





### Our direction remains clear and our commitment to you is unchanged

PAULS CĀLĪTIS Interim CEO and COO, airBa

### Dear airBaltic passengers,

Welcome on board! Every journey begins with a sense of movement – not just from one place to another, but also toward something new. Whether this is your first flight with *airBaltic* or one of many, today marks a shared moment in motion. As the world continues to shift, so too does our industry, and with it, the way we connect, travel, and grow. Each flight is more than a route on a map; it's part of a larger journey shaped by resilience, purpose, and progress.

As a dynamic organisation, airBaltic continues to evolve, and this spring has brought a leadership transition within our management team. While change is a natural part of any organisation's journey, our direction remains clear and our commitment to you is unchanged. It is therefore an honour for me to

take on the role of interim CEO. Together with our strong and dedicated team, I want to assure you that *airBaltic* continues to deliver strong operational performance – with high-quality service, an extensive route network, and a travel experience defined by comfort, reliability, and attention to detail.

With nearly 130 routes across 40 countries this year - including 80 destinations from the Baltics and Tampere – we are ready for another dynamic summer season. We have increased flight frequencies on popular routes, enhanced the passenger experience, and continue to operate one of Europe's voungest fleets, now equipped with free high-speed SpaceX Starlink internet on board. These efforts reflect our ongoing focus on growth, innovation, and connectivity, benefiting passengers as well as the communities we serve.

airBaltic remains a strategically important company for Latvia and the entire region, contributing to economic growth and ensuring strong international connections. On behalf of our entire team, I thank you for your trust and for choosing to fly with us.

We look forward to welcoming you on board again soon.

Pauls Cālītis Interim CEO and COO

### SAMSUNG

### Circle it, find it

Galaxy S25 Ultra - true Al companion, always by your side.
Discover the world with Circle to Search - explore new
things, uncover hidden gems and learn on the go.
Capture breathtaking moments with our most advanced
camera - every shot as a masterpiece.

### Epic portraits, every single time

Galaxy S25 Ultra

Galaxy Al 👯





### SAMSUNG

### Samsung Vision AI 👯 is here

QLED | Neo QLED | Neo QLED 8K | OLED | The Frame



With Samsung Vision AI the next big show isn't a TV show. It's your show.

This is smart living reimagined: a TV that steps back, so you can step forward. Not just a screen, but a vision that simplifies, empowers, and evolves with you

### Why Samsung Vision AI TV?



### **Al Picture** Upscale content into a 4K



Al Sound Al powered voice enhencement

to catch every word





### 7 years Free OS Upgrade

Enjoy 7 years of new TV experiences for free



### Generative wallpaper

Make your own Al on-screen



### **Endless Content**

The best of TV entertainment



### Design

Cutting-edge innovation in slim design



### **Knox Security**

Your data and privacy. Secured.



### **SmartThings**

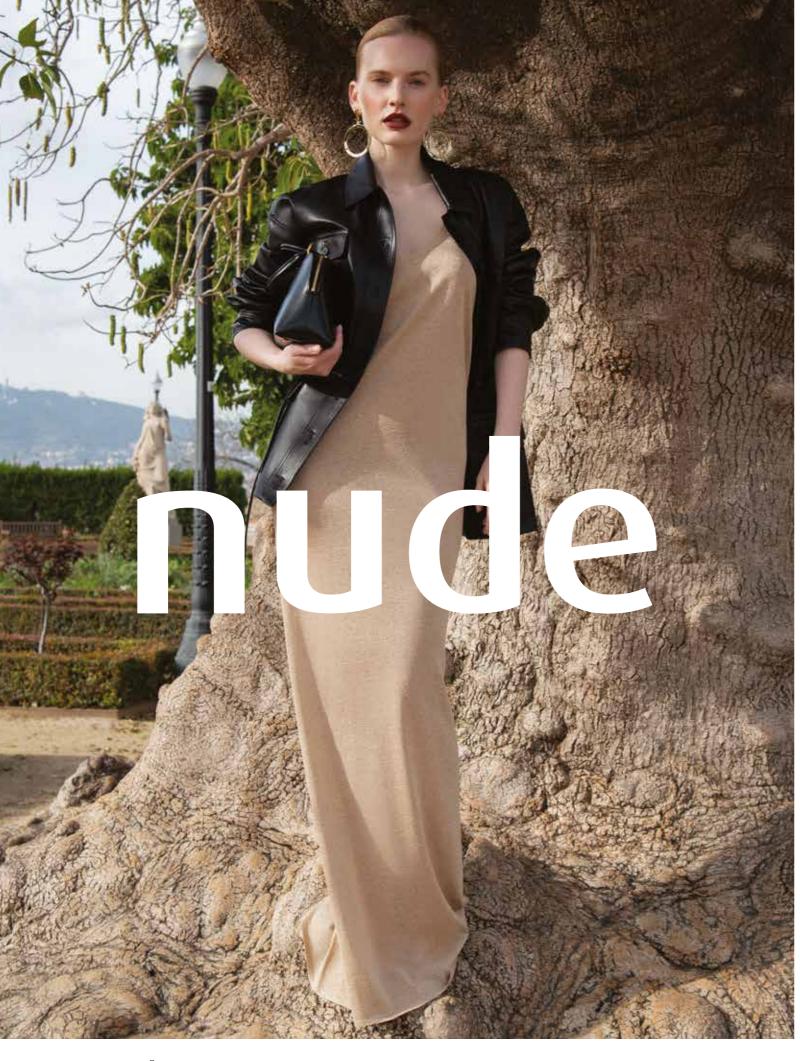
Control your home from your TV



www.samsung.com

Illustrative image.

Explore 2025 TV New line-up









STONE ISLAND

**FENDI** 

Acne Studios

BALENCIAGA

SAINT LAURENT

ZIMMERMANN **dolce&gabbana moncler** 

BOTTEGA VENETA

BURBERRY GIVENCHY CELINE GUCCI ZEGNA



- 12 Calendar May
- 22 Highlights of Latvia this month Find the nobility, revolution, and romance of The Leopard in Latvia
- 24 Special The Ice Hockey World Championship in Stockholm
- 26 Cities of the month Athens, London, Valencia
- 32 Urban icons The secret courtyards of Jordaan in Amsterdam
- 34 **My favourite**place Aileen
  Treusch's
  Düsseldorf
- 36 En route
  The forever vibrant
  Côte d'Azur
- 38 **Point of view**Corfu according to Maria Goritsas
- 4() Berlin in 24 hours







- 42 **Take your friends** on a road trip in Iceland
- Style Italian holidays
- 46 **Design** The art of swimming in Paris
- 48 **Gadgets** Elevate your training
- Food Neighbourhood spots
- O4 Your next destination Alicante – the Spanish holiday you need
- O4 Interview

  Magnus Ditlev,

  Danish triathlete
- 76 Travel Secret
  Italy beyond
  the usual routes
- 86 Special Step above the city and get closer to the sky
- 96 **Living** A Greek escape
- 6 *airBaltic* News

### baltic

### Editorial Staff

Chief Editor: llze Pole e: ilze@frankshouse.lv

Deputy editor: Zane Nikodemusa

e: zane.nikodemusa@frankshouse.lv

Copy editor: Amanda Zaeska Design: Anna Brigadere

Layout: Inta Kraukle

Cover: This image, inspired by the stylistic elements associated with the artist Salvador Dalí, was created using artificial intelligence technology. It is intended as an homage to his artistic contributions and does not represent an original work by the artist or an endorsement by him.

### Frank's House

Baltic Outlook is published by SIA Frank's House

K. Barona 60-16, Riga, LV 1011, Latvia w: frankshouse.lv e: franks@frankshouse.lv

Director: Eva Dandzberga e: eva@frankshouse.lv

Advertising managers in Latvia:

e: indra@frankshouse.lv m: (+371) 29496966

leva Birzniece e: ieva@frankshouse.lv m: (+371) 26416866

m: (+370) 60623762

Advertising manager in Lithuania: Renata Olisova e: renata@frankshouse.lv

Advertising manager in Estonia: Urmas Oja, Media Station e: urmas@mediastation.ee m: (+372) 56151111



Check out *Baltic Outlook's* profile on *Facebook* and *Instagram* (@balticoutlookmagazine)

The opinions expressed in this magazine are those of the authors and/or persons interviewed and do not necessarily reflect the views of airBaltic AS and the editors at Frank's House SIA. Baltic Outlook accepts only work commissioned by Baltic Outlook editors.

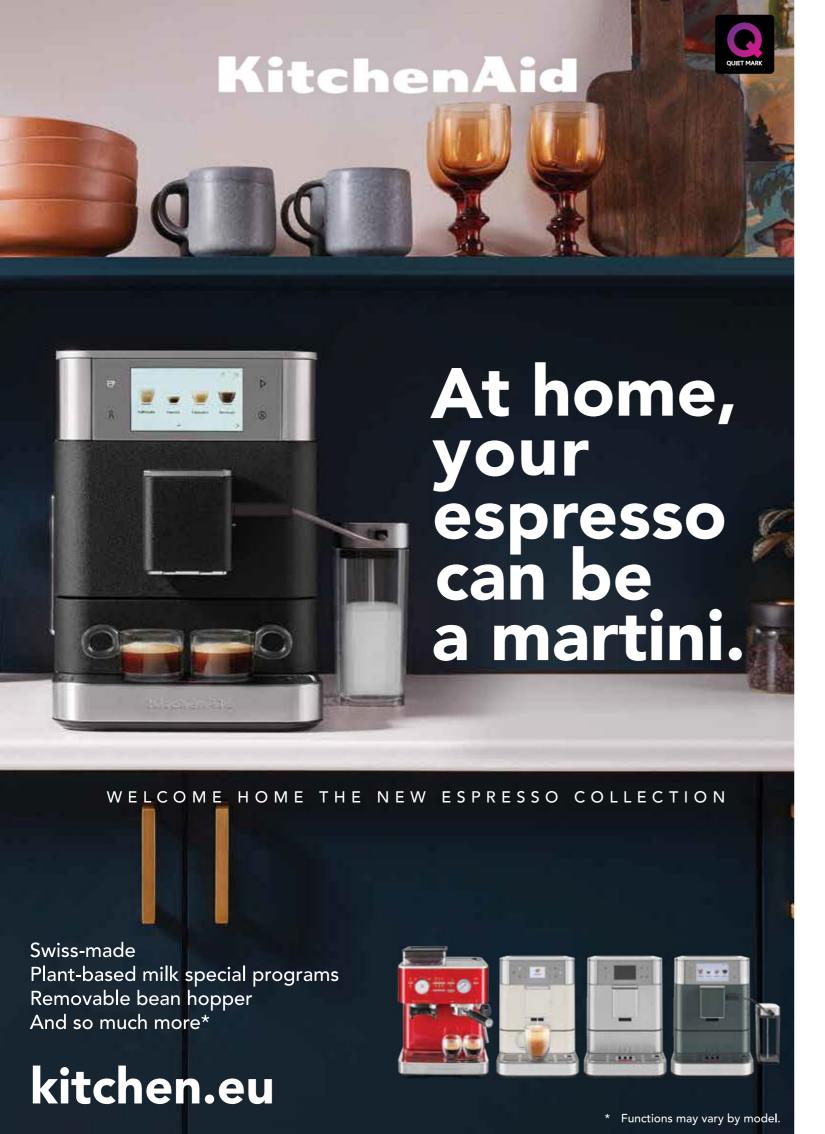
The authors have attested that the content of any material submitted for publishing in Baltic Outlook has been originally created for Baltic Outlook and is accurate. Further the authors and advertisers have confirmed that any such material does not infringe any right of, or violate any obligation to, any other person or entity and that any necessary permissions for the use of material owned by a third party has been duly obtained – the same applies to photographs. Frank's House shall be entitled to recover the damages resulting from the in-fringement of third parties' intellectual property rights from the author or advertisers in recourse proceedings. Advertisers or their representatives assume full responsibility for the content of their advertisements and attest that all the information presented is truthful and corresponds with the laws and other nor mative acts of the Republic of Latvia.

Some photos in this magazine may be only of an informative nature.

All rights reserved. No part of this magazine may be reproduced in any form without the written permission of the publisher.

Printed at *Poligrāfijas grupa Mūkusala*, Latvia, phone (+371) 67063187

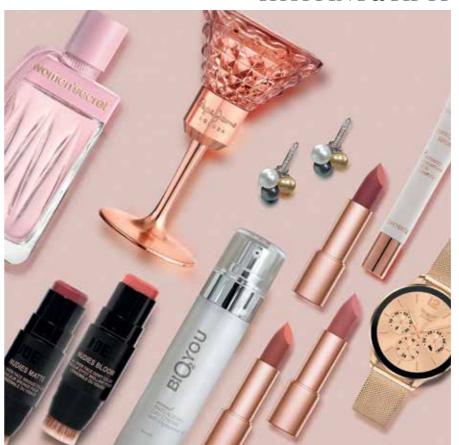




### FOOD&DRINKS MENU



### SHOPPING&GIFTS



Here you will find your **best meal** options for a delightful flight, as well as **great shopping** deals to cheer yourself or as a **gift** for someone special.

### Welcome to our Onboard Shop!

169 Appetisers

170 Hot dishes

72 Desserts & Hot drinks

175 Soft Drinks

176 Alcoholic beverages
Beers & wines, cider,
cocktails, spirits

180 Salty Snacks

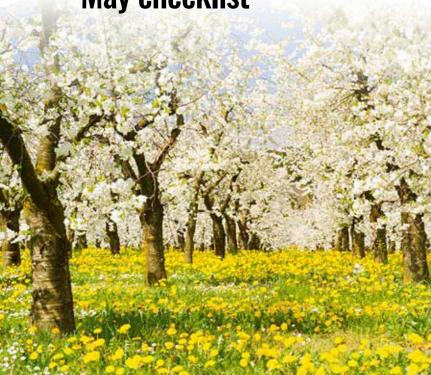
182 Fragrances for Him & Her
Carefully selected scents for different tastes

188 Cosmetics & Skincare
For your beauty, health, and wellness

206 Watches & Jewellery
Our selection will allow you to add to your style, or your gift bag

Accessories & Travel Essentials
The newest trends for your travel and comfort

The ultimate May checklist



Words by Zane Nikodemusa Publicity photos and by iStock

### FLOWER POWER

May in Latvia is a time of breathtaking beauty as the country bursts into bloom. The air is filled with the sweet scent of tulips, peonies, lilacs, and apple and cherry blossoms, casting a fragrant spell over city streets and country meadows alike. Latvians even have a special word for this enchanting season - ziedonis, or 'the time of blossoms'.

This is the perfect time to picnic under blossoming trees, fill your home with fresh flowers, and find inspiration in art. The works of Vilhelms Purvītis, one of Latvia's most renowned artists and the first rector of the Art Academy of Latvia, beautifully capture the Latvian countryside at all times of year, including the magnificence of spring. Meanwhile, contemporary artist Kristīne Luīze Avotiņa brings tulips and peonies to life in her bold, vibrant paintings.

For an unforgettable floral experience, take a stroll through Riga's Pārdaugava district, where the lilacs are in full bloom. If you're looking for more Instagram-worthy spots, visit Uzvaras Park in early May, when soft pink sakura petals gently flutter in the breeze, or Opera Square towards the end of the month as fiery rhododendrons light up central Riga.







### **ARCHITECTURE**

### Meeting point

This month sees the opening of the 19th International Architecture Exhibition in Venice, which runs from May 10 to November 23. Directed by Carlo Ratti, the iconic exhibition will focus on architecture's vital role in addressing the challenges of climate change and population growth. With 66 national pavilions, including Latvia's, the event will explore thought-provoking themes. In particular, Latvia's pavilion will explore what it means to live on NATO's external border. If you want to see the best and latest in art and architecture, don't miss it! latvianpavilion.lv

### MUSIC

### Spring tour

The Boston Symphony Orchestra, led by Grammy Award-winning Latvian conductor Andris Nelsons, is embarking on a spring tour of Europe, with Riga among the stops. The orchestra will perform in four cities: Vienna, Prague, Riga, and Leipzig. The Riga concerts will be held at the Latvian National Opera on May 11 and 12, with tickets selling out within hours. For those who want to experience the music, it's worth checking out some of the orchestra's albums, especially those featuring Dmitri Shostakovich's compositions, as his music will be at the heart of the Riga concert programme. andrisnelsons.com

### Riga's waterways

Riga has a unique charm, and there's no better way to take it all in than from the water. The city's picturesque canal meanders through a series of lush parks and offers the perfect setting for a stand-up paddleboard (SUP) or kayak adventure. Whether you're a seasoned pro or a beginner, this activity is accessible to all and provides a fresh, serene perspective of the city. Let experienced instructors lead the way, ensuring an unforgettable experience. Popular companies such as SUP Fit and Lūzumpunkts Laivas offer guided tours and equipment rentals, making it easy to explore Riga from a whole new angle. supfit.lv



### **LONA™ Intelligence:\***

Learns. Adapts. Evolves. For a well-kept lawn.

**Smart SILENO max** 

robotic mower

Trim-to-Edge:

walls and fences.

cuts as close as 1cm\*

next to solid edges like

**GARDENA** 

### Al-based technology that learns, maps and adapts to individual gardens.

### **Anti-collision Radar:**

Add-on accessory protects the mower and garden surroundings.

### **DuoConnect:\***

lets you upgrade to smart features whenever you choose.

### **DualCutting Disc:**

Two cutting discs for efficient mowing times and improved lawn coverage.

\*The use the smart SILENO max requires the GARDENA Bluetooth® App or the GARDENA Smart App. For both apps, the use on a smartphone or tablet with iOS 17/Android 9 or higher is recommended. For the GARDENA Bluetooth® App, our Terms and Conditions as well as a Privacy Notice to inform you about the processing of your personal data while using the GARDENA Bluetooth® App are available in the app. The use of smart features of the smart SILENO max within the GARDENA smart system as well as the use of LONA™ Intelligence require the smart Gateway (sold separately), a sufficient internet connection and the GARDENA Smart App. In order to use the GARDENA smart App, you need to register online and set up a user account with GARDENA or our corporate group, the Husqvarna group. Furthermore, consent to our terms and conditions is required in the GARDENA smart App, available at www.gardena.com/smartapp-terms. We will inform you about the processing of your personal data while using the GARDENA smart App in our Privacy Notice, available at www.gardena





More information: www.gardena.com



Words by **Zane Nikodemusa** Publicity photos and by *iStock* 



### **BUTTERFLY** HOUSE

### Through May

Tucked away in the Botanical Garden of the University of Latvia – a former manor turned lush oasis – is a tropical surprise. Step inside the Butterfly House and find yourself surrounded by colourful butterflies from South America, Asia, and Africa. This season, marvel at the dazzling blue morpho as it flutters by with its electric blue wings, and spot the majestic owl butterflies with their striking eye patterns. It's a slice of the jungle in the heart of the city – pure joy in every flutter. Spanning 15 hectares, the Botanical Garden offers a peaceful escape just minutes from the city centre. Admire the butterflies until the end of June. botanika.lu.lv

## May 2025 / KlgA

### SKYFORGER CONCERT May 3

Celebrating its 30<sup>th</sup> anniversary, the internationally recognised Latvian folk-pagan metal band Skyforger is hosting an unforgettable concert at Xiaomi Arena. This event also marks the launch of the group's new album, which is inspired by ancient Latvian myths and beliefs. The album is the band's first studio release in the past decade. Don't miss this event if you're in Riga – Skyforger's powerful and epic performances captivate even those who never imagined enjoying this style of music. skyforger.lv



### RIGA **ART WEEK**

### May 26 – June 1

Looking to discover the latest trends in contemporary art? Look no further than the new Riga Art Week. During this exciting festival, galleries, museums, and various hotspots around the city come alive, celebrating the vibrant pulse of modern art. From visual arts to performance, digital media, and more, the event showcases a wide range of artistic expression. Visit the official event website to explore unmissable exhibitions, lectures, workshops, and pop-up events. rigaartweek.com

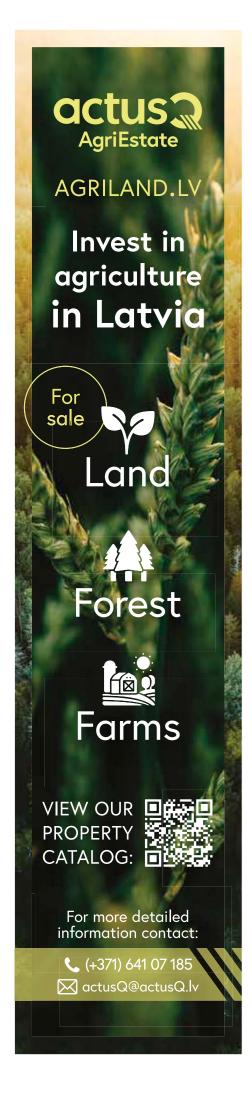
### RIMI RIGA **MARATHON** May 17-18

This year's Rimi Riga Marathon is a grand celebration in honour of the event's 35th anniversary. It brings together amateur runners as well as world-class elite athletes, each competing across various distances, including the marathon, half marathon, 10K, and 5K. With record international attendance expected this year, the marathon passes many of Riga's central landmarks, making it an exciting event for participants and spectators alike. Whether you're racing or cheering from the sidelines, it promises to be a thrilling weekend for all. rimirigamarathon.com



If you have a garden and a library, you have everything you need. This famous quote by the Roman statesman Marcus Tullius Cicero marks a growing cultural trend worldwide in which the garden plays an important role alongside intellectual enjoyment. A significant example in Riga is the Ola Foundation art centre, where contemporary architecture, art, and music coexist alongside a beautiful garden.

German Quality Trousers. Timeless Style. Available at Gerry Weber stores in Riga - Terbatas iela 32, Spice and Akropole Alfa shopping centres; in Tallinn at Ülemiste Centre





### TALLINN STREET **FOOD FESTIVAL**

**May 30 - June 1** 

The three-day Tallinn Street Food Festival transforms the trendy Vanasadam Cruise Area into a food lover's paradise. Showcasing the best vendors from Estonia and neighbouring countries, the festival offers a tantalising array of dishes made right before your eyes. But it's not just about food – the event is packed with entertainment, including concerts, competitions, DJ sets, and the Sky Tivoli amusement park for all ages. With spring in full swing, it's the perfect place to indulge in mouth-watering flavours, enjoy lively entertainment, and soak up the vibrant atmosphere of the season. toidutanavad.ee

### KALAMAJA **Days**

May 17-18

This local community event presents a range of engaging activities set within a culturally significant district of wooden buildings. Kalamaja Days fills the streets with uplifting music and a delightful ambience. During the event, visitors can explore a bustling street market offering crafts and other intriguing items. And the renowned courtyard cafés serve delectable cuisine, catering to both children and adults. The event welcomes locals as well as visitors from afar, promising enjoyment for all. kalamajapaevad.ee

### **ELLIOTT ERWITT EXHIBITION**

Until August 31

This spring, Fotografiska Tallinn welcomes visitors to Through the Playful Eyes of Elliott Erwitt, a retrospective exhibition honouring the legendary French-born American photographer Elliott Erwitt (1928-2023). Featuring nearly 100 iconic images,

the collection offers a captivating blend of humorous moments, whimsical perspectives, and poignant reflection. It's an unforgettable celebration of the power of visual storytelling, inviting audiences to experience the world through the playful lens of one of photography's true masters. tallinn.fotografiska.com



Did you know?

The LHV Maijooks is not just a race – it's a vibrant celebration of women's health and empowerment. Set at the iconic Tallinn Song Festival Grounds, this seven-kilometre event invites participants of all fitness levels to run, walk, or Nordic walk at their own pace. Whether you choose a timed or untimed option, the event is designed to be inclusive, welcoming all women to take part in the journey toward better well-being. There are also sports activities for children and men, and the day wraps up with a lively spring concert, creating a festive atmosphere for the entire family.



Izbaudiet BMW X5 braukšanas komfortu, mūsdienīgās tehnoloģijas un izcilo dizainu!

TAGAD IEGUVUMS LĪDZ 15 730 EUR

Piesakieties testa braucienam un sanemiet īpašo piedāvājumu jau šodien.

SIA Inchcape Motors Latvia

Dārzciema iela 64A Rīga, LV 1073, Latvija Tel. +371 67 828 600 www.bmw-inchcape.lv



**Pasūtiet** online tagad





### VILNIUS MAMA JAZZ FESTIVAL May 22-25

The Vilnius Mama Jazz Festival is your gateway to the vibrant world of contemporary jazz. Known for its embrace of all jazz styles and its focus on quality, individuality, and relevance, this festival stands out as a true celebration of the genre. This year, the main events will be held at the Lithuanian National Drama Theatre and feature performances by world-renowned artists, Lithuanian jazz masters, and exciting international collaborations. Unforgettable evenings are guaranteed!

### EUROPEAN MTB ORIENTEERING CHAMPIONSHIPS

May 14-18

This month, Vilnius hosts Europe's top mountain bikers for the European Mountain Bike Orienteering Championships. Over 250 elite athletes will compete for the European Junior, Youth, and Elite championships as well as the MTB Orienteering World Cup. The competition centre, located in the meadow above the Vilnius Western Bypass, lets spectators follow the action on a large LED screen and witness thrilling live finishes. The centre also hosts events for World Orienteering Week in which adults and children can try out orienteering, navigate a labyrinth, and enjoy various other challenges. 2025.mtbo.lt

### FROM WITHIN **EXHIBITION** Until August 31

If you haven't seen it yet, there's a mustvisit exhibition in Vilnius right now. From Within is the first exhibition in Lithuania to merge art history and

psychology on such a grand scale. Through this fusion, MO Museum illustrates how meaningful engagement with art can enhance mental and emotional well-being. Inspired by Carl Jung's model of personality and Alain de Botton's therapeutic perspective on art, the exhibition encourages active participation. To fully experience its impact and deepen self-awareness, immerse yourself in the works of art and reflect thoughtfully.

### VILNIUS

Did you know?
If you miss the sounds of nature and long for some fresh air and fun activities, Vingis Park is the perfect place for active recreation. It's within walking distance of Vilnius' Old Town but feels like a whole different world.

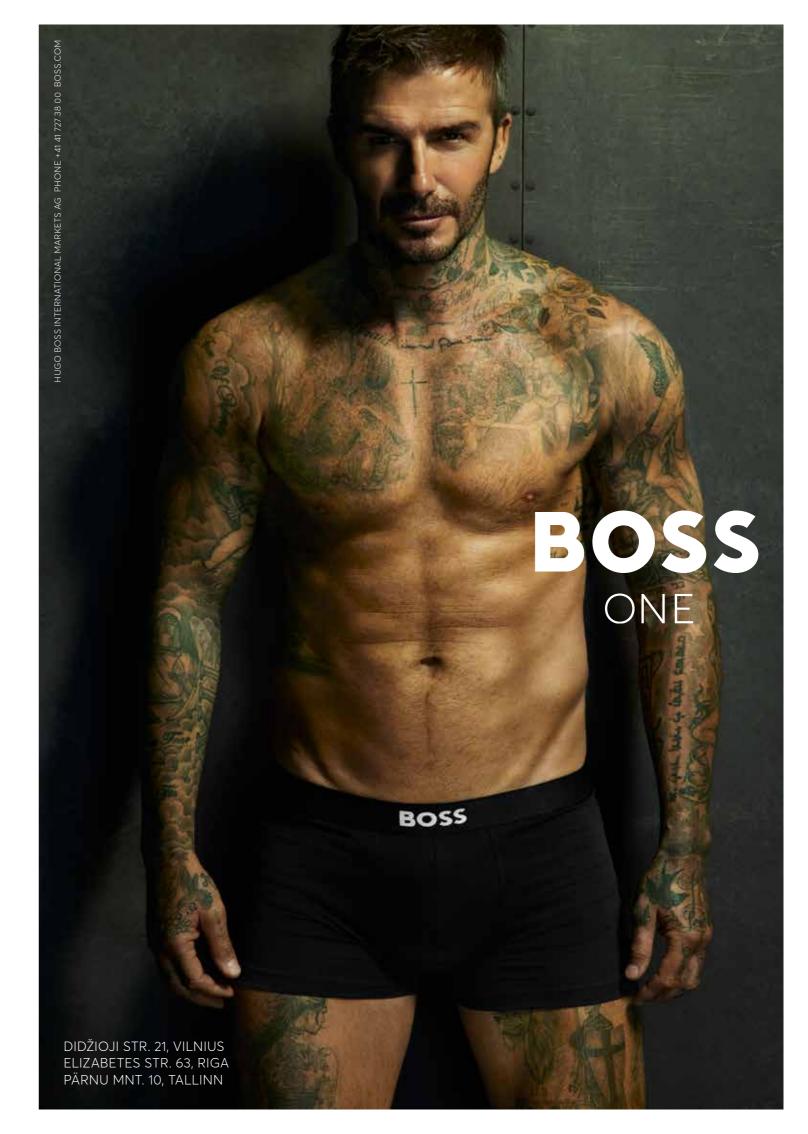


### SKAMBA SKAMBA KANKLIAI **FESTIVAL**

May 29 – June 1

Every year since 1973, Lithuania's oldest folklore festival has taken over the Old Town of Vilnius on the last weekend of May. The best folklore ensembles from Lithuania and other nations appear in the festival programme, which lets audiences enjoy a large variety of authentic folk performances and learn about various traditions. A crafts fair, traditional music workshops, concerts in the courtyards of the Old Town, and other exciting events add to the festive atmosphere.







ELIZABETES STREET 31



### TAMPERE DANCE CURRENT FESTIVAL

May 20-25

The Tampere Dance Current festival is a vibrant celebration that unites the nation's foremost talents and provides a captivating glimpse into the contemporary dance landscape. Since its inception in 1997, this event held every May has evolved into a spectacular showcase of exceptional productions, mesmerising

dance-themed short films, and captivating street performances. Immerse yourself in the dynamic world of dance, where creativity knows no bounds and innovation takes centre stage. tanssivirtaa.net

### **TAMPERE**

Did you know?
The view from the
Pispalanharju ridge
in the Pispala district
is one of Tampere's
landmarks. Pretty as a
postcard, this area is
dotted with colourful
wooden houses
perched on top of the
world's highest gravel
ridge, or esker.
visittampere.fi

### SUMMER CRUISES

**Throughout May** 

Situated in Finland's Lakeland region, Tampere sits on a picturesque isthmus nestled between two expansive lakes. Its city centre boasts scenic rapids flanked by historic industrial redbrick buildings, now repurposed into charming restaurants, cafés, museums, and shops. While there's a wealth of attractions to explore, visitors shouldn't miss the opportunity to embark on a leisurely lake cruise. These serene voyages offer a perfect escape, allowing travellers to disconnect, unwind, and immerse themselves in the breathtaking natural surroundings as they gently drift along the tranquil waters. hopealinjat.fi

### INTERNATIONAL GRAND MARKET

May 14-18

The International Grand Markets of Finland is a travelling marketplace that traverses the country during the summer months. For those who relish a lively and inviting market atmosphere, this event is not to be missed, taking place this month along the charming Hämeenpuisto boulevard in the city centre. Last year, more than 100 manufacturers and growers from 35 countries gathered here, offering a rich variety of foods and goods. This year's event will be equally vibrant, with an array of flavours and aromas awaiting visitors.

### AN ARTIST'S LIFE – TOVE JANSSON **EXHIBITION** Until May May 18

2025 marks the 80th anniversary of the Moomin stories, which began with The Moomins and the Great Flood in 1945, so it's the perfect time to immerse yourself in the world of Tove Jansson (1914–2001), one of Finland's most internationally celebrated artists. Best known as the creator of the Moomins and the author of the beloved Moomin books, Jansson considered herself primarily a painter. In addition to her representational and abstract paintings, she created monumental public works, illustrations, cartoons, and comics. This exhibition at the Moomin Museum offers an in-depth exploration of her diverse artistic journey, personal life, and relationships. muumimuseo.fi







### Nobility, revolution, and romance

Netflix's series The Leopard is making waves as a sumptuous Italian drama that transports viewers to 19th-century Sicily. But beyond the lavish costumes and grand storytelling lies a fascinating real-life connection...to a palace in Latvia.

Critics are calling the *Netflix* series *The Leopard* 'a sultry Italian drama that will leave you swooning' – and it's easy to see why. This lavish adaptation of Giuseppe Tomasi di Lampedusa's (1896–1957) classic novel whisks viewers away to 19<sup>th</sup>-century Sicily and immerses them in a world of aristocratic grandeur, political upheaval, and sweeping romance. At its heart is the Prince of Salina, a nobleman caught between preserving his family's privileged way of life and embracing the revolutionary tide of change.

Based on the acclaimed 1958 novel *Il Gattopardo*, this new series follows in the footsteps of its legendary three-hour film adaptation, which remains a cinematic masterpiece. The novel itself is not just a historical epic but a deeply personal story – its protagonist, Don Fabrizio, is inspired by the author's own great-grandfather.

Adding another layer of intrigue, Lampedusa's life had an unexpected Baltic connection. In 1952, Giuseppe Tomasi (the ll<sup>th</sup> Prince of Lampedusa) married Alexandra von Wolff-Stomersee, a Latvian aristocrat whose family owned the grand Stāmeriena Palace located nearly 200 kilometres from Riga. The couple, both descended from noble families who had lost their power due to 19<sup>th</sup>-century national movements, found solace in sharing their stories – and their summers – at the beautiful estate.

Built in the Neo-Renaissance style, Stāmeriena Palace stands as an architectural monument of national importance. The meticulously restored manor boasts exquisite neoclassical and Art Nouveau ceiling decorations, elegant balconies, intricate interior details, and striking neo-Gothic towers with large pointed arched windows. Much like the Sicilian palaces depicted in *The Leopard*, this Latvian retreat remains a testament to a bygone era of grandeur, now welcoming visitors to step into its rich history.

Surrounded by a 19th-century English landscape park, Stāmeriena Palace is now a tourism object hosting concerts, exhibitions, and art pleinairs. With well-preserved manor buildings, a view of the Stāmeriena St. Alexander Nevsky Orthodox Church, and two oak trees grown together, this architectural gem surrounded by romantic legends welcomes guests all year round. The palace hosts the 'Taste of Italian Life' event every August (this year on August 23), which pays tribute to its former owners, and it is even possible to rent the entire palace to celebrate a wedding with a historical twist. 'If we want things to stay as they are, things will have to change,' wrote Giuseppe Tomasi di Lampedusa. Isn't that still so very true today?

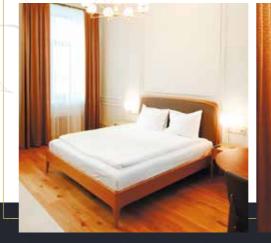


### EXPERIENCE

### **Roze Center Apartments**



Roze Center Apartments is part of the exclusive Roze Hotel Group, comprising 12 luxury properties along the beautiful Baltic Sea coast. Guests are offered 23 exquisite studio and one-bedroom apartments. The apartments are located on the most central street in Liepāja - Lielā iela. A modern design was created with natural wooden furniture, high apartment ceilings and rich textiles. The interior design of the apartments perfectly complements the speed and energy of the central city street. The apartments are equipped according to the highest hotel standards - fully equipped kitchens, designer dishes, bed linen, towels, free cosmetics and slippers. All apartments have TV, free Wi-Fi, air conditioner, private bathroom, washing machine, ironing board and hair dryer. An elevator is available in the building.







- **\( +371 2732 3553**
- math rozehotelgroup.lv



Visit our website rozehotelgroup.lv

Use promo code ROZE10 at checkout to enjoy a 10% discount on all our properties



### Dining ideas

Stockholm has a vast food scene to suit all tastes and budgets. During hockey season, all eyes are on casual pubs serving hearty meals and various snacks. For the best burgers and finger food, Barrels Burgers & Beer near the Old Town is a great way to enjoy local fast food and at the same time visit the most prominent landmarks. Swedes are also famous for their classic meatballs with mashed potatoes, peas, and gravy. Locals say that some of the best meatballs can be found at the Grodan restaurant, which has been open for 40 years. For a more gourmet experience, visit the *Aloë* restaurant not far from the arena. Its exquisite menu combines high-quality ingredients with southern European recipes in a truly Swedish style. barrels.se

grodan.se

aloerestaurant.se

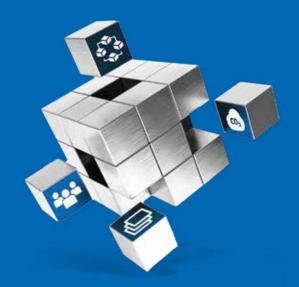
Your drivers of strategic M&A in the Baltics tockholm

SO

When you're working on complex, strategic M&A transactions, you need a legal team that has the experience, sector knowledge and depth to guide you towards your objectives and successfully execute your transaction.

Putting the pieces into place

Our cross-Baltic M&A team is able to do just that. With a Mergers and Acquisitions team of 30+ professionals in Latvia, Lithuania and Estonia and 700 M&A lawyers located in over 70 offices around the world, we act on dozens of deals each year and chances are, we've worked on a transaction like yours before.





### Jonas Saladžius

Managing Partner, Eversheds Saladžius



### Lauma Bērziņa

Of Counsel, Eversheds Sutherland Bitans auma.berzina@eversheds-sutherland.lv



Managing Partner, Eversheds Sutherland Ots & Co maivi.ots@eversheds-sutherland.ee

### **Ice hockey** in Stockholm this spring

From May 9 to 25, Stockholm turns into a true hockey lover's paradise as the Swedish capital hosts the IIHF Ice Hockey World Championship. The city's lively sports, food, and culture scenes have plenty to offer fans from all around the world.

### When and where?

The games for Group A (Canada, Finland, Sweden, Slovakia, Latvia, Austria, France, Slovenia) will all be played at Avicii Arena in the heart of Stockholm. The games for Group B will take place in Herning, Denmark, and then the best teams from both groups will meet at Stockholm's Avicii Arena for the medal matches on May 25. aviciiarena.se

### Fan gatherings

For those without tickets to games, the official fan zone next to Avicii Arena will host a variety of competitions, fun activities, and game broadcasts to help you connect with those in the arena. Ice hockey is all about meeting likeminded people, cheering for your favourites, and enjoying the friendly atmosphere. The flow of hockey fans will also extend into the Old Town, where the Stadsmuseet (City Museum) presents a unique exhibition of historic pucks that fans have caught during hockey championships. stadsmuseet.stockholm

### **Cultural breaks**

Be sure to visit some of the city's finest museums. Either in between games or on a rest day for your favourite team, you're sure to find something to your liking. The prominent Vasa Museum showcases a nearly intact 17th-century Swedish ship and reveals various secrets of Sweden's history. Meanwhile, the Moderna Museet and Fotografiska Museum provide a glimpse into the Scandinavian region's contemporary art scene and stunning photography. For those visiting Sweden purely for hockey, the National Sports Museum of Sweden is a must-visit to add a touch of history to the championship experience. vasamuseet.se



### Beer gardens

A hockey championship is not possible without beer! When the spring sun finally reaches this northern country, Stockholm welcomes visitors with numerous open-air beer gardens. The most prominent bars are Omnipollo in the Humlegården park and Münchenbryggeriet Beer Garden with its picturesque views of Stockholm's seaside. For another\_unique Swedish experience, the up-andcoming Omaka garden combines modern cuisine with craft beer brewed in the same building. In addition to a wide range of local and international beers, the beer gardens in this city usually offer a variety of food as well. IG/ omnipollosflora

munchenbryggeriet.se omaka.beer



AVICII A ARENA



Kasper Bosmans, *The Fuzzy Gaze*, 2025 (detail). Produced by EMΣT, courtesy of the artist.





Words by **Olga Dolina** Publicity photos and by *iStock* 

The National Museum of Contemporary Art (EMΣT) presents its new flagship exhibition Why Look at Animals? A Case for the Rights of Non-Human Lives (May 15 – January 7, 2026; Kallirrois Avenue & Amvr. Frantzi Street; emst.gr). It's a fresh perspective on the representation of animals in art that offers a deep ethical and philosophical exploration of humanity's complex relationship with them. The showcase spans four floors and features works by more than 60 contemporary artists from around the world. Their pieces explore the subjects of animal intelligence, ecological issues, exploitation, and human-animal connections in the context of modernity. For example, Sonic Room by Joanna Zielińska presents the sounds of birds, whales, and primates in audible frequencies, with compositions created by artists and researchers in the fields of zoo-musicology and eco-acoustics. Naturally, pets are welcome.

Celebrating flavours, culture, and community, the Athens Street Food Festival is one of the largest of its kind in the country and has taken place each May since 2016 (athensstreetfoodfestival.gr). Over the first three weekends of the month, dozens of chefs and traditional culinary artisans from Greece gather to showcase their best products and creative variations of traditional cuisine and street food. The festival takes places on the grounds of Palio Amaxostasio OSY, a former tram and bus depot in the Gazi neighbourhood that has been transformed into a vibrant hub for cultural and recreational events. Visitors can expect innovative takes on Greek specialties, unique flavours from cuisines around the world, and exclusive menus available only during the festival. A variety of vegan and vegetarian options are also available. Daily music vibes and evening parties hosted by local DJs bring even more energy to the event.

Celebrating the glamour of the 1960s Athens Riviera, the new Ace Hotel & Swim Club Athens brings a laid-back, retro-style swim club atmosphere to the city's scenic coastline and offers a tranquil escape to the city's seaside district of Glyfada (Artemisiou l, Glyfada; acehotel.com; from EUR 228). The hotel occupies a former brutaliststyle building that's recognisable by its crisp white square balconies, now reimagined by the French design studio Ciguë. A mural by Claire Manent, which was inspired by David Hockney's iconic pool paintings, adorns one of the exterior walls. Now a sleek 120-room hotel, the space features a scenic pool and the Sebastian restaurant, both infused with mid-century modern aesthetics. Supporting the city's rapidly evolving creative scene, art is present in every corner, while the pool area with its yellowstriped parasols echoes the mood of 1960s-70s beach clubs and also hosts DJ sessions.







Homes

Hotels



### Proudly built by Vastint

We are an international real estate organisation with 35 years of experience of developing offices, homes, and hotels across Europe. Today we own and actively manage over  $1.4 \text{ million m}^2$  of rentable area in 69 office buildings, 50 hotels, and 533 rental apartments. A further 278 thousand  $m^2$  is under construction.

We are present in Latvia since 2003. Over these years, we have built up a reputation of professional and reliable real estate owner and developer. Our projects in Latvia are AC Hotel by Marriott Riga, Magdelēnas kvartāls, Business Garden Rīga, Lindenholma, and Ezerparks.

Check our website for more information and to get into contact with us.







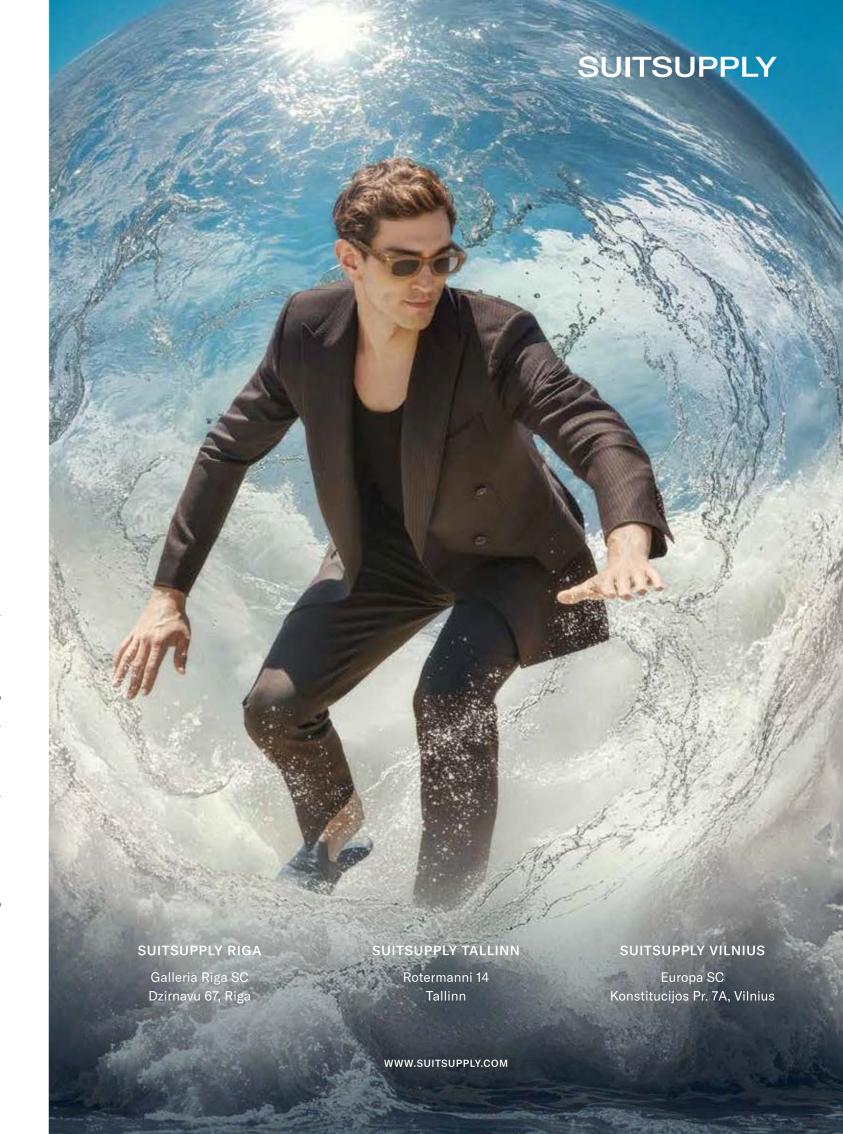


Splash! A Century of Swimming and Style at the Design Museum explores the history of swimming culture, from sports performance to architecture, design, and fashion (until August 17; 224-238 Kensington High Street; designmuseum.org). The exhibition is divided into three sections, reflecting on how different swimming locations - the pool, the lido (openair pool), and natural waters - shape the human relationship with the activity. A detailed architectural model of the Zaha Hadid-designed London Aquatics Centre is among the highlights. As for fashion, the story of swimwear unfolds through iconic pieces, from the rise of 1920s beach holiday fashion and one of the earliest bikinis (from the late 1940s) to Pamela Anderson's iconic red Baywatch swimsuit and modern-day sportswear innovations and technological achievements. With over 200 objects on display, the showcase examines the evolution of swimming through social, cultural,

technological, and environmental lenses.

V&A East Storehouse is the latest major addition to London's museum scene (Queen Elizabeth Olympic Park, Stratford; vam.ac.uk). The Victoria and Albert Museum houses one of the world's largest collections of decorative and applied arts. To give visitors a behind-the-scenes glimpse into its vast collection, the new Storehouse offers a unique experience across four levels. The warehousetype building was specially designed by Diller Scofidio+Renfro and Austin-Smith: Lord architects on the former grounds of the London 2012 Olympics Media Centre in Queen Elizabeth Olympic Park. It holds over 250,000 objects, 350,000 library books, and 1000 archives from the V&A's collections, offering a rare perspective on the smallest artefacts as well as grand-scale masterpieces – from tiny hair pins to the life-size Kaufmann Office by architect Frank Lloyd Wright and an impressive 15th-century wooden ceiling from the Torrijos Palace in Toledo. The storehouse will also host pop-up exhibitions, workshops, performances, and screenings.

A beautiful Beaux-Arts-style building in the heart of London's financial district that housed a bank more than a century ago is now home to the new Gracechurch Street Hotel by Club Quarters (7 Gracechurch Street; clubquartershotels.com; from GBP 280). Designed by the local Holloway Li studio, the hotel preserves the original features of the heritage building while incorporating contemporary touches. Once a typists' room, the double-height space with marble-clad walls and ornate plasterwork ceilings now serves as the hotel's elegant lobby with a travertine selfcheck-in desk. The multifunctional lounge zone unites a co-working space and a living room-like hub for socialising. Brass, natural stone, and timber finishes together with bespoke textiles pay homage to London's rich tailoring traditions. The 203 guest rooms are designed in soft hues with attention to details, such as textured sisal carpets, Danish design furniture, and pop-art prints.









The Hortensia Herrero Art Centre (CAHH) is a bold newcomer on Valencia's art scene, nestled within the 17th-century Baroque-era walls of the former Valeriola Palace (Calle del Mar, 31; cahh.es). After a five-year restoration, those walls now showcase works by leading names in contemporary art of the 20th and 21st centuries, including Andreas Gursky, Anselm Kiefer, Georg Baselitz, Anish Kapoor, Olafur Eliasson, and David Hockney. The 17 exhibition spaces span more than 3500 square metres across four floors of the palace and two connected volumes. A bridge linking the two sections features Tránsito Mineral, a work of art by Cristina Iglesias in which a series of mirrors and stone textures create a dreamlike experience. The upper floors not only provide picture-perfect views of Valencia but also reveal historical wall drawings that contrast with contemporary works by Tony Cragg and Elmgreen & Dragset.

Valencia Green Routes is a special sightseeing initiative launched last year when the city was named the European Green Capital (visitvalencia.com). Three specifically themed itineraries were designed to help visitors navigate the city, while highlighting its key areas. Route l-The Green River - covers nine kilometres along the lush Turia Gardens that fill the former riverbed. An ideal example of green infrastructure and biodiversity, this 120-hectare oasis connects the western and eastern parts of the city and is one of the largest urban parks in Europe. Route 2, which takes about 45 minutes to walk, focuses on sustainable mobility and winds through the historical centre of the city, passing the most significant heritage and cultural points. With the Mediterranean Sea as its backdrop, Route 3 begins in Albufera Natural Park and explores Valencia's three key agricultural landscapes: rice fields, the sea, and the lush orchards that supply the city with fresh fruits and vegetables. It can be explored via public transport or bicycle.

Casa Clarita brightens up Valencia's hotel scene with a creative and playful interior by world-famous designer Jaime Hayon (Carrer de les Avellanes, 10; casaclarita.com; from EUR 273). Located in the heart of La Seu, one of the city's oldest districts, the hotel occupies a 19th-century house once run by local glassmakers, who lived on the upper floors while using the first floors as their workshop. There are only 12 rooms, as well as 10 apartments available for longer stays, and all are furnished with vintage objects, artistic pieces, and avantgarde design. Each light-filled room offers a unique setting and custommade furniture. Through patterns and colours, the design pays homage to Mediterranean nature and Valencia's rich heritage and folklore.

### EUROPE'S LARGEST COLLECTION OF GEORGIAN WINES

We are an importer and distributor of high-quality Georgian wines from proven autochthonous vineyards. Our team works with small family wineries that guarantee the uniqueness of their wines. The Roze Wines wine list was prepared by Tamaz Tamazashvili Best Sommelier of Georgia 2018 We choose wine based on the principle that our customers and ourselves should like it. Through direct import. Roze Wines controls the quality of products at all stages of transportation and storage. We are personally familiar with the winemakers whose wines we sell. We are not interested in abstruse scientific reasoning and formulaic banal "factory" alcohol. We are interested in the author's wine - centuries-old traditions, exceptional aromatics bouquets and unique authenticity. Our dream is to introduce the world to unique Georgian wines and the people who make them.





