.

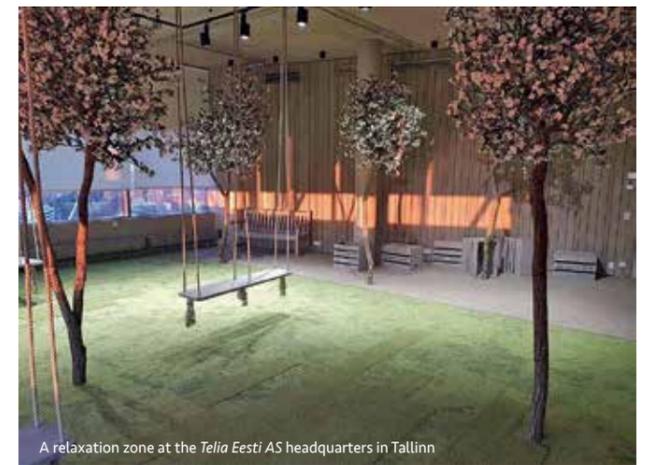
There is a kind of magic in creating a unique space according to the expectations and vision of the client. Interior designers and architects are the ones responsible for ensuring that the museum space is visually and physically compatible. Today, the most intriguing trends are laminated surfaces as well as brass and metal in furniture – a new must-have in both museum and office spaces. For example, Åland Museum has chosen to use a variety of glass, wood and metal elements to highlight their exposition space.

Even though a museum's decor should fade away into the background, the layout of the space and its furniture can add a sense of flair in the overall exposition experience. 'It is important to identify the purpose of decor and furniture. You wouldn't be going wrong by adding a personal touch that contributes to a visitor's experience,' explains Verbin. For instance, Seaplane Harbour in Tallinn has implemented a number of interactive features. When visitors move across the space, they can experience naval life on three levels – above, below, and on the water. Another similarly innovative concept has been brought to life by the Estonian Health Museum by way of their soft furniture alluding to the shape of red blood cells.

'You have to be open-minded to new concepts and ideas. I enjoy travelling and visiting world-famous museums to collect ideas and find out how others use furniture and new technologies to promote the exhibit and entice visitors,' admits Verbin. In Estonia, it is quite a challenge to come up with new and exceptional ideas because



The museum in Lahemaa National Park



A relaxation zone at the Telia Eesti AS headquarters in Tallinn

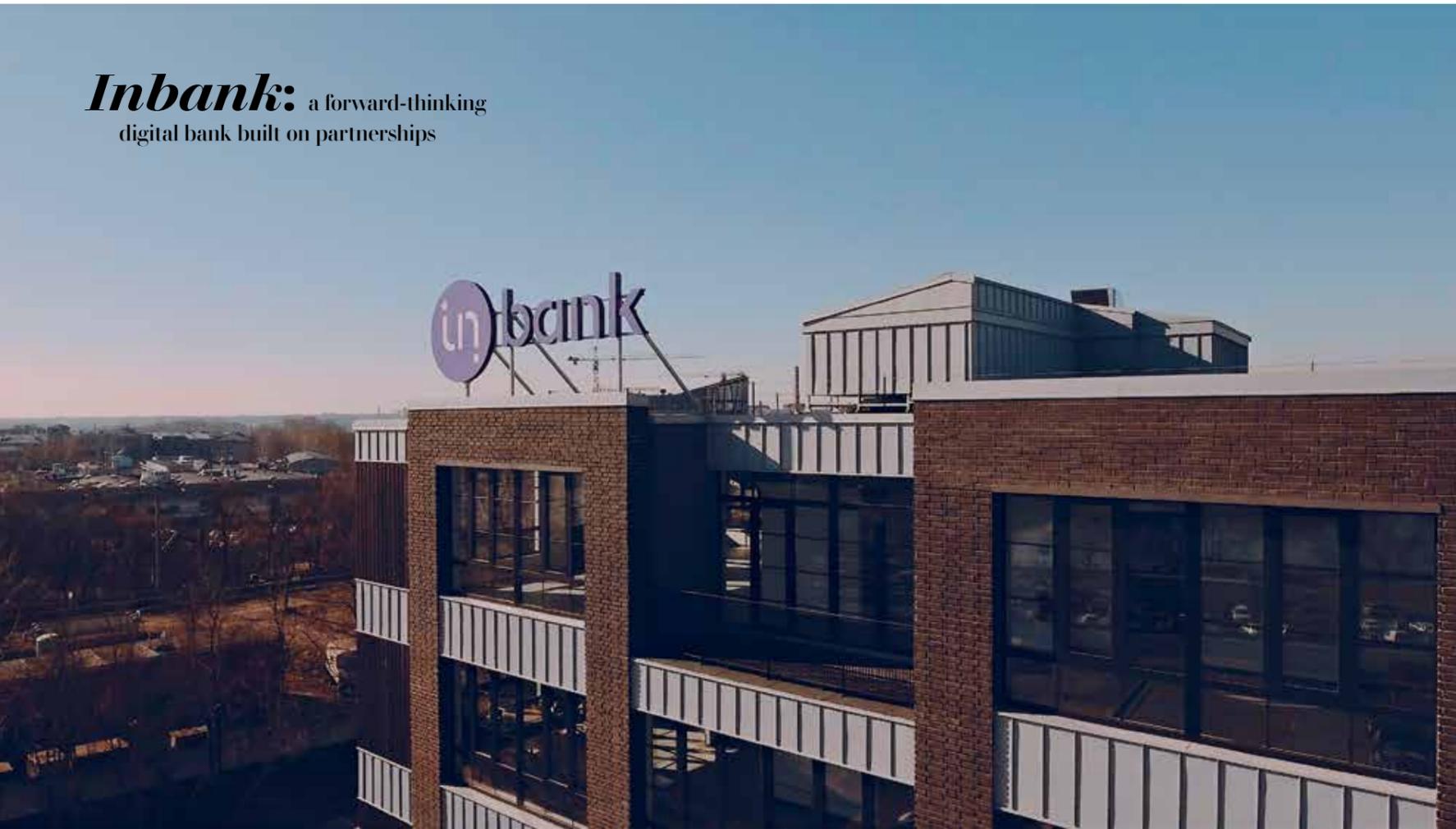


The traditional crafts training centre at Mooste Manor in Estonia

local museums have already implemented many innovative technologies and daring design concepts in their operations. This can be explained by the fact that there are many museums spread throughout the country. According to Estonian Ministry of Culture statistics, the country boasts more museums per 100,000 residents than any other nation in Europe. Together with affiliates, Estonia has around 250 museums, while the size of the population is only 1.3 million. 'There are many business opportunities for *Riksen* to manufacture limited edition furniture collections for museums both in Estonia and abroad because the niche of museum-quality furniture is actively investing in new forms of design and technologies. It is a never-ending process of transforming a space, and *Riksen* is always up for new collaborations and endeavours in the museum world,' summarises Verbin.

rikssen.ee

**Inbank:** a forward-thinking digital bank built on partnerships



The co-founders of Inbank: Priit Põldoja, Chairman of the Supervisory Board (left) and Jan Andresoo, CEO (right).

**Founded in Estonia, Inbank's operations are based on partner-based sales financing, hire purchase infrastructure, and consumer financing in the Baltics, Poland and elsewhere.**

Co-founders Jan Andresoo and Priit Põldoja committed to build the company after noticing that the hire purchase offering from established banks was lacking: firstly, because their approaches were often built on using outdated systems. Andresoo and Põldoja saw an opportunity to build a new kind of organisation, one that would offer dedicated solutions and involve specialists from a range of industries both within banking and beyond.

'Inbank specialises in using digital solutions to create products and infrastructures with an open architecture that supports our partners and customers where they need it most,' explains Inbank CEO and co-founder Jan Andresoo. This approach has led to over 460 thousand currently active customer contracts across four countries, with the company having been able to demonstrate a 225.6 million-euro loan portfolio and a 240.2 million deposit portfolio at the end of 2018.

The success of the bank is largely built on its relationship with its hire purchase partners to whom Inbank has pledged to help increase their revenue by simplifying the purchase process whilst making financing solutions more accessible to the end customer. The solution can be implemented both as a white-label product whereby the partner is able to brand it as their own, or alternatively, as an Inbank-branded hire purchase option.

Inbank stems from the financial technology company Cofi established in 2011. Cofi entered the market with an innovative hire purchase solution at a time when older and larger providers were neither able to adjust their hire purchase solutions to the available and ever-changing technology as easily as Cofi could, nor were they focusing on it as much as Cofi was. Betting on the changing nature of banking and the rise in opportunity for incorporating the latest technologies in order to specialise in one area and create an agile product solution for the customer, Cofi quickly rose from a start-up to a hire purchase market leader by 2015. Following this growth, the company was issued a banking license and Cofi became Inbank.

**Inbank specialises in using digital solutions to create products and infrastructures with an open architecture**

Today, the 180-head Inbank team works closely with 300 hire purchase merchant partners, servicing 350,000 active customers whilst steadily expanding into new European markets with its deposit and consumer financing products. Inbank currently operates in Estonia, Latvia, Lithuania and Poland, and also raises deposits from Germany, Austria and the Netherlands.

To support such rapid international growth, Inbank bonds were listed on the Nasdaq Tallinn Stock Exchange in September 2016.

Inbank put their successful business model to the test in 2014 as they launched a branch in Latvia. Since then, Inbank Latvia has built partnerships with more than 150 companies, resulting in a 20 million euro portfolio at the end of 2018. In 2019 Inbank Latvia plans to grow its portfolio by more than 50%.

'Our primary focus in the Latvian market is to differentiate ourselves from our competition by adding value for our partners,' says Ģirts Lediņš, Managing Director of Inbank Latvia. 'We offer not only financing solutions but also help our partners sell more and conduct successful marketing campaigns and much more, all with the purpose of helping them increase their sales.'

Inbank Latvia partners include such prominent firms as 1A.LV, Euronics, Bite, K Senukai, Studio Moderna, Baltcom, iDeal and iStyle. In fact, after their success in Latvia, an increasing number of these partners have opted to work with Inbank cross-regionally, thereby ensuring an even more stable increase in revenues.



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## INBANK PRODUCTS

**Hire purchase** – Inbank cooperates with hundreds of shops throughout the Baltics and Poland. This way, you can pay for your purchases flexibly and in instalments when you need it most, be it in a shop or an online store.

**Renovation loan** – designed for people who are in need of home renovations. The renovation loan offered by Inbank is an unsecured bank loan that allows you to purchase construction materials, furnish your home, or pay for renovation services. You choose the exact purpose for which you will use the loan. The interest rate starts at 8.9% per year with a loan amount of up to 15 thousand euros.

**Car loan** – an unsecured loan of up to 15 thousand euros that can be used to finance the purchase of a car, motorcycle or other vehicle. Applying for the loan is simple and the vehicle belongs to you after its purchase. The interest rate starts at 7% per year.

**Consumer loan** – an unsecured loan to help you realise any big or small ideas you may have. You choose the purpose for which you will use the loan. The interest rate starts at 9% per year with a loan amount of up to 10 thousand euros.

Inbank's relationship with Auto24, for example, is a truly integrated partnership in which Inbank provides the infrastructure and any support the partner requires, be it technical or marketing for Auto24's two financing products – Auto24 car loans and Auto24 hire purchase. Since the partnership's start in Estonia in 2015, a turnover of 74 million euros has been generated.

Another cross-market partner, IM Arvutid (IM Computers, iDeal), has partnered with Inbank on three occasions on dedicated hire purchase campaigns, thereby resulting in a significant increase in sales. The latest campaign led to 271 additional products and services being sold compared to the previous campaign, and with a sales turnover increase of over 170 thousand euros.

'With their intense focus on every detail and adherence to high quality standards, together with Inbank we are able to provide an excellent customer experience as our company sales results continue to grow in Latvia,' states the Apple Premium Reseller iStyle on their partnership with Inbank.

The Inbank team continues to explore new partnership opportunities and solutions and is always on the lookout for entrepreneurs with exciting ideas for improvements and changes in financial technology and partnership infrastructures.

# EXECUTIVE MBA – one business school, four continents



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Jaunius Pusvaškis,  
Director General at BMI



The Baltic Management Institute (BMI), a leading international management school in Vilnius, has been a life-changing experience for top-level executives and business owners for already 20 years, offering executive studies across four continents: North America, South America, Europe, and Asia.

BMI was founded in 1999 by leading European business schools including HEC Paris in France, the Louvain School of Management in Belgium, and the NHH Norwegian School of Economics in Norway. Today, in partnership with renowned international business schools such as Tulane University and Pfeiffer University in the United States, Shanghai Jiao Tong University in China, St. Petersburg University in Russia, Warsaw Technical University in Poland, and schools in Germany, Austria, Italy, India, Mexico, and Colombia, the institute now offers access to management expertise, a large business network, and a pool of business potential that accounts for 55% of the world's GDP by economy size.

BMI offers the 4-Continent Executive MBA, the Alliance Global MBA, the Innovation and Digital Transformation programme, the Leadership & Corporate Finance programme, and short seminars as well as customised in-company trainings. Taught by acknowledged international lecturers-practitioners from leading business schools worldwide, BMI programmes integrate best management practices and cutting-edge knowledge.

'Looking back over its two decades of operation, the business school has educated more than 6000 executives from more than 35 countries and helped them on their leadership challenge to long-term success,' says BMI Director General Jaunius Pusvaškis. 'Throughout the past years, due to its unique business model, BMI has grown in terms of new programme offerings and solid international faculty that includes more than 70 international professors-practitioners representing leading business schools across the globe.'

World-class practitioners and people equipped with the best business acumen bring unique insights and knowledge, ensuring that executive students receive the best up-to-date education in today's constantly changing business environment.

The BMI 4-Continent Executive MBA, which holds prestigious international EPAS accreditation, is an 18-month programme for top-level managers and entrepreneurs that helps them better understand how international business functions. In a consortium of four global leading business schools, the Executive MBA (EMBA) is delivered in North America, South America, Europe, and Asia. The programme's venues include Vilnius, Shanghai, New Orleans, Brussels, New Delhi, Charlotte, Vienna, Milan, Frankfurt, Warsaw, and St. Petersburg. The EMBA experience can be entirely customised according to the specific goals and needs of the student.

Around 40% of the executives taking part in the programme are international, making it an excellent opportunity to upgrade one's global skill set for making better business decisions and thereby achieving one's personal and professional life goals. From its inception, more than 850 alumni and students have studied for their Executive MBA at BMI.

In 2019, BMI launched two brand-new programmes: the Alliance Global MBA and the Alliance Certificate in Global

leadership, impactful negotiations, and finance as a process and enables managers to develop skills to lead effectively in their current roles and throughout their careers and make financially sound and commercially viable decisions.

Pusvaškis says: 'Executives assume that digital transformation and product, service, and business model innovation are the driving forces for corporate growth. To become digital leaders, organisations should develop digital business agility, which combines hyperawareness, informed decision making, and fast implementation. With that in mind, BMI designed and launched the four-month BMI Innovation & Digital Transformation programme taught in Frankfurt and Vilnius.'

The three-module BMI programme approaches innovation management, digital transformation, and Industry 4.0 as an integrated process to offer insights into strategic thinking regarding development towards artificial intelligence and the robotisation era.

'BMI is a non-traditional business school in terms of approaching management education. When business people invest their money, they expect a return on that investment,' explains Pusvaškis. 'BMI regularly measures two metrics: return on investment and career progression. A survey of

the dynamics of our executive students over the past 11 years reveals that, on average, 4-Continent EMBA students' earnings grow 35% during the period of enrolment. Career progression is also very rewarding. For senior professionals and leaders who really want to be the currency of the future, BMI is the right choice. More than 40% of programme participants progress in their career by either taking a considerable step up the career ladder or by getting headhunted by a larger company. Moreover, every fifth person graduating from BMI starts up their own business upon finishing the programme.'

To be eligible for the 4-Continent EMBA programme at BMI, an executive must have at least five years of management experience. The student profile we're looking for is a top senior-level manager or business owner. Executives from a variety of different industries come to the programme: IT, telecommunications, retail, manufacturing, construction, finance, banking, public-non-profit, publishing, legal, and consulting.

The next class will begin in November 2019, half of which has already been recruited. Pusvaškis concludes: 'The average size of a class is 45 people, but we receive far more applications than we can accommodate. If you think you'd be a good candidate, I strongly advise you to apply now to secure a spot.'



Kaspars Beitiņš, Akropole's director

## Akropole – a place for you to discover!

This spring Riga saw the opening of a unique and modern multifunctional shopping and entertainment centre – Akropole, which has quickly become one of the most desirable destinations for local families as well as guests of Riga.

Publicity photos

In Latvia's currently largest shopping centre (with a total area of almost 16 ha), shoppers will find around 170 different brands and restaurants within various price ranges. Several shops are found nowhere else in Latvia, such as the multi-brand fashion store *Van Graaf*, the country's first *Oysho* fashion boutique, and the USC sporting goods store which will be opening its doors in early June. 'It was important for us to have a broad range of shops catering to different groups of shoppers,' says Kaspars Beitiņš, Akropole's director. 'Large numbers of visitors come to Akropole every day, and we need to be sure that everyone can find brands that fit both their taste and budget.'

Akropole also surprises its guests with the widest selection of cafes and restaurants concentrated in one place in Riga, once again demonstrating that Akropole is not only a shopping mall but a real city within a city. More than 30 cafes, restaurants and fast food restaurants await visitors. Several restaurants are actually making their Latvian debut in Akropole – *Grill London*, *Chi Asian Food*, *Hidden Recipes*, *Ali Chocolate*, and *Khinkalnia*.

Of special note is the world-famous *O'Learys* sports bar and restaurant making its premier appearance in Latvia. Equipped with almost 100 TV screens, the cosy pub also offers a wide

range of activities: bowling, billiards, shuffleboard, air and table hockey, and various sports and virtual reality simulators. 'Manly blokes will appreciate this opportunity to relax while enjoying a delicious meal and simultaneously keeping track of their favourite sport on multiple screens. It's definitely the only one of its kind,' says Beitiņš.

Akropole will also spoil cinema lovers by providing a film-viewing experience at an entirely new level. The most modern Apollo Cinema in the Baltics can be found here, and it's also the only movie theatre in Latvia equipped to screen IMAX films. It's also the first cinema in Riga where movie-goers can enjoy a movie and a delicious meal at the same time, with both the dining and at-your-seat service arranged so as not to disturb other viewers.

The Akropolis Group shopping centres in the Baltics are known for their ice arenas, which also holds true for Akropole in Riga. The ice arena is the centrepiece of Akropole; accordingly, it is the only shopping centre in Latvia featuring a spacious skating rink for ice hockey practices and games as well as ice shows and public ice skating, regardless of the season. The NHL-size all-season ice arena is open every day and various public events take place there – for example, Akropole hosted the Latvian national hockey team's last open practice session before heading to this year's Ice

Hockey World Championship. The ice arena can also be rented for private parties. 'The ice arena's schedule is quite busy because amateur hockey teams train here, but our main goal is for the skating rink to be a source of pleasure for visitors to the shopping centre; it provides a unique opportunity for them to spend the day with their family not only shopping but also partaking in active relaxation,' explains Beitiņš.

Unlike other shopping centres, Akropole impresses with its extraordinary added value – along with fashion and lifestyle stores, it houses an indoor ice arena as well as Riga's largest selection of restaurants and cafes. The centre has been built where the legendary Kuznetsov Porcelain Factory once stood, thereby uniting modern architectural and interior trends with historical heritage.

Beitiņš says that the centre is much more than your run-of-the-mill shopping mall: 'We knew at the design stage that we wanted to preserve the historical air of the site within which to create our own story. We can proudly say that Akropole is truly a city within a city.'

The fact that the new centre is located on what was once the territory of the Kuznetsov Porcelain Factory is what inspired both the architects and interior designers of the project to create a special atmosphere. For

instance, the new shopping centre's design retains elements of the historic Kuznetsov Factory – two of the original smokestacks now prominently feature in the building's exterior, and the antique bricks from the factory's demolition were saved and then cleverly integrated into the centre's interior design scheme.

In coming up with the centre's design strategy, the commercial interior design firm *Benoy* (UK) was inspired by the porcelain manufacturing process's three main stages: shaping, firing, and glazing. The interior of Akropole has also been symbolically divided into three zones that can be seen through distinct interior design elements. For example, the red brick walls symbolise the firing process, while the glossy white tiles suggest the glazing procedure. In addition, various porcelain-related items such as casting moulds and porcelain teapots are used as design elements throughout the centre.

Walking down the hallways (or 'streets') of Akropole, one cannot help but feel as if taking a stroll along a city boulevard. One of these 'streets' even features an interactive exhibition dedicated to the Kuznetsov Factory. 'The Kuznetsov factory is a part of Riga's history, and it was important for us to preserve this history and tell our guests about it in a modern and engaging way,' explains Beitiņš.

This autumn Akropole will also delight its youngest visitors by opening up a large children's playground – the 1,800 m<sup>2</sup>-wide entertainment centre will be unprecedented in Latvia.

In conclusion, we'd like to mention that Akropole is the first shopping centre in Latvia to have obtained a BREEAM certificate (the world's leading assessment method indicating compliance with the highest standards of energy efficiency and sustainability) – indeed already at the design stage of the building. This certificate also applies to the Akropole business centre located next to the shopping centre – high-end office spaces that offer tenants the opportunity to not only work in a modern and efficient environment but also provide the advantage of having access to all of the services and entertainment facilities next door. If you are interested in having an office next to the most modern shopping centre in Latvia, free office spaces are available.

Akropole invites you to discover a new way for the whole family to experience the capital of shopping and entertainment. Akropole is contemporary fashion, great entertainment, and delicious flavours – all in one place!

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CAPITAL OF SHOPPING AND ENTERTAINMENT

Open daily from 10.00 to 22.00  
akropoleriga.lv



A restaurant for **GOURMET TRAVELLERS**



Chef Māris Astiĉs

Located in Riga's Quiet Centre with a terrace facing Viesturdārzs, one of the city's most beautiful parks, *Ferma* is a restaurant for people who appreciate excellently prepared local products as well as those who love the culinary classics prepared in the best traditions.

A visit to the *Ferma* restaurant is like a journey into the world of flavour and colour, in which special thought has been given to each stop along the way. *Ferma's* chef and owner, Māris Astiĉs, is one of the most talented chefs in Latvia; he also runs the Restaurant Service School, where he teaches new chefs-to-be. It's truly rare to find anyone more passionate and dedicated to his profession than Astiĉs. 'Food must be visually pleasing and beautifully presented,' he says. 'But first and foremost, it is a source of energy, and therefore one must not forget that the guest should leave the restaurant satiated.'

The extensive menu at *Ferma* changes seasonally and pleases both meat-lovers and vegetarians. Astiĉs has come to be known as a 'fish chef', so it's no surprise that he also serves several types of fish. The smoked sturgeon is one of diners' favourite dishes on *Ferma's* regular menu, especially because it is smoked on site at the restaurant. Seeing as Astiĉs is also an avid hunter, guests can often enjoy venison tartare or fillet or other game he has hunted himself. Dessert lovers can taste the creative combination of flavours introduced by Airita Jurcika, one of the



F E R M A

Address:  
Valkas iela 7, Riga  
Open:  
Mon-Sat 12.00-24.00  
Sun closed  
E-mail:  
info@fermarestorans.lv  
fermarestorans.lv



most notable pastry chefs in Latvia. Her desserts and awards speak for themselves and conclude a dinner at *Ferma* with the taste of perfection and 100% satisfaction.

The team at *Ferma* is very familiar with the ancient verity that a good meal is incomplete without wine. It therefore offers guests a wide selection of fine wines at reasonable prices. The restaurant's vinothèque delights even the most sophisticated wine lovers, and the use of *Coravin* technologies allows them to enjoy a glass of exclusive wine without having to order a whole bottle. Sommelier Mārtiņš Tērauds has personally selected each of the almost 150 wines and drinks on the list.

Astiĉs points out that each product on the restaurant's menu has a story to tell. To bring these stories to light, *Ferma* offers masterclasses led by the chef that highlight the flavours of Latvian foods. To obtain the ingredients for these classes, participants are encouraged to join Astiĉs on a shopping trip to Riga's Central Market, which is one of the largest markets in eastern Europe and the best place to find local products. It's a favourite place for many of the city's chefs. In his masterclasses, Astiĉs tells about the products and shows how to make the best use of their characteristic flavours. *Ferma's* masterclasses are open for groups and require prior reservation.

For daytime dining, *Ferma* recommends its selection of business lunches, available every weekday from noon until 4 pm. And when the work week is over, restaurant guests can enjoy live music on Friday or Saturday evenings. Sipping a glass of fine champagne or one of *Ferma's* signature cocktails to the sounds of a saxophone playing in the background – what a great plan for the weekend!



# COD Robata Grill Bar

Japanese fine dining



Ranked among the best 30 Baltic restaurants by the *White Guide Nordic*, a prominent gastronomy guide in northern Europe, **COD Robata Grill Bar** is the first restaurant in Latvia offering authentic, high-end Japanese cuisine.

A true fine-dining establishment, *COD* is the brainchild of people who will settle for no less than perfection. Brand chef Ūvis Janičenko, who trained with Japan's top chef Seiji Yamamoto at his three-*Michelin*-starred restaurant *RyuGin*, has created a menu that is contemporary yet true to the cornerstones of tradition. The ethos at *COD* is based on high-quality ingredients, pure flavours, and a simplicity that borders on minimalism at its finest.

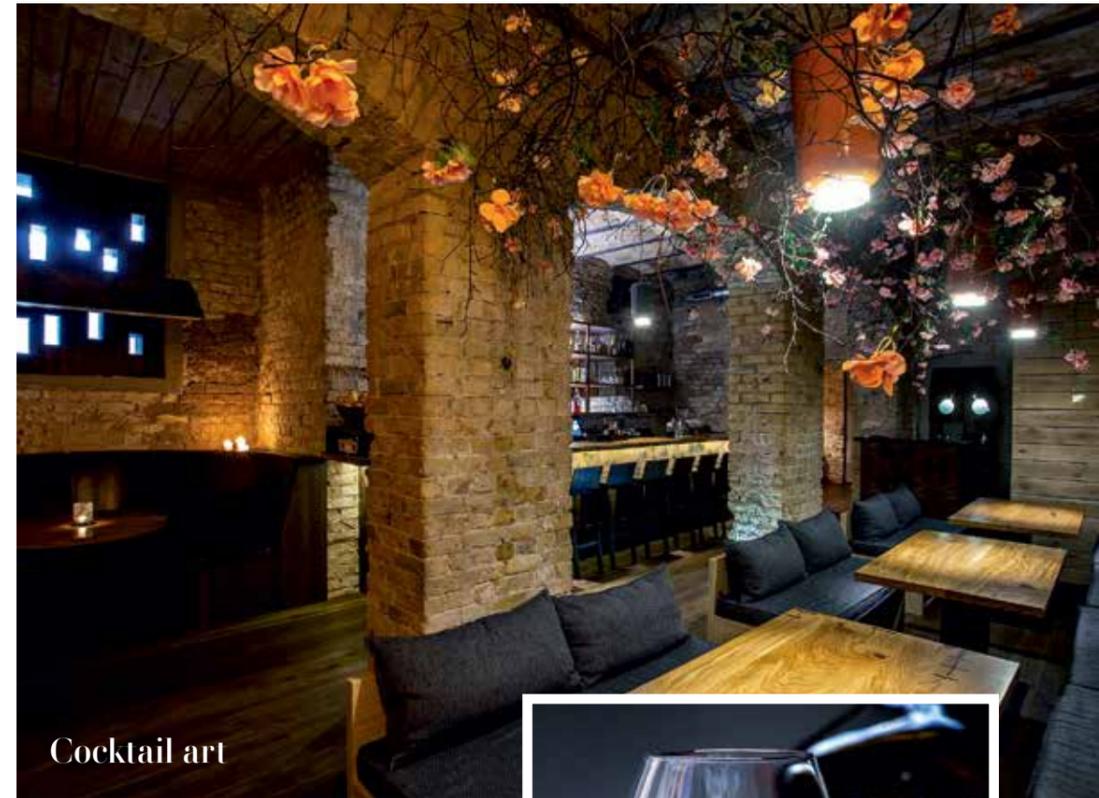
The restaurant specialises in robata-grilled dishes and also offers an exquisite sushi selection. The menu features such delicacies as black cod, Chilean sea bass, and wagyu beef and is regularly enhanced

by the chef's special, seasonally inspired dishes. Vital elements for a completely authentic experience are sourced in Japan – from ingredients such as fresh wasabi, yuzu citrus, and sakura leaves to ceramic tableware.

The embodiment of Japanese culture can be witnessed on all levels at *COD*. The restaurant is by no means flashy; instead, it's a discrete haven, almost unnoticeable from the street. With a sophisticated minimalist interior created by talented local artists, the restaurant demonstrates a refined sense of aesthetics that, together with superb cuisine, creates a unique dining experience delighting all the senses.

鱈  
**COD**  
ROBATA GRILL BAR

Tērbatas iela 45, Rīga  
Open: Mon-Thu:  
12.00–23.00  
Fri-Sat: 12.00–01.00  
cod.lv



## Cocktail art

*COD* is complemented by a separate lounge area where award-winning bartenders fuse Japanese-influenced style with a strong foundation in classic cocktails.

