

MARCH  
2018  
*airBaltic*  
Inflight magazine

# baltic

## outlook

### lisbon

Menu  
and  
Sky Shop  
catalogue  
inside

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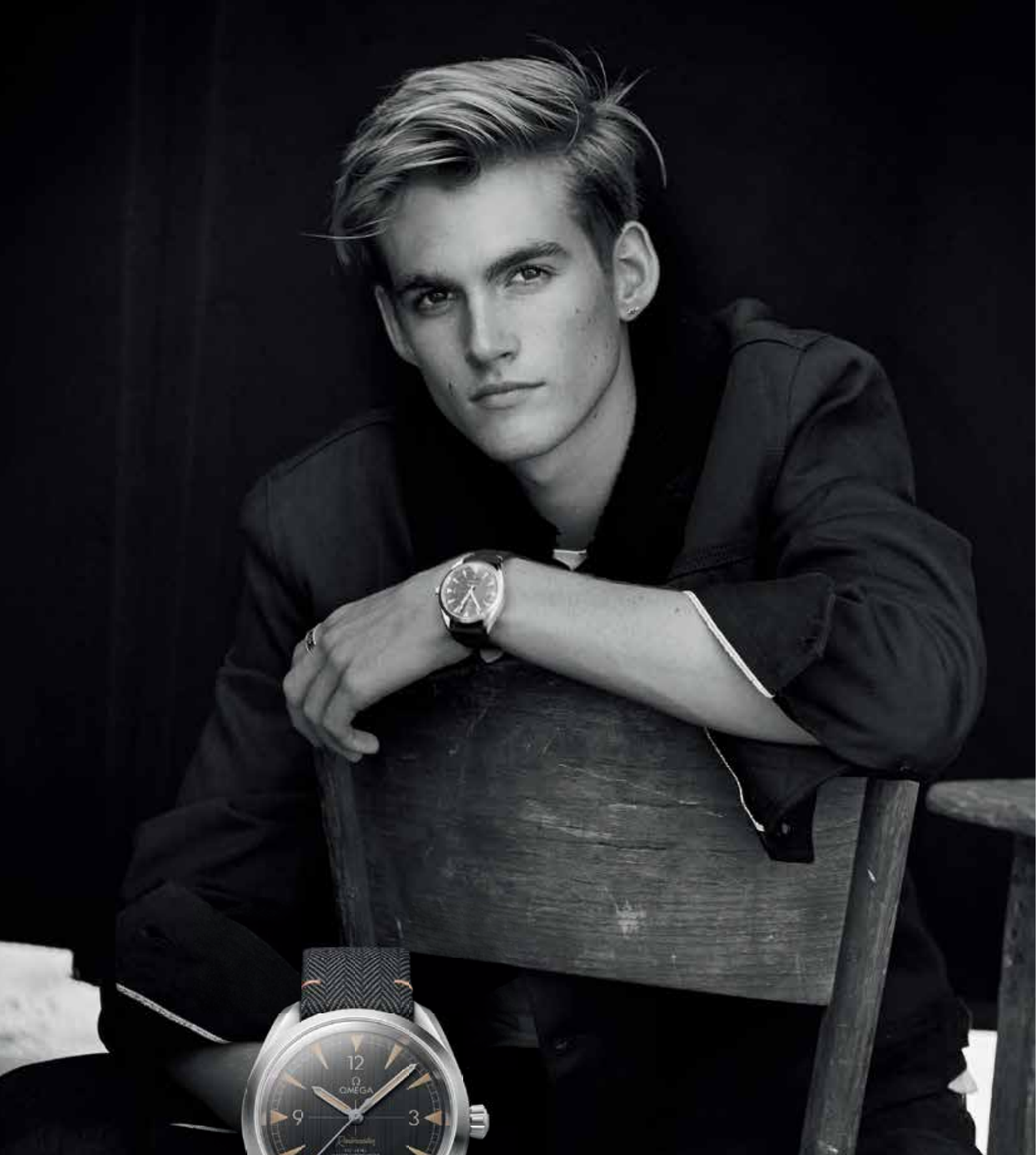
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Легендарная Юрмала... Этот курорт в Латвии знают все. Чудесное место с нетронутой природой.

Вообще, латвийская природа – не просто роскошные экологические условия, которые не идут ни в какое сравнение с привычным смогом больших промышленных городов. Это даже не просто здоровье вашей семьи и постоянное эстетическое наслаждение, а настоящее конкурентное преимущество страны по сравнению с европейскими соседями.

В Юрмале, на улице Дзмитенес, в престижной и востребованной части города, возле моря и соснового леса расположился новый дом – многоквартирный проект – «Library House». Рядом вся инфраструктура: прекрасный парк с аттракционами, библиотека, сеть магазинов, кафе и ресторанов, железнодорожная станция.

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Ко всему этому добавьте мягкий климат, ласковое море, сосновый лес и целебный воздух с запахом соли и хвои – и вам никогда не захочется отсюда уезжать!



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- 20 minutes to Riga Airport.

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SNAPSHOTS  
FROM THE  
LIVES OF  
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ATTENDANTS



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## baltic outlook

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Ermenegildo Zegna

DEFINING MOMENTS

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# MARCCAIN

Lāčplēša iela 20a, t/c Spice

## Food&Drinks Menu



Here you will find your **best meal** options for a delightful flight, as well as **great shopping** deals to cheer yourself or find a **gift** for someone special.

Welcome to our **Onboard Shop**, where we're celebrating the arrival of spring with 55 new products.

- 129 **Meals & Plates**  
A choice of hot meals, freshly made salads, or snack plates for a wholesome meal in the air
- 131 **Sandwiches**  
Try out a hot chicken and cheese panini, delicious salmon sandwich, or fresh croissant
- 132 **Snacks & Sweets**  
Energising offers for breakfast or a quick bite
- 136 **Drinks**  
A hot tea or coffee, juice, or a glass of wine will be a great complement to your meal
- 140 **Watches & Jewellery**  
Our selection will allow you to add to your style, or your gift bag
- 154 **Fragrances for Him & Her**  
Carefully selected scents for different tastes
- 158 **Beauty**  
For your beauty, health, and wellness
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The best souvenirs to bring home from your travels

## Shopping&Gifts





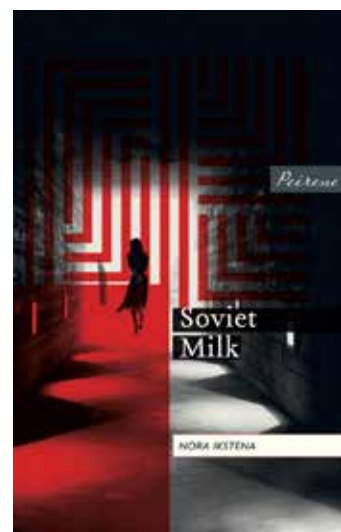
## The ultimate MARCH checklist



### Spring traditions

Easter, the spring equinox, and the arrival of spring has always been a time of celebration around the world. Interestingly, although Easter is a Christian holiday, one of its main symbols, the egg, can be traced back at least 2500 years to pagan springtime traditions in which the egg represented life and rebirth. Even now, families paint eggs to emphasise the importance of new life and fertility, and the exchange and eating of eggs is still widespread in many cultures.

For those in northern latitudes, the coming of spring is often also met with excitement because it means an end to the cold days of winter. In the past, people of many ethnic groups, including Latvians, performed rituals to help the earth reawaken in the spring and to ensure the fertility of the land. One of the most important spring equinox rituals was swinging, which was believed to help the sun climb higher in the sky. Swings were hung on the highest hill near one's home, and the mistress and master of the household were always swung first. This tradition has largely avoided commercialisation, and still today Easter time in Latvia is associated with swinging.



### READING Latvian bestseller

Now, for the first time in English, the bestseller that took the Baltics by storm! At first glance, the novel *Soviet Milk* depicts a troubled mother-daughter relationship set in the Soviet-ruled Baltics between 1969–1989. Yet just beneath the surface lies something far more positive: the intimate portrayal of three generations of women with everything on the line. Nora Ikstena has won numerous awards for *Soviet Milk*, including the 2015 Annual Literature Award for best prose.



### FASHION Guilty pleasures

This season fashion lets the dream world become a reality. The Spring–Summer 2018 collection by Latvian fashion brand *Deeply Personal* was inspired by British painter David Hockney's pool paintings from the 1960s and 1970s as well as by the modern architecture of Los Angeles during those decades. This theme continues designer Elīna Vanaga's wish to expose society's guilty pleasures and include them in women's wardrobes in the form of trendy and relaxed silhouettes.



### KIDS In good taste

One of the most exciting things expectant parents do while preparing for the arrival of their baby is picking out the crib. Lovers of good design will appreciate the *Kidson* collection of cribs by Latvian brand *Nordi Furniture*. Designer Miks Pētersons compares the small bed to a cosy, grass-covered hillside where one can rest for a while before setting out on a long journey. The collection's black-and-white colour scheme is combined with natural oak, which represents longevity and qualities that can be passed down from generation to generation.



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## March CALENDAR

Text by  
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**LIINA KARO** and  
**ZANE NIKODEMUSA**  
Photos by **NEIL FALZON**  
(Flickr), iStock and from  
publicity materials



Aleksejs Naumovs. Reflection. Venice. 2011. Acrylic on canvas.

MARCH 2018

## NEVER-ENDING LANDSCAPE SOLO EXHIBITION BY **ALEKSEJS NAUMOV**

**Latvian National Museum of Art, Riga**  
**Until April 8**

Painter, professor, and former rector of the Art Academy of Latvia Aleksejs Naumovs (b. 1955) is considered one of the best contemporary plein-air painters in the Baltic states. With a refined feel for colour and light, he discovers the magic in various landscapes, especially urban scenes. This is the largest retrospective to date of Naumovs' work and includes his early compositions as well as rarely seen paintings held in private collections. A must-see cultural event in Riga!

Inmm.lv

Jaņa Rozentāla laukums 1



## BAUHAUS IN TEL AVIV

EXHIBITION

**Latvian Museum of Architecture, Riga**  
**Until April 4**

Tel Aviv, also called the 'White City', is home to one of the best-preserved collections of Bauhaus architecture in the world. Over 4000 Bauhaus-style buildings were constructed in Tel Aviv between 1920 and 1940 by German-Jewish architects who immigrated to the region after the rise of the Nazis. This exhibition explores the background of Bauhaus and presents some of the best examples of the famous architectural style.

archmuseum.lv  
Mazā Pils iela 19

## OPERA POST FUTURUM

**Lithuanian National Opera and Ballet Theatre, Vilnius / March 2, 3, 10**

To celebrate the 100<sup>th</sup> anniversary of Lithuania's independence, three masters of the stage – composer Gintaras Sodeika, playwright Sigitas Parulskis, and director Oskaras Koršunovas – put their heads together to create this state-of-the-nation opera. It presents a sweep through Lithuanian history to reflect the issues of today and is the perfect way to get to know Lithuanian history and culture in a single evening.

Tickets at opera.lt  
A. Vienuolio g. 1



## ERKI PÄRNOJA CONCERT

**Von Krahl, Tallinn**  
**March 23**

The talented Estonian guitarist Erki Pärnoja won the Male Artist of the Year and Alternative/Indie Album of the Year awards at the Estonian Music Awards this year, being the first instrumentalist ever to win the Male Artist of the Year award. His magical soundscapes will take you on a fantastic musical journey.

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**Arena Riga, Riga**  
**March 10**

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Skanstes iela 21



**APICHPONG WEERASETHAKUL:**  
**LUMINOUS SHADOWS**  
EXHIBITION

**Contemporary Art Centre, Vilnius**  
**Until April 1**

Thai filmmaker and artist Apichatpong Weerasethakul has won countless awards, including main prizes at the Cannes Film Festival. In the artist's own words, this first solo exhibition in the Baltic states of his films and video installations 'reveals different memories of light. Some of the works are an investigation of my home region of Isan in northeastern Thailand. Some are dreams. Some are simply looking. But all of them are personal.'  
[cac.lt](http://cac.lt)  
Vokiečių g. 2

**TALLINN**

**BOAT SHOW**  
**Estonian Fair Centre, Tallinn**  
**March 16-18**

The Tallinn Boat Show is the biggest boat show in the Baltics. With 100 exhibitors, 7500 m² of exhibition stands, and almost 140 boats, visitors have plenty to see, experience, and purchase. In addition to boats, the show also features a diverse array of new engine models, sophisticated navigation devices, clothing and supplies, and many tips for boat travel. Visitors can also check out a wide range of leisure activities and fishing supplies and even try out scuba diving.  
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Hotel St. George

# Helsinki



The Palace restaurant



Inga Meldere  
Other Balance,  
2017-18

Photo by Pirje Mykkänen, Finnish National Gallery

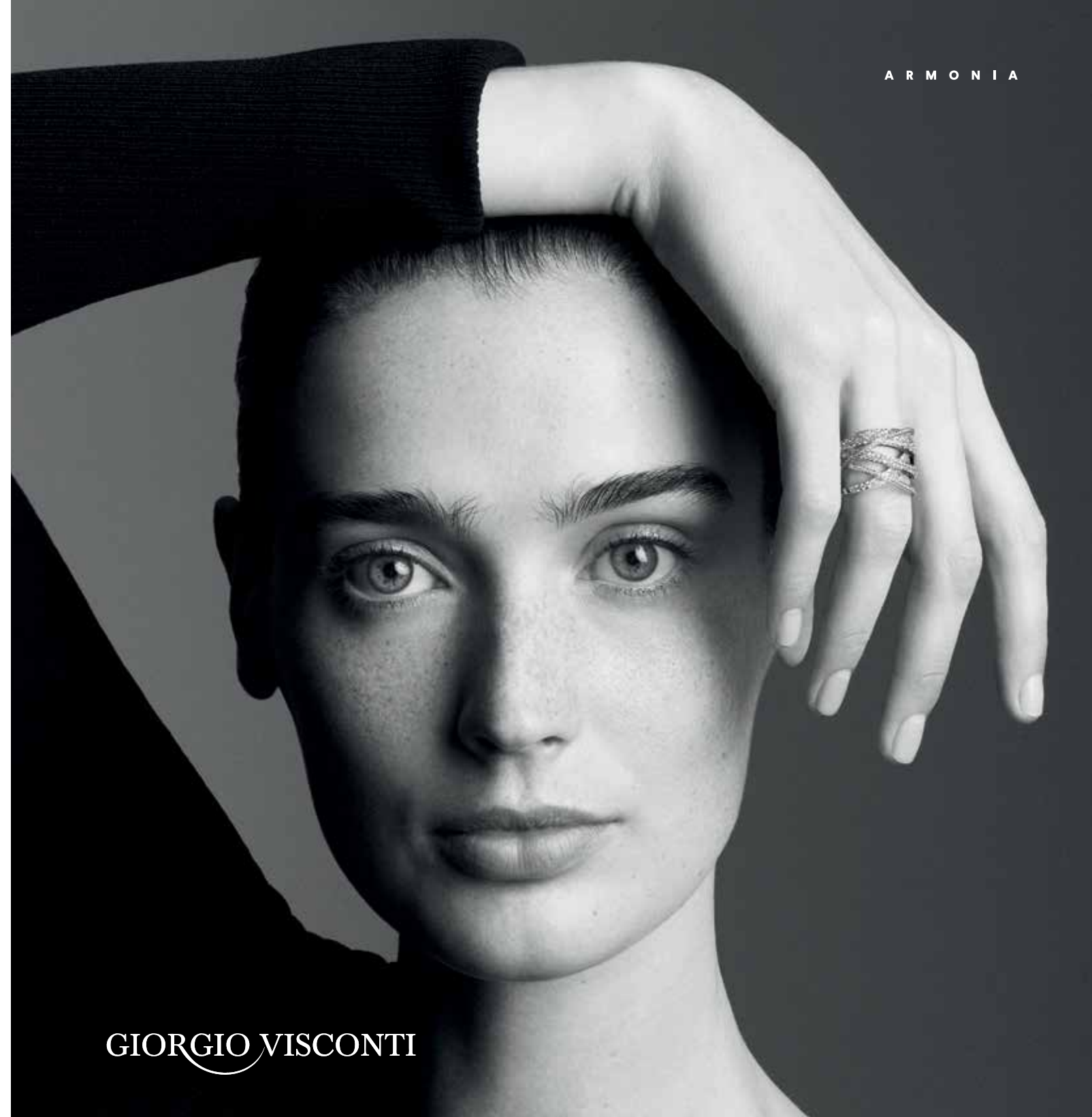
Text by **UNA MEISTERE**,  
anothertravelguide.com  
Publicity photos



One of Helsinki's most legendary restaurants, **Palace**, recently underwent an extensive reconstruction (Eteläranta 10; palacerestaurant.fi). Established in 1952, it is located in the *Hotel Palace*, a gem of Finnish modernism architecture designed by Viljo Revell and Keijo Petäjä. In 1987 *Palace* became Finland's first restaurant to receive a *Michelin* star, and it has been the site of many significant commemorations and business meetings. Under the helpful hand of *Note Design Studio*, the interior at *Palace* continues its journey through time, applying an undertone of 1950s style to 2020s Finland. The result is an elegant, contemporary anthem to history. The kitchen is led by well-known star chef Hans Välimäki and, unlike the interior design, the menu is a true essence of contemporary cuisine.

The iconic former home of the Finnish Literature Society and the printing house of *Suometar* (the first Finnish newspaper) has also been given a new lease on life. The building, designed by Finnish architect Onni Tarjanne in the late 19<sup>th</sup> century, opens this month as a seven-storey, 148-room, five-suite luxury hotel called **Hotel St. George** (Yrjönkatu 13; stgeorgehelsinki.com; prices from EUR 176). The hotel prides itself on its 18<sup>th</sup>-century-style winter garden as well as the *Tianwu* installation by famous Chinese artist Ai Weiwei. The airy dragon-kite made of white silk and bamboo greets guests in the hotel's lobby. The spa corresponds to the Nordic pace of life, with meditation sessions, various outdoor activities, and massages geared toward the changing seasons. The hotel's creative director is Mirkku Kullberg, who is a former CEO of the Finnish furniture manufacturer *Artek*. She also selected the furniture and artwork at the *Hotel St. George*. The kitchen at the hotel's restaurant is manned by Antto Melasniemi and Mehmet Gürs, a Finnish-Turkish duo of chefs, each a superstar in his own respective niche.

In order to better understand and contemplate what it means to live in a specific geographic location and how that influences a person's identity and mental as well as physical sense of belonging, it's worth stopping by the Kiasma Museum of Contemporary Art. As a part of the **There and Back Again: Contemporary Art from the Baltic Region** exhibition (Mannerheiminaukio 2; kiasma.fi; until March 24, 2019), 26 artists from six countries in the eastern Baltic Sea region – Estonia, Latvia, Lithuania, Poland, Finland, and Russia – offer their ideas and interpretations about how much our origins inspire our value system and how stable/changeable our sense of belonging is in today's very open physical and informational environment.



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Sztuka Wyboru



Sztuka Wyboru



Museum of the  
Second World War

© Muzeum II Wojny Światowej

# Gdansk

The two things that most commonly come to mind when hearing the name Gdansk are the former Polish president and Nobel Peace Prize winner Lech Wałęsa... and amber. Wałęsa worked as an electrician at the Lenin Shipyard in Gdansk and became an anti-Communist activist. The history of amber in this area, however, stretches much further back. Gdansk was historically a crossroads on the ancient Amber Road, and since 1996 it is also the home of the International Amber Association, which unites amber merchants, artists, and also collectors.

But in recent years Gdansk has also found its way onto the list of contemporary architecture and design destinations. The architecturally impressive **Museum of the Second World War** (Plac Władysława Bartoszewskiego 1; muzeum1939.pl) opened to the public in 2017. The structure symbolically links the past to the present and the future – the past, or ‘the hell of war’, is situated below ground (to a bunker-like depth of 14 metres), while the present and future break through a dramatic cleft in the square surrounding the 26,000-square-metre museum and reach hopefully towards the light and sky. The exposition is divided into three sections: ‘The Road to War’, ‘The Horrors of War’, and ‘The War’s Long Shadow’.

On the accommodations front, the **Puro Hotel Gdansk** (Stągiewna 26; purohotel.pl; prices from EUR 52) has recently joined Gdansk’s hotel scene. This boutique hotel, with 220 rooms, belongs to a small Polish hotel chain. Located in the Old Town, the interior has drawn inspiration from the grain warehouses for which this part of the city was once known. With the **Puro Hotel**, the London interior design practice **DeSallesFlint** has masterfully combined the area’s industrial past (lots of brass, wood, and concrete) with a provocative colour palette and accents of classic design (*Vitra*, *Moroso*, *Gubi*, etc.). The hotel also has a rooftop bar and a spa.

For another great, inspiring destination in Gdansk, head to the bookstore/café/art gallery **Sztuka Wyboru** (Słowackiego 19; sztukawyboru.eu), the name of which translates to ‘the art of choosing’. It’s found a home in a 19<sup>th</sup>-century Prussian army barracks built in the Neo-Gothic style that nowadays features the best in contemporary living: the essence of Polish design alongside excellent coffee, high-quality reading material, cakes, and art.

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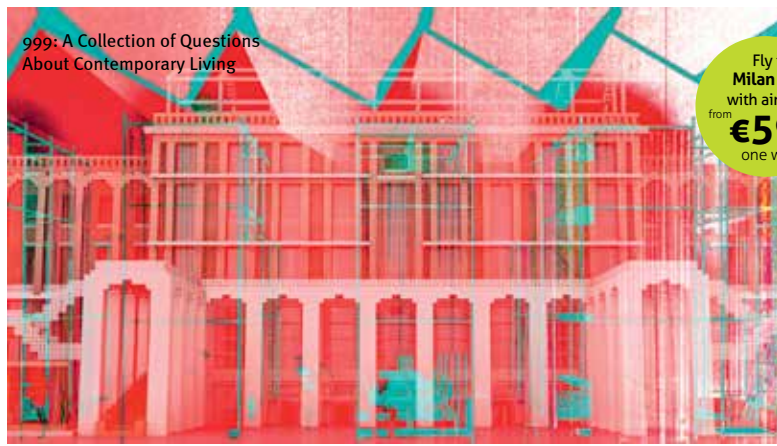
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# Milan

**This** era of ours, when homes serve not only as the family nest but also often as an office and showroom, and when socialising more commonly takes place in the virtual instead of physical world, has also left its mark on our relationship with houses in the broader sense – houses as both spiritual and physical spaces. It is therefore symbolic that the Triennale design museum in Milan has begun the year with a gnawing desire to understand and map out potential visions of the house's function at the crossroads of analogue and digital reality. The exhibition **999: A Collection of Questions About Contemporary Living** (Viale Alemagna, 6; triennale.org; until April 2) poses 999 questions and searches for 999 answers about how to live in the contemporary world. The exhibition is arranged like a home, or rather, a residence for the 21<sup>st</sup>-century citizen whose existence is influenced by technological, social, and economic change. It's an interactive model that urges everyone (both young and old) who has crossed its threshold to participate and to experience the home of their future, no matter how extreme or absurd it might seem right now. In other words, best to be prepared and keep your finger on the pulse!

Another visually vivid event to awaken some perhaps surprising thoughts is the exhibition devoted to legendary icon of Mexican art Frida Kahlo (1907–1954). **Frida Kahlo: Beyond the Myth** is on show at the Museum of Cultures, or MUDEC (Via Tortona, 56; mudec.it), from February 1 until June 3 and includes not only her paintings and drawings but also many private letters and photographs. It took six years to organise the exhibition, which has consciously attempted to avoid the typical, prevalent interpretations of Kahlo. It also bypasses the chronological rhythm common of retrospective exhibitions, instead choosing to tell the artist's story through five thematic sections: Politics, Women, Violence, Nature, Death. Kahlo is known not only for her art; her life story also plays a significant role in her personality. Her fragile health, her passionate marriage to Diego Rivera (another icon of Mexican art), her membership in the Communist Party, her temper... An impressive number of books and films have been devoted to Kahlo, and we might think we already know everything there is to know about her. But this, too, as the exhibition shows so well, is only a myth.

Pizzas, cocktails, Japanese temple lamps, an industrial interior in a historical building, and a ceiling that calls to mind the Op Art of the 1960s. Everything at Milan's new bar/pizzeria **Dry** (Viale Vittorio Veneto, 28; drymilano.it), including the menu and interior design, is a story with surprising connections. Here it's all about seemingly incompatible things, times, and rhythms. It's about artistic creativity to the superlative degree. **BO**



Frida Kahlo



Bar/pizzeria Dry



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## The wine of the world



Opened just a couple of years ago, *La Cité du Vin* in Bordeaux has become one of the most visited museums in France. Its striking architecture and rich content not only explores the history of wine but also offers an unusual and much broader insight into wine culture around the world. *La Cité du Vin* is a great addition to the Bordeaux wine scene, and much more!

**B**egun in 2008, *La Cité du Vin* was an initiative of the city's mayor, Alain Juppé, who for years has been transforming the city of Bordeaux. Juppé has shown no lack of ambition, whether personal or political. He served as the prime minister of France for two years (1995–1997) under president Jacques Chirac. It was also Juppé's idea that Bordeaux have its own 'Guggenheim museum'.

Juppé believed that, in addition to the aesthetic appeal and original, contemporary architecture, a grand museum would also help to drive the city's economic development. It was paradoxical that Bordeaux, with its very special position among the global wine-producing regions, did not have an iconic venue paying tribute to one of the key elements that for centuries had created its wealth.

The competition for the museum's design was won by *XTU Architects*, a small architecture firm in Paris. Their idea was to portray the swirling movement of wine in a glass. Or the movement of the Garonne River that flows next to the building. For this reason there are no straight angles in the building, only circular and curved lines. In a nod to oak barrels and the ships that transported wines and made Bordeaux rich centuries ago, the interior of the museum features much wood.

The cornerstone of the museum was laid in 2013, and it took three years to build the structure. *La Cité du Vin* opened to the public on June 1, 2016. In 2017 it attracted 445,000 visitors.

The museum's mission is not only to present the history of the wines of Bordeaux, which many call the world's wine capital, but also to explore global wine

culture and the many civilisations associated with the drink of the gods. In the permanent tour, for example, you can sit at tables set by people of different cultures and learn about the meaning of dining in their culture. Or you can be a part of a ship's crew transporting wines in ancient Roman or medieval times. Or you can listen to the fascinating stories of the Garonne, Loire, and Rhine rivers and their crucial meaning in wine production and transportation. *La Cité du Vin* has more than ten hours of multimedia content available to explore, created with the help of over 100 experts.

The museum is run by the Foundation for the Culture and Civilisations of Wine, which also organises a wide range of cultural programmes, debates, and conferences. With serious topics such as how to make the switch to 100% organic winemaking, these attract not only tourists but also local residents and winemakers and have thereby made the museum a kind of cultural centre. Exhibitions and workshops are held in French and English. For example, there's the *A Glass of Wine in Markets of the World* experience, during which you can taste wines in a unique, immersive space with 360-degree images, lights, sounds, and smells.

*La Cité du Vin* has two restaurants, one of which, *Le 7*, offers amazing panoramic views of Bordeaux. The wine boutique features wine from over 70 countries, and the shop sells souvenirs such as wine-scented candles. Try the light, airy Pinot Grigio aroma, or perhaps the velvety Shiraz.

Get to *La Cité du Vin* by tram line B. Adult ticket prices start at EUR 20. **BO**

lacteduvin.com



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Publicity photos, by iStock,  
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#### Parc des Buttes-Chaumont

If you're looking for something off the beaten track in Paris, you definitely have to visit the Parc des Buttes-Chaumont. The park is very popular with Parisians who want to escape from the hustle and bustle of the big city. As the nice weather kicks in, I like to go there to stroll around or have a picnic. With lots of open space and beautiful landscapes, this park isn't simply a green area – it's got steep cliffs, bridges, fountains, diverse vegetation, and even a 30-metre waterfall.

#### Le Perchoir Ménilmontant

While London is very indoor, Paris is exceptional for its outdoor culture. You can enjoy a coffee or drinks on the outdoor terraces of hundreds and hundreds of cafés and bars throughout the city. But there are also many great cocktail bars in the French capital. *Le Perchoir* rooftop bar is my favourite, but don't get confused – there are a few of them in Paris. The one located in the Ménilmontant neighbourhood is the best. It has its own vibe and atmosphere. The place not only has an absolutely stunning 360-degree view of the city but also serves a wide selection of exciting cocktails.

#### Le Marais

Le Marais is one of the oldest neighbourhoods in Paris and an iconic area that everyone talks about. With small and charming streets, a wide selection of cafés and bars, and trendy eateries like *Hank Vegan Burger*, it feels very Parisian to me. Le Marais is a great place to visit on weekends and just walk around. When the weather is nice, I like to get an ice cream and hang out in the grassy area at the Place des Vosges, which is often called the Heart of Le Marais.

#### La Terrasse at Galeries Lafayette

I don't know how Galeries Lafayette works its magic. The world-famous department store not only attracts millions of tourists to shop here, but it also has the best free view of Paris. *La Terrasse* at the top of the Galeries Lafayette (7<sup>th</sup> floor) is a perfect rooftop terrace where you can sip a drink or simply take in the stunning beauty of Paris. This place is really special and offers a fancy view of the Palais Garnier opera house just across the street.

haussmann.galerieslafayette.com **BO**

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LE MARAIS



LA TERRASSE AT GALERIES LAFAYETTE

My  
**PARIS**



**PAUL TAYLOR** is a Paris-based British comedian who first moved to France as a child. Having later spent time in the United Kingdom, Spain, Canada, and Australia, he eventually returned to Paris. And everything has changed since then. Taylor is now a full-time stand-up comedian. Last year he made a huge buzz with a fun TV series for *Canal+* about French people and their culture. Interestingly, he still considers himself more English than French. In case you happen to be in Paris, Taylor is performing his stand-up show *#FRANGLAIS* (half in English half in French) every Thursday, Friday, and Saturday until the end of March at La Nouvelle Eve near Pigalle.

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Text by  
**AMANDA ZAESKA**  
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**AGNESE TAURIŅA**

This year marks 100 years since the founding of the Latvian state. Throughout the year we will be sharing stories about what makes this country unique.

## Reconnecting

Travel to Riga on a weekend, especially as the weather gets warmer, and you might find fewer locals in town than you expected.

Latvians like to escape to the surrounding countryside at every chance they get. Whether it's visiting family or friends who live outside Riga, puttering about the garden plot on the edge of the city, or spending time at their own rural property, Latvians need a place they can visit now and then to unwind, feel a sense of open space, and reconnect with nature. In fact, having a place in the country is not necessarily considered a luxury; here many see it as a necessity.

Riga was and still is the commercial centre of the country. In the past, it was populated largely by wealthy merchants and craftsmen of various different nationalities, including Latvians. Historically, however, Latvians have predominantly been a rural society. Except for Latgale in the eastern part of the country, where farms were sometimes clustered in small villages, our forebears usually lived on individual, single-family farmsteads known in Latvian as *viensētas*. Fields and meadows and forests separated one farmstead from the next, but with extended family members and hired workers, a single farmstead could have housed a relatively large number of people.

The farmstead buildings were usually compactly arranged around the well, which was the most important part of the farm. The type, style, and number of buildings differed from region to region, but generally they included the house, one or more barns, one or more granaries (also used as storage space for clothing, dowry chests, etc.), a root cellar, a threshing barn, and the sauna. Latvian farm buildings were traditionally log constructions, although stone was also used as a building material in some areas. For centuries such farmsteads and their inhabitants

were linked to estates owned by the German landed gentry, which also led to improvements in construction methods.

Farmsteads were located relatively far from each other, and their inhabitants usually only left them to go to market or church on Sundays. In other words, only when necessary. Thus, the farmstead served as a microcosm, a world apart from others yet closely in tune with the natural world and seasonal rhythms. It's no surprise, then, that still to this day Latvians tend to be cautious, guarded, and reserved with strangers, especially those who 'enter the farmstead'. This does not mean that they avoid contact with others or refuse to lend them a helping hand. In fact, Latvians are quite happy to have a neighbour living nearby. But best if he lives over there, just beyond the hill or around the bend.

Although more than half of Latvia's population now lives in Riga and other towns, and young people are leaving the rural areas at an alarming rate for employment and opportunities elsewhere, the deep-seated model of independent living on single-family farmsteads is still ingrained in the Latvian psyche. Despite contemporary trends and the fast internet speeds of today, the local mentality often still reflects single-farmstead geography (reserved, private, cautious), the people idolize nature, and they flee the city whenever possible.

To explore some authentic and traditional rural buildings from various corners of Latvia, head to the Brīvdabas Muzejs (Open-Air Ethnographic Museum/brivdabasmuzejs.lv/) on the eastern outskirts of Riga. The park is one of the oldest and largest of its kind in Europe and often hosts Latvian seasonal celebrations and other special events. **BO**

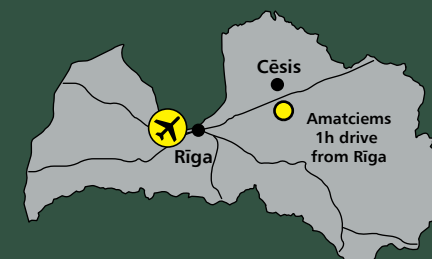
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Text by  
**CHRISTOPHER WALSH**  
Publicity photos

## A flash of inspiration

Spreading joy through brief moments of beauty

It's 7.45 in the morning, and you're hustling to work on a chilly spring day when suddenly something catches your eye. A typical city trash can is overflowing with colour: a stunning arrangement of red, pink, and yellow flowers. You're not the only one who has stopped to look, either, as dozens of commuters have realised that this isn't just the weekly rubbish from a local flower shop. This is art.

While this may seem like the elaborate daydream of a frustrated cubicle-dweller, it has been a reality for thousands of New Yorkers over the last year and a half. Lewis Miller, a popular NYC florist and founder of *Lewis Miller Design*, created his first 'Flower Flash' in Central Park in October 2016. Inspired to give back to the city and to repurpose flowers from some of his most elaborate events and installations, Miller has since created several of these pop-up displays. Each one is arranged before dawn in less than 15 minutes, and, according to Miller, they sometimes last only as long as it takes to arrange them. In any case, he doesn't wait around to see the aftermath. 'I personally don't stick around. The act of creating a Flower Flash is a great adrenaline rush for me. I capitalise on that and afterwards usually head to the gym for a morning workout or jump on my bicycle to begin my workday,' he says.

Miller's innovative flower flashes can be seen in a broader context of highly-trained artists bringing their work to those who

wouldn't normally be exposed to it. The Knight Foundation's 'Random Acts of Culture' were an early example of this trend, staging everything from poetry readings to opera performances in flashmob-style settings. In the years since, these types of spontaneous live performances have become popular social media fodder, with famous concert soloists and bands serenading random passersby in cities throughout the world. Even superstar cellist Yo-Yo Ma has gotten in on the action, surprising Chicago shoppers in multiple food court appearances.

Though Miller has gained notoriety for his popular Flower Flashes, he is not selfish in keeping hold of the idea. Instead, he encourages others to follow his lead and create their own random acts of beauty wherever possible. Residents of Philadelphia, Atlanta, and Berlin have already benefitted from Flower Flashes by other florists, and Miller hopes that they are only the beginning. 'If creating these Flower Flashes has inadvertently started an urban beautification movement, then I'm all for it,' he says. 'I think repurposing flowers and giving them a second life is a great thing.'

Judging by the positive reaction to Miller's brief bursts of floral beauty (his installations inevitably go viral through the *Instagram* accounts of New York commuters), he may well be bringing on a golden age in random acts of beauty. Just keep your eyes peeled – you never know when you might happen upon the next momentary flash of fine art. **BO**

Lewis Miller launched *Lewis Miller Design*, one of New York's premiere floral design companies, in 2002. His clients include Bulgari, Carolina Herrera, former New York City Mayor Michael Bloomberg, and *JPMorgan Chase*. Miller is the creator of the Flower Flash, popular street art installations using repurposed flowers from *Lewis Miller Design* events. His first book, *Styling Nature*, was released in 2016.



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Zara, EUR 49.95,  
zara.com

## Playful attitude

This spring, supplement the jeans and beige trench coat – those iconic classics – with some bright and playful accessories inspired by 1980s and 1990s fashions. Fun prints, narrow sunglasses, and midi heels are just some of the possible variations.

Text and style by  
**DACE KRIEVIŅA-BAHMANE**  
Publicity photos

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**ANETE PINKE, DEKO**  
Photos by Alamy

## How Lisbon is protecting its historical shops

Trade has always played an important role in Lisbon's growth. To this day, small, charming shops remain a distinctive feature of the city. Now, a special programme called *Lojas com História* (Shops with a History) has been launched to protect this cultural heritage.

Over time, small stores have evolved into a prominent feature of Lisbon. Besides being just places to get a newspaper, buy a new pair of glasses, or enjoy a piece of cake, these shops let you experience a part of the city's (and Portugal's) history. All it takes is a single afternoon stroll through the city's charming streets to get a taste of several past eras. See, for example, a table reserved for the poet Fernando Pessoa in the *Café-Restaurante Martinho da Arcada*; the arms store *Espingardaria Central*, which sold the gun that proved to be fatal to King Carlos I of Portugal; or the noble *Café Nicola*, originally a meeting place for intellectuals (and therefore also referred to as the 'Academy') that became a popular backdrop for espionage operations in the 1930s and 1940s thanks to its mirrored walls.

Sadly, this historical commercial heritage is currently experiencing difficult times. Higher rents, awkward relations with land owners, and increased maintenance costs all contribute to the loss of such shops. A turning point came a couple of years ago, when the tobacco and lottery shop *Tabacaria Martins* announced its closure because the building in which it was located was being renovated for luxury apartments and the new project anticipated no room for commercial space. That's when many locals finally realised that the very existence of these historical shops is endangered.

This news stirred up widespread protests, which eventually resulted in the launch of the *Lojas com História* programme. Through it, a team consisting of municipal experts, architects, business owners, and academic researchers work together to protect and revitalise the city's historical heritage. Since 2015, the programme has awarded special distinction to 82 historical shops. Pharmacies, opticians, book stores, restaurants, hair dressers, and flower shops are recognised as a significant part of the city's identity and crossroads for city planning, architecture, cultural heritage, and the economy. **BO** [lojascomhistoria.pt](http://lojascomhistoria.pt)



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Text by **DAVID PALACIOS**  
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## How to enjoy the city if you have only one day

From aristocratic palazzos to Baroque fountains, lively squares, and ancient treasures, Rome is the perfect destination to enjoy a relaxing and cosmopolitan time. Just when spring kicks off, the Italian capital offers a good combination of culture, traditional food, exciting nightlife, and romantic inspiration. Here are five suggestions to make the most of the Eternal City in 24 hours.

## WHERE TO STAY

On the third floor of a 19<sup>th</sup>-century palazzo at the entrance to the Borghese park and overlooking Piazza del Popolo, the elegant and romantic *Casa Montani* welcomes guests in its five uniquely designed rooms. This hotel from *Condé Nast Johansens*, which used to be a typical Roman family apartment, offers a pleasant atmosphere with high-end furniture in each room. A continental breakfast is served every morning...in bed.

Piazzale Flaminio, 9; [casamontani.com](http://casamontani.com)



## WHERE TO SHOP

The eclectic and bohemian Monti neighbourhood has a concentration of many small and independent boutiques featuring some of the best local creations. A few steps away from Piazza degli Zingari you can find *LOL Moda Arte Design*, an independent and trendy clothing store offering several Italian brands. The shelves and hangers sport modern knits, unique jewellery, and shoes. The shop is a must-see for fashion lovers and a good place to get some Roman designs to bring back home.

Via Urbana, 89-92

## WHY NOT?

Every March, the Fondo Ambiente Italiano (National Trust of Italy) organises an open-house weekend during which you can discover some of the most hidden and inaccessible places in town. This year on March 24 and 25 it will be possible to visit the Palazzo Giustiniani (the residence of the president of the Italian Senate), the Palazzo della Marina, the German Academy Rome Villa Massimo, and the Villa Torlonia Theatre, designed by the Neoclassical architect Giuseppe Valadier.

[fondoambiente.it](http://fondoambiente.it)



## WHERE TO DINE

If you want to try some of the best culinary creations made by Rome's top artisans, don't miss Mercato Centrale. Covering a total of three storeys, the ground floor features a marketplace with 15 food stalls that has become a hotspot for foodies and cooks. Under the motto *la bontà è elementare* (goodness is elementary), here you can try delicious pasta, pizza, Sicilian specialties, or some more international bites, including sushi and ramen. The place is open every day from early in the morning until midnight.

Via Giolitti, 36; [mercatocentrale.it/roma](http://mercatocentrale.it/roma)

## A CLASSIC NOT TO MISS

The Piazza dei Cavalieri di Malta once kept one of the best secrets of Rome: an amazing view of St. Peter's Basilica in the Vatican. The keyhole of the gate of the Knights of Malta headquarters offers a unique perspective of the dome of one of the most famous basilicas in the world. But this small place has nowadays become a popular tourist attraction, so you may need to practise some patience until it's your turn to gaze through the hole for a few seconds.

Piazza dei Cavalieri di Malta, 3



Villa Torlonia



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## Your kids will approve

With interactive this and digital that, it's sometimes hard to keep up with the young generation. Here are a few tips for gadgets that will keep your offspring busy during spring break.