Shop now at <u>rozewines.com</u>
Use promo code ROZE10 to receive a 10% discount at checkout.



ALCOHOL CONSUMPTION HAS A NEGATIVE EFFECT. SELLING, PURCHASING AND HANDING OVER TO AN UNDER-AGE PERSON ARE PROHIBITED.

Words by Ilze Vītola Photo by Shutterstock



### The secret courtyards of Jordaan

Situated just west of Amsterdam's historic centre, the Jordaan district tells stories of the past through leafy canals, crooked houses, and an artsy, slow-living vibe.

Once a working-class haven for migrants, Jordaan is now among the city's most coveted neighbourhoods. Beyond indie shops, bustling weekend markets, and canal-side cafés, the district also hides something quieter - its secret courtyards, or hofjes.

These enclosed gardens ringed with small houses are peaceful sanctuaries behind unassuming façades. Many of the buildings date back to the 17th or 18th century and were founded by philanthropic citizens as almshouses offering dignified housing for elderly women. They are typically named after their founders. Though born from charity, many hofjes today house artists, students, and long-time locals.

Each hofje has its own rhythm. Some are hushed and meditative, others bright with flower beds and neighbourly chatter. While some remain closed to the public, many welcome respectful visitors – you just need to know where to look, as most are hidden behind plain doors and garden gates. The mood inside is

discreet, the unspoken rule being to respect the stillness of these leafy retreats.

Jordaan has more than 20 hofjes. Karthuizerhof, built in 1650 and partly designed by Daniël Stalpaert (who is also credited with the Royal Palace), is a haven of ivy and stillness. Raepenhofje, dating from 1648, was founded by city treasurer Pieter Adriaensz. Raep for childless widows and unmarried elderly women; today, it mostly houses female students. On Prinsengracht, Hofje van Brienen was established in the 18th century by wealthy hemp-and-tar merchant Arnaut van Brienen.

But hofjes aren't unique only to Jordaan. Scattered across the city, they form a quiet constellation of hidden gems. In the southern canal belt, Begijnhof is perhaps the best known - once home to Catholic lay sisters, it's now a historical hideaway with a medieval chapel and storybook façades. Near the university, Jan Roodenpoortshuisjes offer a subtler, scholarly calm.



### APARTMENT PRICES FROM EUR 150 000

The developer:

LNK PROPERTIES

General contractor:

LNK INDUSTRIES



Advantageous location in the Quiet Centre



**Enclosed** courtyard



Sunny apartments with balconies



Tidy and safe neighbourhood



Spacious underground parking



A-class sustainable environment and energy efficiency



Pet-friendly environment



Storage room for extra space

### **RIGA LATVIA** for children

HANZAS 3B







+371 26 542 595 www.heartofhanza.lv info@heartofhanza.lv



### Düssel River

Düsseldorf is interwoven with a network of large and small waterways fed by the Düssel. a modest tributary of the Rhine River. In fact, the city's name means 'village of the Düssel'. These waterways, along with green spaces such as the Hofgarten, Königsallee, and the charming Spee'scher Graben a peaceful, peninsula-like spot with gardens and benches - create a scenic loop through the heart of the city. Flowing quietly through it all, the Düssel acts like an invisible thread, subtly linking many of Düsseldorf's art and cultural institutions into a cohesive whole.

### Eiskeller

The Eiskeller wine bar is a place steeped in history. With an attached wine shop, it's always a 'sparkling' destination both in spirit and in selection. Once home to parts of Düsseldorf's original ice cellar, the lovingly restored brick vaults now lend the space its distinctive charm and character. The impressive wine list features nearly 250 carefully curated options, with a strong emphasis on organic and biodynamic wines and a keen eye for exciting new discoveries. Eiskellerberg 1-3; eiskellerbar.de

### Unterbilk district

The Unterbilk district, particularly the charming area around Lorettostraße, invites visitors to wander, discover, and indulge. It's a vibrant mix of art, design, and fashion, ranging from high-end and vintage to alternative styles as well as unique interior design shops and culinary hot spots. Notable among them is Forum, a relaxed restaurant celebrated for its creative fusion cuisine and excellent pizzas. Another standout is Live Lab Studios, where an innovative, interdisciplinary retail concept reimagines luxury with thoughtfulness and a deep respect for both people and the planet.

### Deutsche Oper am Rhein

As one of Europe's premier venues for opera, dance, and music, the Deutsche Oper am Rhein boasts the largest ensemble of soloists in the world. Beneath the stage, the opera house hides a treasure trove - a vast collection of costumes that can be explored on an eye-opening backstage tour. Alongside its rich programme of classic and contemporary productions, musical highlights include the beloved Opera on the Rhine for Everyone! open-air concert series set against the breathtaking backdrop of the Rhine River.

Heinrich-Heine-Allee 16a;

MUNa

The 2nd stage of muuna is HERE!

Mārupes klusais centrs





2 bathrooms for three- and four-room apartments

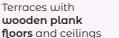
Terraces with

wooden plank

Balconies/loggias

for each apartment

2<sup>nd</sup> stage of Muuna



layout in Muuna will allow you to find the **most** 

suitable living space for yourself. Apartments in the

Centralised heating with natural gas and individual meters

the temperature

Heated flooring with

the ability to regulate



Ventilation with air recovery equipment



Picnic area in the yard





**Apartments** 

Recreation area with a shared hth terrace

Apartments will be









of the 2<sup>nd</sup> stage of apartments



SCAN TO SEE THE APARTMENTS

### A home That Fits Your Needs!

Discover modern **2–6 room apartments** (39–107 m<sup>2</sup>) in a thoughtfully designed

a covered glass terrace and a spacious green courtyard with multiple **relaxation areas**, offering a cosy and inviting



37 apartments

56\* parking



13 heated



\* Including 20 parking spaces with **electric charging**, 8 of them with a roof

• Gaujas iela 5B, Mārupe



### Kristīne Bišmeistare

sales@angern.lv

34 / airBaltic.com

### The forever vibrant Côte d'Azur

With a magnetic azure coastline and mountainous backdrop, Nice and the surrounding area offer a full range of activities for all kind of travellers.

The métropole Nice Côte d'Azur consists of 51 communes – small towns and villages that dot one of the most beautiful coastlines in the world – making the French Riviera a perfect holiday destination. With 45 kilometres of beaches on one side, and rocky yet verdant Alpes-Maritimes landscapes on the other, the location is tailor-made for beach relaxation as well as active tourism.

Parks and gardens add their own significant notes to the symphony of natural beauty. Parc Floral Phoenix in Nice features more than 20 differently themed gardens. Framed with pergolas of blooming roses, the Jardin du Monastère de Cimiez is a former monastery orchard set near the newly restored Matisse Museum. Meanwhile, the Jardins du Musée Renoir in Cagnessur-Mer invite all for a repose under century-old olive and orange groves, while the spectacular Jardin Exotique in the fairvtale-like hilltop village of Eze contrasts with the ever-blue panorama of the Mediterranean Sea. A sleek neighbour of Nice, the pine-covered peninsula of Saint-Jean-Cap-Ferrat lures visitors with the Venetian-style Villa Ephrussi de Rothschild and its thematic gardens, while Villa Kérvlos meticulously reconstructs an ancient Greek house.

Wandering through old hilltop villages and farms is also a slow-travel experience to remember. The old village of Saint-Jeannet exudes a provincial authenticity. Here, the Safran des Baous de la Côte d'Azur family farm grows saffron flowers, and visitors can become acquainted with the day-to-day work of the owners. Meanwhile, at the Domaine des Hautes Collines winery surrounded by lush vineyards and olive groves, the trademark tuilé rosé wine is matured in large glass jars in the sunlight, capturing the essence of the local terroir.

The varied terrain of this region makes it a great place for cycling, mountain biking, and hiking. The long distance Lou Camin Nissart trail is a picturesque 42.5-kilometre route through the hills overlooking Nice. The 'lazy' yet no less stunning alternative is a ride in the century-old Train des Pignes Historique. The steam train slowly heads through 20 kilometres of majestic landscapes and across 13 large bridges and tunnels, with stop-offs in medieval villages along the way.

Photo by Shutterstock



FOR YOUR NEXT TRIP TO THE CÔTE D'AZUR

### Coco Beach – swimming in the city Towards the eastern

edge of Nice - by Le Plongeoir, an iconic restaurant hovering above the sea on a pillar of rock – the coastal promenade leads to Coco Beach, the city's hidden gem. Its rugged coastline with narrow stone paths, natural coves, and magnetic views of the Baie des Anges bay offer the tranquil relaxation so cherished by locals. Teenagers adore its cliffs for jumping into the water, while divers appreciate the crystalline waters. Curious passers-by may stop on the spur of the moment for a quick, refreshing plunge. And that's not even mentioning that Coco Beach is a spot to see some of the most beautiful sunsets

### Saint-Paul-de-Vence – where history meets art

Just half an hour's ride from Nice, Saint-Paulde-Vence feels like an open-air museum. As one of the oldest medieval towns on the Riviera, it's packed with quiet squares, small gardens, galleries, ateliers, and boutiques and is a haven for art lovers. With a focus on sculpture, the Fondation Maeght displays work by the brightest names in 20th-century European art, including Picasso, Braque, Miró, Giacometti, Calder, Léger, and Chagall, and is one of the most impressive museums along the Côte d'Azur. Another history-meets-art location is the Colombe *D'Or* restaurant and hotel. Frequently visited by grand figures of the art world and various bohemian personalities, it houses its own collection of artefacts left there by famous visitors over the decades.

### Mountainous nature escapes

Words by Olga Dolina

The mountainous medieval villages surrounding Nice offer an authentic escape into the region's history and the pastoral beauty of this part of the world. The Loup River winds through the landscape of cliffs, rocks, and gorges for 49 kilometres, creating a scenic backdrop that's perfect for hiking, biking, and swimming in the wilderness. The 30-kilometre-long Gorges du Loup cycling loop passes through the villages of Tourrettessur-Loup, Bar-sur-Loup, and Gourdon, which offer unforgettable panoramic views and a tranquil atmosphere. With scenic waterfalls such as Courmes, Saut du Loup, and Demoiselles along the way, canoeing, cliff-jumping, and aquatic hiking in the waterfalls and basins is a highlight of the adventure.

### HONDA

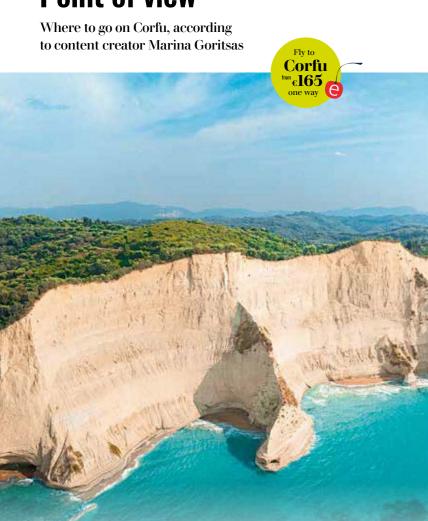
Unlimited possibilities.



Designed for people.

Cars | Motorcycles | Boats | Outboard engines | Industrial engines | Robotic lawnmowers | Gardening equipment Generators | Water pumps | Snowthrowers

### **Point of view**



Photos courtesy of Marina Goritsas

Words by Līga Vaļko



### Marina Goritsas instagram.com/marina.goritsas Number of followers: 21.9k

Marina Goritsas is a talented photographer who recently swapped the sunny shores of Florida for the stunning landscapes of the island of Corfu in Greece. With nearly seven years of experience, her ourney as a photographer began with capturing Florida's coastal beauty on her phone. As her passion grew, she soon added a drone and a professional camera to her toolkit, gaining new perspectives and bringing her artistic vision to life. In Florida, she refined her skills in hospitality and real estate photography, producing vibrant, captivating imagery. Now, as she settles into Corfu, her enthusiasm to make her mark on the local photography scene is evident.



### My secret spot

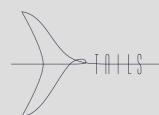
'Cape Drastis at the northern tip of Corfu is a stunning hidden gem, a place that feels like a personal secret. While reaching it can be a bit of a challenge without a car, the journey only adds to its allure. The narrow, steep road from Peroulades leads you on an adventurous path, and the reward is nothing short of breathtaking. Towering cliffs surround Cape Drastis, dropping dramatically into the mesmerising blue sea. A boat trip reveals quiet, secluded beaches with soft, golden sand that's perfect for moments of peaceful reflection. The crystal-clear waters invite exploration, with tiny sea caves waiting to be discovered. It's truly a slice of paradise.'

### Other locations to check out

- Paleokastritsa, famous for its blue waters, features a beautiful monastery, an ancient castle, and scenic beaches. Boat tours reveal dramatic coastlines, while the lively cafés and bars are a perfect place to relax.
- Lake Halikounas, a saltwater lake separated from the Ionian Sea by a sandy beach, offers stunning landscapes and vibrant flamingos, making it a haven for nature lovers and photographers.
- Agios Gordios Beach, which lies just a short distance from the city of Corfu, boasts breathtaking sunsets, stunning mountain views, and a long sandy shore, all framed by a charming town for the perfect escape.







Antonijas 6A, Riga www.tails.lv

TAILS is a seafood restaurant with a unique new concept on Riga's gastronomic scene. Designed by London-based Studio Caché, the restaurant demonstrates a refined sense of aesthetics inspired by the Baltic Sea coast. The space boasts three areas: the classic dining room, private event room and a Raw Bar counter opposite the open kitchen. TAILS Chef -Matīss Aleksandrovs- creates food with respect for exceptional ingredients, refined techniques, and a strong sense of place. Every dish is a meeting point between global inspiration and Latvian roots - delicate, intentional, and deeply personal. It's a dining experience built on curiosity, seasonality, and flavours that stay with you long after the last bite.











Jeruzalemes 10, Riga www.unagiinu.lv



UNAGI INU serves Asian soul food in a relaxed and vibrant setting inspired by Japanese pop culture. Wall art and sculptures by talented local artists create a perfect backdrop for a diverse and fun dining experience. An array of dishes for all tastes and tummies awaits our guests, be it sushi, chirashi bowls, onigiri and bao or Japanese sweets. Everyone can test their skills on our free arcade machines and little ones can have fun in our cozy play corner. Do enjoy!



Words by **Lana Jūra** Publicity photos and by *iStock* 

Even on a short visit, don't miss the spots that capture Berlin's creative energy.

### WHERE TO STAY

The Wilmina Hotel is a stylish urban oasis nestled in the dynamic heart of Charlottenburg and surrounded by a lush wild garden and historic walls. Once home to a courthouse and a women's prison, the heritage-listed buildings have been reimagined for a new life by Grüntuch Ernst Architects. In this refined space of hospitality and art, echoes of the past are thoughtfully preserved, with doors, windows, and other architectural elements illuminating the project's intelligent transformation.

Kantstraße 79; wilmina.com; from EUR 152

### WHERE TO EAT

A legendary past and authentic German etiquette have been revived at the *Luna D'Oro* restaurant, which has just opened in Clärchens Ballhaus, the famous ballroom with a century-old tradition. Chef Tobias Beck has expertly updated nostalgic old-school dishes such as Königsberger Klopse, Knödel, and Spaghettieis, bringing sophisticated flavours to local ingredients. The modern retro-chic scenography, with the charm of a dance floor, promises a beautifully tuned evening.

Auguststraße 24/25; claerchensball.haus



### WHERE TO SHOP

If you want to shop, head to Mitte, which is still Berlin's cool-shopping district. When you're looking for something special and want to experience an atmosphere distinct from shopping malls, yet with affordable prices, it's worth getting off at the Hackescher Markt S-Bahn station. First, take a look at the stunning Jugendstil courtyards of Hackesche Höfe; then expand your focus to Rosenthaler Straße, Neue and Alte Schönhauser Straße, and Münzstraße, which are filled with niche brands, design stores, made-in-Berlin items, galleries, and a mix of boutiques.



### A CLASSIC NOT TO MISS

After an extensive reconstruction, the picturesque white palace on Pfaueninsel (Peacock Island) will once again open its doors to visitors in mid-May. This is an invitation to discover one of Berlin's most romantic spots, enjoy the winding paths in the shade of the idyllic park, and encounter the majestic peacocks that gracefully stroll through the scenic gardens. The stunning island ensemble, including the small palace, was initiated in the late 18th century by King Friedrich Wilhelm II of Prussia and his wife, and today it's part of a UNESCO World Heritage Site. Pfaueninsel (Berlin); spsg.de

### **WHY NOT**

Meet Leni and Lotti, who have thousands of fans worldwide. Born at the Berlin Zoo in August of last year, the giant panda cubs have grown and are now ready to meet their admirers for a few hours to showcase their climbing and play skills. The Berlin Zoo is the greenest and most visited zoo in Germany, boasting a 180-year history and the widest range of species among zoos worldwide. Hardenbergplatz 8; zoo-berlin.de



\*airBaltic flies to Berlin from Riga. Tallinn and Vilnius. Prices may differ when departing from differer

# BLJ SANTALIS SANTALIS

BYD SEAL U DM-i

Pieejams iegādei no 33 550 EUR\* Vai no 286 EUR/mēn.\*

UZZINĀT VAIRĀK







♥ T/C "MOLS", Krasta ielā 46, Rīga

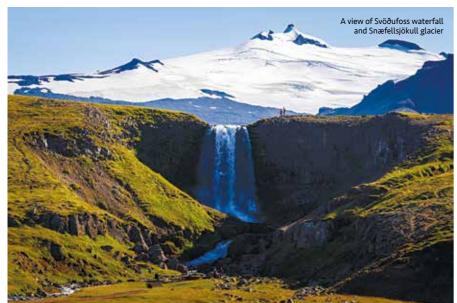
byd.inchcape.lv

\*Cena un ikmēneša līzinga maksājums aprēķināts ar valsts atbalstu. Sīkāka informācija par piedāvājumu mājaslapā. Words by James Taylor Photos by iStock

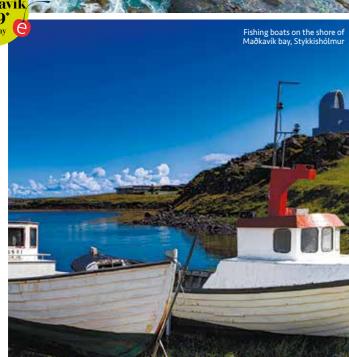
### Take your friends

### ... ON A ROAD TRIP AROUND THE SNÆFELLSNES PENINSULA

While many rush the peninsula as a day trip from Reykjavík, a self-drive with friends lets you take it slow and explore long after the tour buses are gone.







The light hits differently on Snæfellsnes mist drapes the mountains, snow-capped peaks glow in the golden hour, and basalt cliffs drop into the Atlantic. There's a quiet energy here, a magnetic pull in the volcanic terrain and wind-cut coastline. Give yourself enough time to explore it. Set off from Reykjavík and head north to Borgarnes, then branch off onto Route 54. First stop: Eldborg, a volcanic crater rising like a crown from the mossy lava fields. Hike the short trail from Snorrastaðir farm and clamber up to the rim for wide-open views. It's a good excuse to stretch your legs and grab a group photo.

Then cruise west along the coast, where the meadows spill onto the golden-sand Ytri-Tunga Beach – the best place to spot seals dozing in the sun. A little further on, you'll reach Lýsulaugar, a laid-back geothermal pool with mountain views that provides a perfect post-hike soak.

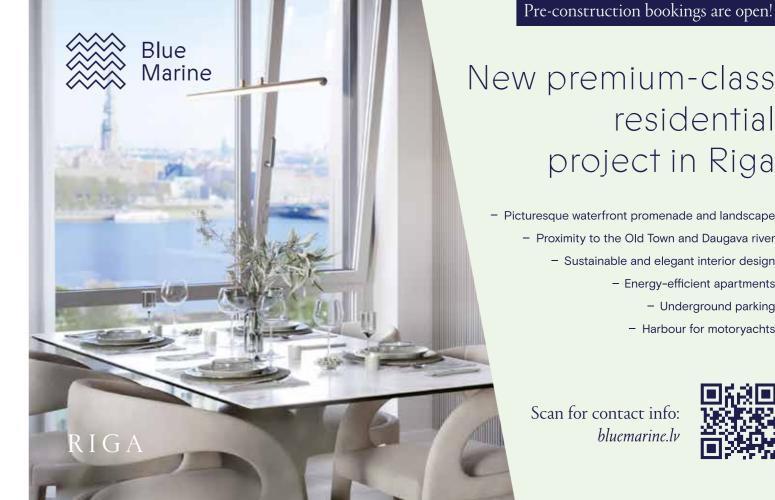
Wind up in Arnarstapi, a fishing village perched above lava-carved cliffs and basalt arches. Follow the 2.5-kilometre trail to Hellnar, a scenic cliffside walk past nesting seabirds and sea caves echoing with waves. After a big day out, settle into a guesthouse and enjoy the long twilight in May, it can last until midnight

Start the next day with a group hike into Rauðfeldsgjá Gorge, a mossy fissure in the cliffs that opens into a hidden world. Pick your way over stones, following the stream deeper inside - bonus points if someone finds the tucked-away waterfall.

Next up is Snæfellsjökull National Park, a patchwork of lava fields, sea cliffs. and craters below the glacier. Stop at the Lóndrangar sea stacks, then continue to Djúpalónssandur, a moody black-pebble beach scattered with the rusting debris from a shipwreck. Test your strength by trying to pick up the lifting stones friendly competition is encouraged!

The road then loops around the peninsula's western tip past lighthouses and mossy lava fields. Stop at Saxhóll crater, where a metal staircase leads to the top - quick climb, big payoff.

As you round the northern coast, the vibe shifts. In the quiet fishing town of Grundarfjörður, Kirkjufell rises like an arrowhead from a deep-blue fjord. This is one of Iceland's most photogenic peaks. Wrap up in Stykkishólmur, a colourful harbour town made for a final wander and a group shot.



New premium-class residential project in Riga

- Picturesque waterfront promenade and landscape

- Proximity to the Old Town and Daugava river

- Sustainable and elegant interior design

- Energy-efficient apartments

- Underground parking

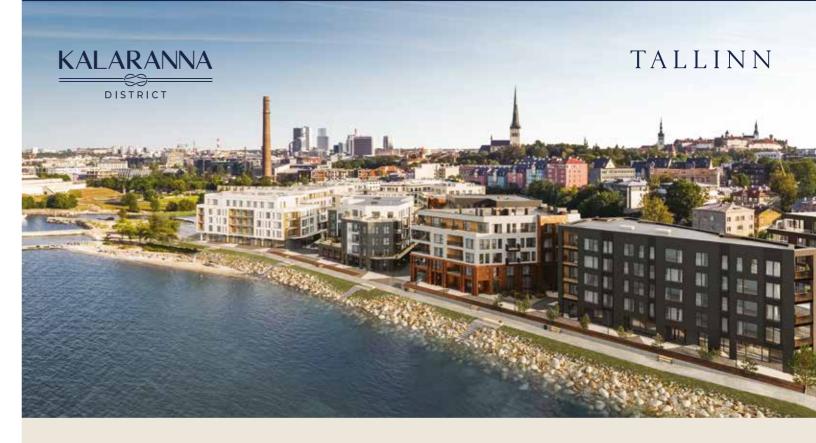
- Harbour for motoryachts

Scan for contact info bluemarine.lv



PROKAPITAL

One of the oldest and leading real estate development companies in the Baltic States



NEW APARTMENTS WITH STUNNING VIEWS TO THE SEA AND OLD TOWN OF TALLINN

Scan for contact info: kalaranna8.com

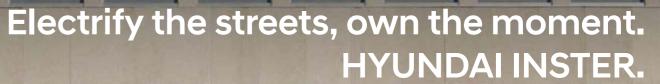




- 1. Le Ninè flowery hat with black accents, EUR 270, leninestore.com
- 2. Suitsupply buttonless polo shirt, EUR 99, suitsupply.com
- 3. Spode Blue Italian hexagonal vase, EUR 125.58, boozt.com
- **4.** *Max&Co* geometric acetate glasses, EUR 130, maxandco.com
- 5. Pinko vest with open back, EUR 245, pinko.com
- **6.** Suitsupply off-white pocket square, EUR 39, suitsupply.com
- 7. Loro Piana Jarno Bermuda shorts, EUR 580, loropiana.com
- 8. Max&Co Ottoman corolla midi skirt, EUR 195, maxandco.com
- 9. Tic&Tac clock by Philippe Starck for Kartell, EUR 281, kartell.com
- **10.** Patrizia Pepe brass and glass bracelet, EUR 135, patriziapepe.com
- 11. H.H.H. chair by Philippe Starck for Kartell, EUR 281, kartell.com
- 12. Scarosso Michael Grigio Scamosciato mocassins, EUR 225, scarosso.com
- 13. Memo unisex Italian Leather fragrance, EUR 164, notino.com
- 14. Lanapo velvet gold ballerinas, EUR 215, lanapo.it
- **15.** Suitsupply relaxed fit Roma blazer, EUR 479, suitsupply.com
- 16. Liu Jo denim La Puffy tote bag, EUR 189, liujo.com









### **ℬ** HYUПDAI Inster

Innovative, bold, and effortlessly stylish - this electric powerhouse makes a statement.

€/month Starting from 25 990 €



### **AUTO BASSADONE RIGA**

Biķernieku 145, Rīga

autobassadone.lv





The art of swimming

Paris's iconic Pontoise pool has reopened after restoration and now exudes even more charm and elegance.

Words by **Olga Dolina** Photo by **Camille Gharbi** 

Beyond its iconic landmarks, Paris is brimming with hidden gems that offer a fresh perspective on the city. Among them are its historic swimming pools – elegant sanctuaries that have welcomed generations of Parisians. Long beloved by locals, these architectural treasures are now being meticulously restored, inviting visitors to recharge in a setting where history meets modern luxury.

One such jewel is the Pontoise swimming pool in the heart of the Latin Quarter. Recently reopened after a two-year restoration, this Art Deco masterpiece was designed in the 1930s by the visionary architect Lucien Pollet. Pollet's influence on Parisian aquatic culture is undeniable – he also designed three other grand pools of the era, including the iconic open-air Piscine Molitor in the 16th arrondissement, which is famous for its photogenic allure.

The storied waters of Pontoise have welcomed legendary figures over the decades, from Olympic swimming champion Johnny Weissmuller (who later found fame as Hollywood's Tarzan) to the iconic oceanographer Jacques-Yves Cousteau. The pool's cinematic allure has also earned it a place on the big screen, appearing in cult classics such as Krzysztof Kieślowski's *Three Colours: Blue* (1993) and Jean-Pierre Jeunet's *Amélie* (2001).

Stepping inside, visitors are transported to another era. The building's Art Deco elegance shines through in its intricate railings and ornate mosaic frescoes. During the restoration, layers of white paint were carefully removed

to reveal the original warm yellow hue, which has now been fully revived. Overlooking the 33-metre six-lane pool, two mezzanine levels lined with private changing cabins offer the perfect spot for a leisurely stroll as well as an ideal vantage point to take in the timeless charm of this Parisian treasure.

A stunning glass roof floods the pool with natural light, preserving the luminous ambience of the original design. While the aging structure was replaced, the new glass remains true to its historical aesthetic. According to *Pierre Marchand Architectes*, which led the restoration, the frame was rebuilt using the hot-riveting technique once employed by Gustave Eiffel – an homage to Parisian craftsmanship.

Beyond aesthetics, the renovation also prioritised sustainability, improving energy efficiency by 20% through enhanced waterproofing, thermal insulation, and a state-of-the-art air treatment system. Much of the woodwork was carefully replaced, ensuring the pool retains its vintage charm while meeting modern standards.

As night falls, swimmers are treated to a more intimate experience, with atmospheric underwater lighting casting a soft glow across the water. Beyond the pool, guests can unwind in the wellness area, which includes a gym, four squash courts, and a cardio training space, making this historic retreat a perfect balance of relaxation and recreation.

19 rue de Pontoise; espace-sportif-pontoise-paris.fr \*airRaltic flias to Daris from Dias Isllian and Wilnius Dricas may differ when denarting from different simparts



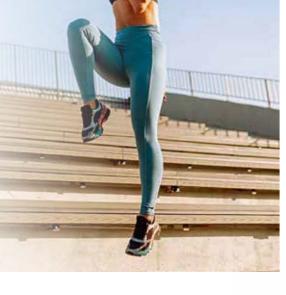


GADGETS / May

Words by Viesturs Kundzinš Publicity photos and by iStock

### Elevate your training

Whether you're running marathons, surfing waves, or training outdoors, the right gear can boost your performance.



TRAINING BUDDY Garmin Edge 840 bike computer

For lots of us, cycling or mountain biking is the go-to workout, because you get to experience different scenery all the time and you can measure your progress by your speed and distance. The Garmin *Edge 840* is a great training buddy for this, with its colour touchscreen display and the ability to connect to heart monitors and Shimano gadgets on your bike. You'll have all the info about your workout on your phone, too.

garmin.com EUR 449.99



Dumbbells are a key part of any weight-training regime, and it seems that their design has stayed pretty much the same for a long time. But *PowerBlock* has come up with a solution that lets you change the weight of your dumbbells as you train. So, if you want to train outside, you don't need to carry 20 items from your garage. These dumbbells are compact, durable, and very heavy. powerblock.com

From USD 489 (depending on maximum weight)

### PEACE **OF MIND**

### Restube Safety Buoy airbag

Whether you're into stand-up paddling, kayaking, surfing, swimming, or fishing, safety on the water is always a top priority. Because you never know what might happen. The Restube Safety *Buoy* is a compact device that sits on your waist and can be activated in an emergency. When activated, it'll inflate into a bright yellow tube, giving the person in distress some much-needed buoyancy and making them easier to spot. restube.com

If you're into running, picking the right shoes is a big deal. You might be surprised by how many things a good running shoe needs to have. It needs to be lightweight, and it needs to have good bounce, grip, and a perfect fit. It seems that the new Asics Metaspeed Sky Paris ticks all the boxes. Plus, it's got a full-length carbon plate in the midsole. And we haven't forgotten the colours, either. You'll love the bright designs! asics.com





Whatever outdoor sports you're into, a reliable sports watch is a good idea. In addition to the usual stuff like showing time, incoming messages, and your heart rate, the Grit X2 Pro premium outdoor watch has free pre-loaded maps, dual frequency GPS, activity analytics, and loads of other features. It's also got a rugged design that'll withstand even extreme

sports and adventures.

polar.com

EUR 749.90



• Fully completed houses of various size





Amateiems

strong local identity.

A picturesque village nestled in the

its harmonious architectural design.

A work of art in the landscape with a

scenic Cesis District in Latvia, known for



Imateiem

Amatciems - a modern village of private houses in an exclusive countryside setting

• Larger areas for investment projects

- Security Barriers
- Fibre Optic Internet
- Remote-Controlled Heat Pump
- Video Surveillance
- Smart Living app

### On-demand Services:

- Home Cleaning
- Technical Security
- Electric Vehicle Charging
- Home Maintenance and Repairs
- Gardening and Lawn Maintenance

### **Communal Services:**

• Central Water Supply, Sewage, and Electricity

Ideal climate for healthy living. Life without

hustle and bustle. Total project area 300 ha.

Some call it paradise. We call it home!

Located 80 km from Riga.

- Hotel, Restaurant, Swimming Pool and SPA Complex
- Rental Houses
- Street Lighting
- Road Cleaning and Maintenance
- Walking Trails and Bridges
- Waste Sorting
- 259 kW Solar Park





### **Neighbourhood spots**

Authenticity, warmth, and a true sense of community are what make these places stand out.



Some spots have the rare ability to anchor an entire neighbourhood – they're the core of an area instead of an outsider imposed onto it. There, the staff knows the regulars by name, maybe even their usual order, yet first-timers are welcomed with the same warmth.

The revival of the neighbourhood spot stems from the aftermath of the pandemic, when every meal came from either a home oven or a takeout box. As working from home has become a lasting norm for many, these 'second living rooms' provide a much-needed dose of real-life human interaction. They cater to the same longing that's made running clubs so popular – a craving for community and belonging. And, of course, the joy of skipping the stove.

But in an era obsessed with 'authentic' experiences, the term 'neighbourhood restaurant' has become a buzzword. Some cafés claim the title as a marketing ploy without any real thought to how they contribute to the area. Yet, as journalist Lauren O'Neill of *The Guardian* notes, this is a status that must be earned.

While a neighbourhood spot can be anything – a coffee shop, an all-day café, a casual restaurant, a ragtag bar – certain ingredients set it apart: an unpretentious air, an accessible feel, and prices that don't exclude. There's also a touch of randomness and, above all, that unexplainable pull that makes you want to return

### This is a status that must be earned

Words by **Ilze Vītola** Photo by *iStock* 

### WHERE TO STOP BY

### Easy 8 in London

Easy & bills itself as a 'friendly local neighbourhood bar', and this time it's not just talk. This compact London Fields watering hole has quickly built a loyal following by serving up two-pound (as in GBP) tacos done right – with everything from classic birria to mushrooms – and creative specials like dumplings. Cocktails stick to the hits: martinis, margaritas, and other bar staples. This place is always buzzing and bathed in a vibrant red glow.

159A Mare Street; IG/easyeightbar

### September in Amsterdam

This corner spot with green checker tiles in the De Baarsjes district of Amsterdam-West is a wine bar straight out of a dream. Run by three friends, it feels more like stepping into their living room than a bar. One of the trio, Lizzy, handwrites the weekly by-the-glass selection on the chalkboard, and her playful handwriting also announces the ever-changing menu, which is dictated by the season and her mood in the kitchen. On sunny days, *September's* outdoor terrace is the place to be.

Baffinstraat 1; IG/september.amsterdam

### Annelies in Berlin

Annelies is an airy neighbourhood café in the heart of Kreuzberg serving creative all-day breakfasts and lunches (such as amaranth granola with lemon verbena oil) and seasonal vegetable plates (for example, with roasted carrots, clementines, and smoked almonds). Bread is sourced from the nearby Albatross Bakery and the coffee is from Denmark's renowned La Cabra. Feeling thirsty? There are also natural wines and boozy brunch staples like mimosas and Bloody Marys. And, of course, Aperol Spritz, which is best enjoyed on the spacious terrace overlooking Görlitzer Park. Görlitzer Straße 68; IG/anneliesberlin

### Welcome to Cēsis!

Welcome to Cēsis — a charming town in the heart of Latvia where history meets creativity, and nature embraces culture. Cēsis is more than a postcard-perfect Latvian town — it's a vibrant, breathing stage for culture. And in 2025, that stage expands, as Cēsis proudly takes on the title of Latvia's Capital of Culture!

For centuries, Cēsis has been a place of inspiration. Its medieval castle, cobblestone streets, and scenic landscapes have drawn artists, thinkers, and travelers alike. But this year, the town's cultural pulse beats stronger than ever.

The summer highlight? MĀLS (clay) — a spectacular cultural experience taking place on August 16–17, transforming Cēsis into a vibrant canvas of sound, dance, light, and meaning. But that's just one piece of a packed cultural calendar: the LAMPA Conversation Festival returns on June 20–21, followed by Cēsis Town Festival from July 18–20. Starting mid-July, the town hosts a month-long Art Festival, with Art Walk gallery strolls, opera beneath the castle walls, street art festivals, and much more.







an Capital of Culture 202







2\*25



In total, hundreds of events during summer are set to unfold across Cēsis and its surroundings. Culture thrives in its vibrant cultural spaces, such as the acoustic Cēsis Concert Hall, the independent art venue Mala, the creative quarter Zeit in nearby Līgatne, and the historically rich Rucka Manor.

The town and surroundings is home to three restaurants featured in the Michelin Guide - Pavāru māja, H.E. Mr. Vanadzins, KEST, alongside a welcoming mix of cosy cafés and hipster bars, bakeries, and local bistros where quality and creativity go hand in hand.

Whether you stroll through medieval streets, sip coffee in artist-run cafés, or catch an unexpected performance in a hidden courtyard — in Cēsis, every moment is a cultural discovery.

**Come curious! Leave inspired!** 

### COLONEL'S HOUSE

# THUM!



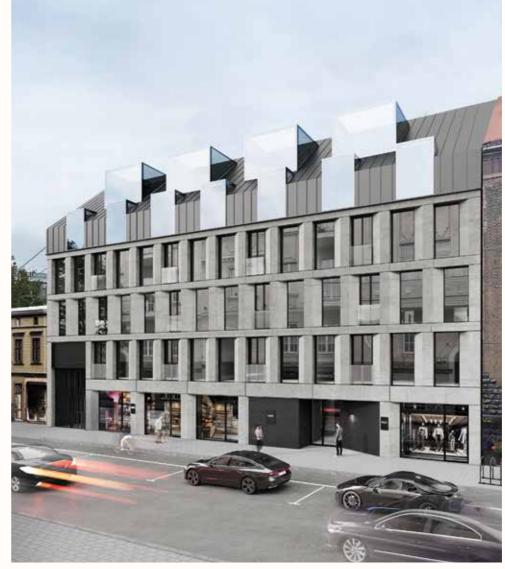


The area ranges from 21 to 186 m<sup>2</sup>

The price ranges from 2400€ to 3200€ per m²

### by RIVER PROPERTIES

### SKOLAS STREET 17





The area ranges from 33.9 to 165.4 m<sup>2</sup>(up to 500 m<sup>2</sup>)

The price ranges from 3000€ to 4100€ per m<sup>2</sup>





SPRING 2026

AT SKOLAS STREET 17, RĪGA

info@riverproperties.lv

by RIVER PROPERTIES

SPRING 2026

+371 28 62 62 92

info@riverproperties.lv

Bespoke Residences

AT PULKVEŽA BRIEŽA 15, RĪGA

www.riverproperties.lv

+371 28 62 62 12

YOUR NEXT DESTINATION / May YOUR NEXT DESTINATION / May



Words by David Palacios Rubio Photos courtesy of Tourism Costa Blanca. Illustration: AI-generated, inspired by the style of Salvador Dali Not an original work nor endorsed by the artist.

### ALICANTE **UNCOVERED:** THE SPANISH ESCAPE YOU NEED

Embracing Mediterranean charm, Alicante promises an unforgettable spring break with sun, exquisite food, majestic nature, and historical landmarks.

As my plane touches down in a new city, I'm usually already mapping out which landmark to visit first. But Alicante feels different. Here, my first stop isn't a grand monument or a museum – it's a stroll along the Explanada de España, whose iconic wave-patterned walkway is made up of 6.5 million tiles. This seaside boulevard (or paseo marítimo in Spanish) was constructed in the 1950s and was designed to mirror the rhythm of the sea, creating a connection between the city and the Mediterranean.

The sun is shining – as it almost always does here – so there's little chance of bad luck. Why not start with a refreshing *horchata*, the local drink made from tiger nuts? One sip, and I'm instantly transported to summer, even though it's still spring. And when the temperature rises, there's no better reason to also indulge in a tasty ice cream at *Helados Antiu Xixona*, which is conveniently located on the Explanada. On warm afternoons, it's a local tradition for families, couples, and visitors to the city to patiently wait their turn for this sweet treat. I go for the *nata con nueces* flavour, which is creamy with just the right amount of crunch, and mantecado con turrón de yema, a flavour that pays homage to the region's famous almond nougat.

A classic Alicante experience is to enjoy this treat on a wooden bench along this palm-lined promenade. Just sitting there, feeling the warmth of the sun and watching the world go by, or gazing out at the Mediterranean Sea... It's a simple but cherished tradition.

One thing I absolutely love about Alicante is its rich food culture. Rice is at the heart of the local cuisine, with over 300 different recipes showcasing this beloved staple. And if, like me, you're passionate about food, now's the perfect time to visit, because the city has just been named Spain's Capital of Gastronomy for 2025.

YOUR NEXT DESTINATION / May





### The gastronomic culture here revolves around one key ingredient: rice

THE MEDITERRANEAN DIET STARTS HERE AND NOW, SO PREPARE YOUR APPETITE FOR A FEAST. Alicante – both the city and the surrounding region with the same name – is considered a pillar of the so-called Mediterranean diet. And it's for this reason that I love the Mercado Central de Alicante, a covered market that has been operating since 1922.

The market opens at 7 a.m., and I make sure to be there, too, to see it in full action. This is the time of day when most *alicantinos* come to pick up the freshest of the fresh, from traditional red prawns (a true delicacy) to seasonal fruit. Every stall at the market has a story to tell, shaped by generations of expertise and tradition. A good example is José Fuster, who has been running a fish stand for decades offering fresh seafood from Alicante Bay. His stall is a must-visit, because he not only serves locals but also provides top-quality fish to some of Spain's best chefs.

Another emblematic tradition in Alicante is fish salting, a practice dating back to Phoenician and Roman times. Juanelo García Martínez is the second generation keeping this craft alive in the market. Some of his bestsellers include roe, dried tuna, bonito, anchovies, sardines, and cod skin – each a taste of history preserved in salt. I could spend

hours here, but my appetite kicks in, so I take a seat at *Barra Central*, a small bar in the market. A *café con leche* and a sandwich of *fuet* (a dry-cured sausage) will give me the energy I need for the morning.

Before diving deeper into Alicante's rich culinary scene, I also make a stop at *Horchatería Azul*, where an iconic *horchata de chufa* – that sweet, refreshing drink made from tiger nuts – serves as the perfect prelude to my day. Pairing it with a *fartó* (a soft pastry designed for dipping) is another local ritual I can't skip.

The gastronomic culture here revolves around one key ingredient: rice. Most people automatically think of paella, but don't be surprised if you don't see this world-famous Spanish dish on menus around town. Here, the main local dish is called *arroz*, and while it has similarities with paella, the cooking technique sets it apart. One of my favourite versions of it is *arroz a banda* (literally, 'rice on the side'), which is served in a large pan and is perfect for sharing with friends and family.

At *Casa Riquelme*, siblings Moncho, David, and Rocío have been cooking this delicacy for over 50 years. But choosing can be a challenge, as they offer nearly 20 different varieties of *arroz*. The traditional version includes monkfish, prawns, and tuna, but you can also try, for example, the *ibérico* version with ham. Whatever you choose, the magic of this dish lies at the bottom. As the rice cooks, it forms a crispy, toasted layer called *socarrat* – and for many, including me, this is the best and most flavourful part.

In the evenings, the crowds move to the districts of El Centro and El Barrio to find a spot in the city's famous *barras*. These are tapas bars where you can stand or sit at the counter, enjoy a glass of Vinalopó

wine, and share a small plate of seafood. One of my favourite spots for this activity is the pedestrian street Calle Castaños. Most people here don't head to a specific bar but simply settle wherever they find a free seat – especially when it gets crowded.

But a few bars stand out. *Nou Manolín*, for example, has been a gastronomic hotspot since it opened in 1971. Grab a seat at the bar in front of the open kitchen and try the daily-sourced fish, such as prawns from Dénia or *sepionet* (baby cuttlefish). This establishment does not take reservations, and

it's usually packed, so make sure to ask the waiter to put your name on the waiting list. *Cervecería Sento*, which is known for its *montaditos* (small sandwiches), is a great alternative. I order the foie gras and grilled *secreto ibérico*. The bar is also famous for its *patatas bravas*, which are crispy fried potatoes with a spicy sauce.

If you're looking for something more intimate, *Bar Manero* is the place to be. The interior design reminds me of a traditional Spanish grocery store, and the food is at a whole different level. You must try

### Liepupe Manor

A Historic Retreat for Relaxation & Celebrations

Located an hour from Riga and a 3-hour drive from Tallinn, Liepupe Manor is a 5-star hotel blending history, comfort, and nature. Our restored 18th-century estate offers elegant rooms, a new outdoor pool, and a tranquil park with deer and swans.

Guests can unwind with spa treatments inspired by local nature or explore the Baltic Sea just 2 km away. The restaurant serves fresh, seasonal dishes in a relaxed setting.

Liepupe Manor is also perfect for conferences, weddings, and private events, with options in the Manor House, conference room, event tent, or intimate wine cellar, we offer a tailored setting for every occasion.

For relaxation, fine dining, or a memorable event, Liepupe Manor guarantees ar unforgettable experience.

More into: www.liepupesmuiza.lv









### No itinerary is needed here – Alicante is a charming getaway to enjoy at your own pace.

the *vitello tonnato* and the boletus-and-Iberian-ham croquettes. *Bar Manero* is also famous for its *tardeo*. The word is a combination of *tarde* (meaning 'afternoon') and *tapeo* ('going out for tapas'), and it takes place before dinner time. This bar is a great place to *tardeo* – that is, socialise, have some bites to eat, and enjoy a cocktail or a local wine. If you want to learn more about what you're drinking, a 40-minute drive from the city centre takes you straight to the vineyards, and the Ruta del Vino wine route is a fantastic way to explore the villages and wineries of this region.

With more than two decades of experience, winemaker Pepe Mendoza of *Casa Agrícola* crafts artisanal wines that truly embody the Mediterranean spirit. His Paisaje Mediterráneo range is the perfect introduction to the region's unique grape varieties, such as Monastrell and Alicante Bouschet. While this winery is located in Llíber, near the sea, other standout producers in the Alicante region are found further inland.

For example, *Bodegas Volver* in Pinoso focuses on recovering and preserving traditional Monastrell vineyards, some of which are over 40 years old. Winemaker Rafael Cañizares engages in low-intervention winemaking and has a deep respect

for the natural cycle of the vines, which are located at 600 metres above sea level. Not very far away is *Casa Balaguer*, which is known for its natural and organic wines made from Monastrell, Garnacha Peluda, and Malvasia grapes. Here, one of the highlights for me is the Benimaquía white wine made with Moscatel grapes and aged for six months in clay amphorae called *tinajas*.

For those who want to discover local wines without leaving the city, the *Urban Wine Shop and Bar* is the perfect spot. It offers artisanal wines made with minimal intervention and also gives customers the opportunity to try exceptional wines from Alicante, which are perfectly paired with cheese and charcuterie platters.

Cocktail bars are also becoming popular in town. For something a little more intimate after a day of sightseeing, *The Whisper Cocktail Company* is one of Alicante's best-kept secrets. One of my favourite creations there is Whispers of Violets (a delicate, floral sour) as well as Yuzu Essence, which is a refreshing cocktail with citrus and matcha. The bar also has a cocktail that pays homage to the land of Alicante; called the Terreta Roasted, it's a take on the classic Espresso Martini using coffee roasted just a few kilometres away. This establishment takes pride in using locally sourced ingredients, and many of its cocktails are infused with flavours you might not expect, such as rosemary, thyme, and saffron. Saffron, in fact, is commonly used in local food recipes.

But Alicante isn't just a paradise for food lovers. It has the charm of Barcelona and Valencia but with a more laid-back vibe, making it the perfect place to relax. No rigid itinerary is needed here – this city is simply a charming getaway to enjoy at your own pace.

### WHILE OFTEN ASSOCIATED WITH BEAUTIFUL BEACHES, ALICANTE ALSO BOASTS A RICH CULTURAL HERITAGE. Its most iconic landmark is the Santa Bárbara Castle, a fortress that played a strategic role in both the War of Spanish Succession and the Napoleonic Wars.

If you're a morning person, take advantage of the quiet early hours of the day to discover the beauty of this castle. I recommend walking to the top via one of the two access points: La Ereta Park, which offers a unique view of the city from above, and Monte Benacantil, where you'll enjoy sweeping views of the famous Postiguet Beach and the surrounding mountains. For a step-free option, an elevator is located near the beach.

A visit takes from one to two hours, and one of the highlights is the Felipe II Hall, where artefacts related to the castle's history are exhibited. The Baluarte de la Reina (Queen's Bastion) and the old powder magazine stand out with their thick stone walls, which have borne witness to centuries of history on this coast. The castle also preserves remnants of ancient cisterns used to store rainwater, a critical tool during wartime for collecting and conserving water from rooftops and the nearby slopes.

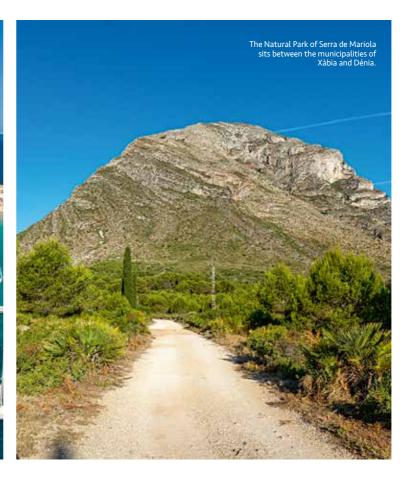
One of my favourite parts of the fortress is La Torreta, or The Keep. As the highest point of the castle, it offers stunning views of the entire Costa Blanca. Dating back to the  $14^{\rm th}$  century, this 360-degree tower once served as the fortress's final defensive stronghold. Its elevated position made it ideal for surveillance and defence, allowing guards to monitor both the sea and the inland to protect the city.

At the foot of the castle lies the Barrio de Santa Cruz, which was founded after the Muslim occupation of the Iberian Peninsula in the  $8^{th}$  century CE. Whether









### Tabarca Island holds the title of the smallest permanently inhabited islet in Spain

you decide to get lost in its narrow, steep streets or visit its cultural landmarks, you should definitely try to explore this neighbourhood. Although it's usually a crowded area, especially on weekends, it nevertheless feels like a quiet escape from the city.

The Santa Cruz neighbourhood is one of the most picturesque in Alicante, with whitewashed houses adorned with colourful potted plants, creating a charming atmosphere. Here, you can feel the city's deepest roots, as many of these houses have been home to the same families for generations. If you're looking for an Instagram-worthy spot, find the Casita de las Macetas Azules, where you can admire the many blue ceramic pots hanging from the balconies.

Nearby, I discover the work of Vicente Pascual, a ceramic artisan who has been working with the material for decades. Specialising in traditional ceramic pieces, his shop offers a stunning variety of pottery, from intricately designed jars and plates to flower pots and vases, all handmade by artisans from Alicante. It's the perfect place to find a unique souvenir – something far more special than a typical

A short five-minute walk along the San Rafael and Maldonado streets leads to the Alicante Museum of

Contemporary Art (MACA), which showcases works by renowned Spanish and international artists, including Pablo Picasso, Joan Miró, and Salvador Dalí, from the  $20^{\text{th}}$  and  $21^{\text{st}}$  centuries. This cultural centre was made possible by Alicante-born artist and collector Eusebio Sempere, who donated his own artwork as well as pieces he collected from other artists. Today, the museum houses more than 100 drawings. sculptures, and works of graphic art by Sempere.

The Museum of Fine Arts (MUBAG) features works by regional painters and sculptors from the 16th to the 20th century. It's worth a visit not just for the art but also for its unique setting in the iconic 18th-century Gravina Palace. As you step through the grand doors, vou're transported to an era when regional painters and sculptors left their mark on the entire Spanish art scene. Among the artists featured are Francisco Soler, a prominent 19th-century painter, and Sempere, who is known for his abstract works.