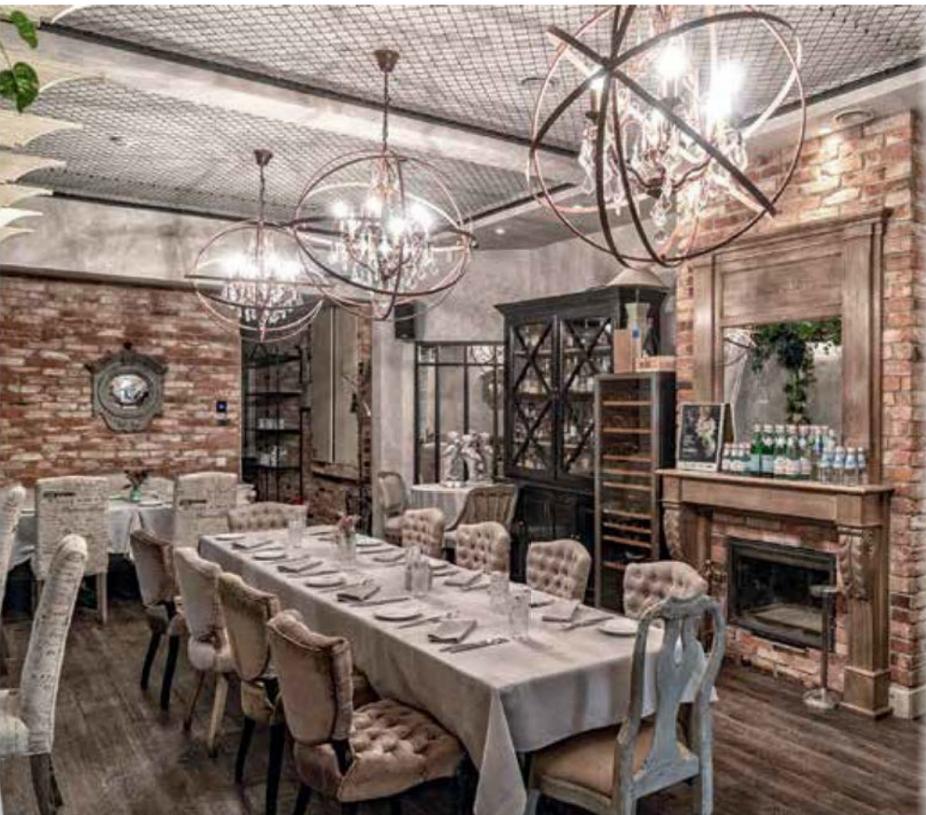
The elegant and welcoming bar is not a mere addition to the restaurant but a place to visit in its own right. With a gently lit lounge interior, the bar has a unique ambience of its own and provides a perfect backdrop for enjoying a relaxing and refined evening.

Cocktail craft is taken as seriously here as the approach to cuisine. The cocktails are designed using only the highest quality spirits as well as homemade infusions and seasonal ingredients. Some drinks find their inspiration from classic cocktails, though a signature touch is always added. For instance, *COD*'s twist on a dry martini uses a blend of gin and sake and is garnished with a cherry blossom – an intriguing cocktail with a delicate and simple presentation but a complex flavour profile.

The bar regularly hosts special events, inviting some of the most renowned bartenders and industry professionals. Representatives from the World's 50 Best Bars list frequent *COD* with master classes and guest shifts, offering a unique opportunity for guests to immerse themselves in the most refined aspects of cocktail culture.



Alongside the cocktails, the drinks menu is created in unison with the restaurant's cuisine, serving an extensive selection of premium sake, shochu, Japanese whiskies, and craft beers, while not missing out on high-quality wines as well. The drinks are selected specifically to match the restaurant's dishes and not overpower the subtle flavours of Japanese cuisine but instead to highlight them and bring the overall dining experience to completion.



## ENTRESOL

The first 'knapas' restaurant in Latvia

This year *Entresol* is celebrating its three-year anniversary. Under the leadership of chef Raimonds Zommers, the establishment has become a recognised top player on the Riga restaurant scene, standing out with its innovative approach to preparing and serving excellent food.



Raimonds Zommers

Caramelised goat cheese with beet puree and seed bread



Raimonds Zommers, one of Latvia's best-known and most talented chefs, has not only created a unique concept restaurant; he is also always thinking up something new. Zommers is an innovator at heart. This can be seen not only in the dishes he serves but also in his other inventions. He was the one who thought up the word *knapas* – a combination of the Latvian *knapi* ('hardly, scarcely, barely') and the Spanish *tapas* – to highlight the restaurant's emphasis on small starters prepared using seasonal

local ingredients. Highlights from this spring's menu include new *knapas* created by Zommers as well as local Latvian products such as goat's cheese, hemp, ostrich meat, eel, and sturgeon.

Zommers is constantly searching for new flavours by acquainting himself with old recipes, then reviving and transforming them according to his own understanding of contemporary tastes. In fact, the chef's last name has become a virtual brand, one that is intrinsically linked with modern Latvian cuisine. Zommers supports locally sourced goods and produce with his heart and soul, and through the application of international (especially French) methods of preparation he creates wonderfully exciting dishes. 'Our team is like a gang of treasure hunters. We search for, and also find, the very best ingredients to make the meals that we serve our guests. High quality is our benchmark and our number-one goal,' says Zommers.

Zommers has assembled for himself a team of people who not only value quality but strive for excellence in everything that they do. Which is why it comes as no surprise that both Zommers and his team regularly enter, and prevail in, international competitions. Enthusiasm, a sense of responsibility, and a great love of food have earned *Entresol* a high-ranking position in the *White Guide Nordic*, the leading restaurant guide in the Nordic and Baltic countries. With a listing in the 'very fine' category, the *White Guide* has named *Entresol* the sixth best restaurant in Latvia. This year, an international jury also named *Entresol* one of the top 30 best restaurants in Latvia.

By the same token, those who appreciate good, locally-sourced food associate Zommers foremost with his spirited championing of contemporary Latvian cuisine that is based on traditional standards. Indeed, his forte is combining experimentation and proven classics in equal measure. 'At *Entresol*, our mission is to provide each and every guest with an excellent dining experience, whether they prefer more classic dishes or, conversely, are fond of experimenting and trying new things. This is what we've been doing over the last three years, and our success at it means that we will not be veering from this track,' says Zommers.

### ENTRESOL

Open:  
Mon-Sun 12.00-23.00  
Address:  
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## ZIVJU LETE – inspired by the sea

A centuries-old bond with the sea and fishing is an integral part of Baltic culture. Some time ago, Latvians even had ‘fish day’ once a week, on Thursdays. The ethos behind *Zivju Lete* is to make every day a fish day!

Born from the love of seafood and Latvia’s fishing heritage, *Zivju Lete* first opened its doors in 2015. The concept of a place specialising in fish – something that was lacking on Riga’s gastronomic scene – was an instant success. First, the restaurant offered a small menu that changed regularly depending on the catch of the day. But the demand for seafood delicacies has been growing, and in 2018 *Zivju Lete* relocated to new, more spacious premises.

The new restaurant has introduced a more varied menu, where everyone can find a dish to their liking. *Zivju Lete*’s cuisine combines the best of fish and seafood recipes, both local and international. The menu features well-known classics like tartares, fish soups, mussels, and seafood sauté as well as some regional specialties, such as Baltic herring, lamprey, and sprats. The main goal of *Zivju Lete*’s cooking style is to



Dzirnavu iela 41, Riga  
Open: Mon–Thu 12.00–23.00  
Fri–Sat 12.00–24.00  
Sun 12.00–22.00  
zivjulete.lv



showcase the seafood’s beauty without over-complicating its natural flavour. Recently, the specially invited chef from Italy, Andrea Salvatori, has added flawless Mediterranean flair to the restaurant’s cuisine with signature grilled dishes.

An actual *zivju lete* (or ‘fish counter’) forms the centrepiece of the open-plan kitchen. Here the best of the sea is displayed, from local fish to exotic seafood. What sets *Zivju Lete* apart is that it offers all of this at a reasonable price point. Whether it’s the finer end of the spectrum, like oysters and lobster, or fish brought by local fishmongers – seafood can and must be enjoyed every day. To fulfil this initiative, *Zivju Lete* has created a menu that includes an extensive choice of foods, from the simple fish and chips with cod to the luxurious lobster pasta with black caviar. Furthermore, this April *Zivju Lete* expanded and opened a seafood shop at

Dzirnavu iela 63 in Riga, where one can buy fresh fish to cook at home or enjoy a glass of wine with dishes from the raw bar. Together, the shop and the restaurant bring the sea closer to the heart of the city, providing a seafood gourmet experience that is more affordable and casual.

The laid-back and casual atmosphere is also imprinted in *Zivju Lete*’s design. Located in one of the most beautiful and prestigious parts of Riga, the restaurant’s interior is far from snobby or pretentious. A combination of fishing-boat décor, handmade wood furniture, vintage glass tiles, and unique design elements make for a cheerful, coastal vibe. In fact, when visiting *Zivju Lete*, one can almost hear the waves and expect the fisherman whose tattoos inspired the restaurant’s wall painting to walk in through the door at any given moment.

# GARŠVIETA Riits

The modern flavour of the Latvian countryside



Everything good starts close to home, which is how the idea of *Riits* was born – a friendly, hospitable, cosy and vibrant place that uses the highest-quality seasonal products, mostly locally sourced, and turns them into what could be called the new, modern Latvian cuisine. The owner is a true enthusiast for organic produce and has travelled around Latvia to get to know smaller and larger organic producers and bring their produce to his vibrant *garšvieta* (meaning ‘flavour spot’ or ‘taste spot’ in Latvian), where it can all be enjoyed by us, too.

There is a story behind everything – and here there is not merely a story but also charm and style. *Riits* is modern and chic but simultaneously very cosy. Does it manage to pull off the combination because of its quirkiness? That’s very likely – because when you feel like you’ve taken in the view and sit back in a comfortable seat, you suddenly notice, for example, that the walls are covered with egg cartons. Eggs are kind of a passion here – the breakfast menu (and more) gets right to the point with the tastiest egg dishes that an empty stomach could dream up.

This goes equally well (and, obviously, not by accident) with the name of the place – *Riits*. In the standard spelling *rīts*, the name means ‘morning’ in Latvian. For the team at *Riits*, the idea of morning goes hand in hand with the adjectives fresh, brisk, lively, sunny, healthy, and enthusiastic. ‘Everything begins in the morning,’ says the owner of *Riits*. ‘It’s the idea of rising and shining in anticipation of what’s to come that inspires us.’

As for the idea of being a ‘taste spot’ – a *garšvieta*, rather than a restaurant – well, this is a story (just like the many stories where innovation comes about by accident) born of sheer necessity. It’s a story about the ultimate team collaborating to put forward both exquisite food and incredible drinks. Restaurants serve foods, bars serve drinks, but a *garšvieta* is a place that offers both innovative food and amazing drinks. A *garšvieta* is also a new concept that binds ubiquitous flavours together in one harmonious synergy.



Chef Andrejs Terentjevs



Dzirnavu iela 72, Rīga  
 Open:  
 Mon 12.00–23.00  
 Tue–Sat 9.00–23.00  
 Sun 9.00–23.00  
 restoransriits.lv



The menu at *Riits* is compact and seasonal, and the vast majority of the mains as well as parts of other dishes are prepared on the establishment’s star companion – a live charcoal grill. The coal is exclusively oak, and the grill is set up in plain sight, so you’re welcome to have a look at it before you sit down to order. The light and unmistakable aroma of food being cooked over live coals certainly transports you right out of the city and slows down your pace without you even noticing – it’s a bit magical.

While featuring a few permanent, unforgettable dishes that no regular customer would allow to be replaced, the short but diverse menu gets refreshed often enough. No matter whether you’ve visited *Riits* before or if your first encounter with it still lies ahead, you’re in for a treat with the splendid newcomers on its menu, like the milk-fed veal chops with oven-cooked vegetables or the miso-glazed cod fillet. Should you wish to start off with a beautiful salad, the seared salmon served with sweet potato puree, quail eggs, and mixed greens will be just right. A delicious vegetarian option is the avocado salad with a tangy carrot-ginger dressing. And it’s not just salad – each menu category caters for vegetarians as well. The same goes for those

who’ve come to enjoy a local touch in the dishes – each menu category has something Latvian to offer, such as the smoked fish salad with potato sauce for a starter.

The foods are hearty and satisfying but also healthy, and the Latvian-inspired dessert menu is as guilt-free as they come. A sweet cottage-cheese mousse in berry sauce is full of flavour and just about sweet enough to be considered dessert – it’s the perfect finish to a meal. A noticeable newcomer on the dessert menu is the sour cream brûlée with egg yolk, sea-buckthorn berries and white chocolate.

*Riits* follows the seasonality of products and works with small batches of fresh, locally sourced goods. The team is therefore able to offer a variety of daily specials. They wish to include the very small producers in the equation, too, and not just rule out their produce because it comes in too small a quantity. They know quality when they see it, so they don’t go by quantity and play with what they have to bring wonderful, small-batch goods to the table.

Come and enjoy the flavours of local, organic, and seasonal foods at the ultimate ‘taste spot’, *Garšvieta Riits*, which we guarantee will steal your heart at first bite.

## Contemporary flavours at **MUUSU**

If you're looking for a summer-like feeling in Riga's Old Town, head straight to *MUUSU* restaurant.

Photos by Dāvis Čands (164)



Head Chef Kaspars Jansons

**muusu**

Skārņu iela 6, Riga  
Open: Mon 17.00–22.30  
Tue–Fri 12.30–22.30  
Sat 17.00–22.30  
Sun closed

Tel.: (+371) 25772552  
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*MUUSU* (which means 'ours' in Latvian) is not only a lovely place for gourmets to enjoy a refined meal – it is also a wonderful experience for those seeking a pleasant atmosphere. *MUUSU* has consolidated its identity and is one of the best lunch and dinner spots in Riga.

The restaurant's team is proud that *MUUSU* has succeeded in defining its own place among the wide array of eating establishments in Riga. Head Chef Kaspars Jansons is the main culinarian at *MUUSU* and is one of the leading chefs in the country, having participated in (and won) many international culinary competitions and subsequently serving as a judge at such events. 'Over the years, the *MUUSU* restaurant has grown a "strong backbone",' says Jansons. 'We know what our guests expect of us and how to ensure that they receive only the best.'

Beginning with June, guests at *MUUSU* will be pleasantly surprised with a new menu featuring several of Janson's culinary masterpieces. This menu continues to represent *MUUSU* restaurant's traditional values of freshness, all-natural ingredients, and innovation – features that *MUUSU*'s discerning customers appreciate. One of Janson's latest culinary masterpieces is braised lamb, a dish that requires a lot of work and know-how not only in terms of the actual cooking process but also in preparing the meat. Jansons likewise recommends guests try one of the several dishes featuring ostrich or fresh fish from Latvia's lakes and rivers which vary according to the seasonal catch. 'With this

new menu, *MUUSU* is pushing the envelope and heading into experimentation as we use, for example, more Mediterranean ingredients such as scallops, oysters, mussels, calamari and fish from that region,' explains Jansons. He admits that this new bearing has been directly influenced by the last few months which he spent in the region between the French Riviera and the rocky Italian coast, adding to his already substantial culinary experience. In addition to the regular menu, *MUUSU* also features a changing daily menu featuring what is in season at the moment and how the chef has decided to prepare it that day.



Also delighting guests with a variety of selections is the dessert menu, the reins of which Jansons has now passed over to the new and talented pastry chef Daina Pope-Gulbe, whose specialty is contemporary creations with a taste of home. A newcomer to the menu is the mascarpone dessert, the creation of which was also galvanized by Jansons' Mediterranean stint.

*MUUSU* is a great place to enjoy exquisite foods and wonderful drinks. In fact, the honourable experts at the Baltic Wine List Awards 2019 have included the *MUUSU* wine list among the best and most engaging wine lists in the Baltics. Drinks and cocktails can be enjoyed before dinner in our special first-floor cocktail room. After the meal, guests can head to the third floor at *MUUSU*, which is ideal for cosy after-dinner chats accompanied by dessert and all-natural herbal teas gathered from the local countryside. All three floors at *MUUSU* can be reserved for private events: 'For guests who wish to host a private or corporate event with us, we can create a customised menu based on their preferences and *MUUSU*'s culinary innovations and traditions,' explains Mārtiņš Bērziņš, the restaurant's manager. But for many, their favourite place is the restaurant's outdoor terrace. Rated as one of the city's most beautiful spots for al fresco dining, it's an elegant place to enjoy not only the charm of Riga's Old Town, but also a delicious cocktail or glasses of wine from the restaurant's superb drink list.



Jūrmala

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JŪRMALA CYCLING MARATHON

June 15  
WORLD CUP STAGE  
IN STREET GYMNASTICS

June 19–September 1  
MUSIC FESTIVAL "RIGA JURMALA"

June 30–September 1  
INTERNATIONAL ORGAN MUSIC  
FESTIVAL "VOX ANGELICA"

July 6  
JOMAS STREET FESTIVAL

July 18–21  
"LAIMA RENDEZVOUS JŪRMALA"

July 22–28  
INTERNATIONAL SERIES TENNIS  
FESTIVAL WTA BALTIC OPEN

July 23–28  
"JŪRMALA FESTIVAL" CONCERTS

August 3  
INTERNATIONAL BALLET FESTIVAL.  
"BALLET STARS IN JŪRMALA"

August 5–11  
INTERNATIONAL MUSIC FESTIVAL  
"SUMMERTIME — INESE GALANTE"

August 9–10  
NIGHT FAMILY EXPEDITION  
"IN THE WORLD OF FAIRY TALES"

September 5–8  
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THE CATCH

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catchme@thecatch.lv  
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## THE CATCH – the exquisite flavours of Japanese cuisine

The Japanese restaurant *The Catch* lets diners find themselves in two places at once: the charming Quiet Centre of Riga, which the restaurant calls home, but also Japan, the birthplace of sushi.

*The Catch* was started by husband-and-wife team Alexander and Alexandra Slobine as a small family-run restaurant that grew into an international business. With his extensive local and international experience in the restaurant business, especially in Asian and Japanese cuisines, Alexander is the heart and soul of *The Catch*. It was he who opened the first Japanese restaurant in Riga almost twenty years ago, attracting gourmets from the Baltic region for years after. Now he's put his knowledge and experience into this cosy restaurant, which he calls his life's work.

*The Catch* combines three basic values that, in Alexander's mind, are critical to creating an excellent brand: experience in the restaurant business, the highest-quality, best-origin products, and a top-class team. These three elements also came into play when creating the menu at *The Catch*. Though the dining hall isn't spacious, the menu represents the best traditions from Japanese cuisine. Here diners can taste the pride of Japanese food, sashimi, which is made from only the best raw fish. It is available in two styles: classic (served on ice with a side order of soy sauce) or in the new style, currently trending in Europe (with a special sauce accompanying each fish). The restaurant also offers sushi rolls and various appetisers as well as meats, fish, and vegetarian items grilled in the robatayaki style.

*The Catch's* team takes pride in its top-quality fish and shrimp. Here patrons can enjoy bluefin tuna, yellowtail, sea perch, eel, Scottish salmon, and even such a delicacy as tuna belly. Alexander points out that even the tiniest details are important in Japanese cuisine, which is why at *The Catch*, for instance, they use only fresh wasabi root rather than powder. "We want to offer our diners only the best, so we carefully choose our product sources and ingredient suppliers. To that end, *The Catch* serves up the best crab meat from Kamchatka, organically farmed salmon from Scotland, and our shrimp comes from Mozambique, Argentina, and other countries," he says.

Among the guests' favourite dishes are the bluefin tuna and tuna belly, which is not just the softest and priciest part of the tuna, but it



Sushi master Sergey Kim



is said that no other restaurant in the Baltics even offers this on its menu. Diners at *The Catch* also speak highly of the only soup on the menu, the chicken ramen, which features organically-raised, robata-grilled meat over Japanese noodles prepared by a specially-trained cook. The team has kept vegans and vegetarians in mind, too, offering plenty of dining options besides meat and fish. One of the favourite vegan menu items is the *wafu* spinach salad, which includes avocado, peanuts, and sesame seeds. *The Catch* entrusts the preparation of the traditional Japanese dessert known as *mochi* to another specially-trained cook.

The waitstaff at *The Catch* is most knowledgeable about Japanese cuisine and can help guests select the best combinations of foods. Likewise, the service team can offer equally expert advice on appropriate cocktail and beverage choices to accompany your meal. Naturally, one doesn't want to miss the opportunity while dining at a Japanese restaurant to try one of the many versions of the traditional drink *sake*, of which *The Catch* offers a relatively large selection. But those who prefer stronger drinks will definitely appreciate the care the bartenders have taken in assembling an array of cocktails tailored to pair well with the flavours found in Japanese cuisine.

One favourite cocktail here is the YuzuZuzu, which consists of sake, Midori, gin, lime juice, and egg white. By the way, on Friday and Saturday nights *The Catch* indeed becomes a small cocktail bar for residents and visitors to Riga's so-called Quiet Centre looking to unwind after the workweek.

*The Catch* has a homey atmosphere that's perfect for conversations and spending time with friends. It can host up to 35 diners, and guests admit that the reasonable prices allow one to try out at least a few different dishes and broaden one's experience of Japanese cuisine. "The great challenge and responsibility for any Japanese restaurant is to provide high quality in all facets of the dining experience, and we do our best to succeed at this challenge," says the restaurant's team, backing its claim that Riga has long deserved an outstanding Japanese restaurant.

After the instant success of *The Catch* in Riga, the team was inspired to move forward with the brand and open a second restaurant. After careful consideration, Berlin was chosen to be the home of this second restaurant, due to Alexander Slobine's German background and his love for the city. The restaurant is located in western Berlin, at Bleibtreustraße 41, and opened this April.



## STEIKU HAOSS – the best steak restaurants in Riga

The kitchens at the three *Steiku Haoss* restaurants are run by talented chefs who don't look at food as a mere means to satisfy one's hunger. Their meals are made to be enjoyed and relished.

This year *Steiku Haoss* is celebrating its 16<sup>th</sup> anniversary, thus confirming its staying power on the city's restaurant scene and the loyalty of its customers. Aside from serving outstanding steaks, the *Steiku Haoss* establishments in Riga stand out with their pleasing interiors that look as if they've come straight out of a classic cowboy Western movie.

At each of the restaurants, guests are treated to a wide selection of exceptional dishes, thanks to two skilled local chefs. Kristaps Jauja is the head chef at the *Steiku Haoss* restaurants on Audēju iela and Meistaru iela. Meanwhile, his colleague Renārs Valdmanis runs the kitchen at the *Steiku Haoss* on Tērbatas iela.

The *Steiku Haoss* restaurants not only serve excellent-quality meat; they also age it and do any other prep work necessary for specific dishes. And because the restaurant receives the meat in primal cuts, customers can choose the size of their specific cut of meat. This concept allows customers to try out more than one variety of steak during a meal. Incidentally, most of the steaks served at *Steiku Haoss* are not marinated but aged for seven to thirty days. Before arriving on diners' plates, they've travelled from Australia, New Zealand, Argentina, Brazil, Denmark, and right here in Latvia.

'The aged beef at *Steiku Haoss* is one of our greatest sources of pride and always a customer favourite. For instance, Latvian beef sirloin and entrecôte are dry-

aged for 21 days in the restaurant's special aging lockers. Customers have also grown fond of our Baltic beef tenderloin that has been aged for seven days, as well as our 28-day dry-aged Black Angus from Australia,' say the chefs at *Steiku Haoss*.

In addition, people who have come to know the outstanding steaks served at *Steiku Haoss* will appreciate being able to buy raw steaks at the Tērbatas iela restaurant for home preparation, thereby extending the gastronomical experience.

As you enjoy a great-tasting steak in a relaxed atmosphere and to the backdrop of live music (available every weekend in the *Steiku Haoss* restaurants in the Old Town), you might also consider pairing your meal with a fine wine from the extensive cellars at *Steiku Haoss*. The drinks menus are, of course, just as carefully developed as the selection of steaks. Wines have been paired with each of the foods on the menu and are sure to complement the many distinct flavours. And if you need help in deciding which wine to select, the well-trained and experienced sommeliers at *Steiku Haoss* are happy to suggest something.

As the weather becomes warmer, all of the *Steiku Haoss* restaurants have opened their cosy outdoor terraces. Indeed, the touch of summer can be felt not only outdoors but also on the menus, which the chefs have now accented with a dash of the sunny season.



Meistaru iela 25, Rīga | (+371) 67222419  
Tērbatas iela 41/43, Rīga | (+371) 67272707  
Audēju iela 2, Rīga | (+371) 67225699

steikuhaoss.lv  
twitter.com/SteikuHaoss  
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instagram.com/SteikuHaoss



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www.tarzans.lv

## SIGULDA Adventure Park Tarzans

Tube Sliding	Chairlift	Toboggan Track
Archery	Crazy Roller	Trampoline park
KIDS safari park	Electric Pedal Cars	Pedal Go-Karts
Children's Go-karts	Pneumatic Shooting	Children's Driving School
Bouncy Castles	Jungle Climb	Jungle Jump
Catapults	Giant Swing	Bungee Trampolines

## Sigulda Obstacle Park 10 TRACKS 130 OBSTACLES

Obstacle course 1	Obstacle course 2	Obstacle course 3
Obstacle course 4	Obstacle course 5	Obstacle course 6

Māris Dukurs 8 time World Cup overall winner's skeleton  
Māris Strömbergs BMX 2 time Olympic champion's bike

## JŪRMALA Adventure Park Tarzans 5 TRACKS 74 OBSTACLES

Obstacle course 1	Obstacle course 2	Obstacle course 3
Obstacle course 4	Obstacle course 5	Obstacle course 6

Dzintari Forest Park, Jūrmala, +371 27088061, jurmala@tarzans.lv

## LIEPĀJA Adventure Park Tarzans 5 TRACKS 76 OBSTACLES

Obstacle course 1	Obstacle course 2	Obstacle course 3
Obstacle course 4	Obstacle course 5	Obstacle course 6

Liepāja Obstacle Park tracks:  
Piano (Uldis Marhlevičs)  
Basketball (Kristaps Porziņģis)  
Microphone (Iva Fomina)  
Motorcycle (Pauls Joniņš)

300 m long rope ride

8 Lībiešu street, Liepāja, +371 27088933, liepaja@tarzans.lv

## Daugavpils Adventure Park Tarzans 6 TRACKS 80 OBSTACLES

Obstacle course 1	Obstacle course 2	Obstacle course 3
Obstacle course 4	Obstacle course 5	Obstacle course 6

Dzintaru and Koknases streets intersection, Daugavpils, +371 27006935, daugavpils@tarzans.lv

## BEST security system

All parks are equipped with continuous safety system from Swiss company Kanopeo.

1 Peldu street, Sigulda, +371 27001187, tarzans@tarzans.lv



# FISH HOUSE BRASSERIE DE LUXE – a casual gourmet experience

Publicity photos and  
by F64



Executive  
chef  
Jānis  
Zvirbulis

Riga has long deserved a restaurant for lovers of fish and seafood at which everything served truly falls under the definition of 'haute cuisine'. *Fish House Brasserie de luxe* stands out with its concept of casual gourmet dining and an atmosphere reminiscent of a French brasserie. Executive chef Jānis Zvirbulis has created the menu based on his motto of 'quality without compromise', and the restaurant has unabashedly set itself the goal of becoming the first Michelin-starred restaurant not only in Latvia, but in the Baltics as a whole.

*Fish House* has been on the Riga restaurant scene for a relatively short while – just since summer of last year – yet it has already garnered an appreciative following. It is the place where executive chef Jānis Zvirbulis creates his unique interpretation of Lyonnaise cuisine. Using modern cooking techniques and only the finest quality produce and ingredients, Zvirbulis creates a symphony of taste that both honours the cultural heritage of France and respects the authenticity of natural flavours.

The master chef of *Fish House* has studied cooking at the world's culinary mecca – *Institut Paul Bocuse* in Lyon –

which explains his devotion to French cuisine. He subsequently perfected his skills working alongside legendary masters of culinary art in some of the finest French restaurants, such as the Michelin-starred *La Table des Blots*.

*Fish House's* master chef has also worked at several of Latvia's finest restaurants, so locals are well aware that the name Zvirbulis means guaranteed quality. He is also an innovator, fond of discovering and combining various flavours that may, at first, elicit bewilderment – for instance, an appetiser featuring burrata with octopus, or a lasagna made from lobster and sweetbreads. These sorts of successful experiments are exactly why the restaurant's guests return again and again, praising the chef's nontraditional yet sensational flavour combinations. In emphasising seasonality, the menu has already changed several times since the restaurant's opening, thereby sealing its commitment to serving only the best that the sea and the land have to offer. 'Every ingredient that we use at *Fish House* is worth its weight in gold. We have our own view of the world, and we wish to pass that on to our guests through the food that we create,' explains Zvirbulis. There are, of course,



Skolas iela 29, Riga  
fishhouse.lv  
book@fishhouse.lv  
+371 26497777  
Opening hours:  
Sun-Mon: Closed  
Tue-Fri: 12.00-22.30  
Sat: 10.00-22.30

\*Next time you're on Instagram, check out @fishhousebrasserie for some really great seafood pictures, as well as to keep up to date on new menu items!



Oysters from  
Arcachon, France



Lobster and veal  
sweetbread lasagna



"A la pistache"  
Crème Brulee

several customer favourites that the chef is quite proud of: the *Fish House* seafood salad containing lobster, scallops, squid, octopus, avocado, fresh greens, and a citrus dressing made with yuzu; and Zvirbulis' masterpiece – the absolute best-selling lobster risotto. Although *Fish House* is decidedly a seafood restaurant, a few excellent meat dishes are on offer as well, such as beef tenderloin steak, and a very special offer of classic wagyu bavette steak. The dessert menu that Zvirbulis has created is also nothing to scoff at, with such delightful treats as the Luxembourg macaroon (made with green tea ice cream, raspberries, and Arabian-rose cream) and pistachio crème brûlée.

*Fish House* has succeeded in finding the key to its customers' taste buds, leading it to becoming a favourite spot for romantic dinners, business lunches, and relaxed breakfasts with friends. In fact, Riga insiders know that on Saturdays from 10:00 to 14:00, *Fish House* is the place to go for the most refined and delicious à la carte breakfast in the city – the twelve different organic egg dishes that Zvirbulis serves leave no room for doubt.