### NICAM 4K

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Every hyperactive teenager wants to be a *YouTube* star or at least share some cool action videos with his friends, but sticking a EUR 300 camera on a teen's skateboard might not be the best idea. Instead, this action cam does the trick without denting your wallet too noticeably. It's super easy to use and takes a fair share of the abuse that any mildly reckless teen can throw at it. 3840x2160 resolution, Wi-Fi connectivity, voice control, water resistance, and 170-degree shooting angle. Cool, huh?  
[amazon.com](http://amazon.com)  
USD 99.99 (approximately EUR 81)



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[anki.com](http://anki.com) | USD 179.99 (approximately EUR 144)

### KANO COMPUTER KIT

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[kano.me](http://kano.me) | EUR 329.99

Text by  
**VIESTURS KUNDZIŅŠ**  
Publicity photos



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[purosound.com](http://purosound.com)  
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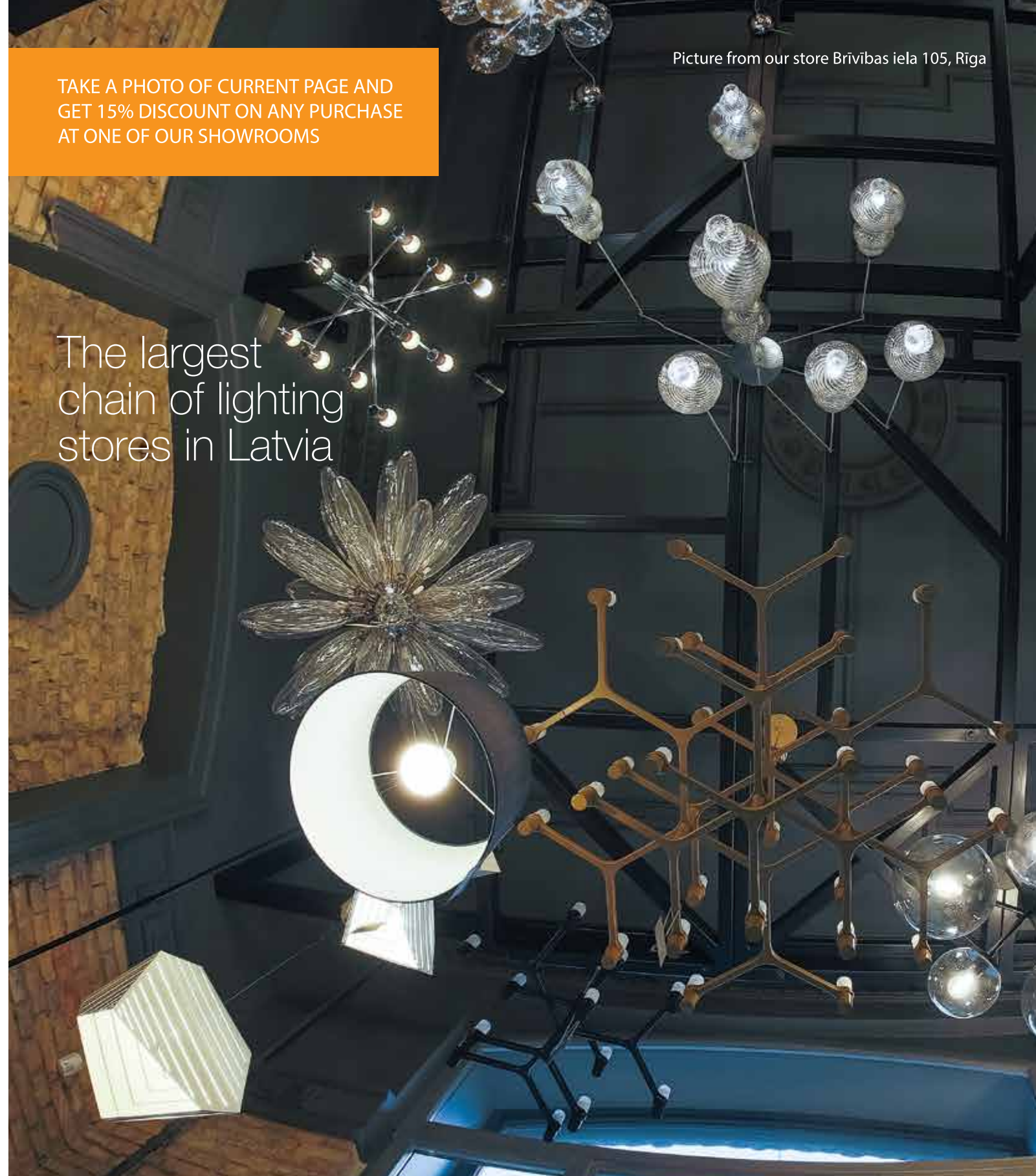
### A sophisticated

*Apple Watch* can be a little much for the younger generation, no matter how much they want one. So here's a good alternative – a smartwatch on a budget that also helps your child learn to tell time and improve her habits by reminding her when it's time to feed the dog, do homework, or brush her teeth. Come to think of it, it might be quite handy for the adults as well.  
[heyjoy.io](http://heyjoy.io)  
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Text by **ILZE VĪTOLA**  
Publicity photos  
and by *iStock*

From stands and push carts to food trucks and tiny holes in the wall. Some of them are century-old establishments, some are a hipster's latest project. For some people they're a quick way to satisfy hunger, for others they're the highlight of a trip. After all, street food is here to stay. Even in cities lauded for their *haute cuisine*, some of the best meals can be found on the sidewalks. In 2016, a humble little

food stall called *Hong Kong Soya Sauce Chicken Rice and Noodle* in Singapore became the first street food in the world to be awarded a star by the *Michelin Guide*.

Street food isn't necessarily salty. Street vendors also cater to those who live by the mantra "Life is short. Eat dessert first." Here's our selection of sugar-coated delights not to be missed while wandering the streets of Europe. **BO**

### MUST-TRY **SWEET TREATS** WHEN TRAVELLING



**Stroopwafel**

On a windy day, which is not uncommon in Amsterdam, nothing is more rewarding than a warm, gooey, freshly baked *stroopwafel*. Just follow the fragrant aroma that will lead you to the street vendor. The "syrup waffle" consists of two thin waffles stuck together with a layer of syrup graciously oozing out between them. Invented in Gouda in the 19<sup>th</sup> century, *stroopwafels* are the other delicacy the famous cheese city can be proud of.

Every A'damer will assure you that the best *stroopwafel* comes from a food truck in the middle of Albert Cuyt Market. This family-run stall has been making *stroopwafels* according to the authentic *Goudsche Siroopwafels* recipe for generations.

Albert Cuyt Market stall no. 134, Amsterdam



**Churros**

A mid-morning snack (*merienda*), a festive delight, or the perfect ending for a night out – *churros con chocolate* is Madrid's most beloved dessert. Found at every street-corner café, these insanely delicious ropes of fried dough are usually served with a cup of thick, hot chocolate for dipping. In fact, there are two types of these guilty treats – *porras* are longer, thicker, and not that sweet, whereas *churros* are thin, usually knotted, and generously sprinkled with sugar. With over 100 years of experience, *La Antigua Churrería* knows how to cook up proper *churros*. The repertoire varies from classic tear-drop shaped *churros* and chunky *porras* to *churros* filled with chocolate, cream, or accompanied by a mound of ice-cream.

Calle de Bravo Murillo, 190, Madrid



**Trdelník**

Born in the 18<sup>th</sup> century in the Austro-Hungarian Empire, there has long been a friendly quarrel about which of the former empire's countries actually invented the *trdelník*. However, no other city praises the so-called chimney cake as highly as Prague. One cannot walk through the Old Town without noticing colourful signs signalling the presence of the round treat. *Trdelník* is made from rolled dough that is wrapped around a stick, grilled, and then topped with sugar, walnuts, and other morsels.

*Good Food Coffee & Bakery* puts a modern twist on the traditional treat by giving it a cylindrical form and filling it with all kinds of goodies, such as chocolate ice cream or strawberries topped with whipped cream.

Karlova 160/8, Prague



A minute is all  
I can not  
miss you for

*You are my gold*

ALCOHOL CONSUMPTION IS HARMFUL TO ONE'S HEALTH. THE SALE,  
SUPPLY AND PROCUREMENT OF ALCOHOLIC BEVERAGES TO MINORS ARE  
AGAINST THE LAW.



Text by **UNA MEISTERE**,  
anothertravelguide.com  
Photos by **AINĀRS ĒGLIS**,  
iStock and Alamy  
Illustration by **AGNESE TAURIŅA**

## FREE AS A BIRD IN LISBON



**L**ike Rome, Lisbon is built on seven hills. But unlike Rome's imperial spirit, Lisbon has the soul of a traveller and explorer. It is no coincidence that Vasco da Gama started his global voyages from here. And it should also come as no surprise that nearly every restaurant in the city serves cod, a fish that is not even found in the waters around Lisbon. Soon after Columbus discovered America, the Portuguese became the first Europeans to fish for cod near the coast of Newfoundland. They learned to preserve it for months by pickling it in salt. Although in today's technological age there's no need to salt the fish anymore, Portugal's love for cod is still alive. Some say there are over one hundred different ways to prepare the fish.

Contrary to many European capitals, where nostalgia has taken on a museum-like aura, in Lisbon it's deeply embedded in the blood of the city and easily coexists with a modern lifestyle. Thanks to the city's seven hills, proximity to the sea, and average of 2799 hours of sunshine per year (compared to only 2771 hours in Athens), there's a special quality to the light in Lisbon. It feels like the city actually emits light – not only from the sky but also from its yellow-, beige-, and rose-coloured house fronts, the legendary tiles, and even the cobblestoned pavements.

In 1498 a royal decree was issued to begin the paving of the streets. Initially the cobblestones were made of granite. But after the devastating earthquake of 1755, when nearly the whole city had to be rebuilt from scratch, granite was deemed too expensive and replaced with limestone. Over the centuries of sunlight and the footsteps of so many people, the ornamental zigzag pavement patterns covering most of the city's streets, sidewalks, and squares has been polished smooth.

The light and shadows playing out on Lisbon's narrow streets generate a peculiar, suggestive melancholy. They are at once filled with life and with an existential sadness that cannot be expressed in words. Like fado. They hint at love and the inevitable flow of life. For me, the best way to get close to Lisbon's soul is to leave behind all maps, *Google* navigation, and other gadgets and just lose myself in Alfama's *becos* (alleys) and *largos* (squares).

Alfama, located on one of Lisbon's hills, is the second-oldest district in Europe after El Pópulo in Cádiz (Spain) and still feels like a small village

stuck in time. Clothes are hung out to dry under the shabby red roofs, chickens cluck and cackle in the background, and suddenly three peacocks emerge out of nowhere to strut towards me. Together with the church bell that starts ringing right next to me, it all adds up to a strange, wonderful symphony. The air smells mountain-fresh, and for a brief moment on a calm side street I feel like I'm in Peru.

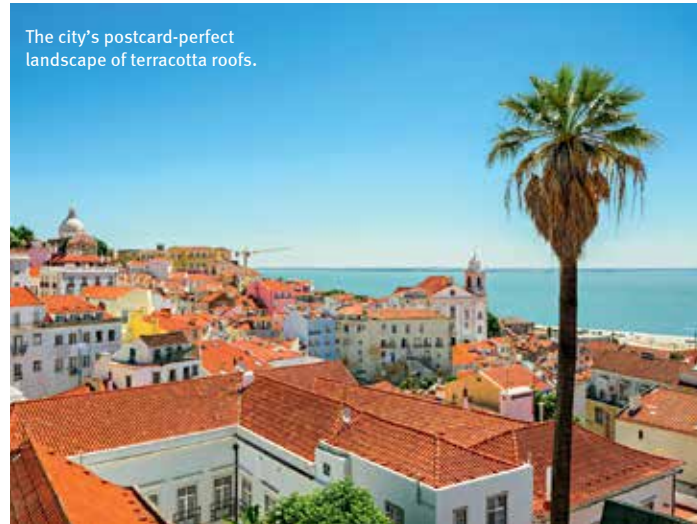
But then a white tuk-tuk offering sightseeing tours crudely disrupts my dreamy state. If its seats were not covered in such a perfectly white cotton fabric, I could pretend I'm back in India, from where I just returned a couple of weeks ago. I later run into tuk-tuks here and there, and I must confess that Lisbon manages to present this sightseeing business in such a humble, unobtrusive way that it seems charmingly organic.

**LISBON NOT ONLY LETS YOU IMAGINE YOU'VE TRAVELLED AROUND THE WORLD WITHOUT CROSSING ANY CONTINENTS; IT CAN ALSO PULL YOU INTO A BONA FIDE TIME CAPSULE.** The historic trams, established in 1901, are still in operation, and some of the cars have even preserved their original wooden panelling. Most popular is Tram 28, whose route reads like a postcard of the city. Even people who usually try to avoid the typical tourist attractions will enjoy this one.

Another ingredient of Lisbon's charm are the small, historical shops that ignore the surrounding 21<sup>st</sup>-century rush to faithfully continue their ancient trades. Most of them are concentrated in the Chiado and Baixa districts. Chiado's 18<sup>th</sup>-century buildings and cafés, once frequented by writers such as Fernando Pessoa and Eça de Queiroz, embody the quintessence of Lisbon's elegance. Baixa was one of the districts that suffered most in the 1755 earthquake and was completely rebuilt. It became the first area in Europe where houses were built according to earthquake-resistant design.

I pass the Elevador de Santa Justa, one of the oldest lifts in Lisbon. Inaugurated in 1902, it was designed by Raoul Mesnier du Ponsard, reportedly a student of Gustave Eiffel. Although there are three other historical lifts in the city – Elevador da Glória (1885), Ascensor da Bica (1892), and Ascensor do Lavra (1884) – it's easy to see why the Elevador de Santa Justa is by far the most popular. There are always long queues for





The city's postcard-perfect landscape of terracotta roofs.



Lisbon's iconic tram no. 28 is a good way to see much of the city's architecture.



Alfama is Lisbon's oldest quarter.

## In fact, Lisbon is a paradise for people who collect breathtaking views

the lift, and it's called the city's Eiffel Tower for good reason. The lift towers like a 45-metre-tall sculpture in the form of an iron Neo-Gothic-style column between a row of neoclassical buildings. Its construction was a necessity, because getting to Baixa via the many stairs is, of course, scenic but not always comfortable.

The lift consists of two cabins that can carry 29 people; both are decorated with wood panels and

brass fittings. The viewing platform at the top of the lift is one of the most popular points to take in the vista of Lisbon.

In fact, Lisbon is a paradise for people who collect breathtaking views. There are numerous viewing points, cafés, restaurants, squares, and hotel rooms that offer panoramic views, some well known, others still insider secrets. If you manage to visit only a few of them, you may find yourself feeling like a bird, perched at the top of the city.

On the other side of the Elevador de Santa Justa is the popular Japanese retail company *Muji*. Right outside the shop stands an ancient delivery van transformed into a music kiosk resembling a sentimental, urban loudspeaker. Overwhelmed by

the bouquet of sensations in the city this morning, I nearly walk past my destination – the *Luvaria Ulisses* glove shop. It's not hard to do, seeing as the store measures only four square metres. *Luvaria Ulisses*, whose wooden door is also miniature in nature, has been around since 1925. The sole item on sale here is gloves. A few dozen pairs made from the finest leather are on display, but one can also order tailor-made gloves here.

After telling the elegant, grey-haired shopkeeper what I'm looking for, she measures my hand and, with a trained eye, selects a pair of gloves from a wooden drawer. She uses a small wooden stick to skillfully straighten out the lining. Then she asks me to place my elbow on a small pillow lying on the wooden counter. I remember an occasion long ago in a refined Parisian shoe store when a salesman rushed to put a shoe on my foot, but this is the first time someone has put a glove on my hand (except for my mother when I was a child). While the shopkeeper tells me to hold my elbow steady, another client enters and we jostle for space. I turn towards the mirror; she moves towards the counter. Two people is definitely maximum capacity at *Luvaria Ulisses*!

Eventually I buy a pair of black gloves with a fine cashmere lining, and each finger is lined in a different colour of the rainbow. I pay 66 euros. The



Elevador de Santa Justa



Barber Factory at LXFactory



Pharmacia restaurant

style I buy is one of the more expensive in the store, and I mischievously wonder how much I would have paid for a pair of gloves of equivalent quality and design at one of the famous luxury-brand 'temples'. Probably three times as much, and maybe even an extra zero at the end. And that would be for an industrially manufactured product, unlike *Luvaria Ulisses*, where each pair of gloves is handmade in Portuguese workshops.

I move on to *Paris em Lisboa*. Since 1888 this store, located at Rua Garrett 77, has offered superb textiles: towels, linens, tablecloths, and everything else needed to create a comfortable home. Remembering that the space in my suitcase is limited, I manage to keep my impulses in check. But my resistance is broken when I notice some snow-white pillowcases with delicate, white hem stitching along the edges. They are pure perfection.

The *Benetton* store right next to *Paris em Lisboa* holds another historical gem – the building was once home to the *Ramiro Leão* department store, which prided itself for having one of the first (and most splendid) lifts in Europe. It has now been replaced by a new, modern elevator, but the old lift from more than a century ago can still be admired on the building's fourth floor, which also accommodates a small gallery. The lift's door is open, so you can take a seat on the

padded velvet bench inside and admire your reflection in the gold-framed Art Nouveau mirrors.

Another legendary occupant in this district of the city is *Livraria Bertrand*. This year the bookstore will celebrate its 286<sup>th</sup> anniversary, and the certificate next to the front door issued by Guinness World Records acknowledges it as the world's oldest bookstore. For a long time, the *Livraria Bertrand* served as a junction for Lisbon's intelligentsia. Today it is also the name of the largest bookstore chain in Portugal. Only the first showroom has been preserved from the original bookstore; the other rooms, accessed through a row of arches, were added later. The saleswoman I meet in the store admits that it would probably not be possible to survive in the 21<sup>st</sup> century by just selling books. *Bertrand* has adapted to the times by expanding its business to selling e-books and operating an online store.

Find another remarkable place at Rua do Loreto 53-55 – the *Casa das Vellas Loreto*. Since 1789 this shop has exclusively sold candles. They come in all shapes and colours, suited for any occasion. Displayed in decorative, antique vitrines with wooden panelling, the candles look like they're in a sanctuary. And the clean aroma of paraffin – free of any 21<sup>st</sup>-century additives – brings me back to my childhood, when I experimented with candle-making. None of the candles bought in





Facades of Lisbon



Lisbon is famous not only for its colourful tiles, but also by its vibrant street art &amp; graffiti scene



Ler Devagar bookstore

today's supermarkets drip wax as nicely onto a wine bottle as those of yore did. The saleswoman – a lady of a respectable age – wears an elegant 1950s-style grey suit and a blouse with a bow.

**AFTER SPENDING THE FIRST HALF OF THE DAY ON THE THRESHOLD BETWEEN THE PAST AND THE PRESENT, IT SEEMS ONLY APPROPRIATE TO HAVE LUNCH AT AN EQUALLY DISTINCTIVE PLACE. THE RESTAURANT PHARMACIA SITUATED**

**IN THE PHARMACY MUSEUM IN THE SANTA CATARINA DISTRICT IS JUST THE PLACE.** It stands on a hill right across from the Miradouro de Santa Catarina viewing point, where

**When I go back up the hill after lunch, the small, cobblestoned street seems to be taking an afternoon nap**

locals have for centuries looked out on the Tagus River and watched the passing ships. Nowadays youths from all corners of the world gather here to have a beer, listen to improvised concerts, or just whisper sweet nothings to each other.

The Pharmacy Museum opened in 1996 and is the only museum of its kind in Portugal. By covering over 5000 years of the history of medicine across various civilisations, it is considered to have one of the most complete collections in this particular niche. Among food lovers, the restaurant here is equally famous,

both for its classical Portuguese cuisine and for its interior design, which offers a humorous interpretation of oldtime pharmacy equipment.

Because today is one of those days when the sun is literally walking the earth, I don't get past the restaurant terrace. Tables and a variety of settees are set out right there in the grass, water is served in large cough syrup bottles, and the grilled octopus literally melts in my mouth. I don't know whether it's the rosé wine or the magic of Lisbon, but as I gaze at the Tagus River, for a moment I feel like I've been transported to the shores of Lake Geneva and am sitting next to the *Alimentarium* food museum, whose 20<sup>th</sup>-century neoclassical building and surrounding landscape have a similar feel. Even the bill at *Restaurant Pharmacia* is presented in an appropriate manner – in a specimen tube.

When I go back up the hill after lunch, the small, cobblestoned street seems to be taking an afternoon nap. I pass a courtyard graced by an entire garden of lemon trees, and then my attention is drawn to another tiled house front, from which someone has hung a low line of freshly washed laundry. As I walk by, a sudden gust of wind blows a white, refreshingly cool man's undershirt into my face.

There's another small shop I want to visit in Lisbon. Portugal is one of the world's largest producers of cork and is famous for its cork forests. The cork oak is the only tree that regrows its bark, and it can live up to two centuries. Bark can only be harvested from

trees that are at least 25 years old. After harvesting, the bark is boiled, cleaned, and then transformed into the cork that we are familiar with, mainly for use in wine bottles. It was supposedly the French monk Dom Pérignon who discovered that the bark of cork trees serves as the ideal 'lock' for champagne bottles. But there are many other things that can be manufactured from this material.

Lisbon is home to several small shops specialising in cork design, the most stylish of which is *Pelcor*. This store is the brainchild of Sandra Correia, whose grandfather owned a factory producing champagne bottle corks. Correia began experimenting with the material, creating an umbrella made of cork and subsequently launching the *Pelcor* brand (the name combines the Portuguese words for 'skin' and 'cork'). Cork is a tough and practical material that is fully biodegradable, and Correia proved that it can be used similarly to leather to produce some unbelievable things, including shoes, bags, and furniture. *Pelcor* is currently owned by an Angolan-born investor who is in constant motion between Cape Town, Luanda, and Lisbon, but all of the company's products are still manufactured

exclusively in Portugal.

In the end, I can't resist the temptation and add to my wardrobe a pair of ankle boots made of cork with a bright-blue rubber sole. They are as comfortable as a pair of slippers. The saleswoman explains that cork is water-resistant and no special shoe cream needs to be applied. Just wipe the boots down with a moist cloth.

There's one more aspect to Lisbon's magic: at the moment you get tired or overwhelmed with impressions, a colourful stall selling *ginjinha* emerges seemingly out of nowhere. This sour-cherry liqueur is an integral part of the local charm. A shot of it in a small glass costs about EUR 1.30. I come across two such places on the way back to my hotel. The *A Ginjinha* bar on Rossio Square is more touristy and is believed to be the first establishment to have commercialised this beverage invented by the monk Francisco Espinheira. *Ginjinha Rubi* is literally a hole in the wall, mostly frequented by older, local men. But here, too, the *ginjinha* shot of energy works instantly and flawlessly.

**SEEING LISBON FROM THE RIVERFRONT BRINGS ABOUT A COMPLETELY DIFFERENT SET OF EMOTIONS. IT'S**

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MARTA CRUZ LEMOS,

INSIDER'S VIEW

a Head Designer of Pelcor, a Portuguese fashion and lifestyle brand that develops sustainable products in an innovative material – cork.

**What do you love most about Lisbon?**  
For sure, it's the weather, which is almost always sunny. Lisbon has a unique bright light, even on cloudy days. I've never found anything similar in any other city, and every day I feel incredibly lucky to live here.

**What should one definitely do to catch the vibe of Lisbon in all of its diversity?**  
I recommend taking a walk in the Castelo, Alfama, and Mouraria districts. These are the oldest neighbourhoods of our city, and they capture its true essence: the old buildings and churches, the typical restaurants and cafés, the narrow up-and-down streets, and the elderly Lisbonite ladies who've lived there their whole lives mixed with the new generation of young people who are discovering the appeal of living in such an eclectic area.

**Which is the neighbourhood to visit at the moment and why?**  
You should definitely visit the areas of Chiado and Príncipe Real by day, and Bairro Alto and Cais do Sodré by night. All are centrally located and within walking distance of each other. It's where you'll find the best places to shop, eat, dance, and sleep.

**How would you describe true Lisbonites?**  
Cheerful, hardworking, and always up for a walk, a cultural event, or dinner and drinks. Also, incredibly proud of our city!

**How would you characterise the essence of Portuguese design? What makes it stand apart?**  
We are proud of our history and culture, and there's a general effort to promote our heritage and craftsmanship. That's then blended with contemporaneity and innovation, and the result is a cool, purified, and refined aesthetic enriched with special details. Also, we love to show our happy and fun side, so you can expect lots of colour and a slightly humorous side to Portuguese design as well.

**Which are your favourite restaurants/cafés in Lisbon and why?**  
For a glass of wine with a view, go to Café da Garagem on Costa do Castelo – it has unique decor and the most stunning view over Lisbon. For brunch, go to Nicolau Lisboa in Baixa – they have the most

delicious food, and it's also healthy and very, very Instagrammable. But for a true Portuguese experience, go to the smallest, simplest, most hidden restaurant that you find on any street – the one with the menu handwritten on a piece of paper outside the door – and order one of the daily specials. Those places have the best food. Plus, it'll be affordable and friendly!

**Which places do you recommend for someone who wants to get a feel for the current happenings in Lisbon on the design scene? Besides Pelcor.**  
You should definitely visit the Príncipe Real neighbourhood, where the Pelcor flagship store is located. This area is filled with shops, street fairs, and concept stores where you'll find the best emerging Portuguese fashion and lifestyle brands. I specifically recommend a visit to Embaixada. It's a 19<sup>th</sup>-century, new-Arabian palace that has been turned into an innovative shopping gallery where you can find national brands and artists focused on design, craftsmanship, fashion, gastronomy, and culture.

**What is the biggest stereotype about Lisbon, and why is it or is it not true?**  
Portugal has had glorious times in the past – some of the major discoveries were made by Portuguese explorers, and some of the biggest colonies belonged to Portugal. I think there's generally a sense that the Portuguese did not evolve much after that and that we lean on our past glories a little too much. You'll hear that we're always in a crisis, that we tend to be melancholic... I think Portugal is a little underestimated. The average Lisbonite is far more cultured than you might think. Don't be surprised if, after struggling to order your meal, the elderly vendor responds in perfect English and even apologises for not speaking your language! We are helpful and polite, we work hard every day at our jobs (most Portuguese people work more hours than in the rest of Europe), and we are generally happy and positive about our lives.

**What makes cork so special and inspiring as a material?**  
Cork is a fascinating material. It is, literally, the bark of a tree! Harvesting it from the oak tree every nine years promotes its healthy growth. Cork is then agglomerated into blocks that you can sculpt and shape, or transformed into a thin and malleable textile that you can sew. So, this is a natural, resistant, biodegradable, and recyclable material used to make traditionally ecological and environmentally friendly products. At Pelcor, we intend to create a specific universe for cork skin, based on design and innovation. So, we try to give cork a new look by dyeing it in various bright colours, stamping it, engraving it, and giving it new textures. People come to our store and are always absolutely surprised that some of the pieces have actually been made of cork, due to the different looks it can have and the diverse ways it can be used.

USEFUL ADDRESSES  
**WHERE TO STAY**

**Memmo Alfama** (Tv. Merceeiras, 27; memmohotels.com; prices from EUR 138) – Located in the heart of Lisbon's historical district, in the labyrinth of narrow streets, just a few steps from São Jorge Castle. The *Memmo Alfama* features boutique-hotel comfort, a rooftop terrace, and a mural by well-known Portuguese street artist Alexandre Farto aka Vhils.

**My Home In Lisbon** (Calçada do Monte 48; micasaenlisboa.com; prices from EUR 70) – If you want to feel like a local as soon as you arrive in Lisbon, stay at this charming B&B. It's the actual home of the owner, Maria, and has been currently turned into a nine-room accommodation. Each object here has a story, and outside the windows are the roofs of Lisbon.

**Pateo Lisbon Lounge Suites** (Rua das Farinhas 43; lisbonloungesuites.com; prices from EUR 99) – A great apartment (69 m<sup>2</sup> – 120 m<sup>2</sup>) hotel right in the middle of the historical Moorish district. You'll wake up to a panorama of the city outside the window and the aroma of freshly baked bread, which is delivered to every room at breakfast time.

**Hostel The Dorm** (R. Rodrigues de Faria, 103; thedorm.pt; prices from EUR 16) – A stylish, industrial budget accommodation right at the centre of Lisbon's creative energy, *LX Factory* in the Alcântara district. Fashion, art, architecture, music, gastronomy, the Tagus River – it's all just a few steps away.

**WHERE TO EAT**

**A Cevicheria** (Rua Dom Pedro V, 129) – Currently the number-one fish restaurant in Lisbon. It's famous for three things: a giant installation of an octopus above the bar, the eternal queue outside the door (no reservations taken), and simply exquisite ceviche.

**Bairro do Avillez** (Rua Nova da Trindade, 18; bairrodoavillez.pt) – The sixth and newest establishment by Lisbon's star chef José Avillez. This improvised gastronomy quarter (or *bairro* in Portuguese) includes a simple tavern, a gourmet deli, and the *Páteo* restaurant – all in a glass-topped, industrial courtyard.

**Chapitô à Mesa** (Rua Costa do Castelo, 7) – One of the most romantic terrace restaurants in the historical Alfama district. Located in a circus school and among the favourite 'secret addresses' of locals. There's a bar on the lower floor that often hosts alternative theatre and live music performances.

**Taberna Moderna** (Rua dos Bacalhoeiros, 18; tabernamoderna.com) – With its brightly coloured wooden chairs, the interior is a contemporary paraphrase of the classic Lisbon tavern, while the menu embodies the best of Spanish/Portuguese traditional flavours.

**WHERE TO SHOP**

**Embaixada** (Praça do Príncipe Real, 26; embaixadalx.pt) – A temple to inspiration and shopping in a neo-Moorish villa from the early 19<sup>th</sup> century. This is the place to go for what's new in Portuguese fashion and design. The former villa also has an art gallery and several restaurants.

**A Vida Portuguesa** (Rua Anchieta, 11; avidaportuguesa.com) – The Portuguese can teach us how to present souvenirs in such a way that it's impossible to not buy them. No matter whether it's soap, candles, sardines, blankets, stationery, or shaving items, everything at *A Vida Portuguesa* is united by superb, stylishly nostalgic, addiction-forming design.

**Mercado da Ribeira** (481, Avenida 24 de Julho; timeoutmarket.com) – Lisbon's main market, which has been at this location since 1892. Now, with the help of the *Time Out Lisboa* magazine, modern food stalls have been opened at the centre of the market, right under the oriental-inspired dome. Have lunch and do your shopping all in one place.

duct concealed in the palace wall. On a related topic, Lisbon's last authentic public urinal is located right next to the hotel. It is easily recognised by the 'Urinol' sign and the tin screen with the cut-out of a boy.

Though more than ten years have passed since I stayed at the *Palácio Belmonte*, nothing there seems to have changed, and the hotel still feels like a time capsule. Only the room rates have

**The data related to my three- day 'Lisbon Story' on health app: 56 kilometres and 162 storeys**

become unpleasantly high. The hotel still has one of the best concierges in town (even in the age of *TripAdvisor* and social media there are occasions when this profession is irreplaceable). When I ask him where to find the very, very, very best Portuguese cuisine in town, he replies without hesitation: the *Solar dos Presuntos*.

When I get to the Rua Portas de Santo Antão and see that this is the very epicentre of tourism, doubts

enter my mind. However, as I make my way further along the street, the buzz dies down and the street becomes eerily empty. *Solar dos Presuntos* spreads across three floors; its window decorations consist of dry-cured *presunto* and football shirts (nearby are pictures of David Beckham and other football stars). One can argue about the interior, but I can confirm that the octopus is indeed exquisite, and the portion is large enough for two. As I try to breathe deeply, my attention is drawn to the neighbouring table, where two slender middle-aged men have consumed *entradas* (bread, ham, cheese, olives), a starter, and a main course with no difficulty at all. Seeing my bewilderment, the waiter explains, 'The Portuguese eat a lot.'

When I get back to my hotel, I open the health app on my *iPhone* to check the data related to my three-day 'Lisbon Story': 56 kilometres and 162 storeys. A perfect balance between fitness and hedonism! When factoring in all of the sun, history, water, salt, and bird-like feelings, it's hard to imagine a more perfect city break. **BO**

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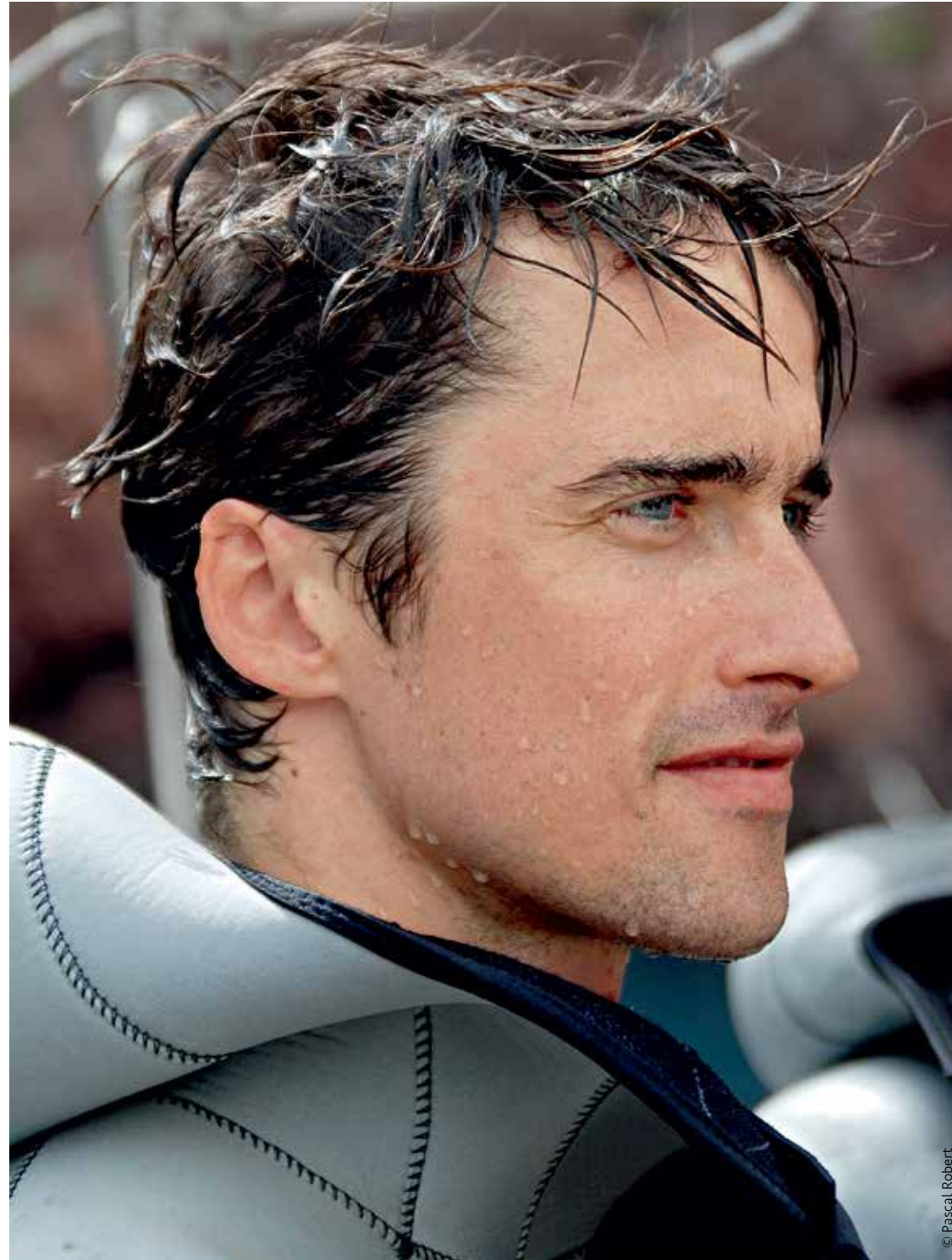








Text by **SANDRA KROPA**  
 Photos by  
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 and courtesy of **PIERRE-  
 YVES COUSTEAU**



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## DIVING FOR **HOPE** AND **BEAUTY**

Pierre-Yves Cousteau, the youngest son of the renowned explorer, author, and filmmaker Jacques Cousteau, is following in his father's footsteps.

**'P**eople protect what they love,' once said famous French explorer and oceanographer Jacques Cousteau. He shared his love for the underwater world, helped to invent the Aqua-Lung, and in an age of no internet let millions of people discover the hidden beauty of the ocean through his books and documentaries. One of Cousteau's passionate followers, who shows us the places on this planet that need our love more than ever, is his youngest son, Pierre-Yves Cousteau. For several years now he has been trying to create marine protected areas in the Mediterranean Sea and especially Greece.

### **Is Greece a special place for you? Why did it attract your attention?**

I became a Divemaster on Santorini in 2009 and have been returning there almost every year since. I love the food, the people, the landscapes, and the sea. I have been trying to help create a marine protected area near Santorini for many years now, and I hope we will manage to make a sanctuary there to protect the natural beauty for future generations to witness.

### **What does it mean to create a marine protected area? How easy or hard is it to cooperate with local people if you are a foreigner?**

Creating marine protected areas can be achieved in two broad ways. First, there's the top-down approach, in which the areas are closed and the regulations and rules issued by the authorities regulate what and where needs to be protected. But there is also a second, so-called bottom-up approach, in which local people come together to demand protection of nature because they recognise that it is in their own interest. Both approaches are useful, and the second one is less common. But on Santorini there is now consensus between the fishermen, the municipality, and the recreational operators to create such a sanctuary. They are now finding it difficult to obtain the government's approval of the project, but every effort is made to do so.

### **Do you feel that in this case your surname helps? And, in general, is the Cousteau name an advantage in marine protection activities?**

The Cousteau name can be wielded to help support and promote conservation activities, which is how I have been trying to use it for the past ten years around the world. I believe this is better than using it purely for self-serving purposes.

### **It seems that Santorini is a special place for you not only because of your own diving experience but also because of your father. There is an underwater memorial plaque to him there. Why there, and is it easy for divers to reach?**

To commemorate what would have been my father's 100<sup>th</sup> birthday, I launched an online poetry contest about the ocean. The winner of this contest had his poem engraved on a memorial plaque designed by my friend Alexander Reichardt of *Fish & Olive* on Naxos. The plaque was installed under water in a shallow cave to the south of the island. It is maintained by the Atlantis Dive Centre and can be visited by divers and snorkelers.

The site for this memorial plaque was chosen because of two movies that my father made about Santorini. He did them as a part of his search for Atlantis and his investigations about ancient civilisations.

### **It is more and more difficult to see much fish diversity**

### **Most of us know or can imagine what typical Greek landscapes look like. How would you describe underwater Greece?**

Under water, for example, Santorini has very dramatic seascapes, with caves and crevasses, walls and canyons. Lots of seagrass and sometimes even octopuses! Unfortunately, like the rest of the Mediterranean, it has been severely overfished for decades and continues to be overfished.

### **So, there are no fish anymore? Is it common to dive in the Mediterranean Sea and not see any fish?**

There are still fish in the sea. But fisheries are collapsing worldwide due to overfishing, and it is more and more difficult to see much fish diversity.

### **Greece is a very popular destination among tourists and travellers. How does that affect nature?**

Tourism leaves a lot of trash and litter on these islands and contributes to the more global problem of climate change. I hope tourism can become more sustainable in the future and actually contribute to a healthy environment rather than threaten it.

### **According to your own values and knowledge, what does it mean to be a sustainable and respectful tourist and traveller?**





After swimming with lots of fish under water and witnessing their beauty and intelligence, Cousteau now sees them differently and prefers them to be alive instead of on a plate.

As a tourist, you can avoid the use of plastics as much as possible. You can also refuse to eat fish that are too small. By that I mean baby fish that are caught and sold illegally.

**What else can we do to be more sustainable tourists? Should we avoid specific fish species as well?**

One of the most powerful things you can do as a tourist is to send a signal to the local governments and businesses that you care about the environment, pushing them to develop infrastructure

and services that are eco-friendly. If you care about the environment, be vocal about it! Tell people why you refuse plastic bags and straws. Choose an eco-certified establishment.

**What are the biggest threats to nature and the environment nowadays that worry you the most?**

Climate change, overfishing, and pollution as well as coastal developments and land reclamations are devastating to marine life worldwide.

**What can we do to improve the situation – each one of us separately and all of us together?**

In our daily lives we can have a positive impact by refusing single-use plastic as much as possible, by

choosing sustainable travel and accommodation options, by eating less meat, and by speaking out and saying we care. Ultimately the change needs to come not only from consumers but from the big corporations that are destroying the planet. But we can signal that we care.

**Everyone who follows you on social media can see how big of an impact plastic pollution has on marine animals and also coastal landscapes. But if we now turn to the inspirational aspect of the underwater world, what is the most beautiful thing that has happened to you in your underwater adventures?**

I really love encountering octopuses. I used to love eating them, too! But after playing with them under water and witnessing their beauty and intelligence, I now see them differently and prefer them to be alive.

**How do they behave under water? How, in general, do fish and other organisms react to divers?**

I've noticed that in protected areas fish are not as afraid of humans as they are in unprotected areas, where they perceive us as predators.

**After you've seen underwater beauty, can you eat fish at all?**

I personally don't eat much fish, mostly because I don't enjoy it that much. Unfortunately, I've noticed that most people who love diving – even people who work in nature conservation – show very little behaviour change... Every time I go diving with a group

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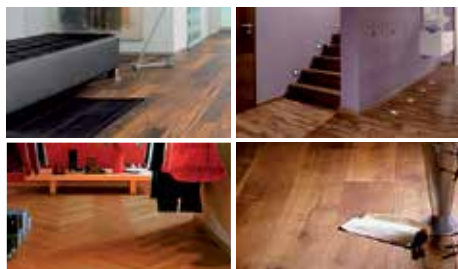
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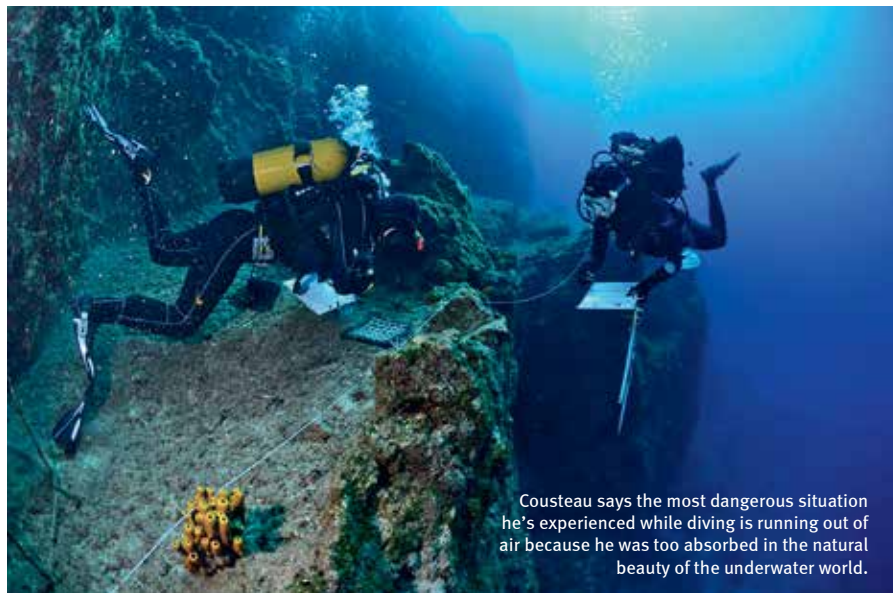
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## March INTERVIEW



of tourists, I hear them complain about the ocean becoming empty. But they usually have this discussion while eating massive amounts of seafood! We still need to change many behaviours, and I believe we need the big companies to lead the way.