It often surprises outsiders to learn that fire plays an integral part in Alicante's culture. Every June, Alicante celebrates the Bonfires of Saint John, perhaps the moment of the year when Alicantinos feel most proud of their identity. This UNESCO-listed festival features fireworks, street parades, and the burning of giant satirical sculptures called ninots. Each year, one of these sculptures is spared from the flames and transferred to the Museum of Bonfires (Museu de les Fogueres), where it's put on display for the public. If you want to learn more about this celebration, a visit to the museum is a must. A major milestone was reached in 2001, when the festival set the record for the largest fireworks display, with more than 80,000 fireworks over 45 minutes. Will this year break the record again?

THE NATURAL LANDSCAPES IN ALICANTE DO NOT FAIL TO AMAZE. As soon as I enter El Palmeral Park, I'm greeted by rows of palm trees and the soothing sound of water flowing from fountains and ponds. Covering more than 13 hectares, the park also features a BMX-style bike track for adventure lovers. With gentle ramps and curves, it's ideal for beginners or casual riders and is a popular hotspot in the evenings and on weekends. However, one of my favourite areas of this green oasis are the ponds and waterfalls by the lake, where one can rent rowboats.

While the city offers a number of tranquil natural spots, even more stunning places to explore await just outside Alicante. For example, just off the coast of Alicante, Tabarca Island was once a refuge for Barbary pirates, who used it as a base to raid the Spanish coast. Today, it's a protected marine reserve and holds the title of the smallest permanently inhabited islet in Spain, with around 12 residents.

One of the best ways to experience the island's natural beauty is snorkelling. Whether you're an experienced diver or a first-time snorkeller, Tabarca's calm, transparent waters make it an ideal spot to explore the Mediterranean's rich biodiversity. If you're in the mood for a more relaxing day, exploring the island on foot is a good option. The harbour, with its historical fishermen's houses, and the cobbled streets of the Old Town are perfect for a stroll.

I'm a fan of lighthouses, so I also make sure to visit the one on Tabarca Island. Built in 1854, it has served as both a guide for passing ships and a strategic viewpoint, surrounded by a fortress designed to protect the island from pirate attacks. Parts of the fortress ruins still remain, making this one of the most picturesque spots in the region. After taking in the views, there's nothing



### MED4Ucontinuous access to medical care anytime, anywhere.

From cross-border repatriations and high-risk events to home visits and palliative care.



comprehensive medical care in the comfort of patients' homes (doctor visits for health evaluation, medication administration, i/v infusions, injections etc., therapeutic rehabilitation).

palliative care for terminally ill patients in the final stages of life, provided at home, also with government-backed funding available.

emergency medical assistance at high-risk events, including sports competitions, concerts, and largescale public gatherings.

air and ground medical transportation - the most efficient way to transport patients worldwide, whether to their home or a healthcare facility.



( +371 2801 0404



European Social Fund Plus measure "Support for Social Entrepreneurship" identification No. 4.3.3.3/1/24/I/001, project No. SU2/007.



With a career spanning more than three decades, Quique Dacosta has established himself as one of the most influential chefs on the Spanish haute cuisine scene. At his restaurant in Dénia, which has been awarded three *Michelin* stars, he presents Octavo, a menu in which gastronomy is explored as an artistic discipline an homage to the concept of the 'eighth art'.

### What's your favourite place in town?

I'd recommend visiting Alicante's Central Market and then heading to *La Taberna* del Gourmet, where they serve excellent tapas. It's one of those places where fresh fish and vegetables are always present.

What local products would you recommend to someone visiting Alicante for the first time? Salted fish is a truly unique thing Here, one eats rice, not paella... to try if you're into the full flavour of fish. I'd also recommend the red shrimp from Dénia it's one of the Mediterranean's finest seafood products and can now be found on the menus of top restaurants. May is also the season for loquats, a fruit that resembles a small yellow plum and is particularly common in the interior of the province, especially in Callosa d'en Sarrià. While not the most widely known fruit, loquats from this region are exceptionally tasty.

### In 2013, you introduced the concept of 'terroir cuisine'. How does it influence your work?

We act as a bridge between the place we live in, the landscape, and what it provides for us to cook. This is intertwined with another crucial value: the heritage of traditional recipes. The idea of 'landscape cuisine' is a dreamlike representation of memories,

moments, and circumstances connected to a specific environment. The first landscape I created was The Animated Forest, inspired by childhood walks through the woods near my home - the scent of wet earth, the rustle of leaves, and the aroma of herbs. The products from that environment, such as mushrooms and truffles, became part of that creation.

In the province of Alicante, it's rare to find a true Valencian paella. Visitors should know that 'paella' refers to the pan used for cooking, not every rice dish prepared in it. For example, here we have popular rice dishes such as spinach and anchovies or rabbit and snails, which are cooked in a paella pan but are not considered Valencian paella. In Dénia, you can also find arroz a banda and arroz del senyoret, two traditional rice dishes deeply rooted in the region's culinary heritage. Both are emblematic of Alicante's coastal cuisine and are a must-try for anyone looking to experience authentic flavours with a strong local identity.

### Where's the best place to enjoy a sunset?

Without a doubt, in Dénia, at a spot we call Playa de la Olvidada. It's located on the quay where boats depart for Ibiza, and from there, you can witness one of the most beautiful sunsets in the entire province of Alicante.

better than a great meal by the sea, At Mar Azul. try the delicious caldero, a traditional dish made with rockfish, potatoes, and rice. If you're feeling indulgent, order the version made with lobster.

Beyond the beaches, the province of Alicante has other natural wonders worth discovering. The Natural Park of Montgó, located between Dénia and Xàbia, offers an unforgettable experience and is a true haven for nature lovers. At 750 metres above sea level, the summit of Montgó is a great place to discover. The hike starts at the Ermita del Pare Pere, a whitewashed church named after a Franciscan monk from the 17th century. The views of the Mediterranean Sea and the rugged limestone cliffs make this hike quite unique. And if you're lucky, as I was, you may even spot Ibiza on the horizon on a clear day.

The Natural Park of Serra de Mariola feels like entering a different world. Located further inland, it's the perfect place to slow down and truly connect with nature. The park is home to around 1200 plant species, many of which are aromatic and medicinal.

If you have time, visit the Castle of Banyeres de Mariola. Perched nearly 1000 metres above sea level, it's one of the highest castles in the province and offers spectacular panoramic views of the reserve. The strategic location was chosen for its commanding view of the surrounding valley. Some stones and construction elements in the walls are believed to have been repurposed from older Roman settlements in the area. Inside, you'll find the Museu Fester, a small museum dedicated to the town's rich history and the Moros y Cristianos festivities, which is a popular annual event reenacting the historical battles between Moors and Christians during the Reconquista.

The waterfalls and natural pools of Algar in Callosa de Sarrià become a popular spot when temperatures rise, as they provide a refreshing escape from the summer heat. There are several parking lots near the site, including a free one about 500 metres from the main entrance. Bathing in a natural pool is truly a unique experience, but what I enjoy most in this natural paradise located just an hour from Alicante's city centre is the scenic walk that follows the course of the Algar River. The trail is less than two kilometres long and is an easy hike with wooden walkways and small bridges.

Alicante sits in the region known as the Costa Blanca, or White Coast. This name was first used in 1957 as part of a marketing campaign by a British airline to distinguish the region from other Spanish coastlines. It's believed that the name was inspired by the whitewashed villages and the bright sunlight that shines here almost every day of the year. Unlike other major cities on the Iberian Peninsula, Alicante and the Costa Blanca offer a more relaxed environment, where life moves to the rhythm of the sea and the sun. What's more. the region's rich gastronomic traditions give locals even more reason to be proud - and visitors every reason to plan their next holiday right here. bo

### **USEFUL ADDRESSES**

### WHERE TO STAY Casa Alberola

Set in a historic Neoclassical building with its original majestic entrance still intact, Casa Alberola offers a stylish and cosmopolitan stay just a short walk away from the city's main cultural attractions. We recommend choosing one of the rooms featuring French-style balconies and views of the sea. Calle Canalejas, 1 casaalberolahotel.com

### The Level at Meliá Alicante

Add some luxury to your stay in this adults-only accommodation near Postiguet Beach and the Alicante Marina. Guests staying in this part of the hotel have access to unique perks, such as a private pool and lounge

Plaza del Puerto, 3 melia.com

### Hospes Amérigo

This 15th-century convent is now a contemporary accommodation in the heart of the city that features a blend of Gothic architecture and modern design. The hotel's roofton terrace is the perfect place for a sunset drink overlooking the city's skyline.

Calle Rafael Altamira, 7 hospes.com/amerigo

### WHERE TO EAT Open

Chefs Javier Prados and Alberto Calleiros bring a modern interpretation to Mediterranean cuisine with a menu inspired by fresh and local ingredients found at the nearby Central Market. The cockles with garlic butter and sherry is one of their signature dishes. Calle Manuel Antón, 12 openalicante.com

### La Terraza del Gourmet

La Terraza del Gourmet has been a celebrated culinary destination in Alicante since 1979. Chef María José San Román is known for his sophisticated yet casual approach to Mediterranean and Spanish cuisine

Explanada de España, 2 latabernadelgourmet.com

### Quique Dacosta Restaurante

This restaurant with three Michelin stars - and ranked 14th in the world by The World's 50 Best Restaurants - offers an artistic journey through Mediterranean flavours. Chef Quique Dacosta crafts a menu rooted in the landscapes and culinary traditions of the province. Calle Rascassa, 1, Dénia quiquedacosta.es

### WHERE TO SHOP Alpargatería Pilar

Established in 1948, this familyowned shop has become a reference for traditional espadrilles, a type of footwear primarily made from jute fibre and woven into a rope-like pattern. It also offers a wide selection of sandals and leather shoes. Calle San Francisco, 54

### Turrones Candela Espí

Still using the recipes of their grandparents, the third generation of this family continues to make traditional nougat like in the olden days. The classic crunchy nougat and the Jijona version, which is made with almonds and rosemary, are the bestsellers here. Avenida de la Constitución. 3 turronescandelaespi.com

### El Corte Inglés -**Gourmet Experience**

The famous Spanish department store has a whole floor featuring food counters, restaurants, and bars to delight your palate in a sophisticated yet informal environment. It's also a great spot to pick up a gourmet souvenir to take home from your trip. Avenida de Federico Soto, 1 elcorteingles.es

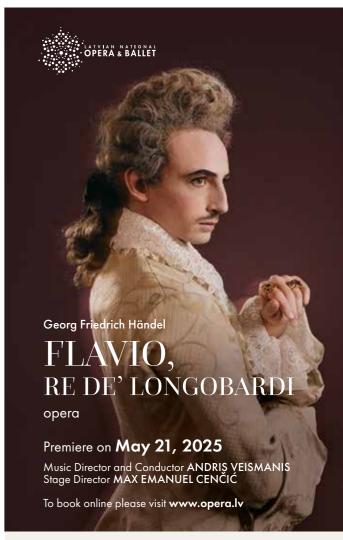
### WHY NOT

### The Ocean Race Museum

This venue on the city's waterfront offers an immersive experience for those interested in the world of sailing and maritime adventure. It features multimedia displays to explore the story behind these races and learn more about life on the open sea. Muelle de Levante. 10

theoceanrace.com





MAY

C NATALIA OSIPOVA. FORCE OF NATURE

02 · LA TRAVIATA

B LA ESMERALDA 03

()7 • FAUST

B LA FILLE MAL GARDÉE

○ LES CONTES D'HOFFMANN

B AT THE BLUE DANUBE

**BOSTON SYMPHONY ORCHESTRA AND ANDRIS NELSONS** 

**BOSTON SYMPHONY ORCHESTRA** 

AND ANDRIS NELSONS

FLAVIO, RE DE' LONGOBARDI Premier

23 • FLAVIO, RE DE' LONGOBARDI

MADAMA BUTTERFLY

PEER GYNT

**DON QUIXOTE** 

DON GIOVANNI 0

GISELLE

3] O NABUCCO

O Opera, Operetta | B Ballet | C Concert | Special Event

TICKETS: LNO box office Aspazijas bulvāris 3, Rīga; (+371) 67073777; info@opera.lv; www.opera.lv

INTERVIEW / May

### BREAKING LIMITS AND RECORDS

Words by Marta Metuzāle

With Ironman World Championship silver and bronze medals hanging on his wall and world records in his wake, Danish triathlete Magnus Ditlev doesn't just chase limits – he shatters them. In a conversation with *Baltic Outlook*, he opens up about the passion, grit, and curiosity that keep him pushing harder, faster, further.



Danish triathlete Magnus Ditlev may have only entered the spotlight six years ago, but his meteoric rise has left the endurance world stunned. It was as if he emerged from nowhere...and then, almost overnight, he was everywhere, dominating courses and breaking records. Even Ditlev admits he didn't expect to fall for the brutal beauty of triathlon. What drew him in was simple: curiosity. A desire to understand what this sport was really about – and to see just how far he could push himself – turned out to be the spark that lit a world-class career.

After all, Ironman isn't just a race; it's a war of willpower. It consists of a 3.8-kilometre swim, followed by a gruelling 180-kilometre bike ride, topped off with a full 42.2-kilometre marathon. When Ditlev dipped his toes into the sport in 2019, it was at the half-distance level. But it didn't take long for him to realise that this was just the beginning. It's in the full Ironman where Ditlev truly found his edge.

With limited experience and zero intimidation, he made his full Ironman debut in Texas in 2022, and walked away with second place. That was just the warning shot. In the years that followed, Ditlev stunned the field again by clocking the world's best time at the iconic Challenge Roth – not once, but two years in a row.

Now ranked fourth in the world, Ditlev has only one thing on his mind: finally claiming victory at the Ironman World Championship. And if his track record is anything to go by, it's not a question of if but when

I meet Ditlev on a grey spring day in Copenhagen, where staying active seems to come as naturally as breathing. Even under low-hanging clouds, the city hums with movement. On my way to meet Ditlev, I wander through one of Copenhagen's many parks, where the paths are alive with runners – young and old, seasoned pros and casual joggers – all unfazed by the damp weather. In Denmark, biking isn't a fitness trend; it's a way of life, with sleek bike lanes threading effortlessly through the city centre.

This is the perfect backdrop for someone like Ditlev – persistent, methodical, and quietly intense. He doesn't credit his success to luck or talent alone. When he first stepped into the world of triathlon, he had no master plan, just curiosity, drive, and a willingness to see where the road might lead. But with the right mindset, a solid team, and the right tools in his corner, he has proven that even world records are within reach.

### Let's start from the very beginning. How did you get into triathlon?

It's a slightly unusual story for an elite triathlete. Usually, all the people I compete against have been in triathlon all their lives or at least have been involved in one of the disciplines from a young age. But I didn't do any of the three sports when I was younger. I was always extremely active, though. I played soccer and badminton when I was a kid and was very dedicated to those sports, but I think I didn't have the necessary talent to excel.

A shift came when I started gymnasium, which is like high school in Denmark, and most of the people from my badminton and soccer teams moved to other cities for school. Suddenly, I didn't have anyone to play soccer and badminton with. I'm not a very outgoing person, and so I didn't feel like starting out on a completely new team. But I became very good

### The first half Ironman went absolutely horribly for me, because I didn't know what I was doing

friends with two runners in my high school class, and, as I had a lot of free time and excess energy without team sports, I started running with them a little bit. They were elite runners, running five kilometres in under 15 minutes, and I surely could not keep up with them. At the time, I could run such a distance in around 25 minutes, but I still thought it was fun.

### And where do the other disciplines and Ironman come into this?

Denmark also hosts an Ironman round that actually runs through my hometown. When I was younger, my parents and I would watch the run every year, and I thought it was super cool. So, at the same time as I started running, I also started cycling on a mountain bike, just for fun. I'm not really sure what made me sign up for my first amateur half Ironman in 2016, but I just decided to give it a go. That first Ironman went absolutely horribly for me, because I didn't know what I was doing.

Baltic Outlook / 2025 / 65



Now Magnus Ditlev is aiming to finally win the Ironman World Championship.

### I tend to be really scientific and meticulous in the way I train

### Do you remember what place you got?

Not precisely. I don't think I was among the very last ones, but I definitely felt like I was. I remember basically walking for most of the race instead of running. I wasn't fast by any means, but I still thought it was very fun. It was challenging and inspired me to do another one. In fact, I was so inspired that I decided to do another half Ironman a mere two weeks later. That was also quite a stupid decision, but I didn't really know what I was doing at the time.

### Isn't two weeks too short a time to fully recover?

Yes, especially for me, a beginner back in the day. Now I think I could do it, because I'm in good shape and I recover much faster. After that first Ironman, I was sore for many days, but I still felt the urge to fix the mistakes I had made in the first race.

### Nine years have passed since your first half Ironman. That's already a significant amount of experience.

But if you compare me to the guys I'm competing against, they've been swimming since they were able to walk. Many of them were also born into families of triathletes. So my time in this sport is still quite short, but I don't necessarily consider that a disadvantage. If you're fresh in the sport, you don't burn out so easily.

### What else do you think helps you compete against those more experienced athletes?

When I started doing triathlons, I was also studying to become an engineer. I think one of my advantages – and

one of the differences in the way I operate in comparison to my competitors – is that I try to bring some of the things that I studied at the university into the sport and my performance. For example, I tend to be really scientific and meticulous in the way I train and prepare for the races, and that must have helped me catch up a little bit faster with the competitors. But I guess I probably also have a bit of talent, because otherwise I don't think I would have been able to match the others so quickly.

### How exactly does your theoretical background come into play during the preparation process?

I was studying to become a chemical engineer, so even though that doesn't have much to do with triathlon itself, it teaches you to solve problems, work in a structured manner, and analyse the data.

### Do you still dream of becoming a chemical engineer sometime later in life?

I managed to finish my bachelor's degree while I was training to become a professional triathlete. It was quite challenging to navigate both things, so I decided to take a break between my bachelor's and master's degrees to focus on my athletic career. In theory, I'll always be able to go back and do the master's degree. But, to be honest, it's quite crazy how quickly you forget things. I would probably have to start studying all over again.

I definitely hope to be able to make triathlon my profession for many more years, but it's always nice to have this opportunity for another career somewhere in the back of my mind. It calms me down to know that if something happens, like having a terrible injury, I can always go back to engineering.

### What's your favourite discipline in triathlon?

It changes. If you look at the numbers, cycling is probably where I'm the strongest. But during training, I mostly enjoy cycling in training camps if I'm in a place where the terrain





The Ironman, comprising a 3.8-kilometre swim, a 180-kilometre oike ride, and a 42.2-kilometre run. is physical endurance and

### The longer the race gets, the more it's in your mind

is interesting. Here in Denmark during the winter, when I'm mostly training inside, the bike is obviously not the most fun part. Currently, I have a big focus on swimming – I've brought in a new specific swimming coach – and so, at the moment, I'm enjoying swimming quite a lot.

You didn't know what you had signed up for before your first Ironman. Is there anything you wish you had known before you started?

I think it was actually great that I didn't know much. I didn't know how complicated, time-consuming, and mentally and physically tough this sport is. Just jumping right into it was a nice way to get started. If I had known how much it would require of me to get to the top, it might have scared me away. But now, every time I think I'm about to reach the peak of what I'm capable of, I realise there's still so much more I can do and how I can challenge myself further.

### What has been your most memorable race or moment in a race so far?

I have a lot of memorable moments, but I think one of the most decisive things in my career was when I did my first full Ironman. Previously, I had only been focusing on the half Ironman. I was very good in the half distance, but I still wandered around the top ten athletes in the world. My first full Ironman was a rollercoaster! During the cycling segment, I got a punctured tyre, so I had to stand on the side of the road for ten minutes until a new wheel was brought to me.

Before the puncture, I was leading the race, and I could see everyone passing me. I was having a lot of thoughts about whether I should give up. This problem wasn't something that I was prepared for, and I had all of the excuses to say that this just wasn't my day. But I completed the cycling stage, started running and actually managed to run into first place. For the last 20 kilometres, I was running side by side with a big legend at the time and one of the fastest marathon runners in the world.

Unfortunately, I lost the sprint at the end, but this race still flipped a switch in me mentally. I got the feeling that I could become one of the best in the world. When I was competing in the half distances, there was a big gap to becoming the best in the world, and I struggled to close that gap. But at the full distance, the gap was much smaller. I had a puncture and still managed to outrun the others, even though running wasn't my strongest suit at the time. The full Ironman distance showed me who I could

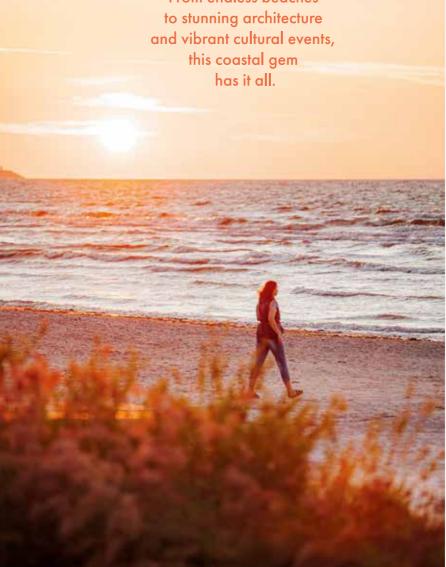
Why do you think you're more suited for the long distances than the half ones? Are the other athletes mentally weaker?

Some could be mentally weaker, but I also think my physiology is better suited for long distances. I can keep up a high tempo even when I'm very tired – I get only a few seconds per kilometre slower. Mental strength surely also becomes increasingly more important with longer distances.

The longer the race gets, the more it's in your mind. It's less about doing a sprint at an Olympic distance and more about nutrition or aerodynamics. When you're on the bike for four hours, optimising your equipment and having a very clear strategy for what you're going to eat during the bike ride becomes more and more important as well. That comes back to my engineering mindset, where I put a lot of time and effort into analysing those small things while other competitors perhaps see it only as a race.

### 25 KM Jurmala FROM RIGA **Baltic Seaside** B SUMMER HIGHLIGHTS 2025

Escape to Jūrmala – a charming Baltic resort where nature soothes and culture inspires. From endless beaches to stunning architecture and vibrant cultural events, this coastal gem has it all.



May 31 Jūrmala Resort Festival

June 12-15 Beach Volleyball World Tour 'Futures' series

June 15 and 23 **Midsummer Celebrations** 

June 29 Elīna Garanča and Friends

July 3-31, August 7-21 Fish Smoking and Tasting

**Young International Opera Stars** 

July 15-20 Jūrmala Festival in Dzintari **Concert Hall** 

July 19 Kemeri Festival

> July 25-27 International Music Festival 'Laima Rendezvous'

August 2 Festival 'Ballet Stars In Jūrmala'

August 15-17 'Baltic Award' Concert by the Inessa Galante Foundation

August 16 **Night Expedition for Families** 

August 24 Jūrmala Colour Run





68 / airBaltic.com

visitjurmala.lv



'I've been working with a psychologist for a few years now, and we have many differen tools to boost mental performance,' says

#### I don't want to be seen as someone who gives up when things get tough

Is Ironman more of a physical or a mental challenge for you?

It's hard to say, because the fitter you get, the faster you can get by relieving the physical aspects. Some people might say that Ironman gets easier with time because you get stronger. But I don't really agree with that – I think the fitter you are, the more you're able to perform at a very high intensity close to your maximum ability, making it more of a physical challenge. If you're not that fit, the gap between sprinting and the usual Ironman pace is different, so you're not pushing your body to the sprinting speed at all times.

But mental strength is also super important, so it's difficult for me to choose only one type of challenge. You can easily wind up in situations where the race can be lost if you're not mentally prepared. And if you don't have the right mindset going into the race, it very quickly becomes a downward spiral.

What are your mental strategies when you're in a race? Can you lead me through what you're thinking? I've been working with a psychologist for a few years now about those kinds of things, and we have many different tools to boost mental performance. From my training, my head coach and I have an idea of what pace I should be able to maintain in each discipline. Then I talk through this plan with my psychologist, and he asks me all sorts of questions, testing my potential reaction if something does not happen

Say I don't get out of the water as quickly as I would have liked, or my bike breaks. How would I react in such situations? We talk through good and expected scenarios as well as bad scenarios. So if an unfavourable scenario takes place during a race, I'll feel like I've been there before. That's very helpful and makes it much easier to make the right decisions, even if something doesn't happen according to the plan.

I think that also applies to life outside of sports. It's important to act upon my values and beliefs, and how I want to be seen as a person and an athlete. I don't want to be seen as someone who gives up when things get tough or something bad happens. I'd like to be seen as someone who always tries to do his best, no matter what happens – someone who respects the competition and doesn't drop out of the race just because I didn't have the perfect day. I think when you know what you want to stand for as a person, it's also easier to make the right decisions both in sports and life.

You set the world record in Challenge Roth in 2024. Was that a conscious aim to achieve such a record during the race, or did it just happen naturally?

Challenge Roth is an amazing event that I've participated in for the past three years, and I've managed to win all of them. It's probably my favourite race as of now. In 2022, when I won for the first time, I was less than ten seconds away from the world record. So I came back in 2023 and beat the world record by nine minutes. I raced again last year, but I knew it was going to be tough to match my previous result.

In 2023, we had really good weather conditions, and there was a friendly bike competition. We were able to bike together and push each other further. When I saw who was competing in 2024, I realised it might be harder because I knew I probably wouldn't have company on the bike. It also started raining during the cycling segment, making it slower.

Starting the run, I was two minutes behind my world record from the year before. But I didn't give up and decided to have a really good run instead. In the end, I beat my previous record by 1.5 minutes. It was exceptionally hard, because you don't have a shadow of yourself from the year before, so you can't easily compare your current performance with the past and see what the world record pace actually is. The spectators were following my goal and

### Kate



# Think outside the box. Concentrate inside. O-Telpa.



Sometimes we all need a quiet place for working, exchanging ideas, or making phone calls and video conferences.

Designed and produced by KATE. O-Telpa provides a work space that is compact, creative and networked, all at an affordable price. As shown above, four-person pod: EUR 7406, excl. VAT.

Standard equipment includes:

- 38 mm glass panels providing 33 dB sound absorbtion
- Adjustable ventilation system
- Integrated lighting
- Power socket with USB and USB-C connectors

Optional upgrades at an additional cost:

- 72 mm double-glazed glass panels, offering maximum sound absorbtion up to 38 dB
- Control panel with LED display with automatic CO<sup>2</sup> control
- Option to equip the cabin with castors for extra mobility

OFFICE & HOME FURNITURE TEXTILE

kate.lv ČIEKURKALNA 1. LĪNIJA 6, RIGA

according to the plan.



'If we take a usual week going into a big Ironman race, people would probably be shocked by how much training there is,' says Ditlev in this conversation with Baltic Outlook.

#### I have a watch, but it doesn't answer all of the questions

screamed all sorts of numbers, but I just focused on the run, giving it everything I had in me.

#### Do you wear a watch so you can check your speed and time?

I have a watch, but it doesn't answer all of the questions. First, it doesn't record my swimming time. You also have the transitions in between, and the bike computer also shows a slightly different number... It's quite hard to do the calculations during the race. I was running really fast, and I knew it'd probably be enough, but you can never be sure until you see the finish line.

#### What have you learned about your motivation or your abilities over these years? Do you feel like you're doing something superhuman?

Actually, I don't really feel like I'm doing anything different than I was when I started. I still have the same old motivation: being curious, loving the outdoors, and pushing myself and the boundaries of what my body is able to do. Now I train together with my girlfriend, who's also a triathlete, and we get to spend a lot of time training together and visiting amazing places.

Obviously, the team around me is much different than when I first started, but that just reminds me how far I've gotten with my motivation. For example, the first time I participated in Challenge Roth, it was only me, my dad, and my coach on my team. The race took place in Germany, and my coach and my father drove all the way from Denmark the night before the race, watched the race, and drove back home again the same day. Two years later, my team had grown exponentially. I had my physiotherapist, my

psychologist, my coach, my family... The setup around me has changed a lot, but the reason why I'm involved in the sport has remained the same.

#### While you love being outdoors, winters in Denmark can be quite depressing. How do you stay motivated during the dark time of the year?

I'm frequently at training camps. This year is an exception, because I started working with a swim coach in Copenhagen. While the weather in Denmark is not ideal for cycling, as long as I have the right clothing, I can still run 99% of the time. But cycling in winter takes place solely indoors.

To be honest, I even enjoy riding inside from time to time. It's easier to split up and monitor the session, for example, four sets of 30 minutes at a particular pace or effort. The engineer in me likes that a lot. It's also very time-efficient. If I were to do a session outside in winter, I'd have to put on three layers of clothing, go out, get two or three punctures because of the ice, risk getting sick, and clean my bike afterward.

#### Do you listen to anything during indoor cycling or training runs?

Yes! During the easy sessions, I listen to either music or podcasts, or even watch some TV.

#### What does your usual training day look like?

If we take a usual week going into a big Ironman race, people would probably be shocked by how much training there is. On average, it's around 35 hours of training per week. That's distributed over six swims a week, 36 kilometres in total. I also run every day, amounting to around 130 kilometres a week. Then I also do cycling probably five times a week, so around 15 hours of cycling a week. And two strength workouts in the gym.

On Tuesdays, for example, I have a l.5-hour swim in the morning with some hard intervals and a run before lunch. Depending on how soon the race is, it could even be a 35-kilometre run at an Ironman pace. Then I have lunch, take a break, perhaps take a short nap, and do a two-hour





















































Asahi **KASEI** 



Ditlev may have only entered the spotlight six years ago, but his meteoric rise has left the endurance world stunned.

### No one is 100% motivated all the time

cycling session in the afternoon. I usually do heavy training on Tuesdays, Wednesdays, Thursdays, and the weekends, and then Mondays and Fridays are a bit easier.

How do you wind down and relax after a long day? I think I just relax on the couch. Read something, spend some time on the computer analysing my data... I tend to train whenever I can, so I don't really have much free time outside training.

#### Have you noticed any of your habits or nutritional practices change with the Ironman?

I've definitely started eating more – the more you train, the more you have to eat, and it's actually quite difficult to get enough calories. A lot of triathletes have the problem of not eating enough and consequently getting overtrained or injured. It's important to eat enough, sometimes even more than you feel like you need.

#### Do you think anyone can do an Ironman?

Anyone can sign up for an Ironman if they want to. But if they don't see any meaning in completing it, I don't think they'll get through it. On the other hand, if you feel like completing this challenge will inspire you further on, or that your success will inspire others, you should be able to succeed. I think anyone can do anything they put their mind to if they have the right motivation and purpose.

#### Have you ever wanted to give up or back out of this career choice?

Yes. But not many times, because I've been very fortunate

to not have been injured. But I still can go through periods where I struggle a bit mentally because it's a lot of training. No one is 100% motivated all the time; a person's motivation levels are always going up and down. Also, even though you've spent so much time preparing for this moment, a race can be ruined due to things beyond your control.

#### How do you minimise those bad moments?

I just surround myself with people I like and enjoy, and that can cheer me up. And I remind myself why I'm in this sport.

#### What would you say to people who are just starting out being active? Not even talking about Ironman, maybe just running their first five kilometres?

The hardest step is always the first step. If you want to run your first five kilometres or do something that you haven't done before, it can seem like a big and overwhelming thing, but you just have to get out the door.

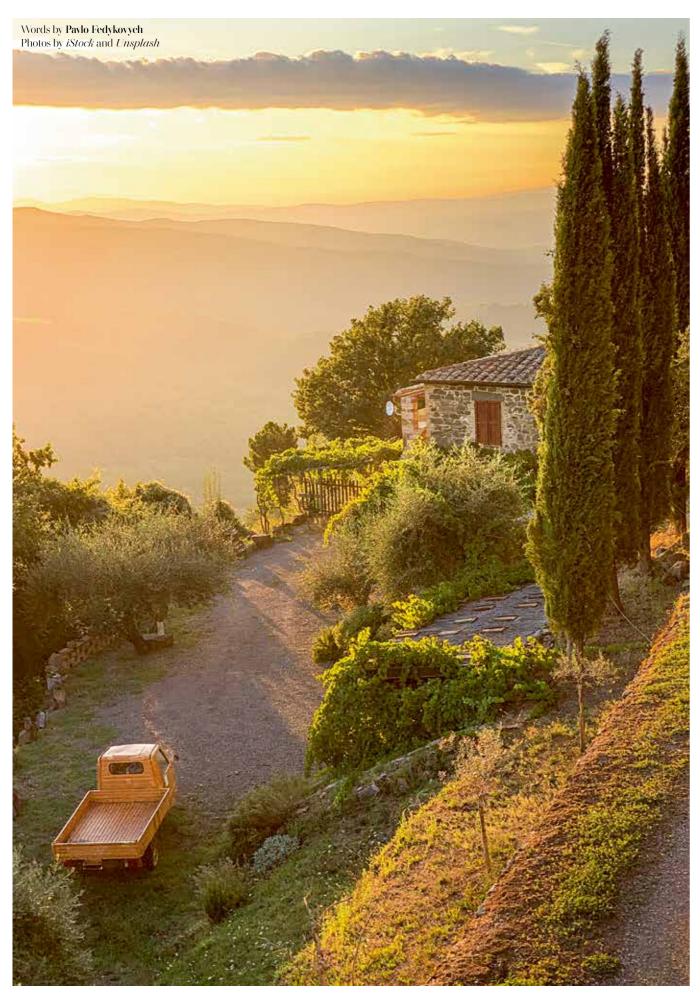
I still face the same issues. If the weather is terrible and I don't feel like going out for a run, just getting out the door is the hardest moment. But you have to fight the excuses and make being active a habit. You'll often regret it if you stay at home and just sit on the couch, but I don't think I've ever regretted going out for a bike ride. Going out in nature gives you energy and boosts your mood. If it's difficult to stay motivated on your own, meet up with a friend, colleague, or partner and do physical activity together.

#### I've also read somewhere that conquering a distance is easier if you set a lower bar. Then you might be so happy about the completed section that you continue running even after the finish line.

It can be useful to break up a race into smaller pieces. But if you're running a marathon, it's not a good idea to start counting after the first kilometre when you still have more than 40 kilometres to run. But yes, sometimes splitting an activity into smaller segments and rewarding yourself after each milestone can be a very great motivational factor to reach a goal. **bo** 



 $\mathbf{TRAVEL} \, / \, \mathbf{May}$ 



#### SECRET ITALY

At first glance, Italy might seem like a familiar postcard.

Iconic landmarks, bustling cities, well-trodden tourist paths. But look a little closer, and you'll find a different Italy waiting to be discovered – one that's intimate, untouched, and utterly unforgettable.

Picture this: quiet corners of Venice where locals sip espresso by the canal, serene Tuscan trails winding through vineyards far from the tourist buses, cosy trattorias in Naples serving recipes passed down for generations, and sundrenched Sicilian beaches that remain blissfully crowd-free.

This guide takes you beyond the usual routes and into the heart of Italy's best-kept secrets. Whether you're a foodie, a history lover, or simply craving a slower, more soulful journey, discover Italy in a whole new light.

76~ig/ airBaltic.com



#### PISA AND TUSCANY For food and wine lovers

Feed your inner epicure with a delicious escape to Tuscany, where Italy's soul comes to life in every sip and bite. With rolling hills bathed in golden light, charming medieval towns, and a food culture that's second to none, this iconic region is everything you dream of. From velvety Chianti wines to juicy bistecca alla fiorentina and the nutty delight of pecorino toscano, Tuscany invites you to indulge in its culinary treasures. If ever there was a place to treat yourself, this is it. Welcome to la bella vita!

Start your journey in Pisa, a lively city that offers a perfect introduction to the region's many charms. Stroll along the scenic Arno River promenade, then duck into a cosy *osteria* in the Old Town for a comforting bowl of *pappa al pomodoro*, Tuscany's beloved thick tomato-and-bread soup. Of course, no visit is complete without exploring the famous Leaning Tower and the breathtaking Piazza dei Miracoli, a UNESCO World Heritage Site that's as rich in history as it is in beauty.

Once you've had your fill of city wonders, head for the countryside, where the real magic begins. Tuscany's rural landscapes are a paradise for wine lovers, with vineyards stretching to the horizon and winemaking traditions dating back to the ancient Etruscans. Here, Sangiovese is king, forming the backbone of the region's world-class reds.

To experience the best of Tuscan wine country, follow one of its scenic wine routes. The Chiantigiana (SR 222) is a must-do road trip through the heart of Chianti, offering breathtaking views and unforgettable tastings. For something a little more off the beaten path, explore the Vernaccia di San Gimignano or Vino Nobile di Montepulciano route – less crowded, but every bit as enchanting.

Pair your wine tasting with a deep dive into Tuscany's rustic yet refined cuisine. Expect hearty, seasonal dishes made with farm-fresh ingredients, crusty bread served with everything, and plenty of soul-warming stews. Local must-tries include *ribollita* (a comforting bread-and-bean soup), *cacciucco* (a rich seafood stew), and of course, *cantuccini* (crunchy almond biscuits perfect for dipping in a glass of sweet Vin Santo).

One last tip: embrace the slow pace. Tuscany is best savoured leisurely. Plan at least a week to hop between towns and soak up the rhythm of local life. Renting a car gives you the freedom to discover the smaller villages, where authentic charm and hidden culinary gems await. And for the most immersive stay, book a few nights at an *agriturismo* – a countryside farmhouse turned boutique retreat, where farm-to-table dining and stunning views come standard.

# STOCKMANN EXPLORING GOOD LIFE Stockmann Department Stores Helsinki | Espoo | Vantaa | Turku | Tampere | Riga | Tallini stockmann.com | stockmann.lv | stockmann.ee



# CATANIA AND SICILY For history buffs and adventurers

The Mediterranean's largest island is a world of enchantment where dramatic landscapes, timeless towns, and sun-soaked shores come together in cinematic harmony. Base yourself in Catania to unlock the wonders of Sicily's eastern coast, which is an intoxicating blend of natural beauty, hilltop charm, ornate Baroque architecture, and endless seaside views. Then prepare for an unforgettable journey through some of Italy's most captivating sights.

Often overshadowed by Palermo, Catania has a personality all its own: vibrant, slightly chaotic, and endlessly fascinating. At its heart is a treasure trove of UNESCO-listed Baroque architecture, a legacy of the city's remarkable rebirth following a catastrophic Etna eruption and earthquake in the  $17^{\rm th}$  century.

Stroll along the grand Via Vittorio Emanuele II, the city's elegant main thoroughfare, where history whispers from every corner. Admire the Basilica Cattedrale di Sant'Agata, a gleaming icon of Catania's Baroque revival, and then wander over to the ancient Greek-Roman theatre, which is still standing proud after nearly two millennia. Be sure to visit Palazzo Biscari, where lavish frescoes and ornate halls transport you to another era. And don't miss Castello Ursino, a formidable medieval fortress that adds a touch of epic drama to the cityscape.

No visit to Sicily is complete without witnessing the island's most iconic natural wonder, Mount Etna. This active volcano perpetually crowned with wisps of smoke is both awe-inspiring and humbling. Luckily, it's easy to experience Etna's majesty up close. From Catania's central station, public buses take you to Rifugio Sapienza, where a panoramic cable car carries you toward the summit. For the adventurous, there are guided hikes and bike tours through its lunar-like terrain. But perhaps the most unexpected – and delicious – way to explore Etna is by visiting local wineries, where vines thrive in the rich volcanic soil, producing bold, unforgettable wines.

For an experience that feels straight out of a postcard, head to Taormina. Perched high above the Ionian Sea, this cliffside town dazzles with perfect views, cobbled lanes, and the spectacular Teatro Antico – an ancient Greek-Roman amphitheatre with front-row seats to Etna and the turquoise coastline. Taormina's charm recently took centre stage in season two of *The White Lotus*, and its allure just keeps growing.

For those willing to venture further, Scopello on Sicily's northwestern coast is a hidden treasure worth the trip. This serene coastal village and the surrounding area offer hidden coves, breathtaking hiking trails, and seafood so fresh it tastes like the ocean itself.







NAPLES
AND THE
AMALFI
COAST
For a seaside
escape

Campania is pure enchantment. It's Italy's soulful south at its most spectacular. With dramatic coastlines, sun-drenched islands, and an infectious energy, this region is where unfiltered beauty meets timeless charm. At the heart of it all lies Naples – a raw, vibrant, and utterly captivating city like no other.

Edgy and unapologetically authentic, Naples stands in stark contrast to the polish of Milan or the grandeur of Rome. But what it lacks in refinement, it more than makes up for in spirit. With sweeping views of the sea, world-class museums, and layers upon layers of history, Naples is a living mosaic of culture and chaos. It's also the undisputed birthplace of pizza. The beloved dough-and-mozzarella masterpiece first appeared on these very streets in the 19<sup>th</sup> century, and you'll find some of the best in the world in the city's labyrinthine historical centre. One bite of a true Neapolitan pizza, and you'll understand why it conquered the globe.

Yet for many, Naples is just the beginning. From the city's bustling port, ferries whisk you away to three captivating islands. Capri is the crown jewel – it's glamorous and dramatic, with soaring cliffs, cobalt waters, and a legacy as a playground for the rich and famous. For volcanic landscapes, sandy beaches, and a more down-to-earth vibe, head to Ischia, where wellness and nature go hand-in-hand. And then there's Procida, a petite gem with a pastel-hued harbour and a laid-back charm that feels like a step back in time. Whichever you choose, the island-hopping here is nothing short of magical.

Of course, no journey to Campania is complete without exploring its most iconic stretch of coastline: the Amalfi Coast. This 50-kilometre marvel protected by UNESCO is a masterpiece of Mediterranean beauty where pastel villages cling to cliffs, lemon groves perfume the air, and every turn reveals a postcard-perfect view. It's the birthplace of zesty *limoncello*, the famed anchovies of Cetara, and the handcrafted ceramics of Vietri sul Mare. It's not just a destination – it's a sensory experience.

For a more authentic and relaxed visit, skip the summer crowds and come in spring or early autumn. Base yourself in Salerno for better value and easy access to the coast. The most scenic way to experience the Amalfi towns? By ferry, of course. But if you're feeling adventurous, hop on the local bus that hugs the winding coastal road – it's a thrill ride with million-dollar views.





## **VENICE**For those who love art and culture

There's nowhere in the world quite like Venice. Suspended between water and sky, this ethereal city built on lagoon waters continues to captivate travellers with its timeless beauty and quiet grandeur. Nicknamed *La Serenissima* ('the most serene'), Venice has long been a beacon of art, culture, and creativity, its legacy etched into the very fabric of Western painting, music, and literature. This isn't just a place to visit; it's a place to experience deeply, at least once in a lifetime. But to truly enjoy it, a mindful approach to tourism makes all the difference.

Venice is a victim of its own beauty. Each year, millions arrive to experience its dreamlike canals and iconic landmarks. And while spots like the Rialto Bridge, Piazza San Marco, and the Doge's Palace are undeniably majestic, they can also be overwhelmingly crowded. To escape the crush, stray from the well-trodden path and you'll be rewarded with the city's quieter soul: winding back canals, graceful Rococo-style palazzos, and arched bridges basking in soft silence. The *sestieri* (neighbourhoods) of Cannaregio and Dorsoduro offer a more authentic Venetian rhythm, where locals sip espresso in tucked-away cafés and art students sketch by the water's edge.

Once the heart of a powerful maritime republic, Venice flourished as a cultural capital, shaping the Renaissance and giving rise to the famed Venetian school of painting. For a deep dive into its artistic heritage, visit the Gallerie dell'Accademia, which is home to masterpieces by Titian, Tintoretto, and Veronese. For a more intimate and often overlooked experience, explore Ca' Rezzonico, a palatial museum on the Grand Canal where 18th-century interiors meet exquisite local artwork. Lovers of contemporary art can venture to the Pinault Collection or the Peggy Guggenheim Collection, where 20th-century icons live in harmony with the city's historical charm.

But Venice isn't just about paintings; it's a living museum of craftsmanship. Since the Middle Ages, one of the lagoon's islands has been renowned for its exceptional glassblowing tradition. Take a *vaporetto* (public ferry) to Murano to discover the Glass Museum, watch artisans at work in local factories, and shop directly from the makers, thus avoiding the mass-produced imitations sold in tourist stalls. A little farther lies Burano, another gem of an island, known for its brightly painted houses and centuries-old lacemaking tradition, which is still practised by hand. **bo** 











#### FISH CORNER

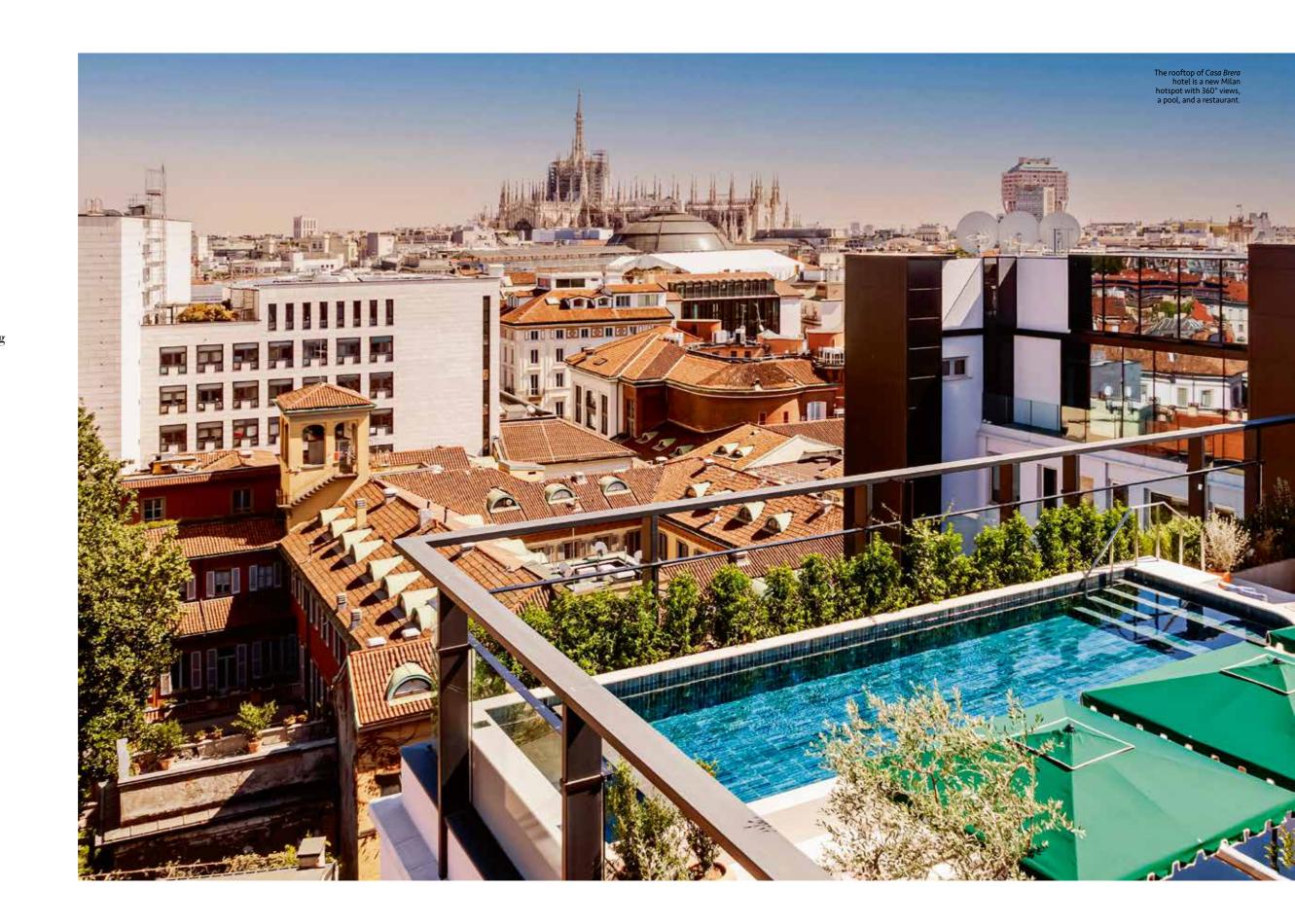
Latest addition to Riga's dining scene, Fish Corner is a new seafood bistro offering hearty cuisine in a modern laid-back setting. The menu draws inspiration from around the globe, featuring simple, soulful dishes with a few all-time favorites and the chef's take on some Baltic specialties. From the classic fish burger to the deep-fried local sprats or the vibrant herring & fennel carpaccio, Fish Corner's food is a perfect combo of comforting and exciting.

Terbatas 41/43, Riga www.fishcorner.lv



#### REACH NEW HEIGHTS

Step above the city and get closer to the sky, embracing the magic of rooftop experiences. From Riga to Dubai, we've rounded up the most iconic rooftop terraces for this summer. Magical, *Instagram*-worthy, and irresistibly inviting, these elevated escapes offer breathtaking panoramic views, the perfect setting for an al fresco aperitif, a refreshing swim, or a front-row seat to mesmerising sunsets.



Baltic Outlook / 2025 / 87

#### ETEREO RESTAURANT, MILAN





Milan is famous for its iconic rooftop terraces, where enjoying an aperitif with friends has become a wonderful tradition. A new, exclusive destination has just opened in the heart of the Brera district for lovers of magical views and exceptional cuisine, namely, the rooftop terrace of the *Etereo* restaurant at the luxurious *Casa Brera* hotel, which has a stunning 360° panorama and swimming pool. From here, guests can enjoy an expansive view of Milan's rich history, art, and cultural tapestry, including the Duomo, Teatro alla Scala, Castello Sforzesco, and other masterpieces.

Casa Brera, a jewel of rationalist heritage designed by Pietro Lingeri, has been delicately revived by architect Patricia Urquiola, who has infused it with modern and authentic elements that embody the Milanese lifestyle, design, and hospitality. The refined terrace offers personalised cocktails, while star chef Andrea Berton creates an unforgettable symphony of flavours at Etereo. He pampers guests with a yetto-be-defined regional cuisine for a unique evening experience set against a backdrop of fashion, culture, and design. etereorooftop.com

#### AURA SKYPOOL, DUBAI





Why not add 'the best of Dubai' to your wish list? Aura Skypool, the world's highest 360-degree infinity pool, offers an unparalleled luxury and sensory experience. Situated at a breathtaking height of 210 metres above sea level, it presents a unique architectural landscape that includes Dubai's majestic skyline, Palm Jumeirah, and the Persian Gulf. Set atop the iconic Palm Tower on the illustrious Palm Jumeirah, Aura Skypool made its debut on Dubai's hospitality scene in November

2021. This luxurious oasis is designed as an exclusive wellness retreat where guests can escape and savour every moment of the day, from sunrise to deep into the night. The elegance and relaxation are enhanced by world-class infrastructure, personalised service, and a thoughtfully curated menu combining international flavours with a distinctive pan-Asian twist, all curated by chef Craig Best. auraskypool.com





# New Residental Quarter "Lucavsala"

214

HIS SUMMER!