It is accepted that wine is a perfect partner for seafood, and in charge of this aspect at *Fish House* is Gatis Pridāns, the restaurant's head sommelier and host. Pridāns is well-known in Riga for having worked in several of the city's top restaurants renowned for their wine and champagne service,

and he has made sure that *Fish House* rises above the rest not only in terms of food, but with its drinks menu as well. You'll find no other place in Riga serving all-natural, additive-free *Radikon* biodynamic wine, and Pridāns' selection of top-notch champagnes is impressive, to say the least. 'It was important for us to listen to the preferences and wishes of our customers when putting together the wine list. That's why we have such a large selection of unique wines to serve to guests who enjoy surprises,' reveals Pridāns.

Interior designer Elizabete Ivanova has brilliantly executed the casual-gourmet atmosphere as envisioned by the team at *Fish House*. Instead of white tablecloths, your meal will be served on refined yet warm natural stone tabletops, made right here in Latvia. Just like the menu, the décor features details that favourably contrast, such as playful fish-print wallpaper juxtaposed with elegant porcelain dinnerware. All of the restaurant's tableware is custom made by *Dibbern Manufaktur*.

*Fish House* can accommodate 36 guests, and no more. Which is why it is strongly encouraged to make reservations for evening meals if you want to be sure to get a table. And don't be surprised if you see a famous face or two – *Fish House's* excellent food and reasonable prices have been discovered by more than a few celebrities.

# CHEF'S CORNER

A restaurant and bar like no other



CHEF'S CORNER  
Restaurant & Bar

Address: Jeruzalemes iela 5  
(entrance from Dzirnāvu iela), Rīga  
Tel.: +371 27001101  
info@chefscorner.lv  
chefscorner.com

Opening hours:  
Monday - Thursday: 12.00-23.00  
Friday - Sunday: 12.00-03.00



Chef Ēriks Līvmanis

Although its doors opened to visitors relatively recently, the *Chef's Corner* restaurant and bar has already won the recognition of many gourmards through not only its excellent custom-made menu and drinks bar, but also by way of its intriguing interior design scheme unlike any other in Riga.

When developing *Chef's Corner*, the team behind the idea wanted to create a top-notch grill restaurant that would bring together several things: an attention to detail, a professional team, a distinct atmosphere and, of course, gastronomic enjoyment. According to Jānis Skrindževskis, a co-author of the *Chef's Corner* project, only by combining all of these elements can one create a place where diners not only enjoy their meal, but also want to make repeat visits. 'When we created *Chef's Corner*, we wanted to offer Rigans and visitors to the city a place with no equivalent in Riga in terms of both its design and menu,' says Skrindževskis. 'We want our guests to pay less when they visit the restaurant, but to receive more – an experience, good service, and a fine selection. We call ourselves an auteur restaurant, which means that every person from our team has developed and contributed their vision of what this place should be like.'

*Chef's Corner* offers European cuisine with a twist. Although there are several excellent vegetarian options and fish specialties that can be found on the restaurant's menu, it's the top-quality steaks and meat dishes that bring guests back again and again, and which chef Ēriks Līvmanis is especially proud of. When entering the restaurant, it is impossible to miss the big slabs of beef hanging in the specially designed refrigerators where they are cured for 16 days – making them visible becomes an interior design

element as well as an indication of how much care and attention is given to each piece of meat before it is eventually prepared and served. According to head chef Līvmanis, the absolute star of *Chef's Corner* is the steak from the Swiss breed of Simmental beef. Likewise, when you open the menu, you can't miss the wide array of tartare dishes – both meat and fish versions, as well as vegetarian options like zucchini tartare with sun-dried tomatoes and whipped goat cheese. For those who appreciate excellent poultry, we recommend ordering the tartare made from locally grown ostrich meat – based on the chef's gastronomic intuition, the ostrich tartare contains Italian bacon, a delectable delight for all gourmards. Seafood lovers have not been forgotten either – to note, the ingenious ways that octopus is served at *Chef's Corner*: as an appetizer in a warm salad, or lightly smoked as a main course. And lastly, devotees of dessert will appreciate the chef's interpretation of the classics, for example, his version of Mont Blanc – made with chestnut mousse, a base of chestnut sponge, and blackberry gel – is one of the restaurant's most frequently requested desserts.

Wishing to broaden their customers' knowledge of food, as well as to give them an uncommon experience of gastronomic joy, the restaurant will soon be holding chef's table events with a tasting menu under the chef's guidance (for groups of at least eight people).

*Chef's Corner* rises above other Riga restaurants not only due to its great selection of steaks, but also thanks to its large collection of wines – and especially

its signature cocktail list. The latter has been designed by Māris Locāns, one of Riga's most outstanding bartenders and the official brand ambassador for Moët champagne and Hennessy cognac in Latvia. Two of the most popular cocktails at *Chef's Corner* are '92 Days of Passion' and 'Sharky Basil Mare', as well as the special Hennessy cocktail list.

When coming up with the interior design scheme for *Chef's Corner*, the project team wanted to create something that had not yet been seen among Riga's restaurants. If we had to name one material that best describes *Chef's Corner*, that would definitely be glass. From the outside, the restaurant is surrounded by glass windows that span all the way down to the ground, giving it a summer-garden feel while right in the city's centre. Comparably, once you're inside the restaurant, every guest can take a peek into the kitchen in that the door that separates it from the dining room is also made of glass. Subsequently, *Chef's Corner* has become one of the few restaurants in Riga to feature an open kitchen.

*Chef's Corner* is busiest on weekday evenings and on weekends – at those times almost all of the restaurant's 70 seats are likely to be taken, which is why we strongly advise you to make reservations in advance. However, this does not mean that *Chef's Corner* is a typical evening restaurant – it's also entirely suitable for business lunches with colleagues, social afternoon dining with friends, and for observing special events in an ideal place to celebrate both life and excellent food.

Photos by Shutterstock, iStock  
and courtesy of airBaltic

# WELCOME ABOARD airBaltic



Menorca

## NEW DESTINATIONS FROM RIGA

Nothing can replace a beach holiday in terms of relaxation and escaping the rest of the world. Two perfect islands where you can stock up on vitamin D during the summer holidays are now reachable via direct flights from Riga.

On May 12 *airBaltic* launched its flights to **Menorca**, one of the blissful Balearic Islands of Spain, where you can enjoy over 70 spectacular beaches.

If you feel like exploring the birthplace of the father of medicine, Hippocrates, or experiencing a natural spa in a warm volcanic pool, then the Greek island of **Kos** is the right place to spend your vacation! Flights to both destinations are operated once per week with round-trip tickets starting from EUR 159.

## airBaltic INTRODUCES ITS NEW PRE-ORDER MENU

With the arrival of summer, passengers can enjoy a new pre-order menu on *airBaltic*! Chefs from all three Baltic states have carefully prepared seven new dishes and thoroughly upgraded 11 of the most popular existing meals. The new menu caters to the needs of all *airBaltic* passengers, offering a larger variety of dietary and special meals, including



gluten-free and vegetarian dishes, as well as meals for passengers travelling with children.

Additionally, meal pre-order is now also available for our Tallinn flights. Estonian passengers are now offered an extensive meal pre-order system with fresh dishes available up to 24 hours before departure.

All meals are freshly prepared from high-quality ingredients before each flight. Besides, every passenger who pre-orders a meal gets served first on the airplane.

Book tickets now on [www.airbaltic.com](http://www.airbaltic.com) to get the best deals.

**e**  
To get the best flight deals, look for prices with cherries on [airbaltic.com](http://airbaltic.com)!

All flight prices mentioned in this magazine apply for one-way Basic tickets from Riga, Vilnius, or Tallinn that are booked in advance at [www.airbaltic.com](http://www.airbaltic.com). Prices are subject to availability and not available for all flights or days. Special conditions apply. Prices can be changed unilaterally by *airBaltic*.

## Spice up your trip with our extras!

Book these useful services along with your ticket at [airbaltic.com](http://airbaltic.com) or add them to your booking later on.



NEW

### Heavy cabin baggage

With a Basic ticket you can take on board one cabin bag (55x40x23 cm) and one personal item (30x40x10 cm) with a total weight of eight kilograms free of charge.

However, sometimes you may need to carry more but want to avoid waiting for a checked suitcase at the baggage belt. Now you can **add an extra four kilograms to your cabin baggage for only EUR 9.99** and take a total of 12 kilograms on board.

Please note: If you purchase extra cabin baggage weight, your cabin baggage must still remain within the above-mentioned dimensions. Exceeding the allowed cabin baggage weight or size limits will cost **EUR 60 at the airport**.

NEW

### Early check-in

With a Basic ticket, you have the option of early check-in for your flight up to five days before departure. This is especially handy for short trips, for which you can print out your boarding pass for both directions from home and don't need to worry about finding a printer while abroad. To qualify for early check-in, reserve a seat on board starting from **EUR 3.99**.



### Checked baggage

Add checked baggage if you want to take up to **20 kilograms**, including liquids over 100 ml, which are not allowed in cabin baggage. The cheapest option is to book checked baggage along with your ticket at [airbaltic.com](http://airbaltic.com) starting from **EUR 19.99**. You can also add baggage anytime later at a higher price.



### Pre-order a meal

Order a meal before your flight and be among the first served on board. Choose our great value meal sets, which include a main course, dessert, and a drink starting from **EUR 9.99**. All meals are freshly prepared shortly before the flight. Special vegetarian and kids' meals are also available.



### Reserve a seat

Are you a window person, or do you favour more legroom? Want to avoid the middle seat or sit together with your family? Or do you want to sit in the front to be the first off the plane?

Whichever it is, you can secure your favourite seat in advance starting from **EUR 3.99**. With a reserved seat you will enjoy an additional bonus – the opportunity to check in for your flight already five days before departure (instead of the usual 36 hours).



### Fast track in Riga

Add fast-track security check to your booking for only **EUR 9.99** and skip the security lines at Riga Airport.



### Special equipment\*

Whatever your hobby, you don't have to live without it during your trip. Take your bicycle, skis, or golf bag with you for **EUR 34.99**.

Guitars, cellos, and other fragile musical instruments that do not fit in cabin baggage can be transported on the seat next to the passenger if a special ticket has been purchased for their transportation.



### Assistance for children flying alone\*

If you are unable to accompany your children, our crew can take care of them from the time they check in to the moment when they meet a parent or guardian at the destination airport. Unaccompanied minor service costs **EUR 60** and is available for children aged 5 to 17.



### Travelling with pets\*

Your furry friend can travel in the cabin if its crate fits under the seat in front of you. Larger animals are placed in the cargo hold during the flight.

\*Book these services at *airBaltic* ticket offices or via the call centre: T: +371 67006006, [reservations@airbaltic.com](mailto:reservations@airbaltic.com).

Words by Ilze Vitola  
Photo by  
Dmitrijs Šulžics (F64)

## Pilots out of their office



**Quentin Bertrand (30),**  
first officer on *Airbus 220*  
from France

*Baltic Outlook* introduces you to some of the most important people at *airBaltic* – its flight crew members, who have some of the most interesting hobbies.

### HOBBY

Of course, every kid loves spending time riding around on bikes with his friends. Quentin Bertrand, however, says that his love for biking, and specifically mountain biking, started in school. 'I grew up in Nancy, a city in eastern France, and in primary school we had to choose which sports discipline we wanted to engage in once a week as part of our school curriculum. I chose mountain biking.' Quentin and a couple of other students got hooked on the sport, and so they also spent weekends riding bikes in the forest as well as participating in local mountain biking competitions. 'After high school, we went our separate ways, so I didn't take part in competitions anymore. But I kept on riding for fun,' he tells *Baltic Outlook* with a bit of nostalgia in his voice.

Before moving to Latvia, Quentin went mountain biking once a week. 'The name is a bit misleading, because you don't necessarily need to have mountains, but rather forests,' he explains. For this reason, he thinks that mountain biking is a very democratic sport. You just need a bike, a helmet, and a forest. Moreover, you don't depend on anyone – if you're in a selfish mood, you can do it by yourself, but if you want to share the fun with others, you can easily find someone to bike with.

Why not road cycling? 'Actually, my father is an enthusiastic cyclist, but frankly, I found it boring. In road biking the surface is flat, there are no obstacles, you just ride. Whereas in mountain biking you constantly need to change your rhythm to adapt to different biking conditions. Plus, there's the being out in nature, the fresh air, the great landscapes, and, last but not

least, the awesome cardio workout.' Being a pilot means a lot of hours sitting, so doing sports is mandatory to stay fit and healthy. Right now, Quentin is waiting for his bike to arrive from France so he can enjoy the forests of Latvia.

### HOW IT ALL BEGAN

While Quentin did not pick up an affinity for road cycling from his father, he does give him credit for his love of planes. His father has a private pilot licence and took Quentin on his first plane ride when he was just a year old.

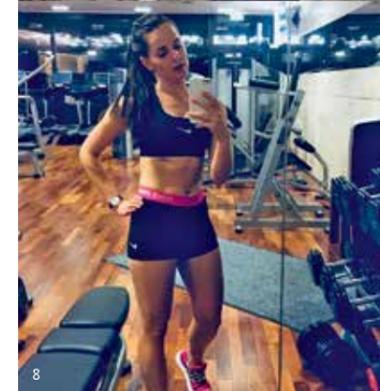
Quentin recalls that later, on Saturdays, he liked to take his bike and ride to the nearby airfield and while away the hours looking at planes taking off and landing. He secretly wished to get a lift from one of the members of the club. 'Everybody there knew me,' he says.

When Quentin was 19, he got a private pilot licence, too. Unfortunately, training costs skyrocketed and the market situation was weary. Therefore, as a plan B, Quentin enrolled in an engineering school. But his desire to become a pilot just grew bigger, so in 2011 he applied for the French Air Force and was selected. Being in the military was not a walk in a park, but after three and a half years of training he was finally able to fly a tanker. 'I was doing air-to-air refuelling for military aircraft over Europe and Africa,' he says, explaining his duties.

After three years of that, Quentin decided to pursue his dream of becoming a commercial airline pilot, and in 2018 he joined *airBaltic*. 'It has been a personal challenge for me to move to the other side of Europe and leave my country and my family, but I have no regrets,' he says. 'I enjoy my life in Latvia and doing the job I always dreamed of!'

Words by Ilze Pole / Photos courtesy of Viktors Veide, Laura Vancane, and Anna Uške

Let's take a look at where our flight attendants love to travel and at the fascinating hobbies and talents that they have!



1/ Senior cabin crew member **VIKTORS VEIDE** joined *airBaltic* ten years ago. He's worked on all aircraft types in *airBaltic's* fleet and is now a line trainer who trains new colleagues. Here Viktors poses with Jelena Ostapenko, the Latvian tennis player who won the 2018 French Open.

2/ Viktors' own hobby is BMX. He began with the sport at age seven and continued for 15 years. He has been the Latvian champion and taken part in the European and world championships.

3/ Viktors, his wife, and their two daughters on vacation in Turkey.

4/ Senior cabin crew member **LAURA VANCANE** in her hometown of Tukums during the air show there last summer. *airBaltic* also participated in the air show. Laura began working for the airline two and a half years ago, because she wanted to completely change her job and daily routine.

5/ The beach is Laura's little paradise. She has lived next to the beach and spends all of her free time there, either taking long walks or riding her bicycle along the shore. When planning vacations, she also makes sure there's a beach nearby.

6/ Laura and a friend on a trip to Spain. She appreciates the opportunities to travel, the flexible work hours, and the international environment that her job offers.

## 9 SNAPSHOTS from the lives of our flight attendants

**Want to become an airBaltic flight attendant?**  
Join the team at [careers.airbaltic.com/](https://careers.airbaltic.com/)!

7/ Cabin crew member **ANNA UŠKE** is a trained nurse and was working two jobs when she realised she needed a change. She likes working with people and making them smile, and, when thinking about a job she might enjoy, she thought of the aviation industry. So, last year she began working for *airBaltic*. She takes satisfaction in gaining the trust of airline passengers.

8/ In her free time, Anna works out with the *CrossFit* programme. It's like meditation for her, because when she's training, her mind completely switches off from work.

9/ Anna's other hobby is motorcycles. She just bought her first motorcycle and will soon get her Category A licence.



## Welcome to the new travellers' club!

Join the new *airBaltic* loyalty club and get valuable rewards even if you only fly a few times a year. Likewise, frequent travellers will be able to earn free flights and reach a higher membership status faster than before. If you're a member of the *pins* programme, you can automatically enjoy all the *airBaltic Club* programme benefits.

### COLLECT PINS AND EARN FREE FLIGHTS

*airBaltic Club's* currency is still *pins*. Collect *pins* to exchange them for free flights, checked baggage, or *airBaltic* gift cards.

You can earn *pins* when buying *airBaltic* tickets or additional services. The number of *pins* earned depends on the level you have reached in the club as well as on your ticket type. You will earn more *pins* by buying Premium or Business class tickets.

You can also earn *pins* with our partners: hotels, car rentals, restaurants, and online shops.

### JOIN NOW

Join at [www.airbalticclub.com](http://www.airbalticclub.com) or while on board – just ask the cabin crew for your new *airBaltic Club* card.



## Three membership levels

*airBaltic Club* has three membership levels suited to different flying habits. Whether you call planes your second home or only fly a few times a year, everyone can earn valuable prizes from *airBaltic Club*.



### START WITH STAMPS

At the first *airBaltic Club* level, you collect not only *pins* but also stamps. To make things convenient and simple, use the *pins* mobile app – a virtual card on which you can check the number of stamps you have at any time.

You will receive your first two stamps as soon as you join the club. After that, you will earn one stamp for each one-way flight with *airBaltic*. When booking tickets through the *airBaltic* website, always remember to add your *airBaltic Club* number. The stamp will automatically be added to your account after your flight.

Along with the stamps, you will also earn a variety of valuable prizes:

- Free checked baggage
- Seat reservation voucher
- Discounts on flight tickets
- Extra *pins* points

After collecting just 12 stamps, you will be rewarded with a free flight. To reach the Executive membership level, you must collect 24 stamps over the course of one year.

If you already have collected stamps within the *Green Tails Club* programme, these will be automatically transferred to your *airBaltic Club* stamp card. All you need to do is update the *pins* app on your device.

### EXECUTIVE LEVEL

If you collect 24 stamps within one year or have flown on at least 30 one-way flights, you will reach *airBaltic Club* Executive status.

We know that time is the most valuable asset for frequent travellers, so we reward our Executive members with the following privileges:

- Fast-track security check at Riga International Airport
- Priority check-in at the airport
- Heavy cabin bag free of charge
- VIP client support via *WhatsApp*

### VIP LEVEL

If you take at least 60 one-way flights within a single year, you will earn *airBaltic Club* VIP status, which allows you to enjoy special privileges when travelling:

- Free upgrade to Business class twice per year
- Visit airport business lounges with one travel companion
- Priority check-in
- Fast-track security check for you and one travel companion at Riga International Airport
- Bigger baggage allowance
- Opportunity to choose your seat
- VIP client support via *WhatsApp*

Download the *pins* app



# Monthly flight offers for *airBaltic Club* members

# 30% OFF

Spend your *pins* on *airBaltic* tickets! This month only, book flights to the following destinations for a reduced number of *pins*.

Flights FROM / TO

Riga



Venice

10 500  
7 300  
*pins*

Vilnius



Prague  
via Riga

10 700  
7 400  
*pins*

Tallinn



London

10 500  
7 300  
*pins*

Book: June 1–30, 2019  
Travel: July 1 – September 30, 2019

Request your *pins* flight on the *airBaltic* website in the *airBaltic Club* section.

The advertised campaign applies to *airBaltic* operated flights only. Flight tickets are subject to *pins* flight seat availability on each route. The *pins* price is fixed and is independent of the actual ticket price. *Pins* flights do not count toward tier status. *Pins* flights are not *pins* applicable. Airport taxes, service fee and extra services (such as bags, meal on board, insurance) must be covered separately. Airport taxes should be paid within 24 hours after booking is made.

## ADD HEAVY CABIN BAGGAGE!

TAKE ON BOARD 12 KG INSTEAD OF THE USUAL 8 KG.

EXCHANGE YOUR *PINS* FOR A HEAVY BAGGAGE VOUCHER!

Find out more at [airbalticclub.com](http://airbalticclub.com)



1650  
*pins* +4 kg

Flights from RIGA						Flights to RIGA					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
ABERDEEN	Dyce	ABZ	-2--6-	16:35	17:10	ABERDEEN	Dyce	ABZ	-2--6-	17:50	22:20
ALMATY	ALA	ALA	-2-4-7	23:20	07:35+1	ALMATY	ALA	ALA	1-3-5--	08:35	11:20
AMSTERDAM	AMS	AMS	123456-	07:45	09:05	AMSTERDAM	AMS	AMS	123456-	10:20	13:35
ATHENS	ATH	ATH	1-3-5--	23:30	02:40+1	ATHENS	ATH	ATH	-2-4-6-	03:20	06:30
BAKU	Heydar Aliyev	GYD	-3--7	22:45	03:20+1	BAKU	Heydar Aliyev	GYD	1-4---	04:10	07:00
BERLIN	Tegel	TXL	123456-	07:35	08:10	BERLIN	Tegel	TXL	123456-	08:50	11:25
BILLUND	BLL	BLL	12456-	07:30	08:55	BILLUND	BLL	BLL	12456-	08:55	11:45
BORDEAUX	BOD	BOD	-4--7	08:10	10:30	BORDEAUX	BOD	BOD	-4--7	11:10	15:30
BRUSSELS	BRU	BRU	123456-	07:30	08:55	BRUSSELS	BRU	BRU	123456-	09:40	13:05
BUDAPEST	BUD	BUD	-2-4-6-	12:50	13:45	BUDAPEST	BUD	BUD	-2-4-6-	14:25	17:25
CATANIA	Fontanarossa	CTA	-2---7	07:15	09:45	CATANIA	Fontanarossa	CTA	-2---7	10:35	14:55
COPENHAGEN	CPH	CPH	123456-	07:45	08:25	COPENHAGEN	CPH	CPH	123456-	09:05	11:40
DUBLIN	DUB	DUB	1-3-5-7	07:30	08:35	DUBLIN	DUB	DUB	1-3-5-7	09:15	14:10
DUBROVNIK	DBV	DBV	-2--6-	15:40	17:20	DUBROVNIK	DBV	DBV	-2--6-	18:15	21:45
DUSSELDORF	DUS	DUS	12345-7	16:10	17:30	DUSSELDORF	DUS	DUS	12345-7	18:35	21:40
FRANKFURT	FRA	FRA	1234567	16:45	18:05	FRANKFURT	FRA	FRA	1234567	18:45	21:55
GDANSK	Lech Walesa	GDN	-2-4-6-	13:30	13:40	GDANSK	Lech Walesa	GDN	-2-4-6-	14:20	16:30
GENEVA	GVA	GVA	-2-4-6-	15:45	17:25	GENEVA	GVA	GVA	-2-4-6-	18:10	22:00
GOTHENBURG	Landvetter	GOT	12345-7	12:50	13:30	GOTHENBURG	Landvetter	GOT	12345-7	14:00	16:35
HAMBURG	HAM	HAM	123456-	07:25	08:25	HAMBURG	HAM	HAM	123456-	08:50	11:45
HELSINKI	HEL	HEL	1234567	08:00	09:05	HELSINKI	HEL	HEL	1234567	05:35	06:40
KALININGRAD	Khrabrovo	KGD	12345-7	23:30	23:25	KALININGRAD	Khrabrovo	KGD	123456-	04:30	06:25
KAZAN	KZN	KZN	1-4---	23:35	02:00+1	KAZAN	KZN	KZN	-2-5--	03:20	06:00
KIEV	KBP	KBP	123456-	07:20	09:05	KIEV	KBP	KBP	1234-6-	04:45	06:35
LARNACA	LCA	LCA	-2-4-6-	22:50	02:30+1	LARNACA	LCA	LCA	-2-4-6-	03:10	06:55
LISBON	LIS	LIS	-2-----	12:50	15:20	LISBON	LIS	LIS	-2-----	16:10	23:00
LONDON	Gatwick	LGW	1234567	07:50	08:40	LONDON	Gatwick	LGW	1234567	09:25	14:05
LVIV	LWO	LWO	1-3-56-	23:50	01:40+1	LVIV	LWO	LWO	-2-4-6-	04:20	06:15
MADRID	Adolfo Suarez Barajas	MAD	1-45-7	13:00	16:10	MADRID	Adolfo Suarez Barajas	MAD	1-45-7	16:50	21:50
MALAGA	AGP	AGP	-3-6-	12:45	16:20	MALAGA	AGP	AGP	-3-6-	17:15	22:35
MALTA	MLA	MLA	1-5--	02:10	06:40	MALTA	MLA	MLA	1-5--	02:10	06:40
MENORCA	MAH	MAH	-4--7	23:00	01:30+1	MENORCA	MAH	MAH	-4--7	12:00	16:35
MILAN	Malpensa	MXP	123456-	08:00	09:40	MILAN	Malpensa	MXP	123456-	10:40	14:20
MINSK	MSQ	MSQ	12345-7	13:35	14:45	MINSK	MSQ	MSQ	12345-7	15:20	16:30
MOSCOW	Sheremetyevo	SVO	1234567	07:25	09:00	MOSCOW	Sheremetyevo	SVO	1234567	04:50	06:30
MUNICH	MUC	MUC	123456-	07:40	08:50	MUNICH	MUC	MUC	123456-	09:30	12:40
NICE	Cote d'Azur	NCE	-2-4--	07:50	09:55	NICE	Cote d'Azur	NCE	-2-4--	10:35	14:30
ODESSA	ODS	ODS	-2-6-	07:30	09:35	ODESSA	ODS	ODS	1-3456-	03:40	06:15
OLBIA	Costa Smeralda	OLB	-4--6-	08:10	10:30	OLBIA	Costa Smeralda	OLB	-4--6-	10:20	12:25
OSLO	OSL	OSL	123456-	08:00	08:40	OSLO	OSL	OSL	123456-	09:15	11:45
PALANGA	PLQ	PLQ	-3-6-	12:20	13:05	PALANGA	PLQ	PLQ	-3-6-	13:35	15:25
PALMA DE MALLORCA	PMI	PMI	-4--7	07:50	10:40	PALMA DE MALLORCA	PMI	PMI	-4--7	11:30	16:10
PARIS	Charles de Gaulle	CDG	123456-	07:20	09:10	PARIS	Charles de Gaulle	CDG	123456-	10:05	13:50
PRAGUE	PRG	PRG	12345-7	07:15	08:20	PRAGUE	PRG	PRG	12345-7	08:45	11:50

Flights from RIGA						Flights to RIGA					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
REYKJAVIK	Keflavik	KEF	1-----	08:20	9:15	REYKJAVIK	Keflavik	KEF	1-----	10:00	16:40
RHODES	Diagoras	RHO	-3-6-	13:05	14:00	RHODES	Diagoras	RHO	-3-6-	14:45	21:25
RUEKA	RJK	RJK	-3--7	08:05	09:35	RUEKA	RJK	RJK	-3--7	10:15	13:40
ROME	Leonardo da Vinci Fiumicino	FCO	12345-7	14:05	16:10	ROME	Leonardo da Vinci Fiumicino	FCO	12345-7	17:40	21:45
SOCI	AER	AER	1-5--	23:10	02:15+1	SOCI	AER	AER	-2--6-	03:10	06:25
SPLIT	SPU	SPU	-5--	08:10	09:45	SPLIT	SPU	SPU	-5--	10:25	14:00
STAVANGER	Sola	SVG	-2--6-	17:00	18:20	STAVANGER	Sola	SVG	-2--6-	18:55	22:10
STOCKHOLM	Arianda	ARN	1234567	08:00	08:15	STOCKHOLM	Arianda	ARN	1234567	09:00	11:10
ST-PETERSBURG	LED	LED	1234567	12:35	13:50	ST-PETERSBURG	LED	LED	1234567	10:00	11:20
STUTTGART	STR	STR	1-3-5-7	12:25	13:40	STUTTGART	STR	STR	1-3-5-7	14:25	17:35
TALLINN	TLL	TLL	1234567	07:40	08:30	TALLINN	TLL	TLL	1234567	05:45	06:35
TAMPERE	Pirkkala	TMP	1234567	23:25	00:40+1	TAMPERE	Pirkkala	TMP	123456-	05:25	06:35
TBILISI	TBS	TBS	1234567	23:05	03:30+1	TBILISI	TBS	TBS	1234567	04:15	06:40
TEL AVIV	TLV	TLV	12-4-67	23:40	03:50+1	TEL AVIV	TLV	TLV	1-3--7	06:40	11:00
THESSALONIKI	SKG	SKG	-2-5--	23:35	02:25+1	THESSALONIKI	SKG	SKG	-3-6-	03:35	06:20
TURKU	TKU	TKU	1-3-5-7	14:20	15:25	TURKU	TKU	TKU	123456-	05:25	06:30
VENICE	Marco Polo	VCE	-4--	08:05	09:40	VENICE	Marco Polo	VCE	-4--	10:30	14:00
VIENNA	VIE	VIE	123456-	07:20	08:40	VIENNA	VIE	VIE	123456-	09:35	12:50
VILNIUS	VNO	VNO	1234567	07:40	08:30	VILNIUS	VNO	VNO	1234567	05:40	06:40
WARSAW	WAW	WAW	123456-	07:50	8:15	WARSAW	WAW	WAW	123456-	09:00	11:25
ZURICH	ZRH	ZRH	12345-7	07:35	09:10	ZURICH	ZRH	ZRH	12345-7	09:50	13:20

The given information is subject to amendments and cancellations taken unilaterally by airBaltic.