**What is important for every snorkeler or diver to know regarding their behaviour under water and not stressing the animals there?**

Avoid touching anything. Divers and snorkelers have a negative impact on marine life by breaking things or disturbing animals. These impacts are absolutely tiny in contrast to the global effects of climate change and overfishing, for example. But they exist, and they add to the problem.

**I know that lately you've visited and filmed many places on this planet that your father once visited, and you checked**

**how these underwater habitats have changed over the decades. Because of the environmental problems that you mentioned before, it's no surprise that the changes in these landscapes are so big – fewer colours, less diversity, more pollution. Do you always try to dive in the same places where your father dived? How much has his legacy influenced the way you look at the ocean?**

He inspired many people to care about and protect nature, including myself. He helped create a feeling of brotherhood between people and nature, a deep understanding that our survival and well-being are connected to nature and that we must recognise that bond and act accordingly. My father began a tradition of recognising life's beauty and making it a priority. We must protect nature, because we recognise that our lives and well-being depend on it. I agree with him one hundred percent, and

I add to this: we must also protect nature because it's there. Because it's beautiful and has value over and above the services it brings to us.

**You've seen the beauty of nature that hides under the surface in so many different places all around the world. Is there a big difference between diving in the ocean and in the sea? Which do you prefer and why?**

The main difference today is not the geography or location but its protection – if you dive in a place that has been protected from fishing, you'll see lots of beautiful fish. Everywhere else is dying or already dead. Those are the last sanctuaries on this planet. Of course, I prefer to dive in places that are full of life and diversity.

**Have you ever experienced dangerous situations while under water? What's the scariest thing that's happened to you in the water?**

Running out of air because I was too absorbed in the natural beauty of the underwater world. That's been the scariest situation for me several times! It's happened to me at various depths. The deepest was probably about 20 metres.

**What do you do in such situations?**

You try to get some air from another diver to avoid an emergency ascent, or you go back to the surface as slowly as possible. It's really dangerous, and I've learned to avoid it by being more rigorous about monitoring my air consumption.

**People often think that diving is a dangerous hobby. How important is it to be well-trained?**

Physically, diving is easy. But it requires a lot of contextual awareness, knowledge about equipment, and theory. It can be very dangerous if you overlook these things. Know the theory!

**Is it obligatory to swim well, or can poor swimmers be good divers?**

In theory, you don't need to know how to swim in order to dive. But being comfortable in the water gives you a much more pleasant experience.

**How did you learn to dive? You've mentioned before that you were afraid of diving. Why?**

I learned to dive when I was nine years old. I was afraid of swimming until then because of a bad childhood memory related to water. But I forced myself to get over it and have been learning to be a better diver ever since.

**What's your advice for people who are already diving? And do you have any advice for people who are just dreaming about diving some day?**

As an instructor, I've seen that the people who are most afraid of diving are the ones who come out with the biggest smile afterwards. It's a chance to overcome a fear with very minimal risk. So, I encourage everyone to overcome this fear and discover the amazing beauty that's so close to us, just under the surface of the water. But for those who already dive, my advice is to be an aware diver who protects the environment and loves the beauty of the planet.

**If you weren't the son of Jacques Cousteau, would you be doing the same things for the planet and the environment? Or was he a key person in developing your interest and awareness?**

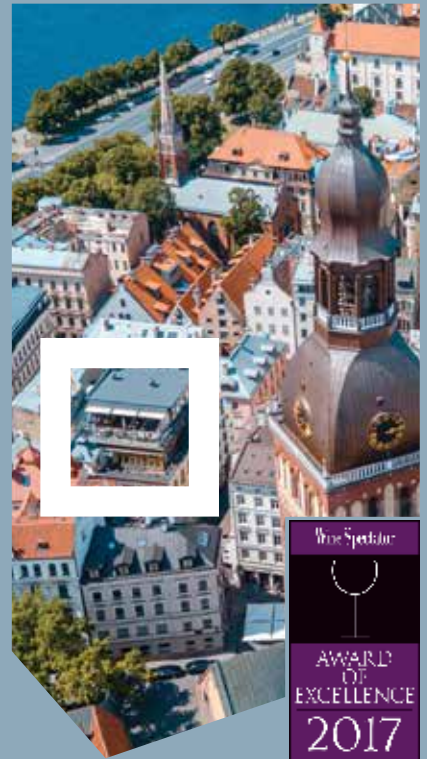
I don't know. Let's travel to a parallel universe to find out!

**How do you remember your father? With that legendary red hat on his head?**

I grew up with him for 16 years and had the pleasure of learning from him about the sea and about life. He had more time to be with us in his later years than he would have had during the earlier part of his career, even though he never stopped making new projects and dreaming further.

Thanks to my father, the red hat is today a symbol of stewardship for the environment. We can be caretakers of the planet and learn to coexist and thrive together. That is the meaning and symbol of that legendary hat.

**If we look at a map of our planet, we can clearly see that there's more water than land. But compared to land, the part of the ocean that's protected is**



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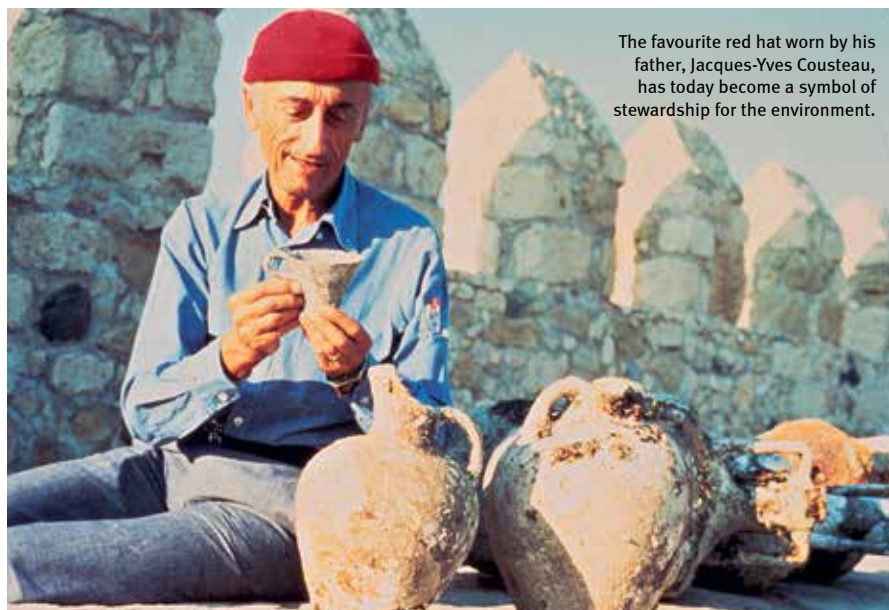
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## March INTERVIEW



The favourite red hat worn by his father, Jacques-Yves Cousteau, has today become a symbol of stewardship for the environment.

miserably small. Your father and other oceanographers have warned us for a long time that this is a very serious problem. Could marine protected areas be the right solution to protect the ocean and seas more?

In 1992, all of the countries in the world realised that we need at least 10% of the ocean to be protected by 2010 in order to avoid ecosystem collapse. Today we are at less than 5% protected and realising that we need at least 30% to be protected...

The longer we wait, the more we will need to protect in order to avoid catastrophe! In Greece, as everywhere else, marine protected areas can not only help the environment recover and eco-tourism bloom; they can also help rebuild fish stocks and ensure food security and livelihoods for fishermen.

Most of the fish you eat at tourist destinations in the Mediterranean are not locally caught. Sometimes they're shipped frozen from far away. And when they are local, they're sometimes the result of illegal 'recreational' fishing. Marine protected areas, if they are well established and work together as a network, are a good tool for managing the environment in a sustainable way.

There's a lot of science behind the efforts to manage the environment. Oceanography helps us to understand the various processes of the huge system called the ocean: hydrology cycles, chemistry, biology, climate studies, and much more. For you, what's the most inspiring aspect of oceanography? There's still so much to discover and understand about the ocean. It's one of

the last wild spaces of exploration left on our planet.

**Is the ocean still the big unknown for us? It's sometimes said that we know more about the surface of other planets than we know about our own oceans. Why so?**

Humans need to explore, to dream, and to discover. As our planet becomes too crowded and as we destroy all the ecosystems, the ocean remains one of the last places where we can explore, dream, and discover... Of course we need to live, to eat, and to survive, but the next big need is to dream, to hope, and to transcend. The ocean still has that for us. And if we fight for it, it will continue to provide that for us.

**It's strange and inspiring at the same time that something so close to us is still so unknown. Is there anything under water that you've never seen yet with your own eyes but still hope to see some day?**  
Everything.

**So, there are endless surprises waiting for you under the water. How do you feel when you haven't dived for some time, and what do you miss the most?**

The ocean is an endless source of amazement and beauty. The colours and shapes of the living creatures in the marine realm are fascinating and inspiring. Protecting nature is also about protecting the diversity of our own minds, of our own thoughts. We need biodiversity much more than it needs us. And today we have to change, or we will lose all of it and risk our very lives. **BO**

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# LIEPĀJA – A SMART CHOICE FOR CORPORATE EVENTS



Liepāja is one of Latvia's largest cities and can conveniently be reached by a direct *airBaltic* flight. It is a popular tourism destination and also a favoured place for businesses to organise conferences, seminars, and corporate events.

## One of the largest business hubs in Latvia

Many cities offer facilities and opportunities for organising conferences, business lunches, seminars, and corporate events, but only a few of them are able to offer an added value to any type of event. Located on the Baltic Sea coast in western Latvia, Liepāja manages to impress clients by combining global scope with the comforts of a small city.

Liepāja is not afraid of challenges. It dares to be a trendsetter, to actually do the things that others only dream of doing. Liepāja is home to internationally renowned enterprises such as *UPB Holding*, *iCotton*, *Expedit*, and *AE Partner*. The city has also raised a few famous athletes – New York Knicks basketball star Kristaps Porziņģis, motocross world champion Pauls Jonass, successful tennis player Anastasija Sevastova – as well as prominent musicians, architects, writers, and physicians.

Young, creative, and determined people are at the core of Liepāja's growth and development. Liepāja is not only the 'city where the wind is born', a city

of music, and one of Europe's best summer resorts; it is so much more, including a smart choice and investment for local and international business events.

Inta Šoriņa, who is a member of the board of the Liepāja Region Tourism Information Centre, says: 'An increasing number of enterprises that value quality and a unique atmosphere choose to organise their events in Liepāja. Local hospitality businesses have more than 20 years' experience, and the high level of service is a pleasant revelation to the city's guests. Liepāja offers a variety of things to do outside the conference or seminar. Many renowned artists perform here, there are award-winning theatre performances, cultural activities, living history events in Karosta, and boisterous entertainment in the city centre or on the beach.'

Liepāja's long manufacturing history provides the right business atmosphere, but its charming ambiance invites guests to enjoy the nightlife and weekends here. The available entrepreneurial infrastructure and logistics attract businesses, and as a result the city offers well-suited facilities and services for large-scale

corporate events, seminars, and conferences as well as a sufficient number of hotels and restaurants. Any size and type of business tourism event can be organised here. Statistics confirm that Liepāja is one of the largest business hubs in Latvia. It is the only city in Latvia outside of Riga that can host a high-quality conference for more than one thousand attendants. In total, Liepāja has the capacity to host various corporate events for more than 6400 guests. Hotels and guest houses offer space for more than 1700 guests (private apartments not included), and the close to 60 restaurants and cafés in the city can cater for more than 2600 guests.

## Liepāja is a smart choice and investment for local and international business events

### A city with well-developed infrastructure

Liepāja has a number of excellent venues. The recently opened Great Amber concert hall (Lielais dzintars; lielaisdzintars.lv) is the new pride of the city. The architectural concept of this arts and culture centre is based on a symbol of Liepāja – amber from the Latvian and Baltic shores. Great Amber hosts three concert halls: the Great Hall seats 1000 people, the Chamber Hall has 200 seats, and the Experimental Stage has seating for 120 visitors. A number of supplemental rooms are also available. With space for approximately one thousand guests, Great Amber has been chosen as a location for such large-scale events as the Baltic Congress of Radiology, the Rotary District Conference, the Iespēju Tilts (Bridge of Possibilities) forum for education leaders, and many others. Conferences can also be combined with concerts or other cultural events taking place at the concert hall.

Likewise, events of similar size can be held at the Liepāja Olympic Centre (loc.lv) or the Liepāja Latvian Society Hall (biedribasnams.lv). The Liepāja Theatre (liepajasteatris.lv) and Liepāja Museum (liepajasmuzejs.lv) are also suited to conferences of various size. With its unique interior, the museum adds a special charm to any event. And that's not all – Liepāja's educational establishments and major hotels, as well as cultural and recreational centres near the city, also offer facilities for seminars and conferences.

Anybody who has previously participated in a seminar or conference in Liepāja can confirm that the city's hospitality infrastructure is well set up to support the events held here. This includes various







team-building activities, which benefit from the sports and recreational infrastructure that is available in the city. Liepāja's football and basketball teams compete at national and European levels.

## You might be interested in using a pop-up office that ensures a creative and productive working atmosphere

Liepāja's ice-free port, which ensures regular passenger and cargo ferry connections, is easily accessible by road. And for the past year the reconstructed Liepāja airport has been offering fast and convenient connections via regular and charter flights. A comprehensive network of railway lines and roads is especially important to logistics and transit traffic.

If you plan to spend a longer period of time in Liepāja and are looking for a place for undisturbed work, you might be interested in using a *pop-up* office that ensures a creative and productive working atmosphere. You can learn more about this service at the Liepāja Business Incubator (Investment and Development Agency of Latvia, or LIAA).

Besides offering opportunities for holding successful conferences of various scale, Liepāja embodies a creative mood and is a true source of inspiration that supports the transfer of obtained knowledge back home and facilitates the implementation of unique ideas.

## Capital of cultural and sporting events

Significant professional events are usually organised in places that not only ensure excellent infrastructure and logistics but also offer participants diverse recreational and entertainment opportunities for their free time. Also in this

area Liepāja has a lot to offer, with approximately 140 events taking place in the city every month. All of these are listed in the online calendar [events.liepaja.lv](http://events.liepaja.lv).

Indeed, Liepāja provides a wide scope of activities, including a drift hall with electric carts, a bowling alley, a cinema, and a children's science centre. However, perhaps the best activity is the spa and pool

Visitors to the city can check it out for themselves by taking part in a guided excursion (which includes a staged show) or by spending a night in the prison hotel.

But Liepāja also caters to those looking for a calmer way to spend their free time. Every month, renowned musical artists perform at the Great Amber concert hall. And Liepāja Theatre, which is



complex at the Liepāja Olympic Centre, where one can relax and enjoy a sense of eternal summer. It is the largest complex of its kind in Kurzeme, offering a recreational area, several types of sauna, a water park for children, and two swimming pools. The *BB Wakepark* ([bbcamping.lv](http://bbcamping.lv)) north of the city centre is popular among visitors who look for a more action-packed recreational activity. The park offers a variety of activities throughout the year, from skating and wakeboarding to a dive into a hot tub.

The nearby Karosta district is like a separate city within the city. The Northern Breakwater (*Ziemeļu mols*), fortifications, and Karosta Prison ([karostascietums.lv](http://karostascietums.lv)) all bear witness to the district's history. The Karosta Prison, in active use up until the late 20<sup>th</sup> century, is today the only military prison in Europe that is open to the public. It also features one of the more unusual hotels in the world, which Ghost Hunters International has declared to be the most haunted place on earth.

the oldest theatre in Latvia, draws art lovers from all over the country to its award-winning performances. The theatre also offers guided tours behind the scenes.

## A city for food lovers

Food lovers will enjoy the surprisingly large number of restaurants and cafés in Liepāja, which offer cuisines from around the world. However, when in Liepāja, one should definitely try the city's official speciality, *Liepājas mencīni*. Made from smoked cod, potatoes, and onions, the dish is based on an ancient recipe from south Kurzeme. Liepāja is the only place to try this speciality!

Liepāja is without doubt one of the most convenient cities in Latvia. It offers an active and healthy lifestyle, easy access to nature and the sea, a safe urban environment with a unique atmosphere, and effective infrastructure that is well suited to meeting today's demands. **BO**  
[liepaja.travel](http://liepaja.travel)



Text by  
**DAVID CREIGHTON**  
Publicity photos  
and courtesy of  
WienTourismus

Everyone knows about the allure of Paris, Rome, and Amsterdam in the spring. But what about Vienna? This city also dazzles in the spring sunshine. Its magnificent imperial heritage impresses whatever the season, as does the almost edible Baroque architecture and the elegant Art Nouveau style, which celebrates a big anniversary this year. Add an enviable quality of life, regularly ranking Vienna as the world's best capital city, and you have the perfect long-weekend destination for this spring.

Two must-sees set the tone for Vienna's famed cultural life and sophistication. First is the supremely confident Hofburg, which was the seat of the Habsburg rulers and occupies an impressive swathe of the historic Innere Stadt (Inner City). No less important, the Habsburgs' vast cream-and-ochre Schönbrunn Palace stands in suitably expansive parkland and is a glorious sight on sunny spring days.

Between the palaces stretches a galaxy of other palaces and opulent old-school shops, and above them all soars the intricate stone spire of the Stephansdom (St. Stephen's Cathedral). Located at the heart of the city and affording

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Above the roofs of Vienna



The Imperial Treasury at the Hofburg Palace contains a valuable collection of secular and ecclesiastical treasures.



The Leopold Museum houses the biggest and most prominent Egon Schiele collection in the world.

fabulous views, including close-ups of the church's jazzy tiled roof, the cathedral's impressively spiky edifice is a cherished landmark. Adjoining Stephansplatz serves as a handy meeting point.

The majestic Ringstrasse, an imperious circular boulevard that follows the former city walls, rounds off the Innere Stadt. Lining this prestigious address are several of the capital's most familiar structures, such as the Neo-Gothic Rathaus (Town Hall), which serves as the backdrop for the city's renowned Christmas market.

Yet for all the imperial traditions and glamour, Vienna never overwhelms, even on a short break. Instead, the city proves to be wonderfully accessible. The colourful cobbled lanes twisting around the Mozarthaus lie just minutes away from the stone pomp of the Ringstrasse, and Austria's most revered musical son would surely recognise this tangle of narrow alleys. The Innere Stadt can be crossed in around 20 minutes, underlining Viennese liveability.

Perhaps thanks to the Habsburg influence, that liveability also extends to the panache that the Viennese add to simple everyday pleasures, notably coffee drinking. Visit a traditional café and step into a timeless dark-panelled realm filled with the tang of freshly-brewed coffee. Immaculate waitstaff in traditional black and white swoop between tables, effortlessly serving finely crafted (*Apfel*) *strudel*, perhaps with a wickedly monumental dollop of cream, but always with *Kaffee*. There is no such thing as 'just a coffee' in Vienna, although a *Brauner* is perhaps the closest. A connoisseur can choose from a staggering variety of drinks and around one thousand different cafés.

Encapsulating the capital's user-friendliness is the concept of *Gemütlichkeit*, which locals treat as their birthright. Often translated incompletely as 'cosiness', it actually encompasses a much wider sense of well-being. *Gemütlichkeit* could be a convivial alfresco get-together over drinks. Or a brisk morning stroll through Schönbrunn Park with old friends – and then coffee and cake as a reward. *Natürlich...*

As the days get warmer, you can also enjoy the city's legendary café culture outdoors. So, without further ado, here are four ways to enjoy Vienna.

## MUSEUMS AND PALACES

The Hofburg and Schönbrunn palaces stand at the top of the attractions list, and you could easily spend more than a day at each. Complementing them is a rich collection of museums and galleries.

Don't be intimidated by the Hofburg. Instead, opt for the highlights, such as the Imperial Apartments (home to Emperor Franz Josef and his tragic wife, Elisabeth, also known as Sisi), the Treasury, and the Spanish Riding School. At Schönbrunn, choose from two tours, both of which take in the glittering Great Gallery. The adjoining park, with a maze and the hilltop Gloriette Pavilion, is an attraction in and of itself.

A cluster of museums and galleries lie close to or on the Ringstrasse, beginning with the *Albertina*. Part of the Hofburg, this venue holds a vast collection of graphic art, such as Albrecht Dürer's *Hare*, and presently hosts *The Art of the Viennese Watercolour* exhibition.

Near the Albertina, across the Burggarten park, stands the lavish Kunsthistorisches Museum Wien (Art History Museum), built for the Habsburgs' vast art collections. Noted for Italian, Dutch, and Flemish masters, its treasures include Raphael's *Madonna of the Meadow* and Bruegel's *Tower of Babel*. Thanks to



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the user-friendly tour approach there, you're less likely to suffer museum fatigue. Opposite the museum, the Naturhistorisches Museum (Natural History Museum) is worth exploring for its sumptuous interior alone.

Across the immaculate lawns of Maria-Theresien-Platz lies one of Vienna's biggest cultural draws, the Museumsquartier. A vibrant cultural centre in the former imperial stables, the 60,000-square-metre complex opened in the early 2000s. Highlights include the Leopold Museum, with the world's largest collection of Egon Schiele paintings, and the Museum Moderner Kunst Stiftung Ludwig Wien (mumok), devoted to modern and contemporary art. After exploring the museums, laze on the hugely popular geometric outdoor furniture or in a café in the courtyards, which host a diverse range of events and activities.

Just beyond the Innere Stadt stands another big hitter, the expansive Baroque palace known as the Upper Belvedere. Today, the gleaming structure houses a gallery that includes Gustav Klimt's best-known painting, *The Kiss*, and much more of his work. The terraced gardens offer wonderful panoramic views that are perfect for clear evenings in late spring.

More art is on offer at the Österreichisches Museum für angewandte Kunst (Austrian Museum of Applied Arts, or MAK), where the galleries are grouped around a striking interior courtyard. Besides decorative and applied art, the museum also explores architecture and contemporary art.

But don't ignore Vienna's smaller museums, which can be just as rewarding as the big ones. The Wien Museum offers a fascinating mix of art and history and stands near the unmissable Baroque-style Karlskirche, a church that resembles a creation by a Viennese pastry chef.

### HISTORIC COFFEE SCENE

Idling in a café is surely one of Vienna's greatest pleasures. Don't even consider leaving the city without visiting at least one. Chances are you'll become a *Stamgast* (regular), too.

For your own slice of *gemütlichkeit*, sit down at a table – typically marble-topped – and browse the hallowed coffee menu. Favourites range from the *Einspänner*, coffee hidden under an avalanche of whipped cream, to the *Kaisermelange*, served with an egg yolk and honey. If your German is up to it, browse a newspaper while waiting for your order to arrive. But most of the central cafés usually stock English-language papers as well. Your drink will come with a small glass of water.

The big-names list of cafés features cathedral-like *Café Central* and *Café Museum*, a favourite of artists and writers. Über-stylish ladies who lunch and Austrian celebrities often frequent *Café Landtmann*. If you're yearning for some gooey gateaux, try the most celebrated venue for sweet treats, *Demel*, which is famed for its silky *Sachertorte*, that other quintessential Viennese dessert besides strudel.

By contrast, *Café Prückel* exudes an endearingly retro charm and is a great place to relax after a visit to MAK. Or drop by *Café Hawelka*, loved among other things for its puffy *Buchteln*, yeast-based buns that emerge from the oven in the evening. Founder and local legend Leopold Hawelka faithfully greeted guests up until just a few months before his death in 2011 at age 100. He even welcomed Andy Warhol and actor Peter Ustinov to his café. Remember, too, the equally engaging cafés beyond the centre, such as *Sperl*, with billiards, and *Dommayer* in the Hietzing suburb.

▲ Any visit to Vienna involves eating lots and lots of cakes at one of the city's many charming cafés. The café in the epic Kunsthistorisches Museum is especially inspiring.



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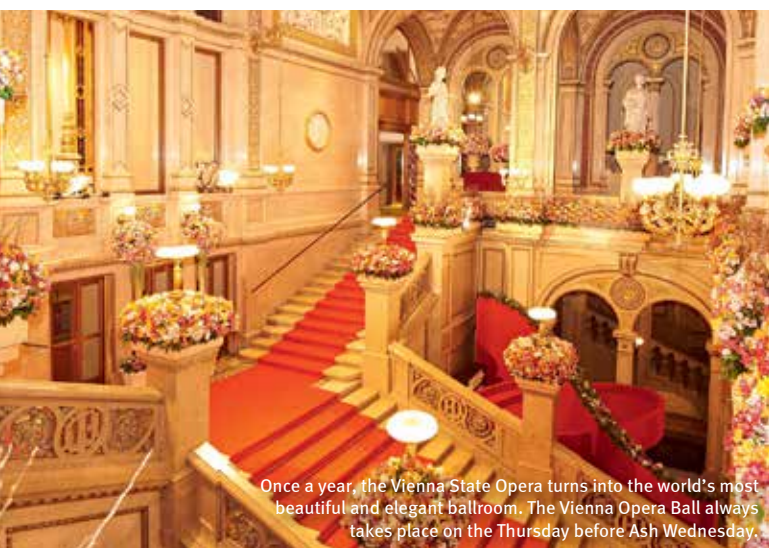


March TRAVEL

The Vienna State Opera is one of the world's leading opera houses.



Each season, the opera house's schedule features 350 performances of more than 60 different operas and ballets.



Once a year, the Vienna State Opera turns into the world's most beautiful and elegant ballroom. The Vienna Opera Ball always takes place on the Thursday before Ash Wednesday.

Like Bavarian cuisine, Viennese cooking traditionally centres on pork or beef. Sauerkraut and dumplings (*Knödeln*) also appear frequently, but there are many variations on the theme of goulash as well. Or taste some *Tafelspitz*, a boiled beef dish that Emperor Franz Josef is said to have consumed daily. You'll find such dishes at the *Beim Czaak*, *Bastei Beisl*, and *Leupold* restaurants, among others.

But above all, Vienna means *Schnitzel*, a generous cutlet wrapped in crispy golden-brown breadcrumbs. The *Wienerschnitzel* on your plate should be veal – Austrian law even requires it – although chicken or pork versions also exist. For the complete schnitzel experience, locals recommend *Figlmüller* or *Schnitzelwirt*.

For lighter fare, try the open-faced sandwiches known as *Brötchen*. You'll find a huge array of the small sandwiches at *Trześniewski*. Patrons wash them down with a *Pfiff*, a wine-glass volume of beer. For street food, stop for some *Wurst* (sausage).

Fittingly, as the capital of a former empire, Vienna also offers international dining, with everything from Croatian to Thai. And if you don't eat schnitzel or other kinds of meat, the city has a decent vegetarian/vegan scene as well.

On warmer days, consider a picnic. Vienna's main market, *Naschmarkt*, which sells everything from spiral-shaped *Kaisersemmel* bread rolls to fresh vegetables, should be your first call for provisions. With a vast variety on offer, you should find plenty for your picnic basket.

## MUSIC IS IN THE AIR

Dressing up for a concert and eagerly awaiting the conductor's appearance are as much a part of Viennese life as red and white flags and the wood-furnished E1 trams plying the Ringstrasse. Beethoven, the Strauss family, Haydn, and of course Mozart are just some of the big names synonymous with the city of the waltz and polka. In fact, more composers have called Vienna home than any other city. Classical music performances continue to excel, and local tastes and discernment are echoed in a consistently impressive programme.

Behind such excellence stands one of the world's finest orchestras, the Vienna Philharmonic, whose new musicians must first pass a three-year probationary period before becoming full-fledged members. The traditional annual New Year's Day concert from the opulent Gold Hall of the *Musikverein*, the ensemble's home, always rounds off with Johann Strauss' *Radetzky March*. Enthusiastic clapping by the audience to the jaunty melody belies Viennese reserve. But if you can't be in Vienna for this prestigious event, numerous other opportunities exist to catch outstanding classical music.

Members of the Vienna Boys Choir undergo rigorous training, but always with sublime results. You can see them perform at the chapel of the Hofburg and at the *Tribute to Vienna* concerts held at the Spanish Riding School, which combine two Viennese icons.

Of course, the enduring appeal of Viennese classical music also extends to opera. The Vienna State Opera looming over its prominent Ringstrasse location boasts exceptional acoustics. With performances some 300 days a year, music lovers have much to choose from. The State Opera also stages ballets. The Theater an der Wien has become an alternative opera venue and offers diverse genres from Baroque to contemporary.

But if your musical tastes lean more to the 21<sup>st</sup> century, you'll find a pop and rock scene as lively as in any other European

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The Palm House at the Vienna Burggarten also includes the Imperial Butterfly House, where visitors can admire hundreds of free-flying butterflies.



The Goldenes Quartier promises a luxurious shopping experience in a historic ambience.



A great way of getting acquainted with Vienna when you first arrive is to take a ride around the Ringstrasse.



Schönbrunn Palace and its gardens are one of Europe's most impressive Baroque palace complexes.

capital. Perhaps surprisingly, considering its traditional musical image, Vienna has an energetic electronic, underground, and experimental music scene. Venues include the buzzing indie club *Flex* and music from all over the world at *Kulturhaus Sargfabrik*.

## OUTDOOR PURSUITS

Vienna sparkles on cloudless spring days and provides plenty of outdoor opportunities. So, get outside and burn off that Sachertorte!

You could stroll to the Prater, a park situated between the city centre and the Danube River. As you approach, the *Riesenrad* (Ferris wheel) looms ever larger. If you've seen *The Third Man*, the 1949 classic film written by Graham Greene and featuring Orson Welles, the giant ring will look familiar. Over 100 years old, the 65-metre-high wheel has been through a lot. In 1944, it caught fire and was almost destroyed; restoration started a year later. With garden-shed proportions, the cabins even host candlelit dinners. A newish rival to the *Riesenrad* is the *Pratersturm* – at 117 metres, it's the world's highest swing carousel.

If you prefer something more sedate, like retail therapy, you'll have plenty to keep you occupied in Vienna, and the old-world appeal of many of the locally-owned shops adds to the charm. Head for Kärntner Strasse, the capital's most famous shopping street. Together with the parallel thoroughfares of Kohlmarkt and Dorotheergasse as well as Graben, which connects the three streets, they form a prestigious retail quartet. If you prefer global high fashion, explore the new Goldenes Quartier (Golden Quarter) west of Stephansplatz.

If you're an urban explorer or architecture buff, you're in for a treat this spring. You can't miss the Jugendstil, or Art Nouveau, for which Vienna is renowned, and 2018 marks 100 years since the deaths of three of the style's leading proponents. Artist Gustav Klimt, architect Otto Wagner, and designer Koloman Moser broke new artistic ground with their work. Leading examples include Wagner's Karlsplatz Stadtbahn pavilion as well as the pristine, white Secession Building by fellow designer Josef Olbrich, an iconic structure that initially sparked outrage.

Attitudes have changed, however, and this year Vienna marks their achievements as well as that of Klimt's protégé, artist Egon Schiele, who also died in 1918. All four names feature in the *Be Ahead of Your Time: Viennese Modernism 2018* exhibition, which is celebrating these giants all year long through a series of events. The programme also examines culture in Vienna between 1890 and 1910, with related exhibitions at the Belvedere, the Kunsthistorisches Museum, the Leopold Museum, and other venues. Check out the exhibition website details.

But don't omit the suburbs from your Art Nouveau tour of Vienna. On the fringes of the city you'll find Wagner's Kirche am Steinhof, which is part of a hospital and one of the most important Art Nouveau churches in the world. It opens its doors to the public only on weekends.

The inner suburbs also yield gems for explorers. The urbane Josefstadt and Neubau neighbourhoods west of the Ringstrasse contrast with the grandiose boulevard. Foisted incongruously onto Neubau is the sinister Flakturm, a brooding wartime anti-aircraft tower. Otherwise, the Biedermeier lanes invite aimless wandering. Be sure to see Spittelberggasse, a neighbourhood hub that hosts a handicraft market beginning in May. It's an excellent spot to conclude your stay in Vienna. **BO**

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## THE GREAT ESCAPE

Once you've gotten to know the city centres, take a step further and explore some of the places nearby. There the air is often fresher, the streets less crowded, and the atmosphere more authentic. Rent a car, get on the train, hop on a bus, and take a day trip. It just might become the highlight of your trip!

### Ghent – the capital of vegetarians

Leave your diplomatic uniform in Brussels, put on your walking shoes, and head to Ghent. In the Late Middle Ages, Ghent was one of the largest and richest cities in northern Europe, and its luscious collection of medieval architecture is a great reminder of that period. Complete with picturesque canals, Ghent is a more easily reachable, less crowded, and more authentic alternative to the famous town of Bruges. And, while Brussels is the centre of the European Union, Ghent is the capital of vegetarians. To raise awareness of the environmental effects of meat production, Thursdays are promoted as meat-free days in the city.

Ghent has a large pedestrian zone, making it very friendly to people on foot or bicycle. As you're navigating through the cobbled streets, make a stop at **Gravensteen Castle**. This 12<sup>th</sup>-century gem has everything you want in a castle: a moat, turrets, and even an exhibition of medieval torture devices. While you're out and about, keep an eye out for some **street art**, too. Some of the world's most famous street artists, such as ROA and Bué the Blue Warrior, are from Ghent. Check out Werregarenstraat, also known as Graffiti Street, for some serious *Instagram* material. But if you're tired of walking, head towards the canal,

Magnificent buildings along  
Korenlei and the Leie River in  
Ghent's Old Town





where you can find numerous companies offering **boat tours**. The trip lasts about 40 minutes and gives you a different view of the city, plus some historical facts from the guide.

Climbing to the **top of the Belfry** is one of the most popular things to do in Ghent. At 91 metres, the 14<sup>th</sup>-century, UNESCO-listed bell tower is the tallest in Belgium. However, the view from **St. Michael's Bridge** is no less astonishing. Moreover, you can see the whole skyline from here, including the bell tower.

Visit **St. Bavo's Cathedral** to admire the beautiful stained-glass windows, the Roman crypts, and *The Conversion of St. Bavo* by Peter Paul Rubens. But the biggest treasure here is Jan and Hubert van Eyck's *The Adoration of the Mystic Lamb*, also known as *The Ghent Altarpiece*. This masterpiece's past is so intriguing that George Clooney even made a film about it. *The Monuments Men* tells the story of a platoon in the Second World War that rescued the famous piece of artwork from Nazi thieves.

Ghent has a considerable share of museums. The **Design Museum Gent** (designmuseumgent.be) pays tribute to the fathers of Art Nouveau, Paul Hankar and Victor Horta, the latter of whom was born in Ghent. The permanent collection contains interiors from the 17<sup>th</sup> to the early 20<sup>th</sup> century. No less noteworthy is the Museum of Fine Arts (mskgent.be), with paintings by Hieronymus Bosch, Peter Paul Rubens, and many other



Street art in Ghent



Cuberdons, or Ghent nose



A traditional Belgian dessert

**Getting to Ghent:** half an hour's train ride from Brussel-Centraal to the Gent-Sint-Pieters railway station.

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Flemish masters. And, of course, there's the City Museum for Contemporary Art, or S.M.A.K. (smak.be), featuring artwork from the 20<sup>th</sup> century, including Joseph Beuys and Andy Warhol.

Ghent has the world's largest number of vegetarian restaurants per capita. In spite of that, the most significant **foodie spot** in the city is the Great Meat Hall, or Groot Vleeshuis (grootvleeshuis.be). This grand old market hall, where a giant piece of ham hangs like a chandelier, offers the freshest and finest of local Flemish produce. You can even have lunch here!

For a **tasty souvenir**, consider cuberdons, or *Ghent nose* (Ghent noses), as they're called in Flemish. These purple, raspberry-flavoured, nose-shaped candies are made with gum arabic and are a treat for any sweet tooth. The story goes that a pharmacist from Ghent had discarded a failed medicinal preparation, but he found that a few days later a crust had formed over the mixture, while the core was still liquid. And that's how cuberdons were born.

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## UTRECHT – a shopper's paradise

Take a break from the multicultural melting pot called Amsterdam, and head to Utrecht to experience a real Dutch city. Here you'll find everything from medieval cobbled streets to a unique two-level canal system and remarkable examples of modern architecture. Utrecht is the birthplace of some of the famous De Stijl art movement masters, including Piet Mondrian. In fact, the most famous building in the city, the Rietveld Schröder House, is considered the only true example of De Stijl architecture and is on the UNESCO list of world heritage sites. But what makes the city special is its myriad of stores. Some say the shopping here is even better than in Amsterdam. It sure is less crowded.

In Utrecht you can climb the highest belfry in the Netherlands. The **Dom Church Tower** offers a spectacular view of the city at both 70 and 95 metres above ground. Along the way, appreciate the magnificent 17<sup>th</sup>-century Hemony carillon and church bells. Since there's no lift, the 465-step climb up is a good way to burn the calories gained from all those *stroopwafels*.

When it comes to Dutch cities, canals are nothing exceptional. However, the **Oudegracht**, which runs through Utrecht, is worth noticing. The 'old canal' is lined with unique wharf-cellar structures, built in the 13<sup>th</sup> century, that create a two-level street along the canals. Today, the banks of the canal have a feast of restaurants and cafés with water-side terraces. Enjoy a beer and a mouthwatering burger at the water-side terrace of *Beers and Barrels*. Situated in a wharf cellar, the bar offers more than 50 beer brands to choose from.

The Dom Tower in the historical centre



Photo by Jurjen Drenth



The Rietveld Schröder House



A café along the Oudegracht canal

**Getting to Utrecht:** less than half an hour's train ride from Amsterdam Central to Utrecht Central. There's also direct service to and from Schiphol Airport.

In Utrecht you can also visit Miffy, the famous character from Dutch picture books drawn and written by Dutch artist Dick Bruna. The **Miffy Museum** ([nijntjemuseum.nl](http://nijntjemuseum.nl)) is an enchanting miniature world of the iconic rabbit, and here young visitors are encouraged to explore, dance, play, and learn. Each room of the museum is dedicated to a different, familiar everyday experience, such as going to the doctor or going to the zoo.

The shopping in Utrecht starts in the Central Station, which is connected with **Hoog Catharijne**, the largest indoor shopping mall in the Netherlands. In addition, the city centre has many department stores, small boutiques, and trendy concept stores. The familiar fashion chain stores can be found on Steenweg, but for local designer items, check out the boutiques on Voorstraat and Schoutenstraat. At *Puha* you'll find clothes and accessories for men and women made by local masters of fashion, while lovely trinkets and home decorations can be found on Zadelstraat and Oudegracht. The best thing is that stores in Utrecht are open seven days a week.

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**LAKE COMO – majestic views with a silken touch**

The city of Como

Like a true fashionista, Milan can get a bit uptight. Fortunately, Lake Como is just a train ride away. Surrounded by dozens of little villages and towns, this is the place to finally experience the famous *dolce far niente* (sweet idleness). Lake Garda may be the largest lake in Italy, but when it comes to charm, Lake Como holds all the aces. The crystal-clear waters, the luxury villas and their picturesque gardens, the promenades, the rows of open-air restaurants, the mountain trails and golf courses... No wonder Lake Como has been a popular destination for the nobility since Roman times and still attracts such names as George Clooney and Richard Branson. The frequent ferry services that operate on the lake let you travel from one village to another quickly and easily.

With a backdrop like this, it would be a sin not to **dine al fresco**. Eat a regional, organic meal at *Trattoria Baita Belvedere* (baitabelvedere.it), with all of Bellagio at your feet. Or enjoy how the sun sets on the lake from the terrace of the *La Vista* restaurant at the *Albergo Milano* hotel in Varenna (varenna.net). For a more informal atmosphere, head to the *Trattoria del Porto* in Careno. The trattoria offers local, homemade meals on a balcony with an enchanting view of the lake. Try one of the local specialties, such as *missoltini* and *pesce persico*.

Lake Como is not just the centre of the region; it is also a capital of the silk industry. The best place to get acquainted with the production of this precious textile and its manufacturing history in Como, which stretches back to the 15<sup>th</sup> century, is the **Educational Silk Museum** (museosetacomo.com). It all started when Ludovico Sforza, the Duke of Milan, decided to plant mulberry trees around Lake Como. Long story short, the silkworms were very delighted with his decision, and many factories arose in the area, producing the most refined silk. The resulting economic boom was only a matter of time. For beautiful, silky souvenirs, make sure to stop by the A. Picci silk store (apicci.it). First opened in 1919, this is the last remaining silk shop in Como selling strictly locally designed and made silk products.

What were once vacation homes for local eminences, now are a main attraction for excursionists. Almost every village in this area has a villa with a spectacular garden. For example, the **Villa Carlotta** in Tremezzo (villacarlotta.it). A former residence



A view on Lake Como



The Silk Museum



Villa Balbianello

**Getting to Lake Como:** an hour's train ride from Milano Centrale to Varenna-Esino.

of a Prussian princess, the villa is a now a significant museum with statues, paintings, and original Neoclassical furniture. James Bond fans must visit the **Villa Balbianello** in Lenno, which plays a significant role in *Casino Royale*, the first Bond movie with Daniel Craig. But for botanical lovers, there are the **Villa Melzi** gardens in Bellagio (giardinidivillamelzi.it), which are preserved with great care by the Gallarati Scotti family, the current owners of the villa.

The Lake Como district is a paradise for cycling enthusiasts. Courageous riders can take on the challenge of the renowned Salita del Ghisallo, a memorable section of the famous Giro d'Italia cycling race. It starts in Bellagio and ends at the **Sanctuary of the Madonna del Ghisallo**, the patron saint of cycling, and the **Museum of Cycling** (lakecomo.it). Lake Como happens to cater to keen golfers as well, being the home of seven prestigious golf courses. For example, the **Menaggio & Cadenabbia Golf Club** (menaggio.org) is the second-oldest golf club in Italy and was established near Lake Como more than a century ago.