2-4

31-88m<sup>2</sup>

m² 131 400 €

BUILDING "E1" PRICES FROM



#### MODERN APARTMENTS

for a home office, designed for today's lifestyle.



#### HIGH-QUALITY FINISHING

All apartments are delivered fully finished with premium materials – leaving you to enjoy furnishing your new home.



#### **PROXIMITY TO WATER**

Lucavsala's charm lies in its connection to water – with safe swimming spots, boating, wakeboarding, and SUP.



#### ROOFTOP SPORTS COURT

 standout 260m² rooftop terrace lesigned for sports and relaxation – one of the most unique in Riga.



#### TOO TACTAC SKYBAR, **PARIS**





TacTac Skybar invites you to rediscover the majestic vibes of the metropolis from an entirely new perspective. Perched 120 metres above the city, it offers an infinite panorama of the French capital's most iconic landmarks - the Eiffel Tower, the Seine River, historical monuments, fascinating architectural patterns - delivering a breathtaking spectacle both day and night. This exclusive hotspot has quickly become a must-visit in the city's entertainment scene, not only for its magical views but also for its vibrant atmosphere, divine cocktails,

great menu, live concerts, and sets by renowned DJs. Located within a striking six-metre-high glass cube on the 27<sup>th</sup> floor of Too Hôtel, the bar boasts a sprawling 150-square-metre outdoor terrace set atop one of the recently completed, now-legendary Tours Duo towers designed by the renowned architect Jean Nouvel. *TacTac's* interior is no less impressive; conceived by the celebrated French designer Philippe Starck, it masterfully blends classic elegance with futuristic sophistication. toohotel.com

SANT **FRANCESC HOTEL**, PALMA DE MALLORCA





In this charming 19<sup>th</sup>-century palazzo, the true protagonists are its enchanting atmosphere, rich history, and elegant contemporary design. Nestled in the heart of Palma's Old Town, the refined Sant Francesc Hotel offers a postcardperfect panorama from its iconic rooftop, where the rhythmic dance of terracotta rooftops meets the majestic silhouette of the Catedral de Palma. Celebrating its tenth anniversary this year, the hotel has long been recognised as one of the most sought-after destinations – it's a sanctuary of culture, serene relaxation, and Mediterranean gastronomy. Inside, art takes centre stage, with walls adorned by works from some of Spain's most renowned artists. Meanwhile, the heart of its outdoor space is the stunning Singular Rooftop – a 200-square-metre panoramic terrace designed for indulgence. This sundrenched haven features a sparkling pool, elegant loungers, and chic parasols, creating the perfect setting for sipping divine cocktails while watching the sun slowly set behind the basilica's monumental form. hotelsantfrancesc.com



KNX ROOM CONTROLLER



PUSH-BUTTON LS 990



LEVER HANDLE FSB 1267





#### SCIROCCO RESTAURANT, TUSCANY





A scenic Italian paradise by the sea lies just a two hour drive from Pisa. Nestled in the charming harbour town of Porto Ercole, the newly opened *Scirocco* rooftop restaurant is making waves. Perched atop the design-forward La Roqqa luxury boutique hotel, it offers breathtaking panoramic views of the rugged coastline, crystal-clear turquoise bays, and a vacht-filled marina. Scirocco's rooftop terrace embodies the effortless elegance of *la dolce vita*, blending refined retro

design with a colour palette inspired by the local architecture, lush greenery, and the dazzling harbour. As the sun sets, guests can indulge in an exquisite dining experience featuring authentic Tuscan cuisine crafted from fresh, locally sourced ingredients, garden-picked herbs, and handmade pasta. The extensive wine cellar boasts a carefully curated selection of fine Tuscan wines, promising an unforgettable journey of flavours and sensations.

#### HUMBOLDT FORUM. **BERLIN**





The roof terrace of the Humboldt Forum - a unique centre for art, culture, research, and education – offers one of the most exhilarating panoramic views in Europe. Located in the heart of the metropolis at a height of approximately 30 metres, it offers a fresh, unique perspective on Berlin's iconic cultural landmarks, such as Museum Island, the Brandenburg Gate, Alexanderplatz, the Berlin Cathedral, and St. Mary's Church. An artistic enhancement to the city's scenography, the terrace delights visitors with two permanent installations: Insurgentes Sur and Cosmos - Things Fall

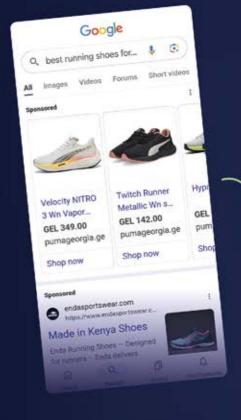
Apart. During the day, guests can enjoy a leisurely coffee, while in the evening, the rooftop Restaurant Baret under the direction of chef Danny Benedettini invites guests to enjoy fantastic Berlin-style dinners in a relaxed atmosphere while watching the golden-pink sunset. Benedettini loves to surprise guests with unexpected gastronomic interpretations that add new flavours to his dishes. The roof terrace is accessible by lift and is suitable for those with reduced mobility humboldtforum.org

Issue #1 Al Insider

By scandiweb

#### "Just Google it"? Not anymore.

68% of people now ask AI to find products



= ChatGPT Here are the top 5 marathon running shoes for 2025, each with a brief description Adidas Adizero Adios Pro 4 Delivers a soft, springy, and quick ride, making it ideal for marathon 2. Nike Alphafly 3 Features ZoomX foam and carbon plates for exceptional energy return Ask anything

When Al recommends a brand, consumers are more likely to trust it and convert faster.

In 2024, U.S. retailers saw:

1,300% spike in Al search referrals during the 2024 holiday season

#### Answer Engine Optimization (AEO)

AEO is the process of structuring your content so AI tools can easily find, understand, and reference it as a trusted answer.

While it shares some principles with traditional Search Engine Optimization (SEO), AEO requires a different approach to prepare for an Al-first future.

According to Gartner, by 2026, your site could lose of its traffic from traditional search.

Many businesses are already taking action—adapting their content for Al-first discovery and competing for top visibility in answer engines. Those who don't act risk falling behind, losing valuable visibility and revenue to faster-moving competitors.

#### How to optimize for AI search

- Structure content with Al-friendly language
- Create smart FAQs that address common queries
- Implement schema markup for better Al understanding
- Build strong internal linking structures
- Develop strategic PR and backlinks to boost reputation



Become the go-to answer in AI search!

scandiweb

Trusted by 600+ leading brands worldwide



At scandiweb, we take a strategic, data-driven approach to AEO-tracking how Al platforms reference your brand, evaluating positioning, and benchmarking competitors. We're here to partner with forward-thinking companies ready to lead in this new era of search.



Lina Ivanova

Head of AEO at scandiweb











#### HÜRLIMANNBAD & SPA ZÜRICH, ZURICH





Have you ever imagined that from Zurich's rooftop terraces you can enjoy a glorious view not only of the city's iconic canvas, but also of the sparkling surface of Lake Zurich and the breathtaking Alpine skyline, which is stunning in every season? Indeed you can, and it's quite magical – just like the wellness oasis in a former brewery that provides visitors with a new perspective on Zurich. With its 35°C water, Hürlimannbad & Spa Zürich's rooftop infinity pool offers an exhilarating relaxation experience all year round, while at the same time revealing the city's scenic

beauty, whether bathed in the soft light of dawn or the golden hues of sunset. The thermal bath area of the spa complex underwent an extensive renovation in 2022, allowing it to shine in newly restored splendour. The historic architecture, with its centuries-old vaulted ceilings and the industrial spirit of the factory, is combined with authentic wall finishes and contemporary solutions. The refined interplay of light and water honours solidity, tranquillity, and well-being.

aqua-spa-resorts.ch

#### STAGE 22 RESTAURANT, RIGA



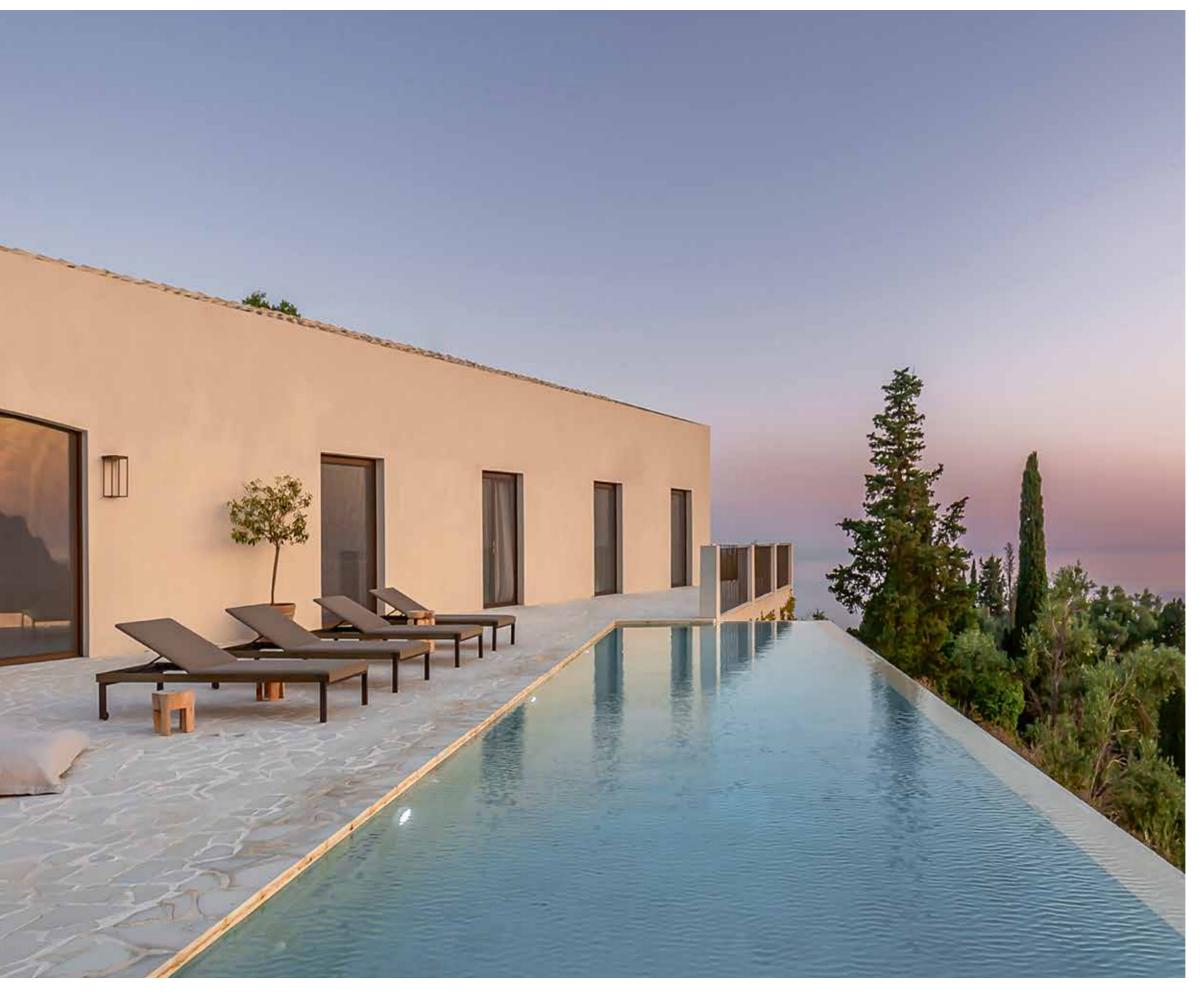


Stage 22 embodies the essence of authentic luxury. With an iconic panorama of the dazzlingly white Latvian National Opera and Ballet Theatre, tree-lined parks, and the stunning architecture of the city's boulevards, the Stage 22 rooftop bar and restaurant at the Grand Hotel Kempinski Riga infuses the historic city centre with a refreshing sense of vibrancy and excellence. Featured in the Michelin Guide 2025 and ranking among the top rooftops internationally, Stage 22 is celebrated for its expertly crafted cocktails and a laid-back lounge-style

atmosphere. The refined menu, rooted in Asian fusion cuisine, delicately highlights the finest local flavours. The luxurious five-star *Kempinski Hotel Riga* stands proudly in one of the city's most distinguished buildings, which first opened its doors in 1878 and has since hosted countless renowned and legendary figures. With its rich cultural and historical heritage, the majestic building has been revitalised by the acclaimed *Alex Kravetz Design* interior design and architecture studio. kempinski.com



LIVING SPACE / May



Words by **Olga Dolina** Photos by **Marios Papacharalampous** and **Keti Lessai** 

# A GREEK ESCAPE

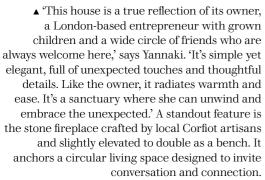
Corfu, the emerald gem of the Ionian Sea, is one of Greece's greenest islands, with cypress-studded hills, olive groves, and the scent of herbs and sea air. British writer Gerald Durrell captured its wild beauty in *My Family and Other Animals*, his memoir of childhood adventures on the island.

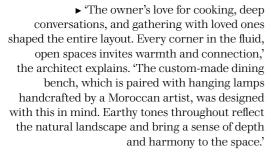
Villa Monopati sits on the western side of Corfu near the village of Pelekas in a rural area rich in greenery and open views of the Ionian sunsets. 'In Pelekas, life balances work with slow pleasures. Even in the busy summer season, there's always room to breathe – whether it's an evening stroll, a shared meal, or a quiet moment by the sea. A multicultural spirit blends effortlessly with the local rhythm, enriching the community,' says Konstantina Yannaki, who co-designed the project with Tomas Theodoridis of *Thetacon Architects* (thetacon.gr).

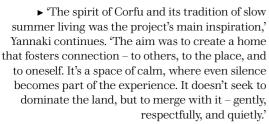
Yannaki describes the area's energy as 'wild, majestic, and authentic'. Smoothly integrated into the natural terrain, the villa preserves the raw beauty of its surroundings. Its pool, which is perched on a steep hillside, opens to sweeping views of the hills and sea and feels like a hidden world of its own.

Baltic Outlook / 2025 / 97

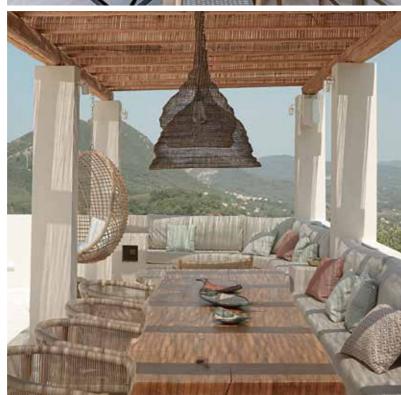












# Keep your hair and your confidence

Developed by scientists, this trusted natural solution fights hair thinning in both men and women

By the age of 50, 85% of men and 40% of women will experience some sort of pattern baldness or hair loss. It doesn't take a scientist to work out how damaging this can be to confidence, but engineering a solution does. Developed by an expert team of biochemists from Oxford, TRX2® is an all-natural solution to hair thinning, targeting what scientists believe is one of the leading causes — damage to potassium channels. This solution is side effect-free and available worldwide, both as a food supplement and a topical lotion to fit into your lifestyle, stress- and shame-free.

#### **BACKED UP BY SCIENCE**

Rooted in science, TRX2® works to reactivate the potassium ion channels within your hair follicles, boosting the delivery of nutrients to the follicle itself. Not only is this proven to strengthen hair and reduce hair thinning, but it's been shown to promote new hair growth as well. Informed by real-life testing, 87% of users reported positive results. On average, hair thickness increases 22.5% after nine months of use and 38.7% after 18 months. Since its introduction in 2009, TRX2® has quickly become one of the world's leading natural solutions for hair thinning, helping over 100,000 men and women in more than 120 countries.

#### A MORE CONFIDENT YOU

Battling hair loss may feel like a lonely fight, but it doesn't have to be. TRX2® is a community that understands the cause and effect

of hair loss, so rest assured that you can trust the team to lead you through this experience. They even offer free consultations so that you can weigh up your options. If you are interested in TRX2®, it's recommended that you address your concerns as early as possible so that you can get the optimal results. And with a 60-day moneyback guarantee, you have nothing to lose, and everything to gain.



Valid throughout 2025.

AIRBALTIC at trx2.com

OXFORD 8 BIOLABS







- ▲ Furniture and works by emerging artists were handpicked in close collaboration with the owner, who shares a passion for circular materials with a story: aged stone, recycled bricks for the floors, mortar walls, and handmade ceramics. Much of the built-in furniture is crafted from natural wood and rattan and was custom-made to suit each space with a strong focus on texture, tone, and simplicity. Many pieces were either designed locally by Greek artisans or found as unique treasures in Athenian vintage markets.
- $\blacktriangleleft$  The owner's Middle Eastern roots are subtly woven into the design and can be seen in details such as the breeze blocks in the bathrooms and other crafted elements that quietly honour her heritage. Irregular stone, used both inside and out, ties the spaces together and softens architectural lines, creating a fluid, natural connection between the house and its surroundings.
- ◀ Yannaki explains that the villa's design is inspired by the traditional katikia - a simple, compact structure with a double-pitched roof that's reminiscent of the rural homes still found across Corfu. She adds: 'Many older houses are finished with plaster, and to honour that tradition, we used *Kourasanit* alongside reclaimed roof tiles, allowing the house to age naturally and gracefully.' bo

# PUNT ROMA spring/summer 2025























#### LIDO isn't just a place it's a Latvian legend

Welcome to LIDO - a true Latvian landmark where tradition meets taste, and good times are always on the menu. From the towering log walls of one of Europe's largest wooden buildings to the rich aroma of fresh beer brewed onsite, the LIDO Recreation Centre is more than a destination – it's an experience. With around 900 litres of unfiltered beer flowing daily through pipes – one stretching a jaw-dropping 92 meters – and hearty, home-style meals served with pride, this is where Latvia's heart beats loudest. Big on space, big on fun – LIDO is made for a great day out.

And now, there's a bold new flavor in town: LIDO Street Food AS[H]ais. Think restaurant-quality burgers at walletfriendly prices. From juicy beef and crispy chicken classics to tender pulled meat, there's something for every taste. Pair your burger with a side of crave-worthy snacks – perfect for a quick bite on the go or a relaxed meal in the vibrant setting.

Come hungry. Leave happy.





The closest restaurants to the airport are located at s/c Spice, s/c Rīga Plaza and Agenskalns Market.













#### SOMETHING FOR EVERY EVERY DRIVER

As the world steadily transitions away from internal combustion engines, the electric vehicle revolution is no longer on the horizon – it's happening now.

The European market, in particular, is seeing a renewed surge in electric vehicle (EV) interest, setting the stage for an exciting new era of clean, efficient, and innovative mobility. For air travellers paging through this magazine while soaring across the continent, there's a good chance your destination – or perhaps your home – is in one of the very markets seeing this electric shift unfold in real time. Whether in Germany, Belgium, or the Netherlands, more and more drivers are plugging in instead of filling up. And that's just the beginning.

According to the European Automobile Manufacturers' Association (ACEA), registrations of new EVs in the European Union rose by a remarkable 28.4% in the first two months of 2025 compared to the same period the previous year. That's over 255,000 EVs hitting the roads – and it signals a strong return of consumer confidence in electric mobility.

Driving this momentum is a fresh wave of electric models being unveiled by legacy brands and newcomers alike. The sheer breadth of choice has grown rapidly, giving consumers more freedom than ever to select an EV that meets their unique lifestyle, preferences, and needs.

Among the front-runners in this dynamic field is *Kia*, a brand that has proven its commitment to electrification through consistent innovation and strategic foresight.

In 2022, *Kia's* sleek and high-performing *EV6* earned the coveted title of Europe's Car of the Year, a recognition that put the brand's EV ambitions firmly on the map. But *Kia* didn't stop there. Instead of taking a wait-and-see approach, the company doubled down, launching an ambitious plan to offer EVs across every key segment.

In 2023, Kia introduced the EV9, a full-size SUV with three rows of seats – perfect for larger families or adventurous travellers. That was followed by the EV3, a compact and family-friendly SUV designed for urban agility as well as suburban comfort.

Earlier this year, *Kia* expanded its range even further with the unveiling of the *EV4*, which will be available as both a stylish compact sedan and a versatile hatchback. The brand also revealed the *Concept EV2*, offering a glimpse of a future ultra-compact model that's ideal for city driving.

While some automakers began their EV journey with premium models, aiming to build brand prestige or higher margins, *Kia* took a more inclusive approach by developing models that mirror the diversity of the traditional car market. This strategy ensures that drivers can now find an EV that fits their budget, lifestyle, and performance expectations. From luxury and comfort to affordability and efficiency, there's an electric *Kia* for everyone.

Not all EVs are created equal. One of the most important distinctions in today's electric car landscape lies under the surface: the vehicle platform. Some manufacturers have retrofitted existing internal combustion platforms to house electric drivetrains. Others, like *Kia*, have taken a bolder route by developing dedicated EV platforms from scratch.

Kia's E-GMP platform (Electric Global Modular Platform) is a prime example of this technological leap. It was engineered exclusively for EVs, unlocking performance and design possibilities that conventional platforms simply can't offer.

Thanks to its 800-volt electrical system, E-GMP supports ultra-fast charging, adding hundreds of kilometres of range in just minutes.



It also features a standard heat pump, which is crucial for maintaining range in colder climates, and maximises space and handling by integrating the battery within the vehicle's floor structure.

These innovations make *Kia* EVs exceptionally suited to a wide range of driving conditions, from northern European winters to long-distance summer road trips. Sustainability is also a cornerstone of *Kia's* approach. Many of its EVs feature eco-friendly interiors built using recycled materials and vegan leather alternatives – proof that driving electric isn't just about reducing emissions but also about embracing a more responsible and conscious lifestyle.

With infrastructure expanding and technology improving, owning an EV is easier than ever. Ultra-fast chargers are popping up along major highways, in city centres, and even in rural regions, making long journeys effortless. In fact, for many travellers in the Baltics and beyond, road-tripping in an electric vehicle has never been more feasible. Add to this the convenience of home charging and the benefits of lower running costs, reduced maintenance, and environmental stewardship, and it becomes clear why so many drivers are making the switch.

For frequent flyers, the appeal of EVs mirrors that of air travel: efficiency, innovation, and a drive toward a more sustainable future. And just as aviation continues to evolve, so too does mobility on the ground.

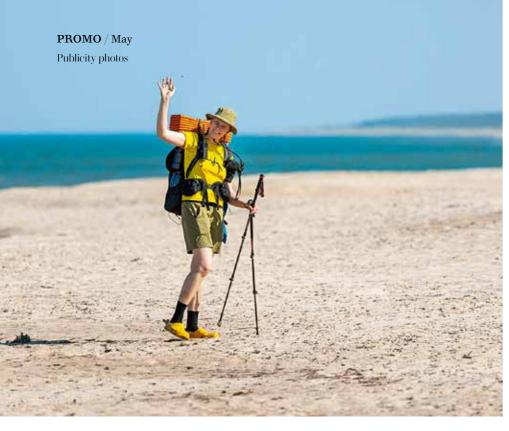
*Kia*'s expanding EV lineup is an invitation to rethink what's possible behind the wheel. Whether you're commuting through city traffic, heading to the coast for a weekend getaway, or zipping between meetings across Europe, there's now an electric vehicle tailored for you.

With its focus on thoughtful design, cutting-edge technology, and wide-reaching accessibility, *Kia* is proving that electrification doesn't just belong to the few – it belongs to all of us.

So, the next time you land, consider making your next drive electric! Because the future isn't coming – it's already here, and it's quietly humming along on four wheels. kia.lv / kia.ee / kia.lt











### HIKING IN THE BALTICS

For those who crave adventure and unspoiled landscapes, the Baltic region offers some of Europe's most breathtaking hiking experiences.

Experienced travellers are often enchanted by the unspoiled natural beauty of the Baltic region. What makes this destination so special is its diverse landscapes that are largely untouched by human development and which offer endless opportunities for nature tourism. One of the best ways to experience this is by hiking.

A prime example is the Baltic Coastal Hiking Route, which follows the Baltic Sea coastline through Lithuania, Latvia, and Estonia. As part of the E9 European long-distance hiking route, the trail spans 1419 kilometres, weaving through four national parks, a biosphere reserve, multiple Natura 2000 sites, and three UNESCO World Heritage locations, including the historic Old Towns of Riga and Tallinn. Along the way, hikers encounter magnificent scenery: sandy

beaches, dramatic cliffs, shifting dunes, river estuaries, and serene coastal forests. Completing the entire route takes over two months, making it an unforgettable journey for nature lovers and adventure seekers alike.

For those drawn to the magic of ancient woodlands, the Baltic Forest Hiking Trail is an exceptional choice. As part of the Ell European longdistance hiking route, this trail cuts through the densest forested areas of Lithuania, Latvia, and Estonia, spanning an impressive 2141 kilometres. The route winds through six national parks, skirts the vast Lake Peipus, and passes through three UNESCOlisted sites, offering hikers an intimate encounter with the rich biodiversity of Baltic forests. The full trek takes approximately 3.5 months, making it a true test of endurance and a paradise for nature lovers.

Not sure which trail to take? Simply follow the signposts and choose one that suits your interests. Whether you're looking for a cycling-friendly route, a short family-friendly stroll, an urban path weaving through historic and modern districts, or a nature trail rich in wildlife, there's something for everyone. Cultural routes highlight local traditions,

while the 'top' scenic sections are perfect if you're short on time. For hiker-friendly services across Latvia, Lithuania, and Estonia, keep an eye out for the 'hiker-friendly' designation, which marks places that truly understand and cater to hikers' needs.

For hikers seeking detailed route information, baltictrails.eu is an essential resource. The site provides in-depth descriptions of trail sections, surface types, notable sights, and key landmarks. You'll also find helpful tips on dining, rest stops, and overnight accommodations.

For those looking to enhance their hiking experience, *Baltic Nature Tourism* offers a range of guided adventures. Whether you're interested in walks with husky dogs, food masterclasses, or even hot-air ballooning, this network uniting more than 120 nature and outdoor specialists across Latvia and Estonia has something for every explorer.

baltictrails.eu

balticnaturetourism.com





This publication is part of the campaign for the promotion of Baltic nature tourism within the project "Baltic Nature Tourism – Exporting Baltic Nature Tourism to the UK (CB0100030)", which is implemented with the support of the Central Baltic Programme of the European Union and the European Regional Development Fund for 2021–2027. The contents of this publication are the sole responsibility of the Latvian rural tourism association 'Lauku celotājs' and can under no circumstances be regarded as reflecting the position of the European Union.

Interreg



Co-funded by the European Union

Central Baltic Programme

**NAT-TOUR-EXPO** 

# airBaltic Disc Golf Park





# Fly to Riga for the ultimate disc golf experience

Discover the **airBaltic Disc Golf Park** in Riga – breathe in the fresh pine forest air and indulge in a leisurely yet active escape from the daily grind.

Scan the QR code for more information:





airBaltic Club members can visit the park once a month for free!





### RUNDĀLE WATERMILL

From its scenic beauty to its welcoming atmosphere and historical charm, Rundāle Watermill is the perfect summer escape. And with 200<sup>th</sup> anniversary festivities on the horizon, there's never been a better time to visit.

If you're looking for a charming countryside escape in Latvia, look no further than Rundāle Watermill (*Rundāles ūdensdzirnavas* in Latvian). Celebrating its 200<sup>th</sup> anniversary this year, this beautifully preserved heritage site has become a beloved destination for families and travellers looking to unwind, reconnect with nature, and explore Latvia's rich history.

Tucked away in the peaceful Latvian countryside, Rundāle Watermill invites visitors to slow down and savour the moment. From Tuesday to Sunday, guests can enjoy warm snacks and refreshing drinks, which are best relished outdoors in the thoughtfully arranged seating areas surrounded by nature. While parents unwind and take in the scenic views, children can run free and have fun in the dedicated on-site playground – a perfect spot for little adventurers.

For those craving a bit more adventure, the mill's serene lake offers SUP board, boat, and pedal boat rentals, making it the ideal setting for gentle exploration on the water. Whether you're new to water sports or a seasoned paddler, the friendly staff are happy to assist with equipment selection, safety tips, and life jackets for kids as well as adults.

From August 13 to 17, the serene atmosphere of the mill will come alive with special anniversary celebrations, offering guests a unique opportunity to experience the site in an especially festive light.

What truly sets this destination apart is its seamless blend of leisure and legacy. Standing proudly since 1825, the five-

storey mill has been beautifully preserved and thoughtfully transformed into a museum that invites visitors on a journey through time. Here, you can explore the traditional grain-to-flour milling process and gain a deeper appreciation for how these iconic watermills served as the heart of rural life in the  $19^{\rm th}$  and early  $20^{\rm th}$  centuries.

Steeped in history and full of life, Rundāle Watermill is more than just a scenic stop in Latvia – it's a living story of innovation, resilience, and local craftsmanship. Originally powered by water and later enhanced with a steam engine, the mill was once a bustling centre of rural industry. In addition to milling grain, it also supported wool carding and spinning as well as various other trades.

Today, Rundāle Watermill blends heritage with modern craftsmanship in the most delicious way – by brewing its very own light lager. Made entirely from locally sourced ingredients, including grains from nearby farmers, the beer is brewed on-site and is available for both tasting and takeaway. It's a true taste of Latvian tradition with a fresh twist.

Looking to host a memorable event? The watermill also offers a unique setting for conferences, seminars, or private gatherings. The elegant hall can accommodate up to 50 guests, depending on the event format and table layout. There's also ample outdoor space for open-air celebrations...and in case of bad weather, a spacious event tent can be set up.



#### RUNDĀLES ŪDENSDZIRNAVAS

Address: Pilsrundāle, Rundāles pagasts, Bauskas novads, Latvia Phone: +371 20 557 777 Email: rundalesdzirnavas@gmail.com Website: rundalesdzirnavas.lv FB: Rundalesudensdzirnavas GPS: 56.422240, 24.010859



ALCOHOL CONSUMPTION HAS A NEGATIVE EFFECT. SELLING, PURCHASING AND HANDING OVER TO AN UNDER-AGE PERSON ARE PROHIBITED.



#### ART MEETS LEGACY

A stained-glass masterpiece restored at the *Mēness aptieka* pharmacy in Riga.

Wander the streets of Riga, and you'll find that art isn't confined to just the galleries. It's also tucked into everyday spaces, glinting in windows, and carved into façades, quietly waiting to be noticed. One shining example has just made its radiant return.

The stained-glass masterpiece titled *Song* by celebrated stained-glass artist Tenis Grasis (1925–2001) – who was also a painter, graphic designer, and longtime professor at the Art Academy of Latvia – has now been beautifully restored and reinstalled in the window of the *Mēness aptieka* 'Kamēlija' pharmacy. Located at Brīvības iela 74 in Riga, it's one of Latvia's most iconic 24-hour pharmacies. The timing is also poetic: last year was the centenary of the pharmacy, and this year is the centenary of Grasis' birth.

Originally created in 1985 to commemorate the pharmacy's reconstruction, *Song* is more than just a beautiful window. It also stands as a powerful symbol of Riga's rich cultural heritage and craftsmanship. A reminder that art can be found in the most unexpected of places – such as a late-night pharmacy – *Song* quietly tells stories, preserves values, and keeps history alive.

Created before the fall of the Soviet occupying regime in 1991, both the location and the message encoded within *Song* carry profound symbolic weight in Latvia. The figures in the stained-glass window gaze boldly in the direction of 'Stūra māja' (the Corner House), which was the notorious KGB headquarters where countless Latvians endured suffering and imprisonment during the Soviet occupation. In fact, Grasis and

his family were among those detained and interrogated there on several occasions.

In *Song*, the figure of a Latvian folk maiden stands as a quiet yet powerful symbol of the nation's enduring desire for independence. Her presence reflects the subtle but steadfast resistance of the Latvian people – a quiet defiance in the face of oppression that continues to resonate through the generations.

'We are all connected – we belong to Riga. We belong to Latvia. In remembering Grasis, we above all recall his intellect and cultural depth. He was an artist who set meaningful goals and contributed to the development of Latvian culture, was central to the development of ceramics and glass art at the Art Academy, and documented the Barricades in January 1991. The *Mēness aptieka* 'Kamēlija' pharmacy serves as a symbol that preserves and captures our cultural heritage and values for future generations,' says art historian Ingrīda Burāne, the head of the Information Centre at the Art Academy of Latvia.

In 2024, the iconic stained-glass artwork in the window of 'Kamēlija' was meticulously restored as part of a major reconstruction of the pharmacy. This delicate work was carried out by renowned restorer Agris Butelis, who was honoured this year with the Latvian Construction Award for lifetime achievement in the field. The stained-glass project earned second place in the prestigious 'Restoration' category.

Founded on August 24, 1924, and originally established to supply state institutions with essential medical products, the 'Kamēlija' pharmacy has a rich 100-year history. In a remarkably short time, it grew to become one of the largest and most trusted pharmacies in Riga. Its wide range of medicines, exceptional prescription department, and 24-hour service earned it a special place in the hearts of locals, offering round-the-clock access to vital pharmaceuticals. At the turn of the 21st century, it joined the ranks of the most prominent pharmacies under the esteemed *Mēness aptieka* brand.



# Barcelona

A lively architectural gem









### TIME FOR A CHECK UP!

Thanks to the opportunities offered by medicine and modern technology, regular health check-ups can detect health problems at an early stage and even prevent them.

Latvian Health Tourism Cluster clinics in Latvia offer specialised check-up programmes that are ideal for busy, active, forward-thinking people who value time and quality of service. All the necessary check-ups can be done without an overnight stay in hospital and only take one to three days.

Check-up programmes are particularly recommended to monitor the body's functional status of people with a genetic predisposition to certain diseases (such as diabetes, cardiovascular disease, or cancer), athletes, and those who lead an active lifestyle. The programmes are also suited to assessing the general health of people who are due to undergo major surgery or treatment as well as monitoring the progress of chronic diseases in the elderly.

The main aim of a check-up is to identify potential health risks early and prevent the development of diseases. Regular check-ups can delay the onset of disease and, in the case of a serious illness, slow its progress.

A general health check-up like this provides a comprehensive assessment of the patient's health status, allowing early detection of pathologies, abnormalities, and other risks. This lets the patient begin the necessary treatment in time and make preventive measures more effective.

Check-up programmes are based on an individual approach to each patient. A personalised examination plan is drawn up taking into account the patient's previous illnesses, existing complaints, and family history (first and second-degree relatives). This approach ensures the most accurate and effective health monitoring.

Thematic check-up programmes are tailored to different health needs and risk factors. Checks for men and women in specific age groups include an assessment of general health, hormonal tests, and specific tests such as PSA tests for men and mammograms and gynaecological ultrasounds for women. Programmes for smokers focus on lung health, including X-rays, spirometry, and cancer screening. For athletes, there are exercise tests, ultrasounds of the joints and muscles, and electrolyte and vitamin analyses. The cardiology programmes include an EKG, a cardiac ultrasound, and cholesterol testing to assess cardiovascular health. Oncology programmes help to detect cancer risks early with specific tests and imaging techniques. Visits for dizziness include a battery of vestibular and neurological examinations to identify possible causes. Gut health programmes focus on digestive system examinations such as a fecal occult blood test, colonoscopy, and a gastrointestinal ultrasound.

#### Cardio check-up programme:

This programme helps detect cardiovascular problems early on and take the necessary measures to prevent them.

- Consultation with a general practitioner
- Medical tests
- Electrocardiogram (ECG/EKG)
- Echocardiography
- Holter monitor (24 hours)
- Consultation with a sports physician and cardiopulmonary exercise test (CPET or CPEX)
- Body plethysmography
- · Abdominal ultrasound
- · Carotid ultrasound
- Repeated consultation (remote, if needed) with a general practitioner for review of results and recommendations

The programme can be completed in three days.

Price: from EUR 760

#### Check-up programme for women:

This programme is designed for the maintenance of general health and the prevention of disease. It is tailored to the individual's age.

- Initial consultation with a general practitioner
- Blood tests (22 markers)
- Abdominal ultrasound
- Thyroid ultrasound
- Echocardiography
- Electrocardiogram (ECG/EKG)
- Consultation with a dermatologist and dermatoscopy
- Consultation with a gynaecologist
- 2D ultrasound and tests
- Consultation with an ophthalmologist and vision diagnostics
- Final consultation with a general practitioner

The programme can be completed in one day.

Price: from EUR 770

#### General health check-up for infertility

This comprehensive programme of examinations helps to identify the causes of infertility and develop an effective treatment plan. The check-up includes:

- A thorough health assessment
- Hormone tests
- Pelvic ultrasound
- other diagnostic tests to detect disorders of ovulation, the uterus, fallopian tubes, or other functions of the reproductive system

The tests and examinations take three to four days.

Price: EUR 1134.60

After a check-up, patients receive a full report on their health and have a final consultation with their doctor to review their results and receive recommendations for further treatment.

#### Preventive health check express programme\*

This programme is designed for maintaining and improving health.

- Express consultation with a lead doctor or internal medicine physician
- Blood tests
- Electrocardiogram (ECG/EKG)
- Consultation with a vascular surgeon or phlebologist and vein screening
- Express visit with a nutritionist
- Express visit with a dermatologist
- Abdominal ultrasound
- Thyroid ultrasound
- Oligo Check with the So/Check platform (evaluation of potential levels of micronutrients and oxidative stress in the body as well as heavy metal concentrations)
- · Emsella procedure
- Bioimpedance test
- · Duplex cervical vascular examination
- Express visit with a body aesthetician
   Express visit with a physical parameter.
- Express visit with a physiotherapist
- Chest x-ray
- · Express visit with an ophthalmologist
- Repeated consultation with a lead doctor or internal medicine physician

Price: from EUR 678

These examinations are organised once a month and must be booked in advance. They usually take only a couple of hours '(between 9 a.m. and 2 p.m.).

#### Whole-body screening programme

Whole-body magnetic resonance imaging is performed to rule out clinically significant diseases, most commonly oncological diseases and various neoplasms. The patient receives a description of all organ systems at the corresponding levels: lungs, heart, lymph nodes, thyroid, liver, gall bladder, pancreas, spleen, adrenal glands, kidneys, bladder, prostate, testes, uterus, ovaries, aorta, head (sinuses, orbits, inner ear structures, throat, larynx, salivary glands), brain, cervical, thoracic, and lumbar spine, and sacroiliac joints.

- Whole-body magnetic resonance screening
- Remote consultation with a specialist after the full-body scan results are received

The programme can be completed in one day.

Price: EUR 430

#### Check-up programme for men:

This programme is designed for the maintenance of general health and the prevention of disease. It is tailored to the individual's age.

- Initial consultation with
- a general practitioner
- Blood tests (23 markers)Abdominal ultrasound
- Echocardiography
- Electrocardiogram (ECG/EKG)
- Consultation with a dermatologist
   and dermatoscopy
- Consultation with a urologist
- Consultation with an ophthalmologist
- and vision diagnostics
- Final consultation with
- a general practitioner

The programme can be completed in one day.

Smokers (regardless of smoking status) are encouraged to have a bronchodilator test to rule out chronic obstructive pulmonary disease (COPD) and a low-dose CT scan to screen for lung cancer.

Price: from EUR 670

#### CLUSTER CLINICS IN RIGA OFFERING CHECK-UP PROGRAMMES:

Aiwa Clinic (aiwa.clinic)

Capital Clinic Riga (capitalclinicriga.lv)

Dr. Feders German-Latvian Cardiology Centre (feders.lv)

ARS Medical Centre (arsmed.lv)

Gastro Centre (gastrocentrs.lv)

Anti-Aging Institute (antiaging.lv)

Dr. Vasaraudze Private Clinic (vasaraudze.lv)

Vizuālā diagnostika (vizualadiagnostika.lv)



healthtravellatvia.lv





# THE EUROPEAN HEALTH INSURANCE CARD — A TRUSTED TRAVEL COMPANION FOR LIFE'S UNEXPECTED MOMENTS

The European Health Insurance Card (EHIC) is an important document that will ensure you get the necessary medical care you need while temporarily staying in another European country.

If you have health insurance in the European Union (EU) and plan to travel to another EU Member State, it is recommended that you carry the EHIC card with you.

When you go on holiday, it is a good idea to take your card with you, as it will provide for any necessary medical treatment in the EU as well as the United Kingdom, Liechtenstein, Norway, Iceland, and Switzerland, under the same conditions as insured persons living in those countries.

The process for applying for the card varies by country. It is usually issued by national health insurance authorities. The main options for applying for the card are via the website or self-service portal of your national health insurance authority, in person at the offices of the health insurance authority, or by email or post.

The expiry date is printed on the front of the EHIC card and may vary from country to country (generally, it is valid for one to five years). Before travelling, it is always a good idea to check the validity of your health insurance and EHIC card. It cannot be used if you are no longer insured in the country where the EHIC was issued. Remember that when travelling in Europe, the card is also required for minor children; a parent can apply for the card on behalf of their children.

If your trip begins before you receive your EHIC card, or if you are in an EU Member State and have an unexpected need for medical treatment but do not have your card with you, you can apply for a replacement certificate. To receive it, you should contact your national health insurance authority.

The contact details of the institution responsible for EHIC in each Member State of the EU can be found on the European Commission website. Each state has

at least one authority (a national contact point) to help people find information on how to get the medical help they need abroad.

If you do not have an EHIC card and are admitted to a hospital in the EU, you will still receive care. If you have an accident, you will be taken to a treatment centre, and a replacement certificate can then be applied for. If you do not apply for a replacement certificate, you must first pay the bill for treatment at the medical facility abroad. You can then submit the medical bill to the health insurance institution in your home country, which may reimburse you for healthcare-related costs based on the price list of your country of stay. This assumes that you had a medically justified need for treatment, you have valid health insurance in your country of residence, and the treatment was provided in a healthcare facility covered by the national health insurance system.

Note that foreign healthcare providers do not automatically have information on the insurance status of nationals of other countries. If you have left your EHIC card at home, you should apply for a replacement certificate from your national health insurance authority.

Also note that you might also need private insurance when travelling in the EU, because the EHIC card does not cover all the costs that may be involved in the medical care you need. Different countries have different conditions and options for accessing medical care, including patient contributions. Patients will have to pay contributions (visit fees, in-patient fees, co-payments for medicines, translation costs, etc.) based on the price list of that specific country, which can run into tens of thousands of euros.

In addition, the EHIC card does not cover the following: international transport costs, including transport to the country of residence in the event of an accident or serious illness; expenses incurred at a private doctor; and planned treatment.

For added protection, purchasing travel insurance with medical coverage from a private insurer is recommended when travelling in Europe. Depending on the insurance contract, private insurance will usually also cover costs not covered by public health insurance.

When travelling outside the EU, it is important to have travel insurance with medical coverage from a private insurer, as it may reimburse you for any medical expenses incurred, depending on the terms of the policy. Before buying travel insurance, make sure to review the terms and conditions, especially the limits of medical coverage.

ervisekassa.ee

employment-social-affairs.ec.europa.eu/



Baltic Outlook / 2025 / 115



Rīga Stradiņš University (RSU), one of Latvia's leading research universities, is launching new master's degree programmes in digital transformation and artificial intelligence management.

From the autumn semester of 2025, RSU will offer two master's degree programmes that are unique in Latvia. The new programmes - Digital Transformation in the Healthcare Sector, and Digital Strategy and Artificial Intelligence Management - will present knowledge focused on digital transformation and the application of artificial intelligence. Both programmes are designed to respond to the challenges of today's labour market and prepare future leaders in healthcare.

The Digital Transformation in the Healthcare Sector master's programme is the first of its kind in Latvia; it will train highly qualified professionals with in-depth expertise in digital technologies and health data management. It will be the first academic master's degree programme in Latvia designed to prepare leaders for implementing artificial intelligence and digital strategies in both the private sector and public administration. The study content will include topics on the digital health ecosystem, artificial intelligence solutions, data protection, simulations, and analysis of health data.

The programme, which will be implemented within the RSU Faculty of Health and Sports Sciences, will be distinguished by its interdisciplinary approach that will integrate knowledge from the fields of management, information technologies, and data science, making it accessible to applicants with a background in healthcare, natural sciences, engineering, or social sciences.

The other new programme, Ditgital Strategy and Artificial Intelligence Management, has been developed at the RSU Faculty of Social Sciences. It will be the first academic master's degree programme in Latvia designed to prepare leaders to implement artificial intelligence and digital strategies in both the private sector and public administration. The programme is  $% \left\{ 1,2,...,n\right\}$ designed for professionals who want to become leaders in digital transformation and acquire skills for the application and integration of AI solutions in the development of companies and organisations. The lecturers will include leading AI and data analytics experts from Latvia and Europe.

Today's organisations increasingly rely on technology to improve efficiency, increase their competitiveness, and ensure sustainable growth. This programme will prepare leaders who are not only very skilled with technologies but are also able to make sound, strategic decisions in the digital economy.

#### ABOUT **RSU**

With more than 11,000 students, RSU is the third-largest higher education institution in Latvia. It is the country's leading university in terms of reputation and one of the most modern higher education institutions in the Baltics, with a strong international orientation.

RSU's five faculties and the consolidated LASE (Latvian Academy of Sport Education) offer a range of modern social science programmes and sports pedagogy alongside medical and healthcare studies. This year, RSU is celebrating its 75th anniversary, reaffirming its important role in Latvia's development. Since its foundation. RSU has become a centre of excellence in science and education, providing internationally competitive knowledge and innovation. rsu.lv

RĪGAS STRADINA!

3 btcbit

Who Are We?

Experience rapid cryptocurrency transactions with a wide range of cryptocurrencies, flexible payment options and on/off ramp solutions.

exceptional service speed. Our platform is designed to ensure secure, reliable, and

Buy and sell over 20 types of cryptocurrencies with

fully regulated cryptocurrency exchanges.

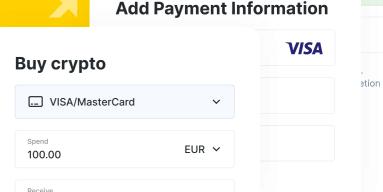
**Payment completed** 

www.btcbit.net

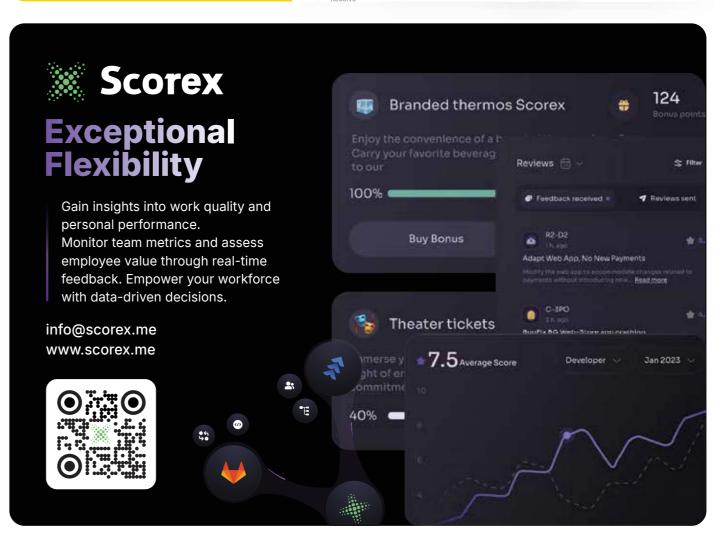
Instant asset send with

#### **On/Off Ramp**

- Fiat for Crypto / Crypto for Fiat
- t€ Flexible API solution
- A Fraud-free solution
- High payment acceptance rate



info@btcbit.net





#### See what happens when architecture takes inspiration from nature – as in the new home of TZMO Latvija.

This spring, TZMO Latvija, the leading subsidiary of the TZMO Group in Latvia and Estonia, has moved into a new home in Riga that was built in accordance with the company's core values. As a responsible manufacturer, the TZMO Group integrates sustainable practices into every stage of production, placing emphasis on reducing environmental impact and optimising the use of resources. TZMO continuously invests in eco-friendly technologies, circular packaging solutions, and initiatives that promote waste reduction and workplace safety.

The new premises at Reinvaldu iela 17 - which include a business and logistics centre, warehouses, and store - embody sustainability and proximity to the beautiful Latvian natural environment. Designed by the architecture bureau Grietēns un *Kagainis* and built by the wood element producer and construction company Zaza Timber, the building celebrates the inventions of Baltic designers and manufacturers. This project is a significant step in the development of wooden architecture in Latvia, demonstrating a modern and sustainable approach to the construction of large commercial buildings.

The uniqueness of the building lies in the details. The colour palette reflects the nuanced colours of nature in Latvia: white sand, the grey-blue waves of the Baltic Sea, and the soft, soothing green of moss. All the walls are made of wood and plywood sheets, which is a unique choice

for a commercial building. Meanwhile, the exterior is clad in glass to ensure a harmonious office space with nature close by. All the interior elements are produced in the Baltic region, promoting local sustainability and handmade solutions, starting from the microcement floors to the wooden office furniture. When entering the building, the main star of the reception area is the natural marble desk and wall.

Ruta Dziluma, a board member of TZMO Latvija, explains that the new building is a significant milestone for the Latvian company, which over the past 25 years has grown from a small branch to a significant regional market player. In fact, this building, as an investment from the TZMO Group, showcases the prosperity of Latvia as an investment platform.

Upon request, local residents as well as visitors to Riga can arrange a visit to the new home of TZMO Latvija to see for themselves the symbiosis of Latvian nature and the office environment. If you are looking for a place to hold an important conference or business meeting, the building has a conference hall that can host up to 120 people and is available for rent. Thanks to a movable wall, the room can be divided into two, allowing for smaller gatherings and sound isolation. The building also has a functioning store where visitors can get acquainted with TZMO's products, all of which are available for purchase.

supplier of medical devices, sanitary articles, cosmetics, and related services. With a global presence spanning 56 companies across 18 countries and employing over 8000 people, the company is committed to delivering high-quality solutions that improve comfort, dignity, and quality of life for people at every stage of life.

The company's brands – including Bella for everyday sanitary products, Bella Baby Happy for babies and children, Seni for people living with incontinence, and Matopat and Tricomed for advanced medical care – are trusted by millions around the world. Through CitoNet, the company also offers professional services, thus supporting the healthcare sector.

Since 1998, TZMO has been the proud organiser of Europe's largest conference dedicated to long-term care. The company's mission extends beyond products, with TZMO actively contributing to education, publishing, and the sharing of healthcare knowledge among professionals and healthcare enthusiasts.

#### # TZMO Latvija

















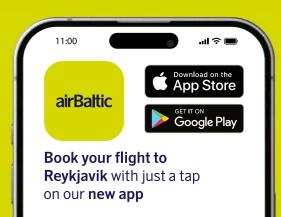






# Reykjavik ×

Bold landscapes and stylish vibes





'When we designed the school building, we wanted it to be like a ship or a vehicle in that it would take students to unknown places,' Alver explains. 'That's why we gave it a triangular shape, the look of a spaceship, and named it the Silver Arrow.'