## Sit in your favourite spot on the plane

Are you a window person, or do you favour more legroom? Want to sit by the aisle or at the front of the cabin to be first off the plane after landing? Don't risk random allocation, reserve your favourite seat on the plane in advance! We've gathered a few tips to help you pick the best seat.

### RESERVE YOUR SEAT AND CHECK IN EARLIER

A great bonus comes to those who reserve seats. Passengers making seat reservations enjoy early check-in five days before departure, instead of the usual 36 hours. That way you not only get the best seat on the plane, but for short trips you can also check in for your return flight at the same time – and that's one less thing to worry about during your travels!

### HOW TO RESERVE A SEAT

Choose your favourite seat when booking your tickets on *airBaltic's* website. Prices for seat reservation start from as low as EUR 3.99 depending on your chosen seat and flight duration. Advance seat selection is already included in our Premium and Business tickets free of charge. If you forget to choose a seat during booking, don't worry – you can do so later on the *airBaltic* website through 'My Booking', during check-in, or via the *airBaltic* Call Centre. You can also reserve or change your seat at the last minute at the airport for a fee of EUR 10.

### CAN WE SIT TOGETHER?

Of course! If there are plenty of free seats available on your flight, our system will usually seat all passengers from one booking together. However, most of our flights are full, so to be sure that you sit together with your family or friends, or if you want to choose specific seats, we advise that you reserve them in advance.

### NEED MORE LEGROOM?

If you're flying on our *Dash Q400* aircraft, we suggest that you choose a seat at the



- Business class
- Priority seat
- Extra leg room seat
- Regular seat

front of the aircraft. However, if you're flying on our *Airbus* or *Boeing* aircraft, choose a seat in the middle of the aircraft over the wings, which are marked in the seat map as extra legroom seats. Note that if legroom seats are near an emergency exit, you must be willing and able to help in the event of an emergency, must not be travelling with an infant, children, or pets, must not be pregnant, must be able to speak and understand English, and be able to lift 23 kilograms.

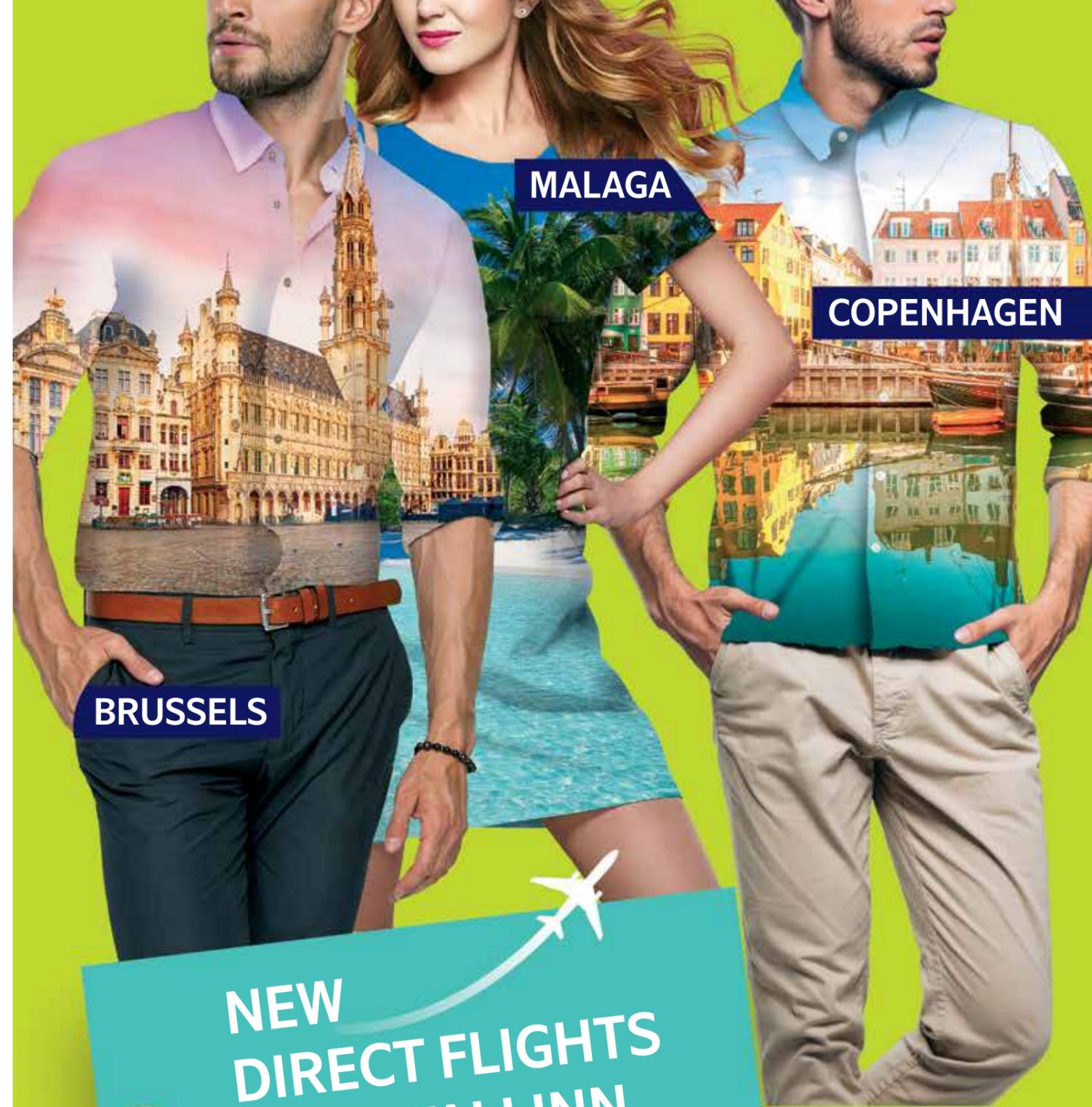
### NO ROW NO. 13 ON *airBaltic* AIRCRAFT

In some cultures this number is considered unlucky, and some passengers prefer not to sit in a row numbered 13. It is therefore a common practice adopted by many airlines to not have a row No. 13 on their aircraft. We respect our passengers and want them all to feel comfortable while flying with us.

### IS IT BETTER TO SIT AT THE FRONT OR THE BACK OF THE CABIN?

It depends on your personal preference. If you choose to sit in the front, you might enjoy a faster exit after landing at your destination, which is especially important when travelling for business. There are no wings and engines disturbing the view outside the window. And you're also served first, because cabin service always goes from front to back.

However, you'll feel less oscillation in the middle part of the cabin than at the front or tail, where you might feel a bit more movement, especially during take off and landing. On our smaller turbo-prop aircraft there might also be a slight difference in the noise level; due to the propellers, the front might be a bit noisier than the back.



**NEW  
DIRECT FLIGHTS  
FROM TALLINN  
SUMMER 2019**

**Get 10% off  
on Attraction tickets & Tours**

Book on [gyg.me/airbaltic](http://gyg.me/airbaltic)

**GET  
YOUR  
GUIDE**

Discount valid on all bookings done in June for any travel period.



Fly from Tallinn also to Amsterdam, Berlin, London, Oslo, Paris, Riga, Stockholm, Vienna, Vilnius and Salzburg (from December).

**airBaltic**

Words by **Līga Valko** and **Zane Ēsele**  
 Publicity photos and courtesy of *airBaltic*

# Ogre

In honour of Latvia's centenary, *airBaltic* named all of the planes in its *Airbus A220-300* fleet after favourite Latvian cities.

At first you might wonder about the strange name. But this town has nothing to do with monsters or cannibals. In fact, it's a very quiet town. Pronounced oo-ah-greh, it's located at the place where the Ogre River flows into the Daugava, Latvia's largest river. Ogre is only 36 kilometres from Riga, and visitors and residents alike have always appreciated the town for its abundant natural surroundings just a stone's throw from the capital. In the early 20<sup>th</sup> century, Ogre was a well-known spa town with countless summer cottages and was just as popular a get-away with Rigans as Sigulda and Jūrmala.



Ogre Town Square



Walking path along the Ogre River

## MUST-SEE SITE

Zilie Kalni (Blue Hills) Nature Park is a great destination for relaxation, hiking, and cross-country skiing in winter. Most of the park is covered with coniferous forests growing on gravel and sand ridges dating back to the Ice Age. In the summer, climb to the top of the viewing tower and, if the weather is good, you might even see the Television Tower in Riga. The refreshing conifer forests and beautiful landscapes of the Blue Hills are a point of pride for Ogre.

## WHAT TO DO THIS SUMMER

Dubkalni Reservoir in a former quarry has crystal-clear water and is safe for swimming and diving. There are also picnic areas nearby. Closer to town, the Milžu Taka (Giants' Trail) adventure park has a rope course as well as walking and cycling trails. The Ķeipene Cinema Station has opened this spring following a renovation. Established in a former railway station by a team from the Arsenāls Film Forum, it invites visitors on a surreal journey into the world of cinema.

## WHERE TO STAY AND DINE

The cosy *Pie Zilajiem kalniem* guesthouse is a relaxing place to stay in Ogre. With prior reservation, the hosts also organise a variety of activities, including ceramics, cookie baking, and making traditional *sklandrausis* savoury pastries. Most of the restaurants and cafés are located on Ogre's central pedestrian street. Gourmets will especially appreciate the *M. Pāre* restaurant and bakery, which features not only European style meals but also organises various events, such as whisky tastings and a refined 1920s-style French-themed dinner.

## DID YOU KNOW?

Ogre is the birthplace of notable Latvian painter Vilhelms Purvītis. In honour of his birthday, every year in March the town celebrates Purvītis Week, which features many different cultural activities connected to the artist's work.

# Līvāni

Līvāni is located at the point where the Dubna and Daugava rivers meet. The area was settled by tradesmen and craftsmen in the 11<sup>th</sup> century, and throughout its history Līvāni has been known for industry and craftsmanship. Today, several locally and internationally important roads pass through the town to Lithuania, Belarus, and Russia.



Līvāni Cultural Centre



The Flywheel – this metal bench in Līvāni is a favourite spot to take pictures

## MUST-SEE SITE

Līvāni is widely known for its former glass factory, which created unique glass objects for more than 100 years. Now, the town has a museum dedicated to the factory's history and the production of classic glass items. The Līvāni Glass Museum is the largest museum of its kind in the Baltics. Sign up for a glass-blowing workshop to experience first-hand the process from beginning to end.

## WHAT TO DO THIS SUMMER

The Latgale Art and Craft Centre in Līvāni is one of the most popular tourist destinations in the western Latvian region of Latgale. Here you can admire Latvia's longest handwoven folk-costume belt, and, with prior reservation, take part in a textile workshop or try your hand at the potter's wheel. Līvāni has a new tradition of installing thematic benches throughout the town. By following a special pedestrian and bicycle route, you can try out each of them for yourself: the Reconciliation Bench, the Flywheel, the Outdoor Living Room, the Deputy's Bench, the School Bench, the Sauna Tub, and other thematic sites in the town's industrial district. For those wanting more adventure, head to the modern wake park on the Dubna River right in the centre of town.

## WHERE TO STAY AND DINE

Latgale is known for its hospitality, and this can be experienced to the fullest at the *5. elements* (Fifth Element) café. You'll find all four elements in the interior – air, earth, fire, water – with the fifth element being food. The café serves many regional specialities, including potato pancakes 'in a jacket'. The centrally located *Gamma* hotel is simple, comfortable, and homey. If you're looking for leisurely relaxation in the countryside, choose from the guesthouses in the surrounding area, for example, *Avotiņš*, which also hosts various traditional Latgalian events.

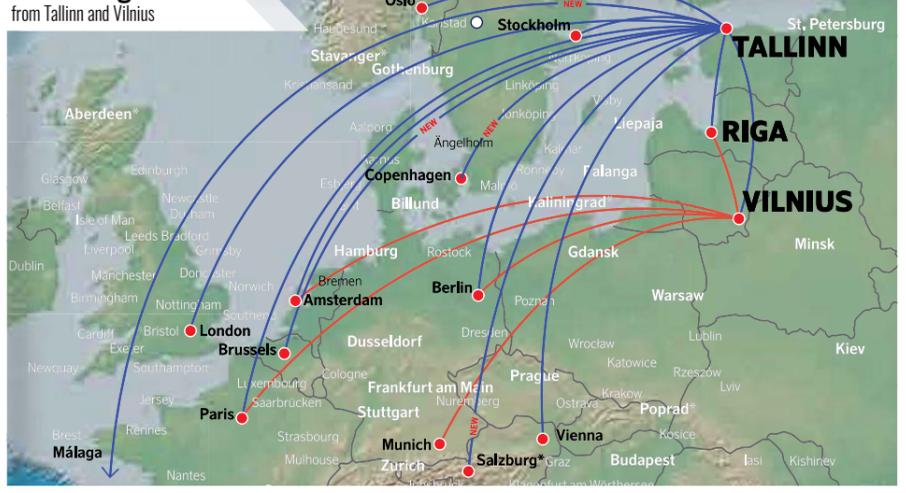
## DID YOU KNOW?

There are only three ferries in Latvia, and one of them is in Līvāni. It connects both banks of the Daugava River and is the fastest way to get from the Latgale to Zemgale regions and vice versa.

*airBaltic's* planes are named after the following cities and towns  
 Cēsis  
 Alūksne  
 Valmiera  
 Kuldīga  
 Smiltene  
 Ogre  
 Līvāni  
 Bauska  
 Gulbene  
 Rīga  
 Jelgava  
 Liepāja  
 Jūrmala  
 Sigulda



### Direct flights from Tallinn and Vilnius



- **airBaltic direct flights**
- \* Seasonal flights
- \*\* Charter flights in cooperation with Tez Tour 
- **airBaltic code-share partner flights**
- **airBaltic interline partner flights**

- New York
- Terceira
- Azores
- Ponta Delgada

182 / airBaltic.com  
(Occupied by Morocco)



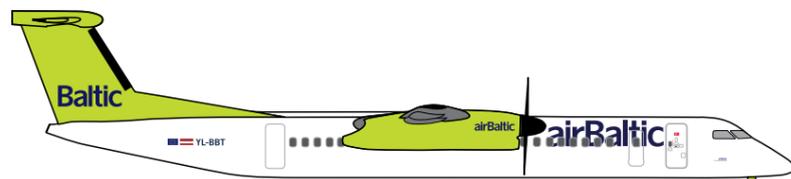
**Airbus A220-300**

Number of aircraft	19
Number of seats	145
Max take-off weight	67.6 metric tons
Max payload	16.7 metric tons
Length	38.7 m
Wing span	35.1 m
Cruising speed	870 km/h
Commercial range	4575 km
Fuel consumption	2200 l/h
Engine	PW 1521G



**Boeing 737-500/300**

Number of aircraft	8
Number of seats	120/142/144
Max take-off weight	58/63 metric tons
Max payload	13,5/14,2 metric tons
Length	29,79/32,18 m
Wing span	28,9/31,22 m
Cruising speed	800 km/h
Commercial range	3500 km
Fuel consumption	3000 l/h
Engine	CFM56-3/CFM56-3C-1



**Bombardier Q400 NextGen**

Number of aircraft	12
Number of seats	76
Max take-off weight	29.6 metric tons
Max payload	8.6 metric tons
Length	32.85 m
Wing span	28.42
Cruising speed	660 km/h
Commercial range	2084 km
Fuel consumption	1074 l/h
Engine	P&W 150A

*airBaltic* codeshare partners



# Food & Drinks



MEALS & PLATES  
PAGE 185

SANDWICHES  
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SNACKS & SWEETS  
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DRINKS  
PAGE 192

# STABURAGS

## TASTE INSPIRED BY STABURAGS

*Brūvēts savējiem*



ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS. IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL TO UNDERAGE PERSONS.

## Light & Healthy

PREPARED JUST BEFORE YOUR FLIGHT



**Fresh chicken salad with hard cheese** €6

68  
Svaigie vistas salāti ar cieto sieru  
Свежий салат с курицей и твердым сыром

MEAL DEAL  
~~€12~~  
€11



**Chef's special piquant soup with chicken, noodles and vegetables** €5

64  
Šefpavāra īpašā pikantā zupa ar vistu, nūdelēm un dārzeņiem  
Особый пикантный суп шеф-повара с курицей, лапшой и овощами



**Croissant with ham, cheese and pickled cucumbers** €5

71  
Kruasāns ar cūkgaļas šķiņķi, sieru un marinētiem gurķiem  
Круассан с ветчиной, сыром и маринованными огурцами

MEAL DEAL  
~~€10~~  
€8



Salad and soup available on flights above 1h 30min  
Salāti un zupa ir pieejami lidojumos virs 1h 30min  
Салат и суп доступны на полетах свыше 1ч 30мин



**Sweet & sour chicken with rice**

€8

65  
Vista ar dārzeniem saldskābā mērcē ar rīsiem  
Курица с овощами в кисло-сладком соусе с рисом



MEAL DEAL  
€13.50  
€10



**Lasagne Bolognese in a herby tomato sauce with minced meat and Bechamel sauce**

€8

66  
Lazanja ar Boloņas mērci – malta liellopa gaļa tomātu mērcē, pārlieta ar Bešamel mērci  
Лазанья Болоньезе в соусе из томатов с молотой говядиной и соусом Бешамель



**Hot and tasty chicken and cheese panini**

€6

69  
Karsta un garšīga vistas un siera karstmaize  
Вкусный горячий панини с курицей и сыром



**Batchelors Cup of chicken soup**

€3

79  
Vistas zupa  
Куриный суп



**Tom Yum Shrimp creamy flavour oriental style instant noodles**

€4.50

61  
Nūdeles austrumu gaumē  
Лапша в восточном стиле

Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiet stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
Спрашивайте бортпроводников о составе продуктов и о том, какие аллергены они содержат.



**Tapas: olives, breadsticks, cheese, ham and mini fuet sausages**

€7

80  
Tapas: olīvas, maizes standziņas, siers, šķiņķis un mini fuet desiņas  
Тапас: оливки, хлебные палочки, сыр, ветчина и колбаски фует мини



MEAL DEAL  
€12  
€11



**Snack platter of Manchego, Iberico Semi Curado and Provolone cheeses with breadsticks and olives**

€6

72  
Uzkodu plate ar īpašu sieru izlasi, maizes standziņām un olīvām  
Плата закусок с изысканными сырами, хлебными палочками и оливками



**Scandinavian style salmon sandwich**

€6

70  
Laša sviestmaize skandināvu gaumē  
Сэндвич с лососем по-скандинавски





**SPECIAL DEAL**  
~~€8.50~~  
**€8**

collect pins here

Food & Drinks



**Pringles**  
**Original or Sour Cream & Onion**  
**potato chips, 40 g** €2.50

49 / 50  
 Kartupeļu čipsi – oriģinālie vai ar krējuma un sīpolu garšu  
 Картофельные чипсы – оригинальные или со вкусом сметаны и лука



**Oloves**  
**natural green pitted olives**  
**with basil and garlic, 30 g** €2.50

75  
 Olīvas ar baziliku un ķiplokiem  
 Оливки с базиликом и чесноком



**KP**  
**finest quality salted peanuts, 50 g** €2.50

51  
 Sāļiti zemesrieksti  
 Солёный арахис

**Noo Cepeškungs**  
**Parmesan Snack cigar sausages, 85 g** €3

62  
 Cigārdesiņas ar Parmas sieru  
 Колбаски с сыром пармезан



ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS. IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL TO UNDERAGE PERSONS.

Meals freshly made before your flight!

**Pre-order at airBalticMeal**



**MEAL DEAL**  
~~€6~~  
**€5.50**

 OR 
  + 
  OR 
  OR 
  OR 
 



Taste from Latvia 

**Smalkais Muslis**  
 Crushed whole grain oat flakes with fruits, 20 cl **€3.50**

58  
 Sasmalcinātas pilngraudu auzu pārslas ar augļiem  
 Измельченные овсяные хлопья с фруктами



**Staburadze**  
 Curd Cake with raisins, 110 g **€3**

56  
 Klasiskā biezpienmaize ar smilšu miklas pamatni un biezpiena masu ar rozīnēm  
 Классическая ватрушка с основанием из песочного теста и творожной массой с изюмом

**SPECIAL DEAL**  
~~€9~~  
**€8.50**

 + 
 



**Ferrero Rocher**  
 Hazelnuts covered in milk chocolate, 37.5 g **€3**

59  
 Piena šokolādes konfektes ar lazdu riekstiem  
 Конфеты из молочного шоколада с лесными орехами

Be among the first served!  
**Pre-order at airBalticMeal**



Taste from Latvia 

**The Beginnings**  
 Black Currant cookies, 80 g **€3.50**

23  
 Ureņu cepumi  
 Печенье из чёрной смородины



**Twix 'Xtra**  
 chocolate bar **€2.50**

57  
 Šokolādes batoniņš  
 Шоколадный батончик



**Blueberry muffin** **€3**

78  
 Melleņu kūkss  
 Черничный кекс



**BalticWater**  
natural mineral water,  
lightly mineralised, 33 CL

€2.50

28 / 27

Produced exclusively for airBaltic by Venden, comes from Gauja National Park in Latvia. Still / Sparkling

Dabīgais minerālūdens ar zemu mineralizācijas pakāpi. To īpaši airBaltic lidojumiem ražo Venden no Gaujas nacionālajā parkā iegūta ūdens. Negāzēts / Gāzēts

Натуральная минеральная вода с низкой степенью минерализации. Эксклюзивное производство Venden для airBaltic, добывается в Национальном парке "Гауя" в Латвии. Вода без газа / с газом



**Borjomi**  
natural mineral water,  
sparkling, 33 CL

€3

19

Gāzēts dabīgs minerālūdens

Натуральная минеральная вода с газом



**Schweppes**, 33 CL

€3

29



**Cido juice**, 30 CL  
Apple / Tomato / Orange

€3

24 / 25 / 26

Sula – ābolu / tomātu / apelsīnu

Сок – яблочный / томатный / апельсиновый



**Coca-Cola / Coca-Cola Zero**, 33 CL

€3

20 / 22



**Coffee or tea-Black / Green / Mint**

€3

33 / 31 / 32 / 34

Kafija vai tēja – melnā / zaļā / piparmētru

Кофе или чай – чёрный / зеленый / мятный

\*With every purchase of foldable cup Pokito (see page 229) get free tea or coffee  
\*Pirkot saliekamu krūzi Pokito (skatīt 229. lpp.) saņem tēju vai kafiju par brīvu  
\*Покупая складную кружку Pokito (стр. 229) в подарок чай или кофе

**Vinnis honey**, 20 G

€0.50

73

Medus

Мед



**Lavazza**  
Freshly brewed  
Italian coffee

€3.50

21

Augstākās kvalitātes itāļu kafija

Свежесваренный итальянский кофе



**Cappuccino or hot chocolate**

€3

36 / 30

Капучино vai karstā šokolāde

Капучино или горячий шоколад

Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiet stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
Спрашивайте бортпроводников о составе продуктов и какие аллергены они содержат.



**Moët & Chandon**  
champagne (France),  
20 CL, 12%

€23

11

Šampanietis (Francija)

Шампанское (Франция)

**Bottega Gold**  
Prosecco Brut (Italy),  
20 CL, 11%

€6

9

Dzirkstošais vīns (Itālija)

Игристое вино (Италия)



**Riga Black Balsam**,  
4 CL, 45% OR  
**Riga Black Balsam**  
Currant, 4 CL, 30%

€6

14 / 8

Traditional Latvian herbal bitter

Rīgas Melnais Balzams vai Rīgas Melnais Balzams ureņu

Рижский Чёрный Балзам или Рижский Чёрный Балзам смородиновый



**Prestige Cuvée Sweet**  
sparkling wine (Latvia)  
20 CL, 11.5%

€5

5

Saldais dzirkstošais vīns

Сладкое игристое вино

**D'Éolie Baronne**  
Sauvignon  
white wine (France),  
18.7 CL, 12%

€6

12

Baltvīns (Francija)

Белое вино (Франция)

**D'Éolie Baronne**  
Cabernet Sauvignon  
red wine (France),  
18.7 CL, 12.5%

€6

13

Sarkanvīns (Francija)

Красное вино (Франция)



**Bombay**  
Sapphire  
dry gin, 5 CL, 40%

€6

7

Džins / Джин

**Johnnie Walker**  
whisky, 5 CL, 40%

€6

17

Viskijs / Виски

**Stolichnaya®**  
Premium vodka,  
5 CL, 40%

€6

15

Degvīns / Водка

**Camus**  
cognac, 3 CL, 40%

€6

18

Konjaks / Коньяк



**SPECIAL DEAL**  
~~€9~~  
**€8.50**

Choose your favourite cocktail



**Whisky & Cola**

Viskijs & Cola /  
 Виски & Кола



**Vodka & Orange Juice**

Degvīns un apelsīnu sula /  
 Водка и апельсиновый сок



**Gin & Tonic**

Džins un Toniks /  
 Джин и Тоник



**Heineken**  
 33 CL, 0.0%

**€5**

World famous non-alcoholic light lager beer from Holland with a special, refreshing malt and hop aroma and taste.

Pasaulē populārs Holandes bezalkoholisks gaišais lāģer tīpa alus ar īpašu, atsvaidzinošu iesala un ariņu aromātu un garšu.

Всемирно известное безалкогольное светлое пиво из Голландии с особым освежающим солодовым и хмелевым ароматом и вкусом.



**Staburags Gaišais**  
 50 CL, 5.4%

**€6**

Lager beer brewed according to traditional Latvian recipes and made of highest quality ingredients.

Pēc tradicionālām latviešu receptēm darīts gaišais alus, kas tapis, izmantojot augstākā labuma sastāvdaļas.

Светлое пиво, созданное по традиционным латвийским рецептам, используя ингредиенты высочайшего качества.

Taste from Latvia 

Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
 Jautājiēt stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
 Спрашивайте бортпроводников о составе продуктов и о том, какие аллергены они содержат.

# Shopping & Gifts Summer



1  
**€25**

2  
**€29**

3  
**€49**

4  
**€30**

5  
**€39.90**



## PERFECT GIFTS FOR HIM & HER



6  
**€19.90**



1. ELIZABETH ARDEN 8 Hour, All-Over-Miracle-Oil, 100 ml, page 216 • 2. YVES SAINT LAURENT Mascara Volume Effet Faux Cils N°1 Black, 7.5 ml, page 217 • 3. CHOCOMOON Geometric ladies watch, Vintage Style, page 206 • 4. AVIATOR Folding sunglasses, page 230 • 5. HUGO BOSS Orange Women, EDT for her, 75 ml, page 212 • 6. CALVIN KLEIN Sheer Beauty, EDT for her, 50 ml, page 212

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FRAGRANCES  
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BEAUTY  
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ACCESSORIES  
 PAGE 225

FOR KIDS  
 PAGE 233

SOUVENIRS  
 PAGE 234



LACOSTE   
LIFE IS A BEAUTIFUL SPORT SINCE 1933

LACOSTE 

CONSTANCE LADIES WATCH

EMBELLISHED WITH CRYSTALS  
FROM SWAROVSKI®

LAIKRĀDI ROTĀ SWAROVSKI® KRISTĀLI

ЧАСЫ УКРАШЕНЫ КРИСТАЛЛАМИ SWAROVSKI®

Page: 205

"Constance is a watch that means business with its versatility and immaculate styling."

€115  



Swarovski® is a registered trademark of Swarovski AG.



**RAPTOR**

RAPTOR GENTS WATCH

TRENDY CHRONOLOOK

MODERNA ČIPARNĪCA

МОДНЫЙ ЦИФЕРБЛАТ

Page: 203

"Unique dial with 3 additional indicators."

€49  



**MICHAEL KORS**

SEXY AMBER, EDP FOR WOMAN, 100 ML

DEEPLY SEDUCTIVE  
AND SUPERBLY STYLISH

STĪLĪGS UN JUTEKLISKS

НЕВЕРОЯТНО СТИЛЬНЫЙ И СТРАСТНЫЙ

Page: 215

"Warm amber, sandalwood and white flowers."

€49.90  



NEW

**DAVIDOFF**

THE GAME, GENTS EDT, 100 ML

SUITABLE FOR  
DAY AND NIGHT WEAR

PIEMĒROTS GAN DIENAI, GAN VAKARAM

ТУАЛЕТНУЮ ВОДУ МОЖНО ИСПОЛЬЗОВАТЬ КАК  
ВЕЧЕРОМ, ТАК И ДНЁМ

Page: 212

"Influential scent which has compelling notes."

€29.90  



HUGO BOSS

186. **TALENT GENTS WATCH.** 3 sub-eye chronos, distinctive architectural hands and rotating bezel. Made for those who wish to lead and not follow, this timepiece is a true statement by BOSS Watches.

Rokaspulkstenim Talent ir 3 hronogrāfi, īpaša dizaina rādītāji un rotējošs ietvars. Pulkstenis domāts tiem, kas ir raduši būt par līderiem, nevis sekot. Lielisks laikrādis no BOSS pulksteņu sērijas!

Часы хронограф Talent с 3 дополнительными циферблатами, дизайнерскими стрелками и вращающимся безелем. Эти часы предназначены для тех, кто хочет направлять, а не следовать. Заявите о себе с часами BOSS Talent!

€249 **€299** CITY PRICE **SAVE 17%**

- DIAL SIZE 42 MM
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 5 ATM
- MOVEMENT QUARTZ CHRONO
- STRAP MATERIAL LEATHER
- STRAP LENGTH 25.5 CM



**AVIATOR... JUST GOT SMARTER**

**SMART WATCH FEATURES:**

- Incoming Call Alert
- Caller ID
- Missed Calls
- SMS
- Email
- Social Media
- Calendar Events
- Lost Phone Alert
- Pedometer
- Calorie Counter
- Sleep Monitor
- 5ATM
- Android and iOS Compatible

AVIATOR — TRAVEL RETAIL EXCLUSIVE

97. **SMART PILOT WATCH.** Mixing modern technology with classic styling. The watch has a 3-hand analogue movement and rotating world-time bezel. The technology allows the watch to communicate with your smartphone and via the in dial LED screen. Incoming Call Alert, Caller ID, Missed Calls, SMS, Email, Social Media, Calendar Events, Lost Phone Alert, Pedometer, Calorie Counter, Sleep Monitor. Android and iOS Compatible.