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## MALMÖ – a mecca for foodies

When you think nothing is as cool as Copenhagen, just cross the Öresund Bridge to experience real Scandinavian hipness in Malmö. Formerly a grim industrial city, Malmö has been reborn as a youthful hub full of beautiful parks, hip contemporary museums, design boutiques, and an abundance of restaurants and cafés. With over 600 restaurants and cafés, Malmö takes the cake, with Sweden's densest concentration of dining establishments. And that's not all – Malmö is also home to the tallest building in Sweden. The Turning Torso has become something of a symbol of the city's sustainability policy. In fact, Malmö has set a goal of becoming Sweden's most climate-smart city.

To work up an appetite, get on a bike. **500 kilometres of bicycle lanes and trails** criss-cross the city, and you can rent a bike at one of the 50 stations run by *Malmö By Bike*. Make a stop at Folkets Park – a gathering place for locals and home to several clubs, a cultural centre, a dance venue, a playground, and many food trucks. Bike maps can be found on the *Malmö By Bike* app. There's also the *Malmö Bike Tours* company, which offers various types of tours through the city.

If the weather gets too windy, have some thrilling fun at one of the **Sherlocked escape rooms** (sherlocked.se), located in two buildings in the St. Gertrud district of the city. Here you'll be locked into a themed room and have to use clues to get out. The games are all in English. For a less nerve-racking form of entertainment, opt for **Malmö Konsthall** (konsthall.malmo.se), one of Europe's largest exhibition halls for contemporary art.

No trip to Malmö is complete without going to a sauna. Located on the beach pier, you can enjoy saltwater swimming and a sauna year-round at **Ribersborgs Kallbadhus**, a public open-air bath house (ribersborgskallbadhus.se). Didn't bring along a proper outfit? The establishment has separate women's and men's sections, so no swimsuits are required. While you're at the Ribersborg beach, don't miss the view of the **Öresund Bridge**. The bridge even has its own television series – *The Bridge* (Broen/Bron). By the way,



Öresund Bridge



The open-air Ribersborgs Kallbadhus baths



Malmö Saluhall



Cyclists in Davidshall Square

**Getting to Malmö:** Öresund Line trains cross the Öresund Bridge every 20 minutes, connecting Malmö with Copenhagen as well as the Copenhagen Airport. The trip takes around 20 minutes.

Fly to  
Copenhagen  
with airBaltic  
from  
**€35**  
one way

there's also a *Bridge*-themed bus tour of the city for the fans of the Nordic noir TV drama.

For some **gems of Scandinavian design**, pop in at the Form/Design Center, (formdesigncenter.com) which features the very best of Scandinavian design and local handicrafts produced on a small scale. For simple, clean interior items, check out *Granit*. As for fashion, Davidshallstorg Square is dotted with small Scandinavian fashion boutiques. Or shop until you drop at the *Emporia* shopping mall with more than 200 shops and a green rooftop garden with an incredible view.

With three *Michelin*-starred eateries (*Vollmers* even has two stars) and dozens of tasty consequences of the refugee crisis in the form of Syrian restaurants (*Tanoor* and *Jasmin Al Sham*, to name just two), the food scene in Malmö is definitely up-and-coming. The best place to experience it all is at Malmö Saluhall (malmosaluhall.se). The former warehouse has been turned into an **indoor food market** offering quality produce and restaurant outlets such as the *Pink Head Project* ramen joint, the *Hedvigsdal* pizzeria, and the *Malmstens* fish restaurant.

malmotown.com **BO**

Photo by Werner Nystrand

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Text by **ILZE VĪTOLA**  
Photos courtesy of  
**MAJA FLINK**

It may seem that while the rest of the world is busy meeting deadlines and stressing about daily matters, Swedes are calmly enjoying their daily *fika* (Swedish for a coffee break). Do you ever wonder what puts them at such ease? The results of the 72-Hour Cabin project show that the Nordic country's love for being in nature may be part of the answer. 90% of all Swedes believe that spending time outdoors gives more meaning to their lives, and about half of the nation strives to spend time in nature at least once a week.

The project, initiated by *Visit Sweden*, was held in September 2017. Five people from around the world with some of the most stressful jobs were brought

together to spend three days on the peaceful grounds of Henriksholm Island. While they stayed in custom-made glass cabins and engaged in common Swedish outdoor activities such as fishing, swimming, and cooking off the grid, their well-being was examined by leading stress researchers.

The results were fascinating. After three days in nature, their anxiety was gone; they all showed a decrease in blood pressure, stress levels, and heart rate; and they even showed an increase in creativity. The study overwhelmingly proved the positive effects of the 'close-to-nature' lifestyle that is so prevalent in Sweden. Astonished by the results, the organisers of the study have made the charming glass cabins available for public accommodation.

## INTO THE **WILD**

A new case study reveals the significant health benefits of the Swedish 'close to nature' lifestyle, with a 70 percent decrease in stress after only 72 hours. We clarified what is worth changing in one's daily routine and travel habits in order to lessen the anxiety and stress brought on by today's fast pace of life.



## THEY DID IT

Meet the participants of the 72-Hour Cabin project and read what they think now that some time has passed since the experiment took place. Some of the conclusions and promises they've made to themselves will definitely help you as well!



**Chris Leadbeater**, a British travel journalist from London  
Travelling to one place while writing about another – Chris is always on a never-ending run to meet deadlines. And with London's hectic traffic and crowds there's rarely a chance to relax when at home, either. But after spending time in Sweden's natural environment, Chris felt rehabilitated and calm. Months later, however, he admits that the deadlines and work pressure have not changed. 'It's quite hard to make time to simply stop. But I'd be able to switch off again immediately if I were back in the cabin, with that mesmerising view and the Swedish fresh air.' Chris is certain about one thing – he needs a return visit.



**Baqer Keshwani**, an event coordinator from New York  
Being on standby 24/7 and with blurred lines between his professional and private life, Baqer barely has time for himself, not to mention breaking out of the big city to spend time in the countryside. He misses the clean air and the simplicity of life he experienced during the 72-Hour Cabin project. But now when things get overwhelming, he takes a deep breath, closes his eyes, and takes himself back to watching the sunrise from the kayak on Henriksholm Island. 'My stay in nature in Sweden made me realise that sometimes you need to step back and enjoy what's around you. It made me feel more aware of the beauty around me.'



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**Ben Fogle**, a British TV host and explorer from London  
Working as a broadcaster, Ben is always on the move. 'I travel to more than 40 countries each year, sleeping somewhere different each night. He notes that the 72-Hour Cabin experiment gave him a chance to decompress from the stresses of modern life. 'I think an experience like that arms you for life. I'd like to think I will retreat to my own version of the glass huts once a year to rebalance my life.' Ben wishes to return to Sweden's wilderness with his family to enjoy its beauty and tranquillity together with them.



**Marilyne Didier**, a taxi driver from Paris  
Marilyne passes her days in the hectic area around the Paris Nord station. There she endures a sea of people, traffic jams, unpredictable drivers, and antisocial colleagues. After enjoying the calmness of Sweden's natural environment, she made a promise to herself: 'Instead of going on long vacations, I plan to take short holidays more often and spend them in the countryside.'



**Steffi Tauscher**, a police officer in Munich  
From consoling victims to investigating cases of death, the most stressful part of Steffi's job is not knowing what will happen during any given shift. Before the 72-Hour Cabin project, her idea of a vacation was an all-inclusive hotel at a seaside resort. But once she experienced fishing and cooking over a campfire on Henriksholm Island, she realised this was her way of fully unwinding. The experience made her realise that she loves her life but needs to change her perspective and worry far less. The project has also made her change her holiday-planning habits. 'Real relaxation is found in nature and not at resort hotels.' **BO**



# Innovative answer to the major public health problem – deficiency of vitamin D

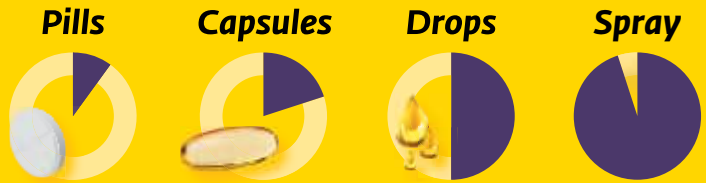
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*Certified nutritionist, Nutrition science Master's degree Mg.sc.sal., Linda Šlēžiņa*

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# DRIVEN: THE 2018 LEXUS NX

The *Lexus NX* is the Japanese company's antidote to formulaic European design, face-lifted for a second time since its launch in 2014.

Sitting a rung below the *BMW X5*-rivaling *RX*, the *NX* has been a big seller for this brand, accounting for almost a third of its European sales and in 2017 outselling the *CT200h* luxo-hatch at a ratio of three to one. A large part of its appeal has always been the acute, concept-car-esque geometry of its bodywork.

For 2018 the changes are subtle but prolong the impact of the head-turning looks that make it almost a caricature next to the more restrained likes of the *Volvo XC60*, *Audi Q5*, and *Mercedes-Benz GLC*. The gaping spindle grille is now more aggressive and flanked by more deeply recessed air intakes. The bumpers have also been finessed, and the LED headlights are not only sleeker in design but also incorporate *Lexus'* Adaptive High-beam System. The indicators now illuminate in a 'sequential' fashion, in the style first seen on expensive *Audis*.

*Lexus* has also given the *NX* its Safety System Plus technology, which comprises a pre-collision warning and emergency braking system, adaptive cruise control, adaptive high-beam headlights (that is, headlights capable of selectively illuminating the road ahead in such a way that other drivers aren't

constantly dazzled), lane-departure warning, and road-sign assist. The last of these reiterates speed limits and such on the infotainment display.

One more thing: *Lexus* has axed the 2.0-litre turbocharged *NX200t* for 2018, leaving the hybrid *300h* tested here as the only option.

## What's it like?

The interior remains a highlight, even if the instrument dials still sit unusually low and the enlarged infotainment screen, now 10.3 inches, sits atop the dash. *Lexus* does cabins very differently from the German marques, with copious switchgear and the use of novel materials to clad an architecture that favours rigid strata over flowing curves. Build quality feels very high indeed, and the driving position is widely adjustable, with well-bolstered seats.

The driving experience is characterised by a ride that's satisfactory on good roads and a method of propulsion that's laudably refined at a cruise but a bit raucous under acceleration. To get the best out of the Hybrid Drive powertrain – a system consisting of a four-cylinder petrol engine, an electric drive motor, and a slave motor, all permitted to spin



independently through a planetary gearset – you have to play by its rules. Carpet-grazing throttle inputs are rewarded with an unpleasant flurry of revs, so smooth, quick progress is a matter of conserving momentum and gently massaging power out of the Hybrid Drive when you can.

The *NX300h* is, however, capable of impressive cross-country pace, with well-controlled body roll and intuitive steering. In low-speed traffic the *NX300h* remains a cut above its un-electrified rivals thanks to its ability to glide off the



**In either scenario, the *NX300h's* trump card is its efficiency**

mark silently. You have to experience this to realise how calming a sensation it is, particularly in comparison to the stop-start systems on non-hybrid rivals, which are constantly firing up the engine.

## Should I buy one?

It depends on your priorities. The hybrid powertrain is going to feel recalcitrant to keen drivers familiar with a traditional setup, and, despite its accuracy, the artificial feel through the steering won't please everybody. Not that such things will necessarily bother those with more steady-state driving habits, be it motorway cruising or a congested commute. In either scenario, the *NX300h's* trump card is its efficiency. For many, that, the indulgence of the interior, and the unusual design will be enough. **BO**



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Publicity photos

# Living by the sea



The Easter Island weekend home – an exclusive and internationally recognised property in Kaltene on the Latvian coast

**T**his weekend home surrounded by the sea makes it possible to live an easy and unconstrained life. There is nothing superfluous here, just the basic necessities and a very purified space,' says world-renowned Latvian architect Zaiga Gaile. Easter Island, as the home is referred to, has become a gem of global architecture. Gaile and her husband, Māris Gailis, discovered the building one Easter morning while taking a stroll along the beach in Kaltene. They saw the rough beauty in the semi-collapsed Soviet-era structure and imagined how they could 'tame' the building and turn it into a home.

In 2005 the Gailis couple purchased the crumbling building located on an artificial peninsula, at the end of 300-metre-long stone breakwater. It had been built as a pumping station for a salmon cannery but was never used for that purpose. Gaile and her husband transformed the building into the Easter Island weekend home, and for a decade now it has been seen globally as a very significant example of modern architecture. In 2010 the project won the International Architecture Award organised by the Chicago Athenaeum Museum of Architecture and Design. It was also a longlist finalist for the WAN (World Architecture News) House of the Year Award in 2009.

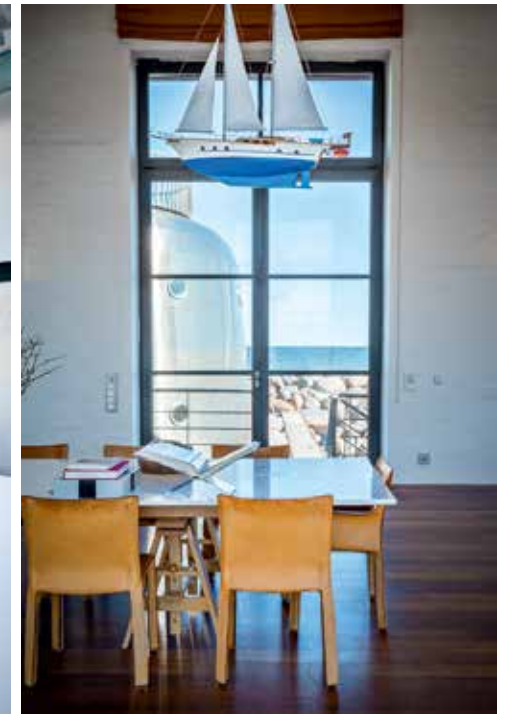
During the reconstruction, the Gailis couple wanted to blend the industrial environment of the building with the highest standards of 21<sup>st</sup>-century comfort. They therefore preserved the old Soviet architectural details and integrated them into a modern design. The colour palette is also close to that of the original building, the aim being to alter the accustomed landscape of Kaltene as little as possible. The size of the pumping station and the original positioning of the windows have been preserved, although the window openings have been extended down to ground level.

Gaile's vision was to create a space that strives for purification, a place where sunrises and sunsets can be experienced. It is minimalist and complements the horizon on the sea. It is a place for clear thoughts and concentration on what is essential in life. The house lives organically between the sea, the sky, and the rocks.

The reconstructed building has three parts. At the centre is a large hall, with a two-storey flat for the owners at one end and four two-storey guest flats at the other end. The garage has room for two cars and contains a manager's flat on the second storey. In all, the house has five bedrooms (one master bedroom and four guest rooms), five work rooms (one in the manager's flat and four in the guest rooms), and a living room with a kitchen and leisure zones.

The 'Nautilus' bathhouse and sauna is located on the beach behind the main building. It is clad in stainless steel and resembles a submarine. The yacht port next to Easter Island is registered in the international register of ports as a private seasonal yacht port. In front of the house is a helicopter landing pad with a concrete slab surface.

Kaltene is a seaside village in the Roja administrative district of Latvia. It is located on the western shore of the Gulf of Riga, far from the hustle and bustle of the city. Kaltene is 119 kilometres from Riga and 7 kilometres from the nearest town, Roja. The beach at Kaltene is a unique place where one can relax undisturbed throughout the year. The beach is especially quiet in winter, when there are hardly any holidaymakers, but it is also a true oasis of leisure in summer. The fresh sea air and view of the expansive horizon generate a sense of freedom that is impossible to feel in the big city. **BO**



**Latio**  
Real Estate

The Easter Island weekend home is for sale. If you are interested and want to arrange a viewing, or want to learn more about the terms of purchase, contact Līga Igala, an agent with the *Latio* real estate company.

Mobile: +371 26553039  
Email: [liga.igala@latio.lv](mailto:liga.igala@latio.lv)  
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## Volvo XC60: A Scandinavian turn

What does the heir apparent to the car that spent nine years as the top premium mid-sized SUV have to be like? Clearly, it's got to be dazzling.

Fortunately, the makers of the new *Volvo XC60* had an excellent, inspiring example right in front of their eyes – the Swedish brand's large, SUV-class *XC90*. After all, both cars are created on one and the same platform, Scalable Product Architecture (SPA). However, the *XC60* became the first compact SUV born of the technological concept the Swedes consider to be one of the most advanced modular platforms in the world. The next fruits from this so-called tree will bear the familiar *Volvo* names *S60* and *V60*, but they will probably not generate the same amount of heartfelt excitement and surprise as the *XC60*.

Just starting up the engine is enough of a ritual. The car comes to life not by means of pressing a banal start button; instead, it's a refined lever. Turn it to the right, sir.

The *XC60* can truly be seen as a smaller version of the *XC90*, with all of the resulting advantages: less weight, a narrower turning radius, and a lower price. Look under the

bonnet, though, and you'll find unexpected social equality – the *XC60* even comes in an environmentally more friendly *T8* model whose 2.0-litre petrol engine is combined with an electric engine. In addition to an impressive 407 hp, the *T8* lets drivers switch to electric power for a part of their daily drive. This is enabled by the plug-in hybrid system, which, unlike a regular hybrid car, can be charged from your domestic electrical network.

However, due to price and practicality, most *XC60* buyers will stay with a single internal combustion engine concept. And they will not be disappointed. The unified *Volvo* 2.0-litre turbocharged series is comfortably and practically divided into diesel and petrol counterparts, which are named accordingly the *D4*, *D5*, *T5*, and *T6*. In automatic models, 190–320 horsepower is ensured by a smooth eight-speed transmission that provides almost constant torque to all four wheels. Still, *Volvo* has retained the limited ability to operate the

new *XC60* with front-wheel drive and a manual gearbox – albeit not in the same car.

If we take a step back and look at the *Volvo XC60* as a whole, it doesn't seem that one should willingly say no to anything. Instead, the opposite is more likely. *Volvo's* characteristic 'Thor's hammer' LED headlights and the expressive rear with its boot-embracing lights together form a manifesto of confident Nordic engineering. And if that still seems too little, the R-Design package and unbelievably large wheels will dissipate any stereotypes of Scandinavian restraint.

### Take a Bow(ers)

There is likewise no restraint in the sleek, refined interior. Considering the demands set out by the stiff competition in this ultra-popular premium SUV segment and the wide range of choices available, it's no wonder that *Volvo* has opted for the only logical solution for the interior's arrangement – namely, transferring everything from the

*XC90*, including the large 'tablet' on the centre console.

The 9.0-inch touchscreen display takes care of all of the necessary functions, leaving only a few direct-access buttons on the dark, shiny panel. Controlling the volume with a real rotary knob is so pleasant that one wishes the interior temperature could be regulated the same way. As it turns out, adjusting the climate inside the *XC60* requires at least a short focus on the 'tablet'. If something unexpected appears in front of the car while the driver is looking away, one of the many driver assistance features will definitely notice it first.

Naturally, the top-spec Inscription level costs more, but it's worth it. Soft leather upholstery, driftwood interior trim, more exterior chrome, and a full-size instrument panel are just the beginning, and the *Bowers & Wilkins* audio system is definitely something you'll want to consider.

If for whatever reason the sound system is turned off, the *Volvo XC60* captivates with

its driving energy, which is not always a given when it comes to its larger predecessor. Fans of petrol engines will be difficult to dissuade from the 320 hp *T6*, but our wager is on the *D5* with 235 hp and *Volvo's* own *PowerPulse* technology.

When the accelerator pedal is pressed, the diesel engine cylinders are filled not only with generous air from two turbochargers but also a sharp burst from a tank of compressed air. The more air, the more oxygen – and the more oxygen, the more power. It's really that simple. But that doesn't mean that the *XC60 D4* (which has 190 hp and a traditional forced air supply mechanism) pales in comparison to the *D5*. After all, one second more to 100 km/h is just one second. In the sustainable Scandinavian approach to life, that's practically nothing.

Next to the start knob you'll find a matching roller switch – standard in Inscription and R-Design spec levels. It controls the four different drive modes, one of which is labelled 'off-road' and intended

for more difficult terrain and speeds under 40 km/h. Off-road mode is not available at higher speeds, which will encourage drivers to turn back onto a proper driving surface, switch to dynamic mode, and surrender to the security of the sculpted leather seats. Passengers will be thankful, too, although they enjoy just as much comfort in the back seat and, in certain cases, even their own climate control system.

The differences in the *Volvo XC60's* temperament and mood depending on the various drive-mode settings are even more noticeable if the air suspension is enabled. But that's an optional extra. However, even with standard springs the *XC60* proves that *Volvo* has listened to the owners and drivers of the previous model and has given its new SUV plenty of character and dynamism. But rest assured, both of these traits are still within the limits of propriety and therefore do not jeopardise *Volvo's* traditional values of functional comfort and providing an astonishing level of safety. **BO**





## Experience great food and a warm welcome at Riga Airport!

Three conceptually different places offering excellent meals and drinks in relaxing atmospheres have recently opened at Riga International Airport. From exceptional seafood to burgers, from bars to restaurants, from a view of the airfield to a secluded corner booth – you're sure to find something delicious at each establishment.

### **Asparagoose – a healthy lifestyle for everyone**

The concept at the *Asparagoose* café is based on the conviction that eating a healthy and balanced diet is not just a fad but a way of life that gives balance to your daily work and moments of rest. Delicious, natural and balanced food provides the foundation for a healthy body and spiritual development. *Asparagoose* at Riga International Airport offers only top-quality produce and a wide range of healthy and organic choices.

*Asparagoose* is an excellent choice for vegans, vegetarians, and people who simply enjoy good-quality organic food. The chefs add no extra sugar to the meals served in the café and also favour low-salt recipes. Cooking at low temperatures preserves the texture and natural flavours of the foods and preserves their nutritional value.

The extensive menu includes fresh juice, smoothies, organic coffee, nut milk, detox water, yogurts, fruit mixes, soups, wraps, salads, sandwiches, and healthy main dishes.

### **Easy Wine – spoil your taste buds**

The *Easy Wine* bar is a place where excellent wine and champagne meet fresh, high-quality food and friendly prices. Here everyone can find a wine suited to their taste. If you've not yet found your favourite in the wide world of wines, *Easy Wine* is a great opportunity to do so in an easy and simple way.

Thanks to the bar's special wine-dispensing machines, the wine is kept at the perfect temperature for up to one month without losing its quality or taste. The dispensing machines feature such high-class wines as Sancerre, Chablis, Brunello, Barolo, and others. For champagne lovers it offers premium-class *Moët & Chandon* Brut Imperial, *Moët & Chandon* Brut Imperial Rose, *Veuve Clicquot Ponsardin* Vintage Reserve, *Krug* Grande Cuvee Blanc, *Dom Pérignon* Grand Vintage, and *Ruinart* Blancs de Blancs.

Good wine is unthinkable without excellent food. That's why *Easy Wine* also pays close attention to food, which its chefs cook fresh every day using top-quality ingredients. Each of the dishes at *Easy Wine* is specially designed to be paired with a specific wine or champagne. The bar also offers such sophisticated gourmet combinations as oysters and champagne.

*Easy Wine's* varied and large breakfast menu includes favourites from around the world: English breakfast, eggs Benedict, Spanish omelette, pancakes, and more. The bar also offers a variety of seafood dishes (such as oysters, tuna, and salmon steaks), pasta (seafood, meat, vegetarian), soups, and snacks (such as salmon gravlax, tuna tartare, cheese platter, and olives).

### **TickerDaze – destined to capture a variety of crowds**

The gourmet gastro-sports bar *TickerDaze* is a home away from home for lively young tourists, attracting sports fans, families, and business travellers alike. It features a fantastic environment for all sports lovers, with TVs broadcasting winter sports championships, football games, basketball tournaments, and other sporting events.

The bar's menu has an overwhelming array of beverage choices: local and international beers served with heated nuts on the side, wines and champagnes, a wide range of excellent spirits, well-prepared cocktails, and an assortment of both hot and cold non-alcoholic beverages. The menu features a variety of satisfying hamburgers, including *TickerDaze's* signature Mini Burger Trio, all served with fries and a salad. The bar also has special breakfast dishes, snacks, pastas, pizzas, and desserts.

The decor perfects the ambience at *TickerDaze*. From the basketball court flooring to the numbered wooden tables, all of the details fit the airport environment while also following the sports theme. Vintage sports equipment embellishes the whole space, and the bar also takes pride in its Wall of Fame displaying sports memorabilia from famous Latvian athletes.

Located right in the centre of Riga Airport, you can't miss *TickerDaze*. Just follow the retro-style music. **BO**



*Asparagoose* – fresh and healthy food



Interior and wine-dispensing machines at *Easy Wine*



Gastro-sports bar *TickerDaze*





## Nissan Navara Trek-1° –

### a premium pick-up for real men

Already in 2016 the *Nissan Navara* was in the news for being crowned pick-up of the year. Now *Nissan* has made this car even more attractive by releasing the special *Trek-1°* edition.

#### Equipment worthy of a premium car

The vehicle's naming is no coincidence: Trek refers to driving in serious off-road conditions, and 1° is the geographical location of the desert in the Navarre region in Spain.

*Nissan Navara* is made for just such, and even more extreme, adventures.

It is already verified that even people who think pick-ups are merely vehicles for rural work turn their heads to take in the stylish exterior of the *Trek-1°*. When settling into the leather seats and looking at the front panel with its 7-inch touchscreen information system, it's difficult to see any difference between this and many high-end, modern SUVs. The vehicle is equipped with a *Bluetooth* hands-free phone system, dual zone climate control, a 360-degree Around-View Monitor, cruise control, and LED headlights supplemented with powerful laser spot lamps on the roll bar.

The *Navara Trek-1°*'s masculine character is emphasised by black side bars and 18-inch alloy wheels. Of course, the car is equipped with a trailer hitch. One just has to decide which exterior colour to choose. The *Navara* is offered in metallic black or pearlescent white, the latter available only for the exclusive *Trek-1°*.



Some might find it difficult to imagine that a car with such a range of comfort features can be used as a work horse. But today's pick-ups have a much more active lifestyle than their predecessors. An increasing number of buyers are choosing it as a lifestyle car or as a means of transportation for an exciting family road trip. The *Navara Trek-1°* is a great example of such a vehicle and is one of the most exclusive offers in the premium pick-up segment.

#### Convincing power and a comfortable ride

The 2.3-litre twin-turbo diesel engine with a 7-speed automatic transmission is a perfect fit for *Navara*'s high-end model. The 450 Nm torque conceals the car's weight and lets the vehicle accelerate dynamically. But at 6,9 litres per 100 km the official fuel consumption is very reasonable.

By the way, it was the *Navara* that started the revolution in the pick-up segment by being the first dual-cab pick-up and replacing the traditional leaf-sprung rear suspension with a multi-link coil suspension, thus considerably improving driving comfort. At its core it remains a traditional pick up, but driving it is as easy as driving a crossover.

#### Made for our region

22.4 cm clearance, part-time 4WD with rear differential lock, electronic limited slip differential, and other support systems make the *Navara Trek-1°* an off-road king. And if you manage to find a terrain that the *Navara* cannot overcome, we do not recommend attempting it with any other car.

Another important aspect is *Nissan*'s very favourable warranty terms. The vehicle comes with a 5-year / 160,000 km manufacturer warranty and *Nissan* Roadside Assistance. Annual servicing is not required while mileage is low – *Nissan*'s servicing intervals are 24 months / 30,000 km. Furthermore, there's a 12-year corrosion warranty. One more figure should be mentioned here: 1500. That's the exact number of vehicles of this exclusive *Navara Trek-1°* edition to be brought to the European market – and not one more. **BO**

Source: *Nissan Nordic Europe OY*



Publicity photos

# CyberKnife M6 – stopping tumours without surgery

In cases when a tumour cannot be surgically removed or its removal could cause permanent damage or side effects for the patient, the professional specialists at the Stereotactic Radiosurgery Center Sigulda (SRC) can help.

Using CyberKnife M6, the most modern radiosurgery device in eastern Europe, they can focus a precise dose of radiation to stop a tumour in even the most difficult to reach location. This therapy has been available at SRC for already two years. The centre is affiliated with the Sigulda Hospital.

‘We can now treat any patient who has been recommended radiosurgery with CyberKnife, and we can do so as well as any radiosurgery centre in Germany, Italy, or the United States,’ says Māris Skromanis, the manager at SRC Sigulda.

‘In our first year we mostly treated patients with benign or less benign brain tumours, but over time our number of patients with localised tumours elsewhere in the body has greatly increased. These include tumours and metastatic tumours in the prostate, lungs, liver, kidneys, spine, and spinal cord. Our number of patients with uveal melanoma and brain arteriovenous malformations, or a tangle of abnormal blood vessels, has also increased,’ continues Skromanis.

The success of the CyberKnife M6 device is based on its ability to deliver a large dose of radiation very precisely, targeting only the affected tissues and thus protecting healthy tissues nearby. It renders the tumour inactive, causing it, in effect, to gradually dry up. During the procedure, which takes about 35–40 minutes, the patient need only lie comfortably and calmly while the robotised device does its work.

In the two years since they’ve been working with CyberKnife, the specialists in Sigulda have helped more than 200 patients. Their experience with radiosurgery, however, stretches back to 2009, with more than 1200 patients treated using previous generations of CyberKnife and Novalis Tx radiosurgery devices. Currently about half of the patients treated at SRC Sigulda are from abroad. The majority come from Lithuania and Ukraine, but some have travelled from Georgia, Romania, Great Britain, Ireland, Moldova, and even as far as Brazil. Here a few of the centre’s patients share their experiences:



Dr. Māris Mežekis

### I don’t want a second stroke

Agne (30), works in the financial sector in Lithuania:

‘I landed in the hospital with a stroke, and it was discovered that I have an inherited pathological mass of blood vessels called an arteriovenous malformation, which had caused the stroke. The doctors said that if I don’t want to have another stroke, I could only be saved with radiosurgery. They told me that the procedure was available right here, in neighbouring Latvia, in Sigulda, and so I would not have to travel very far.

‘Of course, I didn’t have to think twice. On April 27, 2016, I came here for a consultation, and the procedure was done a couple of days later. I had to lie still for about 40 minutes, and I did not feel ill or anything. The approach of the staff in Sigulda is professional, understanding, and friendly. They explained everything to me beforehand. The staff is simply wonderful. On my way home I even wondered whether everything that had happened there was real or just a dream (laughs). It’s been almost two years now, and I have not had another stroke.’

### I chose the safest and easiest option

Arthur (62), a ship inspector from Sweden:

‘I first noticed the acoustic neuroma in September 2015, when I was on a flight back to Latvia, and my ear began to hurt as the airplane decreased its altitude. The pain went away, but a few days later my ear still felt like it was full of cotton. I saw several otolaryngologists, and it turned out that my ability to hear had already dropped to about half of what it was before. When they did an MRI, they found a small tumour had developed at the end of the hearing nerve.

‘Of course, at first I was happy that the tumour was benign. But then I began studying about acoustic neuromas on the internet. There was a lot of information on German websites, and also about CyberKnife, which

my doctor had told me about. He said that a new centre was opening in Sigulda and that CyberKnife would be available there. He reassured me and recommended I try it. The procedure is considered the safest, easiest, and most successful way to treat my condition.

‘I sent the disc and description of my MRI to Sigulda, and they replied that they could help me. I underwent the radiosurgery procedure already in mid-February of 2016. At my first check-up, six months later, the doctors confirmed that my tumour was not growing any larger. Now, two years later, the tumour has shrunk a little and does not bother me anymore. That stuffed-up feeling in my ear is gone. I can even use the cell phone with this ear and hear everything.’

### If there are alternative treatments, I want to know about them

Gatis (44), a doctor from Latvia:

‘During a preventative examination in October 2016, my tests showed an increased prostate-specific antigen (PSA) level of 11.3 ng/ml (the normal threshold ends at 4.0 ng/ml), but I had no symptoms. A repeated test one week later still showed an increased PSA level, and therefore I made an appointment with a urologist.

‘The urologist performed a transrectal ultrasonography with a targeted prostate biopsy in order to specify a diagnosis, and atypical cells were found in one out of twelve samples. In November, based on the biopsy results, the diagnosis of prostate cancer was confirmed. An MRI also confirmed a new formation in the left lobe of my prostate without extracapsular growth.

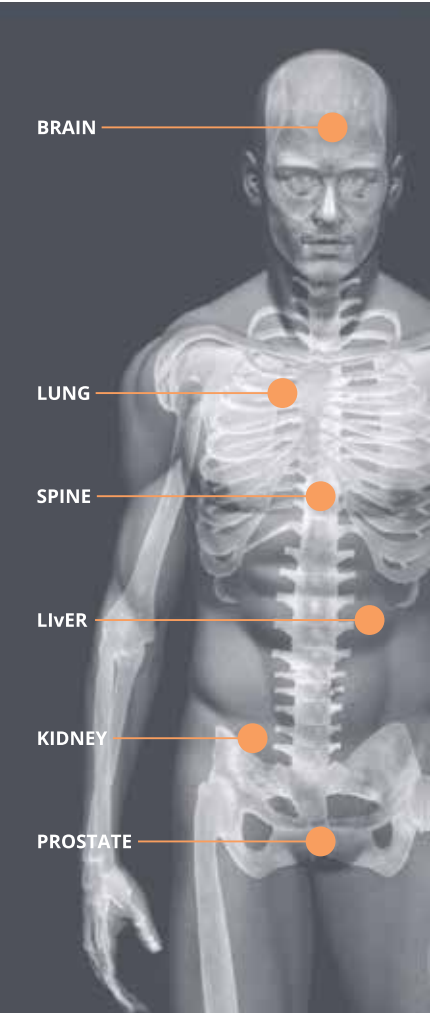
‘What to do? Considering all the aspects – my age, the PSA index, a Gleason score of 7, the MRI findings – the urologist offered radical treatment methods like prostatectomy, or the surgical removal of the prostate. The physician also informed me about possible complications after the surgery, including complete loss of potency and incontinence

of varied severity. Faced with the seriousness of the situation and the side effects of surgical treatment, I started to look for tumour treatment alternatives. If I was 80 years old, I would not have given surgery a second thought, but if there are alternative treatments, I want to know about them.

‘Later that spring I found information on the internet about robotic stereotactic radiosurgery treatment possibilities in Sigulda and made an appointment with a radiation therapist. As recommended by the radiation therapist, I had a 68Ga-PSMA positron emission tomography (PET) done, which is currently recognised as the most precise diagnostic method for prostate cancer in order to determine possible tumour cells outside the prostate. Thank God, the tumour was localised only in one lobe of my prostate, and no cells had spread outside it.

‘I started treatment in March 2017. I can confirm that the radiosurgery centre at the Sigulda Hospital is a very up-to-date and patient-friendly establishment. In my case, I was able to drive my own car to have the procedure done, which took place over five successive days. Each session lasted approximately one hour, during which I lay peacefully and felt no pain. After the session I drove home, all on my own. Even though I had taken off time from work to have the procedure done, I think it would not be a problem to keep working during the treatment.

‘I had slight complaints for about one week after the treatment, which I had already been warned about. Initially, I had difficult and more frequent urination due to oedema and more frequent elimination due to irritation, because the prostate is located very close to the colon. But I observed the recommendations given by the specialists, and the side effects subsided within a few weeks. Three months after the radiosurgery treatment, my PSA indexes were back to the norm. At present I feel good. My potency



has been preserved, and I have no routine problems with urination. The more frequent elimination could perhaps be an issue, but I call it nonsense. I continue to have my PSA levels checked regularly and am having the situation observed by the urologist on an out-patient basis. I am also still in contact with the radiosurgery centre’s specialists regarding the efficacy of my therapy.

‘I am grateful to the staff at the Sigulda Hospital Radiosurgery Center and especially Dr. Māris Mežekis for being responsive, comprehensive, and professional.’

Starting from your first visit, the success of your recovery in the shortest time possible becomes the priority of the SRC’s highly qualified team. The professional staff is with you every step of the way to recovery, providing treatment that is individually tailored to your needs. In our view, professionalism means both adhering to high medical and service standards and ensuring the confidentiality of patients’ records.

SRC Sigulda is located in one of Latvia’s most beautiful cities, Sigulda. It is about an hour’s drive from the Riga city centre, in the beautiful surroundings of Gauja National Park. This city was intentionally selected as the location for the centre so that during their treatment patients can spend time in an enjoyable environment outside of the big city while simultaneously receiving the highest standards of medical care, services, and confidentiality.

**STEREOTACTIC  
RADIOLOGY  
CENTER  
SIGULDA**

Sigulda Hospital  
Radiosurgery center  
Lakstīgalas iela 13  
Sigulda, Latvia, LV 2150  
Phone: +371 20270077  
cyberknife-sigulda.com



Publicity photos



Allure bath – take time for yourself



Lars Sumberg, the general manager of *Balteco*

## Inspired by refreshing Nordic nature

For the past 28 years *Balteco* has designed and manufactured baths, massage baths, bathroom furniture, shower corners, shower walls, steam saunas, and minipools in Estonia.

**B**alteco has dedicated its work to product design and development involving a wide spectrum of bathroom products. The company has become one of the leading bath manufacturers in northern Europe, with its products being sold in dozens of countries, on three different continents, and also being highly regarded in the United States and Australia. The company's minimalist, high-quality baths serve as its calling card.

The keywords describing *Balteco* today are Scandinavian design, complete solutions for bathrooms, and high-quality materials and products. In terms of price class, form, and finish, all of its bath collections can be combined with suitable furniture, basins, shower trays, and glass partition walls.

General Manager Lars Sumberg provides a closer look at the company's values: 'We have a

great appreciation for and place an emphasis on design and quality, and for this reason all of *Balteco's* products are, without exception, the creations of a highly competent and experienced development team consisting of several designers and engineers.'

Over the past few years stone baths in particular have enjoyed success, with their popularity increasing steadily around the world. The bath itself wins the hearts of buyers with its warmth and discernible comfort. *Xonyx*, also known by its official common name 'solid surface', is a material that is silky smooth and pleasantly warm to the touch. On the practical side, the important thing is that *Balteco* baths are created for maximum comfort, offer years of durability, and are easy to clean. *Balteco's* catalogue includes a large number of *Xonyx* massive

stone baths with international names such as *Allure*, *Azur*, *Fiore*, *Flo*, *Integra*, *Senso*, *Mezzo*, *Piano*, *Vero*, etc.

Sumberg continues: 'We spent years developing – and are continuing to develop – the formula for our original material, with the end result clearly visible in all *Xonyx* massive stone baths. Even though there are many solid surface manufacturers in the world today, no two are alike. In a state of increased competition, we have been given a clear advantage by our minimalist Nordic design and the excellent quality of our baths. We have successfully passed various independent quality tests. The tests have assessed the strength of the material, surface soundness, rigidity, resistance to temperature fluctuations, and ease of cleaning. *Balteco's* design signature conforms to the principle of "less is more". The product, which has not been overdesigned, speaks to the knowledgeable client about design and is much better at standing the test of time. It is our wish that the correctly chosen tub would act as a natural accent in the room, while not being too dominant.'

*Balteco's* clients are home decorators with contemporary tastes, with the majority of *Balteco's* baths finding their way into new developments and luxury homes. At the same time, knowledgeable clients are increasingly utilising the help of interior designers. On average, bathrooms are renovated every 10–15 years, and *Balteco's* selection of products offers a sure bet in the form of high-quality, classic style. In addition, there are several *Xonyx* freestanding baths with reduced dimensions available, which take into account the smaller bathrooms that are so often characteristic of Scandinavia. 'In many homes, our main clients are children. Acrylic baths and stone baths in the shape of a straight line and deeper than average are practical and also efficient, allowing the smallest members of the family to pleasantly splash about in the bath in the evenings, but not wasting too much water,' notes Sumberg, citing an example of sustainable consumption.

The most popular bath colour is classic white, although *Balteco's* selection of stone baths also offers bold contrasts and playfulness. Based on the wishes of the customer, it is possible to select tones for the exterior surfaces of baths and basins from the RAL colour catalogue. The outer panel of the bath is painted in the tone that is right for you, while the inside of the bath remains silky white.

After all, the bathroom is a place where peace and a pleasant sense of well-being and harmony should reign. It is always more enjoyable to perform daily hygiene practices in a functional and cosy environment. Home is the place where people can feel their best. **BO** balteco.com



Azur stone bath



Balteco Flo stone bath



Fiore black stone bath



The *Balteco* stand at the world's largest sanitary ware fair, ISH 2017 in Frankfurt

*Balteco* operates in 30 foreign countries. A total of 70% of *Balteco's* products are exported. The largest foreign markets are Finland, Norway, Belgium, Switzerland, Latvia, and Lithuania. *Balteco's* stone baths can be found, for example, in the *Qatar Doha Hilton Hotel* as well as the *Hotel Telegraaf*, one of the most luxurious hotels in Tallinn, Estonia.

**BALTECO**  
BATHROOMS





Photos by  
**EDMUNDS BRENCIS**  
(Picture Agency)

## ***SILK*** – classic execution of classic Uzbek cuisine



*Silk's* chef  
Abdushukurillo  
Abdumalikov



Dzirnavu iela 57, Riga  
Reservations:  
+371 28622888  
Open: Sun–Thu  
12.00–22.00  
Fri–Sat 12.00–24.00  
silkroad.lv

Silk appeared on Riga's map of restaurants at the end of last year. Located right in the centre of the city, it offers authentic, traditional Uzbek cuisine and invites everyone into its vividly decorated space to try foods and flavours that are perhaps not as well known to northerners.

'Authentic Uzbek cuisine' is not just a slogan to lure visitors inside. The team in the kitchen at *Silk* consists of chefs from Uzbekistan who know their stuff and are ready to bring a touch of their culture into the heart of Riga. The menu also provides insight into the history of Uzbek national foods.

Although meat plays a major role in Uzbek cuisine, the restaurant has taken all diners into consideration, including those who prefer fish or no meat at all. Therefore, in addition to traditional *plov*, the menu at *Silk* also includes, for example, zander and a *kharavats* made of eggplant. In the short time since it opened, guests have also declared the restaurant's *chebureks* and *samsas* (both the mutton and vegetarian versions with pumpkin or cheese



and greens) as some of their favourite foods on the menu. While the foods served at *Silk* are quite unusual for many of the restaurant's guests, diners have called the authentic *plov*, *chebureks*, and *dolmas* their top choices when ordering a meal.

The breads and pastries are made in a *tandir* oven, the kind used even by kitchen virtuosi like Gordon Ramsay. Naturally, *Silk* also serves traditional *shashliks* and *pelmeni*, the latter made from a dough that is hand-made on site. The shashliks are prepared on an exclusive robata grill, which requires no further explanation among gourmets. Although the restaurant does not have a separate children's menu, guests have commented that most of the foods are suited to and popular amongst the youngest diners as well. Besides, the kitchen team is also open to special requests. While guests wait for their meals to arrive, the children can keep busy in the fun children's corner.