Located at Akadeemia tee 25 in Tallinn, Mustamäe State Upper Secondary School was built according to a concept devised by the *Arhitekt Must* architectural firm. The design took its inspiration from the school's technical leanings and the horizons it aspires to reach through technology. The silver arrow symbolises power and performance: speed, precision, and acuity. The arrow-shaped main part of the building was designed as a silvery, metallic, spaceship-like vehicle that seems to hover above the interior and exterior space of the first floor, ready to launch into the unknown on a voyage of discovery.

The architects sought to clearly distinguish between the learning spaces on the two upper levels and the foyer on the ground floor. 'That ground level is a place where people get together and talk with one another,' Alver says. 'In a sense, they're gathering beneath the spaceship.'

Lessons take place in two parts of the building: the triangular part housing the classrooms, and the square part, which is home to the sports facilities. These are connected via the ground floor, which is somewhat concealed within the landscape, where a walking and cycling path runs between Tehnopol and the Mustamäe trolleybus terminus. The building is located between research institutions along Akadeemia tee.

The difference between the foyer and the learning spaces on the upper levels is further underscored by the use of materials. The first floor features red-coloured flooring, which runs from the inside of the building to the outside, thus connecting two different worlds.

'The upper two floors are all about learning, so the spaces need to be calm and relaxing,' Alver explains. 'There we used light materials, warm white tones, and natural Estonian timber.' The school's main classrooms are located around the edges of the building, with larger rooms such as auditoriums, the canteen, and the hall in the middle, where natural daylight enters through skylights. The large hall at the heart of the complex connects the two upper levels, and the natural light that streams through the skylights makes this central space pleasantly bright. However, it can be darkened if needed, greatly enhancing the usability of the space.

'Using ordinary windows or skylights to allow natural light in is an important aspect of contemporary architecture, because there's too much artificial light around us these days,' Alver notes. 'Smartphones, screens, and such alienate people from natural light. As architects, our mission is to push back against that trend, because natural light has a positive effect on our mental and physical health.'

The *Velux* range of flat-roof windows includes innovative curved and flat-glass windows, traditional domes, and special products such as smoke-removal and emergency-exit windows. Compared to traditional façade windows, roof windows provide up to three times more daylight, allowing for a better distribution of light and illuminating even the darkest corners of a room.

Studies have shown that windows that can be opened electronically can double the exchange of air in rooms. *Velux* flat-roof windows provide excellent airflow and rapid air exchange, especially when used in combination with façade windows. This not only improves ventilation but also reduces the need for artificial lighting, thereby improving energy efficiency and providing a healthier indoor climate.

Mustamäe State Upper Secondary School, which can accommodate 1080 students and 120 teachers, has a net enclosed area of 8066 square metres. It is a nearly zero-energy Class A building.

#### **About the Velux Group**

Velux roof windows have been bringing daylight and fresh air into peoples' homes around the world for more than 80 years, creating better living environments. The company offers a range of products including roof windows and modular skylights, decorative blinds, sun screening products, and roller shutters as well as installation and smart-home solutions. Velux helps create bright, healthy, energy-efficient places for people to live, work, learn, and play. The company has sales and manufacturing operations in 37 countries and employs around 12,000 people worldwide.

The *Velux Group* is owned by *VKR Holding*, a limited company owned by the Villum Foundation and members of the Kann Rasmussen family. In 2024, the *Velux Group* had a total revenue of EUR 2.96 billion while *VKR Holding* had a total revenue of EUR 3.87 billion. That same year, the Villum Foundation and the Velux Foundation donated a total of EUR 169 million in charitable grants.

velux.ee | velux.lv | velux.lt



120 / airBaltic.com









#### SAULKALNE S AT 30

Strategy, strength, and sustainability

It all began with a handful of determined people in Saulkalne and a quarry. Thirty years later, *Saulkalne S* is one of Latvia's most respected names in mineral materials production, quietly powering roads, factories, farms, and stadiums across the Baltics and beyond.

As this 100% Latvian-owned company celebrates its  $30^{\rm th}$  anniversary in 2025, its story is as much about resilience and reinvention as it is about minerals. It's about what happens when you pair natural resources with a strong vision – and even stronger people.

The roots of this story run deep. The Saulkalne region has been a centre for lime and dolomite production since the 19th century; historic lime kilns once defined the landscape here. After the Second World War, quarrying resumed, and by 1952, the Saulkalne Lime Factory was officially established, laying the industrial foundation for future growth.

Fast forward to 1995, and in Latvia's rapidly changing economic landscape, the future of the old Saulkalne lime and dolomite plant was uncertain. Rather than watch it fade into history, a group of enthusiastic people banded together to found a new company, *Saulkalne S*, and preserve the industry they believed in.

'We had a plan,' recalls one of the founders, executive board member Juris Seilis. 'We knew exactly what we were aiming for, with a clear vision to keep the site alive and moving forward. That determination is what continues to define us today.'

Over the next three decades, *Saulkalne S* steadily and strategically expanded its operations. From its headquarters in Saulkalne, the company now operates five production units across Latvia, including the nationally significant quartz sand quarry in the Vidzeme region. The *Saulkalne S* team of 75 employees oversees a broad portfolio that ranges from construction materials and mineral fillers to agricultural products for soil liming and mineral-based feed supplements.

But *Saulkalne S* is not just about producing raw materials. At its core, the company provides high-quality dolomite, limestone, quartz sand, and natural sand products. These are not simply extracted resources but carefully processed high-quality mineral products that are essential ingredients in modern infrastructure, sustainable agriculture, and even international sport.

Mineral fillers are widely used in construction materials and asphalt production to improve material properties. Soil liming materials produced at the company's plants improve agricultural yields by conditioning the land for healthier crops. And limestone and dolomite-based feed ingredients play a vital role in supporting animal health not just in Latvia but across neighbouring countries as well. Mineral materials are used in a wide range of applications, for example, in metallurgy and cogeneration stations, contributing to industrial processes and energy production across various sectors.

While *Saulkalne S* is firmly rooted in Saulkalne, its reach extends far beyond Latvia's borders. The company's streamlined

 $logistics\ network-which\ includes\ trucks,\ trains,\ ships,\ and\ various\ packaging\ options-makes\ cross-border\ delivery\ efficient\ and\ reliable.$ 

This ability to serve a growing international demand reflects the company's reputation for quality and its forward-thinking operations. As demand for sustainable, certified mineral materials continues to grow across Europe, *Saulkalne S* is well-positioned to meet it.

Central to this success is the team that powers *Saulkalne S* every day. While the machinery may be massive, it's the people behind it that drive *Saulkalne S* forward. Many team members have been with the company for decades, contributing to a culture of craftsmanship, collaboration, and care.

'Mineral materials are an essential part of our infrastructure and day-to-day life, and so are the people who work with them,' says Seilis. 'We're proud of our team. They're skilled, dedicated, and genuinely passionate about what they do.'

This human dedication is matched by continuous investment in operations: digitising workflows, expanding production lines, renewing the company's vehicle fleet and machinery, and maintaining ISO 9001:2015 certification to ensure quality at every stage.

With such deep ties to Latvia's natural landscape, environmental responsibility is also a core value for the company. *Saulkalne S* is integrating cleaner technologies into its production, such as the solar park built at the *Saulkalne S* factory in 2024. The company is also focused on restoring mined landscapes and producing as efficiently as possible to reduce environmental impact. *Saulkalne S* is on its

way to obtaining ISO 14001:2015 certification, further reinforcing its commitment to sustainable and responsible operations.

'We never take things for granted. We aim to create lasting value through responsible practices, innovation, and respect for the environment,' says Seilis.

As *Saulkalne S* marks 30 years of progress, it's clear that the company is not resting on its achievements. Recent investments, such as the expansion of production facilities and ongoing digital innovation, signal the intent to shape the future of mineral materials production in the Baltics and beyond.

'We don't chase flashy growth,' Seilis explains. 'Instead, we focus on long-term stability, sustainability, and smart progress. That's what's kept us going for 30~years – and we believe it's what will keep us going for 30~more.'

In a fast-paced world always chasing the next big thing, *Saulkalne S* stands out for something rare: consistency, purpose, and pride in doing essential work well. From the quarries of Saulkalne to export hubs across the Baltics, this is a company proving that even the most grounded businesses can reach impressive heights.

As  $Saulkalne\ S$  celebrates its  $30^{th}$  year, one thing is certain: its foundation isn't just made of dolomite and sand – it's built on trust, teamwork, and timeless values. saulkalne.lv



122 / airBaltic.com



# ROTERMANN – THE BOLD TOWN OF TALLINN

In the heart of Tallinn, just steps from the Old Town and the harbour, lies the Rotermann Quarter, blending history, design, and culture.

Once an industrial hub, the Rotermann Quarter is now one of the city's most dynamic urban spaces, where old brick warehouses meet sleek modern architecture and every street invites visitors to explore. What was once home to mills and factories is now a pedestrian-friendly neighbourhood bursting with creativity. Historical façades and bold new buildings house a mix of boutiques, restaurants, cafés, and cultural establishments – all wrapped in a distinct atmosphere that invites people to slow down.

Shopping in Rotermann is anything but ordinary. For sharp tailoring and menswear, *SuitSupply* delivers contemporary style with global appeal. Streetwear fans should make a beeline for *Reede*, the go-to spot for limited-edition sneakers and bold drops. For ontrend fashion, *Pull&Bear*, *Stradivarius*, and *Bershka* offer fresh styles every season. Rotermann is also a hub

for Estonian design, where the timeless minimalism of *Eve Hanson* meets the refined Nordic classics of *Ivo Nikkolo*. The best of local fashion, jewellery, and design-forward gifts can be found at *Tallinn Design House*.

When it's time for a sweet break, Oui is your go-to for matcha, fine teas, and artisan chocolates, while the revamped Kalev shop puts a contemporary spin on Estonia's most iconic sweets – it's a treat in every sense.

The aroma of cinnamon buns will lead you down Stalkeri käik to *Røst*, a local favourite that's hard to miss. *Levier* charms with the best macarons in town and beautifully plated brunch dishes, while over on the main square, *Orangerie* is perfect for mimosas and people-watching. For those who like their breakfast with a side of creativity, *Gallery Café* pairs all-day brunch classics with rotating art exhibitions.

If you're looking to elevate lunch or dinner,
Rotermann has something other places in
the country can't offer – two restaurants included
in the *Michelin Guide* located just a few steps from
each other. *Pull* is all about bold, fire-grilled flavours,
including its now-legendary 'dirty steak', while *R14* offers a relaxed setting and a Mediterraneaninspired menu paired with a wine list that's hard to beat.

But the culinary landscape doesn't stop there – it takes you on a trip around the world. *Gobi* offers modern Georgian cuisine with rich flavours and a well-curated list of Georgian wines. Nearby, *Jenk BBQ* brings the buzz of Korean BBQ, where grilling your own food turns dinner into an experience. For those who prefer to sit back and sip something colourful, *Om. House* delivers vibrant Asian flavours, crafted cocktails, and DJs on the weekends.

For casual comfort with character, *Sanga* serves up next-level sandwiches and natural wines in a cool, urban space with a laid-back edge. If you're a pizza fan but looking for a cooler and lighter version to try, then cosy *Flamm* brings a taste of Alsace to Rotermann with its crisp and satisfying *Flammkuchen* straight from a blazing oven.

Evenings in Rotermann are not to be missed. At *Siesta*, Spanish flavours take centre stage with delicious tapas and flowing sangria. Across the street, *Stalker* is a cocktail bar with edge – sleek drinks, moody lighting, and DJs on the weekends make it a local favourite. *Mnemonic* elevates the modern dive-bar concept by offering quite creative cocktails and a relaxed, effortlessly cool atmosphere; it's a great place to start or end the night. For craft beer lovers, *Pühaste Taproom* serves up an impressive range of local brews, while at *Time to Wine* you can explore a thoughtfully curated selection of wines from wine dispensers at your own pace.

But Rotermann isn't just for foodies and shoppers; it's also a vibrant centre for art and creativity. Art lovers can dive into the world of pop and contemporary art at the PoCo Museum, where works by legends such as Warhol, Banksy, Kusama, and Koons are on display alongside Soviet underground artists and digital innovators. Art also spills out onto the streets in the form of public installations and sculptures, making the entire quarter feel like a living gallery.

A seasonal highlight is the Rotermann Summer Library, which is returning for its third year in collaboration with the National Library of Estonia. Located on the main square, it invites all to browse, read, and take home books for free, thus giving them a second life. The collection includes literature in many languages, making it a welcoming stop for international guests as well.

With more than 20 sunny terraces and green spaces tucked between buildings, Rotermann is ideal for long lunches, chilled drinks, or simply watching the world go by. On Wednesday and Friday evenings, live DJs at Chimney Square bring warm beats to match the season.

Visiting Tallinn? Don't miss Rotermann. With its mix of design, food, fashion, and culture, it's more than a place to pass through – it's a place to experience. rotermann.ee

FB/Rotermannquarter IG/rotermannquarter TikTok @rotermannquarter

#### Rotermann





Baltic Outlook / 2025 / 125





# HADAT COSMETICS CALM BODY LINE – FIND CALM IN EVERY TOUCH

Hadat Cosmetics introduces Calm, a new body care line designed to create a space of tranquillity in everyday life. Built on the idea of 'self-care through your body', the Calm Body Line continues the brand's philosophy of turning daily routines into personal rituals.





The new line includes four core products, each crafted with lightweight, skin-friendly textures and clean formulas. The Calm shower gel gently cleanses without disrupting the skin's natural pH balance. Infused with aloe vera, lactic acid, and panthenol, it leaves the skin soft, hydrated, and lightly scented with notes of citrus and white florals.

The Calm body lotion offers weightless moisture with a satin-like finish, thanks to nourishing coconut, hemp, and shea oils. It absorbs quickly and leaves a refined scent trail – lily of the valley and tuberose softened by creamy wood and herbal nuances.

For more intensive care, the Calm body cream delivers deeper hydration with avocado oil, vitamin C, and aloe. Its rich yet non-greasy formula restores comfort to dry or sensitive skin, while the blend of fresh citrus, delicate jasmine, and soft greenery adds a warm, enveloping finish.

Completing the ritual is the Calm hand cream, a fast-absorbing and restorative formula enriched with shea butter, crambe, babassu, and macadamia oils. It helps repair dry hands and brittle nails while restoring the skin's protective barrier. With panthenol and aloe to soothe and hydrate, the cream leaves a velvety finish and a subtle floral-musk fragrance.

The line's signature scent was designed to evoke the feeling of stillness and clean skin. It opens with fresh notes of lemon, mandarin, and jasmine; unfolds into lily of the valley, tuberose, and soft white petals; and then settles into a warm base of musk, cedarwood, and sandalwood. It's an elegant, grounding scent that lingers gently.

But the Calm Body Line isn't just about formulas. *Hadat Cosmetics* builds a multisensory experience around each product. The line's slogan – 'find calm in every touch' – echoes this mood. It's about slowing down, reconnecting with the body, and making space for stillness.

In a world of noise, the *Hadat Cosmetics* Calm Body Line offers a quiet alternative. It's a beauty ritual that grounds and restores, starting with the skin but never ending there.



# Amsterdam

Culture, canals, and timeless charm







#### MARIMO – REDEFINING LUXURY FOR MODERN WOMEN

The Estonian clothing brand occupies the niche for carefully tailored made-to-measure garments that embrace classical feminine silhouettes and high-quality materials and stands apart from the fleeting trends of fast fashion.

#### MARIMO

Contacts:

Address: Müürivahe 17, Tallinn Email: info@marimofashion.com Website: marimofashion.com IG: @marimofashion YouTube: @MariliisPikkarMarimo Marimo was founded by designer Mariliis Pikkar in 2010, and at the core of the brand's philosophy is the idea of a capsule wardrobe – the practice of editing your wardrobe down to a selection of versatile, high-quality pieces that mix effortlessly, are tailored to the season, and ensure effortless elegance and maximum wearability. Pikkar herself is a true ambassador of the brand and its ethos and says that she only needs three minutes each morning to pick out her outfit for the day. 'Clothes should support women in their day-to-day lives and not take too much time and energy,' she says.

The main idea of a capsule wardrobe is to help you look like the best-dressed woman in the room without having an overflowing closet. Whether dressing for business meetings, elegant evenings, or weekend brunches, *Marimo's* capsule wardrobe ensures that the wearer always has a perfectly coordinated outfit at hand...or ready and packed in her suitcase.

Although *Marimo* doesn't chase trends, the brand still puts out a new collection twice a year with the aim of extending the range of classic garments, rather than offering pieces with a short life span and only a few options to wear. Each *Marimo* collection consists of no more than twelve carefully designed pieces that can be mixed and matched effortlessly with the pieces already in a client's wardrobe. 'Now, for example, we're working on a perfect trench coat that will match the feminine styles we already have in our collection,' says Pikkar.

Unlike many designers who enter the industry through an artistic lens, Pikkar built her brand on a deep technical understanding of textile and garment technology. Her studies in pattern construction and material science have given her the skills to create garments that fit flawlessly and stand the test of time. This technical expertise is shaping the brand's made-to-measure approach, but in most cases, the unique shopping experience is still online.

Clients are guided through a video call, during which measurements are taken with expert assistance to ensure a perfect fit. Every piece is then crafted individually, allowing for personalisation down to the finest detail. This hands-on approach has earned *Marimo* a loyal following.

But of course, this personal approach to garment-making doesn't stop there. Once clients receive their garments, they make sure that everything is to their liking. If at any point the client feels the need for alterations, *Marimo* provides them. 'The personal approach and relationship that we develop is one of the main reasons why clients keep coming back to us,' Pikkar says. The designer herself acts as an ambassador for the brand, putting together styling suggestions on social media, modelling the clothes for the website, and keeping a keen memory of what pieces her clients have.

Most of *Marimo's* customers are independent women who have demanding careers that involve travel and require them to look professional every day. Their clients are lawyers, politicians, and businesswomen who need to look put together with little effort. This is where the capsule wardrobe concept becomes crucial.

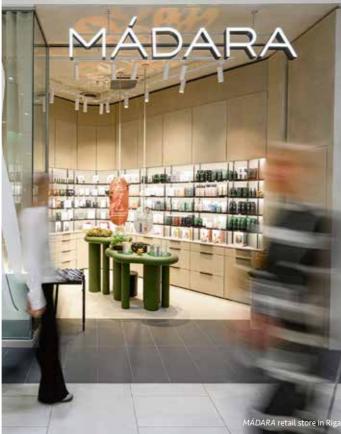
Beyond the design philosophy, *Marimo* is all about quality. The brand's choice of fabrics – silk, wool, and premium blends – is a testament to its commitment to comfort and durability. One of *Marimo's* distinctive features is the use of silk linings in all garments, ensuring that every piece feels as luxurious on the inside as it looks on the outside.

'Nowadays a lot of brands don't even do linings in their garments, which is another difference that clients notice after wearing *Marimo* pieces,' Pikkar explains. 'They don't buy clothes from the shops anymore, because they're so used to the feeling of having a soft silk lining against their skin.' Silk also has practical properties, such as temperature regulation and breathability.

Although *Marimo* was born in Estonia, its reach has expanded far beyond its borders thanks to the philosophy of combining a highly personal approach to garment-making with an online shopping experience. Many clients from abroad have travelled to Tallinn specifically to visit the boutique, meet Pikkar herself, and experience the brand's craftsmanship firsthand. The brand is growing considerably in Central Europe through the word of mouth of loyal customers. *Marimo* is also planning a pop-up event in Vienna in October to be closer to its international community.

Baltic Outlook / 2025 / 129





#### MÁDARA

An organic skincare and makeup brand inspired by Northern nature and rooted in Latvia.

For nearly two decades, MÁDARA has been at the forefront of skincare innovation, harnessing the untamed power of Northern botanicals to create high-performance beauty. Since 2006, the brand has worked alongside biologists and dermatologists to develop cutting-edge, dermatologically tested formulas that blend nature and science.

With deep expertise in cellular research, MÁDARA crafts ultra-refined skincare and makeup that deliver visible results. From the rejuvenating properties of Northern birch water and mushrooms to plantbased alternatives that rival conventional ingredients, every formula is packed with potent natural actives, providing skin with essential nutrients to restore balance. radiance, and resilience.

MÁDARA offers a comprehensive range of skincare, makeup, hair care, and body care products that are thoughtfully designed for all skin types and concerns. Every formula is expertly developed and meticulously crafted in-house at the brand's own state-of-the-art factory and laboratory in Riga, Latvia.

Pushing the boundaries of natural beauty, MÁDARA continues to innovate with groundbreaking solutions. The Retinol Alternative collection harnesses the power of plant-based actives to deliver the same transformative results as conventional retinol but without the irritation. Meanwhile, the Age Pro line is designed to support the skin's vital functions after age 45, targeting dryness, collagen depletion, reduced elasticity, fine lines, and deep wrinkles with advanced, science-backed formulations.

Exporting to 35 countries, MÁDARA has gained widespread recognition, particularly in Germany, France, and Scandinavia, for its unconventional approach to natural beauty, bold ingredient innovation, and expertise in tinted formulations.

'We are proud to receive incredible feedback from customers worldwide,' says MÁDARA CEO Gunta Šulte. 'Our tinted makeup has even been praised by professional artists working with world-renowned film stars, models, and major productions. This is a strong testament to our product development team's ability to create high-performance, natural formulas that rival even the most iconic conventional beauty products.'

MÅDARA is committed to transparency and eco-conscious beauty, with its skincare and makeup proudly certified natural or organic by Ecocert and Cosmos, ensuring the highest standards in the industry. For the brand, sustainability is not a destination but an ongoing journey – one that drives continuous innovation to reduce environmental impact while maintaining exceptional quality and efficacy. Beyond clean ingredients, MÁDARA is committed to sustainable packaging that incorporates post-consumer recycled materials, plant-based alternatives, and reclaimed ocean waste, giving discarded plastics a second life while reducing CO<sub>o</sub> emissions and limiting new plastic production.

MÁDARA is a Certified B Corporation, a recognition that affirms the brand's commitment to benefiting humanity and advancing equality at its core. madaracosmetics.com







현충 SHY PLUS







#### TI CENTRE IN TALLINN: A DESTINATION FOR SHOPPING, SPORTS, FOOD, AND FUN

Located just a couple of minutes from Tallinn Airport, the multifunctional T1 Centre has become a new landmark in the Estonian capital with much to offer to air passengers.

Set in an up-and-coming neighbourhood, Tl is undergoing a significant transformation in concept and appearance.

As part of the next phase, the entertainment and leisure areas are being expanded, and the second-floor retail spaces are being upgraded to welcome exciting new tenants. This spring, the new Sky Lane bowling centre will open, and by 2026, visitors will be able enjoy a premium sports and fitness club with a spa and coworking area. A *Lidl* store opened in the Tl Centre - the first in Estonia integrated into an existing building. The location also makes it the closest *Lidl* to the heart of Tallinn and the airport.

The brand-new Tl Venue event centre is a multi-purpose space on the third floor that offers a panoramic view of Tallinn's city centre and the sea. With a ceiling six metres high, it's suitable for holding conferences, galas, and other events. Depending on the layout, the event centre can accommodate up to 800 people.

Tl's spacious parking garage, which has capacity for nearly 1000 cars, includes Estonia's largest EV charging station, capable of simultaneously charging 51 electric vehicles. Regular visitors enjoy free parking for up to four hours, while



participants attending events at Tl Venue can park for free all day. Long-term paid parking is available through Europark and is very convenient for air passengers.

Tl is the most modern centre in Tallinn, and it's continuously evolving to reach its full potential. The first two floors have the layout of a shopping centre. The truly diverse offering includes two supermarkets on the first floor - Lidl and Selver. In addition, the two first floors have a strong focus on outlets, among them Sportland, Rademar, Denim Dream, Ohoo Outlet, and

The third floor is dedicated to sports, hobbies, health, and beauty services, with facilities supporting about 20 sports disciplines, including bouldering, squash, billiards, acrobatics, and more.

The top floor offers family entertainment with Super Skypark, Cinamon T1 IMAX, popular restaurants and cafés, and cosy public areas.

For enjoying food, the newest additions are the American-style restaurant Bad Habits on the fourth floor and Döner HeseKebab & Gyros on the first floor.

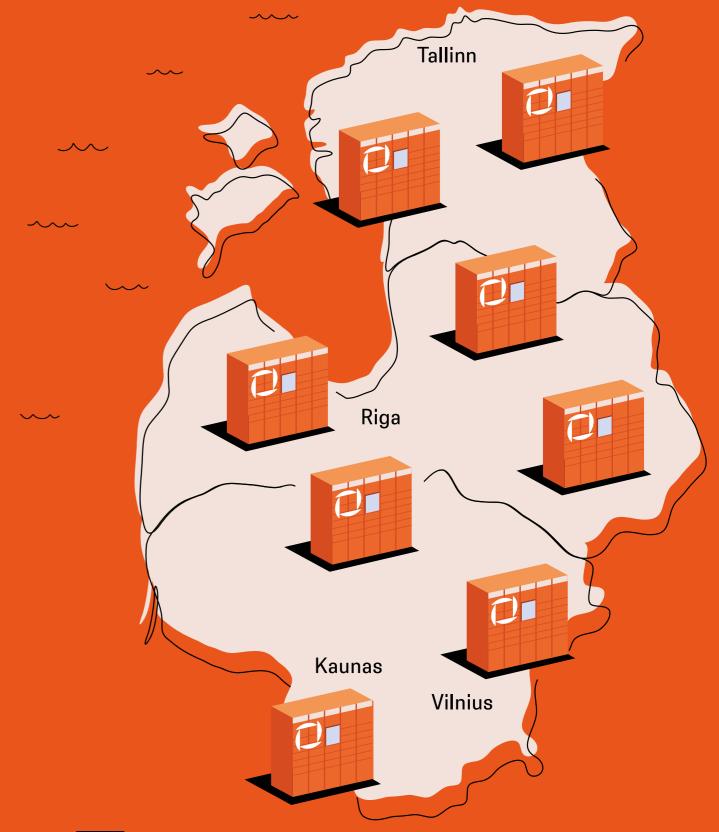
Towering above it all is one of Tl's major attractions: the Skywheel of Tallinn. Europe's only rooftop Ferris wheel has welcomed over a million visitors, elevating them 120 metres above sea level to enjoy breathtaking views of Tallinn's vibrant districts and medieval Old Town.







#### Shop at ATU DUTY-FREE stores in RIX Riga Airport and receive your purchases at Omniva parcel lockers













#### WHITEHOUSE

An unforgettable flavour experience in the heart of Riga

WHITEHOUSE

Address: Tērbatas iela 2, Riga Phone: +371 20 225 000 Website: whitehouserestorans.lv

Located in a historical building in Vērmane Garden, one of the most beautiful parks in the Latvian capital, the Whitehouse restaurant boasts a menu rich in unique flavour combinations. It can be described with the word 'journey'. This is also the main goal of the Whitehouse team, namely, to create a journey of flavours and aesthetics for each and every guest from the moment they walk through the door. That effort has been appreciated also by the famous Michelin Guide, which recommends a visit to Whitehouse as a must when in Riga.

With its international cuisine and diverse Asian flavours, *Whitehouse* attracts local and international foodies. By using only the finest ingredients and specially sourced produce from around the world, chef Reinis Čerņajevs has created a high-class menu that's available on a daily basis, not just on special occasions. 'Here at *Whitehouse*, our guests go on a journey of flavour,' he says.

The Whitehouse team is convinced that the best restaurant experiences involve learning something new, and this is why the team is not afraid of being adventurous and offering guests new and sometimes even seemingly incompatible flavour combinations. 'According to the Whitehouse philosophy, the experience of going to a restaurant is also about acquiring new knowledge. That's why it's important to us to offer variety and also to educate our guests by showing them that, for example, wild-caught scallops taste completely different and much better than farmed ones,' says Inese Vīcupa, the manager of the Whitehouse restaurant.

This spring, the new seasonal menu at *Whitehouse* is all about capturing a sense of lightness and bringing together a harmony of diverse flavour combinations. The head chef highlights the importance of a Latvian touch – though not in the traditional sense. Instead, the menu features unexpected local ingredients such as Jerusalem artichokes grown right here in Latvia.

Special attention has also been paid to guests who visit the restaurant and its terrace simply to enjoy a glass of fine wine. An exclusive selection of snacks has been created just for the occasion.

And of course, the dessert menu has become something of a signature at *Whitehouse*. While last season's standout was a now-famous dessert inspired by a Banksy painting, this spring introduces an entirely new edible 'artwork' sure to surprise and delight.

The unique flavour combinations the chef creates pair wonderfully with the wines on offer at Whitehouse, which come from some of Europe's finest wineries, allowing restaurant guests to embark on a journey of wine and food flavours. Most of the wines that Whitehouse offers come from France, Austria, Germany, and Italy, but the restaurant also has a sprinkling of unique gems from Hungary, Czechia, Georgia, and elsewhere. Just like the seasonal menu, the new wine list is curated with a sense of lightness and is infused with bright, summery notes. A standout addition this season?

Guests can now enjoy sparkling sake and the ever-intriguing orange wine, both of which present a fresh twist for adventurous palates.

But wine is not the only beverage for which *Whitehouse* has specially curated a drinks list. The restaurant has a special signature cocktail list, which is dedicated to various different countries and cities: Paris, San Francisco, Berlin, and more. Each location features its own unique ingredient. The signature cocktails are masterfully crafted by some of Latvia's top bartenders, showcasing their exceptional skill and creativity. For those who prefer a non-alcoholic option, several equally delicious versions are available.

Whitehouse is undoubtedly a place where life is celebrated – and where it should be celebrated. That's why this summer promises a lineup of exciting events. With its spacious layout, central location, convenient amenities, and toptier gastronomy, the restaurant has also become a sought-after destination for private gatherings and special occasions. The two rooms above the main floor can seat up to 500 people. Whitehouse's

dining rooms host a variety of private and corporate events almost every week, from wedding receptions to seminars and even fashion shows. The restaurant team provides full-service catering and can recommend the best event organisers, decorators, and other event professionals, depending on the client's needs. In addition to the professional service and journey of flavours it provides, one of the restaurant's greatest strengths is its convenient location. Located just a five-minute walk from several of Riga's major hotels, Whitehouse is the perfect destination for your planned event. Its second-floor terrace overlooking Vērmane Garden is also a great addition to any event.

Whether you're a gourmet in search of a culinary adventure or simply looking to savour a glass of fine wine on one of Riga's largest and most vibrant restaurant terraces, *Whitehouse* has something for everyone. The view from the terrace is especially breathtaking in spring, making a visit to *Whitehouse*, whether solo or with friends, an absolute must this season.

Baltic Outlook / 2025 / 135

Publicity photos





Address: Dzirnavu iela 34a, Riga Phone: +371 24 933 813 Opening hours: Monday - Sunday 13.00-3.00 Website: beermuseumbar.lv

#### A BEER BAR FOR ENJOYMENT AND TASTING

As one of the city's hidden gems, the Beer Museum bar has been serving customers in the Quiet Centre of Riga for several years now. The name may be misleading, but anyone who has ever been there knows that no other place in Riga can compete with Beer Museum's range of premium beers on offer.

Beer Museum stands out with its more than twenty premium beers on tap, including beers that are not always easy to find elsewhere in the Baltics. Beer Museum offers guests excellent beers from various countries, including the best breweries in Latvia, Ireland, Belgium, and the Netherlands. Most of the varieties on offer are world champions and have won many prestigious awards. Beer Museum also brews its own amber lager, dark lager, and pilsner.

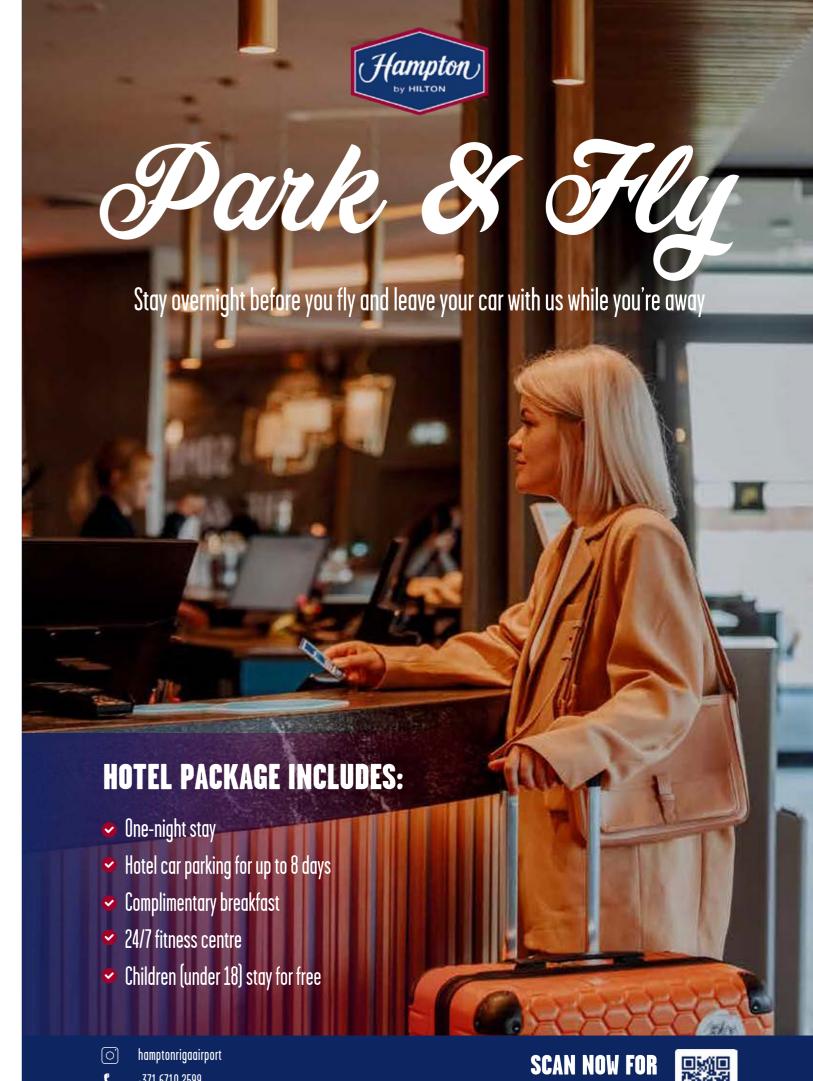
different types of whisky, rum, tequila, and other alcoholic beverages from all around the world, including unique and very rare drinks. Scan the QR code to find out more. Much of Beer Museum's range is also available by the glass. And the bartenders will gladly whip up a wide variety of cocktails on request, too. The beer can be served for taking away.

Beer Museum's name reflects the personal interest of its owner, who is a big beer lover himself and wanted to open a place that offered premium quality. When at Beer Museum, trust the knowledge of the bartenders and their recommendations. Enjoying beer is a process in which the emotions that the guest wants to feel are also important. Don't shy away from asking the bartender for advice. And don't be shy about sitting at the bar, either, because that's where the best conversations take place.

Since the day it opened, Beer Museum has remained constant not only in the quality of its offer but also in its opening hours visitors are welcome every day until three o'clock the next morning. Here you'll meet a great variety of people, from visitors to the city to locals just looking to refresh and relax a bit from the commotion of everyday life. There are 50 seats in the bar, and you will be welcomed not only to choose from the wide selection of drinks, but to enjoy the music as well.

Beer Museum is a great place to sample a variety of beers, whiskey, gin, rum, tequila, and meet friends in a sophisticated atmosphere. It's a place where the smallest details have been thought of, including décor, music, delicious snacks,

When they walk into *Beer Museum*, in addition to the excellent beer collection, guests will notice several hundred ALCOHOL CONSUMPTION HAS A NEGATIVE EFFECT. SELLING, PURCHASING OR HANDING OVER TO AN UNDER-AGE PERSON IS PROHIBITED.





+371 6710 2599











A centuries-old bond with the sea and fishing is an integral part of Baltic culture. Some time ago, Latvians even had 'fish day' once a week, on Thursdays. The ethos behind *Zivju Lete* is to make every day a fish day!

Born from the love of seafood and Latvia's fishing heritage, *Zivju Lete* first opened its doors in 2015. The concept of a place specialising in fish – something that was lacking on Riga's gastronomic scene – was an instant success. First, the restaurant offered a small menu that changed regularly depending on the catch of the day. But the demand for seafood delicacies has been growing, and in 2018 *Zivju Lete* relocated to new, more spacious premises.

The new restaurant has introduced a more varied menu, where everyone can find a dish to their liking. *Zivju Lete's* cuisine combines the best of fish and seafood recipes, both local and international. The menu features well-known classics like tartares, fish soups, mussels, and seafood sauté as well as



Dzirnavu iela 41, Riga Website: zivjulete.lv

Open: Mon - Thu 12:00 - 22:00 Fri - Sa. 12:00 - 23:00 Sun 12:00-21:00



some regional specialties, such as Baltic herring and sprats. The main goal of *Zivju Lete's* cooking style is to showcase the seafood's beauty without over-complicating its natural flavour. Recently, the specially invited chef from Italy, Andrea Salvatori, has added flawless Mediterranean flair to the restaurant's cuisine with signature grilled dishes.

An actual zivju lete (or 'fish counter') forms the centrepiece of the open-plan kitchen. Here the best of the sea is displayed, from local fish to exotic seafood. What sets Zivju Lete apart is that it offers all of this at a reasonable price point. Whether it's the finer end of the spectrum, like oysters and lobster, or fish brought by local fishmongers – seafood can and

must be enjoyed every day. To fulfil this initiative, *Zivju Lete* has created a menu that includes an extensive choice of foods, including the simple fish and chips with cod.

The laid-back and casual atmosphere is also imprinted in *Zivju Lete's* design. Located in one of the most beautiful and prestigious parts of Riga, the restaurant's interior is far from snobby or pretentious. A combination of fishing-boat décor, handmade wood furniture, vintage glass tiles, and unique design elements make for a cheerful, coastal vibe. In fact, when visiting *Zivju Lete*, one can almost hear the waves and expect the fisherman whose tattoos inspired the restaurant's wall painting to walk in through the door at any given moment.

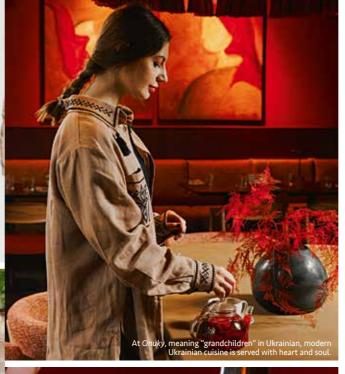
Baltic Outlook ig/ 2025 ig/ 139





WHERE TRADITION MEETS FLAME **BABO** AND **ONUKY** -RIGA'S MOST HEARTFELT DINING DUO











BABO Address:

ONUKY Address: Dzirnavu iela 42, Riga Phone: +371 26 126 266 Website: babo.lv Website: onuky.lv

Dzirnavu iela 42, Riga Phone: +371 27 020 031

ONUKY

Something special is cooking along the vibrant and elegant Dzirnavu iela in the heart of Riga's charming city centre. Inside the creative Milla design quarter, two unique restaurants – *Babo* and *Onuky* – welcome guests to explore flavours rooted in memory, culture, and modern craft. These spots aren't just about food; they're about stories, style, and a fresh take on tradition.

Though both restaurants are new to Riga's dining scene, Babo and Onuky have quickly captured the city's attention. Food lovers are drawn by more than just the menus – they come for the honest flavours, the thoughtful stories behind each dish, and the warm, modern spaces that feel like a quiet escape. Here, dining becomes something more: a comforting experience, a connection, a mood.

Babo – meaning 'grandmother' in Georgian – is a heartfelt tribute to heritage, memory, and the quiet beauty of culinary care. Rooted in the rich traditions of Georgian cuisine, the restaurant reimagines time-honoured recipes with a fresh, modern touch. The air is warm with the scent of freshly baked bread, stirring memories of childhood and comfort, while each dish – from the delicate *khinkali* to perfectly charred meats - tells a story of love through flavour.

At the heart of *Babo's* kitchen is open-fire cooking, where meat and fish are kissed by live flames. It's a technique that brings out deep, smoky notes while keeping every bite juicy and tender. The result? Bold, honest food that feels both elevated and deeply personal. It's no wonder Babo has already made waves beyond Riga, earning a coveted spot in the Michelin Guide Selection 2025. For such a young restaurant, it's a remarkable achievement, but one that feels entirely natural. At Babo, the flavour is love, and it lingers in

Just across the quarter is  $Onuk\gamma$ , a name that means 'grandchildren' in Ukrainian. If Babo is the wise, nurturing grandmother, Onuky is her spirited grandchild: full of respect for tradition, but brimming with fresh energy and creative flair. Here, modern Ukrainian cuisine is served with heart and soul, rooted in comforting classics such as boršč, varenyky, and slow-simmered broths but reimagined with elegance and a touch of surprise.

Onuky's flavour is all about quality. From carefully sourced ingredients to skilful preparation, every dish is a thoughtful balance of honesty and innovation. It's food that feels like home yet looks to the future, each bite a tribute to heritage and the joy of sharing it in new ways.

Together, Babo and Onuky tell a story of family, legacy, and hospitality. Babo is the elegant matriarch preserving the depth and richness of the past. *Onuky* is the next generation honouring that history while writing its own vibrant chapters. Side by side, they form a cultural and culinary duet: Georgia and Ukraine, tradition and modernity, memory and reinvention. Two kitchens, one creative quarter, and a shared promise to nourish both body and soul.

So, the next time you're wandering the enchanting streets of central Riga, let the scent of firewood and freshly baked bread guide you. Step into Babo or Onuky. Stay for the warmth, the flavour, and that unmistakable feeling of home.



# OLIVIA RESTAURANT AN UNFORGETTABLE GASTRONOMY

Mediterranean cuisine with hints of Scandinavian flavour.

**EXPERIENCE** 

For more than three years now, *Olivia Restaurant* has been welcoming Rigans and guests to the city with a combination of Mediterranean and Northern traditions and foods that are not available anywhere else in Latvia.

In creating the menu, the team at Olivia Restaurant has taken inspiration from French, Italian, Greek, and Spanish gastronomic traditions, and has also included hints of Asian flavours and combined everything with the chef's own passion for experimental cuisine. However, the team always pays the most attention to the ingredients they use they must be not only seasonal but also clean and organically grown. Fresh produce and ingredients are the most important thing. They must be not only correctly grown, obtained, and delivered but also be processed correctly in our kitchen,' says the chef. Therefore our task is to find produce and meats of excellent quality, prepare them with respect, and serve them in an agreeable setting. In addition, it's important for us to give thought to each ingredient, from the fish and meat all the way to the mushrooms and berries, which are, for example, gathered in the forests of northern Finland. If each of the ingredients in a dish is of the highest quality, then the meal is truly delicious and enjoyable.'

Olivia Restaurant is distinct not only for its highquality produce and unique flavours and manner of preparation, but also for its general philosophy. Each food on the menu has a story of its own. The main menu highlights fish and seafood: the Mediterranean turbot is from the French coast, where it is raised on an organic fish farm, while the North Sea cod is caught in the Barents Sea and the shrimp are supplied from Canada. The swordfish comes from the Atlantic Ocean and sometimes takes more than 20 hours to be delivered to the restaurant. Olivia Restaurant is the only restaurant in Latvia to have been granted an official catch quota for bluefin tuna, leading its restaurant team to create a unique concept for Riga – a tuna menu.

The *Olivia Restaurant* team has also kept meat lovers in mind. Most of its meats come from Ireland because in addition to having been quality meat producers for many generations, the Irish are also able to ensure that the meat delivered to the restaurant is organically grown, tender, juicy, and full of flavour.

The dessert menu at Olivia Restaurant is not large, but each of the dishes contains refined, nuanced flavours that might even recall childhood. One of the favourite desserts at the restaurant is the caramelised Brunost, or cheese cream with cloudberries from the Arctic – guests call it an absolute masterpiece. Another highlight is the chocolate brownie with black garlic and lingonberry sauce, which once again confirms the chef's tendency to not shy away from experimenting with various flavours and manners of preparation. It is precisely for this reason that the menu at Olivia Restaurant often features fermented products made on site at the restaurant, including nuts, egg yolks, and kombucha, which features in several sauces.

Olivia Restaurant is located in a two-storey wooden building dating to the 19<sup>th</sup> century in the heart of Riga's Art Nouveau district.

The restaurant has taken care not only with its gastronomic offer but also its visual image. Naturally, the exterior attracts attention, but so does the well-considered interior with its subtle colours, brick walls, velvet, copper, wood, and the romance of an attic space. Because Olivia Restaurant can accommodate up to 100 guests, the restaurant's unforced informal atmosphere is ideal for meetings with friends and romantic dinners as well as for business meetings and larger celebrations.

Address: Krišjāṇa Valdemāra iela 25, Riga Phone: +371 27 338 866 Website: oliviarestaurant.lv Opening hours: Mon-Sun 12.00-23.00











Baltic Outlook / 2025 / 143



# MEET THE CHEF BEHIND MOON AND KOLM SIBULAT IN TALLINN

Roman Zaštšerinski is one of the most celebrated chefs in Estonia, having successfully opened and operated several restaurants through multiple crises, gained experience under *Michelin*-star chefs, and even cooked for royalty.

Restaurant Kolm Sibulat Address: Maakri 19/1, Tallinn Website: kolmsibulat.eu

Restaurant Moon Address: Võrgu 3, Tallinn (until June) Website: restoranmoon.ee In the very early stages in his career, at age 23, Zaštšerinski became the head chef of the  $\ddot{O}$  fine-dining restaurant in Tallinn and has since then been a spokesperson for the local food scene. The restaurant is no more, but more than two decades on, Zaštšerinski is still as passionate about food and cooking as he was back then.

How did a simple Tallinn boy, who grew up in the turbulent 1980s and 90s, even find himself in this profession? He says it was a complete coincidence. 'I actually wanted to go to art school, but I didn't know the Estonian language well enough at the time, so I chose culinary school,' he explains.

Having never been to a restaurant in his life, he discovered the art of cooking during his first work placements in restaurant kitchens. 'I saw how much fun one can have with food,' he says. He also realised that his taste palette was more advanced than those of the other students, thanks to a childhood filled with his grandparents' cooking.

'I used to go to the market with my grandfather to pick out meats and cheeses, and my grandmothers were great cooks. As a child you don't think that it's a luxury to have fresh pastries on the table every day, but their cooking definitely influenced me,' Zaštšerinski says.

Since the early days of his career, he has worked together with his cousin Igor Andrejev, whom he calls his brother. 'We were the generation of young and hungry chefs who had been thrown into deep water – those who could swim survived and became successful,' he recalls. In the newly independent country, new restaurants were opening and they all needed chefs.

'We worked hard. I gave 100% of myself every day. I slept at work, lived at work,' he says. During that time, Zaštšerinski was also chosen as the head chef to cook for several state visits to Estonia. Crowned heads such





as the emperor of Japan and British royalty have tasted his creations. 'I wouldn't recommend any 23-year-old becoming a head chef, but at the time, there was nothing and no one to compare this experience with,' he now says.

After nine years leading a fine-dining kitchen, it was time for a break; the time also felt right to open his own restaurant. So, together with his wife, Jana, and cousin Igor, Zaštšerinski opened *Moon* in 2009. The inspiration for the restaurant's menu eventually came from a book of his grandmother's recipes. Zaštšerinski's roots go back to Russia, Belarus, and the Estonian coast of Lake Peipus. All those flavours were combined in the bistrostyle restaurant serving simple classics.

'Our friends thought we were crazy, two gourmet chefs opening a cosy home-style café, but we proved them wrong. We had a queue outside the door for months,' he says. The restaurant has also gained mentions in *Michelin* guide books and has been a local favourite ever since opening.

In June, *Moon* will move to the bustling Telliskivi Creative City cultural hub in Tallinn. 'We felt that, after all those years, it's time for a small change. All the basic elements of *Moon* that people love will still be there, but with a fresher look and feel,' Zaštšerinski says. Until then, the restaurant is still receiving guests at its cosy Kalaranna location.

Kolm Sibulat, Zaštšerinski's other restaurant, is where he and his partners let their creativity run free. 'We call it fusion-confusion. We can play without rules at Kolm Sibulat,' he jokes, illustrating that the restaurant takes inspiration from cuisines all over the world. For example, it has classic entrees from French and Italian cuisines, the main courses include Japanese-inspired ramens, and the dessert menu features Basque cheesecake and Dubai-inspired pistachio tiramisu.

Over the years, Zaštšerinski has become an advocate of local produce and the diverse cooking traditions in Estonia. So much so that in 2021 the president of Estonia awarded him with a national medal of honour. I dedicated that award to my brother and my wife. I'm only the tip of the iceberg, the face who goes on TV and talks about cooking, but it's the people behind me who do the real work,' Zaštšerinski humbly says. Over almost 30 years of working together, the trio has built up enormous trust amongst themselves, and their endeavours continue to thrive on that trust.

But what kind of food does the chef himself like? Turns out, the simpler the better. 'The older a chef gets, the more he values the simplicity of food,' Zaštšerinski muses. His favourite local produce to play around with is beetroot. 'I've made absolutely everything from it: tartare, *carpaccio* with smoked salt, desserts, soups, everything,' he says.

'A good chef is a good craftsman, not an elaborate artist. There are very few of those artist chefs in the world, and everyone ends up copying them anyway,' he jokes. That's why a simple loaf of bread, some fresh salted butter, and Baltic herring marinated according to his grandmother's recipe is a dream meal for Zaštšerinski.

Baltic Outlook / 2025 / 145

## WELCOME ABOARD WITH air Baltic

#### **CONCERTS WORTH FLYING FOR**

The outdoor concert season has begun – louder and better than ever! And with airBaltic, hopping from one unforgettable performance to the next across the Baltics and Nordic countries has never been easier. Belt out your favourite songs from the verdant pine groves of Tallinn to grand stadiums in Stockholm. Let this summer be filled with magical melodic moments and loads of dancing.









#### TALLINN

On June 3, **Imagine Dragons** will bring their soaring alt-pop anthems and arena energy to Tallinn with their Loom World Tour. And just days later, on June 9, global superstar Justin Timberlake will perform in Estonia for the first time. Both concerts will take place at the legendary Song Festival Grounds set in a seaside pine grove in the Kadriorg district. Hop on a flight to Tallinn from just

EUR 45 one way.

#### King Gizzard & The Lizard Wizard

bring their genre-bending psychedelic rock to Vilnius with a three-night residency from May 29 to 31, performing at Lukiškių Kalėjimas 2.0 – an edgy new venue in central Vilnius that's a former prison turned cultural hotspot. And just a short drive away in Kaunas, global music icon Kylie Minogue will take the stage at Žalgirio Arena on June 20, lighting up Lithuania's largest indoor venue with her timeless pop energy. Book a seat to Vilnius starting from EUR 39 one way.