Mūsdienu tehnoloģijas apvienotas ar klasisku stilu. Pulkstenim ir analogs mehānisms ar trīs rādītājiem un rotējošu ietvaru ar laika joslām. Pulkstenis ir savietojams ar jūsu viedtālruni. Ciparnīcas vidū ir LED ekrāns, kas attēlo ienākošos zvanus, zvanītāja ID, neatbildētos zvanus, SMS, ļauj piekļūt e-pastam, sociālajiem medijiem, kalendāram. Tam arī ir tālruņa meklēšanas, pedometra, kaloriju uzskaites, miega novērošanas funkcijas. Savietojamība: Android un iOS.

3-ступенчатый аналоговый механизм и вращающийся безель для индикации мирового времени. Bluetooth для синхронизации со смартфоном. Оповещение о входящем вызове и идентификатор вызывающего абонента, пропущенные вызовы, SMS, электронная почта, социальные медиа и многое другое. Совместимы с Android и iOS.

€199

- DIAL SIZE 46 MM
- FEATURES CHRONOGRAPH
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 5 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL LEATHER
- STRAP LENGTH 22.5 CM

**MASERATI**  
COLLECTION

maseratistore.com

MASERATI

164. **POTENZA GENTS WATCH.** POTENZA collection highlights the distinctive traits of Maserati car designs by featuring the iconic Trident logo on a grille pattern in the dial. The stylish rose gold case combined to PU black strap will definitely make you stand out from the crowd.

Pulkstenis no kolekcijas POTENZA, kura ciparnīcu rotā neatkarīgam Maserati automašīnu emblēma - trijzūburis. Apzēlīts ar rozā zeltu korpus ar melnu poliuretāna siksnīgu, kas izceļ tā īpašnieku pūļa vidū.

Эти часы из коллекции POTENZA подчеркивают уникальный дизайн автомобилей Maserati – они повторяют стиль знакового логотипа в форме трезубца с пересекающимися его линиями. Стильный корпус покрытый розовой позолотой в сочетании с черным ремешком из полиуретана.

€199 **€219** CITY PRICE **SAVE 9%**

- DIAL SIZE 43 MM
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 10 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL POLYURETHANE
- STRAP LENGTH 24 CM



AVIATOR — TRAVEL RETAIL EXCLUSIVE

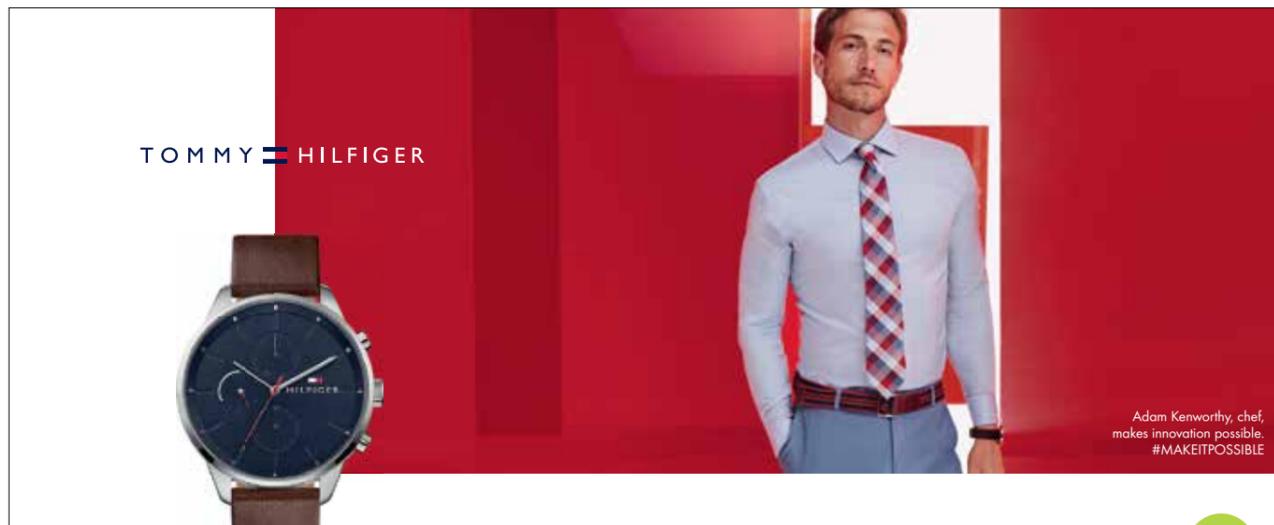
119. **GENTS CHRONOGRAPH PILOT WATCH.** Satin black dial with rotating inner world-time bezel to enable reading of the local time in 24 major world cities. Three-step chronograph sub dials. Luminous hands and hour indices.

Melna satīna ciparnīca, rotējošs ietvars ar laika joslām - 24 lielākās pilsētas dažādās pasaules valstīs. Trīspakāpju hronogrāfs. Luminiscējoši rādītāji un stundu iedaļas.

Черный циферблат с вращающимся безелем для индикации времени в 24 крупных городах мира. Трехступенчатый хронограф. Люминесцентные минутная и часовая стрелки.

€150

- DIAL SIZE 45 MM
- FEATURES CHRONOGRAPH
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 10 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL LEATHER
- STRAP LENGTH 22.5 CM



**TOMMY HILFIGER**

NEW

184. **CHASE GENTS WATCH.** Casual inspiration is portrayed with a sophisticated Tommy touch in this round-the-clock-ready men's watch. The smooth features and multi-eye dial are refined by proportioned indexes.

Šī vīriešu rokas pulksteņa dizains ieturēts Tommy raksturīgajā stilā. Pulkstenim ir plūdenas formas un vairākas papildfunkcijas, savukārt tā ciparnīcu rotā proporcionālas iedaļas.

В этих мужских часах присутствует утонченное вдохновение со знаковым оттенком Томмью. Плавные линии и изысканный циферблат дополнены пропорциональными делениями и красными элементами.

€139 **€159 CITY PRICE** **SAVE -13%**

- DIAL SIZE 44 MM
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 5 ATM
- MOVEMENT QUARTZ MULTIFUNCTION
- STRAP MATERIAL LEATHER
- STRAP LENGTH 20 CM



**HUGO**  
HUGO BOSS  
watches

NEW

**HUGO**

85. **#DARE GENTS WATCH.** The timepiece pushes and enables you to try new challenges, solve harder problems, and to surpass what you thought was 'your best'. Don't get discouraged by what is out there, this watch will assist you and provide all the courage you need to push your limits to a new level.

Pulkstenis, kas iedrošina jūs pieņemt jaunus izaicinājumus, risināt sarežģītākas problēmas un izdarīt vairāk, nekā spējāt iedomāties. Lai vai kas jums stātos pretī, šis pulkstenis ir uzticams palīgs, kas ļaus jums sasniegt jaunas virsotnes.

Эти часы вдохновят вас на решение новых задач, восхождение к новым вершинам и преодоление невозможного! Превзойдите себя - часы придадут вам смелости и уверенности в себе для того, чтобы подняться до нового уровня.

€129 **€149 CITY PRICE** **SAVE -13%**

- DIAL SIZE 42 MM
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 3 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL LEATHER
- STRAP LENGTH 21.5 CM



**RAINBOW** — TRAVEL RETAIL EXCLUSIVE

95. **COLORS OF HAPPINESS, UNISEX WATCH.** Designed in Germany. Rainbow e-motion of Colors – the innovative transformation of time into an interaction of colors and shapes. Transparent discs continuously create new color segments which precisely show the time.

Inovatīvs dizains no Vācijas, unisex. Varavīksnes krāsu e-mocijas atjautīgi pārveido laiku krāsu un formu saspēlē. Caurspīdīgi diski nepārtraukti veido jaunus krāsu segmentus, kas rāda precīzu laiku.

Немецкий инновационный дизайн, унисекс. Теперь время выражается в цвете и форме. Специальные диски постоянно передвигаются и каждую минуту создают новые удивительные цветочные сегменты, четко обозначая время.

€149

- DIAL SIZE 38 MM
- CASE MATERIAL STAINLESS STEEL
- WATER RESISTANCE 5 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL LEATHER
- STRAP LENGTH 21.5 CM



極度乾燥(しなさい)  
**Superdry®**  
Watches

**SUPERDRY**

151. **URBAN WATCH, UNISEX.** Stylish and Sporty, with an eye catching two-tone, colour-pop design. The dial incorporates bold numbers and chunky arrow-shaped hands in contrasting colours and bold Superdry branding can be seen along its soft touch strap, making this a must have every day accessory.

Stilīgs un sportisks unisex rokas pulkstenis, neierasti spilgtās colour-pop dizaina krāsās. Ciparnīca ir ar lieliem cipariem un pamatīgiem bultveida rādītājiem, kas kontrastē ar ciparnīcas krāsu, savukārt mīksto aproci rotā liels Superdry uzraksts – šis pulkstenis ir lielisks aksesuārs katrai dienai.

Стильные и спортивные часы унисекс Superdry Urban в корпусе из пластика с эффектным двухцветным поп-дизайном. Циферблат со смелыми цифрами и короткими стрелками контрастных цветов.

€35

- DIAL SIZE 38 MM
- FEATURES JAPANESE MOVEMENT
- CASE MATERIAL PLASTIC
- WATER RESISTANCE 5 ATM
- MOVEMENT QUARTZ
- STRAP MATERIAL SILICONE
- STRAP LENGTH 25 CM



FESTINA

NEW

**129. GENT MULTIFUNCTION.** Festina retro gents' multifunction watch with an embossed black matt croco leather strap. Black sunray dial with applied silver indexes. Hands filled with luminous white - well readable in the dark. Indicates date and 24 hours.

Festina retro vīriešu pulkstenim ir vairākas papildfunkcijas un matēta, melna krokodilādas embosēta siksnīņa. Melna ciparnīca ar sudraba krāsas iedaļām. Luminiscējoši rādītāji, kas ir labi redzami tumsā. Pulkstenis rāda arī datumu un 24 stundas.

Многофункциональные мужские часы Festina в стиле ретро с черным кожаным ремешком с крокодиловым принтом. Черный циферблат с серебряными обозначениями. Люминесцентные стрелки. Дополнительные циферблаты, обозначающие дату и 24 часа.

€89 **€99 CITY PRICE** **SAVE -10%**



festina.com

FESTINA — TRAVEL RETAIL EXCLUSIVE

NEW

**122. MADMOISELLE SWAROVSKI® EXCLUSIVE SET.** Ladies fashion watch with a white Swarovski® crystal dial. Comes together with a complimentary stainless steel and Mother-of-Pearl detail bangle.

Modīgs sieviešu pulkstenis ar ciparnīcu, ko rotā balti Swarovski® kristāli. Komplektā ietilpst izsmalcināta nerūsējoša tērauda un perlamutra aproce.

Женские модные часы с циферблатом, украшенным белыми кристаллами Swarovski®. В набор входит изящный браслет из нержавеющей стали и перламутра.

€129 **TRAVEL RETAIL VALUE €158** **SAVE -18%**



RAPTOR

**90. GENTS WATCH.** Solid watch with genuine brown leather strap and high quality metal case. Unique dial with 3 additional indicators. Trendy ChronoLook.

Stīlīgs vīriešu pulkstenis ar ādas siksnīgu un augstas kvalitātes metāla korpusu. Unikāla ciparnīca ar 3 papildu rādītājiem.

Стильные часы с коричневым кожаным ремешком и металлическим корпусом. Уникальный циферблат с 3-мя дополнительными индикаторами. Модный ChronoLook.

€49 **€69 CITY PRICE** **SAVE -29%**



Lambretta watches

LAMBRETTA

NEW

**103. PICCOLO 26 LEATHER GOLD RED LADIES WATCH.** Petite feminine timepiece with a gold plated case and red Italian leather strap has a carefully crafted vintage design, with extreme attention to details, inspired by the classical features of the iconic Lambretta motorroller, kas bija īpaši populāri pagājušā gadsimta piecdesmitajos un sešdesmitajos gados.

Sievīšķīgs laikrādis ar apzeltītu korpusu un sarkanu itāļu ādas siksnīgu. Pulkstenis ieturēts rūpīgi pārdomātā retro stilā. Tā dizainu iedvesmojuši klasiskie Lambretta motorrolleri, kas bija īpaši populāri pagājušā gadsimta piecdesmitajos un sešdesmitajos gados.

Миниатюрные женские часы с позолоченным корпусом и красным итальянским кожаным ремешком, с тщательно продуманным винтажным дизайном и исключительным вниманием к деталям, вдохновленные классическими чертами культовых скутеров Lambretta 1950–60-х годов.

€63 **€79 CITY PRICE** **SAVE -20%**





JOWISSA

NEW

141. **FACET LADIES WATCH, VIOLET.** Each crystal of a Facet watch is cut and polished to imitate the vivid sparkle and light reflections of a diamond. Crafted from high quality materials following high swiss watchmaking standards, this Jowissa timepiece qualifies not only as a piece of jewelry, but also as a fashionable companion in daily life.

Katra Facet pulksteņa stikls ir apstrādāts tā, lai tas mirdzētu gluži kā dimants. Pulkstenis izgatavots no augstas kvalitātes materiāliem un atbilstoši augstajām Šveices pulksteņmeistaru prasībām. Ikviens Jowissa pulkstenis ir kas vairāk par juvelierizstrādājumu – tas ir uzticams ceļabiedrs jūsu ikdienas gaitās.

Каждые часы коллекции Facet имеют граненое стекло, подобно бриллианту для придания сверкающего блеска. Изготовленные из высококачественных материалов в соответствии с высокими стандартами качества, часы Jowissa являются не только ювелирным изделием, но и модным компаньоном в повседневной жизни.

**€180** **€199** CITY PRICE **SAVE -10%**

DIAL SIZE 35 MM	CASE MATERIAL STAINLESS STEEL	WATER RESISTANCE 5 ATM	MOVEMENT RONDA 762 QUARTZ	STRAP MATERIAL CALF LEATHER	STRAP LENGTH 23.5 CM
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PIERRE CARDIN — TRAVEL RETAIL EXCLUSIVE

87. **LADIES WATCH WITH NECKLACE & EARRINGS.** The minimalistic white dial is decorated with 12 white crystal hour markers and set in a super-slim 18kt gold-plated case, while a silky black strap fastens the watch on the wrist. The 18kt-gold plated lariat necklace, set with white crystals and earrings that reflect the watch dial, complete this understated and sophisticated set.

Minimālistiska balta ciparnīca, stundu iedaļas rotā 12 balti kristāli, superplāns korpuss ar 18kt zelta pārklājumu, mīksta ādas siksnīņa. Baltiem kristāliem rotāta kaklarota ar 18kt zelta pārklājumu. Komplektu papildina auskari.

Минималистичный белый циферблат украшен 12 белыми кристаллами, обозначающими время. Сверхтонкий корпус часов с напылением из 18-каратного золота, мягкий кожаный ремешок. Ожерелье с 18-каратным золотым напылением с подвеской, украшенной белыми кристаллами, и серьги дополняют этот потрясающий набор.

**€95**

DIAL SIZE 34 MM	CASE MATERIAL METAL	WATER RESISTANCE 3 ATM	MOVEMENT QUARTZ	STRAP MATERIAL LEATHER	STRAP LENGTH 23.5 CM
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LACOSTE

124. **CONSTANCE LADIES WATCH.** Some items of apparel for women, like a crisp trench coat, make an impression rather than a noise. Constance is a watch that means business with its versatility and immaculate styling. Embellished with Swarovski® crystals.

Daži sieviešu modes aksesuāri, piemēram, trencis, ir radīti, lai atstātu paliekošu iespaidu uz apkārtni. Rokas pulksteni Constance raksturo nevainojams stils, tas ir aksesuārs, kas iedevs cieņu. Laikrādi rotā Swarovski® kristāli.

Некоторые предметы женского гардероба, такие как тренчкот, созданы производить впечатление, а не пускать пыль в глаза. Безукоризненный стиль часов "CONSTANCE" является универсальным дополнением к бизнес-стилю. Часы украшены кристаллами Swarovski®.

**€115** **€135** CITY PRICE **SAVE -15%**

DIAL SIZE 38 MM	CASE MATERIAL STAINLESS STEEL	WATER RESISTANCE 3 ATM	MOVEMENT QUARTZ	STRAP MATERIAL LEATHER	STRAP LENGTH 19 CM
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Swarovski® is a registered trademark of Swarovski AG.



CHOCOMOON — TRAVEL RETAIL EXCLUSIVE

**137. SAFARI LADIES WATCH.** This new timepiece from ChocoMoon is an evergreen! The Leopard print revives your everyday life and puts every outfit in scene. Stylish accessory and a classic which never goes out of fashion. Be Brave, Go Wild!

Jauno ChocoMoon pulksteni rotā leoparda ādas raksts, kas atsvaidzinās jūsu ikdienas izskatu un piešķirs īpašu skaistumu jūsu tērpiem. Stilīgs aksesuārs, kas vienmēr būs modē. Uzdrošiniēs un esi izaicinoša!

Эти новые часы от ChocoMoon с модным принтом Leopard оживляют любой повседневный образ и ставят яркий акцент в наряде. Стильный аксессуар и классика, которые никогда не выходят из моды. Будь смелой, будь дерзкой!

€69 DIAL SIZE 37 MM CASE MATERIAL STAINLESS STEEL BACKCASE WATER RESISTANCE SPLASHPROOF MOVEMENT JAPANESE STRAP MATERIAL METAL STRAP LENGTH 21 CM



CHOCOMOON — TRAVEL RETAIL EXCLUSIVE

**121. GEOMETRIC LADIES WATCH, VINTAGE STYLE.** Sweet and mysterious – this is what ChocoMoon is about. Combination of fashionable geometric design and vintage colours makes this stylish watch a unique timepiece.

Sieviešu pulkstenis, noslēpumains un neatvairāms. Patiesi unikāls pulkstenis, kura ciparnīcu rotā moderna ģeometrisku figūru kombinācija ar klasiskām krāsām.

Женские часы, в которых скрыта загадка и тайна – вот что такое ChocoMoon. Сочетание модного дизайна “Geometric” и винтажных оттенков создают уникальный стиль часов ChocoMoon.

€49 DIAL SIZE 36 MM FEATURES FLEXIBLE STRAP CASE MATERIAL METAL WATER RESISTANCE 3 ATM MOVEMENT QUARTZ STRAP MATERIAL METAL STRAP LENGTH FLEXIBLE

CHOCOMOON



LUNAVIT

**74. MAGNETIC LEATHER BRACELET ZOOM.** Powerful interplay of special components – the bracelet contains a 2000 Gauss neodymium magnet and a 99.99% pure Ge32 germanium stone. Traditional Chinese Medicine (TCM) has used magnetic fields for more than 2000 years. Enjoy the power of magnetism with this trendy functional jewelry! Bracelet length: 22,5 cm.

Elementi, no kuriem sastāv aproce, mijiedarbojas, lai radītu spēcīgu efektu, kur iebūvēts 2000 gausus stiprs neodīma magnēts un 99.99% ģermānija Ge32 akmens. Tradicionālajā ķīniešu medicīnā magnētiskos laukus izmanto jau vairāk nekā 2000 gadus. Sajūtiēt magnētisma spēku ar šīs funkcionālās aproces palīdzību! Aproces garums: 22,5 cm.

Мощное взаимодействие особых компонентов. Браслет содержит терапевтический магнит (0,2 Тл.) и 99,99% камня-германия. Традиционная китайская медицина (TCM) использует магнитные поля более 2000 лет. Почувствуйте силу магнетизма с этим модным функциональным украшением! Длина браслета: 22,5 см

€89 €99.95 CITY PRICE SAVE -11%



BRACENET — TRAVEL RETAIL EXCLUSIVE

**145. BALTIC SEA BRACENET.** They are one of the greatest dangers for our oceans: discarded or lost fishing nets. These ghost nets can drift around unchecked for decades and turn into deadly traps for animals. Together with the marine protection organization Healthy Seas and Ghostfishing we retrieve these deadly traps and produce a bracelet - the Bracenet. One size fits all.

Pamesti vai nozaudēti zvejas tīkli ir viens no lielākajiem draudiem pasaules okeāniem un jūrām. Šādi tīkli var dreifēt gadu desmitiem, kļūstot par nāvējošām lamatām jūras iemītniekiem. Sadarbībā ar jūru atveseļošanas organizācijām Healthy Seas un Ghostfishing mēs šādas lamatas likvidējam un no pamestajiem zvejas tīkliem izgatavojam aproces Bracenet. Aproces der visiem izmēriem.

Дрейфующие рыболовные сети являются одной из самых больших опасностей для наших океанов и являются смертельной ловушкой для многих морских обитателей. Вместе с организацией по охране океана Healthy Seas и Ghostfishing мы извлекаем эти «сети-призраки», очищаем их и производим браслеты ручной работы. Регулируемый размер – подходит для любого запястья.

€25

COEUR DE LION

HANDMADE IN GERMANY



€119 **€139** CITY PRICE **SAVE -14%** 159. NECKLACE ————— 160. BRACELET **€69** CITY PRICE **SAVE -7%** €64

COEUR DE LION

NEW

**GEOCUBE COLLECTION.** Design classic, handmade in Germany: the denim blue and red coloured cube design from the famous GeoCube Collection by COEUR DE LION. Synthetic, solid-coloured tiger's eye combined with Swarovski® Crystals, stainless steel 316L and fine glass cylinders. The perfect gift for someone you know - or for yourself. Necklace length: 41 + 4 cm. Bracelet length: 18,5 + 3 cm.

Klasisks dizains, roku darbs, izgatavots Vācijā: zili un sarkani kubi no slavenās GeoCube kolekcijas, ko veidojis uzņēmums COEUR DE LION. Sintētiska vienkrāsas tigrac kombinācijā ar Swarovski® kristāliem, 316L nerūsējošo tēraudu un smalkiem stikla cilindriem. Ideāla dāvana cilvēkam, ko ļabi pazīstat, vai jums pašai! Kaklarotas garums: 41 + 4 cm. Rokassprādzes garums: 18,5 + 3 cm.

Классический дизайн, ручная работа - сделано в Германии: кубики синего и красного цвета из знаменитой коллекции GeoCube от COEUR DE LION. Синтетический однотонный тигровый глаз в сочетании с кристаллами Swarovski® и нержавеющей сталью 316L изящно сочетается с тонкими стеклянными цилиндрами. Идеальный подарок для тех, кого вы знаете или для себя. Длина колье: 41 + 4 см. Длина браслета: 18,5 + 3 см.

Orquidea®  
Pearls & Jewellery



BEST SELLER

ORQUIDEA — TRAVEL RETAIL EXCLUSIVE

**100. IONA PEARL BRACELET.** Bracelet that will always be the right accessory to wear. Stunning Black & White first quality organic Majorcan Pearls in 10 and 14 mm, magnetic Hematite Stones and Sterling Silver beads on a rubber bracelet. A genuine, handcrafted bracelet from traditional Pearl factory on the island of Majorca. Fits to all sizes.

Skaista rokassprādze, kas piestāv visiem stilēm. Brīnišķīgas melnas un baltas 10 un 14 mm lielas Majorkas pērles, hematīta akmeņi un sudraba krellītes, kas iestiprinātas kaučuka arocē. Īsts roku darbs no Majorkas pērļu fabrikas. Der visiem izmēriem.

Этот браслет станет отличным дополнением к любому образу. Высококачественный органический жемчуг черного и белого цвета с острова Майорка высшего сорта (10 и 14 мм), серебро и гематиты. Каучуковая нить-основа. Универсальный размер.

ORQUIDEA — TRAVEL RETAIL EXCLUSIVE

NEW

**161. TRIO EARRINGS "8 IN 1".** Beautiful Sterling Silver earrings with Zirconium and 3 pairs of exchangeable 8 and 9 mm first quality organic Majorcan Pearls in different colours, making it a "8 in one"! Stilīgi sudraba auskari ar cirkoniju un 3 apmaināmiem, 8 un 9 mm augstākās kvalitātes Majorkas pērļu pāriem dažādās krāsās. Astoņi vienā!

Серьги из из первоклассного органического жемчуга, 8 и 9 мм разных цветов. 8 разных стилей!

€76

€39



ORQUIDEA

**101. DUO EARRINGS SET 6 IN 1.** Sterling Silver Earrings with 7 and 12 mm first quality organic Majorcan Pearls in Black & White; the smaller one on the front and the bigger one on the backside of the earlobe (reversible). The smaller ones can also be worn as Classic Stud Earrings.

Sudraba auskari ar augstas kvalitātes organiskām Majorkas pērļēm melnā un baltā krāsā. Mazākā, 7 mm pērle, nēsājama līpiņas ārpusē, bet lielākā, 12 mm pērle, iekšpusē - vai otrādi. Mazākās pērles var valkāt arī kā klasiskos nagliņu auskarus.

Серебряные серьги с белым и черным органическим жемчугом с острова Майорка, высшего сорта (7 и 12 мм). Маленькая жемчужина расположена спереди, а большая - сзади мочки уха. Можно носить в 2 вариантах. Кроме того, более мелкие жемчужины можно носить как классические серьги.

€49

**€65** CITY PRICE **SAVE -25%**



**OLIVER WEBER** — TRAVEL RETAIL EXCLUSIVE NEW

**162. RIVOLI RHODIUM PLATED CHRYSOLITE (SWAROVSKI® CRYSTAL) SET.** The sophisticated Rivoli set radiates a stunning aura with its colorful play of hues. Combined with a blouse or a plain sweater, the necklace elicits the ultimate ethnic look. Glittering crystals from Swarovski® complete this beautiful set. Necklace length: 40 cm + 5,5 cm of extension.

Pateicoties elegantai krāsu saspēlei, Rivoli kaklarotai piemīt īpaša aura. Kaklarota kombinācijā ar blūzi vai džemperīti veido neatvairojamu iespaidu. Komplektu harmoniski papildina mirdzoši Swarovski® kristāli. Kaklarotas garums: 40 cm + 5,5 cm pagarinājums.

Изысканный набор Rivoli излучает потрясающую ауру красочной игрой оттенков. Ожерелье, в сочетании с блузкой или простым свитером, создает идеальный образ. Блестящие кристаллы от Swarovski® гармонично дополняют этот набор. Длина подвески: 40 см + 5,5 см удлинение.

**€68** TRAVEL RETAIL VALUE €80 SAVE -15%



**ZAZA&LILI** — TRAVEL RETAIL EXCLUSIVE

**93. SET OF 3 BRACELETS / B-SUBTLE TRIO.** Three minimalistic bracelets in rhodium, gold and rosegold plating decorated with sparkling crystals - to be worn together or separately. Length 17,5 cm.

Trīs minimālisma stilā ieturētas aproces ar rodija, zelta un rozā zelta pārklājumu, rotātas ar mirdzošiem kristāliem. Aproces var valkāt kopā vai pa vienai. Garums 17,5 cm.

Набор из трех минималистических браслетов с покрытием из родия, золота и розового золота. Браслеты украшены искрящимися кристаллами. Длина 17,5 см.

**€39** TRAVEL RETAIL VALUE €81 SAVE -52%



**SNÖ OF SWEDEN**

**131. SIRI SET.** Classic and luxurious silverplated earrings and bracelet with elegant cubic zirconia stones. Bracelet length: 18.5 cm. Earrings size: 6 mm.

Klasiskā stilā ieturēti krāšņi, apsudraboti auskari un aproce ar elegantiem kubiskā cirkonija akmeņiem. Aproces garums: 18,5 cm. Auskaru izmērs: 6 mm.

Классический и роскошный набор - серьги с покрытием из серебра и браслет с элегантными кристаллами кубического циркония. Длина браслета: 18,5 см. Размер серёжек: 6 мм.

**€39** €49.50 CITY PRICE SAVE -21%



**SNÖ OF SWEDEN** — TRAVEL RETAIL EXCLUSIVE

**91. SAINT SET.** A classic set from SNÖ of Sweden. An elegant flexible bracelet with rock crystals and pearls complemented by a pair of timeless pearl earrings. A perfect set to treat yourself or a special one.

Klasisks komplekts, ko piedāvā SNÖ of Sweden. Eleganto, lokano aproci rotā kristāli un pērles, komplektā arī iekļauts pērļu nagliņu auskaru pāris. Lielisks komplekts, ko uzdāvināt mīļotajai sievietei.

Классический набор от SNÖ of Sweden. Элегантный браслет с кристаллами и жемчугом дополнен парой жемчужных серег. Идеальный подарок для себя или любимого человека.

**€59**



**SOSOMA** — TRAVEL RETAIL EXCLUSIVE

**128. BEAUTY OF LIGHT.** Graceful and exotic necklace from the Sosoma brand is a must-have accessory for all fashionistas. With its elegant pure design, your look will be an eye-catcher, day or night. Necklace consists of 15 thin herringbone chain strands made of 925 Sterling Silver with high quality gold-plating. Length 40,5 cm.

Elegantā un ekstravagantā Sosoma zīmola kaklarota ir obligāts aksesuārs visām modes cienītājām. Nakts vai diena, jūsu izskats būs neatvairāms! Kaklarota sastāv no 15 kvalitatīvi apzeltītiem pavedieniem, kas izgatavoti no 925. probes sudraba. Garums 40,5 cm.

Изящное и экстравагантное ожерелье от бренда Sosoma – обязательный аксессуар для всех модниц. Ожерелье состоит из 15 тонких нитей серебра 925 пробы с высоким качеством позолоты. Длина 40,5 см.