The ingredients help make the food at *Silk* as authentic as possible. For example, many of the fruits and vegetables – including the yellow carrots, which cannot be found in Latvia – are imported from

Uzbekistan specially for the restaurant. A small shop selling produce from Uzbekistan will soon open next to the restaurant, where you'll be able to find many of the fruits, vegetables, nuts, jams, and other foods used by the chefs.

The lamb meat served at *Silk* is sourced from organic farms in Latvia. The wine list, which includes a hundred well-known and popular types of wine from around the world, has been developed to best complement the unique features of Uzbek cuisine. It's not true that you need to drink vodka when eating *plov*! A red wine also goes very nicely with the dish and is considered a traditional enough combination. The drinks menu also has a large variety of green teas, which are particularly welcome at this time of year.

*Silk's* dining rooms are located on two floors and can seat up to 200 guests. The interior is large and richly furnished, with the tables and various ornamental details crafted in Uzbekistan. For those who wish to celebrate a special occasion with Uzbek flavour, *Silk* also provides catering services and is happy to bring the charm of traditional Uzbek cuisine to other venues. **BO**





## Garšvieta Riits – the power of taste

Everything good starts close to home, which is how the idea of *Riits* was born – a friendly, hospitable, and vibrant place that uses the highest-quality seasonal products, mostly locally sourced, and turns them into what could be called the new, modern Latvian cuisine.



restoransriits.lv  
Address: Dzirnavu iela 72, Riga  
Opening hours:  
Mon 12.00–23.00  
Tue–Sun 9.00–23.00

Photos by  
**EDMUNDS BRENCIS**  
(Picture Agency)

The team at *Riits* are true enthusiasts for organic produce and have travelled around Latvia to get to know smaller and larger organic producers and to bring their produce to this vibrant *garšvieta* (meaning ‘flavour spot’ or ‘taste spot’ in Latvian), where it can all be enjoyed by us, too.

The place is modern and chic, and simultaneously very cosy. Is it the restaurant’s quirkiness that lets it pull off the combination? That’s very likely, because when you feel like you’ve taken the view in and sit back in a comfortable seat, you suddenly notice, for example, that one of the walls is completely covered with hundreds of egg cartons. This is no coincidence, because the team has recently started raising quails, and anyway, eggs are a kind of a passion here – the

breakfast menu is right to the point with the most desirable home-like egg dishes that an empty stomach could dream up.

This goes equally well (and, obviously, not by accident) with the name of the place – *Riits*. In the official spelling *rīts*, the name means ‘morning’ in Latvian. For the owner of *Riits*, the idea of morning goes hand in hand with the adjectives fresh, brisk, lively, sunny, healthy, and enthusiastic. Everything begins in the morning. It’s the idea of rising and shining in the anticipation of what’s to come that inspired the team.

As for the idea of being a ‘taste spot’ rather than a restaurant, well, this is a story about the ultimate team collaborating to put forward both exquisite food and incredible drinks. Restaurants serve foods, bars serve drinks, but a *garšvieta* is a place that offers both innovative food

and drinks. A *garšvieta* is also a new concept that binds ubiquitous flavours together in one harmonious synergy.

The menu at *Riits* is compact and seasonal, and the vast majority of the mains as well as parts of other dishes are prepared on the establishment’s star companion – a live charcoal grill. The coal is exclusively oak, and the grill is set up in plain sight, so you’re welcome to have a look at it before you sit down to order. The light and unmistakable aroma of food being cooked over live coals certainly transports you right out of the city and slows down your pace without you even noticing – it’s a bit magical.

While featuring a few permanent, unforgettable dishes that no regular customer would allow to be replaced, the short but diverse menu gets refreshed often enough. No matter whether you’ve visited *Riits* before or if your first encounter with it still lies ahead, you’re in for a treat with the splendid springtime newcomers on the menu. From the mains, try the lamb rump steak with bean ragout, butter, spring onions, thyme, and garlic. And perhaps the rabbit soup with vegetables and buckwheat noodles for a starter. Should you wish to start off with a beautiful salad, the seared salmon served with sweet potato puree, quail eggs, and mixed greens is just right. A delicious vegetarian option is the avocado

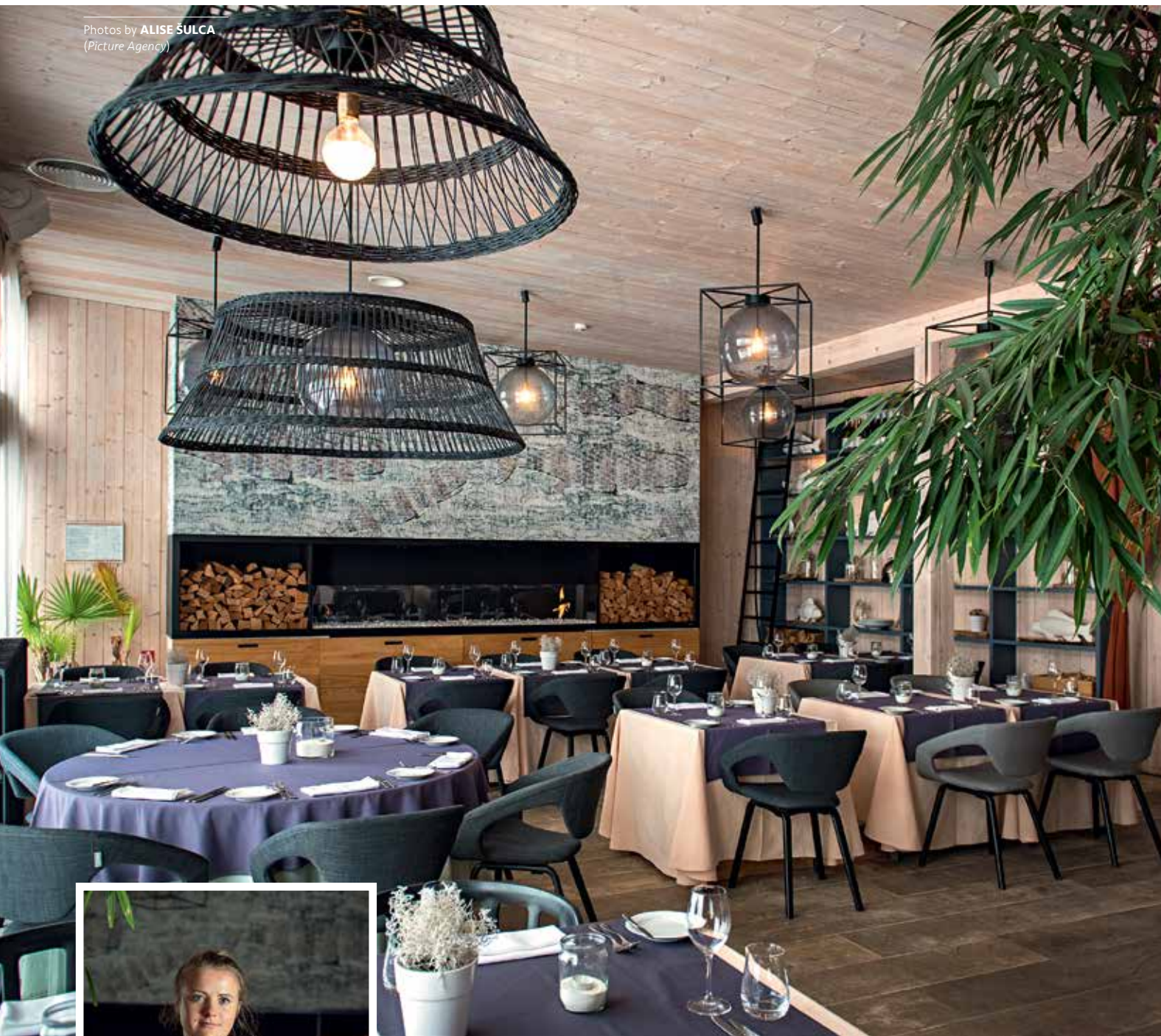
salad with tangy carrot-ginger dressing. There are many other vegetarian dishes on the menu to choose from, too, including mains. The same goes for those who’ve come to enjoy a local touch in the dishes – each menu category has something Latvian to offer, such as the smoked fish salad starter with potato sauce.

The foods are hearty and satisfying but also healthy, and the Latvian-inspired dessert menu is as guilt-free as they come. A sweet cottage-cheese mousse in berry sauce is full of flavour and just about sweet enough to be considered dessert – it’s the perfect finish to a meal. A noticeable newcomer on the dessert menu is the carrot cake with cream cheese and sugared cranberries. *Riits* follows the seasonality of products and works with small batches of fresh, locally sourced goods. The team is therefore able to offer guests a variety of daily specials. They wish to include the very small producers in the equation, too, and not just rule out their produce because it comes in too small a quantity. They know quality when they see it, so they don’t go by quantity and play with what they have to bring wonderful, small-batch goods to the table.

Come and enjoy the flavours of local, organic, and seasonal foods at the ultimate ‘taste spot’, *Garšvieta Riits*, which we guarantee will steal your heart at first bite. **BO**



Photos by ALISE ŠULCA  
(Picture Agency)



Chef Madara Batarāga

## Aqua Luna restaurant — for those who enjoy life

The *Aqua Luna* restaurant has been delighting Riga's inhabitants and their guests for the past five years with a romantic view of the Daugava River, a fantastic menu, and outstanding service. The restaurant's special atmosphere has made it a popular place for lunch and dinner all year round. But in the summer months *Aqua Luna's* spacious terrace becomes an epicentre of Riga nightlife.



*Aqua Luna* restaurant, bar, and lounge  
Address: Andrejostas iela 5-K5, Riga  
Open: Mon–Sat 12.00 until the last guest  
Sun 11.00 until the last guest  
Tel: (+371) 67650922  
E-mail: restaurant@aqualuna.lv  
aqualuna.lv

*Aqua Luna* is a restaurant, bar, and lounge located in the tranquil Andrejosta district of Riga on the banks of the Daugava River. Thanks to its unique location, guests can escape the city's hustle and bustle without leaving central Riga. Large panorama windows offer picturesque views of the city in any kind of weather and are a perfect spot to spend the evening gazing at the moonlight's reflection on the river. As the restaurant looks forward to spring, *Aqua Luna's* staff has not only created a fantastic atmosphere but also designed a menu that will

sweet taste and the Bangladeshi Black Tiger prawn, which stands out with its firm, meaty texture and tender taste.

Jelena Kašina is the co-owner and head of *Aqua Luna* and has more than 20 years of experience in the restaurant business. She is proud that her establishment has set up the only prawn bar in the city. 'We let the patrons choose the manner in which they would like their prawns to be prepared, as well as the sauce with which they are served,' says the restaurant owner.



satisfy any true gourmet. Befitting its location close to the water, the restaurant specialises in seafood. *Aqua Luna* has the only prawn bar in the Latvian capital. Various continents and countries meet in the restaurant's kitchen, where modern European gastronomy traditions are complemented with Asian and local influences. Some examples include a carefully selected platter of *fruits de mer*, a pâté made of Baltic herring, an aged Black Angus steak, and original sushi. There's something on the menu to suit everybody's taste.

Frequent guests acknowledge that the octopus prepared by *Aqua Luna's* chef Madara Batarāga is probably the best in town. This is also true for the warm duck salad, which has been a bestseller since the restaurant opened. The menu includes a number of choices for vegetarians and vegans, for example, an avocado and tomato tartare and a special polar burger.

*Aqua Luna's* prawn bar offers the largest selection of prawns in the city, including large red Carabineros caught off the coast of Mozambique, which taste similar to lobster. Gourmets will also appreciate the Argentine Red deep-sea prawns with their unique

Kašina is convinced that in order for a restaurant to be successful, the emphasis must be on quality, both in terms of the meals and the service. 'A first-rate restaurant isn't only about good food. It's also about the atmosphere and making people feel at home. One of the reasons that our guests like spending time here is because the staff is very attentive. In addition, we change our menu several times a year, in tune with the changing seasons, and our wine list is among the most extensive in the city,' says Kašina.

Returning patrons stress that *Aqua Luna* is an ideal place for any occasion: a late family breakfast on a weekend (a professional entertainer at the restaurant keeps children busy), a business lunch on workdays, a romantic dinner, a celebration with friends or colleagues. The open kitchen design allows guests to watch the captivating cooking process. Refined meals, an exquisite wine menu, a wide selection of cocktails, light desserts, and original appetisers in combination with a cosy interior and great service – this is why *Aqua Luna* is one of the most highly rated restaurants in Riga. **BO**





Address:  
Kalēju iela 3, Rīga  
Open:  
Mon–Fri 12:00–23:00  
Sat–Sun 11:00–23:00  
restaurant3.lv

## Restaurant 3

### along the path of undiscovered flavours

The popular *Restaurant 3* in Riga has recently started offering a unique concept for food lovers: a special five- or seven-course dinner focusing on the flavours of nature, called the ‘Trail of Undiscovered Tastes’.



Photos by Kristīne Dzalbe

The kitchen at *Restaurant 3* thrives in the hands of chefs Juris Dukaļskis and Ēriks Dreibants. Dreibants is also a co-owner of the restaurant and is famous for his creative approach to reviving the values of Latvian cuisine. The two chefs combine non-

Publicity photos

pretentiousness with striking presentation for every single item that leaves their kitchen, leaving you feeling well-cared for. A large part of the menu is based on foods from the wild, which have grown untouched by human hands or industrialisation. However, while using what nature has to offer, the chefs are careful to keep the quantities of these products in check in order to maintain the environment’s biodiversity. Apart from nature’s bounties, many of the products they use are certified organic, and this proportion continues to grow.

On its first floor *Restaurant 3* offers a daily *à la carte* menu based on the organic and environmentally friendly principles of Nordic cuisine. The second floor, for its part, presents a very different atmosphere: a true gourmet parade of foods presented in a setting that has a touch of the wildness found in Latvian forests. Here, the ‘Trail of Undiscovered Tastes’ is a performance offering guests five or seven courses spread out over nearly three hours. Each course is an event in and of itself, in which the chef tells the story behind the foods laid out on the plate (or perhaps nestled in the moss or set in a clamshell). ‘In a way, we invite guests to be transported to a place where the forest meets the sky and the sound of a brook ripples in the mist,’ says Dreibants. ‘We serve not only meals but also emotions. Each meal is presented as a kind of performance – it might be placed in a clamshell or served in a liquid nitrogen smoke, thus calling to mind a summer fog in a forest.’

The ‘Trail of Undiscovered Tastes’ embraces various elements and events of nature. Chefs Dukaļskis and Dreibants spent several months creating this special event along with sommelier Elīna Indriksone, meticulously planning every aspect of the flavours.

The menu includes game, wild fish, and various foods from the forest. For example, guests attending this performance for food-lovers might taste wild oysters with beet ravioli and seaweed, as well as ‘trout rocks’. The ‘Trail of Undiscovered Tastes’ is available for vegetarians, too. The team of cooks has created a special menu for those not eating meat or fish

that includes, for example, whipped goat cheese with cherry jelly and horseradish snow. Each course is paired with specially created alcoholic or non-alcoholic drinks presented in an unconventional way.

The ‘Trail of Undiscovered Tastes’ must be booked in advance, and the minimum group size is eight persons. The menu changes at least quarterly, thus offering returning customers an ever-changing experience of flavours and emotions. **BO**



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ANDREJOSTAS STREET 5-K3 TEL. 26540555





## ENTRESOL

Open:  
Mon–Sun 12.00–23.00  
Address:  
Elizabetes iela 22, Riga  
Tel: +371 20122220  
entresol.lv



Raimonds Zommers

## ENTRESOL

The first 'knapas' restaurant in Latvia



Raimonds Zommers, one of Latvia's best-known and most talented chefs, brings an innovative atmosphere to the *Entresol* restaurant in central Riga. As head chef, he has not only created a unique concept restaurant, but is always thinking up something new, such as menus with mirror writing.

*Entresol* combines the best traditions of French cuisine with the Spanish tapas concept, resulting in the unique, Latvian-born fusion concept *knapas*.

Enthusiasm, a sense of responsibility, and a great love of food have earned *Entresol* a high-ranking position in the *White Guide Nordic*, the leading restaurant guide in the Nordic and Baltic countries. With a listing in the 'very fine' category, the *White Guide* has named *Entresol* as the sixth best restaurant in Latvia.

Zommers is an innovator at heart. This can be seen not only in the dishes he serves

but also in his other inventions. He was the one who thought up the word *knapas* – a combination of the Latvian *knapi* ('hardly, scarcely, barely') and the Spanish *tapas* – to highlight the restaurant's emphasis on small starters prepared using local, seasonal ingredients. According to Zommers, eating tiny, tasty treats helps restaurant guests focus on each serving, while ensuring that their taste buds remain active and permit them to appreciate a greater diversity of dishes during their meal.

Zommers is constantly searching for new flavours by acquainting himself with old recipes and trying to revive and transform them according to his own understanding of contemporary tastes. 'Our team is like treasure hunters. We search for, and also find, the very best products to offer our guests. High quality is our benchmark and our number-one goal,' says Zommers.

The chef recommends three *knapas* that have become favourites among the

restaurant's guests: cream of carrot soup with Latvian shrimp roll and japonica-quince oil; ancient-recipe rye sandwich with lard cracklings, onions, and brined mushrooms; and pike medallion with legume stew and cheese sauce. However, those who prefer the classics will definitely not be disappointed at *Entresol* – it is said that one of the best steaks in Riga can be found right here.

In addition to fine foods, those who are particular about their drinks will also appreciate the new cocktail menu at *Entresol*, which, as Zommers explains, adds up to pure enjoyment for the taste buds. One should expect no less, seeing as the cocktails are made by some of the best bartenders. They participate in the World Class competition and know how to delight diners with not only new flavours but also the exciting presentation of drinks. March is the ideal time to try some of *Entresol's* new gourmet cocktails and, along with them, experience the arrival of spring! **BO**





Valmieras iela 20a, Cesis, Latvia  
Phone: (+371) 64 107 185

INVESTMENT PORTFOLIO OF:

<p><b>Info:</b> AGRICULTURAL LAND <b>Total area:</b> 350.82 ha <b>ID:</b> AB3301 <b>Description:</b> Property is located in western part of Latvia, ~160 km from capital Riga. Real estate consists of several land plots with total area 350.82 ha where-of 311.36 is agricultural land and 19.4 ha forest land.</p>	<p><b>Info:</b> AGRICULTURAL LAND <b>Total area:</b> 1069.52 ha <b>ID:</b> 4050 <b>Description:</b> Agricultural properties are located in an area of good quality lands and have the necessary infrastructure to establish a new farming company. Properties have good access roads to all fields.</p>	<p><b>Info:</b> AGRICULTURAL LAND <b>Total area:</b> 1156.23 ha   <b>ID:</b> AB5113 <b>Description:</b> Opportunity to buy large-scale agr. and forest properties located 120 km from Riga, in eastern Latvia. Total area of properties – 1156.23 ha: agr. land – 737.50 ha, forest – 345.98 ha. Agr. land is divided among 2 locations a small distance (6 km) apart. Two residential buildings on site: one is move-in ready, the other (for employees) is halfway under reconstruction.</p>
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More investment opportunities at [www.actusQ.lv](http://www.actusQ.lv)



**10 MARCH AT 19.00, CONCERT HALL CĒSIS**  
**ĒRIKS EŠENVALDS'S VOLCANO SYMPHONY**  
Dita KRENBĒRGA – flute  
State Choir *Latvija*  
Conductor Māris SIRMAIS

**15 MARCH AT 19.00, RIGA GREAT GUILD**  
**DJ MONSTA AND THE SYMPHONIC FACTOR OF THE KOKLE**  
String quartet  
DJ Monsta – electronics  
Laima JANSONE – kokles  
Egils UPATNIEKS – oboe

**23 MARCH AT 19.00, RIGA GREAT GUILD**  
**MOZART. VASKS. VIVALDI'S THE FOUR SEASONS**  
Roland GREUTTER – violin solo, leader

**29 MARCH AT 19.00, RIGA GREAT GUILD**  
**BACH AND FAURÉ. FORMULA FOR PEACE**  
Gunta GELGOTE – soprano, Johannes HELD – baritone  
Kristīne ADAMAITE – organ, conductor Andris POGA

**BACH AND FAURÉ.**  
**FORMULA FOR PEACE**

Tickets :  
Riga Great Guild box office  
[www.bilesuparadize.lv](http://www.bilesuparadize.lv)

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SPRING FESTIVAL




WAKE UP, REMEMBER, LISTEN, ENJOY!

Sunday, **March 18, 7 PM** GREAT GUILD CONCERT HALL  
**Festival Opening Night**  
**LEONARD BERNSTEIN – 100**  
Conductor | Kaspars Ādamsons  
Soloists | Annija Putniņa, Mihails Čulpajevs

Sunday, **March 25, 7 PM** RIGA CATHEDRAL  
**Concert THE APOCALYPTIC SYMPHONY**  
Conductor | Valdis Butāns

Friday, **March 30, 7 PM** RIGA'S ST. JOHN'S CHURCH  
**W. A. MOZART – REQUIEM**  
Conductor | Jānis Ozols  
Participating | choirs *Maska* and *Pa Saulei* and soloists

Thursday, **April 12, 7PM** GREAT GUILD CONCERT HALL  
**Festival Closing Night**  
**MOMENT FOR MORRICONE AND THE GIRL FROM IPANEMA**  
Conductor | Valdis Butāns  
Soloist | Aija Vītolīņa

Organized by **ORCHESTRA RIGA**



Tickets available at "Bīlešu paradīze" offices and [www.bilesuparadize.lv](http://www.bilesuparadize.lv)

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# Welcome aboard **airBaltic**

Publicity photos  
and by iStock



## Expanding the direct flight network from Tallinn

As of March 27, *airBaltic* will start new direct flights between Tallinn and **London** Gatwick Airport. Flights will operate twice per week with one-way tickets starting from EUR 29 €.

In November two more direct routes will join the *airBaltic* network from Tallinn. Flights to **Stockholm** will operate twelve times per week with one-way ticket prices starting from EUR 35 €, and to **Oslo** – twice a week starting from EUR 29 € one way.

Together with the existing routes to **Vienna, Berlin, Paris, Amsterdam, Riga, and Vilnius** there will be in total nine direct flight connections from the Estonian capital served by *airBaltic*.

## *airBaltic* receives the Market Leader Award by ATW



*airBaltic* has received the ATW Airline Industry Achievement Award as the Market Leader of the Year 2017. *Air Transport World's* (ATW) 44<sup>th</sup> annual awards are the most coveted honour an airline or individual can receive to recognise excellence in the air transport industry.

According to ATW, *airBaltic* received the award for dramatically expanding and improving commercial air service in the Baltics. The innovative airline delivers quality customer service, with advanced aircraft such as

the *Bombardier C Series* and high performance standards.

The ATW Airline Industry Achievement Awards were established in 1974. They are bestowed upon individuals and organisations that have distinguished themselves through outstanding performance, innovation, and superior service. The Market Leader of the Year award goes to an airline that has set itself apart from its peers either in a geographic region or a market sector, or that has created or stimulated a market.

## New flights to Almaty

From April 29 *airBaltic* will start new flights between Riga and **Almaty**, the largest and most ethnically and culturally diverse city of Kazakhstan.

Kazakhstan's former capital has evolved into a vivid, modern city offering everything from

outstanding museums, Western-style restaurants, and exciting nightlife to gorgeous mountain views and relaxing parks.

With Big Almaty Lake, Sharyn Canyon, and the Tian Shan mountain range all within reach, Almaty is the perfect starting point for nature lovers.

**Flights to Almaty will operate three times per week with one way ticket prices starting from EUR 159 €.**

## Fly to Malta for Mediterranean flavour

*airBaltic* and *Air Malta*, the national airline of the Maltese Islands, have concluded a codeshare cooperation agreement. This partnership will offer much better connectivity between the Baltics and Malta.

As of April 29, *airBaltic* will resume direct flights between Riga and Malta twice per week: from Riga to Malta on Thursdays and Sundays, and from Malta to Riga on Mondays and Fridays. Thanks to the partnership with

*Air Malta*, passengers will now also be able to fly the route on other days, with one-stop flights via Vienna, Munich, Frankfurt, and other cities.

Malta is recognised for having some of the cleanest seas in Europe, for being the globe's third-best diving location, and for having the world's most scenic airport approach. With Valletta crowned a European Capital of Culture for 2018, now's the time to discover Malta yourself!

**Round trip ticket prices to Malta start from EUR 129 €.**

## Sochi and Kaliningrad to join *airBaltic* network

In spring *airBaltic* will widen its flight network by adding two more routes to the Russian Federation.

Flights to **Kaliningrad** in the Russian exclave on the Baltic Sea will start on April 16 and operate six times per week. The Black Sea resort town of **Sochi** will be flown to twice a week as of May 14.

This summer both cities will be among the

host destinations for the 2018 FIFA World Cup, and the new connection via Riga will offer convenient flight options for those who are planning to attend the championship.

*airBaltic* also flies to **Moscow, St. Petersburg, and Kazan**, thus in total connecting five Russian cities with Riga and via Riga further to all the major destinations in western Europe.

**One-way ticket prices to Kaliningrad start from EUR 29 € and to Sochi from EUR 99 €.**



Big Almaty Lake, Kazakhstan



Malta



Sochi

To get the best flight deals, look for prices with cherries on [airbaltic.com](http://airbaltic.com)!

All flight prices mentioned in this magazine apply for one-way Basic tickets from Riga, Vilnius, or Tallinn that are booked in advance at [www.airbaltic.com](http://www.airbaltic.com). Prices are subject to availability and not available for all flights or days. Special conditions apply. Prices can be changed unilaterally by *airBaltic*.





**Aļona Gangalo,**  
airBaltic quality and  
service supervisor

**Valda Vidiņa,**  
airBaltic call centre and airport  
ticket office instructor

## THE *airBaltic* CALL CENTRE – QUALITY 24/7

‘How can I help you?’ is the first thing you’ll hear when you call the *airBaltic* call centre, which was originally set up to answer customers’ questions and help them solve various non-standard situations related to their flights with the airline. The questions range from issues about ticket reservations and baggage to missed or delayed flights. No two days are alike at the call centre, as call centre and airport ticket office instructor Valda Vidiņa and quality and service supervisor Aļona Gangalo can confirm. Both women have been working at *airBaltic* for ten years already, making sure you get personalised service and support.

Text by **LIENE PĀLENA**  
Photos by **ALISE ŠULCA**  
(Picture Agency)

### How have your careers developed at *airBaltic*?

**Aļona:** I began working at the *airBaltic* call centre as an agent answering people’s questions, but because I had previous experience working at a travel agency, I began to work as a help desk agent. A couple of years later I became a shift leader at the call centre, coordinating day-to-day operations. And two years ago I became a quality-control supervisor, both for the call centre and for the airport ticket office. Training new employees is a part of my duties as well.

**Valda:** Ten years ago I began working at the airport ticket office and later became a shift leader. But for some time now I’ve been a call centre and ticket office instructor, which means that I help my colleagues by answering their questions and helping them solve specific situations. I also lead training courses for new and existing employees.

### What’s the history of the *airBaltic* call centre? What were the goals and objectives of establishing it?

**Aļona:** The call centre was established more than 15 years ago. It all began, so to say, with a few service desk agents, who delivered customer service in person as well as over the phone. Today there are twelve separate customer service telephone lines in the call centre, one of which is a 24-hour phone line, seven days a week. The time period from 06.00 until 22.00 is when we have the most employees at the centre. During the active travel season, the employees at the airport ticket office start working before 5 am and stay until the last passenger has been helped.

### What are some of the rules of conduct and ethics concerns of call centre employees?

**Aļona:** Of course, the most important thing is a sense of responsibility towards one’s work. The internal culture amongst our employees is very

high. For example, if for some unforeseen reason the call centre receives very many calls, none of the employees would dream of taking a 40-minute lunch break during that time. They all work as a team in order to ensure a high standard of quality.

**Valda:** Also, when answering e-mails, an employee needs to be active and available. Meaning, he or she needs to answer an incoming call within ten seconds, otherwise it’s considered a ‘lost call’ and is diverted to the next employee. Likewise, quality is very important to us, which means answering all of our customers’ questions, even if it takes a longer time.

**Aļona:** Some calls take up to 20 or even 30 minutes. Especially with customers who are preparing for their first flight, because they often have very many questions.

## There are definitely more pleasant calls than unpleasant ones

### What are the three most popular questions that the call centre receives?

**Valda:** There are all kinds of questions, and that’s the most challenging thing about this job – being able to quickly switch from one topic to the next one, thus, being flexible. The most common questions are about baggage: maximum baggage allowance, baggage size and weight, allowed and prohibited items, etc. Because various different rules apply to one and the same flight depending on the reservation, our agents need to be able to answer everyone’s questions. Customers also often have questions about their reservations, including making changes to reservations, as well as the various services we offer and how to purchase them.

### What kind of training does a call centre employee have to go through before taking questions from actual customers?

**Valda:** Because no colleges or schools provide training for airline call centre employees, our potential employees

must undergo a three-week training course before they begin working at the call centre or *airBaltic* airport ticket office. During that time they learn about our reservation system and the tariffs, ticket types, and additional services that *airBaltic* offers. In other words, they have a large amount of information to remember in those first few weeks, including our standards of quality for answering telephone calls and incoming emails.

### But what about psychological demands? What kind of qualities should a call centre employee have?

**Valda:** A call centre employee must be very patient and friendly, responsible and precise – a person everyone wants to talk to. Of course, we discuss with our employees about how to talk with customers and how to deal with a variety of non-standard situations. Having worked in this area for ten years, I can say that there are definitely more pleasant calls than unpleasant ones.

**Aļona:** Many customers simply want to talk with a real person. Some people call us five or more times, and some even ask right away to be connected with ‘their’ agent, with the employee who has helped them before.

### What’s the most exciting thing about your work?

**Aļona:** We really have a very dynamic job. I can truly say that we’re never bored – no two days are alike. Every day we learn not only about the call centre or airport ticket office but also about the airline’s operations in general. It’s a good start for a career in the aviation industry.

**Valda:** I’m motivated by the fact that I never reach the point where I feel like I’ve done it all or know everything. Even after ten years I still hear questions and encounter situations that I’ve never experienced before. Working in the aviation industry is exciting – I really still get inspired by the aura and atmosphere only airports can provide. **BO**

### 10 THINGS YOU SHOULD KNOW ABOUT THE *airBaltic* CALL CENTRE

**1/** We are 70 great colleagues at the *airBaltic* call centre and airport ticket office in Riga.

**2/** We speak seven languages and serve 12 different phone lines. An agent answers an average of 70 calls in a single day.

**3/** 80% of all received calls are answered within the first five seconds.

**4/** We all have university degrees, some even multiple degrees, but we never stop learning.

**5/** We sell tickets and services for *airBaltic* and our partner airline flights.

**6/** We support our passengers with information about *airBaltic* services, flight and airport information.

**7/** We assist our passengers in irregular situations and provide support to all of our stations.

**8/** We also provide support to our partners, such as travel agencies and airlines worldwide.

**9/** Our instructors provide courses and training for call centre and airport ticket office agents as well as for other units within *airBaltic*.

**10/** We know our standards and goals, and we work together to achieve them to provide excellent customer service to our passengers.



# PILOTS OUT OF THEIR OFFICE

Text by **ZANE NIKODEMUSA**  
Photo by **ALISE ŠULCA**  
(Picture Agency)

**Baltic Outlook** introduces you to some of the most important people at *airBaltic* – its flight crew members, who have some of the most interesting hobbies.

## HOBBY

Vjačeslavs' hobby is river boating. He was introduced to the activity in 10<sup>th</sup> grade by a teacher who taught a course on independent living in nature. The students acquired both theoretical and practical knowledge in how to survive outdoors under a variety of conditions. They travelled around Latvia, boating on rivers, hiking, and sleeping in tents even in wintertime when the temperature slipped below -20°C.

When he finished school, Vjačeslavs continued to go on excursions throughout Latvia with one of his good friends. Boating on the Gauja River, the longest river within Latvia's borders, left the greatest impression on them. The Gauja is still Vjačeslavs' favourite river. 'Another very beautiful river is the Irbe,' he says. 'It's quite isolated and most scenic at the point where it flows into the Baltic Sea. We sometimes spent two nights there, sleeping in our tents. Peaceful and relaxed. When we boat, we try to enjoy every moment to the fullest, do some fishing, just gaze at the horizon.'

Vjačeslavs' and his friends' equipment has become more and more serious over the years. They have a good-quality raft and also a tent with a stove where they can dry their clothes and prepare meals. They keep their spirits up by flying a flag of their own design, which features an image of a beaver. 'We often meet beavers when we go boating, so that's why we chose it as our mascot,' says Vjačeslavs.

He and his friends continue to go camping all winter and into the early spring. Naturally, though, they can't wait for summer to begin so that they can begin boating again. This summer they plan to boat on the Abava and Venta Rivers in Latvia.

## HOW IT ALL BEGAN

Vjačeslavs began dreaming of being a pilot at the age of 12, when he and his family took a vacation to Larnaca. It was his first time in an airplane. 'It left a huge impression on me. But when it came time to choose a profession, I realised I could not fulfil my dream. Back then there weren't many places to study to be a pilot, and you needed lots of money. So, I studied to be a lawyer instead. I have a master's degree in legal science,' says Vjačeslavs. For several years he worked as a lawyer in a bank and at a number of private businesses.

Vjačeslavs had not forgotten about his dream of being a pilot, although he thought he was already too old to pursue it. But a meeting with a friend who had just become a pilot pushed him in the direction of aviation. Vjačeslavs was 27 years old at the time, and he began his studies to become a professional pilot a mere two weeks after that meeting. 'I began working at *airBaltic* as a professional pilot after turning 30. Each flight is still an inspiration,' he says. **BO**

**Vjačeslavs Krasovskis (37),**  
captain of *Bombardier Dash Q400*,  
type pilot supervisor, from Latvia

Text by **ILZE POLE**  
Photos courtesy of **IEVA UŠACKA,**  
**ANDRA CERUKA,** and **ALISE JARUSI**

Let's take a look at where our flight attendants love to travel and at the fascinating hobbies and talents that they have!

**1/** Senior cabin crew member **Ieva Ušacka** started working for *airBaltic* 12 years ago. She has spent seven of those years as an instructor for security, emergency, and safety procedures.

**2/** Ieva attending a ballet at the legendary Bolshoi Theatre in Moscow. 'It was one of my dreams to attend a ballet there,' she says. Ieva also likes to attend concerts when she travels, but she values very highly the fact that Riga has such a fantastic opera and ballet theatre.

**3/** In her free time, Ieva's priority is singing in the *Natālija Draudziņa Secondary School Graduates' Choir Saulgrieži* in Riga. The choir has a long history and came together again a few years ago out of love of music and devotion to the school's choir and music teacher. Right now, Ieva and the choir are preparing to take part in the Song Festival this July.

**4/** Senior cabin crew member **ANDRA CERUKA** was looking for a dynamic and interesting job and found one at *airBaltic*. That was ten years ago. Now she's also a line trainer at the airline.

**5/** Andra does Romani dancing at the *Alegria* dance centre. She says dancing cleanses her soul and helps her get rid of negative energy and stress. Romani music and dance is very expressive – just dance, smile, and forget everything else!

**6/** Andra on Crete, when she was there on a business trip a few years ago. But her favourite *airBaltic* destination is Rome. Sipping a cappuccino in a Roman café and savouring



9  
SNAPSHOTS  
FROM THE LIVES  
OF OUR FLIGHT  
ATTENDANTS

Want to become  
an *airBaltic*  
flight attendant?  
Join the team at  
[recruite.airbaltic.com](http://recruite.airbaltic.com)!

the positive lifestyle  
of the Italians – that's  
true enjoyment!

**7/** This summer will mark five years since flight attendant **ALISE JARUSI** began working at *airBaltic*. She tells us with great joy that on one of her flights three years ago she met her future husband, Matteo, who is a pilot.

**8/** One of Alise's hobbies is figure skating. She skated professionally until she was 16 years old and even trained younger children before joining *airBaltic*.

**9/** Another one of Alise's passions is Argentine tango. Dancing is the best way to relax and be happy! Maybe that's why her favourite holiday destinations are South American countries and her favourite city is Buenos Aires.





## JOIN *airBaltic's* LOYALTY PROGRAM *pins*

PINS is the *airBaltic* frequent flyer loyalty program. It uses the loyalty currency PINS, which you can collect and spend in various ways.

You can collect PINS while flying with *airBaltic*, shopping at airports, staying in hotels, renting cars, eating out, using the *airBaltic* Payment Card or the PINS MasterCard, and more. It is also possible to collect PINS by doing your everyday shopping, with more than 700 local, global, and online partners represented.

Spend PINS on *airBaltic* flights, cinema tickets, electronics, gift cards from local retailers, and many other rewards from a great selection of products available at the PINS Rewards Shop.

### Levels and benefits

Those who travel regularly with *airBaltic* are entitled to receive a wide array of extra privileges as members of our PINS frequent flyer program.

The more you fly with *airBaltic*, the higher your membership level and the greater the privileges. Executive and VIP levels are reserved for the most loyal *airBaltic* customers and ensure various benefits, which include a free baggage allowance, priority check-in, reserved seats, and much more to make travelling more pleasant.

The youngest members, starting from age two, receive a special *airBaltic* PINS Young Pilot card, which also allows children to collect PINS.

### Collect with *airBaltic*

- **3 PINS** for each EUR spent on a Business Class ticket
- **2 PINS** for each EUR spent on an Economy Class ticket
- **1 PINS** for each EUR spent on a Basic Class ticket

### Spend on *airBaltic*

- Exchange your PINS for flights from just **4 200 PINS**;
- Upgrade your ticket to Business Class from just **8 000 PINS**.

### Join now

Join the program right away – just ask a flight attendant for your PINS card. Register your card online after the flight at [register.pinsforme.com](http://register.pinsforme.com) and get 10 bonus PINS.

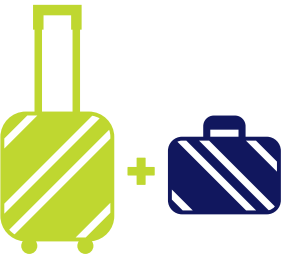
Download the PINS mobile app and get more! Download from the App store or get it on *Google Play*!





# 10 FAQs ABOUT BAGGAGE

No matter what your question about flying is, you can ask us via Facebook or Twitter and *airBaltic's* dedicated social media team will be happy to answer it! Here we share the most frequently asked questions about baggage.



### I have a small laptop bag that I would like to take with me on board together with my hand baggage. Is that allowed?

Yes. Each passenger can take on board one cabin bag with maximum dimensions 20x40x55 cm (two bags for Business class passengers) and one personal item (10x40x30 cm). Just make sure that the total weight of both cabin bags does not exceed 8 kg.



### I will need to bring more bags with me. What is the best way to add them to my booking and transport them?

The smartest way is to add checked baggage at the moment when you book your flight ticket on the *airBaltic* website, because only then is the exclusive online price available (from EUR 19.99 per bag one way). You can also add baggage later online or at the airport, but the price will be higher.

### What happens if my hand baggage is bigger than allowed?

If your cabin bag exceeds the weight or size limitation, you will need to check it in at the gate for a fee of EUR 60. If you are unsure whether your bag is the correct size, check it at the Bag Drop desk before going through security or, to be on the very safe side, add it as a checked bag (at a reduced online fee) when booking your ticket.

### Is checked baggage included in my ticket?

The checked baggage allowance varies depending on the ticket type you have reserved. But you can always add more bags to your booking for a fee (maximum five bags per passenger).

Ticket type	Business	Premium	Basic	
Baggage allowance	2 bags, 20 kg each	1 bag, 20 kg		€

### What should I do if my baggage is missing?

Over 99% of all bags are safely delivered to our passengers. In the very rare case that your baggage does not appear on the baggage carousel, you should immediately report it to the Lost and Found office in the airport arrivals sector. The majority of delayed bags are delivered safely to the passenger's home or hotel within a short period of time. While we are searching for your baggage, you can purchase hygiene essentials and submit the receipts to our Customer Relations department for reimbursement.



### Can I take my bicycle with me?

Yes. You can add sports equipment while booking your ticket on the *airBaltic* website for EUR 34.99 per piece one way or anytime later at a higher price. Business class passengers can take one piece of sports equipment free of charge. Sports equipment includes skis, snowboard, bicycle, golf equipment, diving gear, ice-hockey equipment, surf equipment, and fishing equipment. If the weight exceeds 20 kg, an additional heavy baggage charge will be applied at the airport. The maximum weight for sports equipment is 32 kg.



### Can I pack a bottle of water and toiletries inside my hand luggage?

European Union aviation security rules state that you are only allowed to take small quantities of liquids in your hand luggage. These liquids (such as a bottle of perfume, toothpaste, face cream, eye drops, etc.) must be placed in a see-through plastic bag, which you can get at the airport if you don't have one. Make sure each individual piece does not exceed a capacity of 100 ml, otherwise you will have to leave it at the airport. The safest way is to put all your liquids in a suitcase and check it in, in which case you can take as many liquids as you wish.



### I'm travelling with a child. Can I take the stroller with me?

Yes. If the reservation includes an infant or a child, one fully collapsible pram or stroller, carrycot, or infant car seat can be transported free of charge. In addition, if you are travelling with an infant (a child under two years of age without a separate seat), you can take 10 kg of checked baggage. This amount can be combined with your standard baggage allowance.

### I'm taking two airBaltic flights and transiting via Riga. Will I have to pay twice for checked baggage?

No. The checked baggage fee applies only once per whole direction. The only exception is if your stopover in Riga exceeds 24 hours, then the baggage fee will be applied to each flight separately.



### Can I bring my python inside my backpack? It's friendly and will not cause any trouble.

No. *airBaltic* doesn't accept reptiles and rodents for transportation in the passenger cabin. Only small dogs and cats are allowed in the cabin. They must be in a special crate that fits under the seat in front of you, and the fee for travelling with a pet is EUR 60 one way. Other animal species and larger animals can be transported in the cargo hold. You can reserve animal transportation via the *airBaltic* ticket office or call centre.