Robbie Williams will take the stage on August 3, bringing his iconic pop showmanship to the recently renovated Mežaparks Great Bandstand. Set in the leafy district of Mežaparks, it's Riga's largest open-air concert venue. The desert rock gods Queens of the Stone Age will perform at Xiaomi Arena on August ll. – Catch a flight to Riga for EUR 33 one way.

#### STOCKHOLM

Kendrick Lamar, the most significant hip-hop artist of his generation, will play Stockholm's colossal 3Arena on August 9 with SZA on their Grand National Tour. Later in summer, Ed Sheeran will close out his global Mathematics Tour at Strawberry Arena -Scandinavia's largest indoor venue on August 22 and 23, with two nights of romantic singalongs. Take off to Stockholm from EUR 33 one way.

#### HELSINKI

On July 24, genre-blending musical prodigy Jacob Collier will bring his boundary-pushing mix of jazz, funk, and pop to the Suvilahti venue, a former power plant turned creative hub. Just weeks later, from August 8 to 10, Suvilahti will host the Flow Festival, which is a bold blend of music, art, and design featuring everything from indie to techno in one of Helsinki's most vibrant cultural spaces. Get to Helsinki from EUR 49 one way.

#### **TAMPERE**

Guns N' Roses will bring their hard-rock swagger to Ratina Stadium in Tampere on July 7, promising a night of anthems, riffs, and nostalgia-fueled energy. Set by the Tammerkoski Rapids, the stadium is the city's largest prime open-air venue. At the end of summer, from August 28 to 30, Finnish symphonic metal band Nightwish will join forces with the Tampere Philharmonic Orchestra for a genre-blurring spectacle at Tampere Hall, the city's top venue, which is known for its sharp acoustics and sleek design.

Head to Tampere! Prices start at EUR 55 one way.



#### TIME TO VISIT AMSTERDAM

Amsterdam in late spring is the stuff of postcards: terraces humming with chatter and clinking glasses, bikes weaving past parks in full bloom, and a cultural calendar that never sleeps. And if the rain rolls in, there's a stellar exhibit or two to explore. Here are three excellent reasons to hop on an airBaltic flight and touch down in Amsterdam this May. Rolling Kitchens

Foodies, rejoice! From May 28 to 30, the verdant Westerpark will once again become Europe's largest open-air restaurant, with more than 110 hand-picked kitchens serving everything from bao to burgers. It's a feast, a street party, and a culinary tour all in one. But beyond the festival buzz, Amsterdam is a vibrant culinary destination year-round, with artisanal bakeries popping up on every corner, a growing list of Michelin-starred restaurants, and a rich mix of truly global, authentic kitchens scattered across the city.

#### Amsterdam Art Week

Each May for a week (May 21–25) the city becomes a living gallery, with more than 70 museums, project spaces, residencies, and private collections opening their doors to the public. Expect everything from edgy installations and emerging talent to established names pushing boundaries. The week is full of open studios, special events, and energy you won't find in any guidebook.

Another season highlight is Anselm Kiefer's exhibit, for which the Stedelijk Museum Amsterdam and the Van Gogh Museum have joined forces for the first time (until June 9).

#### Take to the waters

Late spring is the sweet spot for exploring Amsterdam from the water. Beyond the classic canal cruises, you can rent your own private boat - no license needed or opt for a guided ride with a skipper. Many of the boats are electric, making for a quiet glide through the city's 17th-century waterways. It's not just a way to skip the crowds on the streets; it also offers plenty of spectacle. such as watching a drawbridge lift for passing vessels. Alternatively, enjoy the city's waterways by hopping on a free ferry across the IJ to the creative buzz of Amsterdam Noord. Fly to Amsterdam three times per day from Riga, twice a day from Vilnius and Tallinn and up to two times a week from Palanga starting from EUR 75\* one way.



#### NEW! MODIFY YOUR FLIGHTS ONLINE

airBaltic has introduced a more convenient way to adjust your travel plans - no phone calls needed. You can now change your flights anytime through the Manage Your Booking section on our website, with instant confirmation and zero waiting. Whether it's a new date, time, or switching between direct and transit flights (on BT-operated 657 tickets), it's all quick, clear, and at your fingertips. Fare differences and change fees are shown up front, with secure instant payments to wrap it all up smoothly. Full automation rolls out in June, but our Call Centre remains available to assist with any ticket or service rebookings until then.



#### BUSINESS-CLASS EXPERIENCE NOW MADE MORE AFFORDABLE

A business-class experience without breaking the bank? With airBaltic's new Business Experience fare, that's a reality. With the new fare you can enjoy all the benefits of Business class - checked-in luggage, fast-track security, the airport lounge, priority boarding, a free seat next to you, and a delicious meal - at a more affordable price. The only way it differs from the traditional Business class fare is that it's a non-refundable ticket, and a name change costs EUR 100 while adjusting the flight date/time costs EUR 50.\* \* Fare differences apply if the same price is not available.



To get the best flight deals, look for

All flight prices mentioned in this magazine apply to BASIC tickets that are booked in advance at www.airbaltic.com. Prices are subject to availability and not available for all flights or days. Special conditions apply. Prices can be changed unilaterally by airBaltic.

Words by Marta Metuzāle Photos courtesy of *LatLine* 

## Why we choose airBaltic

airBaltic is a convenient choice for many large businesses whose international operations require frequent flying. Our beloved clients share their favourite perks of airBaltic's corporate client programme.



LatLine, a success story for the Latvian sports construction industry, has rapidly become one of the world's leading industry players in installing synthetic sports flooring. Football stadiums, athletic fields, and children's playgrounds – LatLine is an expert at flooring all such premises worldwide, thus also assisting in organising global sports events. The company is very proud of its work, for example, at the Cairo Capital Olympic Stadium as well as at Daugava Stadium in Riga. In addition, the company has participated in various FIFA projects on several continents, including the football field flooring in Qatar during the Legends Cup Tournament.

'Our worldwide projects go hand in hand with flying; therefore, *airBaltic* is almost like our "sixth man" on the court,' says Artūrs Ābols, a board member at *LatLine*. Since the company's objects are located all around the globe, installing the flooring requires frequent travel from LatLine's headquarters in Latvia, and airBaltic is the company's favourite choice for transportation. Amsterdam and Brussels were LatLine's most popular destinations in 2024, with employees flying a record 30l tickets across all destinations over the course of the year.

LatLine's employees fly to each destination to install the flooring as well as to supervise the whole process and ensure a flawless result. Flying a large group of people and working on numerous objects simultaneously often comes with last-minute changes, when a passenger's name, flight time, or even destination must be changed. 'airBaltic's corporate client programme allows us to make those changes efficiently and without unnecessary paperwork,' Ābols explains and emphasises the high level of professionalism at every level of airBaltic's personnel.



#### THREE REASONS LatLine CHOOSES airBaltic's CORPORATE **CLIENT PROGRAMME:**

- A diverse and convenient range of direct destinations
- Fresh and comfortable aircraft
- Responsive personnel across all functions and departments

As Ābols reveals, his company's employees usually fly with large, heavy installation equipment, so it's important for them to have sufficient baggage allowance. Thanks to airBaltic's corporate client programme, every employee gets two checked baggage units, and therefore no tool or piece of equipment has to be left at home. In addition, to minimise the time spent at the airport, the corporate client programme's participants benefit from access to the fast-track security check. Skipping lines not only reduces airport stress but allows the passengers to relax before the flight and prepare for their work at the destination.

In addition to the airline's supportive client service, broad range of destinations, and convenient flight times that suit the company's needs, LatLine highly appreciates the comfort that its *Airbus A220-300* aircraft bring. The airplanes are spacious. comfortable, and - the cherry on top - are equipped with high-speed internet that ensures connection throughout the flight. With it, time flies by and the destination is reached in no time!

As part of its corporate client programme, airBaltic offers discounted prices to all of its destinations, with two pieces of checked baggage (23 + 23 kilograms) included. In addition, flights can be easily booked online or via a travel agency, and corporate customers have flexibility when it comes to unexpected changes, such as date or name changes, as well as ticket refunds. For even more comfort, corporate customers can use the fast-track security check at the Riga, Vilnius, Tallinn, Stockholm, Helsinki, Oslo, and Copenhagen airports, enjoy priority boarding, choose their favourite seat in the aircraft, and use Business class check-in at all airports, even if they're travelling in Corporate Economy Flex class.

### airBaltic in Facts and Figures



Founded in 1995, Latvia 97.97% ownership by the Latvian state and 2.03% by Lars Thuesen. airBaltic Interim CEO Pauls Cālītis



Growing fleet of 50 Airbus



The leading airline

airBaltic, the leading airline in the Baltics, operates

nearly 130 routes from Riga, Tallinn, Vilnius,

connections across Europe, the Middle East,

As the Baltics' vital link to the rest of Europe,

20 codeshare partners, providing one-stop

airBaltic ensures seamless travel with more than

connections to over 200 destinations worldwide.

Tampere, and, seasonally, Gran Canaria.

This extensive network offers convenient

North Africa, and the Caucasus region.

in the Baltics

Free high-speed



Flights in 2024 Total: 73 3009



Nearly 130 routes from Riga. Tallinn, Vilnius, Tampere and, seasonally, from Gran Canaria





Innovation



airBaltic: 47 000,



**Employees** 

Passengers in 2024 airBaltic: 5.2 million Total: 8.3 million\*



Loyalty programme airBaltic Club with 1 million+ members

\*Total airBaltic passengers and flights, including ACMI-out, and all categories of travellers

Get to know us



A taste of summer at 30,000 feet

Discover our new seasonal Business class menu!

As the summer sun brightens the skies, we're excited to introduce a new seasonal menu to our Business class passengers. Our brand-new summer menu is a celebration of this fine season, with light meals, refreshing flavours, and vibrant presentations designed to elevate your inflight dining experience.

Crafted with care by our expert culinary team, this menu showcases fresh, high-quality ingredients that bring the essence of summer to life. Imagine crisp garden vegetables, sun-ripened berries, fragrant herbs, and perfectly prepared proteins – all thoughtfully composed into dishes that are both nourishing and indulgent.

Eating habits are constantly evolving, and today's travellers are looking for food that's not only delicious but also lighter, healthier, and made from the current season's ingredients. That's why our chefs have taken classic inflight favourites and reimagined them with a modern, summery twist. Whether it's a chilled version of a traditional starter, a reinvented main dish with fresh herbs and seasonal vegetables, or a vibrant new take on a classic dessert, you'll recognise



the comfort but enjoy a whole new flavour experience. Each seasonal menu offers a carefully

balanced fusion of Latvian-inspired flavours and global culinary influences. You might encounter touches like smoked fish, creamy mozzarella with pesto, or aromatic rice served alongside Mediterranean-style seafood or tender cuts of meat. Each course has been meticulously designed by our chefs to reflect the spirit of summer while staying true to the gourmet standards our Business class guests expect.

For those flying during festive seasons, don't miss our Celebration menu – a special addition that brings traditional elements to life on board. Stay tuned for our Midsummer menu, in which Baltic traditions take flight with flavours that evoke memories of warm summer nights and fields of wildflowers.

Seasonal menus are introduced twice a year – for the summer and winter seasons – with each featuring up to 20 unique menu rotations. A new rotation begins every five days, meaning that even if you fly to your destination and return within the same week, your meals will differ. With eight full cycles per season, frequent flyers can look forward to a dynamic and ever-changing dining experience throughout their travels.

For long-haul flights of six hours or more to destinations such as Dubai (DXB), Gran Canaria (LPA), and Tenerife (TFS), you'll also enjoy a pre-arrival meal. This light refreshment is carefully curated and may include a delicate appetiser designed to gently reawaken your senses as you approach your destination.

So sit back, relax, and let us take you on a culinary journey that celebrates the joy of travel.

We wish you bon appétit – and may your summer adventures begin with every bite!

# Savour every moment in the sky





#### **Business class meals**

- **Gourmet menus**, curated by our expert Chef
- A weekly rotating menu for fresh flavour every time you fly
- Perfectly paired drinks for a complete dining experience
- Special dietary options and separate menu designed for young travellers

#### **Economy class pre-order meals**

- → Be served first and enjoy your meal without waiting
- Combine up to 5 meals and 5 drinks per person for a tailored dining experience
- → Enjoy special seasonal meals and exclusive offers available only for pre-order
- → Experience the convenience of ordering in advance no last-minute hassle





#### **Buy on board**

- → Exclusive 10% discount for airBaltic Club members on hot and soft drinks
- → A tempting selection of snacks, flavorful dishes, and refreshing drinks
- → Great combo deals get more for less with our tasty pairings
- → Availability may vary by flight duration and stock



Photos courtesy of airBaltic



journey from a routine flight into a premium experience with impeccable service and ultimate convenience – all for a price you decide.

That's now possible with airBaltic's bidding system. Economy ticket holders can now bid for an upgrade, unlocking a host of luxury perks without committing to a full Business class fare.

How does it work? Passengers can submit an offer, deciding how much they want to pay for an upgrade. The bidding process remains open until a set time before departure, which depends on the airport. Need to adjust or change your offer? No problem. You can increase, decrease, or cancel your bid any time before it is accepted (usually 48 to 12 hours before departure). You'll only be charged if your bid is accepted, ensuring you don't pay for an upgrade you don't receive. It's a simple, hassle-free way to access the best seats on the plane, premium in-flight service, and exclusive airport privileges.

Joining the bidding process is easy. There are two ways to do this. Visit airbaltic.com, select Prepare, and click receive a confirmation email 12 hours before departure if your upgrade is approved. If not, you'll be notified of your bid status no later than 48 to 12 hours before take-off. And remember, your credit card will only be charged if your upgrade is successful.

So, why bother bidding? Because Business class isn't just about comfort it's about convenience, efficiency, and making your journey as smooth as possible. Ideal for longer flights, pre-meeting preparations, or simply indulging in a touch of luxury, an upgrade means priority check-in, fasttrack security, and access to business lounges with complimentary snacks and drinks. It also includes two cabin bags, a personal item, and two checked bags, totalling up to 46 kilograms, with sports equipment included. Enjoy priority boarding, a separate cabin for maximum privacy, and gourmet meals paired with complimentary beverages served during the flight. Plus, Business class passengers are the first to disembark, making onward travel even more effortless.

With airBaltic's bidding system, flying in comfort has never been more accessible. Place your bid, and let your next journey begin in Business class.



Place your bid. Choose how much you want to bid for an upgrade.





#### 2 Step 2

Submit your bid.

You can cancel or edit your bid up to the moment your bid is accepted, which is 48 to 12 hours before the flight.



#### Step 3

We'll send an email if your bid was accepted up to 12 hours before your flight.

## airBaltic

## Choose flexibility when travelling in groups of 6 or more!

Gather your travel buddies and book group tickets to enjoy special deals on your favourite destinations.

#### **Group offers include:**

Free checked baggage

→ Flexible name changes

- → Free seat reservations
- Split payment options
- → Discounts on travel extras





When taking a flight this summer, it may be that you'll be carried by *airBaltic's* wet lease\* partner *Carpatair*. Its spacious aircraft – two *Airbus A319* (150 seats) and one *Airbus A320* (180 seats) – provide the same level of service as *airBaltic* and take passengers safely to their destinations. Nicolae Petrov, a captain himself, tells about the founding of the airline in 1999 and how *Carpatair*, which is based in Timisoara (Romania), has grown to become a reliable partner of many European airlines looking for a wet lease partner.

It's quite a combination – you're the founder of an airline, you run the company, and you also still fly. Tell us your story!

Let's say, the founding of this company was rather inadvertent, the result of a confluence of various circumstances. I started out as a military pilot, and I was also trained and worked as a flight instructor. After the collapse of the Iron Curtain in Eastern Europe, we were all out of jobs. The other pilots and I still wanted to fly, but once we were already qualified on *British Aerospace BAC 1-11* aircraft, the unions at the national carrier *Tarom* did not regard us kindly [*laughs*]. We had nothing else to do but take the suggestion of some friends and start our own airline, *Moldavian Airlines*, in Chisinau, Republic of Moldova.

We began by opening a ticketing office. At that time, it was a much needed service, and as soon as our revenue and turnover grew, we rented our first airplane and launched scheduled flights.

From then on, it was much like an adventure, but eventually we got there. At one point, we were looking to source the *Saab 340*, a 33-seat aircraft, which was the best match to further develop our network. The largest operator of this type in Europe was *Crossair*, which is now *Swiss International Air Lines. Crossair* was also founded by a pilot, Moritz Suter, who has become a mentor and one of my closest friends. We started out by leasing an aircraft from *Crossair*, but later, because Moritz had some very good friends – such as Ingvar Kamprad (the founder of *Ikea*) and Michael Pieper (an entrepreneur



behind the Franke- $Artemis\ Group$  and others) – they all became investors and shareholders in Carpatair. That's how Carpatair was launched in 1999.

I still remember how impressed I was by everything I saw at *Crossair*. One of those things was the bright yellow floors in the hangars, where even a drop of spilled oil would be immediately noticed. Later, when we started our own maintenance organisation, we simply followed those best standards set by *Crossair*. A lot of the business mindset and organisational culture at *Carpatair* has been inspired by the famous Swiss airline *Crossair*.

It's a story of taking chances and seizing opportunities. And it also includes a complete change of the company's business model.

Yes, moving all our operations to Romania, where we already had a company, was a decision made after it was clear that the two countries, Moldova and Romania, would not reunite soon."

Back then, the market was very centralised around Bucharest, and it was clear to me that we shouldn't start the business in the capital, as it was not well placed geographically for the huband-spoke model we were looking to develop with destinations in Western Europe. In that sense, Timisoara or Cluj were much better suited. Timisoara had its advantages, and we decided to build our hub there.

Gradually we grew our fleet up to 18 airplanes, and by 2006 we had become a very successful business, as we avoided competition in Bucharest with *Tarom* and built a new stand-alone network.

At the time, Romania was not yet part of the European Union. It joined the EU in 2007, and as soon as that happened, the market was liberalised and low-cost fever arrived at Romanian airports, promising them huge passenger numbers. The Timisoara airport was no exception. By the end of 2008, Timisoara Airport had invited a low-cost airline to enter the market on preferential terms and operate with subsidies on the same routes we had developed years before. This led to a five-year-long legal battle and significant financial losses. The decision to take on the battle was fuelled by the fact that, as we complained to the European Commission about the airport's unfair policies, an in-depth investigation was opened by the EU. Our hopes were high, but as things dragged on, we were forced to decide in 2013 to stop flying scheduled flights.

Since its very beginnings, *Carpatair* had done a lot of wetlease business. In fact, for *airBaltic* we did our first wet lease in 2006. Dismantling our hub was a very difficult process, also emotionally, because it meant 'killing' something we'd worked so hard to build. During the transition, we continued flying scheduled flights only from outstations, avoiding Timisoara, but later on we discontinued those as well. Then we focused on a non-scheduled business, wet leases, and charter flights, not really having any certainty that we would succeed. After a while, the results were very good and we could proudly say that we'd managed to ensure a smooth transition to the new model.

Regarding the cooperation with *airBaltic*, as I understand, the two airlines have known each other for quite some time.

Indeed, and it has been a great partnership. We both started out around the same time. Besides, the aviation world is small; so, yes, we know each other very well. Seasonality has always been a big issue in this industry, and we've been

The whole culture at Carpatair has been adopted from Crossair, the predecessor of SVVISS.

flying for many other airlines as well. A hub operator like *airBaltic* can easily see this when they take in airplanes to cover temporary capacity needs.

The aviation world is indeed small. What's the reputation of *airBaltic* in it? Very good – it's always been talked about as one of the most innovative airlines. And because of that, *airBaltic* is well known worldwide. Since we began flying for *airBaltic*, we've always been impressed by the solutions it has implemented in fields such as e-commerce, customer service, and others. *airBaltic* has always had a very good, innovative solution on its hands for almost any situation. People working for the airline are very talented, educated, and leading the way in the direction we've always wanted to go.

As I mentioned before, the whole culture of our company has been adopted from *Crossair*, the predecessor of *SWISS*, and we've never accepted deviations from that in any way. We see the same dedication also at *airBaltic*, where everybody is always about quality, safety, and reliability. And after so many years of cooperation, it looks like *airBaltic* is happy with our services as well.

We also knew that *airBaltic* is a very sound organisation, not only operationally but also financially. With *airBaltic*, we could see that they always knew where they are.

Yes, *airBaltic* does a lot of wet leases as well – it's strong in that segment – and it could seem that we're competitors. But it depends on how you look at it. You can see the other airline as a threat because you both sell the same thing, or you can see it as a potential partner because maybe one day, when something unexpected happens, you'll need each other's help.

## What do you think are *Carpatair's* biggest advantages when compared with other wet lease operators?

The reliability, quality, and high standards are most visible in the inflight service we provide, in the cabins. We're very proud of our cabin crew members and the standards they've maintained since day one of *Carpatair*. We put a great deal of trust in them, as they contribute to keeping our safety standards high, and they're always encouraged to be very involved.

Quite often our customers do not expect a great deal from us, from a small airline that doesn't advertise a lot. But as soon as we are hired and passengers step on board, they're always impressed. And that's the best thing in business – to exceed expectations. That's what we do every day, and mostly it's in the hands of our flight attendants to make passengers feel safe, welcome, and comfortable.

## You don't only run *Carpatair*; you're also a captain on *Airbus A320* aircraft. What is it that makes you still fly?

It's almost like a cure from the challenges of my day-to-day work. I had to stop flying when we faced challenges and had to change the business model. That was a break of six years while the priority was putting the airline back on track. But as soon as that was done, I could return to my pilot job on our *A319/320* aircraft. In fact, I do not consider myself a businessman; instead, I've learned how to do business on the job. Flying is what makes me really happy.

5 FAQs ABOUT **Flying With** *Carpatair* 

### Why are Carpatair planes being wet-leased this season?

Due to ongoing engine maintenance delays, some of *airBaltic's Airbus A220-300* aircraft will remain grounded longer than expected. To accommodate growing passenger demand and ensure successful operations as planned, *airBaltic* has established a partnership with aircraft, crew, maintenance, insurance (ACMI), and charter operator *Carpatair*. Through this partnership, the airline will temporarily add two *Airbus A319* aircraft and one *Airbus A320* aircraft to its fleet.

#### How is an ACMI partner selected?

A tender is issued. Price is important, but so is the product and service that the partner can offer. Of course, we scrutinise the technical data of the aircraft and its compliance with our requirements, plus we carry out our own physical audits before choosing a particular airline and aircraft. The technical and visual condition of the aircraft must be of the highest possible quality: seats, tables, toilets, luggage compartments, clean carpets, and so on.

#### Why was Carpatair chosen?

We've been working with Carpatair for a long time, now for the fourth year in a row. We are very familiar with this company's aircraft and how they are maintained. The airline meets all safety and compliance requirements, having been IOSA (IATA Operational Safety Audit) certified since 2005. The aircraft also meet airBaltic's requirements and standards. Equally important, passengers who have flown with Carpatair have rated their experience positively.

## When are passengers informed about a change of aircraft?

We notify passengers in advance if their flight will be operated by a wet-leased aircraft. An email with all the necessary details will be sent before departure. Furthermore, when purchasing a flight ticket on the *airBaltic* website, information about the operating aircraft will be displayed.

#### Do these flights provide the same service?

Yes, Business class passengers will receive all the same benefits as on *airBaltic*-operated flights: a front-of-cabin seat with a free seat for added privacy, and a gourmet meal perfectly paired with a curated selection of premium beverages. Economy class passengers who have pre-ordered meals will receive them on board during the service. Our typical onboard menu with food and beverage items for purchase will also be available, as on all *airBaltic*-operated flights.

While the aircraft is leased with its own crew, there is always at least one *airBaltic* crew member on board. We regularly monitor the onboard service quality to meet *airBaltic* standards in every class. The partner airline's crew primarily communicates in English, but efforts are made to support multiple languages.

If you have purchased a specific seat, we will take all possible measures to ensure it. However, changes in seating allocation may occur due to the aircraft type change. In case you did not receive the service you have purchased, please apply for a refund using the appropriate form. Regardless of the operating airline, your passenger rights remain unchanged and equivalent to those of *airBaltic*-operated flights.

\*Wet lease in aviation means a leasing arrangement in which one airline (the lessor) prov complete crew, maintenance, and insurance (ACMI) to another airline or business entity

154 / airBaltic.com



◆ When passengers face discomfort or complications, reassurance from our crew members is essential. That's why the communication training led by Didzis Grāvītis, CEO of Centurion Hospitality, focused on real-life scenarios and high-pressure problem-solving. From addressing product concerns to managing anxiety and unexpected situations, participants practised empathy, composure, and strategies for keeping satisfaction high – no matter what the skies bring. Communication and being ready for the unknown are essential, and these sessions gave our crew the tools to master these skills.

◄◄ For many, the wine-tasting session stood out as a favourite, thanks to the engaging format and hands-on learning. But beyond that, the day was consistently praised for its dynamic structure, expert-led insights, and the positive, professional atmosphere it fostered. The masterclasses were described as intense but rewarding, with participants leaving not only more knowledgeable but also more connected – to the product, to the customer, and to each other. This event clearly demonstrated our commitment to empowering our crew and staying ahead in service excellence.

Elevating customer service through masterclasses

Every great service begins with deep knowledge. That's why, for the second year in a row, airBaltic has taken a creative step beyond routine training by implementing Customer Service Masterclasses, a unique initiative blending hands-on product immersion with expert-led sessions to elevate the customer experience at every level.

This spring, over the course of nine engaging sessions designed to be intense, inspiring, and insight-driven, more than 120 cabin crew members were selected to participate in this programme. The day was structured into three comprehensive parts, giving participants the opportunity to deepen their expertise, build confidence, and connect with our product on a whole new level.







- ▲ Under the guidance of Svetlana Riškova, who is the president of Bocuse d'Or Latvia, participants rolled up their sleeves and took part in a practical pre-order meal masterclass. From creating the perfect dish to understanding the culinary trends behind customer preferences, this session connected crew members directly to the heart of our inflight dining experience.
  - ▶ Participants had the opportunity to prepare a three-course meal featuring the favourite pre-order meals of our passengers teriyaki salmon, chicken Cobb salad, and cheesecake gaining a first-hand appreciation of quality, preparation, and the care we deliver in every meal. Just like on board, all ingredients were freshly made, the methods meticulous, and the results delicious.





- ▲ The final part of the day brought a refined twist: a guided wine-tasting with Jānis Kaļķis, the president of the Latvian Sommelier Association. Crew members explored the nuances of flavour, grape varieties, and country-specific characteristics of the wines available in our onboard selection, thus building confidence in making thoughtful, professional recommendations in-flight. Kaļķis' passion turned complexity into clarity, helping our crew turn every glass into a delightful experience.
- ◀ At *airBaltic*, our wine selection is far from random it's the result of a carefully considered curation process that takes into account global wine trends, market availability, and, most importantly, passenger preferences. By staying in tune with evolving tastes and feedback, we ensure that what's poured onboard not only complements the in-flight experience but also reflects a high standard of quality and attention to detail.

Baltic Outlook / 2025 / 157

# From the ground to the sky: 34 *airBaltic* employees take flight as pilots







In a remarkable demonstration of career growth and passion for aviation, 34 employees from various departments across the airline have taken the bold step of transitioning to the flight deck, pursuing a new role as pilots through the *airBaltic* Pilot Academy. For them, what once may have felt like a dream is now becoming a reality!

Among these career changers, 20 were previously cabin crew members who, after years of working at 36,000 feet, decided it was time to change perspective. But that's not all – employees from the marketing, maintenance, IT, engineering, ground operations, and quality auditing departments have also embarked on this new adventure, showcasing the diverse talent pool within the airline and the strength of its internal development programmes.

One inspiring story comes from Luiza Platonova, who spent seven years working in the Technical Department, moving from the position of production planner to maintenance planner and even working night shifts as a mechanic. Her childhood dream of becoming a pilot was sparked by living not far from the runway in Babīte, listening to the roar of jet engines every

morning. Years later, thanks to the opportunity provided by *airBaltic*, she's finally living that dream. 'I'm very pleased with my life choice,' she shares. 'The sunrise and sunset from the cockpit are magical, and the technical background I gained still helps me today. I may not change tyres anymore, but I understand the systems behind the scenes – and that makes me a better pilot.'

Former cabin crew member Rolands Fukss began his pilot training in 2018. After two years of study, he earned his wings and today flies *Airbus A220-300* aircraft while also mentoring the next generation of pilots as an instructor at the *airBaltic* Pilot Academy. 'The transition wasn't easy,' Fukss admits, 'but my experience with passengers and cabin operations gave me a unique edge. Now, I help future pilots take their first steps – just like I once did.'

These stories highlight not just career changes but true transformations, all powered by determination and a deep love for aviation. With the *airBaltic* Pilot Academy, the sky isn't the limit – it's just the beginning.

#### **BECOME A PILOT** UNDER THE WINGS OF *airBaltic* AND **STUDY WITH** A LOAN PROVIDED BY THE AIRLINE!

#### **Minimum requirements:**

- ▶ 18 years old or older
- ► Holder of an EU/EEA/ CH passport
- ► High school graduate
- ► Health meets Class I Medical Certificate

requirements

- Excellent command of written and spoken English
- No criminal recordAbility to swim

#### What to do:

- Ensure you meet the basic requirements.
- Fill out the application at pilotacademy. com or careers.
- airbaltic.com.
  ► Prepare for an assessment and/or

visit our Open Day!

#### What's on offer:

- ► Commercial pilot licence: Receive your European Aviation Transport Pilot Licence ('Frozen' EASA ATPL) in approximately 24 months without any previous aviation education or experience.
- ➤ Modern training aircraft: State-of-the-art training aircraft at the Pilot Academy will prepare you to put your knowledge and skills to use on the flight decks of the most advanced 2lst-century airliners.

  ➤ Training provided by professional instructors who are themselves
- active pilots at *airBaltic*.

  A student loan provided by *airBaltic* as well as part-time work at
- the airline during your studies.

   A job as a pilot at *airBaltic* after graduation.

Get *Planies*, unlock travel benefits!

Ready to make your journeys even more rewarding? With *Planies* in your digital collection, you can earn *airBaltic Club* points daily and unlock travel perks like business class upgrades. Each *Planie* brings you 20 points per day without flying, and after 10 flights with *airBaltic*, you'll receive a complimentary upgrade to business class. The more *Planies* you own, the more rewards you'll enjoy.

Although all 10,000 *Planies* have already been minted, it's not too late to join the community. Explore *OpenSea.io* to discover *Planies* available for purchase from current holders.

Once you've added *Planies* to your wallet, just connect them to your *airBaltic Club* account and let the benefits begin. Step into a new level of travel with the *Planies* community!





**Stay stylish** with *Planies* 

Add some flair to your wardrobe with our exclusive *Planies*-inspired collection of hoodies and T-shirts. These items are perfect for showcasing your love of travel and aviation.

Shop the collection at souvenirs.airBaltic.com.
And now, for the first time, you can use your airBaltic Club points to make a purchase!



- airbaltic.com/en/planies-nft
- planies@airbaltic.com
- discord.gg/planiesnft
- opensea.io/collection/planies



AIRBALTIC CLUB / May

# **airBaltic Club loyalty programme** – earn points and spend on tickets and other benefits!



Points are the currency of *airBaltic Club*. You can earn points every time you fly with *airBaltic* or use the services of other partners – **add your membership number to a reservation or scan your digital card** during the payment process to collect points for onboard purchases while flying with *airBaltic*.

## How to **become a member**?



## How to **spend points**?

- · Reward flights to destinations all over the world
- monthly reward flight offers (up to 50% off)
- · flight upgrades to business class
- airBaltic gift cards
- baggage vouchers
- pay for tickets at airBaltic.com using points and cash simultaneously
- purchase exclusive *airBaltic* souvenirs



## **Collecting points**

Ticket Purchase	CLUB	EXECUTIVE & VIP
Economy BASIC	1 point/EUR	3 points/EUR
Economy CLASSIC	1 point/EUR + 50 points	3 points/EUR + 50 points
Economy FLEX	1 point/EUR + 100 points	3 points/EUR + 150 points
Business EXPERIENCE	1 point/EUR + 150 points	3 points/EUR + 200 points
BUSINESS	1 point/EUR + 200 points	3 points/EUR + 250 points
KLM/Air France codeshare flights	1 point/EUR	1 point/EUR

Partnerships	
Accomodations booked via booking.com/airBaltic	5 points per EUR
Flight+Hotel packages at airbalticholidays.com	5 points per EUR
Car rented via sixt.com/airBaltic Up	to 1200 points per rental
Car rented via cars.airbaltic.com	5 points per EUR
Cover Genius Travel Insurance while purchasing ticket	5 points per EUR
airCafe (inflight meals)	1 point per EUR

airBaltic Extra Services	
Baggage	1 point/EUR
Sports equipment	1 point/EUR
Seat reservation	1 point/EUR
Inflight meals	1 point/EUR

aircate (intlight meals)	I point per EUK
Planies NFT	
Daily point accrual without flying	20 points per Planie <b>daily</b>

# The more you fly, the **more benefits** you get!

There are 3 membership levels – Club, Executive and VIP. Club is the basic level, while Executive and VIP status provide special privileges when travelling, such as extra baggage, fast track and much more.

If you take at least 30 one-way flights with *airBaltic* over the course of one year, you will achieve the *airBaltic Club* Executive level. To reach *airBaltic Club* VIP status, you need to have at least 60 one-way flights flown with *airBaltic* within a year.



Enjoy 10% off hot and soft drinks

Save on your favourite beverages while collecting *airBaltic Club* points for you next flight!

To avail the discount and earn points, simply become a member and present your *airBaltic Club* card during the payment process.



Earn *airBaltic Club* points together with your friends and family members and spend them on your next adventure, sharing unforgettable experiences and creating everlasting memories!

Go to airBalticclub.com, open the *Friends&Family account* section, and invite your loved ones by entering their e-mail address or membership number. Once the invitation is accepted, a Friends&Family account is created in which up to eight members can collectively earn and spend points.

Children from the age of two can join, too! Just log into airBaltic.com, enter your child's e-mail address in the *Edit profile* section, and complete the registration form. After registration, your child can become a part of the Friends&Family account along with you.

More information at airBaltic.com/club



# 50% point discount from the Baltics to Amsterdam







TIMETABLE / May

#### RIGA, LATVIA

								_					
	Flights 1	rom F	RIGA				Flig	hts to	RIG	4			
	Flight No	From 1	To	Days	Departure	Arrival	Flight	No	From	To	Days	Departure	Arrival
Λ.	ALICAN	rc					A1 1/	CANT	ъ.				
Α			A1.C	2	10.25	12.50				DIV	2	14.25	10.25
	BT 689			-2	10:35				ALC			14:35	19:35
	BT 689	RIX	ALC	5	13:15	16:30	BT	690	ALC	RIX	5	17:30	22:30
	BT 689	RIX	ALC	1-3	13:40	16:55	BT	690	ALC	RIX	1-3	17:45	22:45
	AMSTER	DAM					AMS	STER	DAM				
	BT 617	RIX	AMS	1234567	07:45	09:05			AMS	RIX	1234567	10:00	13:10
				1234567					AMS		1234567		17:15
			AIVIS	1234567	17:00	16:20			AMS	KIX	1234567	19:10	22:20
	ATHENS							IENS					
	BT 611			4	07:15	10:30			ATH		4	11:10	14:25
	BT 611	RIX	ATH	-2	11:10	14:25	BT	612	ATH	RIX	-2	15:05	18:20
	BT 611	RIX	ATH	6-	14:40	17:55	BT	612	ATH	RIX	6-	18:35	21:50
В	BARCEL	ONA					BAF	RCEL	ANC				
_			BCN	1-345-7	11:00	13:40	BT	684	BCN	RIX	1-345-7	14:25	19:00
	BERGEN							RGEN					
				2							2		
	BT 171	RIX	BGO	-2 From May 20	16:50	17:50	BT	172	BGO	RIX	-2 From May 20	18:30	21:25
							рт	170	DCO.	DIV	6-	10.50	22.45
	BT 171	KIX	BGO	From May 31	18:10	19:10	ВІ	1/2	BGO	KIX	6- From May 31	19:50	22:45
	BERLIN	Brand	lenbur	g			BER	RLIN	Brand	enbur			
				12-4-6-	07:00	07:40	BT :	212	BER	RIX	12-4-6-	08:20	10:55
	BT 213			1					BER				18:00
	BT 213			345-7					BER		345-7		22:20
			DEK	343-7	10.20	19.00				ΝIΛ	343-7	17.40	22.20
	BILLUNI							LUNE					
	BT 147			7	07:05	07:45			BLL			08:25	
	BT 147	RIX	BLL	4	08:30	09:10	BT	148	BLL	RIX	4	09:50	12:25
	BT 147	RIX	BLL	1-3	10:35	11:15	BT	148	BLL	RIX	1-3	11:55	14:30
	BT 147	RIX	BLL	5	15:20	16:00	BT	148	BLL	RIX	5	16:40	19:15
	BRUSSE							JSSE					
	BT 601		RRII	123-56-	07:00	08-25			BRU	RIY	123-56-	09-45	13:05
	BT 603												
			BRU	1-345-7	10:55	16:20			BRU	KIX	1-345-7	19:10	22:30
	BUCHAR							CHAR					
	BT 757	RIX	OTP	1-3-5-7	12:00	14:25	BT	758	OTP	RIX	1-3-5-7	15:10	17:35
	BUDAPE	ST					BUE	DAPE	ST				
	BT 491	RIX	BUD	7	07:00	07:55	BT ·	492	BUD	RIX	7	08:35	11:30
	BT 491	RIX	BUD	1	11:35	12:30	BT -	492	BUD	RIX	1	13:10	16:05
	BT 491		BUD	4	12:50				BUD		4	14:25	17:20
			DOD		12.50	13.43		RGAS		IVIX		17.23	17.20
	BURGAS			2							2		
	BT 755	RIX	BOJ	-2 From May 20	07:10	09:50	BT	756	BOJ	RIX	-2 From May 20	10:35	13:15
	DT 755	DIV.					ът.	<b></b> /	<b>DO</b> 1	DIV.	6-	10 10	22.22
	BT 755	RIX	ROJ	6- From May 24	16:15	18:55	BI	/56	BOJ	RIX	6- From May 24	19:40	22:20
С	CATANIA	Font					CAT	ANIA	Font	anaros			
•	BT 639			-26-	14.40	17:10			CTA		-26-	17:40	22:00
	CHISINA		0171		21110	27.120		SINA		1171		27110	
			DMO	1-36-	11.50	14.20			RMO	DIV	1-36-	15:00	17:25
	COPENH			1-50-	11.50	14.20			IAGEN		1-30-	13.00	17.23
				100456	07.05	07.05					100457	00.45	10.10
				123456-					CPH		123456-		10:40
	BT 135	RIX	CPH	7	12:45	13:15	BT	136	CPH	RIX	7	13:55	16:20
	BT 139	RIX	CPH	6-	13:40	14:10	BT	140	CPH	RIX	6-	14:50	17:15
	BT 139	RIX	CPH	1234567	19:00	19:30	BT	140	CPH	RIX	1234567	20:10	22:35
	CORFU	oanni	s Kapo	odistrias			COF	RFU I	oannis	s Kano	distrias		
	BT 643			-26-	15:40	18:35			CFU		-26-	19:20	22:15
D	DUBAI	11171	0.0		251.10	10.00	DUE		0. 0	11171		17.20	
U	BT 791	DIY	DVR	14-6-	00.05	07:55			DXB	DIY	14-6-	00.00	15.30
		ΚIΛ	DVP	14-0-	00.05	07.55			DVD	ΝIΛ	14-0-	09.00	15.50
	DUBLIN							BLIN					
			DUB	37	07:35	08:45			DUB	RIX	37	09:25	14:20
	DUBRO\	/NIK					DUE	BROV	NIK				
	RT 497	RIX	DRV	-2 From May 20	11.45	13.20	RT.	498	DBV	RIX	-2	14:05	17:40
	D1 477	11171	001	From May 20	11.45	15.20	D	170	001	11171	-2 From May 20	14.05	17.40
	BT 497	RIX	DBV	6- From May 24	13:55	15:30	BT 4	498	DBV	RIX	6- From May 24	16:10	19:45
	DUSSEL			110111 Way 24			DH	CELL	DORF		110III May 24		
				1	10.45	12.55					1	14.40	17.45
				1					DUS		1		
				-2345-7	17:10	18:20			DUS	RIX	-2345-7	19:05	22:10
F	FRANKF							NKF	-				
				123456-						RIX			
	BT 245	RIX	FRA	7	17:15	18:35			FRA	RIX	7	19:30	22:40
Н	HAMBU	RG					HAI	MBUE	RG				
	BT 251	RIX	HAM	1-345	07:00	07:50	BT	252	HAM	RIX	1-345	08:30	11:10
				7			BT	252	HAM	RIX	7	16:30	19:10
				-2					HAM		-2		
	HELSINI			_	10.25	17.115			(I Van			17.00	
				2245.7	07.20	00.20			HEL		2245.7	00.00	00.55
				-2345-7							-2345-7		
				12345-7					HEL		12345-7		
				1234567						RIX			
			HEL	1234567	23:20	UU:20+1				KIX	1234567	U5:35	06:30
	HERAKL						HEF	RAKL	ION				
	BT 635	RIX	HER	67	07:05	10:35	BT	636	HER	RIX	67	11:25	15:00
				-2-4			BT	636	HER	RIX	-2-4	12:05	15:40
1	ISTANBU							ANBL					
•	BT 711		IST	1-345-7	11:40	14:55			IST	RIX	1-345-7	15:40	18:40
L	LARNAC							RNAC					
_			I C A	7	07-15	11.15				DIV	7	12.00	16-10
	BT 657								LCA			12:00	
			LCA	4	13:00	17:00			LCA	KIX	4	18:00	22:10
	LISBON							BON					
	BT 675	RIX	LIS	156-	12:50	15:30		676		RIX	156-	16:15	22:30
	LJUBLJA	ANA					LJU	BLJA	NA				
	BT 477	RIX	LJU	7	07:05	08:20			LJU	RIX	7	09:05	12:20
	D1 -777					13:00			LJU		4		
	BT 477	RIX	LJU	4									10.55
	BT 477			4	111.15				Gatu	/ick			10.55
	BT 477 LONDON	<b>I</b> Gatv	vick			08-15	LON	IDON	Gatw				
	BT 477 LONDON BT 651	Gatv RIX	vick LGW	123456-	07:25		LON BT	1 <b>DON</b> 652	LGW	RIX	123456-	09:10	13:50
	BT 477 LONDON BT 651	Gatv RIX	vick LGW		07:25		LON BT	1 <b>DON</b> 652		RIX		09:10	13:50

Flights	from	RIGA				Flights to	RIG/	1				
Flight No	From		Days	Departure	Arrival		From		Days	Departure	Arrival	
MADRID	)					MADRID						М
			-27			BT 686 I			-27	17:10	22:05	
BT 685		MAD	4	13:50	17:00	BT 686 I	MAD	RIX	4	17:45	22:40	
<b>MALAGA</b> BT 677		AGP	37	07-10	10-50	MALAGA BT 678	۸GP	RIY	37	11:30	16:45	
BT 677			6-			BT 678			6-	18:30		
MALTA						MALTA						
BT 739			6-			BT 740 I	MLA	RIX	6-	14:05	18:40	
BT 739	RIX	MLA	-2 From May 20	14:50	17:30	BT 740 I	MLA	RIX	-2 From May 20	18:10	22:45	
MILAN			1 Tolli Way 20			MILAN			Troil May 20			
BT 629	RIX	MXP	47	07:05	08:50	BT 630 I	MXP	RIX	47	09:40	13:20	
BT 629	RIX	MXP	-2	13:00	14:45	BT 630 I	MXP	RIX	-2	15:35	19:15	
MUNICH			10 5/	07.05	00.45	MUNICH		DIV	40 5/	00.00	40.05	
			1256-			BT 222 I			1256-			
NAPLES			12345-7	17.33	10.43	NAPLES/			12345-7	19.30	22:35	N
			-26-	07:20	09:25	BT 646 I			-26-	10:15	14:10	
NICE						NICE						
BT 695	RIX	NCE	36-	11:15	13:20	BT 696 I	NCE	RIX	36-	14:00	17:55	
BT 695			1	15:50	17:55	BT 696 I			1	18:35	22:30	
OLBIA/						OLBIA / Fro						0
BT 655			6-	15:25	17:45	BT 656 (			6-	18:30	22:35	
<mark>OSLO</mark> G BT 151			123456-	07:05	07:40	OSLO Gar BT 152 (			123456-	08:25	10:55	
BT 155			5-7			BT 156 (			5-7		17:45	
BT 153			4			BT 154 (			4		19:15	
BT 153			123-567			BT 154 (	OSL	RIX	123-567	19:45	22:15	
PALANG						PALANGA						Р
BT 373		-	145			BT 374 I	_		145		16:15	
BT 373		-	7 12345-7			BT 374 I	_		7 123456-			
PALMA I				23:15	23:59	PALMA DI				05:50	06:30	
BT 687			7	07:00	9-50	BT 688			7	10:50	15:30	
PARIS C				07.00	7.50	PARIS Cha				10.50	13.30	
			123456-	07:10	09:00	BT 692 (			123456-	09:50	13:30	
BT 693	RIX	CDG	1-345-7	16:25	18:15	BT 694 (	CDG	RIX	1-345-7	19:05	22:45	
PISA						PISA						
BT 647			5			BT 648 I			5			
BT 647	RIX	PSA	1	09:30	11:20	BT 648	PSA	RIX	1	12:00	15:45	
PORTO	DIV	ODO	2	07.20	00.45	PORTO	000	DIV	2	10.20	16.20	
BT 679 BT 679		OPO	3 6-			BT 680 (			3 6-	10:30 16:30		
PRAGUE		010	0-	13.20	15.45	PRAGUE	010	IXIX	0-	10.50	22.30	
BT 481		PRG	17	07:00	07:50	BT 482 I	PRG	RIX	17	08:30	11:15	
BT 481	RIX	PRG	4	10:35	11:25	BT 482 I	PRG	RIX	4	12:05	14:50	
BT 481			5			BT 482 I			5			
		PRG	6-	18:00	18:50	BT 482 I	_		6-	19:30	22:15	
<b>REYKJA</b> ' BT 169				22.45	22.40	REYKJAVI			1 1 4	00.20	07:05	R
RHODES		KEF	3-5-7	22:45	23:40	RHODES	NEF	KIX	14-6-	00:30	07:05	
		RHO	-27	07:25	10:55	BT 614	RHO	RIX	-27	11:40	15:15	
ROME F						ROME Fiu						
BT 633	RIX	FCO	6-	07:45	09:50	BT 634 I			6-	10:35	14:35	
			1-3-5-7			BT 634 I						
	RIX	FCO	4	15:15	17:20	BT 634 I	FC0	RIX	4	18:05	22:05	
SOFIA	DIV	505	2 1	11.40	14.15	SOFIA	202	עים	2 (	15.00	17.20	S
SPLIT	KIX	SUF	-26-	11:40	14:15	BT 468 S	5UF	KIX	-26-	15:00	17:30	
	RIX	SPII	15	07:25	09:00	BT 494 S	SPU	RIX	15	09:45	13:20	
STOCKH						STOCKHO						
			12345	07:10	07:20	BT 102 /	ARN	RIX	12345			
			67			BT 102 /						
			5-7			BT 106 /						
			-2			BT 110 /						
BT 109 <b>Tallini</b>			1-34567	19:25	19:35	BT 110 /				20:20	22:25	-
			6-	07-15	08:05	BT 312				08-45	09-35	T
			123-5			BT 312						
			4			BT 312						
BT 311	RIX	TLL	7	11:35	12:25	BT 312			7			
			4			BT 314			4			
			-2			BT 314			-2			
			122454			BT 316			122454			
			123456- 1234567			BT 316 BT 318						
					20:45 00:05+1							
TAMPER		ILL	123430/	د2.15	JU.UJT1	TAMPERE		MA	153430/	03.40	00.30	
		TMP	12-45	13:40	14:45	BT 356		RIX	12-45	15:25	16:25	
			7			BT 356						
					00:30+1	BT 358						
TBILISI						TBILISI						
		TBS	14	17:55	23:20	BT 725		RIX	-25	00:30	03:55	
TEL AVI						TEL AVIV						
					03:50+1	BT 772			3-5-7			
BT 771	RIX	TLV	3-5-7	00:05	04:20	BT 772			3-5-7	05:20	09:35	
THESSA	LON	IKI				THESSAL	ONII	KI .				
ST (45												

BT 615 RIX SKG 1---5-- 23:40 02:30+1 BT 616 SKG RIX -2---6- 03:35 06:25

Fli	ghts f	rom l	RIGA				Flig	ghts t	o RIG	4			
Flight	No	From	To	Days	Departure	Arrival	Fligh	nt No	From	To	Days	Departure	Arrival
TIR	ANA	/ From	May 30				TIR	RANA	/ From N	May 30			
ВТ	469	RIX	TIA	5	00:15	01:55	ВТ	470	TIA	RIX	5	02:35	06:15
TIV	AT						TIV	/AT					
ВТ	489	RIX	TIV	37	07:15	08:55	ВТ	490	TIV	RIX	37	09:35	13:15
TUI	RKU						TU	RKU					
			TKU	12345-7	23:25	00:30+1			TKU	RIX	123456-	05:30	06:30
VAL	ENC	IA						LENC					
			VLC	36-	14:00	17:00			VLC		36-	17:40	22:30
VIE	NNA	Schw	echat				VIE	NNA	Schwe	echat			
BT	271	RIX	VIE	1	07:00	08:00	BT	272	VIE	RIX	1	08:40	11:35
BT	271	RIX	VIE	456-	07:25	08:25	BT	272	VIE	RIX	456-	09:40	12:35
BT	273	RIX	VIE	-2345-7	17:40	18:40	BT	274	VIE	RIX	-2345-7	19:20	22:15
BT	273	RIX	VIE	1	18:10	19:10	BT	274	VIE	RIX	1	19:50	22:45
VIL	NIUS						VIL	NIUS					
BT	341	RIX	VNO	123456-	07:35	08:25	BT	342	VNO	RIX	1234567	09:05	09:55
BT	343	RIX	VNO	7	13:05	13:55	BT	344	VNO	RIX	7	14:35	15:25
BT	343	RIX	VNO	-2345	14:00	14:50	BT	344	VNO	RIX	-2345	15:30	16:20
BT	343	RIX	VNO	1	16:40	17:30	BT	344	VNO	RIX	1	15:10	16:00
ВТ	347	RIX	VNO	-2345	19:55	20:45	BT	348	VNO	RIX	-2345	21:25	22:15
ВТ	349	RIX	VNO	1234567	23:15	23:59	ВТ	350	VNO	RIX	1234567	05:40	06:30
VEI	NICE						VE	NICE					
BT	627	RIX	VCE	-26-	11:45	13:20	ВТ	628	VCE	RIX	-26-	14:00	17:30
ZU	RICH						ZU	RICH					
BT	293	RIX	ZRH	1234567	17:05	18:35	BT	294	ZRH	RIX	1234567	19:15	22:40