**€149**

# SPECIAL OFFER UP TO 68% OFF



CALVIN KLEIN  
126. CK FREE,  
EDT FOR HIM, 100 ML.

**€29.<sup>90</sup>**

CITY PRICE: €66, -55% OFF



CALVIN KLEIN  
123. SHEER BEAUTY,  
EDT FOR HER, 50 ML.

**€19.<sup>90</sup>**

CITY PRICE: €62, -68% OFF



VERSACE  
185. VERSACE WOMAN,  
EDP FOR HER, 100 ML.

**€29.<sup>90</sup>**

CITY PRICE: €71, -58% OFF



HUGO BOSS  
130. ORANGE WOMEN,  
EDT FOR HER, 75 ML.

**€39.<sup>90</sup>**

CITY PRICE: €90, -56% OFF



DAVIDOFF  
163. THE GAME,  
EDT FOR HIM, 100 ML.

**€29.<sup>90</sup>**

CITY PRICE: €86, -65% OFF

## BOSS HUGO BOSS



HUGO BOSS — TRAVEL RETAIL EXCLUSIVE



157. BOSS BOTTLED DUO SET. Discover the iconic Boss Bottled collection by Hugo Boss. Vibrant with fresh and sensuous notes, Boss Bottled exudes distinction. Boss Bottled TONIC is an elegant composition of sophisticated citruses and rich woody notes.

Iepazīstieties ar Hugo Boss ikonisko kolekciju Boss Bottled! Neatkarājami svaigs un juteklisks aromāts. Boss Bottled TONIC – tā ir eleganta citrusu un koksnes nošu kombinācija.

Откройте для себя легендарную коллекцию Boss Bottled от Hugo Boss. Аромат Boss Bottled с яркими свежими и чувственными нотами. Аромат Boss Bottled Tonic — это изысканная композиция из утонченных citrusовых и насыщенных древесных нот.

**€58**



YVES SAINT LAURENT



88. Y, EDP FOR HIM, 60 ML. The juice of this new fragrance is deep, fresh and masculine. Created by the legendary perfumer Dominique Ropion, Y Eau de Parfum is an intense white and dark fougère.

Dziļš, atsvaidzinošs un vīrišķīgs smaržūdens, kuru radījis leģendārais parfimērs Dominiks Ropjons. Piesātināts un kontrastiem bagāts aromāts. Этот новый аромат обладает глубокими, свежими и мужественными чертами. Парфюмерная вода Y, созданная легендарным парфюмером Домиником Ропьоном, представляет собой насыщенный и контрастный фужерный аромат.

**€63**

€75 CITY PRICE SAVE -16%

FRESH / Svaigs / Свежий WARM / Silts / Теплый





GIORGIO ARMANI

111. *Si PASSIONE, EDP FOR WOMEN, 50 ML.* Si Passione by Giorgio Armani, sensual floral juice arousing the senses. The expression of absolute femininity.

Giorgio Armani radīts smaržūdens sievietēm – juteklīks ziedu aromāts, kas ir absolūts sievišķības iemiesojums.

Si Passione от Giorgio Armani – цветочный аромат, пробуждающий чувства. Выражение абсолютной женственности.

€77 **€92** CITY PRICE **SAVE -16%**

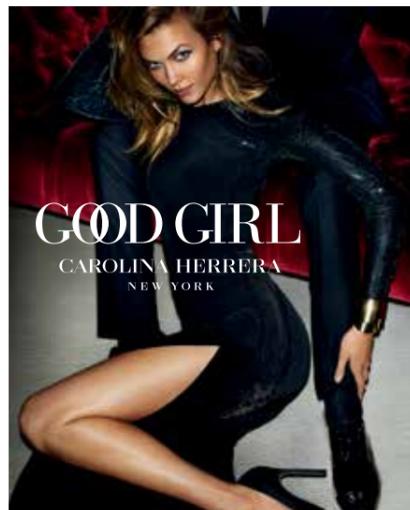


VERSACE

84. *BRIGHT CRYSTAL, EDT 50 ML.* Versace Bright Crystal, a precious jewel of rare beauty, characterized by a fresh, vibrant and flowery scent. Tuaeletes ūdens Versace Bright Crystal ir kā neparasti skaists dārgakmens. Tam ir svaigs un dzirkstošs ziedu aromāts.

Versace Bright Crystal - драгоценный камень редкой красоты, отличается свежим, ярким и цветочным ароматом.

€62 **€73.50** CITY PRICE **SAVE -16%**



CAROLINA HERRERA

118. *GOOD GIRL, EDP FOR WOMEN, 50 ML.* An innovative olfactory creation. Reveal your good side through the luminous facet of tuberose and the best quality Sambac Jasmine. Dare your bad side through addictive notes of roasted Tonka beans and Cocoa. It's so good to be bad.

Smaržūdens sievietēm. Inovatīva parfimērijas kompozīcija. Atklāj savu labo pusi ar dzidrajām tuberozes un sambaka jasmīna notīm. Izaicini savu slikto pusi ar kārdinošajām grauzdēto tonkas pupiņu un kakao notīm.

Parфюмерная вода для женщин. Инновационная парфюмерная композиция. Раскройте себя благодаря благоухающей туберозе и жасмину самбак. Ноты жареных бобов тонка и какао станут вызовом для вашей тёмной стороны. Быть плохой не так уж и плохо.

€75 **€88** CITY PRICE **SAVE -15%**



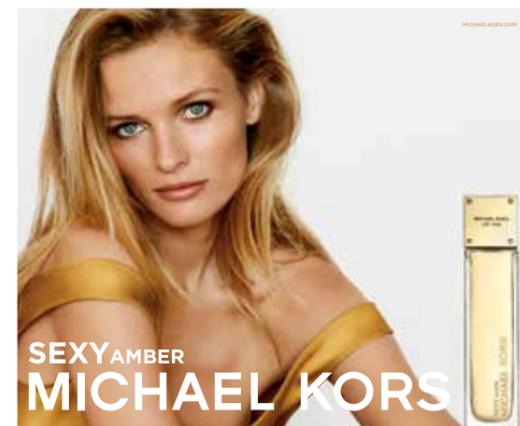
ELIZABETH ARDEN

81 *WHITE TEA, EDT FOR WOMAN 100 ML.* This new fragrance harmoniously blends Mandarin, Sea Breeze Accord, White Tea Extract, Turkish Rose and Madras Wood.

Tuaeletes ūdens sievietēm. Jaunajā aromātā harmoniski savijas mandarīnu, jūras vēsmu, baltās tējas, turku rožu un koksnes notis.

Новый аромат для женщин с нотами итальянского мандарина, морского бриза, белого чая, мускусных роз и мадрасского дерева.

€39.90 **€49** CITY PRICE **SAVE -19%**



SEXY AMBER  
MICHAEL KORS

MICHAEL KORS

104. *SEXY AMBER, EDP FOR WOMEN, 100 ML.* A spotlight on warm amber wrapped in sandalwood and layered with lush white flowers. Deeply seductive.

Aromāts, kura pamatā ir silta ambra, ko aptver sandalkoka un balto ziedu smarža. Neatvairāms parfimērijas ūdens.

Яркая и теплая амбра в окружении сандалового дерева на фоне роскошных белых цветов. Соблазн, перед которым невозможно устоять.

€49.90 **€106** CITY PRICE **SAVE -53%**



Elizabeth Arden  
NEW YORK  
EIGHT HOUR® CREAM  
All-Over Miracle Oil



AWARD WINNER

NEW

ELIZABETH ARDEN

169. 8 HOUR, ALL-OVER-MIRACLE-OIL, 100 ML. This light, silky formula is infused with beauty's newest favorite ingredient, Tsubaki oil, a head-to-toe oil leaves your face and body soft to the touch and gives hair a beautiful shine. Your solution for deep moisturization.

Brīnumlīdzeklis visam ķermenim. Eļļas vieglā un zīdainā tekstūra satur jaunāko skaistumkopšanas atklājumu – Japānas kamēlijas eļļu. Tā mīkstina sejas un ķermeņa ādu un piešķir matiem skaistu mirdzumu. Labākais risinājums dziļai mitrināšanai.

Волшебное средство для всего тела от Elizabeth Arden. Его легкая шелковистая текстура содержит новейший ингредиент для сохранения красоты — масло камелии, которое делает кожу лица и тела нежной и мягкой, а волосам придает здоровое сияние. Лучшее решение для глубокого увлажнения.

€25  
€29 CITY PRICE SAVE -14%

- PROVIDES deep moisturization that is clinically proven to last all day long.
- FEATURES Tsubaki oil and other natural ingredients that are clinically proven to help reinvigorate skin.
- HELPS to firm and strengthen skin as it conditions and nourishes hair.
- ABSORBS quickly to leave skin visibly radiant, hydrated and healthy in appearance.



ELIZABETH ARDEN — TRAVEL RETAIL EXCLUSIVE

NEW

BEST SELLER

171. VISIBLE DIFFERENCE, REFINING MOISTURE CREAM COMPLEX, 100 ML. Our #1 best-selling moisturiser. Rich, emollient and protective, it cushions skin with moisture for a difference you can see and feel. 94% of women saw a dramatic improvement in skin's hydration in as little as 2 weeks.\*

Mūsu vispopulārākais ādas mitrinātājs. Piesātināts, mīkstinošs un aizsargājošs krēms, kura iedarbība ir acīmredzama. 94% sievietes novēro būtiskus ādas stāvokļa uzlabojumus vien 2 nedēļu laikā.

Наш самый продаваемый увлажняющий крем. Насыщенный, смягчающий и защитный, насыщает кожу необходимой влагой, что становится очевидным. 94% женщин увидели значительное улучшение состояния кожи всего за 2 недели.\*

€20

\*Improvement in the appearance of skin as reported in consumer tests conducted over 14-21 days.  
\*Ādas kvalitātes uzlabojumi novēroti lietotāju apsekojumu laikā 14-21 dienu periodā.  
\*Улучшение внешнего вида кожи, в соответствии с потребительскими тестами, проведенными в течение 14-21 дней.

- 1 ADDS SHINE TO DRY, DULL HAIR
- 2 REDUCES DRY, ROUGH SKIN
- 3 CUTICULE SOFTENER
- 4 POST-SHAVE MOISTURE
- 5 MASSAGE AWAY STRESS
- 6 INSTANT SHINE
- 7 ALL-OVER MOISTURE
- 8 SCENT PROMOTES A SENSE OF WELL-BEING



ELIZABETH ARDEN — TRAVEL RETAIL EXCLUSIVE

NEW

170. GOOD'S NIGHT SLEEP RESTORING CREAM, 50 ML. Our moisturizing, soothing cream works at night to help restore, repair and strengthen the look of skin.

Mitrinošs un nomierinošs krēms iedarbojas nakts laikā, atjaunojot un stiprinot ādu, padarot to tvirtāku.

Этот увлажняющий, успокаивающий крем работает ночью, чтобы помочь восстановить и улучшить внешний вид кожи.

€20

WONDER.  
FULL.  
NOW.



EYELASH ACTIVATING SERUM  
FOR LONGER AND THICKER LASHES IN ONLY 6 WEEKS

89%  
OF THE TESTERS\*  
RECOMMEND THE  
EYELASH ACTIVATING  
SERUM!



BEFORE/AFTER

M2 BEAUTÉ

THE RESEARCHED FORMULA BEAUTY BRAND

WWW.M2BEAUTE.COM

M2BEAUTÉ

83. EYELASH ACTIVATING SERUM, 5 ML. Lashes grow to new and beautiful lengths. Help your lashes to achieve their full potential, naturally. Active and nutritional ingredients promote longer and thicker lashes by an average of 50% in only six weeks.

Seruma iedarbībā skropstas izaug ievērojami garākas. Palīdziet savām skropstām realizēt to potenciālu dabiskā ceļā, izmantojot šo skropstu serumu. Tas satur aktīvas, barojošas vielas, kas veicina biežāku, garāku un stiprāku skropstu augšanu par 50% 6 nedēļās vien, vienojot jūsu skaistumu.

Новые длинные и красивые ресницы. Помогите своим ресницам полностью реализовать свой потенциал с этой активирующей сывороткой. Активные и питательные ингредиенты способствуют росту более густых, длинных, сильных ресниц в среднем на 50% всего за 6 недель.

€99  
€126 CITY PRICE SAVE -21%



YVES SAINT LAURENT

N° 2 Luminous Ivory

NEW

106. TOUCHE ECLAT N°2, 2.5 ML. Instant must-have highlighter for adding a touch of light or banishing shadows and signs of fatigue from the eye area, the hollow of the chin, the contour of the lips and the sides of the nose.

Ātriēdarbīgs un efektīvs izgaismotājs ādas toņa korekcijām, lai nosegtu tumšos lokus un grumbiņas zem acīm un pasvītrotu lūpu, deguna un zoda kontūras.

Легендарная кисточка-хайлайтер для коррекции тона кожи. С каждым штрихом она стирает темные круги под глазами и придает яркость чертам лица.

€30  
€35 CITY PRICE SAVE -14%



YVES SAINT LAURENT

NEW

148. MASCARA VOLUME EFFET FAUX CILS N°1 BLACK, 7.5 ML. The most emblematic of YSL false lash effects. An exclusive combination of a soft bristled brush and a cream formula incredibly intensifies the look. Improved formula.

Vispārliecinātākais mākslīgo skropstu efekts YSL piedāvājumā. Mīksta birstīte un īpaša tušas formula nodrošina neatvairāmu skatienu. Jauna, uzlabota formula.

Настоящий символ по созданию эффекта накладных ресниц от YSL. Эксклюзивное сочетание мягкой щеточки и кремовой формулы — секрет создания притягательного взгляда. Улучшенный состав.

€29  
€34 CITY PRICE SAVE -15%



CLARINS

NEW

149. **DOUBLE SERUM, 30 ML.** The most complete anti-ageing treatment. The only dual-phase hydric and lipidic anti-ageing treatment rich in 20+1 plant extracts. Its dual formula combines 20 of the most powerful anti-ageing plant extracts with turmeric extract to effectively and visibly treat the signs of ageing.

Īpaši efektīvs pret novecošanās līdzeklis. Tam ir divkārša formula, kas sastāv no 20 iedarbīgiem augu ekstraktiem, nodrošinot hidrolipīdu līdzsvaru un kompleksu pret novecošanās iedarbību.

Комплексная омолаживающая двойная сыворотка. Уникальное средство ухода с двойной гидролипидной формулой, объединяющей более 20 растительных экстрактов и оказывающей комплексное антивозрастное воздействие.

€72 **€83** CITY PRICE **SAVE -13%**



CLARINS  
65<sup>th</sup>  
anniversary



CLARINS — TRAVEL RETAIL EXCLUSIVE

140. **INSTANT LIGHT LIP PERFECTOR DUO, ROSE AND APRICOT SHIMMER.** A melting gel with a deliciously sweet flavour and 3D shimmer for luscious, smooth, shiny lips and a natural-coloured, luminous smile. It nourishes, repairs and protects lips to leave them incredibly beautiful. Instant Light Lip Perfector Duo contains: №01 Rose shimmer + №02 Apricot shimmer.

Kūstošs gēls ar saldu aromātu un 3D spīdumu, kas mitrina un nogludina lūpas un piešķir tām spīdumu. Balzams baro, atjauno un aizsargā lūpas. Komplektā ietilpst: №01 (rozā) un №02 (aprikožu) spīdums.

Тающий гель с восхитительным ароматом и 3D блеском сделает ваши губы более чувственными, гладкими и яркими. Бальзам питает, восстанавливает и защищает кожу губ. В наборе два оттенка: №01 (розовый) и №02 (абрикосовый).

€29.<sup>50</sup>

CLARINS

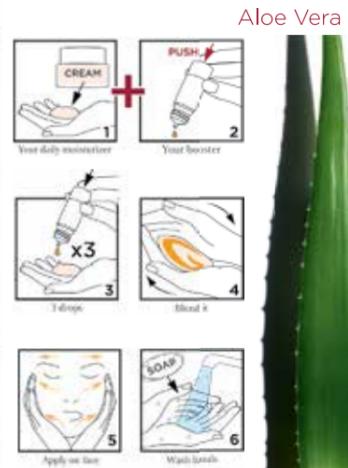
BEST SELLER

120. **RADIANCE PLUS GOLDEN GLOW BOOSTER, 15 ML.** Add customised radiance and a healthy glow to your daily skin care routine with Clarins new Radiance-Plus Golden Glow Booster. Dermatologically tested. Non-comedogenic. Suitable for all skin types.

Izmantojiet līdzekli Clarins new Radiance-Plus Golden Glow Booster, lai piešķirtu ādai mirdzumu un vasarīgi veselīgu izskatu. Dermatoloģiski pārbaudīts, nekomedogēnisk, der visiem ādas tipiem.

Сыворотка для сияния кожи Clarins new Radiance-Plus Golden Glow Booster делает вашу кожу сияющей и здоровой. Средство протестировано дерматологами, некомедогенно, подходит для всех видов кожи

€24 **€27** CITY PRICE **SAVE -11%**



It's all about you.

CLARINS



STENDERS

112. **LIP BUTTER SET.** A trio of deeply nourishing skin-protective balms featuring a rose and cranberry scented lip butters for well-hydrated, velvety lips, and a 100% pure shea butter – a true on-the-go multitasking skincare hero.

Dzīji barojošu un aizsargājošu produktu trio - rožu un dzērveņu lūpu sviests intensīvi mitrinātām, samtainām lūpām un 100% tīrs, dabisks šī sviests ienadžu, lūpu un daudzfunkcionālai sausās ādas kopšanai ceļojumu laikā.

Три глубоко питающих и защищающих кожу продукта – розовое и клюквенное масло для губ для их интенсивного увлажнения и бархатистости, и 100% чистое масло ши для многофункционального ухода за кожей во время путешествий.

€19 **€23.70** CITY PRICE **SAVE -20%**

STENDERS

134. **ROYAL JELLY OVERNIGHT RECOVERY MASK, 75 ML.** Applied right before bedtime this deeply replenishing no-rinse treatment with royal jelly restores lost moisture for improved appearance and elasticity of your skin.

Ādas mitrumu atjaunojošā nakts sejas maska, kas nav jānoskalo, uzklāta mīrkli pirms miega, dzīji pabaros sejas ādu, uzlabojot tās izskatu un elastību. Bagātināta ar bišu māšu peru pienu.

Защитная ночная маска с маточным молочком, нанесенная на кожу лица перед сном, восстановит утраченную влагу, делая кожу лица упругой и сияющей. Маску не нужно смывать водой.

€18 **€21.90** CITY PRICE **SAVE -18%**

STENDERS

156. **ROYAL JELLY SET.** A set featuring your ultimate skin comfort essentials – a power-blend facial treatment oil to boost the moisture level for a smooth, luminous complexion, and a nourishing lip balm to provide lasting protection and leave your lips smooth and irresistible.

Spēcinošs komplekts intensīvai sejas ādas kopšanai. Eļļa ar bišu māšu peru pienu nostiprinās mitruma aizsargbarjeru, padarīs ādu gludu un starojošu. Aizsargājošs lūpu balzams nogludinās lūpas, lai tās kļūtu neatvairāmas. Komplekts kosmetiķi komforta ādas kopšanai – eļļa ar bišu māšu peru pienu nostiprinās mitruma aizsargbarjeru, padarīs ādu gludu un starojošu. Aizsargājošs lūpu balzams nogludinās lūpas, lai tās kļūtu neatvairāmas.

€29 **€37.80** CITY PRICE **SAVE -23%**

# Transformulas®

Beauty WITHOUT Surgery



NEW

## TRANSFORMULAS

**150. SET, LIP VOLUME (10 ML) + EYELIFTING GEL (10 ML).** Brilliant best-sellers now come as a duo for maximum eye and lip impact. Award winning LipVolume treatment serum instantly maximises your pout by up to 40%. Ultra-hydrating, it softens skin, minimizing age lines, delivering a 3D effect. Our miracle eye treatment delivers an instant eye-lifting & tightening effect, erasing fine lines and giving eyes "that wide-eyed" effect.

Divi īpaši populāri skaistumkopšanas līdzekļi tagad pieejami komplektā, lai jūsu lūpas un acis izskatītos maksimāli efektīvi. Godalgotais LipVolume serums palielina lūpu apjomu līdz 40%. Īpaši mitrinošais serums mīkstina ādu, padara lūpas gludas un nodrošina 3D efektu. Savukārt acu kopšanas līdzeklis mazina plakstiņu pietūkumu, izlīdzina krunciņas un "izpleš" acis.

Два самых популярных продукта от бренда, в наборе с максимальным эффектом для глаз и губ. Отмеченная наградами лечебная сыворотка LipVolume увеличивает объем губ до 40%. Ультра-увлажняющая, она смягчает кожу, сокращает возрастные линии, обеспечивает 3D-эффект. Средство для кожи вокруг глаз обеспечивает мгновенный подтягивающий эффект, разглаживает тонкие морщинки, и «раскрывает» глаза.

€49 **€65** CITY PRICE **SAVE 25%**



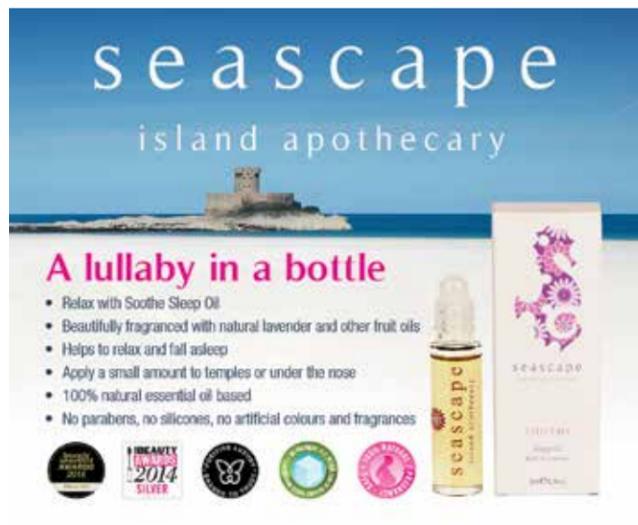
## FINE

**99. CREAM DEODORANT, 40 G.** Totally pure, organic and absolutely effective cream deodorant. Carefully selected ingredients safely prevent undesired odour. 100% vegan. No aluminium salts, nano, gluten, paraben, petro-chemical. Made in Germany. Unisex.

Absolūti tīrs, organisks un ārkārtīgi efektīvs krēms-dezodorants. rūpīgi piemeklētais sastāvdaļas droši novērš nevēlamas smakas. 100% vegānisks. Nesatur alumīnija sāļus, nanodaļiņas, glutēnu, parabēnus. Ražots Vācijā. Unisex.

Fine – абсолютно чистый, органический и сверх эффективный крем-дезодорант. Тщательно подобранные ингредиенты безопасно предотвращают нежелательный запах. 100% веганский. Без солей алюминия и ГМО. Не содержит глютен и парабены. Сделано в Германии. Запах легкий - унисекс.

€29 **€35** CITY PRICE **SAVE 17%**



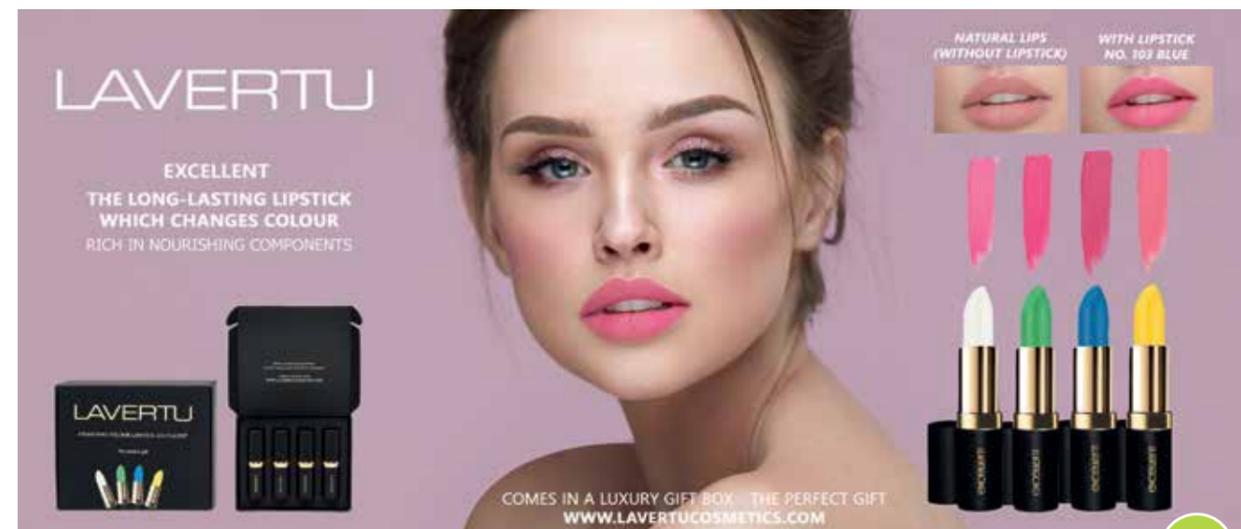
## SEASCAPE

**147. SLEEP OIL, 8 ML.** Award - winning oil contains 100% natural essential oils of Jersey Lavender to relax and calm, and the oils from Grape Seed, Sweet Almond, Bitter Orange Flower and Mandarin Orange Peel to balance the mind and deliver a gentle fragrance. The 8 ml Sleep Oil is the perfect handbag / travel size and is easy to use with the rollerball applicator.

Šis godalgotais produkts sastāv no 100% dabiskas lavandas ēteriskās eļļas, kas palīdz atslābināties un nomierina, kā arī no vīnogu kauliņu eļļas, saldo mandeļu eļļas, apelsīnu ziediem un mandarīnu miziņām. Eļļai ir patīkams, liegs aromāts. 8ml Sleep Oil izmērs ir lieliski piemērots ceļojumiem, to ir viegli uzklāt ar Rollerball aplikatoru.

Идеальный продукт для тех, у кого есть проблемы со сном, или кто нуждается в релаксации в течение дня. 100% натуральные эфирные масла лаванды, масла из виноградного семени, сладкого миндаля, цветов апельсина и мандариновой цедры, позволяющие сбалансировать эмоциональное состояние и расслабиться.

€10 **€12** CITY PRICE **SAVE 17%**



NEW

## LAVERTU — TRAVEL RETAIL EXCLUSIVE

**165. SET OF 4 LONG-LASTING LIPSTICKS WHICH CHANGE COLOUR.** Long-lasting lipstick Excellent accentuates the natural lip glow by adapting to the skin type. The pH-value of the skin ensures that the colour which appears on the lips is unique for everyone. With Aloe Vera, Lanolin and beeswax. 4 shades.

Noturīgā lūpkrāsa Excellent pasvītro lūpu dabisko spīdumu, pielāgojoties ādas tipam. Ādas pH līmenis nodrošina individuālu, tikai jums raksturīgu lūpu krāsu. Satur alveju, lanolīnu un bišu vasku. 4 dažādi toņi.

Набор сверх-стойких помад, меняющих цвет. Помады Excellent адаптируются к типу pH кожи - цвет, который появляется на губах, является уникальным и подходит к любому оттенку кожи. С алоэ вера, ланолином и пчелиным воском. В наборе 4 оттенка.

€34



## SWISS SMILE

**108. SNOW WHITE TOOTHPASTE & TOOTHBRUSH SET, 75 ML.** The set contains a toothpaste – pure whitening power that removes persistent stains and gives the tooth surface its natural, white shine being kind to the enamel – and a soft toothbrush with micro cleaning particles on the brush's exterior bristles that remove plaque and persistent stains. The densely arranged CUREN®-filaments in the middle of the brush head gently polish and clean the tooth surface.

Komplektā ietilpst zobupasta, kas efektīvi noņem traipus no zobiem un atjauno dabisku, baltu virsmu bez zobu bojājumu riska; un mīksta zobu birste ar attīrošām mikrodaļiņām uz birstes ārējiem sariem, kas noņem aplikumu un traipus. Patentētie blīvie CUREN® sari zobu birstes vidū maigi pulē un attīra zobu virsmu.

Комплект содержит зубную пасту с повышенным отбеливающим эффектом и мягкую зубную щетку. Уникальная формула пасты снимает пигментацию и обеспечивает естественную белизну зубов, не повреждая эмаль. Мягкая зубная щетка, содержащая микрочастицы на наружной поверхности щетинок, удаляет зубной налет мягко и эффективно. Запатентованные щетинки CUREN® в средней части щетки полируют и очищают поверхность зубов.

€49



EGYPTIAN MAGIC — TRAVEL RETAIL EXCLUSIVE — **NEW**

166. **ALLROUND-CREAM, 75 ML.** This all-purpose, all-natural balm is made from six of nature's most powerful moisturizing and healing ingredients. Use as a facial moisturizer and eye cream, hair conditioner, lip balm, nail and cuticle conditioner, and to treat conditions like eczema, psoriasis and atopic dermatitis. Its formula also makes it perfect for helping to fade scars, heal blemishes and prevent stretch marks.

Šis universālais un pilnīgi dabiskais balzams ir izgatavots no sešiem visiedarbīgākajiem mitrinošajiem un dziedinošajiem līdzekļiem, kas sastopami dabā. Lietojiet to kā sejas ādas mitrinātāju un acu krēmu, matu kondicionieri, lūpu balzamu, nagu un kutikulu kondicionieri, kā arī, lai uzveiktu ekzēmu, psoriāzi un atopisko dermatītu. Pateicoties unikālajam sastāvam, balzamu arī var izmantot rētu apstrādei, pigmenta plankumu un striju likvidēšanai.

Этот универсальный, полностью натуральный бальзам сделан из шести самых мощных увлажняющих и целебных ингредиентов природы. Используйте в качестве увлажняющего крема для лица и крема для глаз, кондиционера для волос, бальзама для губ, кондиционера для ногтей и кутикулы, а также для лечения таких состояний, как экзема, псориаз и атопический дерматит. Формула бальзама также делает его идеальным средством для устранения шрамов, пигментных пятен и предотвращения растяжек.