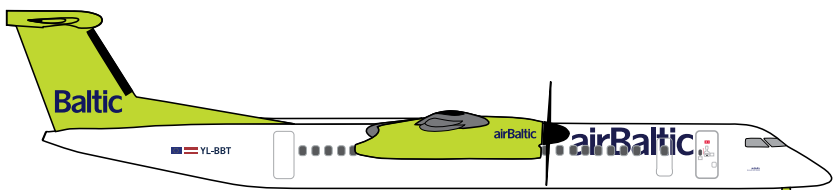
### NEW Bombardier CS300

Number of seats	145
Max take-off weight	67.6 metric tons
Max payload	16.7 metric tons
Length	38.7 m
Wing span	35.1 m
Cruising speed	870 km/h
Commercial range	4575 km
Fuel consumption	2200 l/h
Engine	PW 1521G



### Boeing 737-500/300

Number of seats	120/142/144
Max take-off weight	58/63 metric tons
Max payload	13,5/14,2 metric tons
Length	29,79/32,18 m
Wing span	28,9/31,22 m
Cruising speed	800 km/h
Commercial range	3500 km
Fuel consumption	3000 l/h
Engine	CFM56-3/CFM56-3C-1



### Bombardier Q400 NextGen

Number of seats	76
Max take-off weight	29.6 metric tons
Max payload	8.6 metric tons
Length	32.83 m
Wing span	28.42
Cruising speed	660 km/h
Commercial range	2084 km
Fuel consumption	1074 l/h
Engine	P&W 150A

### Use of portable electronic devices

	BOARDING	TAXI BEFORE TAKE-OFF	TAKE-OFF	CRUISE	APPROACH AND LANDING	TAXI AFTER LANDING
Connectivity GSM, Bluetooth, Flight Mode						
Handheld devices e.g. tablets, e-readers and mobile phones						 No calls
Heavy devices e.g. laptops and notebooks						

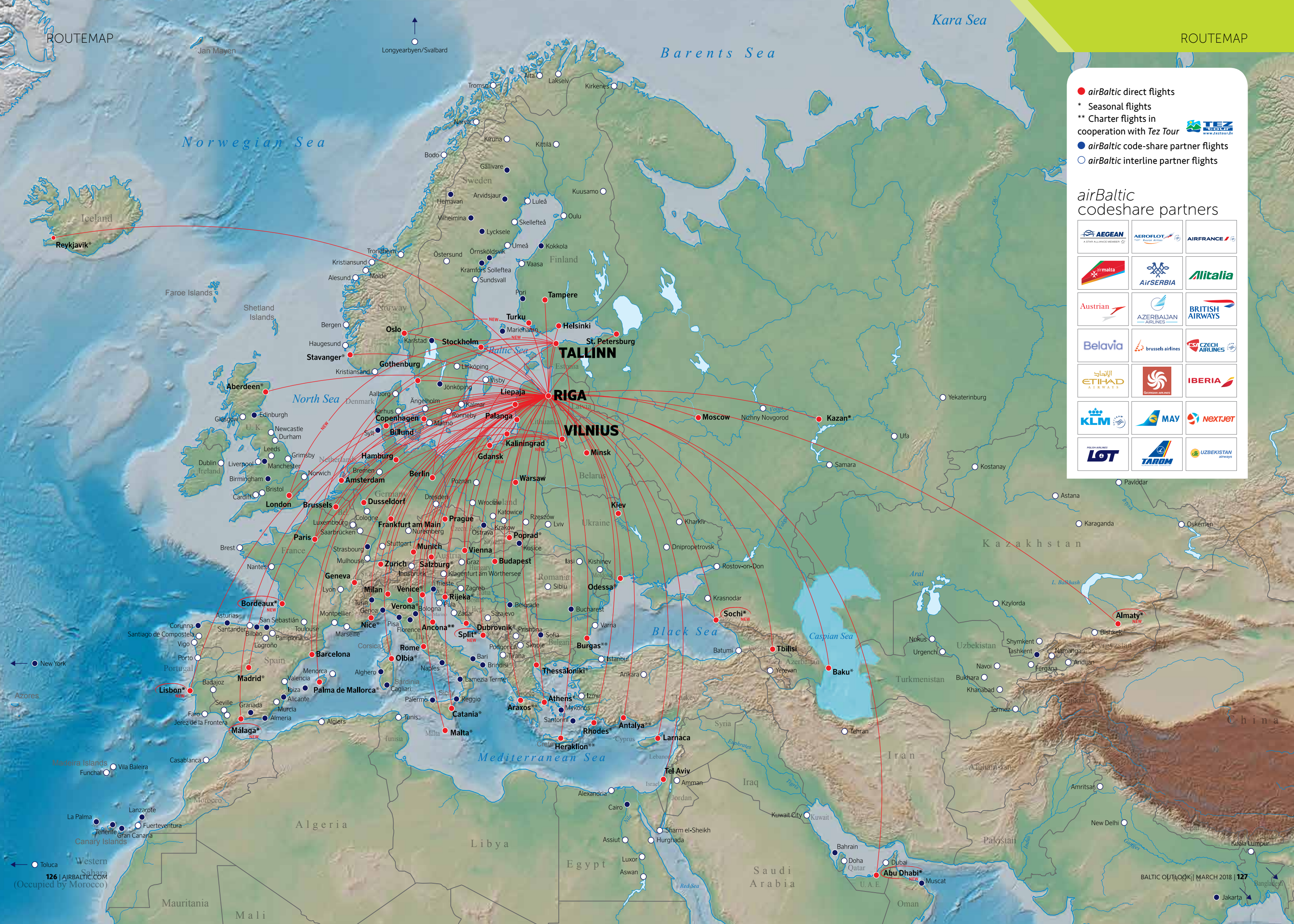
\* Shall be stowed in overhead bin or under the front seat inside an appropriate bag.



Flights from RIGA						Flights to RIGA					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
<b>ABU DHABI</b> (Intl-) - United Arab Emirates											
BT 797	RIX	AUH	1-3-5-7	23:35	07:25+1	BT 798	AUH	RIX	12-4-6-	09:45	14:00
<b>AMSTERDAM</b>											
BT 617	RIX	AMS	1234567	07:35	09:00	BT 618	AMS	RIX	1234567	10:20	13:35
BT 619	RIX	AMS	1234567	16:25	17:50	BT 620	AMS	RIX	1234567	18:55	22:10
<b>BARCELONA</b>											
BT 681	RIX	BCN	----5--	07:30	09:55	BT 682	BCN	RIX	----5--	10:45	15:00
BT 681	RIX	BCN	-2-4-6-	07:40	10:25	BT 682	BCN	RIX	-2-4-6-	12:20	17:00
BT 683	RIX	BCN	-----7	13:50	16:35	BT 684	BCN	RIX	-----7	17:20	22:00
<b>BERLIN</b> Tegel											
BT 211	RIX	TXL	1234567	07:35	08:20	BT 212	TXL	RIX	1234567	08:55	11:35
BT 213	RIX	TXL	12345-7	18:15	19:00	BT 214	TXL	RIX	12345-7	19:40	22:20
<b>BILLUND</b>											
BT 147	RIX	BLL	1-345-7	12:25	13:30	BT 148	BLL	RIX	1-345-7	14:35	17:30
<b>BRUSSELS</b>											
BT 601	RIX	BRU	12345--	07:25	08:55	BT 602	BRU	RIX	12345--	09:40	13:05
BT 607	RIX	BRU	-----6-	12:15	14:15	BT 608	BRU	RIX	-----6-	14:45	18:30
BT 603	RIX	BRU	12345-7	16:20	18:20	BT 604	BRU	RIX	12345-7	18:50	22:35
<b>BUDAPEST</b>											
BT 491	RIX	BUD	1-4-6-	12:30	13:55	BT 492	BUD	RIX	1-4-6-	14:20	17:40
<b>COPENHAGEN</b>											
BT 131	RIX	CPH	1234567	07:30	08:10	BT 132	CPH	RIX	1234567	08:50	11:25
BT 135	RIX	CPH	1234567	12:35	13:15	BT 136	CPH	RIX	1234567	14:55	17:30
BT 139	RIX	CPH	12345-7	18:25	19:05	BT 140	CPH	RIX	12345-7	19:40	22:15
<b>DUSSELDORF</b>											
BT 235	RIX	DUS	1-3-5-7	12:10	13:50	BT 236	DUS	RIX	1-3-5-7	14:15	17:45
<b>FRANKFURT</b>											
BT 245	RIX	FRA	12345-7	16:25	18:10	BT 246	FRA	RIX	12345-7	18:50	22:25
<b>GENEVA</b>											
BT 647	RIX	GVA	-----6-	10:55	12:45	BT 648	GVA	RIX	-----6-	13:40	17:20
BT 647	RIX	GVA	-2-4----	15:30	17:20	BT 648	GVA	RIX	-2-4----	18:20	22:00
<b>GOTHENBURG</b> Landvetter											
BT 121	RIX	GOT	1-3-5-7	12:35	13:15	BT 122	GOT	RIX	1-3-5-7	14:45	17:20
<b>HAMBURG</b>											
BT 251	RIX	HAM	12-4-6-	07:10	08:15	BT 252	HAM	RIX	12-4-6-	08:40	11:35
BT 253	RIX	HAM	1-345-7	18:05	19:10	BT 254	HAM	RIX	1-345-7	19:40	22:35
<b>HELSINKI</b>											
BT 301	RIX	HEL	123456-	07:40	08:45	BT 302	HEL	RIX	123456-	05:35	06:40
BT 303	RIX	HEL	12345-7	12:20	13:25	BT 304	HEL	RIX	1234567	10:15	11:20
BT 305	RIX	HEL	-----6-	14:50	15:55	BT 306	HEL	RIX	12345-7	13:55	15:00
BT 305	RIX	HEL	12345--	14:55	16:00	BT 307	HEL	RIX	123456-	16:30	17:35
BT 307	RIX	HEL	12345-7	18:30	19:35	BT 308	HEL	RIX	12345-7	21:05	22:10
BT 307	RIX	HEL	-----6-	19:35	20:40						
BT 325	RIX	HEL	12345-7	23:10	00:15+1						
<b>KIEV</b>											
BT 400	RIX	KBP	123456-	07:20	09:10	BT 401	KBP	RIX	123456-	09:40	11:35
BT 402	RIX	KBP	1-3-5-7	12:50	14:40	BT 403	KBP	RIX	1-3-5-7	15:10	17:05
BT 404	RIX	KBP	12345-7	18:15	20:05	BT 405	KBP	RIX	12345-7	20:35	22:30
<b>LARNACA</b>											
BT 657	RIX	LCA	-----6-	18:20	22:10	BT 658	LCA	RIX	-----7	12:25	16:25
<b>LIEPĀJA</b>											
BT 019	RIX	LPX	--3-5-7	23:25	00:05+1	BT 020	LPX	RIX	1-4-6-	05:45	06:25
<b>LONDON</b> Gatwick											
BT 651	RIX	LGW	-2---6-	07:50	08:40	BT 652	LGW	RIX	-2---6-	09:25	14:10
BT 651	RIX	LGW	1-4----	09:10	10:00	BT 652	LGW	RIX	1-4----	11:00	15:45
BT 653	RIX	LGW	-2345-7	15:50	16:45	BT 654	LGW	RIX	-2345-7	17:30	22:15
<b>MILAN</b> Malpensa											
BT 629	RIX	MXP	1-3-56-	07:50	09:35	BT 630	MXP	RIX	1-3-56-	10:15	14:00
BT 629	RIX	MXP	-----7	09:35	11:20	BT 630	MXP	RIX	-----7	12:05	15:50
<b>MINSK</b>											
BT 412	RIX	MSQ	1-3-5-7	12:35	14:45	BT 413	MSQ	RIX	1-3-5-7	15:20	15:30
<b>MOSCOW</b> Sheremetyevo											
BT 424	RIX	SVO	123456-	07:30	10:00	BT 427	SVO	RIX	123456-	05:45	06:30
BT 428	RIX	SVO	-----6-	12:30	15:10	BT 425	SVO	RIX	-----7	10:25	11:10
BT 428	RIX	SVO	12345-7	12:50	15:30	BT 425	SVO	RIX	123456-	10:45	11:25
BT 422	RIX	SVO	12345-7	18:25	20:55	BT 429	SVO	RIX	-----6-	16:00	16:45
BT 422	RIX	SVO	-----6-	20:10	22:50	BT 429	SVO	RIX	12345-7	16:25	17:10
BT 426	RIX	SVO	12345-7	23:20	02:00+1	BT 423	SVO	RIX	12345-7	21:40	22:20
<b>MUNICH</b>											
BT 221	RIX	MUC	1234---	07:15	08:55	BT 222	MUC	RIX	1234---	09:35	13:10
BT 225	RIX	MUC	-----6-	12:20	14:00	BT 226	MUC	RIX	-----6-	14:40	18:10
BT 223	RIX	MUC	1-345-7	16:25	18:05	BT 224	MUC	RIX	1-345-7	18:45	22:20
<b>OSLO</b>											
BT 151	RIX	OSL	123456-	07:40	08:35	BT 152	OSL	RIX	123456-	09:10	12:00
BT 159	RIX	OSL	-----5-7	12:25	13:20	BT 160	OSL	RIX	-----5-7	14:30	17:20
BT 153	RIX	OSL	12345-7	18:10	19:05	BT 154	OSL	RIX	12345-7	19:35	22:25
<b>PALANGA</b>											
BT 033A	RIX	PLQ	-----6-	19:45	20:30	BT 032	PLQ	RIX	123456-	05:50	06:35
BT 033	RIX	PLQ	12345-7	23:25	00:10+1	BT 032	PLQ	RIX	-----7	10:45	11:30
<b>PARIS</b> Charles de Gaulle											
BT 691	RIX	CDG	123456-	07:15	09:10	BT 692	CDG	RIX	123456-	10:10	13:55
BT 693	RIX	CDG	1-3-5-7	16:10	18:05	BT 694	CDG	RIX	1-3-5-7	18:50	22:35
<b>PRAGUE</b>											
BT 479	RIX	PRG	12-456-	07:10	08:15	BT 480	PRG	RIX	12-456-	08:40	11:45
BT 483	RIX	PRG	1-3-5-7	18:05	19:10	BT 484	PRG	RIX	1-3-5-7	19:35	22:40

Flights from Riga						Flights to Riga					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
ROME Leonardo da Vinci Fiumicino						ROME Leonardo da Vinci Fiumicino					
BT 633	RIX	FCO	1-3-5--	13:40	15:45	BT 634	FCO	RIX	1-3-5--	17:50	22:00
SALZBURG Wolfgang A Mozart						SALZBURG Wolfgang A Mozart					
BT 437	RIX	SZG	-----6-	14:00	15:05	BT 438	SZG	RIX	-----6-	15:55	19:00
STOCKHOLM Arlanda						STOCKHOLM Arlanda					
BT 101	RIX	ARN	1234567	07:45	08:00	BT 102	ARN	RIX	1234567	08:45	11:00
BT 105	RIX	ARN	12345--	12:05	12:20	BT 106	ARN	RIX	12345--	12:50	15:00
BT 105	RIX	ARN	-----67	12:25	12:40	BT 108	ARN	RIX	-----67	15:20	17:30
BT 107	RIX	ARN	12345--	14:50	15:05	BT 108	ARN	RIX	12345--	15:35	17:45
BT 109	RIX	ARN	12345-7	18:30	18:45	BT 110	ARN	RIX	12345-7	19:45	22:00
BT 109	RIX	ARN	-----6-	19:30	19:45	BT 110	ARN	RIX	-----6-	20:15	22:30
ST-PETERSBURG						ST-PETERSBURG					
BT 442	RIX	LED	123456-	07:50	10:10	BT 447	LED	RIX	123456-	06:10	06:30
BT 448	RIX	LED	-----5-7	12:20	14:40	BT 443	LED	RIX	1234567	11:00	11:20
BT 444	RIX	LED	12345-7	18:30	20:50	BT 449	LED	RIX	-----5-7	15:10	15:30
BT 444	RIX	LED	-----6-	19:40	22:00	BT 445	LED	RIX	12345-7	21:40	22:00
BT 446	RIX	LED	12345-7	23:20	01:40+1						
TALLINN						TALLINN					
BT 311	RIX	TLL	123456-	07:20	08:10	BT 362	TLL	RIX	123456-	05:50	06:40
BT 313	RIX	TLL	12345-7	12:15	13:05	BT 312	TLL	RIX	1234567	10:30	11:20
BT 315	RIX	TLL	-----6-	14:50	15:40	BT 314	TLL	RIX	12345--	13:30	14:20
BT 315	RIX	TLL	12345--	15:30	16:20	BT 314	TLL	RIX	-----7	14:20	15:10
BT 317	RIX	TLL	12345-7	18:20	19:10	BT 316	TLL	RIX	123456-	16:45	17:35
BT 317	RIX	TLL	-----6-	19:35	20:25	BT 318	TLL	RIX	12345-7	21:25	22:15
BT 361	RIX	TLL	12345-7	23:10	23:59						
TAMPERE Pirkkala						TAMPERE Pirkkala					
BT 357	RIX	TMP	1-345-7	23:15	00:35+1	BT 358	TMP	RIX	12-456-	05:35	06:40
TATRY/POPRAD						TATRY/POPRAD					
BT 485	RIX	TAT	-----6-	12:15	13:10	BT 486	TAT	RIX	-----6-	14:35	17:30
TBILISI						TBILISI					
BT 724	RIX	TBS	----5-7	23:15	04:25+1	BT 725	TBS	RIX	1---6-	05:10	06:30
TEL AVIV						TEL AVIV					
BT 771	RIX	TLV	-----6-	14:50	19:10	BT 772	TLV	RIX	-3-5-7	06:40	11:15
BT 771	RIX	TLV	-2-4---	23:30	03:50+1						
TURKU						TURKU					
BT 359	RIX	TKU	1-345-7	23:20	00:30+1	BT 360	TKU	RIX	12-456-	05:30	06:35
VERONA						VERONA					
BT 625	RIX	VRN	-----6-	12:35	14:10	BT 626	VRN	RIX	-----6-	14:50	18:25
VIENNA						VIENNA					
BT 431	RIX	VIE	1-34-6-	07:10	08:35	BT 432	VIE	RIX	1-34-6-	09:40	13:00
BT 433	RIX	VIE	12345-7	16:45	18:10	BT 434	VIE	RIX	12345-7	18:50	22:10
VILNIUS						VILNIUS					
BT 341	RIX	VNO	123456-	07:20	08:10	BT 350	VNO	RIX	123456-	05:50	06:40
BT 343	RIX	VNO	12345-7	12:15	13:05	BT 342	VNO	RIX	1234567	10:30	11:20
BT 345	RIX	VNO	-----6-	14:50	15:40	BT 344	VNO	RIX	12345--	13:30	14:20
BT 345	RIX	VNO	12345--	15:30	16:20	BT 344	VNO	RIX	-----7	14:20	15:10
BT 347	RIX	VNO	12345-7	18:20	19:10	BT 346	VNO	RIX	123456-	16:45	17:35
BT 347	RIX	VNO	-----6-	19:45	20:35	BT 348	VNO	RIX	12345-7	21:25	22:15
BT 349	RIX	VNO	12345-7	23:10	23:59						
WARSAW						WARSAW					
BT 461	RIX	WAW	123456-	07:45	08:10	BT 462	WAW	RIX	123456-	09:00	11:25
BT 467	RIX	WAW	12345-7	18:20	18:45	BT 468	WAW	RIX	12345-7	19:55	22:20
ZURICH						ZURICH					
BT 641	RIX	ZRH	1234567	12:15	13:35	BT 642	ZRH	RIX	1234567	14:15	17:30
Flights from Tallinn						Flights to Tallinn					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
AMSTERDAM						AMSTERDAM					
BT 621	TLL	AMS	-2-----	06:05	07:45	BT 622	AMS	TLL	-2-----	09:15	12:35
BT 621	TLL	AMS	1-34567	07:20	09:00	BT 622	AMS	TLL	1-34567	10:20	13:40
BERLIN Tegel						BERLIN Tegel					
BT 201	TLL	TXL	-2-4-7-	14:15	15:10	BT 202	TXL	TLL	-2-4-7-	15:40	18:30
PARIS Charles de Gaulles						PARIS Charles de Gaulles					
BT 689	TLL	CDG	1-3-5--	15:45	17:55	BT 690	CDG	TLL	1-3-5--	18:40	22:45
VIENNA / from MARCH 15						VIENNA / from MARCH 15					
BT 207	TLL	VIE	--4-7-	19:05	20:25	BT 208	VIE	TLL	--4-7-	20:55	00:20+1
VILNIUS						VILNIUS					
BT 332	TLL	VNO	1234---	08:40	10:00	BT 331	VNO	TLL	1234---	08:35	10:00
BT 336	TLL	VNO	12345--	19:40	21:00	BT 335	VNO	TLL	12345--	19:35	21:00
Flights from Vilnius						Flights to Vilnius					
Flight No	From	To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
AMSTERDAM						AMSTERDAM					
BT 609	VNO	AMS	1234567	07:40	09:20	BT 610	AMS	VNO	1234567	10:20	13:40
BERLIN Tegel						BERLIN Tegel					
BT 215	VNO	TXL	1-3-5--	20:00	20:40	BT 216	TXL	VNO	1-3-5--	21:10	23:45
BT 215	VNO	TXL	-----7	21:35	22:15	BT 216A	TXL	VNO	-----7	22:45	01:20+1
MUNICH						MUNICH					
BT 227	VNO	MUC	1-3-5--	14:35	15:45	BT 228	MUC	VNO	1-3-5--	16:20	19:20
PARIS Charles de Gaulle						PARIS Charles de Gaulle					
BT 701	VNO	CDG	-2-4-67	14:50	16:40	BT 702	CDG	VNO	-2-4-67	17:25	21:05
TALLINN						TALLINN					
BT 331	VNO	TLL	1234---	08:35	10:00	BT 332	TLL	VNO	1234---	08:40	10:00
BT 335	VNO	TLL	12345--	19:35	21:00	BT 336	TLL	VNO	12345--	19:40	21:00





● *airBaltic* direct flights

\* Seasonal flights

\*\* Charter flights in cooperation with Tez Tour

● *airBaltic* code-share partner flights

○ *airBaltic* interline partner flights

  
www.teztour.lv

airBaltic  
codeshare partners

 AEGEAN A STAR ALLIANCE MEMBER	 AEROFLOT Russian Airlines	 AIRFRANCE
	 AirSERBIA	 Alitalia
 Austrian	 AZERBAIJAN AIRLINES	 BRITISH AIRWAYS
 Belavia	 brussels airlines	 CZECH AIRLINES
 ETIHAD AIRWAYS	 Gosaviata a.s. m.s.p.	 IBERIA
 KLM	 MAY	 NEXTJET
 LOT	 TAROM	 UZBEKISTAN AIRWAYS

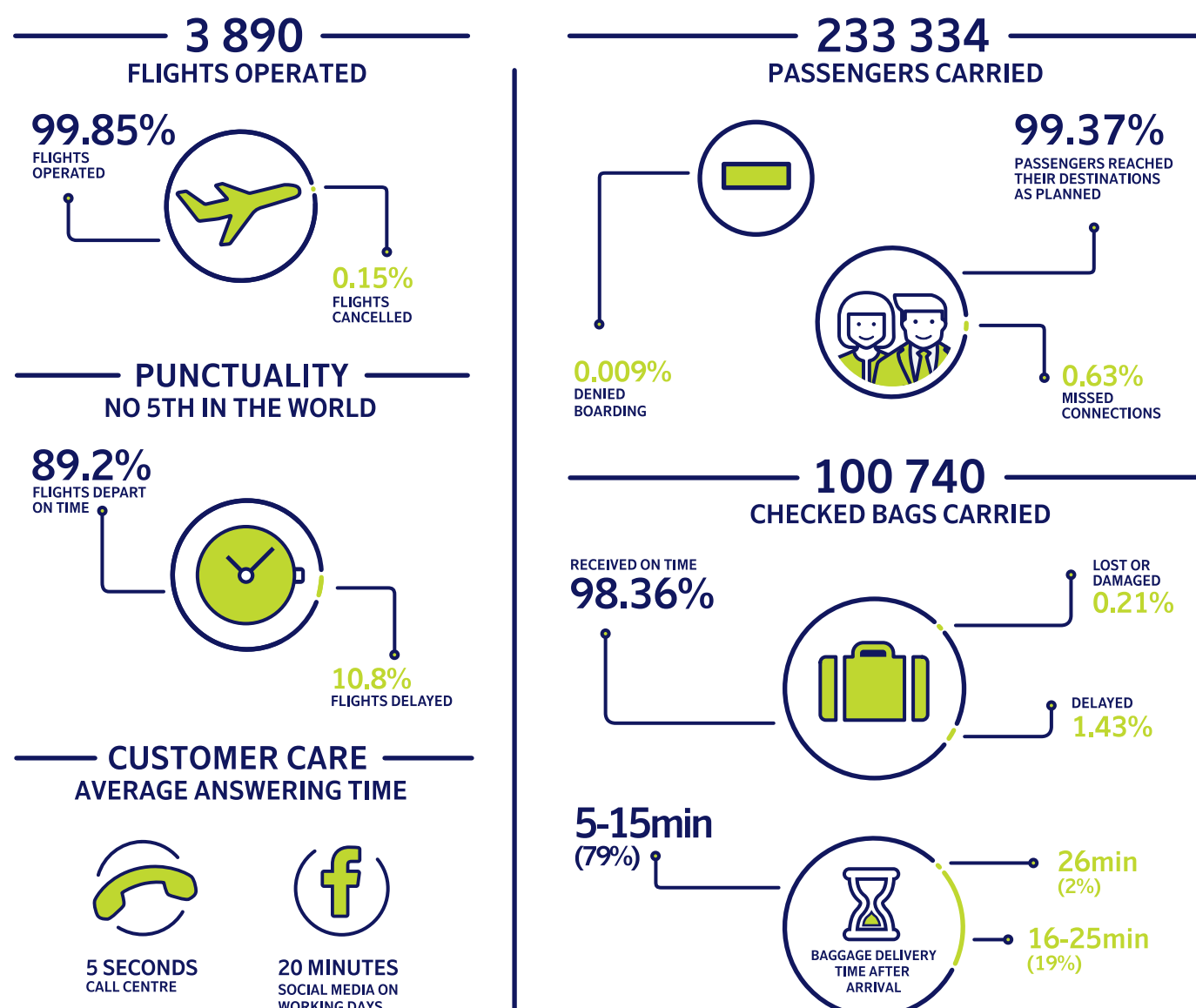
126 | AIRBALTIC.COM  
(Occupied by Morocco)

BALTIC OUTLOOK | MARCH 2018 | 127





## AIRBALTIC IN FACTS AND FIGURES JANUARY 2018



### PUNCTUALITY

NO 5TH IN THE WORLD

### CUSTOMER CARE

AVERAGE ANSWERING TIME



### Contact us!

**By phone:**  
 90001100 (from Latvia, 0.52 EUR per minute)  
 890015004 (from Lithuania 0.59 EUR per minute)  
 17107 (from Estonia, 0.51 EUR per minute)

**By post:**  
 Air Baltic Corporation / Tehnikas iela 3 / Rīga LV-1053, Latvia  
 Ask for the customer feedback form on board or in airBaltic Ticket Office in Riga International Airport

# Food & Drinks



MEALS & PLATES  
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SANDWICHES  
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SNACKS & SWEETS  
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DRINKS  
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# STABURAGS

## TASTE INSPIRED BY STABURAGS

*Brīvets savējiem*



ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS. IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL TO UNDERAGE PERSONS.

### Light & Healthy

PREPARED JUST BEFORE YOUR FLIGHT



**Roast beef salad with hard cheese, potatoes and horseradish dressing** €6

68  
Rostbifa salāti ar cieto sieru, kartupeļiem un mārrutku mērci  
Салат с ростбифом, твёрдым сыром, картофелем и соусом из хрена

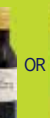
**MEAL DEAL**  
~~€12~~  
**€11**



+



OR



OR



**Chef's special piquant soup with chicken, noodles and vegetables** €4.50

64  
Šefpavāra īpašā pikantā zupa ar vistu, nūdelēm un dārzeņiem  
Особый пикантный суп шеф-повара с курицей, лапшой и овощами



**Croissant with ham, cheese and pickled cucumbers** €5

71  
Kruasāns ar cūkgaļas šķiņķi, sieru un marinētiem gurķiem  
Круасан с ветчиной, сыром и маринованными огурцами



**MEAL DEAL**  
~~€9.50~~  
**€8**



+



Salad and soup available on flights above 1h 30min  
Salāti un zupa ir pieejami lidojumos virs 1h 30min  
Салат и суп доступны на полетах свыше 1ч 30мин



**Sweet & sour chicken with rice****€8**

65

Vista ar dārzeņiem saldskābā mērcē ar risiem  
Курица с овощами в кисло-сладком соусе с рисом



MEAL DEAL  
€13.50  
**€10**

**Lasagne Bolognese in a herby tomato sauce with minced meat and Bechamel sauce****€8**

66

Lazanja ar Boloņas mērci – malta liellopa gaļa tomātu mērcē, pārlieta ar Bešamel mērci

Лазанья Болоньезе в соусе из томатов с молотой говядиной и соусом Бешамель

**Hot and tasty chicken and cheese panini****€6**

69

Karsta un garšīga vistas un siera karstmaize  
Вкусный горячий панини с курицей и сыром

**Batchelors Cup of chicken soup****€3**

79

Vistas zupa  
Куриный суп



Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiel stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
Спрашивайте бортпроводников о составе продуктов и какие аллергены они содержат.

**Tapas: olives, breadsticks, cheese, ham and mini fuet sausages****€7**

80

Tapas: olīvas, maizes standziņas, siers, šķiņķis un mini fuet desiņas

Тапас: оливки, хлебные палочки, сыр, ветчина и колбаски фуэт мини



MEAL DEAL  
€12  
**€11**

**Snack platter of hard and soft cheese with olives****€6**

72

Uzkodu plate ar cietajiem, mīkstajiem sieriem un olīvām

Плата закусок: твердые и мягкие сыры, оливки

**Scandinavian style salmon sandwich****€6**

70

Laša sviestmaize skandināvu gaumē

Сэндвич с лососем по-скандинавски







**SPECIAL DEAL**  
~~€8.50~~  
**€8**

OR

OR

+

ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS. IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL TO UNDERAGE PERSONS.



**Pringles**  
**Original or Sour Cream & Onion**  
**potato chips, 40 g** **€2.50**

49 / 50

Kartupeļu čipsi – oriģinālie vai ar krējuma un sīpolu garšu  
 Картофельные чипсы – оригинальные или со вкусом сметаны и лука



**Sun Valley**  
**finest quality salted peanuts, 50 g** **€2.50**

51

Sāļiti zemesrieksti  
 Солёный арахис



**Oloves**  
**natural green pitted olives**  
**with basil and garlic, 30 g** **€2.50**

75

Olīvas ar baziliku un ķiplokiem  
 Оливки с базиликом и чесноком



**Noo Cipeškungs**  
**Parmesan Snack cigar sausages, 85 g** **€3**

62

Cigārsaiņas ar Parmas sieru  
 Колбаски с сыром пармезан






Meals freshly made before your flight!

**Pre-order at airBalticMeal**





**MEAL DEAL**  
~~€6~~  
**€5**

 OR  +  OR  OR 



**Herkules**  
 oatmeal porridge with sweet cream,  
 raspberries and blackberries, 15 cl **€3**

58  
 Auzu biezputra ar saldo krējumu, avenēm un kazenēm  
 Овсяная каша со сливками, малиной и ежевикой



**The Beginnings**  
 Black Currant cookies, 80 g **€3.50**

23  
 Урепу серуми  
 Печенье из чёрной смородины



Taste from Latvia 



**Ferrero Rocher**  
 Hazelnuts covered  
 in milk chocolate, 37.5 g **€3**

59  
 Piena šokolādes konfektes ar lazdu riekstiem  
 Конфеты из молочного шоколада с лесными орехами



**Twix 'Xtra**  
 chocolate bar **€2.50**

57  
 Šokolādes batoniņš  
 Шоколадный батончик

**Mantinga**  
 milk chocolate drop muffin **€3**

78  
 Kēkss ar piena šokolādes gabaliņiem  
 Кекс с кусочками молочного шоколада



Be among the first served!

**Pre-order at airBalticMeal**





**BalticWater**  
natural mineral water,  
lightly mineralised, 33 CL €2.50

28 / 27  
Produced exclusively for airBaltic by Venden, comes from Gauja National Park in Latvia.  
Still / Sparkling  
Dabīgais minerālūdens ar zemu mineralizācijas pakāpi. To ipaši airBaltic lidojumiem ražo Venden no Gaujas nacionālajā parkā iegūta ūdens.  
Negāzēts / Gāzēts  
Натуральная минеральная вода с низкой степенью минерализации. Эксклюзивное производство Venden для airBaltic, добывается в Национальном парке "Гауя" в Латвии. Вода без газа / С газом



**Coca-Cola / Coca-Cola Zero**, 33 CL €3

20 / 22



**Schweppes**, 33 CL €3

29



**Coffee or tea-Black / Green / Mint** €3  
33 / 31 / 32 / 34  
Kafija vai tēja – melnā / zaļā / piparmētru  
Кофе или чай – чёрный / зеленый / мятный



**Vinnis honey**, 20 G €0.50  
73  
Medus  
Мед

**Cappuccino or hot chocolate** €3  
36 / 30  
Капучино vai karstā šokolāde  
Капучино или горячий шоколад



**Tymbark juice**, 30 CL  
**Apple / Tomato / Orange** €3  
24 / 25 / 26  
Sula – ābolu / tomātu / apelsīnu  
Сок – яблочный / томатный / апельсиновый

Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiēt stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
Спрашивайте бортпроводников о составе продуктов и какие аллергены они содержат.



**Bottega Gold Prosecco Brut (Italy)**, 20 CL, 11% €6  
9  
Dzirkstošais vīns (Itālija)  
Игристое вино (Италия)

**Moët & Chandon champagne (France)**, 20 CL, 12% €21  
11  
Šampanietis (Francija)  
Шампанское (Франция)



**D'Éolie Reserve Sauvignon white wine (France)**, 18.7 CL, 12% €6  
12  
Baltvīns (Francija) / Белое вино (Франция)

**D'Éolie Reserve Cabernet Sauvignon red wine (France)**, 18.7 CL, 12.5% €6  
13  
Sarkanvīns (Francija) / Красное вино (Франция)



**Riga Black Balsam**, 4 CL, 45% or **Riga Black Balsam Currant**, 4 CL, 30% €6  
14 / 8  
Traditional Latvian herbal bitter  
Rīgas Melnais Balzams vai Rīgas Melnais Balzams upeņu  
Рижский Чёрный Бальзам или Рижский Чёрный Бальзам смородиновый



**Johnnie Walker whisky**, 5 CL, 40%  
**Stolichnaya® Premium vodka**, 5 CL, 40%  
**Bombay Sapphire dry gin**, 5 CL, 40%  
**Camus cognac**, 3 CL, 40% €6  
17 / 15 / 7 / 18  
Viskijs / Виски  
Degvīns / Водка  
Džins / Джин  
Konjaks / Коньяк



SPECIAL DEAL  
€8

## Whisky &amp; Cola

Viskijs &amp; Cola / Виски &amp; Кола

Staburags Kriek  
33 CL, 5.0%

€5

A traditional cherry lager beer made of highest quality ingredients.

Pēc tradicionālām latviešu receptēm darīts ķiršu lāgera tipa alus.

Светлое вишневое пиво, созданное по традиционным латвийским рецептам.

Taste from Latvia

Staburags Gaišais  
50 CL, 5.4%

€6

Lager beer brewed according to traditional Latvian recipes and made of highest quality ingredients.

Pēc tradicionālām latviešu receptēm darīts gaišais alus, kas tapis izmantojot augstākā labuma sastāvdaļas.

Светлое пиво созданное по традиционным латвийским рецептам, используя ингредиенты высочайшего качества.

Taste from Latvia



Ask the cabin crew about the ingredients of a given product or what allergens it contains.  
Jautājiel stjuartiem par produktu sastāvu un tajos esošajiem alergēniem.  
Спрашивайте бортпроводников о составе продуктов и какие аллергены они содержат.

Shopping & Gifts  
Spring55 NEW  
PRODUCTS ON BOARD!

1. M2 BEAUTÉ Eyelash Activating Serum, page 162 • 2. MICHAEL KORS Sexy Amber EDP, page 156 • 3. BUCKLEY LONDON Russian Sparkle pendant, bangle & earrings set, page 153 • 4. XTORM Powerbank Air 6000, grey, page 170 • 5. BUDDYPHONES InFlight Green, page 172 • 6. SOUTH LANE Avant surface black watch, page 140

SAVINGS UP TO  
65%WATCHES  
PAGE 140JEWELLERY  
PAGE 150FRAGRANCES  
PAGE 154BEAUTY  
PAGE 158ACCESSORIES  
PAGE 165GADGETS  
PAGE 169FOR KIDS  
PAGE 172SOUVENIRS  
PAGE 174





SOUTH LANE

**90. AVANT SURFACE WATCH.** This Swiss made unisex watch features a matte black case, high quality Italian leather strap and a precise Swiss movement. The hand scratched dial means no style is the same, and your handcrafted watch is truly unique. Minimal Swedish design and avant-garde details create a truly unique Scandinavian inspired watch.

Unikāls unisex Šveicē izgatavots pulkstenis ar melnu matētu korpusu, augstas kvalitātes itāļu ādas aproci un precīzu Šveices pulksteņmehānismu. Katrai pulksteņa ciparnīcai ir individuāls roku darba neatkārtojams dizains, kas padara jūsu pulksteni patiesi unikālu. Minimālisma stilā ietvērts zviedru dizains ar avangardiskiem dizaina elementiem.

Уникальные Швейцарские часы AVANT Surface с черным матовым корпусом, ремешком из итальянской кожи и швейцарским механизмом. Циферблат часов обработан вручную, что делает каждые часы уникальными. Минималистичный шведский дизайн с авангардными деталями – настоящий скандинавский стиль.

€199

€300  
CITY PRICE

SAVING  
-34%

DIAL SIZE  
38 MM

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
5 ATM

MOVEMENT  
SWISS QUARTZ

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
26 CM



AVIATOR — TRAVEL RETAIL EXCLUSIVE

**97. SMART PILOT WATCH.** Mixing modern technology with classic styling. The watch has a 3-hand analogue movement and rotating world-time bezel. The technology allows the watch to communicate with your smartphone and via the in dial LED screen. Incoming Call Alert, Caller ID, Missed Calls, SMS, Email, Social Media, Calendar Events, Lost Phone Alert, Pedometer, Calorie Counter, Sleep Monitor. Android and iOS Compatible.

Mūsdienu tehnoloģijas apvienotas ar klasisku stilu. Pulkstenim ir analogs mehānisms ar trīs rādītājiem un rotējošu ietvaru ar laika joslām. Pulkstenis ir savietojams ar jūsu viedtālruni. Ciparnīcas vidū ir LED ekrāns, kas attēlo ienākošos zvanus, zvanītāja ID, neatbildētos zvanus, SMS, ļauj piekļūt e-pastam, sociālajiem medijiem, kalendāram. Tam arī ir tālruņa meklēšanas, pedometra, kaloriju uzskaites, miega novērošanas funkcijas. Savietojamība: Android un iOS.

3-ступенчатый аналоговый механизм и вращающийся безель для индикации мирового времени. Bluetooth для синхронизации со смартфоном. Оповещение о входящем вызове, идентификатор вызывающего абонента, пропущенные вызовы, SMS, электронная почта, социальные медиа и многое другое. Совместимы с Android и iOS.

€199

DIAL SIZE  
46 MM

FEATURES  
CHRONOGRAPH

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
5 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
22.5 CM



AVIATOR — TRAVEL RETAIL EXCLUSIVE

**119. GENTS CHRONOGRAPH PILOT WATCH.** Satin black dial with rotating inner world-time bezel to enable reading of the local time in 24 major world cities. Three-step chronograph sub dials. Luminous hands and hour indices.

Melna satīna ciparnīca, rotējošs ietvars ar laika joslām - 24 lielākās pilsētas dažādās pasaules valstīs. Trīspakāpju hronogrāfs. Luminiscējoši rādītāji un stundu iedaļas.

Черный циферблат с вращающимся безелем для индикации времени в 24 крупных городах мира. Трехступенчатый хронограф. Люминесцентные минутная и часовая стрелки.

€150

DIAL SIZE  
45 MM

FEATURES  
CHRONOGRAPH

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
10 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
22.5 CM





EDWARD EAST — TRAVEL RETAIL EXCLUSIVE

**186. AUTOMATIC WATCH.** Classical automatic timepiece, inspired by Edward East - watch and clock maker to King Charles II. Elegant watch with high-quality automatic movement.

Klasisks laikrādis ar automātisko uzvilkšanu, kas radīts, smēloties iedvesmu no karaļa Čārlza Otrā pulksteņmeistara Edvarda Īsta. Elegants rokaspulstenis ar augstas kvalitātes automātisko uzvilkšanu.

Классические автоматические часы, на создание которых вдохновила работа Эдварда Иста – мастера часового ремесла при короле Чарльзе Втором. Элегантные высококачественные часы с автоматическим механизмом.

€199

DIAL SIZE  
42 MM

CASE MATERIAL  
STEEL

WATER RESISTANCE  
5 ATM

MOVEMENT  
AUTOMATIC

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
25.5 CM



WEATHER MASTER — TRAVEL RETAIL EXCLUSIVE

**164. ANALOG-DIGITAL WATCH.** The new ANA-DIGI watch comes with an analog and 2 line digital LCD display and provides crucial functions for both outdoor explorers as well as international travellers. Dual time display, weather forecast, altimeter, compass function and more... All in one watch. With a flexible strap.

Jaunajam ANA-DIGI pulkstenim ir analoga un divjoslu digitāla LCD ciparnīca, kas nodrošina visas pamatfunkcijas aktīvās atpūtas cienītājiem un ceļotājiem. Divkārsa ciparnīca, laika ziņas, altimetrs, kompass un daudzas citas funkcijas... Visas vienā pulkstenī. Pulkstenim ir regulējama aprobe.