#### TALLINN, ESTONIA

IALL	INI	I, ES	STON	IA								
Flights f	rom T	ALLIN	N			Flig	hts to	TALLI	NN			
Flight No	From T	Ď	Days D	eparture)	Arrival	Flight	No	From T	D	Days	Departure	Arrival
AMSTER	DAM					AM	STER	DAM				
BT 857			1234567				858			1234567		
BT 859		AMS	1234567	14:05	15:35				TLL	1234567	16:35	19:55
BARCELO		DCN	,	12.15	16.15		RCELO		TII		17.00	21.55
BT 877 BT 877		BCN BCN	6- -2	13:15 15:05	16:15 18:05		878 878	BCN BCN		6- -2		21:55 23:45
BERLIN	TEE	DCIN		13.03	10.03		RLIN	DCIV	ILL	-2	10.50	23.43
	TLL	BER	7	13:55	14:50		822	BER	TLL	7	15:30	18:15
BT 821	TLL	BER	3-5	14:00	14:55	ВТ	822	BER	TLL	3-5	15:35	18:20
BT 821	TLL	BER	1	16:35	17:30		822	BER	TLL	1	18:10	20:55
BILLUND							LUND					
		BLL	-26-	07:00	07:45		814		TLL	-26-	08:25	11:10
BRUSSEI BT 851		BRU	12	07-20	09-00		USSE 852		TII	12	00-40	13.05
BT 853		BRU	7	17:30			854	BRU				23:25
		BRU	4	18:15	19:55		854	BRU				
BT 851	TLL	BRU	5	19:00	20:40		852	BRU				00:45+1
BURGAS						BUI	RGAS					
BT 845	TLL	BOJ	6- From May 31	05:25	08:35	ВТ	846	BOJ	TLL	6- From May 31	09:25	12:25
BT 845	TLL	BOJ	3 From May 28	06:10	09:20	ВТ	846	BOJ		3 From May 28		13:05
COPENH		1						AGEN				
		CPH	7	13:05	13:45			CPH				16:50
BT 811		CPH			19:40		812	CPH				22:45
BT 811		CPH		20:35			812	CPH				00:20+1
BT 809 HERAKL		CPH	1	20:35	21:15		810 RAKL		ILL	1	21:55	00:20+1
BT 887		HER	7	07:55	11:55			HER	TII	7	13:00	16:55
BT 887				13:55	17:55			HER		3		22:35
LONDON								Gatwi				
BT 871	TLL	LGW	-2-4-6-	17:00	18:00	ВТ	872	LGW	TLL	-2-4-6-	18:50	23:35
MALAGA							LAGA					
BT 879		AGP	-2		10:55		880					04:15+1
BT 879		AGP	4	07:15	11:05		880	AGP		4	12:05	17:35
BT 879	TLL	AGP	6-	18:05	21:55		880	AGP	TLL	6-	22:45	04:15+1
MALTA BT 889	TII	MLA	6-	20:35	23:40		<b>LTA</b> 890	MLA	TII	7	00.40	05.25
MUNICH		IVILA	0-	20.55			NICH		ILL	7	00.40	05.55
		MUC	3-5	07:15	08:45		824		TLL	3-5	09:30	12:50
BT 823		MUC		17:15	18:45		824			1		22:45
BT 827	TLL	MUC	7	19:00	20:30	BT	828	MUC	TLL	7	21:10	00:30+1
BT 827	TLL	MUC	4	19:15	20:45		828	MUC	TLL	4	21:25	00:45+1
NICE						NIC						
BT 865	TLL	NCE	37	06:00	08:25		866	NCE	TLL	37	09:05	13:15
OSLO	T	001		14.55	15.05	OSI		001	T1.1		1/ 05	10.20
BT 815		OSL	4 7		15:25		816	OSL OSL		4 7		18:30
BT 815 PALMA D		OSL		20:45	21:15		816 MA F	DE MAI			21:55	00:20+1
BT 891		PMI	6-	06:00	09:05		892	PMI			09:50	15:00
PARIS				00.00	07.00	PAF					0 7.50	15.00
	TLL	CDG	5	06:35	08:35		862	CDG	TLL	5	09:25	13:15
BT 861		CDG	4	07:30	09:30		862	CDG		4	10:20	14:10
BT 861		CDG		16:55			862	CDG			19:45	
BT 863		CDG	7	17:45	19:45		864		TLL	7	20:40	00:30+1
REYKJAV			,			REY	(KJA\			7		
BT 819			6- From May 17				820			7 From May 18		
BT 819	TLL	KEF	3 From May 14	23:25	00:10+1	ВТ	820	KEF	TLL	4 From May 15	01:00	07:30

Flights from TALLINN		Flights to TALLINN	
Flight No From To Days De	parture Arrival	Flight No From To	Days Departure Arrival
RHODES		RHODES	
BT 885 TLL RHO 15	07:10 11:10	BT 886 RHO TL	L 15 12:00 16:00
RIGA (TLL-RIX)		RIGA (RIX-TLL)	
Please check flight times	to / from Riga in t	he <b>'RIGA, LATVIA'</b> t	imetable
SPLIT		SPLIT	
BT 849 TLL SPU 1	00:15 02:10	BT 850 SPU TL	L 1 02:50 06:45
BT 849 TLL SPU5 From May 23	17:25 19:20	BT 850 SPU TL	L5 20:05 23:59
VILNIUS		VILNIUS	
BT 902 TLL VNO 1	07:00 08:10	BT 901 VNO TL	L 1 14:45 15:55
BT 902 TLL VNO4	08:10 09:20	BT 901 VNO TL	L4 10:00 11:10
BT 902 TLL VNO3	08:25 09:35	BT 901 VNO TL	L3 06:35 07:45
BT 904 TLL VNO -2	20:35 21:45	BT 903 VNO TL	L -2 22:25 23:35
BT 906 TLL VNO3-5	20:35 21:45	BT 905 VNO TL	L6- 07:10 08:20
BT 906 TLL VNO3	20:35 21:45	BT 905 VNO TL	L3 22:25 23:35
BT 906 TLL VNO47	22:25 23:35	BT 905 VNO TL	L47 20:35 21:45

#### **VILNIUS, LITHUANIA**

Fli	ghts	rom V	/ILNI	JS			Flig	hts to	VILN	IUS			
Flight	No	From 1	Го	Days	Departure	Arrival	Flight	No	From	То	Days	Departure	Arrival
ΑM	STER	DAM					AM	STER	DAM				
ВТ	961	VNO	AMS	1234567	07:50	09:15	ВТ	962	AMS	VNO	1234567	10:10	13:25
ВТ	959	VNO	AMS	1234567	14:10	15:35	ВТ	960	AMS	VNO	1234567	16:35	19:55
BEI	RLIN						BEI	RLIN					
ΒT	921	VNO	BER	6-	08:20	08:55	BT	922	BER	VNO	6-	09:35	12:05
ΒT	921	VNO	BER	-2	20:35	21:10	BT	922	BER	VNO	-2	21:50	00:20+
DU	SSEL	DORF	•				DU	SSEL	DORF				
		VNO		1	08:50	10:05			DUS		1	10:45	14:00
BT	931	VNO	DUS	4	12:05	13:20	BT	932	DUS	VNO	4	14:00	17:15
	MBU							MBU	-				
		VNO			06:55	07:50			HAM		7	08:30	11:15
		VNO	HAM	3	20:35	21:30	BT	930	HAM	VNO	3	22:10	00:55+
	RAKL							RAKL	-				
		VNO	HER	15	06:55	10:15			HER	VNO	15	11:00	14:25
	AKOV							AKOV					
		VNO	KRK	15	20:35	20:55			KRK	VNO	15	21:35	23:55
	BON						-	BON					
		VNO		-2	12:50	15:30		990		VNO	-2	16:15	22:45
		VNO	LIS	6-	20:00	22:30		990		VNO	6-	23:15	05:25+
	LAGA		4.05	,	10.05	22.05		LAGA		1016	,	22.45	0455
		VNO	AGP	6-	19:35	23:05			AGP	VNO	6-	23:45	04:55+
	NICH				0/ 10	07.45	-	INICH		1/1/0		00.05	44.05
		VNO			06:40	07:45			MUC		4	08:25	11:25
		VNO			07:10	08:15			MUC		-2	08:55	11:55
		VNO			10:15	11:20			MUC		3	12:00	15:00
		VNO			12:00	13:05			MUC		7	13:45	16:45
		VNO	MUC	15	18:50	19:55			MUC	VINO	15	20:35	23:35
NIC		VNO	NCE	6-	13:00	14:55	NIC	-	NCE	VAIO	6-	15:35	19:20
		DE MA			15:00	14:55			DE MA			15:35	19:20
		VNO		5	22.40	01:15+1			PMI	-	6-	02:15	06:45
PAI		VIVO	FIVII	5	22.40	01.15+1		RIS	FIVII	VINO	0-	02.15	00.45
		VNO	CDG	3-5	15:30	17:25		-	CDG	VNO	3-5	18:15	21:55
		VNO		7	17:25	19:20			CDG		7	20:05	23:45
		VNO		4	17:55	19:45			CDG		•	20:40	00:20+
		VNO		1	18:20	20:15			CDG		1	21:10	00:50+
	AGUE		200		10.20	20.13		AGUE		7110		_1.10	30.301
		VNO	PRG	4 From May 22	15:30	16:15				VNO	4 From May 22	11:55	14:50
				6- From May 24		21:15					6- From May 24	21:55	00:50+
RIG	_	NO-RI		flight tire -	o to / f-	om Dian in t			X-VN(		antable		
	LINN		LIECK	mynt time	s to / ir	om Riga in t		RIGA, LLINN		IA UN	icranic		
		VNO	TII	3	06:35	07:45			TLL	VNO	3	08:25	09:35
		VNO		6-	07:10	08:20			TLL		3-5	20:35	21:45
		VNO		4	10:00	11:10			TLL		4	08:10	09:20
		VNO		1	14:45	15:55		902		VNO	1	07:00	09:20
		VNO		47	20:35	21:45		902		VNO	47	22:25	23:35
		VNO		-2	20:35	21:45		906		VNO	-2		-: :-
		VNO		3	22:25				TLL		3	20:35	21:45 21:45
ΒI	700	VINO	ILL	3	22:25	23:33	ВI	706	1 LL	VIVO	3	20:33	21:45

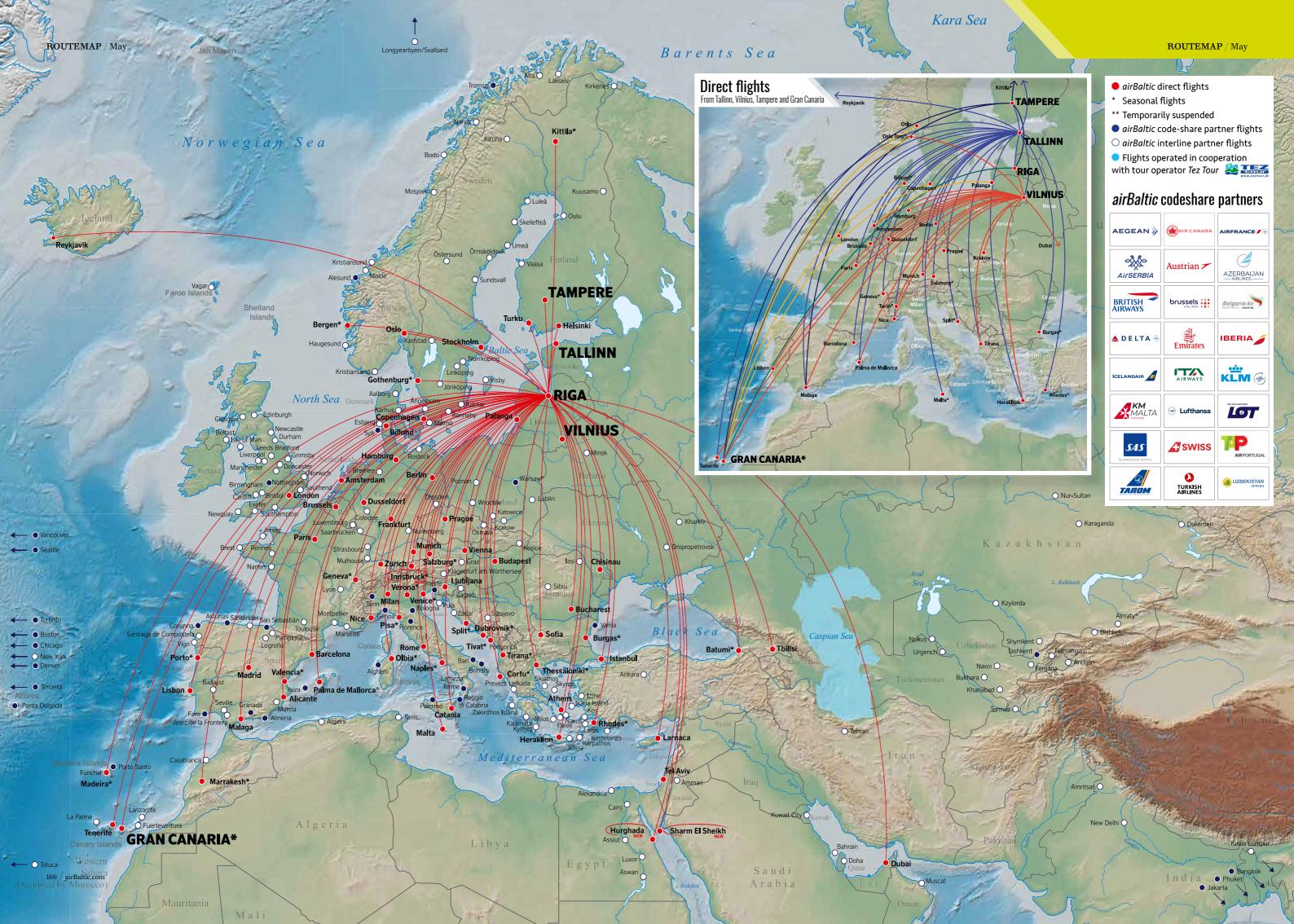
#### **TAMPERE, FINLAND**

Flights	from TAMPEI	RE			Flights to	TAM	PERE			
light No	From To	Days	Departure	Arrival	Flight No	From		Days	Departure	Arrival
MALAGA	A				MALAGA	١				
3T 525	TMP AGP	-2	18:05	21:55	BT 526	AGP	TMP	-2	11:50	17:20
RIGA (TI	MP-RIX)				RIGA (RI	X-TM	P)			
₹ PI	ease check fl	ight time	es to / fr	om Riga in t	he <b>'RIGA,</b>	LATV	'IA' time	etable		

#### OTHER ROUTES

Flight No	From To	Days	Departure	Arrival	Flight No	From	To	Days	Departure	Arrival
PALANG	SA – AMSTER	DAM			AMSTER	RDAN	I – PALA	NGA		

e given information is subject to amendments and cancellations taken unilaterally by *airBaltit* 

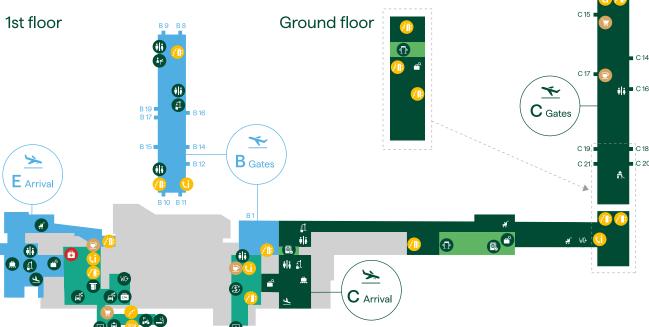


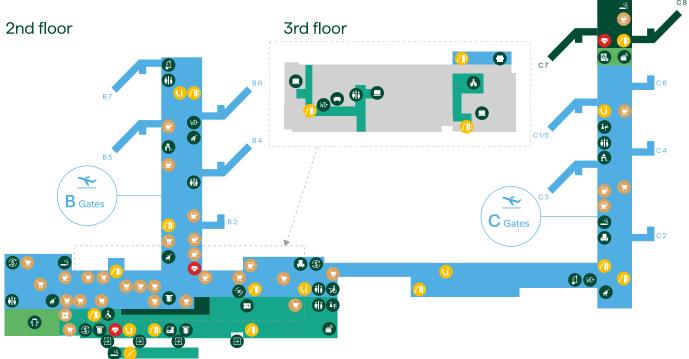
## **Welcome** to RIX Riga Airport

airBaltic's home base, the RIX Riga Airport is modern and comfortable, with many shops and cafés. At the same time it is very compact, so transferring from one flight to another can be easily done on foot. Please take into account the following average transit times:

► From Non-Schengen passport and security control lst floor to Schengen departure gates – 15 minutes;

► From Security control 2<sup>nd</sup> floor to: Schengen departure gates – 15 minutes; Non-Schengen departure gates – 22 minutes.







# airCafe

Freshly made before your flight



## Enjoy your meal and earn airBaltic Club points!

When ordering, present your airBaltic Club card to collect loyalty points for future adventures.

Plus, enjoy **10% off** soft and hot drinks!



# Freshly made just for you!

We want every bite of your journey with airBaltic to be a delight. That's why our meals are freshly made right before your flight. Thoughtfully crafted and cooked by our top chefs, using only the finest local ingredients

#### Svaigi pagatavotas maltītes!

Vēlamies, lai airBaltic lidojumos katrs kumoss sagādātu prieku, tāpēc maltītes tiek svaigi pagatavotas tieši pirms lidojuma. Mūsu šefpavāri tās pagatavo no vislabākajām vietējām sastāvdalām.





#### Juicy wrap

With salmon, spinach, and cream cheese

Sulīgs vraps ar lasi, spinātiem un krēmsieru

**7**<sup>99</sup>€





+ White or red wine, p. 179 Sarkanvīns vai baltvīns, 179. lpp.

**14** <sup>98</sup> €





#### Panini

Freshly made chicken fillet-and-cheese panini with BBQ mayo

Svaigi pagatavota panini maize ar vistas fileju, sieru un BBQ majonēzi

**7**99



+ Juice or lemonade, p. 175 Sula vai limonāde 175. lpp.

**10**<sup>48</sup>€

Please be informed that fresh meals are available on flights lasting over 1h and 30 min, and some items may not be available on all flights or might already be sold out.

Ask the cabin crew about the ingredients and allergens of a given product.

Svaigās maltītes ir pieejamas lidojumos, kas ilgāki par 1 h 30 min. Informējam, ka produktu pieejamība var mainīties atkarībā no lidojuma maršruta. Jautājiet apkalpei par produktu sastāvu un tajos esošajiem alergēniem.

## APPETISERS | UZKODAS



#### Croissant

With local smoked ham, cheese and pickled cucumbers

Kraukšķīgs kruasāns, pildīts ar vietējā kūpinājuma šķiņķi, sieru un marinētu gurķi

**6**<sup>99</sup>





+ Coffee, p. 173





#### Tapas

Olives, breadsticks, cheese, ham and mini fuet sausages

Olīvas, maizes standziņas, siers, šķiņķis un fuet minidesiņas

**8**<sup>49</sup>





Show your airBaltic Club card and collect points!

## HOT DISHES | SILTIE EDIENI

To guarantee a smooth onboard service and great flavour, our meals are expertly cooked ahead of time, using trusted methods and premium ingredients.

Lai nodrošinātu nevainojamu apkalpošanu un lielisku garšu, mēs maltītes sagatavojam iepriekš, izmantojot uzticamas metodes un augstākās kvalitātes sastāvdaļas.



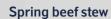


#### Vegetable lasagne

Vegan lasagne with vegetable sauce (gluten free)

Vegāniska lazanja ar dārzeņu mērci (bez glutēna)

99€



Flavourful dish featuring seasonal vegetables and tender pieces of slowly stewed meat

Gards sezonālo dārzeņu sautējums ar lēni sautētu liellopa gaļu

**10**<sup>49</sup>€







#### Tajine-style chicken pasta

Tender simmered chicken with pasta and aromatic oriental spices

Maigi sautēta vistas gaļa ar pastu un austrumu garšvielām

**9**<sup>9</sup>€

Please be informed that hot dishes are available on flights lasting over 1h and 30 min, and some items may not be available on all flights or might already be sold out.

Ask the cabin crew about the ingredients and allergens of a given product.

Siltie ēdieni ir pieejami lidojumos, kas ilgāki par 1 h 30 min. Informējam, ka produktu pieejamība var mainīties atkarībā no lidojuma maršruta. Jautājiet apkalpei par produktu sastāvu un tajos esošajiem alergēniem.

## HOT DISHES | SILTIE EDIENI



#### Wrap burger

Wrap burger filled with delicious BBQ-infused pulled beef

Sātīgs vrapburgers ar plucinātu liellopa gaļu barbekjū gaumē

**8**<sup>99</sup>



+ Juice or lemonade, p. 175 Sula vai limonāde 175. lpp.

**11** <sup>48</sup> €







#### Chicken soup

Spicy chicken soup with noodles and vegetables

Pikanta vistas zupa ar nūdelēm un dārzeņiem

6<sup>49</sup>





+ Croissant, p. 169 Kruasāns, 169. lpp.

**12**<sup>48</sup>€



Show your airBaltic Club card and collect points!

## DESSERTS | DESERTI



Blueberry



#### **The Beginnings**

Crispy Vanilla protein bar, 50g Kraukšķīgs vaniļas proteīna batoniņš





Chocolate bar Šokolādes batoniņš



#### **Fazer Remix Minis**

Assorted sweets, 120g Saldumu izlase





#### LIDO cepums

Cookie with nuts and salted caramel, 45g Cepums ar sāļo karameli un riekstiem

## HOT DRINKS | KARSTIE DZĒRIENI



#### Basilur tea

Black / Green Melnā tēja / Zaļā tēja

**3**<sup>49</sup>€

#### **Cadbury**

Hot Chocolate Drink Karstās šokolādes dzēriens



#### Plūkt Blossom tea

Energising mix of echinacea, calendula, peppermint, fireweed, cornflower, cowslip and oregano

Tonizējoša ziedu tēja ar rudzupuķi, ehināciju, kliņģerīti, ugunspuķi, piparmētru, gaiļbiksīti un raudeni

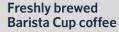




## Freshly brewed Rocket Bean coffee

Colombian and Brazilian Arabica with delicate dark chocolate bitterness, nutty and caramel notes

Kolumbijas un Brazīlijas "Arabica" ar delikātu tumšās šokolādes rūgtenumu, riekstu un karameļu notīm



Peruvian and Brazilian Arabica. Rich flavours with notes of hazelnut and a hint of milk chocolate

Peru un Brazīlijas "Arabica". Piesātināta garša ar lazdu riekstu un piena šokolādes notīm

**3**<sup>99</sup>€



**Douwe Egberts** 

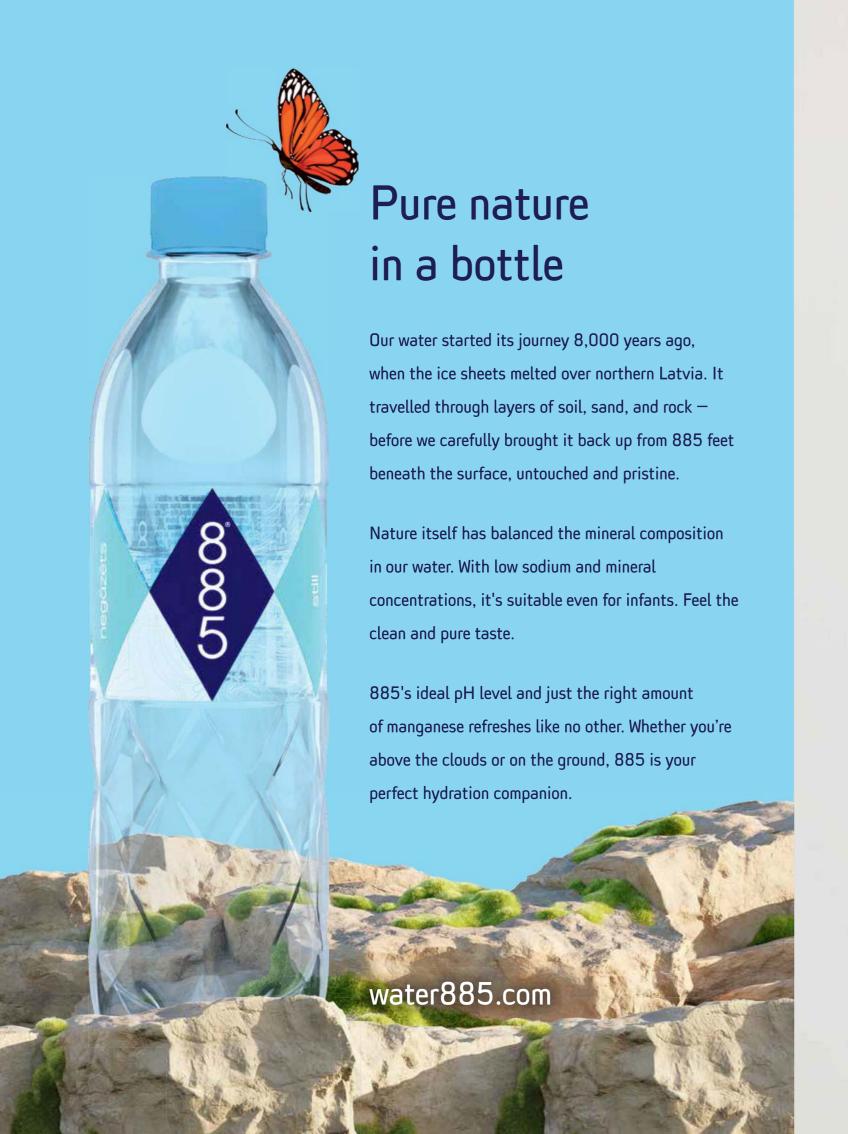
cappuccino

Instant cappuccino

Kapučīno dzēriens









## ALCOHOLIC BEVERAGES | ALKOHOLISKIE DZĒRIENI



#### **Blended Cocktails**

We serve the ingredients separately so you can blend your cocktail just the way you like it.

#### Klasiskie kokteili

Mēs pasniegsim sastāvdaļas atsevišķi, lai tu varētu sajaukt kokteili tieši tā, kā tev patīk.



Riga Black Balsam Currant & **Premium Indian Tonic Water** 

Rīgas Melnais balzams upeņu & Premium Indian Tonic Water

**8**<sup>98</sup>€



Finlandia Premium vodka & **Premium Indian Tonic Water** 

Finlandia Premium degvīns & Premium Indian Tonic Water



**Bombay** Sapphire

Dry Gin 5cl, 40% Džins

176 / airBaltic.com





Finlandia

Premium vodka 5cl, 40% Degvīns



**Bombay Sapphire Dry Gin & Premium Indian Tonic Water** or apple juice

Bombay Sapphire Dry džins & Premium Indian Tonic Water vai ābolu sula



Finlandia Premium vodka & tomato juice

Finlandia Premium degvīns & tomātu sula

**8**<sup>98</sup>€



Jack Daniel's whiskey &

Prosecco Bottega Gold &

orange juice

Gold & apelsīnu sula

**Rémy Martin** 

Konjaks

VSOP cognac 5cl, 40%

**11**<sup>49</sup>€

Dzirkstošais vīns Bottega

Coca-Cola

**10**<sup>48</sup>€

Jack Daniel's viskijs & Coca-Cola

**Jack Daniel's** Whiskey 5cl, 40% Viskijs



Riga Black Balsam

Currant 4cl, 30% Rīgas Melnais balzams upeņu

## ALCOHOLIC BEVERAGES | ALKOHOLISKIE DZĒRIENI



**Premixed cocktails** lepriekš pagatavoti kokteiļi



Show your airBaltic Club card and collect points!







18.7cl, 11.5%, France Baltvīns, Francija

#### **Bottega II Vino Dei Poeti** Prosecco DOC Rosé Brut

20cl, 11%, Italy Dzirkstošais vīns, Itālija

#### **Bottega Gold Prosecco Brut**

20cl, 11%, Italy Dzirkstošais vīns, Itālija



#### Bottega 0 **Sparkling Life**

20cl, 0%, Italy Bezalkoholiskais dzirkstošais vīns, Itālija

#### Mežpils Lager

50cl, 5.3%, Latvia Mežpils Gaišais

#### Carlsberg

33cl, 5%, Danish Pilsner Dāņu Pilsner gaišais alus

**4**<sup>99</sup>€



collect points



ALCOHOL CONSUMPTION HAS ADVERSE EFFECTS. IT IS PROHIBITED TO SELL, PURCHASE OR GIVE ALCOHOL TO UNDERAGE PERSONS.





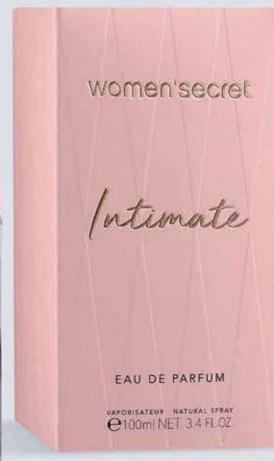


**VERSACE** Woman EDP for her, 50 ml

**€29**<sup>90</sup> Retail Price €35 SAVE **15**%







**WOMEN'SECRET** Intimate EDP for her, 100 ml

**€19**<sup>90</sup>

NEW Retail Price **€29.99** SAVE **34**%

FRAGRANCES | COSMETICS & SKINCARE | WATCHES & JEWELLERY | ACCESSORIES & TRAVEL ESSENTIALS | FOR KIDS & FUN

Calvin Klein

**CALVIN KLEIN** Free EDT for him, 50 ml **€19**<sup>90</sup>





**€19**90 Retail Price **€25.95 SAVE 23%** 

**CALVIN KLEIN Sheer Beauty** EDT for her, 50 ml

**€19**<sup>90</sup> Retail Price €29.59 **SAVE 33%** 







#### **AVIATOR PERFUMES**

Energy EDP for him, 100 ml



AVIATOR Energy Eau de Parfum Spray – the fresh, masculine men's fragrance that will lift you to new heights.

AVIATOR Energy Eau de Parfum Spray – svaigs, vīrišķīgs aromāts, kas paceļ tevi jaunos augstumos.



#### **CALVIN KLEIN Eternity Moment** EDP for her, 50 ml

Inspired by the natural beauty of sea shells glistening in the sand on a warm summer day; washed up by the waves, they lie in the sun, waiting

Šis smaržūdens tika radīts, iedvesmojoties no jūras gliemežvāku dabiskā skaistuma, kad tie mirdz smiltīs siltā vasaras dienā. Viļņu izskaloti, tie guļ saulē un gaida, kad kāds tos atradīs.

**€29**90

Retail Price €32.00 SAVE **7**%



This urban fragrance type is perfect for all occasions. Belongs to the aromatic-oriental-spicy fragrance family. Šis pilsētnieciskais aromāts ir ideāli piemērots visiem dzīves gadījumiem. Smaržīgu, austrumniecisku augu aromātu saimes daļa.









#### **BUGATTI** Bella Donna EDP for her, 60 ml

Embodies the quintessential Italian concept of la dolce vita, exuding an infectious enthusiasm for life. Its lightness gracefully accompanies a woman throughout her day, accentuating her spontaneity while highlighting her sensuality and femininity with a touch of classic elegance. Itāļu "saldās dzīves" koncepcijas iemiesojums, kas izstaro dzīvesprieku un entuziasmu. Aromāta vieglums graciozi pavada sievieti visas dienas garumā, uzsverot viņas spontanitāti, vienlaikus izceļot jutekliskumu un sievišķību ar klasiskas elegances pieskārienu.

Retail Price **€26.49** SAVE **25**%



184 / airBaltic.com Baltic Outlook / 2025 / 185



**VERSACE**Bright Crystal
EDT for her, 50 ml

**€74**90

Retail Price €85.00 SAVE 12% Sheer sensuality, crystal transparency, and luminous brightness: this is Bright Crystal by Versace, a precious jewel of rare beauty characterised by a fresh, vibrant, flowery scent. An enthralling and voluptuous perfume - sensual and always glamorous.

Jūtīgums un kristāldzidrs, mirdzošs spožums: tieši tāds ir Bright Crystal no Versace, neparasti skaists dārgakmens, ko raksturo svaigs, dzirkstošs un ziedu aromāts – aizraujošs, valdzinošs un juteklisks.



### CAROLINA HERRERA

Good Girl EDP for her, 30 ml Reveal your good side through the luminous facet of tuberose and the best quality jasmine sambac. Dare your bad side through addictive notes of roasted tonka beans and cocoa. It's so good to be bad!

Parādiet savu labo pusi, pateicoties tuberozes un augstākās kvalitātes sambaka jasmīna aromātam. Izaiciniet savu slikto pusi ar grauzdētu tonkas pupiņu un kakao notīm. Būt sliktai meitenei ir lieliski!

€6790

Retail Price €74.50 SAVE 9%



#### GISADA

Titanium EDP for him, 50 ml

€85

Retail Price **€95**SAVE **11**%

The aromatic, woody and ambery fragrance opens with a vital blend of pink pepper, artemisia, sage and cardamom. In the heart note, lavender, cedarwood, leather, cinnamon and sandalwood merge into a powerful melody. The base notes of iris, vanilla, tonka, patchouli and balsam fir leave a lasting, elegant impression. A fragrance masterpiece that combines powerful masculinity and sensual sophistication in perfect harmony.

Koksnes un dzintara aromāts atklājas ar rozā piparu, artemīzijas ziedu, salvijas un kardamona notīm. Seko sirds nošu kombinācija, kas sastāv no lavandas, ciedra, ādas, kanēļa un sandalkoka aromātiem. Pamata notis veido īriss, vaniļa, tonkas pupiņas, pačūlija un balzama baltegle. Iespaids ir ilgstošs un elegants. Aromātu šedevrs, kurā harmoniski apvienojas vīrišķība un jutekliska izsmalcinātība.



#### GISADA Ambassadora EDP for her, 50 ml

€75

Retail Price €89.00 SAVE 16% Feminine sweetness, luxurious soft notes: Mandarin and blueberry form a fragrant duet in the top note, playing with the rich fruitiness of jasmine and orange blossom. Underpinned with the comforting warmth of vanilla, musk and sandalwood, while cashmere wood and icing sugar give the chords a delicate finish with their extravagance. Pink pepper provides the subliminal wow effect.

Sievišķīgs aromāts ar greznām un maigām notīm: mandarīna un melleņu duets augšējā notī saspēlējas ar jasmīna un apelsīna ziedu aromātu. Pamattoni veido vaniļas, muskusa un sandalkoka mierinošais siltums, savukārt kašmira koksne un pūdercukurs piešķir aromātam īpašu maigumu un ekstravaganci. Rozā pipari panāk tā dēvēto "wow efektu".



## LOOK PERFECT IN 1 MINUTE

**BESTSELLER MAKE-UP MOUSSE** IN FULL SIZE & TRAVEL SIZE

4-IN-1 PRIMER, CONCEALER, FOUNDATION, POWDER

asambeauty.com | made in germany



\* M. Asam® MAGIC FINISH Make-up classic 30 ml was Germany's best-selling foundation product in drugstores in 2023. Source: NielsenIQ, category colour cosmetics, subcategory colour cosmetics 'other', sales in EUR, Germany, drugstores, full year 2023

#### M. Asam® MAGIC FINISH Make-up Set (30 ml classic + 10 ml travel-size classic)

€29

TRAVEL RETAIL EXCLUSIVE

Experience a touch of magic. The M. Asam® MAGIC FINISH Make-up individually adapts to many skin tones and hides unevenness, wrinkles and redness. No powder is needed, as it naturally mattifies the skin. The international bestseller is suitable for all skin types.

Individuāli pielāgojas dažādiem ādas toņiem. Apslēpj ādas nepilnības, grumbas un apsārtumu, un āda izskatās zīdaini gluda. Pūderis nav nepieciešams, jo līdzeklis dabiski matē ādu visas dienas garumā. Piemērots visiem ādas tipiem, un to var uzklāt uz jebkura dienas krēma vai seruma. Komplektā ietilpst 30 un 10 ml tūbiņās, kas ir ideāli piemērotas ceļojumiem.



**BEST** 

#### M. Asam® MAGIC FINISH Satin Lipstick Trio 3 x 4 g Hazelnut Heaven, Almond & Rosewood

€34

TRAVEL RETAIL EXCLUSIVE

The M. Asam® MAGIC FINISH Satin Lipstick Set contains three lipsticks in naturally soft nude shades and combines rich colours with intensive care. The texture is particularly creamy and provides continuous moisture.
The high coverage creates an intense colour experience and long hold without drying out the lips.

 $\mathsf{M.Asam}^{\texttt{@}}\,\mathsf{MAGIC}\,\mathsf{FINISH}\,\mathsf{Satin}\,\mathsf{Lipstick}\,\mathsf{Set}\,\mathsf{komplekt\bar{a}}\,\mathsf{ietilpst}\,\mathsf{tr\bar{is}}\,\mathsf{l\bar{u}pu}\,\mathsf{kr\bar{a}sas}$ ar dabiskiem un maigiem toņiem lazdu riekstu, mandeļu un rožkoka krāsās, nodrošinot intensīvu lūpu ādas kopšanu. Lūpu krāsu sastāvā ietilpst īpaši peptīdi un 11 barojoši vaski un ellas, kas uzlabo lūpu formu un apjomu.



### DIEGO DALLA PALMA

MyToyBoy Mascara, 13 ml

An iconic and irresistible product. Innovative and vegan formula in a 4D-action mascara: extra volume, lengthening, maximum definition, lasting 24 h. It boosts the natural growth of lashes in only 30 days.

Ikoniska un neatvairāma 4D darbības skropstu tuša ar inovatīvu un vegānisku formulu: lielāks apjoms, pagarināšana, maksimāla precizitāte, 24 stundu noturība. Paātrina skropstu dabisko augšanu tikai 30 dienu laikā.

€23

Retail Price €27.90 SAVE 18%

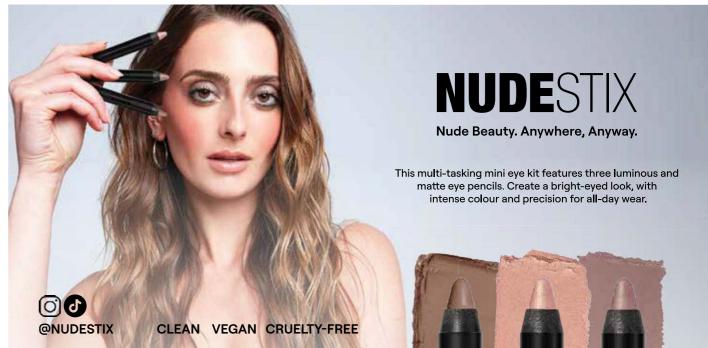
#### **DIEGO DALLA PALMA**

MyHappyToy Mascara, 13 ml

A revolutionary high-definition mascara. Lashes are instantly curled and lifted, for an extraordinary push-up effect! Ultra-defined, clump- and smudge-free volume. Vegan formula enriched with active ingredients that help repair weak lashes. Increases lash growth in just 30 days of continuous use. Ophthalmologically tested. 24-hour wear.

Revolucionāra un īpaši efektīva skropstu tuša. Tā acumirklī piešķir skropstām izliekumu un izteiktu apjomu, turklāt skropstas nesalīp kopā. Vegāniska formula ir bagātināta ar aktīvām sastāvdaļām, kas stiprina skropstas. Paātrina skropstu augšanu tikai 30 dienu lietošanas laikā. Tuša ir oftalmoloģiski pārbaudīta. 24 stundu noturība.

**€23**Retail Price **€27.90** 



## **NUDESTIX**Bright Nude Eyes Kit 3x2.5 g

€27

NEW ON BOARD Bright Eyes Mini 3-pc Eye Makeup Kit with luminous & matte eye pencils.

- Mini three-piece eye makeup kit with luminous and matte eye pencils.
- Multi-tasking, long wearing eyeshadow pencils provide intense colour and precision for all-day wear.
- $\bullet$  Infused with hydrating ingredients, the formula is super creamy for buildable colour.

Bright Eyes Mini komplekts ar trim mirdzošiem un matētiem acu z $\bar{\text{mu}}$ ļiem.

- Acu grima minikomplekts ar mirdzošiem un matētiem acu zīmuļiem.
- Daudzfunkcionālie, noturīgie acu ēnu zīmuļi nodrošina intensīvu krāsu un precizitāti visas dienas garumā – ideāli arī ceļojuma laikā.
- Bagātināti ar mitrinošām sastāvdaļām. To īpaši krēmīgā tekstūra ļauj ērti uzklāt un veidot vēlamo krāsas intensitāti.



## NUDESTIX

## SWEET AND SUNNY CHEEKS BLUSH & BRONZER KIT

This 2-piece blush and bronze kit is all you need to effortlessly add warmth and a fresh dewy look to your complexion. **Nudies Matte Bronze** in **Sunkissed Cool** bronzes and sculpts the face while **Nudies Bloom Blush** in **Sweet Cheeks** adds a juicy pop of colour to eyes, lips and cheeks. The perfect duo for easy, multi-tasking, minimalist makeup on-the-go.

MINIMALIST MULTI-TASKING MAKEUP

@NUDESTIX

## NUDESTIX

Sweet & Sunny Cheeks Duo, 2x7 g

**€40**<sup>50</sup>

finishes that create a pretty blush and sunkissed bronze for a must-have healthy glow perfect for every season.

NUDESTIX divda|īgajā balzamu komplektā Sweet & Sunny Cheeks NUDIES ietilpst

NUDESTIX's Sweet & Sunny Cheeks 2-Piece NUDIES Kit features a mix of shades and

NUDESTIX divdaļīgajā balzamu komplektā Sweet & Sunny Cheeks NUDIES ietilpst dažādi toņi un krāsas, kas rada skaistu sārtumu un saulainu bronzas toni veselīgam ādas mirdzumam, ideāli piemērotu katram gadalaikam.

Retail Price **€45**SAVE **10%** 

## REFRESHING MOMENTS – EVEN ABOVE THE CLOUDS

**PERFECT EYE SERUM** 

WRINKLE REDUCING, ANTI DARK CIRCLES, COOLING, SOOTHING

asambeauty.com | made in germany

3% Beautifeye™ strip projection after 2x daily application over 2 months, 24 subjects.
 \*\* Beautifeye™ is used under authorisation of Sederma.

M. ASAM® MAGIC CARE
Perfect Eye Serum,
25 ml

**€22**90

Retail Price €28.99 SAVE 21%



Turn your trip into a beauty retreat! The M. Asam® MAGIC CARE Perfect Eye Serum is your must-have for a fresh, awake look. The cooling applicator instantly refreshes, while the innovative formula with peptides and patented\* hyaluronic acid complex supports an all-round firm, smooth and fresh-looking eye area – ideal for long flights. Instant freshness effect – for radiant eyes, no matter where you are! \*EP2014278

Pārvērt savu ceļojumu par skaistumkopšanas rituālu! M. Asam® MAGIC CARE Perfect Eye Serum ir tavs neaizvietojamais līdzeklis svaigam, možam izskatam. Atsvaidzinošais aplikators atvēsina, savukārt inovatīvā formula ar peptīdiem un patentētu\* hialuronskābes kompleksu sniedz gludu, stingru un starojošu ādas izskatu ap acīm – ideāli gariem lidojumiem. Tūlītējs svaiguma efekts – mirdzošām acīm jebkurā galamērķī! \*EP2014278

## THE EYE CREAM DUO FOR A RELAXED FLIGHT

**EYE CARE DUO** 

BRIGHT EYES UPON ARRIVAL:
PROTECTING, REVITALISING, SMOOTHING

asambeauty.com made in germany



M. Asamo

MAGIC CARE

LIFTING OF THE UPPER

**EYELID THANKS TO 3%** 

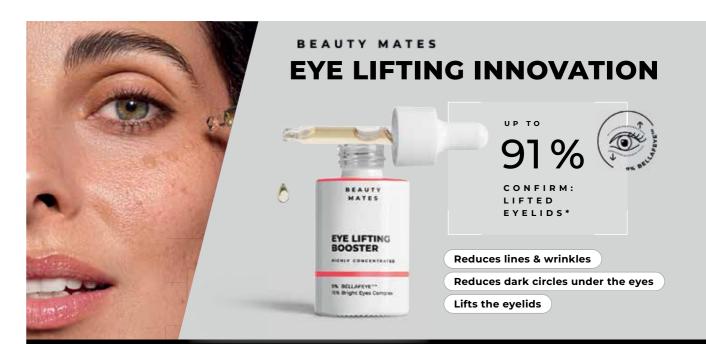
BEAUTIFEYE™\*

M. ASAM® VINO GOLD® Eye Care Duo, 2x30 ml

€33

Day or night, the M. Asam® VINO GOLD® Eye Care Duo is the secret to radiant eyes on any journey. Our convenient double-chamber jar offers two effective eye creams: during the day, white flower extracts and caffeine revitalise the eye area, while at night our rich formula revitalizes the skin. The patented\* VINO GOLD® grape power provides antioxidant protection against premature skin aging and dehydration. Perfect for frequent flyers and globetrotters.

M. Asam® VINO GOLD® acu kopšanas komplekts ļaus jūsu acīm mirdzēt jebkurā ceļojumā un jebkurā diennakts laikā. Mūsu ērtajā divdaļīgajā flakonā iepildīti divi efektīvi acu krēmi: dienas laikā balto ziedu ekstrakti un kofeīns atjauno acu zonu, savukārt naktī mūsu bagātīgā formula revitalizē ādu. Patentētais VINO GOLD® vīnogu spēks nodrošina antioksidantu aizsardzību pret priekšlaicīgu ādas novecošanos un atūdeņošanos. Lieliski piemērots cilvēkiem, kuri bieži ceļo.



HIGH PERFORMANCE SKINCARE | MADE IN GERMANY | BEAUTYMATES.COM

BEAUTY MATES

Eye Lifting Booster, 30 ml

**€33**Retail Price **€39**SAVE **15%** 

NEW ON BOARD Discover our 360° Eye Serum: Clinically proven to reduce fine lines, puffiness & dark circles while firming the eyelid. Up to 91% confirmed visible results 100% vegan, fragrance-free, and dermatologically tested for proven efficacy and skin compatibility.

Atklājiet mūsu 360° acu serumu: Klīniski pierādīts, ka tas samazina sīkās krunciņas, pietūkumu un tumšos lokus, vienlaikus nostiprinot plakstiņu. Līdz pat 91% lietotāju apstiprinājuši redzamus rezultātus. 100% vegāns, bez smaržvielām, dermatoloģiski testēts, ideāli piemērots ādas kopšanai ceļojumā.



ROSALIQUE

Z IN 1 ANTI-DEDNESS MIDACLE FORMULA SDESO

## Embrace your natural beauty this summer!

This unique green formula was specially developed for sensitive and redness-prone skin. Rosalique neutralises redness and gives you a smooth, even and radiant complexion, whilst protecting your skin with an award-winning SPF50.

#### Our Triple Action Effect:

- Instantly conceals redness and uneven skin tone
- Gently treats and nourishes the skin with 5 antiinflammatory, naturally active ingredients
- Protects long-term with a 5\*-rated SPF50

Rosalique is the perfect multifunctional travel companion. Use as a tinted moisturiser for natural coverage and sun protection, use as a concealer to cover red patches or use as a primer for a long-lasting base under makeup.



ROSALIQUE Anti-Redness Cream, 30 ml

**€29** 

Retail Price €34.95 SAVE 17% This unique green formula offers beautiful natural coverage, a 5\*-rated broad-spectrum SPF 50 and a sun-kissed glow. Instantly conceals redness and uneven skin tone. Gently treats and nourishes the skin with 5 anti-inflammatory, naturally active ingredients. Protects long-term with an award-winning SPF 50. Rosalique was specially developed for sensitive and redness-prone skin and is perfect as a tinted moisturiser, colour corrector or as a primer under your makeup.

Unikāla dabīga formula nodrošina skaistu dabisku pārklājumu, efektīvu SPF 50 saules aizsardzību un mirdzošu iedegumu. Uzreiz novērš ādas apsārtumu un nevienmērīgu ādas toni. Maigi attīra un baro ādu ar 5 dabīgi aktīvām pretiekaisuma sastāvdaļām. Noturīga SPF 50 aizsardzība pret sauli. Rosalique krēms ir īpaši izstrādāts jutīgai ādai ar tendenci uz apsārtumu, tas ir lieliski piemērots kā tonēts mitrinātājs, krāsas korektors vai grima bāze.





#### **HADAT**

Hydro Nutrient Nourishing Conditioner, 70 ml

€8

TRAVEL RETAIL EXCLUSIVE

The all-in-one conditioner protects hair from damage by trapping moisture in every hair, making it smooth and shiny. The conditioner has a light creamy texture, moisturises and softens the hair without weighing it down, adds luster. Facilitates combing.

"Viss vienā" kondicionieris aizsargā matus no bojājumiem, noturot mitrumu visā matu garumā, padarot tos gludus un spīdīgus. Kondicionierim ir viegla krēmveida tekstūra – tas mitrina un mīkstina matus, nenoslogojot tos, piešķir mirdzumu. Atvieglo matu ķemmēšanu – ideāli piemērots kopšanai ceļojuma laikā!



#### **HADAT**

Hydro Nourishing Moisture Shampoo, 70 ml

€8

TRAVEL RETAIL EXCLUSIVE

The shampoo provides balanced nutrition, restores moisture levels and strengthens normal and dry hair. It gently cleanses and moisturises hair without weighing it down while increasing root volume. After using the shampoo, the hair becomes less brittle and dry, looking healthy and shiny.

Šampūns nodrošina sabalansētu barošanu, atjauno mitruma līmeni un stiprina normālus un sausus matus. Maigi attīra un mitrina matus, tos nenoslogojot, vienlaikus piešķirot apjomu pie saknēm. Pēc šampūna lietošanas mati kļūst mazāk trausli un sausi, izskatās veselīgi un mirdzoši – ideāli ceļojuma atsvaidzinājumam!









# 'Quite possibly the best thing since botox'

Tatler Magazine Beauty Awards, Best Eye Cream.



DR. LEVY SWITZERLAND Intense Eye Rescue, 15 ml

Dr. Levy, Switzerland's first aesthetic Botox® pioneer, has patented this intensive stem cell formula to visibly renew the delicate eye area and help restore its youthful glow. Proven in independent clinicals. Free Gift: micro-current lifting device for instant results.