€30



Celebrities' best-kept beauty secret for a beautiful and healthy skin.



- ♥ NATURAL ANTI-AGING
- 📈 SKIN LIFTING EFFECT
- 👁️ WRINKLE & SCAR REDUCTION
- 👁️ LONG-LASTING RESULTS
- ⌚ EASY, FAST & SAFE TO USE

TRANSONIC — TRAVEL RETAIL EXCLUSIVE

155. **MICRO NEEDLE ROLLER.** A professional effective skin perfecting tool which you can use at home. 540 surgical steel needles of 0.2 mm length will help you to effectively smoothen fine lines, stimulate cell functioning and regeneration, help firm up the skin texture and boost performance of your favourite skincare.

Profesionāls, efektīvs ādas kopšanas rīks, kas izmantojams arī mājas apstākļos. 540 adatiņas, katra 0,2 mm gara, palīdz izlīdzināt krunciņas, veicina šūnu darbību un atjaunošanos, padara ādu tvirtāku un uzlabo jūsu mīļākā ādas kopšanas līdzekļa iedarbību.

Ролик Transonic для микронидлинга – это профессиональный и эффективный способ улучшить кожу лица в домашних условиях. 540 иглочек 0,2 мм длиной из хирургической стали эффективно разглаживают мелкие морщинки, помогут вашей коже восстановиться, повысят выработку коллагена и улучшат впитывание любимых средств по уходу за кожей.

€49



TRANSONIC — TRAVEL RETAIL EXCLUSIVE

86. **3D FACE&BODY MASSAGE ROLLER.** Stimulates and massages face and body thanks to advanced 3D roll technology. Massage Rolls capture your skin in a gentle but firm way, providing the whole range of positive effects. Helps to reduce appearance of facial fine lines and wrinkles, tones skin and contours – upper arms, legs and stomach.

Pateicoties progresīvai 3D tehnoloģijai, masažiera veltnīši efektīvi stimulē un masē seju un ķermeni. Īpašie veltnīši viegli, bet stingri satver ādu, kas izraisa veselū pozitīvo efektu klāstu. Masažieris palīdz tikt vaļā no krunciņām un grumbām, padara ādu tvirtāku, uzlabo roku, kāju un vēdera izskatu.

Уникальное лечебное воздействие на кожу лица, а также непревзойденный массаж тела достигается благодаря технологии 3D-роликов. 3D-ролики нежно захватывают и массируют вашу кожу, обеспечивая весь спектр положительных эффектов. Помогает уменьшить появление мимических линий и морщин на лице, приводит в тонус кожу и помогает улучшить контуры на внутренней поверхности плеч и бедер и в области живота.

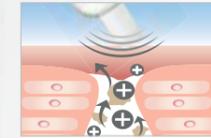
€52



≤ 4 Hours Full Charge

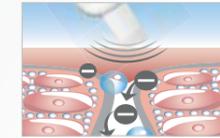
ULTRASONIC BEAUTY DEVICE

Complete Facial Treatment for Skin Beauty



CLEANSE THE SKIN

The cleansing mode pairs ultrasonic vibrations with positive ions to deeply clean pores and remove impurities from the skin providing a radiant and glowing complexion.



PROMOTE ABSORPTION

The use of ultrasonic vibration with negative ions increases the absorption of nutrients delivered by skincare creams and serums for a smooth and replenished skin.



LIFT THE SKIN

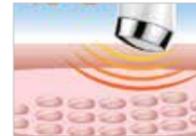
The combination of ultrasonic vibrations with positive and negative ions firms, tightens, and lifts the skin giving you a younger-looking complexion.

THE EXPERT IN BEAUTY & PERSONAL CARE DEVICES



EYE CREAM BOOSTER

Refreshed & Revitalized Eyes  
Younger-Looking Appearance



HOT MODE (40°C)

The device massage head generates 40°C heat therapy promoting blood flow and effectively increase the absorption of eye creams and serums. Provides a brighter and rested looking appearance.



630nm RED LIGHT THERAPY

The device uses 630nm red light to penetrate beneath the skin's surface. The red light has the power to stimulate the production of collagen reducing wrinkles and fine lines for youthful-looking eyes.



SONIC VIBRATION

The device emits sonic vibrations into the skin to reduce the appearance of dark circles and under-eye bags. It is gentle on sensitive skin. Enjoy a refreshed and revitalized look every morning.



≤ 3.5 Hours Full Charge



Works Continuously for 80 min

TOUCHBEAUTY

77. **ULTRASONIC BEAUTY DEVICE.** Features ultrasonic vibrations, negative and positive ions for complete skin treatment. It uses ultrasonic vibrations with positive ions to effectively clean the skin; ultrasonic vibrations with negative ions promote nutrients absorption; ultrasonic vibrations with positive and negative ions lift the skin. A multi-function beauty device to give you healthy, replenished, and younger-looking skin.

Šī ultraskaņas skaistumkopšanas ierīce izmanto ultraskaņas vibrācijas, kā arī negatīvos un pozitīvos jonus ādas kopšanai. Ultraskaņas vibrācijas ar pozitīvajiem joniem efektīvi attīra ādu, ultraskaņas vibrācijas ar negatīvajiem joniem veicina barojošo vielu iesūkšanos ādā, ultraskaņas vibrācijas ar pozitīvajiem un negatīvajiem joniem atjauno ādu. Daudzfunkciju ierīce, kas palīdzēs jums iegūt veselīgu, atjaunotu un jauneklīgu ādu.

Ультразвуковое устройство с вибрацией и отрицательными и положительными ионами для комплексного омоложения кожи. Устройство использует ультразвуковые вибрации с положительными ионами для эффективной очистки кожи; с отрицательными ионами для максимальной впитываемости кожей питательных веществ; с положительными и отрицательными ионами для лифтинга кожи.

€99

€119 CITY PRICE SAVE -17%

TOUCHBEAUTY

76. **EYE CREAM BOOSTER.** Soothe, hydrate, and rejuvenate your eyes. This compact device utilizes sonic vibration, 40°C warm massage, and 630nm red-light therapy to treat the eyes. The different technologies work together to smooth fine lines, soothe tired eyes, decrease dark circles and puffiness.

Mierina, mitrina un atjauno ādu ap acīm. Kompaktā ierīce izmanto skaņas vibrācijas, siltu masāžu 40°C temperatūrā un 630nm sarkanās gaismas terapiju. Šīs dažādās tehnoloģijas darbojas kopā, lai izlīdzinātu krunciņas, nomierinātu nogurušas acis, mazinātu lokus un pietūkumu zem acīm.

Оказывает омолаживающий, успокаивающий и увлажняющий эффект на кожу вокруг глаз. Это компактное устройство использует звуковую вибрацию, теплый массаж 40°C и терапию красного света 630 нм. Различные технологии работают вместе, чтобы разгладить тонкие линии, успокоить усталые глаза, уменьшить темные круги и отечность.

€69

€79 CITY PRICE SAVE -13%



COLLISTAR  
MADE IN ITALY

COLLISTAR — TRAVEL RETAIL EXCLUSIVE

NEW

**127 PURE ACTIVES DUO, 2 X 30 ML.** The molecules of youth in a duo pack. Hyaluronic Acid 30 ml: lifts and hydrates the skin, stimulates skin cell metabolism. Collagen 30 ml: reduces wrinkles and prevents their formation. "Jaunības molekulas" – divi līdzekļi vienā komplektā. Hialuronskābe 30 ml: mitrina ādu un padara to tvirtāku, veicina šūnu metabolismu. Kolagēns 30 ml: samazina krunkas un novērš to rašanos.

"Молекулы молодости" – два средства в одной упаковке. Гиалуроновая кислота подтягивает и увлажняет кожу, стимулирует клеточный метаболизм. Коллаген разглаживает морщины и предотвращает их формирование.

€75 **TRAVEL RETAIL VALUE €96.20** **SAVE -22%**



COLLISTAR

NEW

**158 PURE ACTIVES ANTICELLULITE CAPSULES CAFFEINE + ESCIN 14 CAPSULES.** The new frontier in dermo-cosmetic research for a shock action against cellulite imperfections. Single-dose gelatine capsules contain the optimum dose of caffeine and escin in their purest forms, free of water and preservatives. In only 2 weeks they reduce the antiaesthetic orange peel effect, and day after day reduce the imperfections caused by cellulite.

Jaunākais atklājums dermatoloģiskajā kosmētikā īpaši iedarbīgai celulīta problēmu risināšanai. Želatīna kapsulas satur optimālu tīra kofeīna un escīna devu bez ūdens un konservantiem. Vien 2 nedēļu laikā tās mazina "apelsīna mizas" efektu un palīdz novērst citas celulīta izraisītās problēmas.

Новое достижение в дермо-косметических исследованиях для шокового воздействия на целлюлитные дефекты. Одноразовые желатиновые капсулы содержат оптимальную дозу кофеина и эсцина в самой чистой форме, без воды и консервантов. Всего за 2 недели они уменьшают неэстетичный эффект «апельсиновой корки» и изо дня в день уменьшают недостатки, вызванные целлюлитом.

€35 **€40.15 CITY PRICE** **SAVE -13%**



COLLISTAR  
MADE IN ITALY



3 EASY STEPS  
TO MAXIMIZE THE BENEFITS



\* For wearing intensity please refer to the instruction.

Feet Friends

BEST SELLER

FEET FRIENDS — TRAVEL RETAIL EXCLUSIVE

**110. HEALTHY SOCKS.** Its specially shaped terry fabric loops gently separate and massage your toes. Wear the socks after a long day at work, a work out or a night full of dancing, and you will experience relief. It's also a great help while polishing your nails. Size: 36-40.

Īpaši veidotas frotē auduma cilpas maigi atdala un masē jūsu kāju pirkstus. Uzvelciet zeķes pēc garas darba dienas, treniņa vai nodejotas nakts, un izbaudiet atvieglojumu, ko tās sniedz jūsu kājām. Šīs zeķes arī lieliski noder, krāsojot nagus. Izmēri: 36-40.

Специальные петли из махровой ткани мягко разделяют и массируют пальцы ног. Надевайте носки после долгого рабочего дня, занятий спортом или веселых танцев всю ночь напролет и уже через некоторое время вы почувствуете облегчение. Также отличное решение для педикюра в домашних условиях. Размер: 36-40.

€49



Machine washable



Non-surgical way to rejuvenate your feet

ÖGON®  
Smart Wallets



DESIGN:  
Eric Butcher



PROTECT YOUR CARDS!



RFID PROTECTION

DESIGN FRANCE

10 CARD FOR 10 CARDS



BEST SELLER

ÖGON DESIGNS — TRAVEL RETAIL EXCLUSIVE

**133. QUILTED ALUMINIUM WALLET.**

Quilted design. Metal lock. Size: 10.8 x 7.2 x 2 cm. Weight: 78 g.

Tekstilmozaikas dizains. Metāla slēdzene. Izmērs: 10,8 x 7,2 x 2 cm. Svars: 78 g.

Стеганный дизайн, металлический замок, размер: 10,8 x 7,2 x 2 см. Вес: 78 г.

ÖGON DESIGNS — TRAVEL RETAIL EXCLUSIVE

**105. SMART ALUMINIUM WALLET - CARBON FIBRE EDITION.**

Carbon fibre design. Size: 11 x 7.4 x 2.1 cm. 70 g.

"Oglekļa šķiedras" dizains. Izmērs: 11 x 7,4 x 2,1 cm. 70 g.

Дизайн "карбон". Размер: 11 x 7,4 x 2,1 см. Вес: 70 г.

Elegant wallet made in France. This light and strong wallet gives a super-fast access and an optimum protection. Designed to open with one hand. For 10 cards and cash. RFID Safe: protection against demagnetization and electronic data theft.

Francijā ražots elegants maks. Tas ir viegls, izturīgs, nodrošina ērtu piekļūvi maka saturam un tā optimālu aizsardzību. Atverams ar vienu roku. Vieta 10 kartēm un skaidrai naudai. RFID aizsardzība pret demagnetizāciju un elektronisko datu zādībām.

Легкий и надежный кошелек, сделанный во Франции. Идеальная защита и быстрый доступ – открытие одной рукой. Вмещает 10 банковских карт и купюры. Защита ваших карт от размагничивания и бесконтактной кражи данных.

€38

€38

beurer

BEURER — TRAVEL RETAIL EXCLUSIVE

NEW

138. **BEURER LS 10 LUGGAGE SCALE.** Portable luggage scale that will help you avoid excess luggage charges. Small, handy and easy to use, comes equipped with a practical torch and a fastening strap for space-saving storage. With a weight capacity of 50 kg.

Portatīvie svāri, kas palīdzēs izvairīties no bagāžas pārsniegtā svara maksas. Šie svāri ir mazi, parocīgi un viegli lietojami, ar iebūvētu praktisku lukturīti un siksnīti. Uzrāda svaru līdz 50 kg. Благодаря портативным весам от Beurer, вы сможете избежать доплат за сверхнормативный багаж! Компактный, удобный и легкий в использовании, дополнительно оснащенный практичным фонариком и ремешком. Максимальный вес – 50 кг.

€25



cabeau



CABEAU

82. **AIR EVOLUTION TRAVEL PILLOW.** If you like to travel light, then the award-winning AIR EVOLUTION is the inflatable travel pillow you need. Adjustable air core and comes with a soda can-sized portable pouch.

Ja jums patīk ceļot, neņemot līdzi daudz mantu, tad AIR EVOLUTION ir tieši tāds piepūšamais spilvens, kāds jums ir nepieciešams. Spilvena mīkštums ir regulējams, kad tas ir nepiepūsts, spilvens satīpst ērtā, limonādes bundžas izmēra somiņā.

Если вам нравится путешествовать комфортно и налегке, то получившая множество наград надувная подушка AIR EVOLUTION – это незаменимый выбор. AIR EVOLUTION имеет дополнительный надувной отсек, а также удобный чехол размером с банку лимонада.

€19



allroundo®  
The All-in-One Cable



Made for iPhone | iPad | iPod

70 cm Cable

Compact  
Ø 6,5 cm



VONMÄHLEN  
Northern Germany

ALLROUND® — TRAVEL RETAIL EXCLUSIVE

177. **THE ALL-IN-ONE CABLE.** Enables charging and data transfer for all mobile devices at any time (Micro-USB, Lightning, 2x USB-C and USB-A). Up to 70 cm cable. The perfect travel and everyday companion.

Uzlādes un datu kabelis der visām populārākajām mobilajām ierīcēm, tādām kā viedtālruni un planšetes. Jūsu bagāžā vairs nebūs vadu mūžeklis. Kompakts izmērs un 70 cm garš kabelis. Lielisks palīgs gan ceļojumā, gan ikdienā. Кабель для зарядки все в одном, для зарядки любых мобильных устройств. Адаптеры (Micro-USB, Lightning, 2x USB-C и USB-A) для необходимого соединения и безопасной передачи данных. Компактный размер и кабель длиной 70 см.

€30



FITS EASILY INTO A POCKET OR HANDBAG  
VIEGLI IEDERAS KABATĀ VAI ROKASSOMĀ  
ЛЕГКО ПОМЕЩАЕТСЯ В КАРМАН ИЛИ СУМЧОК

XTORM

136. **POWER BANK AIR 6000.** Never find yourself with an empty battery again while you're at work, on the go or travelling. Thanks to such handy features as the removable micro USB cable, extra fast charging and the ability to charge two mobile devices at once, this Power Bank is the perfect charging solution. The 6000mAh internal battery allows you to charge your telephone 3.5 times.

Pateicoties šai ierīcei, jums vairs nekad nenāksies atklāt, ka tālrunis ir izlādējies, neatkarīgi no tā, vai esat darbā, braucat vai ceļojat. Pateicoties tādām ērtajām funkcijām kā atvienojams micro USB vads, paātrināta uzlāde un iespēja uzlādēt divas mobilās ierīces vienlaicīgi, šis portatīvais akumulators ir ideāls risinājums, lai jūsu tālrunis vienmēr būtu uzlādēts. 6000mAh iekšējais akumulators ļauj uzlādēt tālruni 3,5 reizes.

Больше не волнуйтесь о пустой батарее в пути или на работе! Благодаря таким удобным функциям как сверхскоростная зарядка, съёмный кабель USB и зарядка 2x устройств одновременно этот внешний аккумулятор станет идеальным решением. Ёмкость 6000 мАч позволит зарядить ваш телефон 3,5 раза.



€35

€39 CITY PRICE SAVE 10%

# TOP 5 TRAVEL ACCESSORIES

- 1 POCKET UMBRELLA, PAGE 230  
DOPPLER
- 2 ALUMINIUM WALLET, PAGE 225  
ÖGON DESIGNS
- 3 CARBON OPTICS WALLET, PAGE 228  
I-CLIP
- 4 TRAVEL PILLOW, PAGE 226  
CABEAU
- 5 LUGGAGE SCALE, PAGE 226  
BEURER

BUY ON BOARD AND SAVE

# I-CLIP

## THE WALLET

### THE ESSENCE OF CONVENIENCE

- | EASY STORAGE FOR UP TO 12 CARDS AND BILLS |
- | VERY COMPACT AND ULTRALIGHT: 18 GRAMS |
- | ECO-RESPONSIBLE GENUINE LEATHER: TANNED CHROME-FREE |
- | QUALITY MADE IN GERMANY |

www.i-clip.com

CHROME-FREE TANNING | RFID SAFE | ULTRALIGHT 18 GRAMS | MADE IN GERMANY | UP TO 12 CARDS | NATURAL TANNING

**I-CLIP** NEW  
113. CARBON OPTICS WALLET INCL. RFID SHIELDS.

The smallest of the wallets! A compact, safe and an elegant way to carry up to 12 cards and notes. Here a full-grain naturally tanned cowhide with a thrilling carbon finish in black or perforation in camel color! With 2 RFID shields for protection against electronic data theft.

Mazākais no visiem makiem! Kompakts, drošs un elegants ar 12 karšu un banknošu ietilpību. Tagad no dabīgi miecētas teļādas ar oglekļa perforācijas pārklājumu melnā vai kameļādas krāsā. Ar 2 RFID kartēm, kas nodrošina aizsardzību pret elektronisko datu zādībām.

Самый миниатюрный кошелек! Элегантный, компактный и безопасный способ хранения для 12 карточек и банкнот. С отделкой из телячьей кожи натурального дубления под чёрный карбон или песочно-бежевого цвета с перфорацией. В комплекте 2 RFID карты для защиты от бесконтактной кражи электронных данных!

€36 €45 CITY PRICE SAVE -20%

**I-CLIP** NEW  
167. ADVANTAGE CAMEL INCL. RFID SHIELDS.

€39 €50 CITY PRICE SAVE -22%

# POKITO

## POP UP CUP

P.192

FREE TEA OR KENCO COFFEE

WITH EVERY POKITO CUP PURCHASE  
\*SEE SPECIAL DEAL ON PAGE 192

Proudly MADE IN BRITAIN

POKITO IS AN AMAZING FOLDABLE CUP THAT'S INCREDIBLY PORTABLE, VERY VERSATILE AND SUPER SAFE.

POKITO

NEW

168. POP UP CUP, BLACK. The eco-friendly and reusable cup, perfect for hot or cold drinks. It is super portable & foldable down to a few centimetres and weighing only 120 g. It is incredibly versatile popping up to 3 different sizes: grande (475 ml), medio (350 ml) or espresso (230 ml). Made in Britain, BPA-free and dishwasher safe. Take it with you!

Dabai draudzīga un vairākkārt lietojama krūze karstiem vai aukstiem dzērieniem. Saliktā stāvoklī tā ir vien dažus centimetrus augsta un sver tikai 120 g. To var pārveidot 3 dažādu izmēru krūzēs: grande (475 ml), medio (350 ml) vai espresso (230 ml). Izgatavota Lielbritānijā. Nesatur bisfenolu A, to var mazgāt trauku mazgājamajā mašīnā. Ērta līdzņemšanai!

Экологичная и многоразовая чашка, идеально подходит для горячих и холодных напитков. Чашка складывается до нескольких сантиметров и весит всего 120 г. Легко превращается в кружку 3 разных размеров: grande (475 мл), medio (350 мл) или эспрессо (230 мл). Сделана в Британии, не содержит бисфенол А и подходит для мытья в посудомоечной машине. Возьми ее с собой!

€17

- PUNCTURE RESISTANT
- COMPACT ATTACHED STORAGE BAG
- 24 LITER CAPACITY
- WATERPROOF ROLLTOP CONSTRUCTION
- ULTRA - LIGHT DESIGN 155 GRAMS

active bird

ACTIVE BIRD — TRAVEL RETAIL EXCLUSIVE

152. BACKPACK, ULTRALIGHT. Pack your adventures – ultra light, foldable and waterproof backpack for your trips. The backpack is folded only palm-size - easy to take with you on all your trips. 24 liter backpack.

Jauns palīgs jūsu piedzīvojumos – ārkārtīgi viegla, salokāma un ūdensnecaurlīga mugursoma. Salocītā veidā mugursoma ir vien plaukstu lielumā. Tilpums: 24 litri.

Запакуйте ваши приключения и вперед – ультра-легкий, маленький в сложенном виде и водонепроницаемый – идеальный рюкзак для любых поездок! Рюкзак складывается в мини-формат размером с ладонь. Вместимость – 24 литра.

€49



**DOPPLER**

**107. POCKET UMBRELLA CARBON STEEL MINI SLIM, NAVY BLUE.** Always with you, as light as a feather, small and slim. This umbrella is small enough to fit in every pocket. Carbonsteel technology makes this model super lightweight and at the same time provides stable protection against weather and wind up to 100 km/h. 3 cm thin, 90 cm diameter, only 170 g.

Vienmēr ar jums, viegls kā spalva, mazs un plāns. Šis lietussargs ir tik mazs, ka to var ielikt jebkurā kabatā. Tam ir oglekļa tērauda rāmis, tādēļ lietussargs ir neticami viegls, tomēr nodrošina efektīvu aizsardzību pret lietu un līdz pat 100 km/h stipru vēju. 3 cm plāns, 90 cm diametrā, tikai 170 g.

Всегда с вами: легкий как перышко, маленький, тонкий и суперпрочный, этот зонтик поместится в любой карман. Технология карбоновой стали делает эту модель сверхлегкой и в то же время обеспечивает стабильную защиту от погодных условий и ветра до 100 км/ч.

Толщина 3 см, диаметр 90 см, всего 170 г.

€29

**AVIATOR** — TRAVEL RETAIL EXCLUSIVE



**42. FOLDING SUNGLASSES.** Black metal frames with smoke grey lens. Foldable frames and arms make it compact and easily fit into any pocket. Full UV protection. Comes with a cleaning cloth and a velour travel pouch.

Melns metāla ietvars ar dūmu pelēkām lēcām. Pateicoties saliekamajam ietvaram un kājiņām, saulesbrilles var kompakti salocīt un viegli ielikt jebkura izmēra kabatā. Pilnīga aizsardzība pret UV starojumu. Komplektā ietilpst briļļu tīrāmā drāniņa un filca briļļu maks.

Чёрная металлическая оправа со стёклами цвета серой дымки. Благодаря компактной складной оправе и дужкам очки легко помещаются в карман. Полная защита от ультрафиолета. В комплект входит чистящая ткань и велюровый дорожный чехол.



€30

**SPACEPRODUCTS**

**THE WALLET REVOLUTION YOU'VE BEEN WAITING FOR.**



**SPACE WALLET**

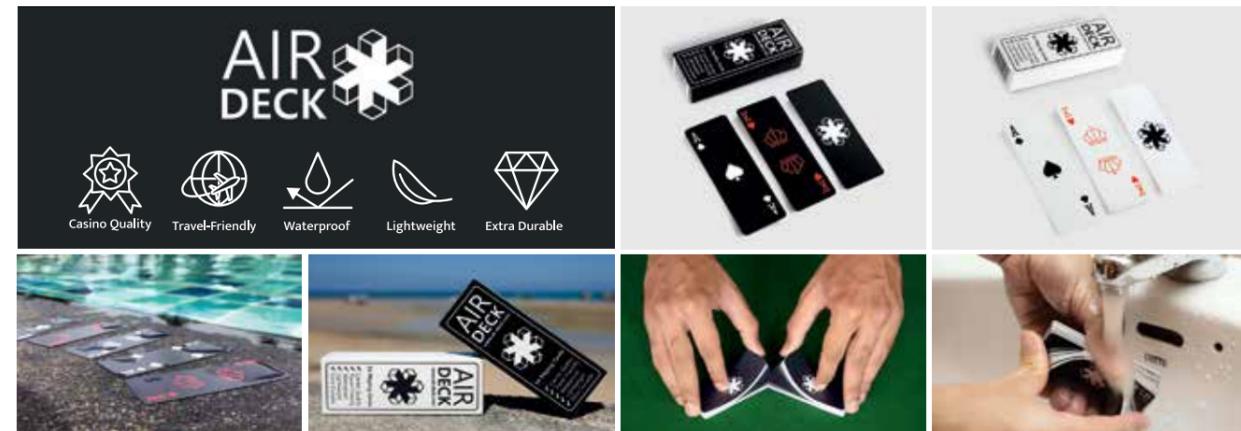
**41. "PEAK MILANO".** The very first mini-wallet for modern women. Stylish, practical, minimalistic. Enough space for up to 15 cards, notes and even coins. High-quality real leather. Handmade in Europe. Size 6.7 x 5.7 x 1.5 cm.

Pasaulē pirmais mini-maciņš modernām sievietēm. Stilīgs, praktisks, minimālistisks. Tajā pietiek vietas līdz 15 kartēm, banknotēm un pat monētām. Īsta augstas kvalitātes āda. Roku darbs. Izgatavots Eiropā. Izmērs: 6.7 x 5.7 x 1.5 cm.

Первый мини-кошелек для современных женщин. Стильный, практичный, минималистический. Вмещает до 15 карт, банкноты и даже монеты. Высококачественная натуральная кожа. Сделан вручную в Европе. Размер 6.7 x 5.7 x 1.5 cm.

€26

€29.90 CITY PRICE SAVE -13%



**AIR DECK**

**139. THE ULTIMATE TRAVEL PLAYING CARDS, DOUBLE PACK.** With the Air Deck, you can play anywhere, anytime. While regular paper playing cards tear, stain, bend and break easily, Air Deck is incredibly resistant and waterproof.

Pateicoties Air Deck, jūs varat spēlēt kārtis jebkurā vietā un jebkādā laikā. Parastās kārtis var nosmērēt, salocīt, tās viegli plīst. Air Deck kārtis ir ļoti stingras un ūdensizturīgas.

С Air Deck вы можете играть повсюду в любое время. В то время как обычные игральные карты рвутся, окрашиваются, изгибаются и ломаются, Air Deck невероятно прочные и водонепроницаемые.

€14



**TRUE UTILITY**

**132. FIXR - 20 IN 1 MULTITOOL.** Weighs only 40 grams. Clip to anything and simply twist into set positions to use it to open parcels, envelopes or bottles, set screws and much more. Stainless steel, coated with gold and black titanium. Black leather protection cover included. Revolucionārs daudzfunkciju rīks ar 20 instrumentiem, kas sver nieka 40 gramus. Aprīkots ar karabīni. Pagrieziet rīka centrālo daļu, lai lietotu attiecīgo instrumentu, un jūs varat atvērt sūtījumus, aploksnes vai pudeles, skrūvēt un darīt daudz ko citu. Izgatavots no nerūsējoša tērauda ar zelta un melnā titāna pārklājumu. Komplektā ar melnu ādas maciņu.

Multitool совмещает в себе 20 функций, но весит всего 40 граммов. Просто поверните среднюю часть в указанные позиции для открытия посылок, конвертов или бутылок, завинчивания винтов и многого другого. Сделан из нержавеющей стали, покрыт чёрным титаном и позолотой. В наборе кожаный чехол.

€23



YE!! AIRTWINS

39. **TRUE WIRELESS BLUETOOTH EARBUDS.** Enjoy the freedom of these wireless earbuds which pair automatically and connect via Bluetooth. Rich and clear sound experience. Comes in a 2800mAh power case for storage and keeping them charged. Includes eartips of different sizes. Hands-free microphone with 3.5 hours talk time.

Izbaudiet brīvību, ko sniedz šīs bezvadu austiņas. Automātisks Bluetooth savienojums. Tīra, augstas kvalitātes skaņa. Komplektā ar 2800mAh portatīvo lādētāju, kas arī paredzēts austiņu uzglabāšanai. Dažādu izmēru austiņu uzgāji. Brīvroku mikrofons - sarunu režīma darbības laiks līdz 3.5 stundām.

Наслаждайтесь свободой с этими беспроводными наушниками, которые автоматически соединяются через Bluetooth. Качественный и чистый звук. В комплект входит зарядный кейс на 2800 мАч для подзарядки и хранения. Включает в себя амбушюры разных размеров. Беспроводной микрофон на 3,5 часа разговора.