Новые часы Weather Master ANA-DIGI оснащены аналоговым и 2-строчным цифровым ЖК-дисплеем и обеспечивают важные функции как для любителей отдыха на природе, так и для путешественников. Двойной дисплей времени, прогноз погоды, альтиметр, функция компаса и многое другое... Все в одних часах.

€129

DIAL SIZE  
49 MM

CASE MATERIAL  
ABS-PLASTIC

WATER RESISTANCE  
3 ATM

MOVEMENT  
QUARTZ + ANALOG

STRAP MATERIAL  
SILICON

STRAP LENGTH  
26 CM



BERING

**124. GENTS WATCH.** Classic ultra-slim men's watch with grey coloured shiny polished stainless steel case and elegantly plain, grey dial with luminous shiny hands and orange-coloured second hand. Scratch-resistant, crystal clear sapphire glass and elegant grey Milanese strap.

Klasisks, ārkārtīgi plāns vīriešu pulkstenis ar pelēku, pulētu nerūsējoša tērauda korpusu un eleganti vienkāršu pelēku ciparnīcu ar luminiscējošiem rādītājiem un oranžu sekunžu rādītāju. Kristāldzidrs, pret skrāpējumiem drošs safīra stikls un eleganta Milānas aprobe.

Классические сверхтонкие мужские часы с блестящим, полированным корпусом из нержавеющей стали и элегантным, стального цвета, циферблатом с люминесцентными минутными стрелками и оранжевой секундной стрелкой. Устойчивое к царапинам сапфировое стекло и элегантный серый миланский браслет.

€119

€139  
CITY PRICE

SAVING  
-15%

DIAL SIZE  
38 MM

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
3 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
STAINLESS STEEL

STRAP LENGTH  
21.5 CM





**DANIEL WELLINGTON**

**92. CLASSIC PETITE ASHFIELD, LADIES WATCH.** Enter the new season in timeless fashion with Classic Petite Ashfield. This ultra-thin watch rests delicately on the arm and features a matte black mesh strap and a sophisticated black dial.

Classic Petite Ashfield klasiskais sieviešu pulkstenis ir vienkāršā modē. Plānais pulksteņa korpus ir ērti pieguļ rokai, pulkstenim ir matēta melna aproce un stilīga, melna ciparnīca.

В новый сезон с беспримысливыми классическими часами от Daniel Wellington. Эти ультратонкие часы отлично ложатся на запястье. Матовый черный сетчатый браслет и стильный черный циферблат.

€135

€159  
CITY PRICE

SAVING  
-15%

DIAL SIZE  
32 MM

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
3 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
STAINLESS STEEL

STRAP LENGTH  
15-20.5 CM

DANIEL WELLINGTON



**DANIEL WELLINGTON**

**184. CLASSIC BLACK DURHAM, GENTS WATCH.** With a luxurious black dial, minimalistic case and elegant light brown leather strap, made from American leather, this watch model is a stunning addition to the flagship Classic collection. The ultra-thin (6 mm) watch is suitable for every occasion.

Greznā melnās krāsas ciparnīca, minimālisma stilā ieturēts korpus un eleganta, gaiši brūna ādas siksnīņa no Amerikas - šis pulksteņa modelis ir lielisks jaunums Classic kolekcijā. Pulkstenim ir īpaši plāns (6 mm) korpus.

Часы с роскошным черным циферблатом, минималистичным корпусом и элегантным светло-коричневым кожаным ремешком, выполненным из кожи, произведенной в Америке, являются потрясающим дополнением к флагманской коллекции Classic. Ультратонкие (6 мм) часы подходят для любого случая.

€144

€169  
CITY PRICE

SAVING  
-15%

DIAL SIZE  
36 MM

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
3 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
16.5-21.5 CM

COLOR  
YOUR  
LIFE!

CHANGING COLOR DISCS

12:00

15:40

20:00

every day has 1440 minutes  
moving color discs change every minute  
one watch, one day, 1440 LOOKS

**RAINBOW** — TRAVEL RETAIL EXCLUSIVE —

**95. COLORS OF HAPPINESS, UNISEX WATCH.** Design Made in Germany. Rainbow e-motion of Colors – the innovative transformation of time into an interaction of colors and shapes. Transparent discs continuously create new color segments which precisely show the time.

Inovātais dizains no Vācijas. Varavīksnes krāsu e-mocijas atjaunoti pārveido laiku krāsu un formu saspēlē. Caurspīdīgi diski nepārtraukti veido jaunus krāsu segmentus, kas rāda precīzu laiku.

Немецкий инновационный дизайн! Теперь время выражается в цвете и форме. Специальные диски постоянно передвигаются и каждую минуту создают новые удивительные цветовые сегменты, четко обозначая время.

€149

DIAL SIZE  
38 MM

CASE MATERIAL  
STAINLESS STEEL

WATER RESISTANCE  
3 ATM

MOVEMENT  
QUARTZ

STRAP MATERIAL  
LEATHER

STRAP LENGTH  
21.5 CM



TED BAKER — TRAVEL RETAIL EXCLUSIVE

85. LADIES WATCH WITH INTERCHANGEABLE STRAP. The Mother of Pearl dial is decorated with the signature Ted Baker Bow pattern and sits in a polished rose gold-plated case. Choose between a mesh bracelet or a black leather interchangeable strap to match your outfit.

Sieviešu pulkstenis ar nomaināmu siksnīgu. Balto perlamutra ciparnīcu rotā Ted Baker zīmola raksturīgais raksts, pulkstenim ir pulēts korpuss ar rozā zelta pārklājumu. Pulkstenis pieejams ar divām aprocēm, lai labāk iederētos jūsu stilā.

Женские часы Ted Baker со сменным ремешком. Перламутровый циферблат украшен фирменным узором-бантом Ted Baker. Полированный корпус с напылением из розового золота. Выберите между сетчатым браслетом или черным кожаным ремешком в соответствии с вашим нарядом.

€160

- 

DIAL SIZE  
34 MM
- 

CASE MATERIAL  
METAL
- 

WATER RESISTANCE  
3 ATM
- 

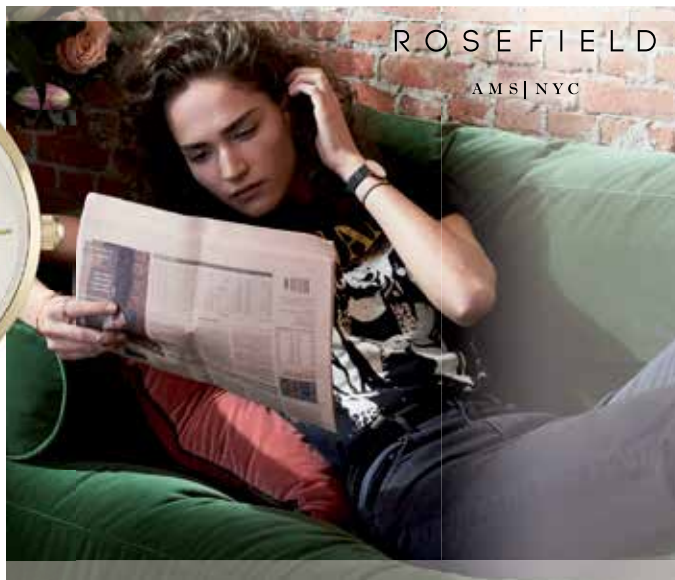
MOVEMENT  
JAPANESE
- 

STRAP MATERIAL  
LEATHER &  
STAINLESS STEEL
- 

STRAP LENGTH  
23.2 CM



ROSEFIELD  
AMS | NYC



ROSEFIELD

87. WATCH AND BRACELET SET. The watch features an elegant gold case, matching perfectly with the luxurious black leather band. Mix and match your watch with the handcrafted bracelet for the ultimate chic look. A beautiful gift box from Rosefield.

Pulksteņa un aproces komplekts. Pulkstenim ir elegants zelta krāsas korpuss, kam lieliski pietāv augstas kvalitātes melna ādas siksnīga. Pulkstenis pieejams komplektā ar pievilcīgu aproci. Pulkstenis un aproce iepakoti skaistā dāvanu kastītē.

Часы с элегантным корпусом золотого цвета, который идеально смотрится с высококачественным чёрным кожаным ремешком, в сочетании со стильным браслетом. Набор предлагается в привлекательной подарочной упаковке.

€109

€138  
CITY PRICE

SAVING  
-21%

- 

DIAL SIZE  
33 MM
- 

CASE MATERIAL  
BRASS
- 

WATER RESISTANCE  
3 ATM
- 

MOVEMENT  
MIYOTA QUARTZ
- 

STRAP MATERIAL  
NUBUCK LEATHER
- 

STRAP LENGTH  
16 CM



CHOCOMOON — TRAVEL RETAIL EXCLUSIVE

121. GEOMETRIC LADIES WATCH, VINTAGE STYLE. Sweet and mysterious – this is what ChocoMoon is about. Combination of fashionable geometric design and vintage colours makes this stylish watch a unique timepiece.

Sieviešu pulkstenis, noslēpumains un neatvairāms. Patiesi unikāls pulkstenis, kura ciparnīcu rotā moderna ģeometrisku figūru kombinācija ar klasiskām krāsām.

Женские часы, в которых скрыта загадка и тайна – вот что такое ChocoMoon. Сочетание модного дизайна “Geometric” и винтажных оттенков создают уникальный стиль часов ChocoMoon.

€49

- 

DIAL SIZE  
36 MM
- 

FEATURES  
FLEXIBLE STRAP
- 

CASE MATERIAL  
METAL
- 

WATER RESISTANCE  
3 ATM
- 

MOVEMENT  
QUARTZ
- 

STRAP MATERIAL  
METAL
- 

STRAP LENGTH  
FLEXIBLE



極度乾燥(しなさい)  
Superdry®  
Watches

SUPERDRY

151. URBAN WATCH, UNISEX. This simple yet classic design with a twist, features distinctive colour-pop designs, for this season. Set on a 38 mm navy blue plastic casing and soft silicone branded strap with lime green detailing. The eye-catching dial incorporates bold numbers and chunky arrow shaped hands.

Vienkāršs un klasisks urbānā stila pulkstenis neierastās “colour-pop” dizaina krāsās. Pulkstenim ir tumši zils plastmasas korpuss un mīksta silikona aproce, savukārt ciparnīca ir koši zaļā krāsā, ar lieliem cipariem un pamatīgiem bultveida rādītājiem.

Этот простой, но классический урбанистический стиль часов с цветовыми контрастами создает выразительный дизайн в стиле “color-pop”. Корпус из темно-синего пластика и мягкий темно-синий силиконовый ремешок с ярко-зелеными вставками. Броский ярко-зеленый циферблат с крупными цифрами и стрелками.

€35

- 

DIAL SIZE  
38 MM
- 

FEATURES  
3 HAND MOVEMENT
- 

CASE MATERIAL  
PLASTIC
- 

WATER RESISTANCE  
3 ATM
- 

MOVEMENT  
QUARTZ
- 

STRAP MATERIAL  
SILICONE
- 

STRAP LENGTH  
25 CM





TEMPTATION — TRAVEL RETAIL EXCLUSIVE

**122. JEWELLERY WATCH.** Stylish watch and a luxurious bracelet in one. Little white artificial pearls and a beautiful heart charm, set with sparkling crystals, compliment an elegant look on your wrist. Case and bracelet strands are exquisitely gold-plated.

Stilīgs sieviešu rokaspulkstenis ar izsmalcinātu aproci. Aproces mazās mākslīgās pērlītes ar skaistu piekariņu sirds formā, kuru rotā mirdzoši kristāli, izskatīsies lieliski uz jūsu rokas. Pulksteņa korpus un aproce ir apzeltīti.

Часы от марки Temptation – это стильные часы и роскошный браслет в одном. Эти часы с маленькими жемчужинами на браслете и подвеской в виде сердца, усыпанной сияющими кристаллами, станут настоящим украшением на вашей руке. Корпус часов и браслеты покрыты напылением из золота.

€99

DIAL SIZE  
32 MM

CASE MATERIAL  
METAL, STAINLESS STEEL

TEMPTATION — TRAVEL RETAIL EXCLUSIVE

**137. TENDER FEELINGS.** Classic elegant gold-plated Ladies watch with feminine high-quality mock leather strap. Shiny Mother of pearl dial surrounded by romantic combination of silver and gold colored crystals. Strap adjustable with pin buckle.

Klasisks, elegants sieviešu pulkstenis ar apzeltītu korpusu un sievišķīgu, augstas kvalitātes aproci, kas izgatavota no mākslīgās ādas. Balta perlamutra ciparnīca, ko ietver romantiska sudraba un zelta krāsas kristālu kombinācija. Regulējama siksnīņa ar sprādzi.

Классические, элегантные позолоченные часы. Нежный тон ремешка из высококачественной искусственной кожи гармонично сочетается с переливающимися перламутровым циферблатом и кристаллами серебристого и золотистого оттенков. Размер браслета регулируется застёжкой.

€49

DIAL SIZE  
35 MM

CASE MATERIAL  
STAINLESS STEEL

TEMPTATION — TRAVEL RETAIL EXCLUSIVE

**129. FLOWER WATCH.** Wearing this romantic and feminine watch with a beautiful flower print will always remind you of Spring.

Romantisks, sievišķīgs rokaspulkstenis ar pievilcīgu ziedu rakstu jums vienmēr atgādinās par pavasari.

Эти романтические и женственные часы с нежным цветочным принтом всегда будут напоминать вам о весне.

€59

DIAL SIZE  
40 MM

CASE MATERIAL  
ABS-PLASTIC

TEMPTATION — TRAVEL RETAIL EXCLUSIVE

**139. WATCH AND BANGLE SET.** Complete your outfit with this iconic watch and bangle set in the warmest of colors. Perfect accessories for any evening out. Decorated with grained mock leather - this watch is feminine, trendy and stylish. Complimented by a matching hinged bangle.

Komplekts sastāv no siltos toņos ieturēta rokaspulksteņa un aproces. Lielisks aksesuārs jebkuram vakaram. Pulksteņa siksnīņu un aproci rotā mākslīgā āda. Sievišķīgs un stilīgs aksesuāru komplekts.

Часы и браслет марки Temptation, выполненные в теплых тонах. Это идеальные аксессуары для любого вечера. Украшенные отделкой из искусственной кожи, покрытые позолотой - эти модные часы подчёркивают женственность и утончённый вкус. В наборе сочетающийся браслет.

€89

DIAL SIZE  
22 MM

CASE MATERIAL  
STAINLESS STEEL



Lunavit®  
PREMIUM ENERGY PRODUCTS

Premium Energy Bracelets  
Designed in Germany

Nexus Energy Bracelet

Bracelet contains one strong 2000 Gauss Neodym Magnet and one 99.99 pure Ge32 Germanium Stone on the inside of the buckle facet to your skin.



[www.lunavit.com](http://www.lunavit.com)

**LUNAVIT**

**74. MAGNETIC-GERMANIUM LEATHER BRACELET “NEXUS”.** The brand new braided smooth leather bracelet combines harmonic design and coolness in once. There is one strong 0,2 Tesla therapy magnet and one 99,99% pure Ge32 Germanium Stone built in the stainless-steel buckle. The Traditional Chinese Medicine (TCM) uses magnetic fields since more than 2000 years.

Pītās ādas aprocēs dizains ir harmonisks un atturīgs. Aprocē iebūvēts terapeitiskais magnēts (0,2 T) un 99,99% ģermānija (Ge32) akmens, kas atrodas nerūsējoša tērauda aizdarē. Tradicionālajā ķīniešu medicīnā magnētiskos laukus izmanto jau vairāk nekā 2000 gadus.

Браслет Lunavit Nexus, выполненный из плетеной гладкой кожи, сочетает в себе стильный дизайн и улучшает самочувствие за счет терапевтического магнита (0,2 Тл.) и 99,99% камня Германий (Ge32), вставленных в застежку из нержавеющей стали. Традиционная китайская медицина использует магнитные поля уже более чем 2000 лет.

€99

€119  
CITY PRICE

SAVING  
-17%







CLOGAU

TRAVEL RETAIL EXCLUSIVE

CLOGAU

TRAVEL RETAIL EXCLUSIVE

**76. KENSINGTON LOCK PENDANT.**  
Size: pendant 1.8 x 1.9 cm, chain 40.5 – 45.5 cm.  
Izmēri: kulons 1,8 x 1,9 cm, ķēdītē 40,5 – 45,5 cm.  
Размеры: кулон 1,8 x 1,9 см, цепочка 40,5 - 45,5 см.

**77. KENSINGTON LOCK BRACELET.**  
Size: motif 1.2 x 1.3 cm, bracelet 16.5 – 19 cm.  
Izmēri: piekariņš 1,2 x 1,3 cm, rokassprādzē 16,5 – 19 cm.  
Размеры: подвеска 1,2 x 1,3 см, браслет 16,5 - 19 см.

Beautiful combing the filigree design, exquisite sterling silver and 9 carat rose gold jewelry inspired by the magnificent Kensington Palace gates. Contains rare Welsh gold – as favored by some members of the British Royal Family for over 100 years.

Elegantā sudraba un 9 karātu rozā zelta kulona izgatavotājus iedvesmojuši majestātiskās majestātiskās Kensingtonas pils vārti. Kulons satur reto velsiešu zeltu, kuru vairāk nekā 100 gadu garumā bija iecienījuši vairāki Britu karaliskās ģimenes locekļi.

Элегантные украшения, вдохновленные великолепными воротами Кенсингтонского дворца, содержат редкое валлийское золото - в течение более 100 лет ему отдают предпочтение некоторые члены британской королевской семьи.

€99

€99



Misaki  
MONACO

SET TEASE BLACK  
Handmade glass pearls - Rhodium-plated



**MISAKI**

**98. SET TEASE BLACK PENDANT + EARRINGS.** Embrace elegance and charm with this exclusive set. A silky black 8 mm handmade pearl is finely nestled on a dual ring adorned with sparkling crystals. Comes with matching 8 mm handmade earrings.

Ekskluzīvais komplekts sastāv no auskariem un kulona ar rodiņa pārklājumu, kam piemīt izteikta elegances un šarms. Roku darināta 8 mm zīdaini melna pērle ievietota divu gredzenu iekšpusē, gredzenus rotā dzirkstoši kristāli. Auskari - 8 mm melnas pērles.

Этот элегантный набор состоит из подвески с родиевым покрытием и серьгами. Черная блестящая жемчужина ручной работы размером 8 мм аккуратно размещена на двух кольцах, украшенных сверкающими кристаллами. Жемчужные серьги диаметром 8 мм завершают образ.

€89

€111  
CITY PRICE

SAVING  
-20%



TEMPTATION

TRAVEL RETAIL EXCLUSIVE

**93. SPARKLING LOVE BRACELET.** Make a statement. Beautiful combination of pink-colored quartz stones and sparkling crystals make this bracelet a beloved item and a compliment to your charming look. Suitable for any occasion. Perfect accessory for going out. Bracelet width: 4 cm. Flexible size.

Aproce darināta no brīnišķīgiem rozā kvarcakmeņiem ar dzirkstošiem kristāliem - lieliska izvēle, lai pasvītrotu jūsu skaistumu. Piemēram jebkuram apģērbam un situācijai. Aprocēs platums: 4 cm. Der visiem izmēriem.

Превосходное сочетание розового кварца и сверкающих кристаллов придает браслету выразительный, чарующий образ. Идеальное украшение для выхода в свет. Подходит к запытью любого размера, ширина 4 см.

€69





ORQUIDEA — TRAVEL RETAIL EXCLUSIVE

**100. IONA PEARL BRACELET.** Bracelet that will always be the right accessory to wear. Stunning Black & White first quality organic Majorcan Pearls in 10 and 14 mm, magnetic Hematite Stones and Sterling Silver beads on a rubber bracelet. A genuine, handcrafted bracelet from traditional Pearl factory on the island of Majorca. Fits to all sizes.

Skaista rokassprādze, kas piestāv visiem stiliem. Brīnišķīgas melnas un baltas 10 un 14 mm lielas Majorkas pērles, hematīta akmeņi un sudraba krellītes, kas iestiprinātas kaučuka arocē. Ists roku darbs no Majorkas pērļu fabrikas. Der visiem izmēriem.

Этот браслет станет отличным дополнением к любому образу. Высококачественный органический жемчуг черного и белого цветов с острова Майорка высшего сорта (10 и 14 мм), серебро и гематиты. Каучуковая нить-основа. Универсальный размер.

€39



ORQUIDEA

**101. DUO EARRINGS SET 6 IN 1.** Sterling Silver Earrings with 7 and 12 mm first quality organic Majorcan Pearls in Black & White; the smaller one on the front and the bigger one on the backside of the earlobe (reversible). The smaller ones can also be worn as Classic Stud Earrings.

Sudraba auskari ar augstas kvalitātes organiskām Majorkas pērļēm melnā un baltā krāsā. Mazākā, 7 mm pērle, nēsājama līpiņas ārpusē, bet lielākā, 12 mm pērle, iekšpusē - vai otrādi. Mazākās pērles var valkāt arī kā klasiskos nagliņauskarus.

Серебряные серьги с белым и черным органическим жемчугом с острова Майорка, высшего сорта (7 и 12 мм). Маленькая жемчужина расположена спереди, а большая - сзади мочки уха - можно носить в 2 вариантах. Кроме того, более мелкие жемчужины можно носить как классические серьги.

€49

€65  
CITY PRICE  
SAVING  
-25%

BUCKLEY LONDON — TRAVEL RETAIL EXCLUSIVE

**131. RUSSIAN SPARKLE PENDANT, BANGLE & EARRINGS SET.** Combines classic gold plating with a modern touch of cool rhodium and feminine rose gold, with sparkling white crystals.

Komplektā ietilpst kulons, rokassprādze un auskari. Klasisks apzeltījums ar atturīgā rodija un sievišķīgā rozā zelta toniēm. Rotāti ar dzirkstošiem baltiem kristāliem.

В наборе кулон, браслет и серьги. Дизайн сочетает классическое золотое напыление с современным оттенком прохладного родия и нежного розового золота, с мерцающими кристаллами.

€105



BUCKLEY LONDON — TRAVEL RETAIL EXCLUSIVE

**84. COMPASS NECKLACE AND BRACELET SET IN ROSE GOLD.** The rotating disc pendant engraved with a beautiful compass design with a sparkling crystal stone. Flip over the disc to reveal a stunning star landscape with tiny crystals. With matching friendship bracelet.

Rotējošs diskveida piekariņš ar iegravētu kompasa attēlu, kas rotāts ar dzirkstošu kristālu. Piekariņa otru pusi rotā vairākas zvaigznes ar maziem kristāliem. Komplektā ietilpst tāda paša stila arocē.

Двусторонняя подвеска с выгравированным компасом и сверкающим кристаллом. На обратной стороне - звездный орнамент с кристаллами. В наборе браслет дружбы.

€35

BUCKLEY  
LONDON  
buckleylondon.com



BUCKLEY LONDON — TRAVEL RETAIL EXCLUSIVE

**91. COVENT GARDEN.** Mirroring the colourful landscape of London's Covent Garden, the perfect summer addition bracelets. 3 semi-precious shades, adorned with a delicate round charm and matching tassel. Mix and match and stack together to create your own unique style.

Aproces, kas veidotas Londonas košās Koventgardenas stilā, lielisks papildinājums vasaras sezonai. Aproces ir trīs dažādās nokrāsās, tās rotā nelieli, apaļi amuleti un bārkstis. Pieskaņojiet vai sakopojiet vairākas aproces kopā, lai radītu savu unikālo stilu.

Повторяя красочный ландшафт лондонского Ковент-Гарден, это - идеальные браслеты для летнего сезона. 3 полудрагоценных оттенка, украшенных деликатными амулетами и кисточкой. Носите браслеты вместе или по-отдельности, чтобы создать свой собственный уникальный стиль.

€40







**VERSACE**

**88. DYLAN BLUE, EDT FOR MEN, 50 ML.** The essence of the Versace man today. It's a distinctive masculine fragrance full of character and individuality. Extraordinary woody aroma refined, combined with Mediterranean freshness and Aquatic notes, sets off the intense and seductive character of this fragrance.

Tualetes ūdens vīriešiem. Iemieso Versace priekšstatu par mūsdienu vīrieti. Izteikti vīrišķīgs aromāts ar spēcīgu raksturu un individualitāti. Koksnes toņi apvienojumā ar Vidusjūras ūdens svaigumu pasvītā aromāta intensīvo, vilinošo raksturu.

Мужская туалетная вода Dylan Blue передает образ современного мужчины в представлении Versace. Аромат с ярко выраженными мужскими чертами, отражающий характер и индивидуальность. Древесные оттенки в сочетании с прохладными акватическими нотами оттеняют интенсивность и соблазнительность этого аромата.

€52

€62.50  
CITY PRICE

SAVING  
-17%



**HUGO BOSS**

**157. THE SCENT, EDT FOR MEN, 50 ML.** The new seductive perfume for men. An irresistible fragrance, unforgettable like a savored seduction. Exquisite notes of Ginger, exotic Maninka and Leather unfold over time, seducing the senses.

Tualetes ūdens vīriešiem. Jauns aromāts, kuram nav iespējams stāvēt pretī, iekārdinošs un neaizmirstams. Ingvers, eksotiskā maninkas auglis un citi toņi atklājas pakāpeniski, kairinot un pavedinot.

Туалетная вода для мужчин. Новый соблазнительный, незабываемый аромат, которому невозможно противостоять. Имбирь, экзотическая манинка и другие ноты постепенно открываются, маня и соблазняя.

€59

€70  
CITY PRICE

SAVING  
-15%



**LANCÔME**

**111. LA VIE EST BELLE, EDP FOR WOMEN, 50 ML.** A luminous fragrance for a woman full of joy and happiness. A sweet iris highlighting the most exquisite raw materials of Haute Parfumerie: iris, jasmine, orange blossom, patchouli, vanilla...

Smaržūdens sievietēm. Saldais īrisa aromāts paspilgtina ekskluzīvos Haute Parfumerie aromātus: īrisa, jasmīna, apelsīna ziedu, pačūlijas, vaniļas...

Яркая, парфюмерная вода для женщины, полной радости и счастья. Сладкий ирис подчеркивает самые изысканные ноты Haute Parfumerie: ирис, жасмин, апельсин, пачули, ваниль...

€69

€84  
CITY PRICE

SAVING  
-18%



**CAROLINA HERRERA** — TRAVEL RETAIL EXCLUSIVE

**118. GOOD GIRL, EDP FOR WOMEN, 50 ML.** A vertiginous explosion of Tuberose Tonka; an innovative olfactory creation, where the floral brightness of tuberose and jasmine contrast with the intense and mysterious sensuality of roasted Tonka beans. Reveal your good side through the luminous facet of tuberose and the best quality Sambac Jasmine. Dare your bad side through addictive notes of roasted Tonka beans and Cocoa. It's so good to be bad.

Smaržūdens sievietēm. Reibinošs tuberozes un tonkas pupiņu aromāts, inovatīva parfimērijas kompozīcija. Tuberozes un jasmīna ziedu košums pretstatā grauздēto tonkas pupiņu noslēpumainajai juteklībai. Atklāj savu labo pusi ar dzidrajām tuberozes un sambaka jasmīna notīm. Izaicini savu slikto pusi ar kārdinošajām grauздēto tonkas pupiņu un kakao notīm.

Парфюмерная вода для женщин. Головокружительные ароматы туберозы и бобов тонка. Инновационная парфюмерная композиция! Раскройте себя благодаря благоухающей туберозе и жасмину самбак. Ноты жареных бобов тонка и какао станут вызовом для вашей тёмной стороны. Быть плохой не так уж и плохо.

€69



CALVIN KLEIN — TRAVEL RETAIL EXCLUSIVE

**81. COFFRET, X 5 MINIATURES.** The perfect gift to indulge yourself or others. This deluxe coffret is a collection of Calvin Klein's best-selling fragrances in the perfect travel size: ck one EDT (10 ml), euphoria EDP (4 ml), the new ck2 EDT (10 ml), endless euphoria EDP (5 ml), Eternity EDP (5 ml). Individually packed.

Lieliska dāvana. Komplektā ietilpst populārāko Calvin Klein aromātu kolekcija, kuru var ņemt līdzi, dodoties ceļojumā: tualetes ūdens ck one (10 ml), parfimērijas ūdens euphoria (4 ml), jaunais tualetes ūdens ck2 (10 ml), parfimērijas ūdens endless euphoria (5 ml), parfimērijas ūdens Eternity (5 ml). Individuālā iepakojumā.

Идеальный подарок для ваших друзей или для вас самих. Коллекция популярных ароматов Calvin Klein в наборе для путешествий: туалетная вода ck one (10 мл), парфюмерная вода euphoria (4 мл), туалетная вода ck2 (10 мл), парфюмерная вода endless euphoria (5 мл), парфюмерная вода Eternity (5 мл). Ароматы в индивидуальной упаковке.

€43



MICHAEL KORS

**104. SEXY AMBER, EDP FOR WOMEN, 100 ML.** Superbly stylish and sultry. A spotlight on warm amber wrapped in sandalwood and layered with lush white flowers. Deeply seductive.

Smaržūdens sievietēm. Stīlīgs un juteklisks aromāts, kura pamatā ir silta ambra, ko aptver sandalkoka un balto ziedu smarža.

Парфюмерная вода для женщин. Невероятно стильный и страстный аромат. Яркая и теплая амбра в окружении сандалового дерева на фоне роскошных белых цветов. Соблазн, перед которым невозможно устоять.

€49.<sup>90</sup> €105 CITY PRICE SAVING -52%



PERFECT PURCHASE, FANTASTIC PRICE

HUGO BOSS — TRAVEL RETAIL EXCLUSIVE

**123. DARK BLUE, EDT FOR HIM, 75 ML.** For men who want to experiment and push the boundaries of pleasure and seduction.

Tualetes ūdens vīriešiem. Aromāts pārliecinātiem vīriešiem, kuriem patīk eksperimentēt un atklāt jaunas sajūtas.

Туалетная вода для мужчин, которые любят экспериментировать и открывать для себя новые грани удовольствия и соблазна.

**126. DEEP RED, EDP FOR HER, 50 ML.** With a smooth red glass bottle and the Hugo Boss branding, an on-trend and attractive perfume for women.

Smaržūdens sievietēm. Pildīts sarkanā stikla flakonā ar Hugo Boss emblēmu.

Парфюмерная вода для женщин. Это модный и привлекательный парфюм, предлагаемый в гладком флаконе из красного стекла с эмблемой Hugo Boss.

€29.<sup>90</sup> €61 CITY PRICE SAVING -50%

VERSACE

**185. WOMAN, EDP FOR HER, 100 ML.** The Versace woman has individuality, intelligence and inner confidence. This fragrance emphasizes a woman's femininity, a modern woman who is determined, free and sensual.

Tualetes ūdens sievietēm. Versace sieviete ir individuāla, inteliģenta un pārliecināta. Šis ir sievišķīgs aromāts mūsdienīgai, drošai, brīvai un jutekliskai sievietei.

Парфюмерная вода для женщин. Женщина Versace обладает индивидуальностью и излучает внутреннюю уверенность. Аромат подчеркивает женственность и создан для современной женщины, решительной, свободной и чувственной.

€29.<sup>90</sup> €86 CITY PRICE SAVING -65%



CLARINS

CLARINS

**120. RADIANCE PLUS GOLDEN GLOW BOOSTER, 15 ML.** Add customised radiance and a healthy glow to your daily skin care routine with Clarins new Radiance-Plus Golden Glow Booster. A 100% safe ultra-simple step for radiant and natural-looking skin. Can be tailored to your desired level of self-tan by adding 1, 2 or 3 drops. A subtle self-tanning effect in addition to the benefits of your day and night creams. Dermatologically tested. Non-comedogenic. Suitable for all skin types.

Unikāls līdzeklis, kas ļauj pievienot iedeguma efektu jebkuram ādas kopšanas līdzeklim, piešķirot ādai veselīga, zeltaina iedeguma nokrāsu jau pēc pirmās lietošanas reizes. Vēlamo iedeguma pakāpi var iegūt, pievienojot 1, 2 vai 3 pilienus jūsu dienas vai nakts krēmam. Dermatoloģiski pārbaudīts. Neaizsprosto poras. Der visiem ādas tiptiem.

Добавьте эффект загара к действию любого средства по уходу за кожей лица. 100% безопасный и простой в использовании, он придаёт коже естественный золотистый оттенок. Выбирайте интенсивность, используя 1, 2 или 3 капли. Добавьте эффект естественного сияющего загара к дневному или вечернему крему. Проверен дерматологами. Не закупоривает поры. Подходит ко всем типам кожи.

€22

€25.50  
CITY PRICE

SAVING  
-14%



CLARINS — TRAVEL RETAIL EXCLUSIVE

**140. INSTANT LIGHT LIP PERFECTOR DUO, ROSE AND APRICOT SHIMMER.** A melting gel with a deliciously sweet flavor and 3D shimmer for luscious, smooth, shiny lips and a natural-colored, luminous smile. It nourishes, repairs and protects lips to leave them incredibly beautiful. Instant Light Lip Perfector Duo cont.: №01 Rose shimmer + №02 Apricot shimmer.

Kūstošs gēls ar saldu aromātu un 3D spīdumu, kas mitrina un nogludina lūpas un piešķir tām spīdumu. Balzams baro, atjauno un aizsargā lūpas. Komplektā ietilpst: №01 (rozā) un №02 (aprikožu).

Тающий гель с восхитительным ароматом и 3D блеском делает ваши губы более чувственными, гладкими и яркими. Бальзам питает, восстанавливает и защищает кожу губ. В наборе два оттенка: №01 (розовый) и №02 (абрикосовый).

€28

LANCÔME



LANCÔME

**106. MONSIEUR BIG MASCARA, BLACK, 8 ML.** Up to 12x more volume. Its volumizing brush provides big impact at first stroke, for bigger than life lashes. No clumps, no smudges, no touch ups. It easily glides on lashes and leaves them perfectly put for up to 24 hours. Its ultra-dark pigments create the blackest intensity possible. It's a match!

Melna skropstu tuša, palielina skropstu apjomu līdz 12 reizēm. Liela birstīte nodrošina perfektu apjomu jau ar pirmo tušas klājumu. Tuša nesalīp un neizsmērējas, to nav nepieciešams dienas laikā atsvaidzināt. Tā ir viegli uzklājama uz skropstām un saglabā noturību līdz pat 24 stundām. Tušas tumšie pigmenti nodrošina īpaši bagātīgu melnu pārklājumu.

Чёрная тушь, увеличивающая объем до 12 раз. Щеточка с первого же взмаха создает эффект естественного увеличения ресниц. Тушь не образует комочков, не размазывается. Она легко ложится на ресницы и держится в течение 24 часов. Ультра-темные пигменты создают интенсивное черное покрытие.

€24

€27  
CITY PRICE

SAVING  
-11%



NUXE

INSTINCTIVE BEAUTY

huile prodigieuse®  
Experience the sheer bliss  
of nourished skin and hair.

N°1  
OIL IN FRANCE

NATURAL  
DRY OIL

PARABEN FREE, MINERAL OIL FREE, ANIMAL-ORIGIN INGREDIENT FREE

\*Source: IQVIA - Pharmaretail/Pararetail - Body moisturizing oils market for women in pharmacy and parapharmacy in France - MAY September 2017 - in volume and value. Non contractual picture.

NUXE — TRAVEL RETAIL EXCLUSIVE

**127. HUILE PRODIGIEUSE® MULTI-PURPOSE DRY OIL, 100 ML.** With its iconic fragrance and inimitable dry-oil texture, is the all-in-one product that nourishes, repairs and beautifies skin and hair from first application. Natural formula, silicone and paraben free. Bottle endowed with screwable cap.

Neatkārtojams aromāts un sausās eļļas tekstūra. Tas ir ātrdarbīgs barojošs un atjaunojošs ādas un matu kopšanas līdzeklis. Dabisks līdzeklis, kas nesatur silikonu vai parabēnus. Iepildīts pudelītē ar uzskrūvējamu vāciņu.

Уникальный аромат и текстура сухого масла, которое питает, восстанавливает и ухаживает за кожей и волосами с первого применения. Натуральная формула, не содержит силикон и парабены. Флакон с закручиваемой крышкой.

€26





INSPIRED BY NORDIC WOMEN. CREATED WITH  
FINNISH NATURE. BORN OF ARCTIC LIGHT.  
BEAUTY FROM THE ARCTIC SANCTUARY OF FINLAND

## DOWN TO EARTH BEAUTY



DISCOVER MORE FROM LUMENE.COM

## HEALTHY, BALANCED SKIN ROOTED IN NORDIC NATURE



### LUMENE

**156. HARMONIA NUTRI-RECHARGING REVITALIZING SERUM, 30 ML.** Concentrates revitalizing Nordic Chaga and Pure Arctic Spring water to complement the skin with essential nurturing ingredients and help re-balance its moisture level for smooth, hydrated and healthy looking skin.

Serums satur ziemeļvalstu dzīvinošo čagas piepi un tīru arktisko avotu ūdeni, kas nodrošina ādu ar svarīgām barojošām vielām un palīdz atjaunot optimālu ādas mitruma līmeni, padarot ādu gludu un veselīgu.

Сыворотка на основе северной чаги и чистой арктической родниковой воды, отвечает за постепенное восполнение влаги, мягкость, увлажнение и здоровый вид кожи. Восстановление естественного баланса вашей кожи.

€29 **€39.90** CITY PRICE **SAVING -27%**



### LUMENE

**134. HARMONIA NUTRI-RECHARGING INTENSE MOISTURIZER, 50 ML.** The cream acts as a moisture balance skin guardian. Revitalizing skin deeply with Nordic Chaga and Arctic spring water, it delivers a constant and optimal hydration while reducing discomfort and redness.

Barojošs krēms, kas nodrošina optimālu ādas mitrumu. Krēma sastāvā ietilpst ziemeļvalstu čagas piepes ekstrakts un tīrs arktisko avotu ūdens, kas palīdz atjaunot ādu un nodrošina pastāvīgu, optimālu ādas mitruma līmeni, kā arī mazina apsārtumu un diskomforta sajūtu.

Этот питательный крем стоит на страже водного баланса вашей кожи. Северная чага и арктическая родниковая вода создают условия для глубокого восстановления. Крем обеспечивает постоянное оптимальное увлажнение, снимает дискомфорт и покраснения.

€29 **€34.90** CITY PRICE **SAVING -17%**



INSPIRED BY NORDIC WOMEN. CREATED WITH  
FINNISH NATURE. BORN OF ARCTIC LIGHT.  
BEAUTY FROM THE ARCTIC SANCTUARY OF FINLAND

## WEAR NOTHING BUT LIGHT



DISCOVER MORE FROM LUMENE.COM

## BARELY THERE MAKE-UP FOR VISIBLY FRESH AND RADIANT BEAUTY



### LUMENE

**99. INVISIBLE ILLUMINATION NORDIC LIGHT LIP PERFECTOR BALM, 10 ML.** Hydrate and beautify your lips with this smoothing and nourishing balm with a subtle glossy and naturally tinted finish. The shade is a unique subtle and light blend of peach and pink designed to suit all skin tones.

Nomierinošs, barojošs balzams, kas padara lūpas pilnīgākas, mitrina tās un piedod tām vieglu, dabisku rozā persiku nokrāsas spīdumu. Der visiem ādas tipiem.

Бальзам Invisible Illumination увлажняет губы и придает им легкий сияющий розово-персиковый оттенок, подходящий к любому оттенку кожи. Бальзам смягчает губы, визуально добавляет им объем и защищает нежную кожу.

€16 **€20** CITY PRICE **SAVING -20%**



### LUMENE

TRAVEL RETAIL EXCLUSIVE

**112. INVISIBLE ILLUMINATION - THE NORDIC GLOW RITUAL SET, 15 ML X 3 PCS.** 3 Invisible Illumination best sellers in travel friendly formats. Contains an Instant Glow Beauty Serum in universal shade, a Watercolor Blush and an Instant Illuminizer Highlighter to reveal your complexion under a new light and create a perfectly natural Nordic Glow.

3 populārākie Invisible Illumination līdzekļi, kurus var ņemt līdzi, dodoties ceļojumā. Komplektā ietilpst Instant Glow Beauty universāls serums, Watercolor vaigu sārtums un Instant Illuminizer hailaiters.

3 популярных средства Invisible Illumination в удобной упаковке для путешествий. В комплекте ухаживающая сыворотка-флюид с тонирующим эффектом, румяна-флюид и хайлайтер. Всё необходимое для создания идеального, естественного сияния Nordic Glow.

€49





**LIFETRONS**

**141. ULTRA CLEANSER.** This beauty device combines a silicone cleansing brush with micro-vibration massage, EMS microcurrents and positive or negative ions. Gentle micro-vibrations cleanse and exfoliate to restore skin and improve blood circulation. EMS microcurrents may help firm muscles and lift skin while promoting cells regeneration. Positive ions thoroughly clean the pores. Negative ions deliver nutrients from face cream or serum deep into skin's layers. Compact and rechargeable via USB.

Skaistumkopšanas ierīce, kas apvieno silikona attīrošo birstīti ar mikromasāžas funkciju, EMS mikrostrāvu terapiju un pozitīvo vai negatīvo jonu iedarbību. Vieglas mikrovibrācijas attīra ādu un noloba atmirušās šūnas, atjaunojot ādu un uzlabojot asinsriti. EMS mikrostrāvu iedarbība nostiprina muskulus, padara ādu stingrāku un veicina šūnu reģenerāciju. Pozitīvie joni iztīra poras, savukārt negatīvie joni nogādā sejas krēma vai seruma barojošās vielas dziļākos ādas slāņos. Kompakts, ar USB uzlādi.

Этот уникальный прибор сочетает в себе силиконовую чистящую щетку с микро-вибрационным массажем, электронные токи EMS и положительные и отрицательные ионы. Нежные микровибрации очищают и отшелушивают, помогая восстанавливать кожу и улучшать кровообращение. Микро-ток EMS помогает укрепить мышцы и тонизирует кожу, одновременно способствуя регенерации клеток. Положительные ионы эффективно очищают поры. Отрицательные ионы доставляют питательные вещества крема для лица или сыворотки глубоко в слои кожи. Компактный и перезаряжаемый через USB.