Dr. Levijs, estētiskā Botox® pionieris no Šveices, ir patentējis šo intensīvo cilmes šūnu formulu, kas palīdz atjaunot jutīgo ādu ap acīm un atgūt tās jauneklīgo mirdzumu. Līdzeklis pārbaudīts neatkarīgos klīniskos pētījumos. Bezmaksas dāvana: mikrostrāvas liftinga ierīce tūlītējiem rezultātiem

€170

TRAVEL RETAIL EXCLUSIVE

PATENTED

STEM CELL

TECHNOLOGY

SEET SEET BEFORE AFTER 1 USE STEP 1: Fire Immediate glow from a unique gentle, heating peel. 10 days to skin reborn The ultimate 2-step cure. Warning: Not for sensitive skin. Patch before use. Use a sunscreen 100 AWARDS wear protective clothing and limit sun exposure while using the product and for a week afterwards This Swiss-made, skin-renewing treatment from a top aesthetic dermatologist purifies, DR. LEVY SWITZERLAND replenishes, and plumps skin in 10 days. Featuring epigenetic technology, the two-step protocol Fire & Snow includes the 'Fire' peel to detoxify with revitalising warmth and the 'Snow' serum with Swiss antioxidants, hyaluronic acid, phytocollagen, and lotus stem cells to boost skin vitality. Vegan, Peel and Serum, 2x10 ml

€79

Fire& Snow

TRAVEL RETAIL EXCLUSIVE

cruelty-free, dermatologically tested. Suitable for all genders.

STEP 2: Snow

Plump and regenerate with natural plant stem cells and

concentrated hyaluronic acid.

Šveicē ražotais ādu atjaunojošais līdzeklis no vadošā estētikas dermatologa attīra, atjauno un piesātina ādu jau 10 dienu laikā. Divpakāpju rituāls ar epiģenētisko tehnoloģiju apvieno "Fire" pīlingu ādas detoksam un siltuma impulsu atjaunošanai, kā arī "Snow" serumu ar Šveices antioksidantiem, hialuronskābi, fitokolagēnu un lotosa cilmes šūnām, kas uzlabo ādas vitalitāti. Vegāniem piemērots, netestēts uz dzīvniekiem, dermatoloģiski pārbaudīts. Piemērots visiem dzimumiem.



**DR. LEVY SWITZERLAND** 4 Miracles Mask & Cure

€59

TRAVEL RETAIL EXCLUSIVE

Developed specifically for the traveller by Switzerland's number 1 Botox® Doctor, this inflight exclusive set combines the R3 Cell Matrix Mask (50 ml) with a two-week stem cell cure of the brand's bestselling Eye Booster Concentrate (3 ml) and award-winning Booster Serum (4 ml).

Šis ekskluzīvais komplekts, ko īpaši ceļotājiem ir izstrādājis Šveices vadošais Botox® eksperts, ietver šūnu matricas masku R3 (50 ml), Eye Booster koncentrātu (3 ml) divu nedēļu ārstniecības kursam un godalgoto aktivācijas serumu (4 ml).

Dr.

**LEVY** 

SWITZERLAND



**YOUTH LAB** 60 Patches & Spatula

**€29**90

Retail Price €42.00 SAVE **29**%

A firming & anti-wrinkle hydrogel mask for total restructuring of the eye area. In just 20 minutes, fine lines and wrinkles, as well as dark shadows, are reduced. Dermatologically tested. Nostiprinoša pretgrumbu hidrogēla maska pilnīgai acu zonas izmainīšanai. Smalkās krunciņas, grumbas, kā arī tumšie loki tiek samazināti tikai 20 minūšu laikā. Dermatoloģiski pārbaudīts.



#### **BIO2YOU**

Anti-Age Day Cream, 50 ml

Reduces wrinkles, provides long-lasting hydration and skin renewal, increases skin elasticity and stimulates collagen production.

Dabīgs atjaunojošs dienas krēms ar hialuronskābi. Samazina krunciņas, nodrošina ilgstošu mitrināšanu un ādas atjaunošanos, paaugstina ādas elastību un stimulē kolagēna rašanos.





#### **BIO2YOU**

Anti-Age Night Cream, 50 ml

Provides long-lasting moisture, nourishment, protection & rejuvenation, increases skin elasticity and stimulates collagen production, allowing your skin to regain lost vitality and slow the onset of further signs of aging.

Dabīgs atjaunojošs nakts krēms ar hialuronskābi. Nodrošina ilgstošu mitrināšanu un aizsardzību, paaugstina ādas elastību un stimulē kolagēna rašanos, ļaujot ādai atgūt zaudēto vitalitāti un palēnināt novecošanās pazīmju rašanos.







#### **BIO2YOU**

Regenerating Travel/Gift set. Moisturising Day Cream SPF 30, 50 ml

+ Regenerating Hyaluronic Face Serum, 50 ml

This skincare treatment set features two must-have products for glowing, youthful skin: Moisturising Day Cream SPF 30 and Regenerating Hyaluronic Acid Face Serum. Together, they provide hydration, protection, and rejuvenation. The perfect gift for pampering yourself or someone special.

Šis ādas kopšanas komplekts satur divus būtiskus must-have produktus mirdzošai un jauneklīgai ādai: mitrinošs dienas krēms ar SPF 30 un atjaunojošs hialuronskābes serums sejai. Kopā tie nodrošina ilgstošu mitrināšanu un aizsardzību. Ideāla dāvana sevis vai kāda cita palutināšanai.







#### DR. PAWPAW

#### Your Gorgeous Skin Face Mist, 100 ml

Discover YOUR gorgeous SKIN Hydrating Face Mist, your on-the-go secret for glowing skin. A naturally fragranced, ultra-lightweight formula that delivers three powerful benefits in a single, delightful spray: hydrating, smoothing and soothing. Enriched with the range's hero ingredient -Papayaluronic™ - Niacinamide (Vitamin B3), and an exquisite essence

Atklājiet "Your Gorgeous Skin" mitrinošo sejas miglu – jūsu ceļabiedru mirdzošai ādai! Dabiski aromatizēta, īpaši viegla formula, kas vienā baudpilnā uzsmidzinājumā sniedz trīs spēcīgas priekšrocības: mitrina, izlīdzina un nomierina ādu. Bagātināta ar sērijas galveno sastāvdaļu – Papayaluronic™, niacinamīdu (B3 vitamīnu) un izsmalcinātu neroli ziedu esenci.

**€14**<sup>90</sup>



## The only haircare you need for your travels

- One bottle, seven uses
- Use on wet or dry hair

created by

- No need to rinse, just style and go
- · With bespoke mango and coconut fragrance



On-the-go hydration boost

from takeoff to touchdown

• Hydrating, smoothing and soothing

• Packed full of skin-loving ingredients

• Infused with neroli flower essence

7 en 1 Crème Capillaire Soin Cheveux

WITH NATURAL PAWPER

HEAT PROTECTION

REDUCES SPLIT ENDS DETANGLER

A LEAST-IN HARR TREATMENT S. REDUCES FROZZ & SMOTHES

BLOWDRY STYLING AID

95 NATURAL MINISTRACTOR (SALE)

DR. PAWPAW It Does It All, 100 ml



The perfect combination of a hair treatment and styling product. The 7 in 1 It Does It All Hair Treatment Styler can be used on wet or dry hair for gorgeous results, while leaving your hair smelling amazing. Multi-uses include:

- · Heat protector
- Reduces split ends
- Detangler
- · Leave-in hair treatment
- · Reduces frizz and smoothes
- · Blow-dry styling aid
- Adds shine

Suitable for all hair types

Ideāls matu kopšanas un veidošanas līdzeklis vienā. "7 in 1 lt Does It All Hair Treatment Styler" lietojams gan mitros, gan sausos matos – ceļojuma laikā vai pēc tam, kad esi galamērķī. Rezultāts – skaisti, veselīgi mati ar lielisku aromātu. Daudzfunkcionāla iedarbība:

- Aizsardzība pret karstumu
- Mazina šķelšanos
- Atvieglo ķemmēšanu
- Neskalojams kopšanas līdzeklis
- Samazina pūkošanos un nogludina
- Palīgs matu veidošanai
- Pieškir dabīgu mirdzumu

Piemerots visiem matu tipiem

€10

TRAVEL RETAIL EXCLUSIVE





Creator of the 1st eyelash growth-care system in 1948, and a pioneer in photorejuvenation for

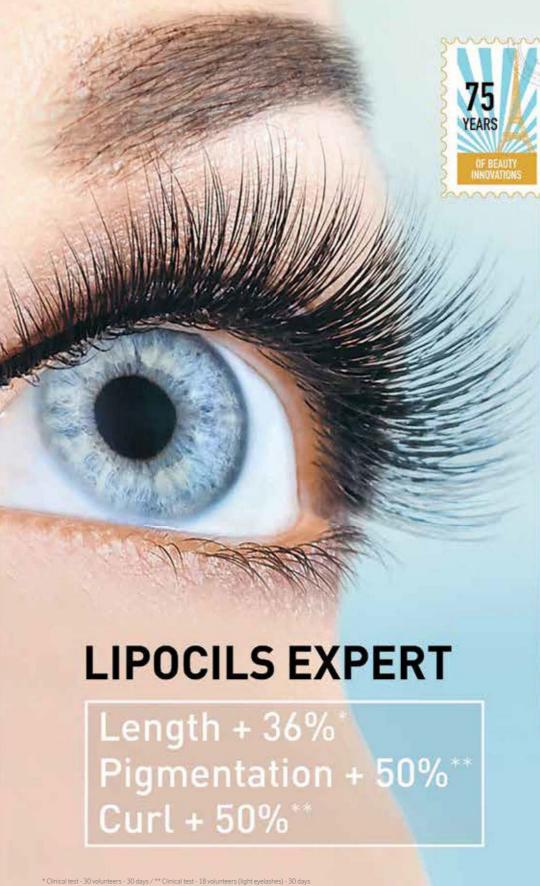
targeting all signs of ageing around the eyes while stimulating eyelash and eyebrow growth.

Talika, kas 1948. gadā radīja pirmo skropstu augšanu veicinošu līdzekli un jau 20 gadus

skropstu un uzacu augšanu.

ir fotorejuvenācijas pionieris, piedāvā kārtējo pārsteigumu: Genius Eyes ir pirmā sarkanā un infrasarkanā LED acu maska, kas iedarbojas uz visām acu novecošanās pazīmēm, vienlaikus veicinot

20 years, Talika innovates again with Genius Eyes: the 1st red and infrared LED beauty eye mask



Lipocils Expert Collector Edition - Eyelash

€41

Retail Price €49.50

**TALIKA** 

Growth & Pigmentation Serum, 10 ml

Legendary Lipocils Expert is a patented and unique combination of five plants that stimulate eyelash growth, natural pigmentation and curl. Clinically proven: after 30 days eyelashes are +2.1 mm longer on average, +50% increased pigmentation, +50% curlier. Apply day and night as a cure or all year long. 96% natural ingredients!

THE 1ST SERUM

**EYELASHES** 

THAT MAKES

YOUR

**GROW** 

Leģendārā Lipocils Expert formula ir patentēta unikāla piecu augu kombinācija, kas stimulē skropstu augšanu, dabisko pigmentāciju un izliekumu. Klīniskos pētījumos ir pierādīts, ka jau pēc 30 dienām skropstas ir vidēji par 2,1 mm garākas, par 50% palielinājusies to pigmentācija un par 50% ir palielinājies skropstu izliekums. Lietojiet dienu un nakti visu gadu! 96% sastāvdaļu ir dabīgas.

**TALIKA** 

Genius Eye Anti-Aging and Growth Light

€199

Retail Price €249.00

# avant

## AWARD-WINNING SKINCARE ROUTINE



SKINCARE - TO - SHARE TM

Dermatologically tested • Cruelty free • Naturality over 88% • Alcohol-free

#### **AVANT GLOW**

Starter Set, 5x10 ml

Discover Avant's Glow Starter Set, the perfect place to start your Avant Skincare journey or try something new. Featuring award-winning and bestselling products in try-out sizes:

- Deluxe Hyaluronic Acid Vivifying Face & Eye Night Cream.
   Eight-Hour Retexturing & Antioxidising Hyaluronic Facial Serum.
- Blue Volcanic Stone Purifying & Antioxidising Cleansing Gel. Harmonious Rose Quartz Revitalising Firming Mask.
- · Pro-Perfecting Collagen Primer Touche Eclat.
- Cotton Canvas Bag made of recycled materials.

Atklājiet Avant Glow starta komplektu: tas ir ideāls, lai izmēģinātu ko jaunu vai atklātu citus Avant Skincare līdzekļus. Starta komplektā ietilpst godalgoti un populārākie produkti maza izmēra konteineros:

- Augstākās klases atjaunojošs hialuronskābes nakts krēms sejai un acīm.
- Astoņu stundu atjaunojošs un antioksidējošs serums sejas kopšanai ar hialuronskābi.
- Attīross un antioksidējoss ādu kopjoss gels ar zilu vulkānisko akmeni.
- Revitalizējoša rožu kvarca maska tvirtai sejas ādai.
- Bāzes tuša ar kolagēna formulu.
- Kokvilnas audekla maisinš, kas izgatavots no pārstrādātiem materiāliem.



Keep your clothes fresh and stain-free, perfect for life's little mishaps! Compact and convenient for stain emergencies on the go.



#### **PURENN**

Universal Stain Remover, 100 ml

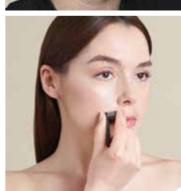




Keep your clothes fresh and stain-free, ideal for little mishaps. Compact and convenient for on-the-go emergencies. The concentrated formula tackles tough stains like coffee, wine, and grease. Non-GMO, nature-friendly and safe for people, eco-friendly, and easy to use – just spray, treat, and wash for spotless results.

Universālais traipu tīrīšanas līdzeklis 100 ml. Palīdz saglabāt drēbes tīras un pasargā no pēkšņiem traipiem! Kompakts un ērts lietošanā. Koncentrētā formula efektīvi tiek galā ar kafijas, vīna un tauku traipiem. Bez GMO, videi draudzīgs un cilvēkam drošs, viegli lietojams – vienkārši uzsmidziniet, laujiet iedarboties un izmazgājiet.







UNITWEEZER Universal Multi Tweezer

**BEST** 

€12 Retail Price €14.95 **SAVE 20%** 

UniTweezer, the universal multi tweezer for careful and smooth facial hair removal – use at home or when on the move. The special geometry enables gentle removal of small hairs on the chin, upper lip, cheeks, ears or between the eyebrows without pinching the skin. Use with only 1 hand, like

 $UniTweezer\ ir\ univers\bar{a}la\ daudzfunkcion\bar{a}la\ pincete\ r\bar{u}p\bar{\iota}gai\ un\ maigai\ sejas\ matiņu\ noņemšanai\$ lietojiet to mājās vai ceļojot. Pincetes īpašā ģeometrija ļauj saudzīgi noņemt mazus matiņus no zoda, augšlūpas, vaigiem, ausīm vai starp uzacīm, nesaspiežot ādu. Izmantojiet tikai ar vienu roku, tāpat kā lietojot parasto pinceti.





**JOWISSA** Facet Princess Set

Retail Price **€270** 

A fashionable Swiss Made Facet Princess watch with a glossy blue leather strap and an additional golden bracelet as a set. Inspired by the popular princess diamond cut, the glass sparkles in a 25 mm gold-tone stainless steel watch case (nickel free). Hand-assembled in Switzerland. 5-bar water-resistant.

Facet Princess ir mūsdienīgs pulkstenis ar spīdīgu zilu ādas siksniņu un papildu zelta aproci komplektā. Pulkstenim ir 25 mm zelta krāsas nerūsējoša tērauda korpuss (bez niķeļa). Roku darbs no Šveices. Ūdensizturība: 5 bāri.

25.6 X 27.3 MM | STAINLESS STEEL | 5 ATM

CASE MATERIAL | WATER RESISTANCE | MOVEMENT

STRAP MATERIAL

RONDA SWISS | LEATHER / STAINLESS STEEL | 14.5 – 18.5 CM / 12.0 – 20.0 CM





**AVIATOR** F Series Smart Watch This Aviator F Series Aero Xtreme Gent's Smart Watch impresses with a 2.01" full touch screen, Aviator F Series Aero Xtreme vīriešu viedpulkstenis pārsteidz ar 2,01" pilna skāriena ekrānu, 450 nitu spilgtumu, digitālo rotējošo kroni, papildu neilona siksniņu, 250+ ciparnīcu dizainiem un treniņu un

Retail Price **€175 SAVE 26%** 



450 nits brightness, digital rotating crown, extra nylon strap, 250+ dials, and exercise & health tracking.

F Series Gent's Smart



Retail Price €169 **SAVE 30%** 

**AVIATOR** 

This Aviator F Series Smart Technique Gent's Watch impresses with 33 mm full touch screen, 500 nits brightness, extra silicone strap, 250+ available dials, health monitoring, and exercise tracking. IP67 protection.

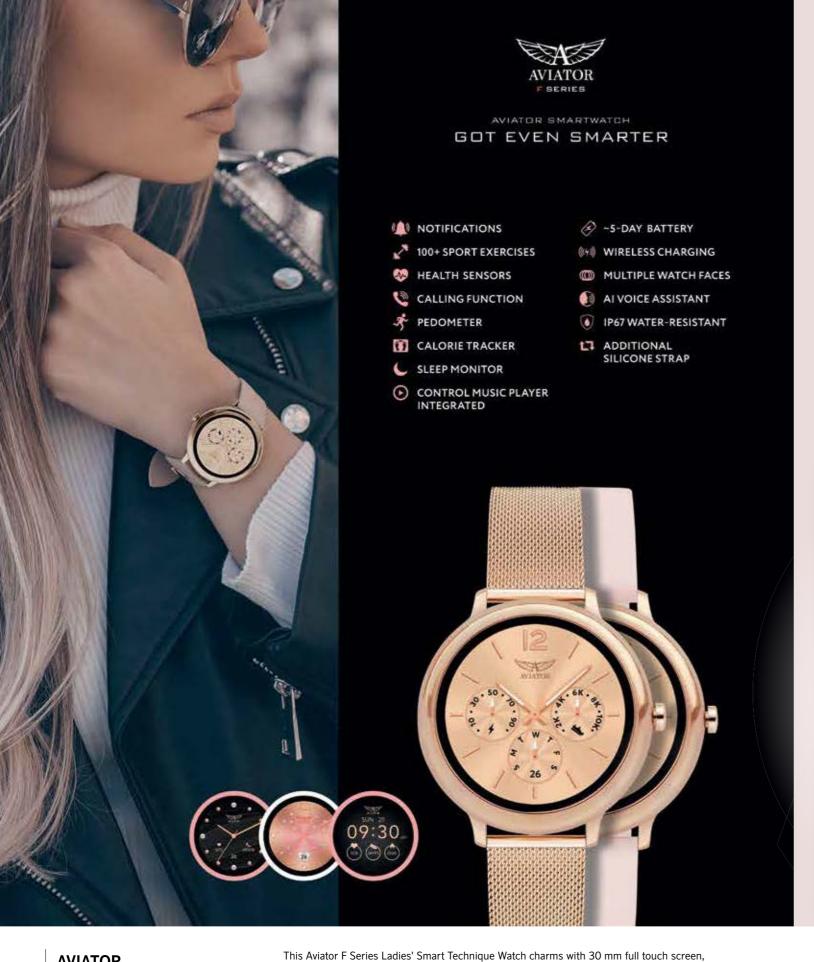
Aviator F sērijas vīriešu viedpulkstenim Smart Technique ir 33 mm pilnībā skārienjutīgs ekrāns, 500 nitu spilgtums, papildu silikona siksniņa, vairāk nekā 250 dažādi ciparnīcu veidi, veselības stāvokļa uzraudzība un treniņu analīze. IP67 aizsardzība.

WATER RESISTANCE IP67

STRAP | FNGTH 21.5 CM

STRAP | FNGTH

21.5 CM





F Series Ladies' Smart **Technique Watch** 



**SAVE 30%** 





300 nits brightness, Milanese strap and extra silicone strap, 300+ available dials, health monitoring, and exercise tracking. IP67 protection.

Aviator F sērijas sieviešu viedpulkstenim Smart Technique ir 30 mm pilnībā skārienjutīgs ekrāns, 300 nitu spilgtums, Milānas siksniņa un papildu silikona siksniņa, vairāk nekā 300 dažādi ciparnīcu veidi, veselības stāvokļa uzraudzība un treniņu analīze. IP67 aizsardzība.

CASE MATERIAL WATER RESISTANCE MILANESE / SILICONE 18.5 CM 42 MM ZINC ALLOY / PLASTIC IP67



#### **AVIATOR**

F Series Ladies' Luxe Set, Rose Gold

Aviator F Series Ladies' Luxe Rose-Gold set features a rose-gold watch with Milanese stainless steel strap and world map on a black dial, accompanied with an adjustable rose-gold world map bracelet. Šajā Aviator F sērijas komplektā ietilpst sieviešu rozā zelta pulkstenis ar tīkla aproci no nerūsējošā tērauda un pasaules karti uz melnas ciparnīcas, kā arī regulējama rozā zelta rokassprādze ar pasaules karti.



**SAVE 28%** 

36 MM STAINLESS STEEL

DIAL SIZE | CASE MATERIAL | WATER RESISTANCE | STRAP MATERIAL 3 ATM

| STRAP LENGTH | BRACELET LENGTH STAINLESS STEEL 16 CM + 2 CM





#### **ORQUIDEA**

Selene – Orquidea Classic Pearl Necklace And Earring Set

€126 Retail Price €172 SAVE **27**%

This stunning pearl necklace is every woman's must-have accessory. 8 mm first-quality Organic Mallorca Pearls with a clasp in sterling silver. A genuine handcrafted necklace made at the traditional Orquidea pearl factory on the Spanish island of Mallorca.

Satriecoša pērļu kaklarota, obligāts aksesuārs katras sievietes garderobē. 8 mm augstākās kvalitātes Maljorkas dabiskās pērles ar sudraba aizdari. Autentisks roku darbs no tradicionālās pērļu fabrikas Orquidea Maljorkas salā. Komplektā ietilpst pērļu auskaru pāris.

#### **ORQUIDEA**

#### Trio Earring Set 8 in 1

Beautiful sterling silver earrings with zirconium and 3 pairs of exchangeable 8 and 9 mm first-quality Organic Mallorca Pearls in different colours, making it an '8 in 1'!

Stilīgi sudraba auskari ar cirkoniju un trim maināmiem 8 un 9 mm augstākās kvalitātes Maljorkas pērļu pāriem dažādās krāsās. Astoņi vienā!

€79

TRAVEL RETAIL EXCLUSIVE



#### **ORQUIDEA**

#### Majorca Duo Bracelet

Bracelet with first-quality Organic Mallorca Pearls – one 6 mm white and one 12 mm black – and sterling silver elements. Handcrafted at the traditional Orquidea pearl factory on the island of Mallorca. Can complement both a formal and a casual look. One size fits all.

Rokassprādze, ko rotā augstākās kvalitātes dabiskās Orquidea Maljorkas pērles baltā (6 mm) un melnā (12 mm) krāsā, kā arī sudraba elementi. Roku darbs no tradicionālas Maljorkas pērļu fabrikas. Piestāv gan formālam, gan ikdienas stilam. Der visiem izmēriem.



TRAVEL RETAIL EXCLUSIVE



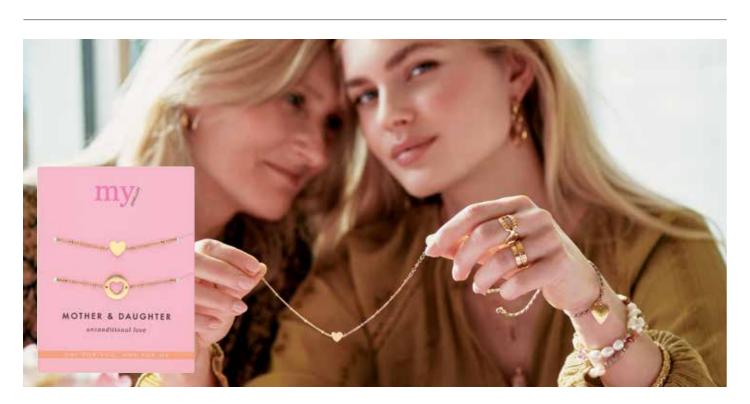


**ZAZA & LILI** 3-Bracelet Set

€39

Retail Price €81 SAVE 52% Three minimalistic bracelets in rhodium, gold and rose gold plating, decorated with sparkling crystals – to be worn together or separately. Bracelet length 17.5 cm

Trīs minimālistiska stila aproces ar rodija, zelta un rozā zelta pārklājumu, rotātas ar mirdzošiem kristāliem. Aproces var valkāt kopā vai pa vienai. Garums: 17,5 cm



MY JEWELLERY
Mother & Daughter
Bracelets, Gold

Premium stainless steel, does not discolour, 100% waterproof, 100% recyclable. The material is of high quality and very long-lasting. You can wear it in the shower or at the beach, with no need to take it off.

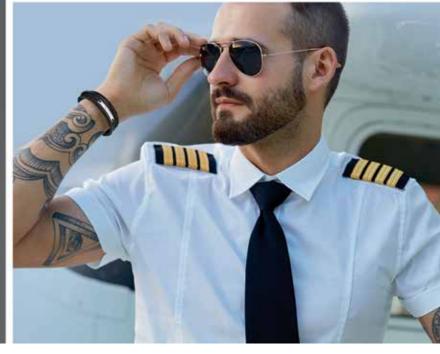
Aproces izgatavotas no augstākās klases nerūsējošā tērauda, nezaudē krāsu, 100% ūdensizturīgas, 100% pārstrādājamas. Augstas kvalitātes, ilgmūžīgs materiāls. Aproces nav nepieciešams noņemt, kad esat pludmalē vai ejat dušā.





STAINLESS STEEL





**AVIATOR**Gent's Bracelet

**€49**Retail Price **€69** 

SAVE **29**%



Elevate your style with the Aviator F Series Gent's leather black bracelet, a perfect blend of rugged charm and timeless sophistication. Ideal for the modern adventurer, this bold statement piece effortlessly combines fine craftsmanship with style. The bracelet has a diameter of 21.5 cm and features a slide closure crafted from stainless steel.

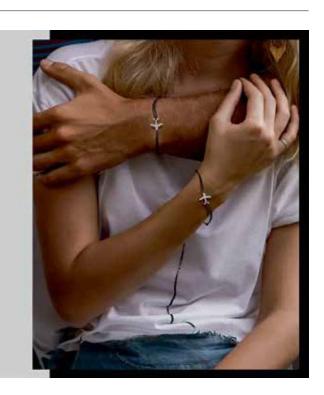
Izcel savu stilu ceļojumā ar Aviator F Series vīriešu melno ādas rokassprādzi – izturības un klasiskā stila kombināciju. Ideāla izvēle stilīgam piedzīvojumu meklētājam – šis aksesuārs apvieno precizitāti un raksturu. Rokassprādzes diametrs 21,5 cm, ar slīdošo aizdari no nerūsējošā tērauda.

BRACELET LENGTH

ADJUSTABLE

MATERIAL LEATHER & STAINLESS STEEL





**UKIYYO** Flybrace





Discover Flybrace: exclusive handcrafted bracelets embodying the spirit of adventure. Crafted in Europe with the essence of travel in mind, each piece symbolises boundless possibilities and the courage to explore. Designed for wanderers, Flybrace is your constant companion in life's journey, inviting curiosity and inspiring stories. Embrace the world on your wrist.

Flybrace – tava piedzīvojumu rotaslieta. Ekskluzīvas, ar rokām darinātas rokassprādzes, iedvesmotas no ceļošanas brīvības. Radītas Eiropā ar ceļojumu sajūtu sirdī, tās simbolizē bezgalīgas iespējas un drosmi doties nezināmajā. Flybrace ir radīts ceļotājiem – tava uzticamā pavadone dzīves ceļojumā. Apkārt pasaulei – vienā rokassprādzē.

### **ACCESSORIES & TRAVEL ESSENTIALS**

AKSESUĀRI UN PRECES CEĻOŠANAI



**AVIATOR** F Series RFID Foldable Wallet

Retail Price **€69** 

Safeguard your information! Wallet with RFID-blocking technology. Holds up to 15 cards. With quick access slot.

Sargājiet savus datus! Maks ar RFID aizsardzību. letilpst līdz 15 kartēm. Ātrās piekļuves mehānisms.



VONMÄHLEN Infinity Phone Strap, Black



EUROPEAN PRODUCT DESIGN AWARD

Infinity is Vonmählen's universal phone strap, compatible with all popular smartphone models. Infinity ensures unrestricted use of your smartphone, as the camera as well as all buttons and functions remain easily accessible. The individually adjustable nylon cord (up to 150 cm) provides comfortable wearing comfort. Thanks to the flexible silicone, Infinity can be attached within seconds – even to your favourite phone case.

Infinity ir universāls Vonmählen tālruņa turētājs, kas ir saderīgs ar visiem populārākajiem viedtālruņu modeļiem. Infinity nodrošina neierobežotu viedtālruņa lietošanu, jo kamera, kā arī visas pogas un funkcijas joprojām ir viegli pieejamas. Individuāli regulējamā neilona aukla (līdz 150 cm) nodrošina ērtu valkāšanu. Pateicoties elastīgajam silikonam, Infinity var piestiprināt dažu sekunžu laikā – pat pie jūsu iecienītā tālruņa vāciņa.



**SUDIO** C7 Earphones

**€29**99

Retail Price €39.99 SAVE **25**%

With up to 6 hours of play time (28 hours total) and a water resistance of IPX4, the in-ear Sudio C7s are ideal for those who don't want to break the bank with their everyday earbuds. Expect a stable Bluetooth 5.4 connection, 2 microphones for calls, and touch buttons.

Sudio austiņas C7 ar atskaņošanas laiku līdz pat sešām stundām (kopā 28 stundas) un ūdensizturību IPX4 ir ideāli piemērotas tiem, kas nevēlas maksāt milzu naudu par austiņām, ko lietot katru dienu. Tām ir stabils Bluetooth 5.4 savienojums, divi mikrofoni zvaniem un skārienpogas.

WATER RESISTANCE IPX4

ΡΙ ΔΥ ΤΙΜΕ 6 HOURS

CONNECTION 28 HOURS



**SEAWAG** Waterproof Case

€18 Retail Price €19.99 **SAVE 10%** 

NEW

Designed to fit phones up to 6.8", this IPX8-certified case offers full protection up to 25 m (80ft) underwater while maintaining seamless touchscreen functionality. Whether you're capturing stunning underwater shots or navigating rugged terrain, you can trust Seawag to keep your phone safe. Includes a quick-release lanyard for hands-free convenience.

Paredzēts telefoniem līdz 6,8", šis IPX8 sertificētais maciņš nodrošina pilnīgu aizsardzību līdz pat 25 m (80 pēdu) dziļumam zem ūdens, vienlaikus saglabājot ērtu skārienekrāna lietošanu. Ideāli piemērots gan zemūdens fotografēšanai, gan izaicinošai ceļošanai – Seawag sargā jūsu tālruni ik uz sola. Komplektā iekļauta praktiska, nonemama siksnina ertai lietošanai bez rokām.



**DOPPLER** Pocket Umbrella, 99 g

**€24**<sup>90</sup>

The Zero99 – lighter than a chocolate bar. Weighing only 99 grams, the Zero99 is a Red Dot Award winner. Only 21 cm in size, this small Doppler umbrella fits into nearly any pocket or purse. Its handy shape and easy use will make the Doppler Pocket Umbrella your lightest and most useful companion, even in heavy rain.

 $\underline{\text{Zero99}}\,\text{ir}\,\text{viegl}\\ \bar{\text{aks}}\,\text{par}\,\bar{\text{s}}\text{okol}\\ \bar{\text{a}}\text{des}\,\text{t}\\ \bar{\text{a}}\text{fel}\\ \bar{\text{it}}\text{i.}\,\text{Red}\,\text{Dot}\,\text{Award}\,\text{balvas}\,\text{ieguv}\\ \bar{\text{e}}\text{js}\,\text{Zero99}\,\text{sver}\,\text{tikai}\,\text{99}\,\text{gramus}.$ Šo mazo lietussargu var ielikt nelielā somiņā vai kabatā, jo tas ir tikai 21 cm garš. Pateicoties ērtajai formai un vienkāršajai lietošanai, šis kabatas lietussargs kļūs par jūsu visvieglāko pavadoni pat ļoti





#### **BEURER** LS 10 Luggage Scale

TRAVEL RETAIL EXCLUSIVE



Portable luggage scale that will help you avoid excess luggage charges. Small, handy and easy to use, comes equipped with a practical torch and a fastening strap for space-saving storage. With a weight capacity of 50 kg.

Portatīvie svari, kas palīdzēs izvairīties no bagāžas pārsniegtā svara maksas. Šie svari ir mazi, parocīgi un viegli lietojami, ar iebūvētu praktisku lukturīti un siksniņu. Uzrāda svaru līdz 50 kg.

50 g graduation, torch light.



#### **I-CLIP**

#### Carbon Optics Wallet incl. RFID Shields

The smallest of wallets! A compact, safe and elegant way to carry up to 12 cards and notes. Full-grain naturally tanned cowhide with a thrilling carbon finish in black! With RFID shield for protection against electronic data theft.

Mazākais no visiem makiem! Kompakts, drošs un elegants, ar 12 karšu un banknošu ietilpību. Tagad no dabīgi miecētas teļādas ar oglekļa perforācijas pārklājumu melnā krāsā. Ar RFID karti, kas nodrošina aizsardzību pret elektronisko datu zādzību.

Retail Price €45





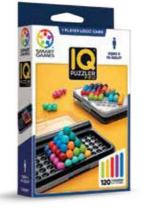
#### **ZIPSTAR** Mobile Screen Magnifier

This magnifier acts like a phone projector by magnifying your phone's screen 2 to 4 times its true size. Offers an excellent viewing experience as it helps reduce strain on your eyes.

Telefona ekrāna palielinātājs darbojas kā projektors, kas palielina jūsu tālruņa ekrānu 2–4 reizes. Piedāvā lielisku skatīšanās pieredzi, jo tas samazina acu noslodzi

TRAVEL RETAIL EXCLUSIVE







#### **SMART GAMES** 10 Puzzler Pro

The world's most popular solitaire puzzler! 12 coloured and differently shaped ball elements have to be placed in the playing field. No less than 120 tasks in five different levels of difficulty have to be mastered! For players aged 6 and up!

Pasaulē populārākais galvas mežģis! Spēles laukumā jānovieto 12 krāsainas dažādu formu bumbiņas. Ne mazāk kā 120 uzdevumi piecās dažādās grūtības pakāpēs! Spēli var spēlēt trīs dažādos veidos. Paredzēts spēlētājiem no 6 gadu vecuma.

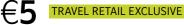
Retail Price €14.50



#### **SCRATCH ART** Magic Rainbow Scratch Notes

Use the wooden stylus to reveal bright colours that are hidden underneath a matte coating. Jot notes, etch doodles and create great designs. Perfect for keeping the children occupied whilst travelling.

Ar koka irbuļa palīdzību atklājiet spilgtas krāsas zem matēta pārklājuma. Rakstiet zīmītes, zīmējiet ķiņķēziņus vai skaistus attēlus. Lielisks palīgs, lai nodarbinātu bērnus ceļojuma laikā.



#### airBalticCard.com

## Global eSIM that works in 135+ countries!

Globāla eSIM karte, kas darbojas vairāk nekā 135 valstīs!



- Instant access: Get your eSIM from the cabin crew, and scan the QR code to install.
- Wi-Fi Hotspot enabled: Share your connection effortlessly.
- No data speed restriction: Enjoy fast internet without limits.
- Wide selection of Data Bundles: Choose the perfect plan for your needs.
- Reusable: Recharge and get more data online easily.
- Prepaid: No hidden fees or contracts.

- Tūlītēja piekļuve: Saņem eSIM no apkalpes un aktivizē to ar QR kodu.
- Wi-Fi Hotspot: Ērti dalies ar savu interneta
- Bez ātruma ierobežojuma: Baudi ātru internetu ceļojuma laikā.
- Plašs datu plānu klāsts: Atrodi piemērotāko savam celojumam.
- Viegli papildināms: Papildini tiešsaistē, kad nenieciešams
- Priekšapmaksāts: Bez slēptām maksām un ilgtermina saistībām.







## Portable electronic devices















這 账

XX

×

Approach landing

Taxi after landing

Connectivity GSM. Bluetooth. Flight Mode



Heavy devices e.g. laptops and notebooks

Powerbanks



<u>:</u>





ரு

<del>께</del> 씨

















\*

w H

\* Shall be stowed in overhead bin or under the front seat inside an appropriate bag.

In case a battery or device is damaged, hot, produces smoke, is lost, or falls into the seat structure, immediately inform the cabin crew.

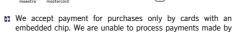
## **HOUSE RULES**

cards with a magnetic stripe.









- For payment card purchases exceeding EUR 50, ID must be provided. A purchase with a single card may not exceed EUR 250 and total payment by cards per one customer may not exceed EUR 500.
- All prices include VAT where applicable.
- For each purchase made on airBaltic flights, the cabin crew will provide you a receipt.
- Fresh Meals available on flights over 1 h 30 min. Ask the cabin crew about the meal availability on your flight today and about the ingredients of a given product or what allergens it contains.
- All pictures of products and packaging are for illustrative purposes only and may differ from the real product.
- (1) When purchasing a flight ticket, you have accepted the airBaltic Terms of Passenger Carriage, which state that it is not permissible on board airBaltic aircraft to use narcotics, consume alcoholic beverages that you have brought on board, or smoke any type of cigarette, including electronic cigarettes. Passengers nust obey acknowledged standards of polite behaviour. Should we have any reason to believe that your behaviour does not comply with these rules, we will take any and all necessary action to stop such behaviour.
- () It is prohibited to sell alcoholic beverages and products that contain nicotine to persons under 18 years of age.
- Please note that all items are subject to availability.
- Discounts do not add up.
- SkyShop products come with a 2-year warranty when the purchase receipt is provided, according to the manufacturer's warranty obligations.

#### FOR ALLERGIC PASSENGERS

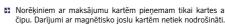
- Passengers with food allergies must assume responsibility for this risk. We will not assume any liability for allergic reactions to the foods consumed or contacted on board.
- If you have specific food requirements, you can choose and pre-order food for your flight at www.airbalticmeal.com

Apmaksai pieņemam tikai maksājumu kartes:









- 📭 la maksājums ar maksājumu karti nārsniedz 50 FUR jājuzrāda personu apliecinošs dokuments. Pirkums ar vienu maksājumu karti nedrīkst pārsniegt 250 EUR, kopējā pirkumu summa ar maksājumu kartēm no vienas personas nedrīkst pārsniegt
- Visas cenas norādītas ar atbilstoši piemērojamo PVN.
- Par katru pirkumu airBaltic apkalpe izsniegs jums čeku.
- Svaigās maltītes ir pieejamas lidojumos, kas ir ilgāki par 1 h 30 min. Jautājiet apkalpei par produktu sastāvu un tajos esošajien alergēniem.
- Produktu un iepakojumu attēli norādīti tikai informatīvā nolūkā un var atškirties no reālā produkta.
- Iegādājoties aviobiļeti, jūs esat piekritis airBaltic pasažieru pārvadāšanas noteikumiem, kas paredz, ka airBaltic lidmašīnās nav atļauts lietot narkotikas, līdzpaņemtos alkoholiskos dzērienus un smēkēt t.s. elektroniskās cigaretes, kā arī ir jāievēro vispārpieņemtās pieklājīgas uzvedības normas. Ja būs pamats uzskatīt, ka jūsu uzvedība neatbilst noteikumiem, veiksim nepieciešamās darbības, lai šādu uzvedību novērstu.
- Alkoholiskos dzērienus un produktus, kas satur nikotīnu, aizliegts pārdot personām, kuras ir jaunākas par 18 gadiem.
- Nemiet vērā, ka preču daudzums var būt ierobežots.
- Atlaides nesummējas.
- 🕃 SkyShop produktiem ir 2 gadu garantija, ja tiek uzrādīts pirkuma čeks, saskaņā ar ražotāja garantijas saistībām.

#### PASAŽIERIEM AR ALERĢISKĀM REAKCIJĀM

- 🖺 Esiet piesardzīgi, ja jums ir alerģija pret kādu no pārtikas produktiem. Mēs neuzņemamies atbildību par alerģisku reakciju no pārtikas produktiem, ko esat patērējuši vai ar ko esat nonākuši
- Ja jums ir īpašas prasības attiecībā uz pārtiku, varat izvēlēties un pasūtīt maltīti pirms lidojuma vietnē www.airbalticmeal.com

#### Fast, friendly, and considerate: the best way to connect

We're happy to offer you high-speed internet on board! To ensure a pleasant experience for everyone, please follow these auidelines:



Device compatibility: You can connect to the airBaltio Starlink network using most Android, iOS, macOS, and Windows devices



Video and voice calls: Feel free to make calls, but please use headphones to avoid disturbing others.



Video recording: You're welcome to record videos as long as they don't disrupt or infringe on the privacy of fellow passengers or crew.



Respectful use: Set your device to silent or vibrate mode and avoid activities that could disturb others.

More information and rules about internet onboard here:



AIRBALTIC / May EXTRA SERVICES / May





#### Flight cancellation and name change options

For your peace of mind, add the option to cancel your reservation and get a full refund in the form of an *airBaltic* gift card in case your travel plans change. This service costs from EUR 14.99 per passenger per direction.

Or add the option to change the passenger name on your ticket for a fee from EUR 9.99 per direction.

The Cancellation option is available only for *Economy BASIC* and Economy CLASSIC tickets, whereas the Name change option is available for *Economy BASIC*, Economy CLASSIC, Economy FLEX and Business EXPERIENCE tickets.



#### Heavy cabin baggage

You can take on board one cabin bag (55x40x23 cm) and one personal item (30x40x10 cm) with a total weight of eight kilograms free of charge.

However, sometimes you may need to carry more but want to avoid waiting for a checked suitcase at the baggage belt. Now you can add an extra four kilograms to your cabin baggage for an additional fee and take a total of 12 kilograms on board.

Please note: If you purchase extra cabin baggage weight, your cabin baggage must still remain within the above-mentioned dimensions. Exceeding the allowed cabin baggage weight or size limits will cost EUR 30 at the airport.



#### Checked baggage

Add checked baggage if you want to take up to 23 kilograms, including liquids over 100 ml, which are not allowed in cabin baggage. Baggage price varies dynamically depending on the selected route.



#### Pre-order a meal

Order a meal before your flight and be among the first served on board. Choose our great value meals, starting from EUR 4.99. All meals are freshly prepared and packed separately under strict hygiene standards. Special vegetarian and kids' meals are also available.



#### Reserve a seat

Are you a window person, or do you favour more legroom? Want to avoid the middle seat or sit together with your family? Or do you want to sit in the front to be the first off the plane?

Whichever it is, you can secure your favourite seat in advance starting from EUR 5.99.



#### Fast track in Riga

Add fast-track security check to your booking for only EUR 9.99 and skip the security lines at Riga Airport.



#### Special equipment

Whatever your hobby, you don't have to live without it during your trip. Take your bicycle, skis, or golf bag with vou from EUR 39.99.

\* Guitars, cellos, and other fragile musical instruments that do not fit in cabin baggage can be transported on the seat next to the passenger if a special ticket has been purchased for their transportation.



#### Assistance for children flying alone\*

If you are unable to accompany your children, our crew can take care of them from the time they check in to the moment when they meet a parent or guardian at the destination airport. Unaccompanied minor service costs from EUR 60 and is available for children aged 5 to 17.



#### Travelling with pets\*

Your furry friend can travel in the cabin if its crate fits under the seat in front of you. Maximum dimensions for PETC are 55x40x23 cm and maximum weight is 8 kg (pet together with box/bag). Larger animals are placed in the cargo hold during the flight.

## **Ticket types** on *airBaltic* flights

Whenever you reserve an airBaltic flight, you can choose from five different ticket types depending on your needs and wishes: Economy BASIC, Economy CLASSIC, Economy FLEX, Business EXPERIENCE and BUSINESS.

The date can be changed for all tickets. This gives our guests extra flexibility and security when planning their trips.

Check out the chart to see which services are included in each ticket type, and choose the one that's best for you.



		Economy BASIC	Economy CLASSIC	Economy FLEX	Business EXPERIENCE	BUSINESS
		A customizable travel plan at the lowest price	Hassle-free travel with the most valued services included	A smart choice for convenient and flexible travel	All the perks of the business class for an affordable price	Ultimate flexibility and comfort for business travellers
	Cabin baggage (8 kg per bag + personal item)	~	~	~	2 bags	2 bags
	Heavy cabin baggage (12 kg per bag)	€	€	€	~	~
	Checked baggage (23 kg per bag)	€	~	2 bags	2 bags + sports equipment	2 bags + sports equipment
F0	Seat reservation	€	<b>√</b> <sup>4</sup>	<b>√</b> <sup>5</sup>	~	~
	Date change <sup>1</sup>	EUR 50 per direction	EUR 50 per direction	~	EUR 50 per direction	~
€)	Refund <sup>2</sup>	×	×	Full refund with gift card or EUR 25	Non-refundable	~
	Name change <sup>2</sup>	EUR 200 per ticket	EUR 200 per ticket	EUR 100 per ticket	EUR 100 per ticket	~
41	Meal	€	€	€	~	~
(%)	Early online check-in (5 days before departure) <sup>3</sup>	€	€	~	~	~
0	Airport check-in	€	€	~	~	~
÷.	Fast track	€ (Riga only)	€ (Riga only)	€ (Riga only)	~	~
C:	Priority boarding	×	×	~	~	~
	Business lounge	×	×	×	~	~
	airBaltic Club		Extra bonus: +50 points	Extra bonus: +100 points	Extra bonus: +150 points	Extra bonus: +200 points

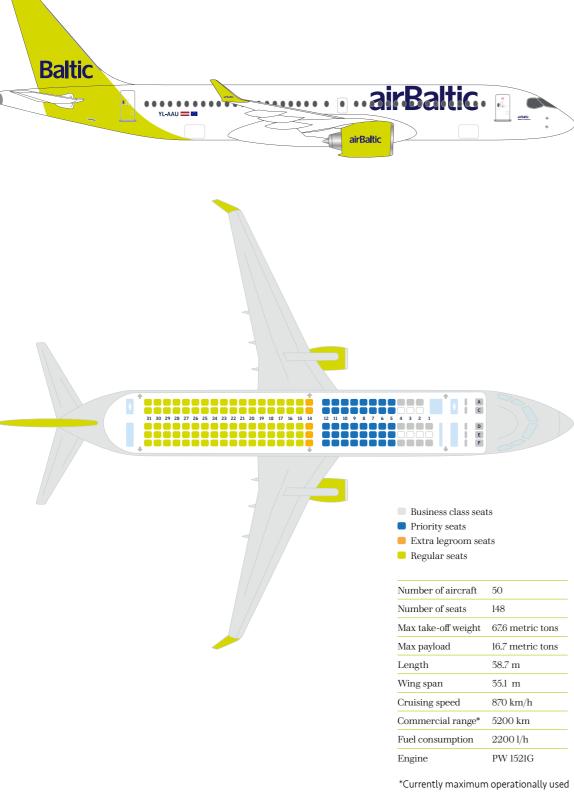
2) A Flight Cancellation option and Name Change option can be before departure is free for all added to your tickets by making passengers a reservation on airBaltic.com via airBaltic Call centre

3) Online check-in 24 hours

4) Excluding priority and extra

## Welcome aboard our new *Airbus A220-300*

We are proud to have one of Europe's youngest fleets of aircraft. airBaltic flights are operated with the Airbus A220-300 aircraft, which has an average fleet age of four years.



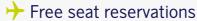
distance for BT flights



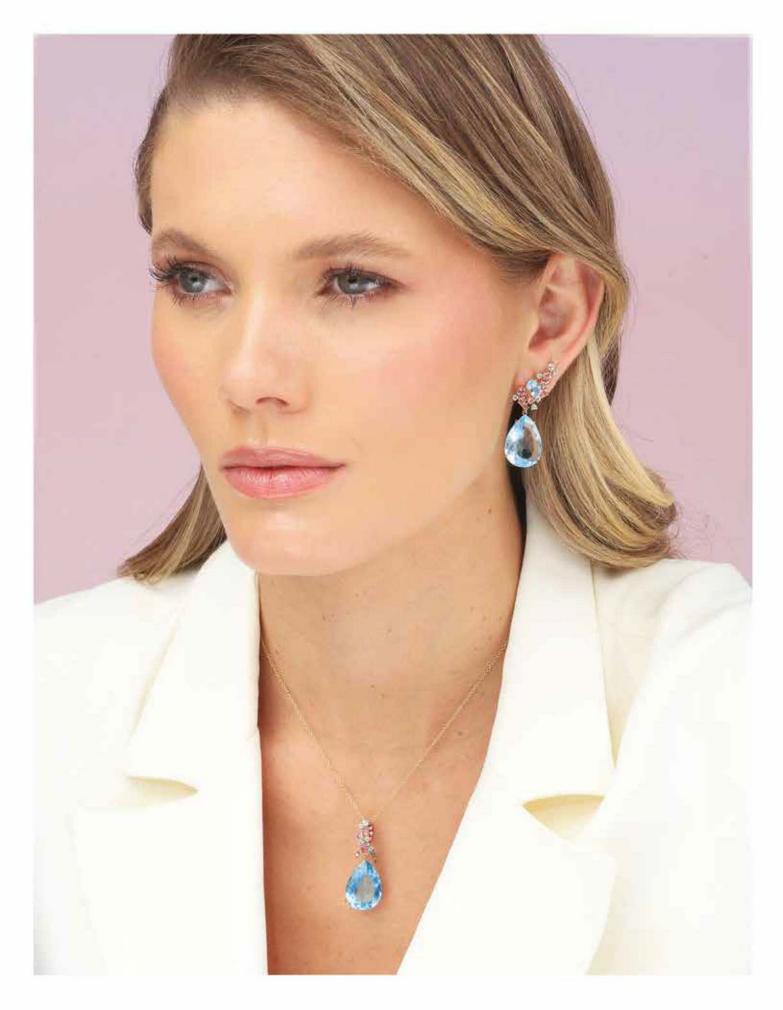
## airBaltic

## Join the airBaltic Corporate Programme effortless enrollment, exceptional travel rewards

- → Discounts on economy FLEX and business class tickets to all airBaltic destinations
- + Flexible, changeable and refundable tickets
- Fast track services in Riga, Tallinn, Vilnius, Oslo, Helsinki, Copenhagen and Stockholm
- → Check-in at business class counters
- Priority boarding
- → Included two checked baggage pieces (23kg + 23kg)







BRUMANI

GRENARDI

JEWELS FOR THE DEAREST ONES