€129

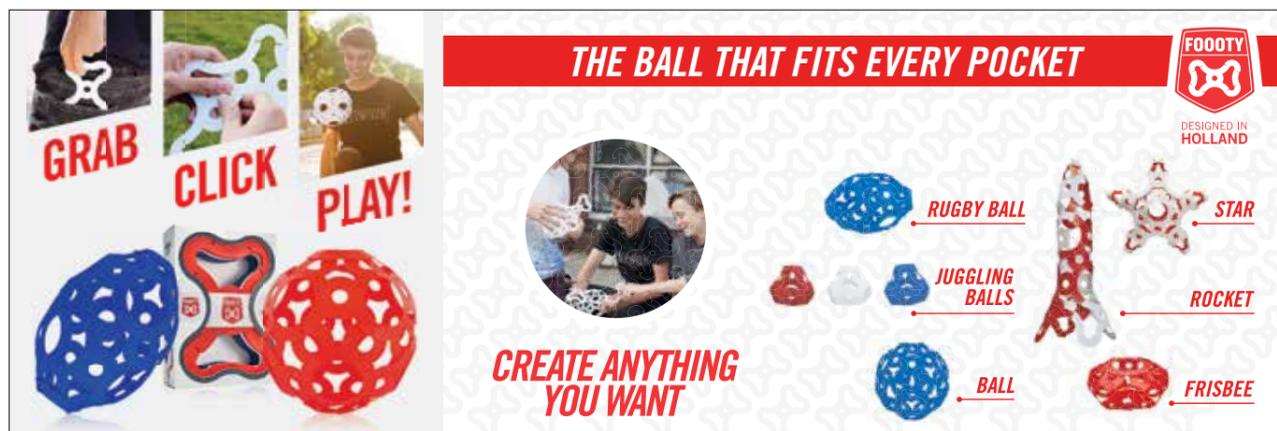
BITMORE — TRAVEL RETAIL EXCLUSIVE

125. **VYBE IN EAR HEADPHONES** Wired in-ear HiFi headphones with Mic, volume control, stop, start, pause and magnetised earbuds for tangle free easy carrying.

HiFi austiņas ar mikrofonu, skaļuma regulētāju, stop, atskaņot un pauzes funkcijām, un magnetizētiem iearšiem, kas novērš vadu samudināšanos.

Наушники HiFi с микрофоном, регулировкой громкости, функцией остановки, воспроизведения, паузы и магнитными насадками, предотвращающими спутывание.

€12



FOOTY

154. **THE BALL THAT FITS IN EVERY POCKET!** A new way to play anywhere you want. Create your favourite ball shapes with the smart FOOTY 2D click system. Twin pack, 2 bundles to make 2 balls and much more.

Jauns veids, kā spēlēt bumbu jebkur, kur vēlies. Lieliski noder ceļojot, tas ir ērti lietojams un sagādās daudz jautru brīžu. Komplektā 2 gabali.

Играйте в любом месте. Создавайте свои любимые фигуры с помощью смарт-системы FOOTY 2D click. В комплекте 2 шт.

€25



The watch has a plastic case with stainless steel case back and printed PVC strap. Watch size 23 x 3.3 x 1.17cm.



© DISNEY — TRAVEL RETAIL EXCLUSIVE

102. © **DISNEY FROZEN GIRL'S WATCH.** Featuring characters from the movie. This timepiece will be the perfect gift for your little princess. She will love spending time with her favourite characters.

Meiteņu pulkstenis, kuru rotā attēli no © Disneja multfilmā "Ledus sirds". Lielisks pulkstenis jūsu mazajai princesei. Viņai patiks pavadīt laiku ar saviem mīļākajiem personāžiem.

© Disney Frozen часы для девочек с любимым персонажем из фильма станут прекрасным подарком для вашей маленькой принцессы. Она полюбит проводить время со своими любимыми персонажами.

€25



SPROUT — TRAVEL RETAIL EXCLUSIVE

89. **PLANT YOUR PENCIL, 8 PENCILS AND COLORING BOOK.** Introducing the original sustainable Sprout pencil that grows into plants such as Coriander, Thyme, Chia and Basil. Put the seeds in moist soil, then add water and sunlight. Use it during your flight or buy as a gift.

Iepazīstieties ar unikālu, ilgtspējīgu zīmļu komplektu – šie zīmļi izaug par lavandu, piparmētru, čeri tomātu vai baziliku. Ievietojiet sēklas mitrā augsnē un pievienojiet saules gaismu un ūdeni! Lieliska dāvana vai labs laika kavēklis lidojuma laikā.

Единственный карандаш, который вырастает в растение: лаванда, мята, помидоры Черри и даже базилик! Набор может быть использован во время полета или послужить прекрасным подарком. Карандаши содержат семена и вырастают в растения при посадке во влажную почву.

€20



LEGO

NEW

153. **NINJAGO MOVIE LLOYD MINIFIGURE LINK WATCH.** With your favourite Ninjago® character integrated into your watch strap you are fully equipped to become an ultimate Master of Spinjitzu. The multi-coloured, interchangeable links offer plenty of design possibilities to build a watch that fits all wrist sizes. 5 ATM.

Kad jūsu mīļākais Ninjago® varonis ir piestiprināts pie jūsu pulksteņa aroces, jūs esat pilnībā gatavs kļūt par spindzītu lielmeistaru. Krāsaini, nomaināmi aroces posmi, no kuriem var uzbūvēt unikālu rokas pulksteni ar aroci, kas der visiem izmēriem. 5 ATM.

Детские часы с любимым персонажем Ninjago®, встроенным в ремешок для часов - ты полностью экипирован, чтобы стать настоящим мастером Spinjitzu. Разноцветные взаимозаменяемые звенья предлагают множество возможностей для создания часов, подходящих для всех размеров запястья. Судьба Ниндзяго в ваших руках! 5 ATM.

€26



FIREFLY

NEW

144 / 146. **TRANSFORMERS OR MY LITTLE PONY LIGHT UP & SOUND TOOTHBRUSH.** Press the button and the brush will light up for one minute to time your cleaning! Includes authentic sounds and encouraging phrases from your favourite Transformers and My Little Pony characters! The cover doubles up to protect the brush especially when travelling. Batteries included.

Nospiediet pogu un zobu birste iedegsies uz vienu minūti, kamēr tīrāt zobus. Autentiskas skaņas un uzmundrinošas frāzes no jūsu mīļākajiem Transformers un My Little Pony varoņiem. Zobu birstes apvalks lieliski noder ceļojuma laikā. Komplektā iekļautas baterijas.

Нажмите кнопку, и щетка загорится на одну минуту, чтобы засечь время чистки зубов! Звуковые эффекты и вдохновляющие фразы от ваших любимых персонажей – Трансформеры и My Little Pony! Выдвигающаяся крышка-футляр для защиты щетки во время путешествий. Батарейки входят в комплект.

€12



115. **SILICONE BAND.** Band with traditional Latvian signs.  
Silikona aproce ar senlatviešu rakstiem.  
Силиконовый браслет с традиционным латвийским узором.

€2

116. **CANDIES GOTIŅA.** Latvian candies in a tin can with traditional motifs, 10 pcs.  
Konfektes "Gotiņa" alumīnija kārbā ar tautiskiem motīviem, 10 gab.  
Конфеты "Gotiņa" в алюминиевой коробке с народными мотивами, 10 шт.

€9

45. **PIN "I♥LATVIA".** A heart-shaped pin in Latvian flag colours.  
Sirds formas nozīmīte Latvijas karoga krāsās.  
Значок - сердечко в цветах латвийского флага.

€3

117. **"LATVIA 100" TEDDY BEAR.** A new addition to Teddy collectibles.  
Lācītis "Latvijai 100". Jauns papildinājums rotaļu lāču kolekcijai.  
Медвежонок "Латвии 100". Пополнение в коллекции медвежат.

€10

Take airBaltic with you!



38. **BALLPOINT PEN WITH AIRBALTIC LOGO.**  
Material: plastic. Length: 14 cm.  
Lodīšu pildspalva ar airBaltic logotipu. Materiāls: plastmasa. Izmērs: 14 cm.  
Шариковая ручка с логотипом airBaltic. Материал: пластик. Размер: 14 см.

€1.90

40. **NECK STRAP.** Neck strap with printed airBaltic logo.  
Material: fabric. Length: 80 cm.  
Kakla lēta ar airBaltic logotipa uzdruku. Materiāls: audums. Izmērs: 80 cm.  
Лента с логотипом airBaltic. Материал: ткань. Размер: 80 см.

€4.90

## 4G LTE International SIM Card

With airBalticcard Mobile SIM you surf the Internet and make outgoing calls in most countries cheaper than local rates and receive incoming calls in 150 countries free of charge

airBalticcard Mobile SIM pieņem bezmaksas zvanus 150 valstīs, bet interneta tarifi un zvani vairākās valstīs ir ar zemākām izmaksām nekā vietējie tarifi

airBalticcard Mobile SIM принимает звонки в 150 странах бесплатно, а тарифы на интернет и на разговоры во многих странах дешевле местных расценок

0.00 €

No monthly or additional fees  
Nekādu regulāro maksājumu  
Без абонентской платы или  
иных расходов

0.00 €/min

Free incoming calls in 150 countries  
Bezmaksas ienākošie zvani 150 valstīs  
Бесплатные входящие звонки в 150 странах

from 0.15 €/Min

Outgoing calls from 150 countries  
Izejošie zvani no 150 valstīm  
Исходящие звонки из 150 стран

from 2.00 €/GB

Mobile internet in 135 countries  
Mobilais internets 135 valstīs  
Мобильный интернет в 135 странах



96. **RECHARGE VOUCHER.**  
Atjaunošanas karte ar € 20 kredītu  
Карта пополнения с кредитом € 20

€20

94. **STARTING PACKAGE WITH €10 CREDIT.**  
Starta komplekts ar € 10 kredītu  
Стартовый комплект с кредитом € 10

€20

For more information ask cabin crew.  
Vairāk informācijas jautāiet apkalpei.  
Подробную информацию спрашивайте у бортпроводников.

airBalticCard.com

## Aircraft models

Purchase on [souvenirs.airbaltic.com](http://souvenirs.airbaltic.com)



### MINIATURE MODEL

Bombardier CS300 (now Airbus A220-300). Scale: 1/500.  
Miniatūrs lidmodelis Bombardier CS300 (tagad Airbus A220-300). Mērogs: 1/500.  
Миниатюрная модель самолёта Bombardier CS300 (теперь Airbus A220-300) Масштаб: 1/500.

€19,90

### MODEL

Bombardier CS300 (now Airbus A220-300). Scale: 1/100.  
Lidmodelis Bombardier CS300 (tagad Airbus A220-300). Mērogs: 1/100.  
Модель самолёта Bombardier CS300 (теперь Airbus A220-300). Масштаб: 1/100.

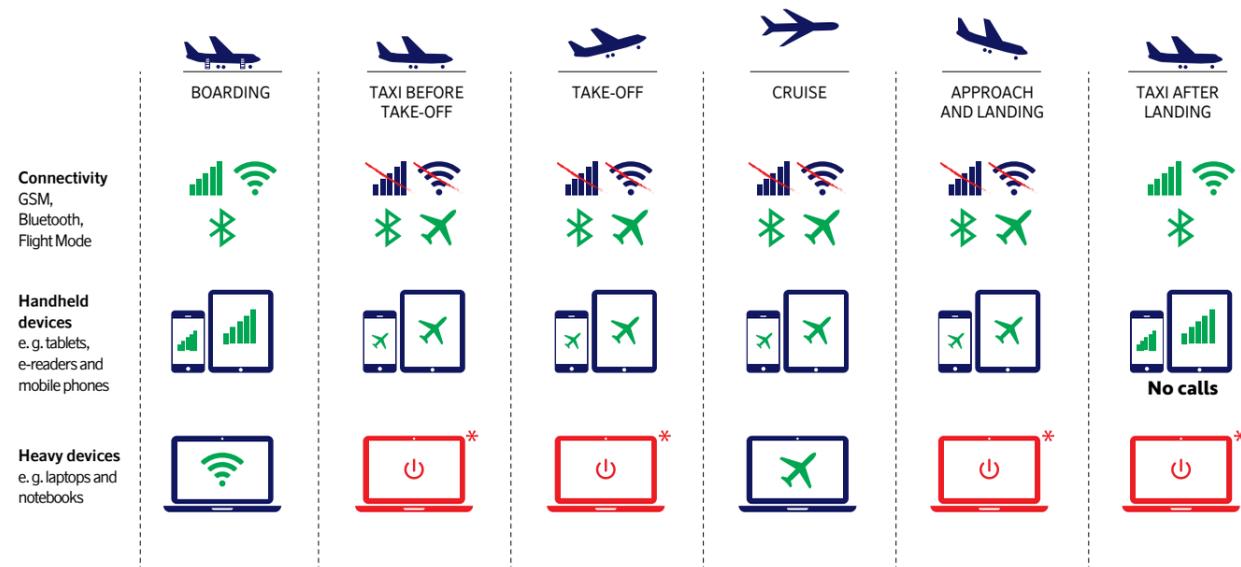
€39,90

### MODEL WITH SPECIAL LIVERY

Airbus A220-300 Scale: 1/100.  
Lidmodelis ar īpašo krāsojumu Airbus A220-300 Mērogs: 1/100.  
Модель самолёта Airbus A220-300 в особой раскраске. Масштаб: 1/100.

€49,90

# USE OF PORTABLE ELECTRONIC DEVICES



\* Shall be stowed in overhead bin or under the front seat inside an appropriate bag.

# PRE-ORDER ONLINE

Choose a freshly made meal for your next flight

Breakfast sets

Hot meals

Meal sets from

## 9.99 €

For special occasions

Vegetarian and gluten free

## HOUSE RULES

We accept the following payment cards:



- ❗ We accept payment for purchases only by cards with an embedded chip. We are unable to process payments made by cards with a magnetic stripe.
- ❗ For payment card purchases exceeding EUR 70, ID must be provided. A purchase with a single card may not exceed EUR 250 and total payment by cards per one customer may not exceed EUR 500.
- ❗ Cash payments are accepted only in EUR.
- ❗ All prices include VAT where applicable.
- ❗ For each purchase made on airBaltic flights the cabin crew will provide you a receipt.
- ❗ All pictures of products and packaging are for illustrative purposes only and may differ from the real product.
- ❗ Ask the cabin crew about the meal availability on your flight today and for the ingredients of a given product or what allergens it contains.

- ❗ When purchasing a flight ticket, you have accepted the airBaltic Terms of Passenger Carriage, which state that it is not permissible on board airBaltic aircraft to use narcotics, consume alcoholic beverages that you have brought on board, smoke any type of cigarette including electronic cigarettes. Passengers must obey acknowledged standards of polite behaviour. Should we have any reason to believe that your behaviour does not comply with these rules, we will take any and all necessary action to stop such behaviour.

- ❗ It is prohibited to sell alcoholic beverages to persons under 18 years of age.

❗ Please note that all items are subject to availability.

### FOR ALLERGIC PASSENGERS

- ❗ Passengers having food allergies must assume responsibility for this risk. We will not assume any liability for allergic reactions to the foods consumed or contacted on board.
- ❗ If you have specific food requirements, you can choose and pre-order food for your flight at [www.airbalticmeal.com](http://www.airbalticmeal.com)

Apmaksai tiek pieņemtas šādas maksājumu kartes:



- ❗ Norēķiniem ar maksājumu kartēm pieņemam tikai kartes ar čipu. Darījumi ar magnētisko joslu kartēm netiek nodrošināti.
- ❗ Ja maksājums ar maksājumu karti pārsniedz 70 EUR, jāuzrāda personu apliecinošs dokuments. Pirkums ar vienu maksājumu karti nedrīkst pārsniegt 250 EUR, kopējā pirkumu summa ar maksājumu kartēm no vienas personas nedrīkst pārsniegt 500 EUR.
- ❗ Skaidras naudas maksājumu pieņemam tikai EUR valūtā.
- ❗ Visas cenas norādītas ar atbilstoši piemērojamo PVN.
- ❗ Par katru pirkumu airBaltic stjuarti izsniegs jums čeku vai stingrās uzskaites kvīti.
- ❗ Produktu un iepakojumu attēli norādīti tikai informatīvi nolūkā un var atšķirties no reālā produkta.
- ❗ Jautājiet stjuartiem par malītes pieejamību jūsu reisā, kā arī par produktu sastāvu un tajos esošajiem alergēniem.

- ❗ Iegādājoties aviobiļeti, jūs esat piekritis airBaltic pasažieru pārvadāšanas noteikumiem, kas paredz, ka airBaltic lidmašīnās nav atļauts lietot narkotikas, līdzņemtos alkoholiskos dzērienus un smēķēt t.s. elektroniskās cigaretes, kā arī ir jāievēro vispārpieņemtas pieklājīgas uzvedības normas. Ja būs pamats uzskatīt, ka jūsu uzvedība neatbilst noteikumiem, veiksīm nepieciešamās darbības, lai šādu uzvedību novērstu.

- ❗ Alkoholiskos dzērienus aizliegts pārdot personām, kuras ir jaunākas par 18 gadiem.

❗ Ņemiet vērā, ka preču daudzums var būt ierobežots.

### PASAŽIERIEM AR ALERĢISKĀM REAKCIJĀM

- ❗ Esiet piesardzīgi, ja jums ir alerģija pret kādu no pārtikas produktiem. Mēs neuzņemamies atbildību par alerģisku reakciju no pārtikas produktiem, ko esat patērējuši vai ar ko esat nonākuši saskarsmē lidmašīnā.
- ❗ Ja jums ir jautājumi par malītes pieejamību uz pārtiku, varat izvēlēties un pasūtīt malīti pirms lidojuma vietnē [www.airbalticmeal.com](http://www.airbalticmeal.com)

Мы принимаем следующие платежные карты:



- ❗ Для оплаты товаров принимаем только карты с чипом. Карты с магнитной полосой не обслуживаются.
- ❗ Для покупок на сумму свыше EUR 70 с помощью платежной карты требуется удостоверение личности. Сумма покупки, оплаченной одной картой, не может превышать EUR 250. Общая сумма покупок платежными картами одной персоны не может превышать EUR 500.
- ❗ Мы принимаем наличные платежи только в EUR валюте.
- ❗ Все цены указаны с учетом НДС, если применимо.
- ❗ На покупки, сделанные во время рейсов, бортпроводники обязаны предоставлять чеки.
- ❗ Все изображения продуктов и упаковок служат только для иллюстрации.
- ❗ О наличии продуктов на борту Вашего рейса, а также об их составе и наличии аллергенов, спрашивайте у бортпроводников.

- ❗ Приобретая авиабилет, Вы соглашаетесь с условиями перевозки пассажиров airBaltic, предусматривающими, что в самолетах airBaltic запрещено употреблять наркотики, алкогольные напитки, кроме приобретенных во время полета, и курить, в том числе электронные сигареты, а также необходимо придерживаться общепринятых норм поведения. Если Ваше поведение будет расценено как не отвечающее данным условиям, мы можем применить меры, необходимые для предотвращения подобного поведения.

- ❗ Продажа алкогольных напитков лицам моложе 18 лет запрещена.

❗ Просим учесть, что количество имеющихся в ассортименте товаров ограничено.

### ПАССАЖИРАМ С ПИЩЕВОЙ АЛЛЕРГИЕЙ

- ❗ Будьте осторожны, если у Вас аллергия на какие-либо пищевые продукты. Мы не несем ответственности за негативные последствия из-за приема пищевых продуктов или контакта с предметами во время приема пищи на борту.
- ❗ Если у Вас есть особые потребности насчет питания, заказывайте блюда перед полетом на [www.airbalticmeal.com](http://www.airbalticmeal.com)

For any suggestions on our product selection, please write to / Ja jums ir ieteikumi vai komentāri par piedāvāto preču klāstu, lūdzam tos sūtīt uz e-pastu / Если у Вас есть предложения по выбору продуктов, пишите нам [info@airo.lv](mailto:info@airo.lv)

Choose your meal when booking ticket on [airbaltic.com](http://airbaltic.com) or anytime later up to 24 hours before departure through *My booking* section. You can also order a meal during online check-in form from a smaller menu.

**airBalticMeal**

# CEĻO DROŠI



Kas jāatceras, lai ceļojums izdotos?

## 1 DROŠS CEĻAMĒRĶIS

- Pirms dodies ceļā, **Ārlietu ministrijas mājas lapā [www.mfa.gov.lv](http://www.mfa.gov.lv)** noskaidro, vai uz izvēlēto valsti vai reģionu ceļot ir droši.
- Atrodoties ārvalstīs, **ievēro tās valsts likumus** un cieni tradīcijas un paražas.

## 2 PASE

- **Pārbaudi sava ceļošanas dokumenta derīguma termiņu!** Noformē jaunu dokumentu PMLP, ja derīguma termiņš < 6 mēneši.
- Latvijas pilsoņi ES un EEZ valstīs, kā arī Šveicē, Melnkalnē, Serbijā, Ziemeļmaķedonijā un Gruzijā var ieceļot ar **eID karti**.
- Latvijas nepilsoņi var ceļot tikai ar **pasi**.

## 3 DOKUMENTI BĒRNIEM

- **Latvijas Valsts robežsardzē** noskaidro, kādi dokumenti nepieciešami, ja bērns ceļos viens vai ar pavadošo personu, kas nav viņu vecāki.
- Ja bērns neceļo kopā ar vecākiem, noformē **pilnvaru** bērna interešu pārstāvim ārķartas situācijā.

## 4 VĪZA

- Noskaidro, vai **nepieciešama vīza vai elektroniskā ieceļošanas atļauja** uz izvēlēto galamērķi vai tranzīvalsti un kādi ir ieceļošanas vai uzturēšanās noteikumi.

## 5 EVAK

- Bez maksas noformē **Eiropas veselības apdrošināšanas karti (EVAK)**. Tā ļaus ES/EEZ valstīs un Šveicē saņemt pirmo neatliekamo medicīnisko palīdzību tādā pašā apjomā un kārtībā, kā to saņem attiecīgās valsts iedzīvotāji.

## 6 CEĻOJUMU APDROŠINĀŠANA

- Papildus EVAK noformē privāto apdrošināšanu, kas segs transportēšanas izdevumus smagas saslimšanas gadījumā.

## 7 VAKCĪNAS

- Latvijas Infektoloģijas centrā uzzini, vai ir ieteicama vakcinācija, apmeklējot izvēlēto galamērķi.

## 8 MOBILĀ LIETOTNE "CEĻO DROŠI"

- Neaizmirsti lejuplādēt viedtālrunī mobilo lietotni "Ceļo droši".

## 9 KONSULĀRAIS REĢISTRS

- **Reģistrējies Konsulārajā reģistrā.** Ja ārvalstī būs ārkārtas situācija, Ārlietu ministrija varēs ar Tevi sazināties, lai noskaidrotu, vai Tev ir nepieciešama palīdzība.

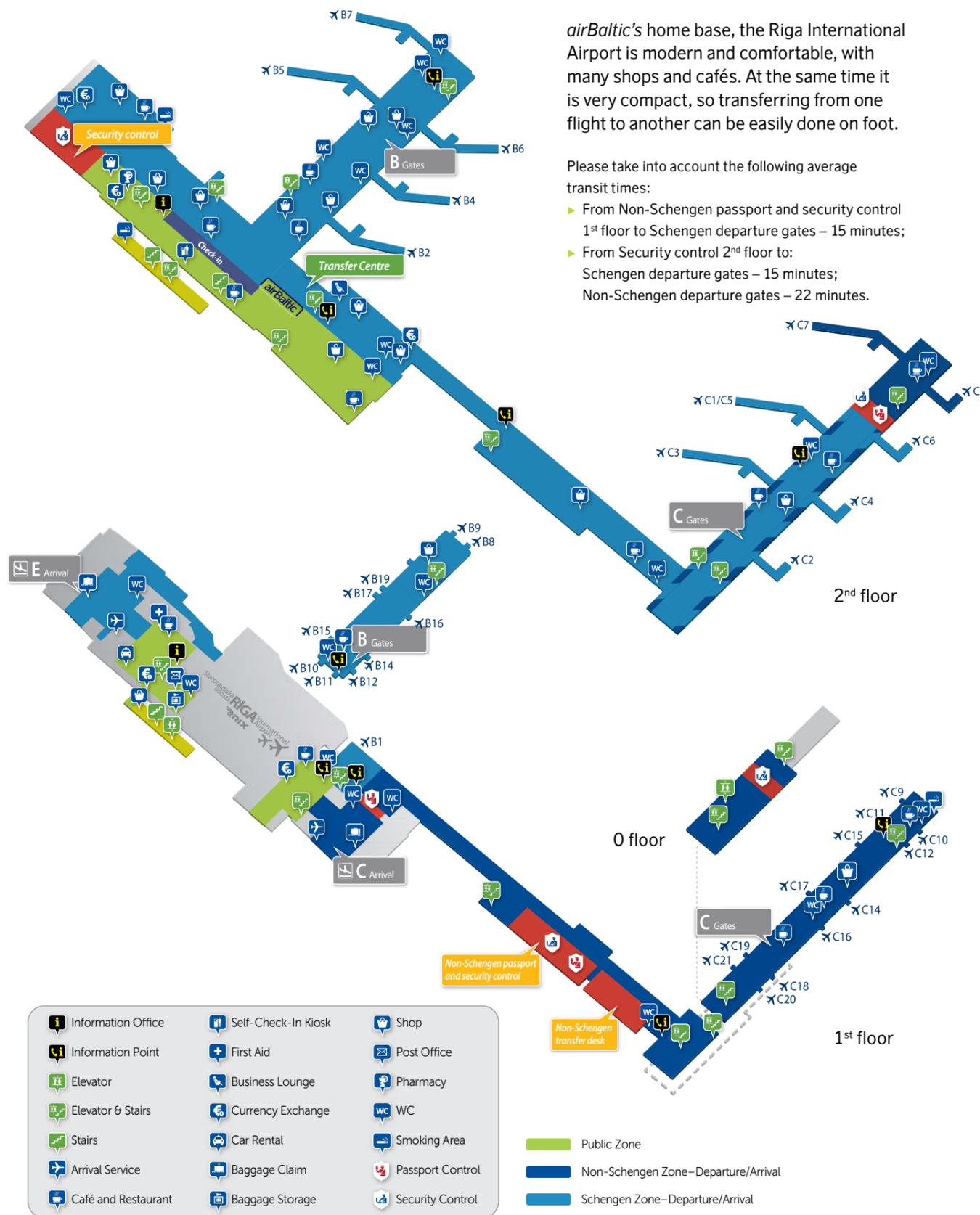
## 10 SAZIŅĀ ĀRKĀRTAS SITUĀCIJĀ

- Ja ceļojumā laikā esi nonācis ārkārtas situācijā, t.sk.
- pazudusi pase vai eID,
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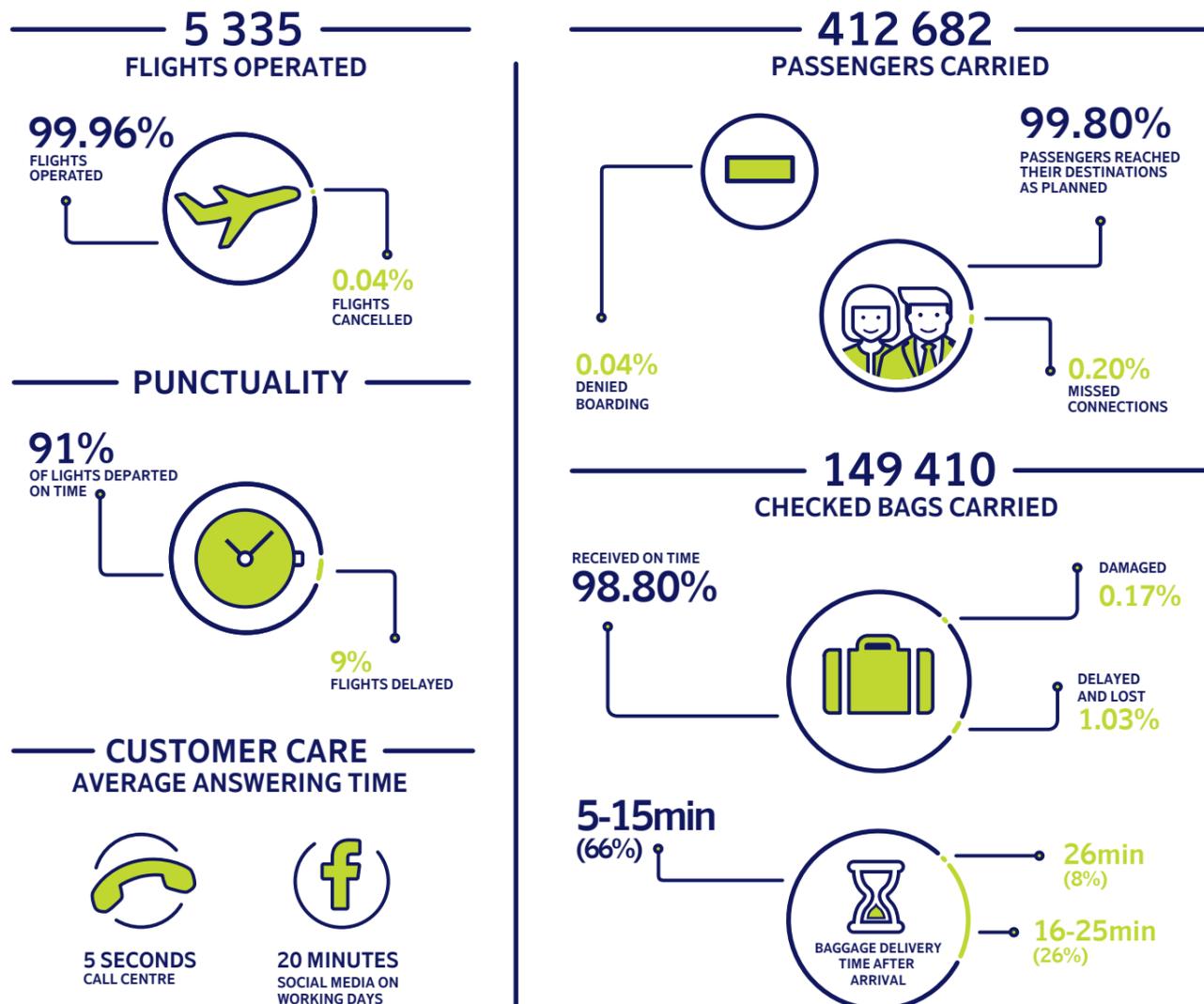
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