€139

€169  
CITY PRICE

SAVING  
-18%



**M2BEAUTÉ**

**83. EYELASH ACTIVATING SERUM, 5 ML.** Lashes grow to new and beautiful lengths. Help your lashes achieve their full potential, naturally, with the eyelash activating serum. Active and nutritional ingredients can promote thicker, longer, stronger lashes, giving your eyes more radiance and beauty. Seruma iedarbībā skropstas izaug ievērojami garākas. Palīdziet savām skropstām realizēt to potenciālu dabiskā ceļā, izmantojot šo skropstu serumu. Tas satur aktīvas, barojošās vielas, kas veicina biezāku, garāku un stiprāku skropstu augšanu, vairojot jūsu skaistumu.

Сыворотка стимулирует рост привлекательных, длинных и обновлённых ресницы. Помогите своим ресницам полностью реализовать свой потенциал с этой активирующей сывороткой. Активные, питательные ингредиенты способствуют росту более толстых, длинных, сильных ресниц, придающих вашим глазам сияние и красоту.

€99

€124  
CITY PRICE

SAVING  
-20%



**SWISS SMILE**

**108. SNOW WHITE TOOTHPASTE & TOOTHBRUSH SET, 75 ML.** The set contains a toothpaste – pure whitening power that removes persistent stains and gives the tooth surface white, natural shine with no danger of abrasion - and a soft toothbrush with micro cleaning particles on the brush's exterior bristles that remove plaque and persistent stains. The densely arranged CUREN®-filaments in the middle of the brush head gently polish and clean the tooth surface.

Komplektā ietilpst zobupasta, kas efektīvi noņem traipus no zobiem un atjauno dabisku, balto zobu virsmu bez abrazīvu riska; un mīksta zobu birste ar attīrošām mikrodaliņām uz birstes ārējiem sariem, kas noņem aplikumu un traipus. Patentētie blīvie CUREN® sari zobu birstes vidū maigi pulē un attīra zobu virsmu.

Комплект содержит зубную пасту с повышенным отбеливающим эффектом и мягкую зубную щетку. Уникальная формула пасты снимает пигментацию и обеспечивает естественную белизну зубов, не повреждая эмали. Мягкая зубная щетка, содержащая микрочастицы на наружной поверхности щетинок, удаляет зубной налет мягко и эффективно. Запатентованные щетинки CUREN® в средней части щетки полируют и очищают поверхность зубов.

€49



**FEET FRIENDS** — TRAVEL RETAIL EXCLUSIVE

**110. HEALTHY SOCKS.** The innovative Feet Friends Healthy Socks will relax your tired feet in a very short time. Its specially shaped terry fabric loops gently separate and massage your toes. Wear the socks after a long day at work, a work out or a night full of dancing, and you will experience the relief. It's also a great help while polishing your nails. Size: 36-40.

Inovatīvās zeķes palīdzēs jūsu nogurušajām pēdām ļoti īsā laikā sprīdī atbrīvoties no noguruma. Īpaši veidotas frētē auduma cilpas maigi atdala un masē jūsu kāju pirkstus. Uzvelciet zeķes pēc garas darba dienas, treniņa vai nodejotas nakts, un izbaudiet atvieglojumu, ko tās sniedz jūsu kājām. Šīs zeķes arī lieliski noder, krāsojot nagus. Izmēri: 36-40.

Иновационные носки быстро и надежно расслабят ваши уставшие ноги. Специальные петли из махровой ткани мягко разделяют и массируют пальцы ног. Надевайте носки после долгого рабочего дня, занятий спортом или веселых танцев всю ночь на пролет, и уже через некоторое время вы почувствуете облегчение. Также, отличное решение для педикюра в домашних условиях. Размер: 36-40.

€49





TRANSONIC®



NATURAL ANTI-AGING



SKIN LIFTING EFFECT

WRINKLE & SCAR  
REDUCTION

LONGLASTING RESULTS

EASY, FAST & SAFE  
TO USE

TRANSONIC — TRAVEL RETAIL EXCLUSIVE

**155. MICRO NEEDLE ROLLER.** A professional effective skin perfecting tool which you can use at home. 540 surgical steel needles of 0.2 mm length will help you to effectively smoothen fine lines, stimulate cell functioning and regeneration, help firm up the skin texture and boost performance of your favorite skincare.

Profesionāls, efektīvs ādas kopšanas rīks, kas izmantojams arī mājas apstākļos. 540 adatiņas, katra 0,2 mm gara, palīdz izlīdzināt krunciņas, veicina šūnu darbību un atjaunošanos, padara ādu stingrāku un uzlabo jūsu mīļākā ādas kopšanas līdzekļa iedarbību.

Ролик Transonic для микро-нидлинга – это профессиональный и эффективный способ улучшить кожу лица в домашних условиях. 540 иглочек 0,2 мм длиной из хирургической стали, эффективно разгладят мелкие морщинки, помогут вашей коже восстановиться, повысят выработку коллагена и улучшат впитывание любимых средств по уходу за кожей.

€49

TRANSONIC — TRAVEL RETAIL EXCLUSIVE

**86. 3D FACE&BODY MASSAGE ROLLER.** Stimulates and massages face and body thanks to advanced 3D roll technology. Specially designed Massage Rolls capture your skin in a gentle but firm way, providing the whole range of positive effects. Helps to reduce appearance of facial fine lines and wrinkles, tones skin and contours – upper arms, legs and stomach. You can even use it as your personal massager on your neck and shoulders.

Pateicoties progresīvai 3D tehnoloģijai, masažiera veļtnīši efektīvi stimulē un masē seju un ķermeni. Īpašie veļtnīši viegli, bet stingri satver ādu, kas izraisa veselu pozitīvo efektu klāstu. Masažieris palīdz tikt vajā no krunciņām un grumbām, padara ādu stingrāku, uzlabo roku, kāju un vēdera izskatu. Varat to izmantot kā savu personīgo masieri, lai masētu kaklu un plecus.

Уникальное лечебное воздействие на кожу лица, а также непревзойденный массаж тела достигается благодаря передовой технологии 3D-роликов. 3D-ролики нежно захватывают и массируют вашу кожу, обеспечивая весь спектр положительных эффектов. Помогает уменьшить появление мимических линий и морщин на лице, приводит в тонус кожу и помогает улучшить контуры на внутренней поверхности плеч и бедер, и в области живота. Вы также можете использовать его как персональный массажер для области шеи и плеч.

€52

3D Face&Body  
MASSAGE ROLLER  
TRANSONIC®Everyone wants a  
Morgan & Oates ScarfMORGAN  
& OATES  
SCARF

MORGAN &amp; OATES — TRAVEL RETAIL EXCLUSIVE

**82. SILK SCARF.** Luxuriously soft and elegantly light, this stylish wrap is made from 100% pure silk. The sophisticated abstract print is a blend of subtle grey shades and soft pinks. Size: 100 x 180 cm.

Izcili mīksta, eleganta un viegla šalle, izgatavota no 100% tīra zīda. Izsmalcināts, abstrakts šalles raksts ir ieturēts gaiši pelēkos un rozā toņos. Izmērs: 100 x 180 cm.

Роскошно мягкий и элегантно легкий, этот стильный шарф сделан из 100% чистого шелка. Утонченный абстрактный дизайн рисунка в нежных серых и розовых тонах. Размер: 100 x 180 см.

€65

AVIATOR



AVIATOR — TRAVEL RETAIL EXCLUSIVE

**42. FOLDING SUNGLASSES.** Black frames with smoke grey lens. Foldable frames and arms make it compact and easily fit into any pocket. Full UV protection. Comes with a cleaning cloth and a velour travel pouch.

Melns ietvars ar dūmu pelēkām lēcām. Pateicoties saliekamam ietvaram un kājiņām, saulesbrilles var kompakti salocīt un viegli ielikt jebkura izmēra kabatā. Pilnīga aizsardzība pret UV starojumu. Komplektā ietilpst brillu tīrāmā drāniņa un filca brillu maks.

Черная оправа со стёклами цвета серой дымки. Благодаря компактной складной оправе и дужкам, очки легко помещаются в карман. Полная защита от ультрафиолета. В комплект входит чистящая ткань и велюровый дорожный чехол.

€30







**DOPPLER**

**107. POCKET UMBRELLA CARBON STEEL MINI SLIM, NAVY BLUE.** Always with you, as light as a feather, small and slim. This umbrella is small enough to fit in every pocket. Carbonsteel technology makes this model super lightweight and at the same time provides stable protection against weather and wind up to 100 km/h. 3 cm thin, 90 cm diameter, only 170 g.

Vienmēr ar jums, viegls kā spalva, mazs un plāns. Šis lietussargs ir tik mazs, ka to var ielikt jebkurā kabatā. Tam ir oglekļa tērauda rāmis, tādēļ lietussargs ir neticami viegls, tomēr nodrošina efektīvu aizsardzību pret lietu un līdz pat 100 km/h stipru vēju. 3 cm plāns, 90 cm diametrā, tikai 170 g.

Всегда с вами: легкий как перышко, маленький, тонкий и суперпрочный – этот зонтик поместится в любой карман. Технология карбоновой стали делает эту модель сверхлегкой и в то же время обеспечивает стабильную защиту от погодных условий и ветра до 100 км / ч. Толщина 3 см, диаметр 90 см, всего 170 г.

€29



**ÖGON DESIGNS** — TRAVEL RETAIL EXCLUSIVE

**133. QUILTED ALUMINIUM WALLET.** Quilted design. Metal lock. Size: 10.8 x 7.2 x 2 cm. Weight: 78 g. Tekstilmozaīkas dizains. Metāla slēdzene. Izmērs: 10,8 x 7,2 x 2 cm. Svars: 78 g. Стёганный дизайн, металлический замок, размер: 10,8 x 7,2 x 2 см. Вес: 78 г.

**ÖGON DESIGNS** — TRAVEL RETAIL EXCLUSIVE

**105. SMART ALUMINIUM WALLET - CARBON FIBER EDITION.** Carbon fiber design. Size: 11 x 7.4 x 2.1 cm. 70 g. "Karbona šķiedru" dizains. Izmērs: 11 x 7,4 x 2,1 cm. Вес: 70 г. Дизайн "карбон". Размер: 11 x 7,4 x 2,1 см. Вес: 70 г.

Elegant wallet made in France. This light and strong wallet gives a super-fast access and an optimum protection. Designed to open with one hand. For 10 cards and cash. RFID Safe: protection against demagnetization and electronic data theft.

Francijā ražots elegants maks. Tas ir viegls, izturīgs, nodrošina ērtu piekļuvi maka saturam un tā optimālu aizsardzību. Atverams ar vienu roku. Vieta 10 kartēm un skaidrai naudai. RFID aizsardzība pret demagnetizāciju un elektronisko datu zādzībām.

Легкий и надежный кошелек сделанный во Франции. Идеальная защита и быстрый доступ – открытие одной рукой. Вмещает 10 банковских карт и купюры. Защита ваших карт от размагничивания и бесконтактной кражи данных.

€38

€38



**STRYVE**

**178. DESIGNER KEYCHAIN.** Keys and money securely stored in one place at ease. A high-quality design piece and helpful device for everyday situations. Slim, lightweight, stylish and useful. Due to its magnets, a functional key solution for your run. A must-have accessory and an exclusive present.

Atslēgas un skaidra nauda droši un viegli glabājas vienuviet. Lieti noder dažādās ikdienas situācijās, kvalitatīvs dizains. Plāns, viegls, stilīgs un ērts. Pateicoties iebūvētiem magnētiem, šis ir ideāls atslēgu futrālis skrējējiem. Ļoti noderīgs aksesuārs vai arī lieliska dāvana.

Надёжный брелок-футляр, позволяющий хранить ключи и деньги в одном месте. Это высококачественный дизайнерский и полезный аксессуар на каждый день. Тонкий, легкий, стильный и удобный. Благодаря магнитам, это идеальный футляр для ключей во время бега. Отличный выбор как для личного использования, так и в качестве подарка.

€20

€24.95  
CITY PRICE  
SAVING -20%



**ALLROUND0®** — TRAVEL RETAIL EXCLUSIVE

**177. THE ALL-IN-ONE CHARGING CABLE.** Fully compatible with all current devices on the market. It creates a flexible usability, thanks to an up to 50 cm long connector cable. Magnetic clip function for connection with available USB 2.0 and USB-C power source. The plug system side ensures connections with all USB-C, Lightning (Made for iPhone) and Micro-USB devices.

Pilnībā savietojams ar visām ierīcēm, kas šobrīd pieejamas tirgū. Ērti lietojams, pateicoties līdz pat 50 cm garam kabelim. Magnētisks klips savienojumiem ar visiem pieejamajiem USB 2.0 un USB-C barošanas avotiem. Spraudņu sistēma nodrošina savietojamību ar visām USB-C, Lightning (paredzēts iPhone) un Micro-USB ierīcēm.

Зарядный кабель ALL-IN-ONE полностью совместим со всеми современными устройствами связи на рынке. Удобный и гибкий, благодаря соединительному кабелю длиной до 50 см. Функция магнитного штекера для соединения с источником питания USB 2.0 и USB-C. Система штекеров обеспечивает соединение с любыми устройствами USB-C, Lightning (для iPhone) и Micro-USB.

€30





**I-CLIP**

**113. WALLET.** Always keep track of your cards. Small, slim and lightweight. Can securely store up to 12 cards as well as banknotes. Compact design and high-quality leather, this wallet fits comfortably in any pocket. The gentle rounded corners and the ergonomic high-tech clip protect cards and notes. A must-have for any trip and makes for an elegant gift. Size: 6.5 x 8.6 x 1.7 cm.

Plāns un viegls maks. Pietiek vietas līdz pat 12 kartēm, kā arī banknotēm. Kompaktais maks ir izgatavots no augstas kvalitātes ādas, to ir ērti nēsāt jebkādā kabatā. Makam ir noapaļoti stūri un ergonomiska aizdare, kas droši aizsargā maka saturu. Ieteicams ikkatram ceļotājam, turklāt tas arī var kļūt par lielisku dāvanu. Izmēri: 6,5 x 8,6 x 1,7 cm.

С I-CLIP у вас всегда все карты под рукой. Небольшой, тонкий и легкий. I-CLIP вмещает до 12 карточек, а также банкноты. Благодаря компактному дизайну и коже высокого качества, I-CLIP легко помещается в любой карман. Плавные изгибы и эргономичный, инновационный зажим защищают ваши карты и банкноты. Элегантный подарок и неотъемлемый аксессуар в любом путешествии. Размер: 6,5 x 8,6 x 1,7 см.

€30

€34.95  
CITY PRICE

SAVING  
-14%

## I-CLIP® THE WALLET

### FOR GLOBAL TRAVELLERS

A new dimension in lifestyle and comfort



ULTRALIGHT, VERY COMPACT,  
FOR UP TO 12 CARDS + BILLS

LEADING IN EASINESS, OVER-  
VIEW, HANDLING + COMFORT

BIG SELECTION WINDOW,  
EASY REMOVAL OF CARDS

www.i-clip.com



UP TO  
12 CARDS

ULTRALIGHT  
18 GRAMM

CHROME-FREE  
TANNING



### TRUE UTILITY

**132. FIXR - 20 IN 1 MULTITOOL.** Weights only 40 grams. Clip to anything and simply twist into set positions to use it to open parcels, envelopes or bottles, set screws and much more. Stainless steel, coated with gold and black titanium. Black leather protection cover included. Revolucjonārs daudzfunkciju rīks ar 20 instrumentiem, kas sver nieka 40 gramus. Aprīkots ar karabīni. Pagrieziet rīka centrālo daļu, lai lietotu attiecīgo instrumentu, un jūs varat atvērt sūtījumus, aploksnes vai pudeles, skrūvēt un darīt daudz ko citu. Izgatavots no nerūsējoša tērauda ar zelta un melnā titāna pārklājumu. Komplektā ar melnu ādas paciņu.

Multitool совмещает в себе 20 функций, но весит всего 40 грамм. Просто поверните среднюю часть в указанные позиции для открытия посылок, конвертов или бутылок, завинчивания винтов и многого другого. Сделан из нержавеющей стали, покрыт чёрным титаном и позолотой. В наборе кожаный чехол.

€23



**KYUTEC.**  
INSPIRATION MENSCH - TECHNOLOGIE



### KYUTEC — TRAVEL RETAIL EXCLUSIVE

**138. ELECTRO PAIN RELIEF PADS.** Gentle electric impulse massage pads helps to relief pain on applied areas. The pads are easy to use, safe and reliable. Adjust the intensity of the stimulation using the +/- buttons and apply for the full pain treatment for 20 minutes. You will feel the relief almost immediately. Gel pads can be used up to 30 times. The package contains 2 sets of gel pads.

Vieglā elektroimpulsu masāžas plāksne mazina sāpes vietā, kur to pieliek pie ķermeņa. Masāžas plāksnes ir viegli lietot, tās ir drošas un uzticamas. Uztādieliet stimulācijas intensitāti, izmantojot +/- pogas, un piestipriniet plāksni sāpošajai vietai uz 20 minūtēm. Sāpes sāk pāriet gandrīz uzreiz. Vienu plāksni var izmantot līdz 30 reizēm. Iepakojumā ietilpst 2 plāksņu komplekts.

Электро-пластырь поможет вам избавиться от мышечной и другой боли за счет мягких электрических импульсов в точке аппликации. Электро-пластырь прост в использовании, безопасен и надежен. Отрегулируйте интенсивность стимуляции с помощью кнопок +/- и применяйте для полного облегчения в течение 20 минут. Вы почти сразу же почувствуете эффект. Гелевую накладку можно использовать до 30 раз. Упаковка содержит 2 набора гелевых накладок.

€49





## SMARTGO — TRAVEL RETAIL EXCLUSIVE

**128. SELFIE LIGHT MOBILE LENS SET, WITH FREE GIFT - SMARTCUBE BLUETOOTH MINI SPEAKER.** Great selfie means right lighting. This set includes a selfie light and 4 interchangeable lenses: wide angle, circular polarized, macro and fisheye. Extra lighting in 9 different levels. Attach the universal clip over the back or front-facing camera of most smartphones and tablets. Your gift with purchase - multi-function mini Bluetooth rechargeable speaker with great features: remote selfie shutter, handsfree speaker, anti-lost feature.

Labs selfijs nozīmē labu apgaismojumu. Komplektā ietilpst selfiju gaismas avots un 4 maināmas lēcas: platlēcī, polarizēta, makro un "zivs acs" lēca. 9 dažādi apgaismojuma līmeņi. Pievienojams priekšā vai aizmugurē esošajai kamerai vairumā viedtālrunu un planšētdatoru. Komplekta pircējiem tiek piedāvāta dāvana - mini Bluetooth daudzkārt uzlādējams skaļrunis ar sekojošām funkcijām: attālināti vadāms kameras slēdzis, brīvroku skaļrunis, un aizsardzību pret nozaudēšanu.

Набор линз со вспышкой для селфи и подарок - мини колонка SMARTCUBE BLUETOOTH. Успех селфи зависит от освещения. Этот комплект включает в себя зажим-вспышку с 9 уровнями интенсивности и 4 сменные линзы: широкоугольный объектив, круговая поляризация, макро-оптическое увеличение и функция "рыбий глаз". Подходит для задней и передней панели большинства смартфонов и планшетов. В подарок мини-спикер, беспроводной и перезаряжаемый динамик с дополнительными функциями: дистанционный автозапуск для селфи, громкая связь и функция защиты от потери.

€69

## XTORM

**136. POWER BANK AIR 6000.** Enough energy to recharge your smartphone up to 3 times. Charge 2 devices at the same time. Including built-in USB cable and protective pouch. 6000 mAh. Only 135 g.

Portatīvajam lādētājam pietiek enerģijas, lai uzlādētu jūsu viedtālruni līdz pat 3 reizēm. Var lādēt 2 ierīces vienlaikus. Iebūvēts USB kabelis, somiņa. 6000 mAh. Sver tikai 135 g.

Это портативное зарядное устройство сможет подзарядить ваш смартфон до 3 раз. Заряжайте 2 устройства одновременно. В наборе встроенный USB-кабель и защитный чехол. 6000 mAh. Легкий - всего 135 г.

€35

€39  
CITY PRICE  
SAVING  
-10%

TRANSONIC®

## TRANSONIC — TRAVEL RETAIL EXCLUSIVE

**41. EARPHONES.** Earphones with great sound quality and comfortable silicone eartips.

Austiņas ar lielisku skaņas kvalitāti un ērtiem silikona austiņu uzgaļiem.

Наушники с отличным качеством звука и комфортными силиконовыми насадками.

€9

Designed  
in GermanyConnect  
5 devices100+  
CountriesUnlimited  
DataSecure  
Network

## SKYROAM SOLIS — TRAVEL RETAIL EXCLUSIVE

**125. 4G LTE GLOBAL WI-FI HOTSPOT.** Fast, easy, secure. Get unlimited mobile data in 100+ countries for e-mail and web surfing. Connect up to 5 devices to WiFi at once and enjoy 7 free 24-hour passes (pay for more as needed by credit card). 6000 mAh battery, duration: 16+ hours while in use.

Ātrs, ērts, drošs. Neierobežota piekļuve e-pastam un internetam vairāk nekā 100 pasaules valstīs. Ar WiFi var vienlaicīgi savienot 5 ierīces, 7 bezmaksas diennakts abonementi (papildu abonementus var iegādāties Skyroam vietnē). 6000 mAh akumulators, darbības laiks: 16+ stundas.

Быстрый, простой в применении и безопасный. Безлимитный доступ к мобильному интернету и электронной почте в более чем 100 странах мира. Подключите к нему через WiFi до 5 устройств и пользуйтесь ими одновременно. Пакет включает 7 бесплатных суточных (24ч.) абонементов (дополнительные абонементы можно приобрести на сайте Skyroam). Батарея 6000 мАч обеспечивает более 16 часов работы устройства.

€189

## YE!! AIRTWINS

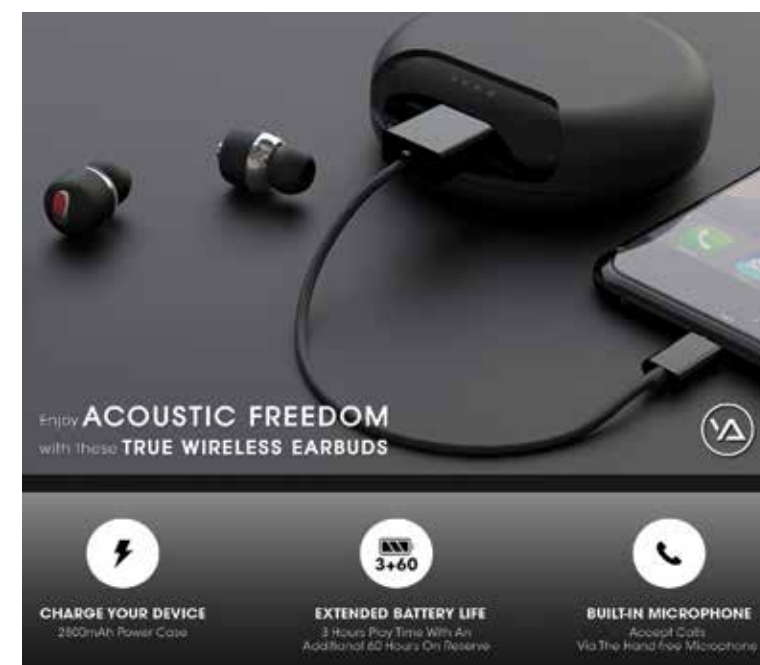
**39. TRUE WIRELESS BLUETOOTH EARBUDS.**

Enjoy the freedom of these wireless earbuds which pair automatically and connect via Bluetooth. Rich and clear sound experience. Comes in a 2800mAh power case for storage and keeping them charged. Includes eartips of different sizes. Hand-free microphone with 3.5 hours talk time.

Izbaudiet brīvību, ko sniedz šīs bezvadu austiņas. Automātisks Bluetooth savienojums. Tīra, augstas kvalitātes skaņa. Komplektā ar 2800mAh portatīvo lādētāju, kas arī paredzēts austiņu uzglabāšanai. Dažādu izmēru austiņu uzgaļi. Brīvroku mikrofons - sarunu režīma darbības laiks līdz 3,5 stundām.

Наслаждайтесь свободой с этими беспроводными наушниками, которые автоматически соединяются через Bluetooth. Качественный и чистый звук. В комплект входит зарядный кейс на 2800 мАч для подзарядки и хранения. Включает в себя амбушюры разных размеров. Беспроводной микрофон на 3,5 часа разговора.

€129







**buddyphones™**

**InFlight**

75dB  
FLYSAFE MODE

85dB  
SAFE MODE

94dB  
TRAVEL MODE

**Protect Your Kids Hearing!**



**DECORATIVE + DIY STICKERS**

**SAFE AUDIO**

**3-Steps Volume**

**AIRPLANE ADAPTOR**

**CES INNOVATION AWARDS 2017**

**BUDDYPHONES** — TRAVEL RETAIL EXCLUSIVE

**153. VOLUME LIMITING HEADPHONES FOR CHILDREN.** Protect your kids hearing. Feature 3-volume settings. Exposure to the max volume of a standard player of 105 dB is proven to be damaging for kids. Uses built-in, always-on sound control circuit to cap peak volume levels at 85 dB. The headphones are made from durable, robust and flexible materials. Compact design fits conveniently into small handbags. Decorative stickers included.

Parūpējieties par jūsu bērnu dzirdi ar īpašo austiņu palīdzību, kurām ir 3 skaļuma režīmi. Ir pierādīts, ka standarta atskaņotājs, kam ieslēgts maksimālais 105 dB skaļums, ir kaitīgs bērnu dzirdei. Austiņām ir iebūvēta nepārtrauktas darbības skaņas kontroles shēma, lai ierobežotu maksimālo skaļumu 85 dB līmenī. Austiņas izgatavotas no izturīgiem, elastīgiem materiāliem. Austiņas var ērti ielikt mazā somiņā. Iepakojumā iekļautas dekoratīvās uzlīmes.

Защитите слух ваших детей с помощью специальных наушников BuddyPhones, с 3 настройками громкости. Доказано, что воздействие максимальной громкости стандартного плеера в 105 дБ наносит вред детям. BuddPhones использует встроенную, постоянно действующую схему управления звуком для ограничения максимального уровня громкости до 85 дБ. Наушники изготовлены из прочных и гибких материалов. Компактный дизайн, удобно помещается в небольшую сумку. В набор входят декоративные наклейки.

€39



**Plant Your Pencil**



**SPROUT** — TRAVEL RETAIL EXCLUSIVE

**89. PLANT YOUR PENCIL SET, WITH 8 PENCILS AND COLORING BOOK.** Introducing the world's only sustainable pencil that grows into a plant – Lavender, Mint, Cherry Tomatoes and even Basil. All Sprout pencils contain seeds that grow into plants when put in moist soil. Just add sunlight and water. Set of 8 pencils (2 graphite, 6 different seed/colors) + 1 coloring book.

Iepazīstieties ar unikālu, ilgtspējīgu zīmļu komplektu - šie zīmļi izaug par lavandu, piparmētru, čeri tomātu vai pat baziliku. Visi Sprout zīmļi satur sēklas, kas izaug par augiem, ja zīmļus ieliek mitrā augsnē. Vienkārši pievienojiet ūdeni un saules gaismu. Komplektā ietilpst 8 zīmļi (2 grafitā zīmļi un 6 dažādu krāsu/sēklu zīmļi) un 1 krāsojamā grāmata.

Представляем единственный в мире набор карандашей, который вырастает в растение: лаванда, мята, помидоры Черри и даже базилик! Все карандаши Sprout содержат семена, которые вырастают в растения, если посадить их во влажную почву. Просто добавьте солнечного света и воды. Набор из 8 карандашей (2 черных, 6 различных семян/цветов) + 1 книга для раскрашивания.

€20



**kaomojibalms™**

**PARABEN FREE**

**KAOMOJIBALMS** — TRAVEL RETAIL EXCLUSIVE

**114. X4 PACK.** Emoji Lip Balms Set from Kaomojibalms features 4 great flavors, each with its own emoji design. This pack includes Cherry Pom, Coconut Cream, French Vanilla and Frosted Mint. These fun lip balms will soothe and moisturize dry and chapped lips. With Vitamin E, Paraben free.

4 lieliski aromāti, katrs savā emozīmes iepakojumā. Šajā komplektā ietilpst balzami ar ķiršu, kokosrieksta, franču vaniļas un svaigu piparmētru aromātu. Jautrie lūpu balzami mitrina sausas un sasprēgājušas lūpas. Satur vitamīnu E, nesatur parabēnus.

Набор бальзамов для губ от Каомојибалмс. Каждый из 4х ароматов обладает индивидуальным дизайном эмоджи. Выбери свой вкус: вишня, кокос, французская ваниль или свежая мята. Эти веселые бальзамы с витамином Е для губ успокоят и увлажнят сухие и потрескавшиеся губы. Не содержат парабены.

€19



**STAR WARS**

**STAR WARS**

**144/146. LIGHTSABER TOOTHBRUSH DARTH VADER/YODA.** These authentic looking lightsabers are in fact cool toothbrushes. Press the button and the brush will light up for one minute to time your cleaning. Includes authentic lightsaber battle clash sounds and authentic 'Darth Vader' and 'Yoda' phrases. The cover doubles up to protect the brush when travelling. Batteries included.

Šie gaismas zobeni izskatās gluži kā īsti, bet patiesībā tās ir jautras zobu birstes. Nospiediet pogu un zobu birste iedegsies uz vienu minūti, kamēr tīrāt zobus. Autentiskas zobenu cīņas skaņas un frāzes: "Dārts Veiders" un "Joda". Zobu birstes apvalks lieti noder ceļojuma laikā. Komplektā iekļautas baterijas.

Эти лазерные мечи на самом деле являются зубными щетками. Нажмите на кнопку, и зубная щетка загорится на одну минуту, чтобы засечь время чистки зубов. В дополнение звуковые эффекты – шум битвы и фразы Дарта Вейдера и Йоды. В наборе ножны-футляр для светового меча и батарейки.

€12



**RORY'S Story Cubes**

**RORY'S**

**142. STORY CUBES.** Roll the cubes, start with "Once upon a time..." and join all the images together into a story. You can make over a million combinations, for limitless storytelling fun.

Metiet kauliņus, sakiet: "Reiz sense nos laikos...", un izveidojiet stāstu no attēliem, kas redzami uz kauliņiem. Iespējamo kombināciju skaits pārsniedz miljonu - tā tik ir jautrība.

Кидайте кубики, скажите: "Жили-были..." и сложите изображения в сказку. Более миллиона комбинаций и неожиданных сюжетов - настоящее веселье.

€14





46. KEY CHAIN "MILDA". Image of the Latvian 1 Euro coin.  
Atslēgu piekariņš "Milda". Latvijas 1 Euro monētas attēls.  
Брелок "Милда". С тиснением латвийской монеты в 1 Евро.

€5

47. SCARF WITH LINING. Thin round scarf in "Lielvārde" belt pattern.  
Plāna apaļšalle ar Lielvārdes jostas rakstu.  
Тонкий круглый шарф с узором лиелвардского пояса.

€19

45. PIN "I ♥ LATVIA". A heart-shaped pin in Latvian flag colours.  
Sirds formas nozīmīte Latvijas karoga krāsās.  
Значок - сердечко, в цветах латвийского флага.

€3

48. "SAKTA". Ethnographic pin used in Latvian folk costumes.  
Etnogrāfiska piespraude no latviešu tautastērpiem.  
Брошь – элемент латвийских национальных костюмов.

€6

## Low Cost International SIM Card

With airBalticcard Mobile you surf the Internet and make outgoing calls in most countries cheaper than local rates and receive incoming calls in 150 countries for free.

airBalticcard Mobile SIM pieņem bezmaksas zvanus 150 valstīs, bet interneta tarifi un zvani vairākās valstīs ir ar zemākām izmaksām nekā vietējie tarifi.

airBalticcard Mobile SIM принимает звонки 150 странах бесплатно, а тарифы на интернет и на разговоры во многих странах дешевле местных расценок.

0.00 €

No monthly or additional fees  
Nekādu regulāro maksājumu  
Без абонентской платы  
или иных расходов

0.00 €/min

Free incoming calls in 150 countries  
Bezmaksas ienākošie zvani 150 valstīs  
Бесплатные входящие звонки в 150 странах

from

0.02 €/min

Outgoing calls from 150 countries  
Izejošie zvani no 150 valstīm  
Исходящие звонки из 150 стран

from

0.005 €/MB

Mobile internet in 140 countries  
Mobilais internets 140 valstīs  
Мобильный интернет в 140 странах



For more information ask cabin crew.  
Vairāk informācijas jautāiet apkalpei.  
Подробную информацию спрашивайте у бортпроводников.

airBalticCard.com

### 96. RECHARGE VOUCHER.

Atjaunošanas karte ar € 20 kredītu  
Карта пополнения с кредитом € 20

€20

### 94. STARTING PACKAGE WITH €10 CREDIT.

Starta komplekts ar € 10 kredītu  
Стартовый комплект с кредитом € 10

€20

airBaltic

143. FLIGHT GIFT VOUCHER IN AN EXQUISITE ENVELOPE. A Gift Voucher which is valid for flights with airBaltic till March 30, 2019.  
Dāvanu karte, kas derīga airBaltic lidojumiem līdz 2019. gada 30. martam.

Подарочная карта действительная для полётов airBaltic до 30 марта 2019 года.

€50



airBaltic

NEW / JAUNUMS / НОВИНКА

43. BOMBARDIER CS300 MODEL. Made from metal, collector's edition. Scale: 1/500. Dimensions: 76 x 70 x 23 mm.

airBaltic Bombardier CS300 lidmodelis. Izgatavots no metāla, kolekcionāru modelis. Mērogs: 1/500. Izmērs: 76 x 70 x 23 mm.

Модель airBaltic Bombardier CS300. Изготовлена из металла, коллекционная модель. Масштаб: 1/500. Размер: 76 x 70 x 23 мм.

€25



airBaltic

149. USB FLASH DRIVE. 8 GB USB aircraft shape metallic flash drive.

8 GB USB metāliska zibatmiņa lidmašīnas formā.

8 Гб флэш-память USB в форме самолёта из металла.

€14



airBaltic

102. TEDDY BEAR. Teddy pilot is an excellent companion for all your pleasant travels ahead.

Lācis pilots būs lielisks pavadoņs visos jūsu nākamajos lidojumos.

Мишка-пилот будет отличным компаньоном в ваших следующих путешествиях.

€18



Order a meal  
for your  
next flight!

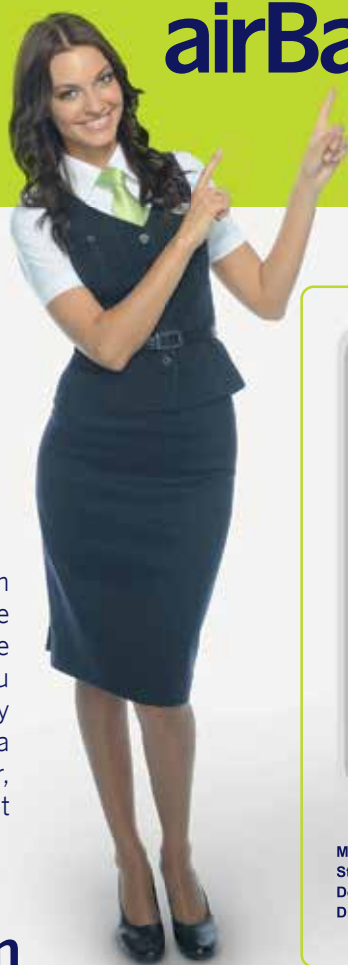
airBalticMeal.com  
*Fly delicious*

## AIRLINE TRENDS

airBalticMeal Pre-Order system –  
one of the best airline service  
innovations

Try out our meal pre-order system  
that allows you to customise  
your ideal in-flight meal once  
your flight has been booked. You  
can create your own meal set by  
putting your preferred meal on a  
virtual tray and adding a starter,  
dessert and drinks of your choice at  
www.airbalticmeal.com.

airBalticMeal.com



### MY FLIGHT

CHANGE	CHANGE		REMOVE
<b>Main course</b> Honey-glazed Duck Breast <b>Starter</b> Roasted duck breast with purée <b>Dessert</b> Assortment of fresh garden vegetables <b>Drink</b> Cheese cake with ripe pear White wine			
<b>€ 20.00</b>			
SUBMIT			

## HOUSE RULES

We accept the following payment cards:



- ❖ We accept payment for purchases only by cards with an embedded chip. We are unable to process payments made by cards with a magnetic stripe.
- ❖ For payment card purchases exceeding EUR 70, ID must be provided. A purchase with a single card may not exceed EUR 250 and total payment by cards per one customer may not exceed EUR 500.
- ❖ Cash payments are accepted only in EUR.
- ❖ All prices include VAT where applicable.
- ❖ For each purchase made on airBaltic flights the cabin crew will provide you a receipt.
- ❖ All pictures of products and packaging are for illustrative purposes only and may differ from the real product.
- ❖ Ask the cabin crew about the meal availability on your flight today and for the ingredients of a given product or what allergens it contains.

- ❗ When purchasing a flight ticket, you have accepted the airBaltic Terms of Passenger Carriage, which state that it is not permissible on board airBaltic aircraft to use narcotics, consume alcoholic beverages that you have brought on board, smoke any type of cigarette including electronic cigarettes. Passengers must obey acknowledged standards of polite behaviour. Should we have any reason to believe that your behaviour does not comply with these rules, we will take any and all necessary action to stop such behaviour.

- ❗ It is prohibited to sell alcoholic beverages to persons under 18 years of age.

- ❖ Please note that all items are subject to availability.

### FOR ALLERGIC PASSENGERS

- ❖ Passengers having food allergies must assume responsibility for this risk. We will not assume any liability for allergic reactions to the foods consumed or contacted on board.
- ❖ If you have specific food requirements, you can choose and pre-order food for your flight at www.airbalticmeal.com

Apmaksai tiek pieņemtas šādas maksājumu kartes:



- ❖ Norēķiniem ar maksājumu kartēm pieņemam tikai kartes ar čipu. Darījumi ar magnētisko joslu kartēm netiek nodrošināti.
- ❖ Ja maksājums ar maksājumu karti pārsniedz 70 EUR, jāuzrāda personu apliecinošs dokuments. Pirkums ar vienu maksājumu karti nedrīkst pārsniegt 250 EUR, kopējā pirkumu summa ar maksājumu kartēm no vienas personas nedrīkst pārsniegt 500 EUR.
- ❖ Skaidras naudas maksājumus pieņemam tikai EUR valūtā.
- ❖ Visas cenas norādītas ar atbilstoši piemērojamo PVN.
- ❖ Par katru pirkumu airBaltic stjuarti izsniegs jums čeku vai stingrās uzskaites kvīti.
- ❖ Produktu un iepakojumu attēli norādīti tikai informatīvā nolūkā un var atšķirties no reālā produkta.
- ❖ Jautāji stjuartiem par malītes pieejamību jūsu reisā, kā arī par produktu sastāvu un tajos esošajiem alergēniem.

- ❗ Iegādājoties aviobiļeti, Jūs esat piekritis airBaltic pasažieru pārvadāšanas noteikumiem, kas paredz, ka airBaltic lidmašīnās nav atļauts lietot narkotikas, līdzpaņemtus alkoholiskos dzērienus un smēķēt t.s. elektroniskās cigaretes, kā arī ir jāievēro vispārpieņemtas pieklājīgas uzvedības normas. Ja būs pamats uzskatīt, ka Jūsu uzvedība neatbilst noteikumiem, veiksīm nepieciešamās darbības, lai šādu uzvedību novērstu.

- ❗ Alkoholiskos dzērienus aizliegts pārdot personām, kuras ir jaunākas par 18 gadiem.

- ❖ Ņemiet vērā, ka preču daudzums var būt ierobežots.

### PASAŽIERIEM AR ALERGISKĀM REAKCIJĀM

- ❖ Esiet piesardzīgi, ja jums ir alerģija pret kādu no pārtikas produktiem. Mēs neuzņemamies atbildību par alerģisku reakciju no pārtikas produktiem, ko esat patērējuši vai ar ko esat nonākuši saskarsmē lidmašīnā.
- ❖ Ja jums ir īpašas prasības attiecībā uz pārtiku, varat izvēlēties un pasūtīt malīti pirms lidojuma vietnē www.airbalticmeal.com

Мы принимаем следующие платежные карты:



- ❖ Для оплаты товаров принимаем только карты с чипом. Карты с магнитной полосой не обслуживаются.
- ❖ Для покупок на сумму свыше EUR 70 с помощью платежной карты требуется удостоверение личности. Сумма покупки, оплаченной одной картой, не может превышать EUR 250. Общая сумма покупок платежными картами одной персоны не может превышать EUR 500.
- ❖ Мы принимаем наличные платежи только в EUR валюте.
- ❖ Все цены указаны с учетом НДС, если применимо.
- ❖ На покупки, сделанные во время рейсов, бортпроводники обязаны предоставлять чеки.
- ❖ Все изображения продуктов и упаковок служат только для иллюстрации.
- ❖ О наличии продуктов на борту Вашего рейса, а также об их составе и наличии аллергенов, спрашивайте у бортпроводников.

- ❗ Приобретая авиабилет, Вы соглашаетесь с условиями перевозки пассажиров airBaltic, предусматривающие, что в самолетах airBaltic запрещено употреблять наркотики, алкогольные напитки, кроме приобретенных во время полета, и курить, в том числе электронные сигареты, а так же необходимо придерживаться общепринятых норм поведения. Если Ваше поведение будет расценено, как не отвечающее данным условиям, мы можем применить меры, необходимые для предотвращения подобного поведения.

- ❗ Продажа алкогольных напитков лицам моложе 18 лет запрещена.

- ❖ Просим учесть, что количество имеющихся в ассортименте товаров ограничено.

### ПАССАЖИРАМ С ПИЩЕВОЙ АЛЛЕРГИЕЙ

- ❖ Будьте осторожны, если у Вас аллергия на какие-либо пищевые продукты. Мы не несем ответственности за негативные последствия из-за приема пищевых продуктов или контакта с предметами во время приема пищи на борту.
- ❖ Если у Вас есть особенные потребности насчет питания, заказывайте блюда перед полетом на www.airbalticmeal.com

For any suggestions on our product selection, please write to / Ja jums ir ieteikumi vai komentāri par piedāvāto preču klāstu, lūdzam tos sūtīt uz e-pastu / Если у Вас есть предложения по выбору продуктов, пишите нам [info@airo.lv](mailto:info@airo.lv)



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